



VIA ZOOM

Youth Committee Agenda

Chairmen- Anant Bansal and Zoe McLean

Secretary- Kerisa Burns

Membership Co-Coordinators -Elif Cetinkaya & Anya Bansal

NYS Youth Council Chair-Elif Cetinkaya

Youth as Solutions Team Leaders-Anant Bansal, Prudence Cutwa, Zoe McLean



Sunday, March 10, 2024



3:00 pm

Attendance and Call to Order

Welcome!

- Introduce yourself, your school, grade, and one thing you've enjoyed about being a Teen Ambassador
- Newest members Stanley LaFave, Sage Smith, Ezriah Edwards

St. Lawrence County Public Health Department

- Speaker Jena Sloan, Health Specialist
- Children and Youth with Special Health Care Needs program
- Feedback

Let's Talk About Mental Health

- Wednesday, May 29th at Madrid Waddington High School
- See Flyer and scan QR code for more details
- Youth Bureau table in gymnasium
- Interest in presenting "Reducing the Stigma Associated with Mental Health" workshop for teens?
- Volunteers

Teen Ambassadorship

- Attendance
 - "In Good Standing"- 80% attendance
- Succession Planning
- Recruitment
- Monthly newsletters

Great job in February!

- Presentation of Resolution and Albany trip discussion at Board of Legislators Meeting
- ABC 50 TV Interview
- WWNY TV Interview
- Supporting Five Hour Free (from Social Media) Friday

Gizmo's Pawesome Guide to Mental Health

- Rebekah filmed Mary Wills doing a classroom read from start to finish in Morristown last week
- March 18th at Madill Elementary (Ogdensburg) 1:10 pm
- April 12th at Lisbon Central 1:00 to 2:15 pm

Governor's Youth Mental Health Advisory Board

Upcoming Meeting Dates:

Sunday March 10th	Monthly Youth Committee Meeting	IN PERSON 3:00 pm
Sunday April 14th	Monthly Youth Committee Meeting	VIRTUAL 4:00 pm
Saturday & Sunday April 27th-28th	TRASH DASH WEEKEND	Plan to Attend
Sunday May 19th	Monthly Youth Committee Meeting	VIRTUAL 4:00 pm
Sunday June 2nd	Last Youth Committee Meeting of the school year- Planning for September	IN PERSON 3:00 pm



4th Annual Trash Dash

- Saturday and Sunday, April 27th and 28th
- Typical locations-Gouverneur, Potsdam, Rensselaer Falls, Massena, and Ogdensburg
- Great for groups and organizations especially looking for volunteer hours
- Plan to participate and promote at your school



Motivational Speaker

- Adam F.C. Fletcher
- Tuesday, March 19th
- Meet and greet 4 pm



Five Hour Free (from Social Media) Friday

- Initiative with Youth As Solutions w/ the National Youth Leadership Council
- Team Leaders-Anant, Zoe, Prudence
 - Next Monthly check in-**Thursday, March 14th 6:30 pm**
- **Screen time usage survey to assess the needs**
 - 52 completed surveys
- **Event numbers**
 - 107 Registered Participants
 - 54 Completed Post Surveys
 - Feedback/Reflection
- **Five Hour Free Wrap Up**
 - 3 minute Showcase Video
 - See requirements
 - Due by April 15th
- Follow YAS on social media:
 - @nylccorg on Instagram
 - @National Youth Leadership Council on Facebook
- Marketing Materials (\$500 grant offered)
 - Magnets for schools

