



GIZMO'S SPRING SUCCESS IN ST. LAWRENCE COUNTY COUNTY CLASSROOMS

**DURING THE
2022-2023
SCHOOL YEAR**

The St. Lawrence County People Project, in partnership with the St. Lawrence County Youth Bureau, brought Gizmo's Pawesome Guide to Mental Health to 3rd and 4th grade classrooms.



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**3RD AND 4TH GRADE
STUDENTS SIGNED GIZMO'S
MENTAL HEALTH ACTION PLAN**



Contact Us

Please contact Mary Wills, St. Lawrence County People Project, by emailing slcpeopleproject@gmail.com or Alexa Chase, St. Lawrence County Youth Bureau, at ACHase@stlawco.gov for information about scheduling your 3rd grade classroom for Gizmo during the 2023-2024 school year.

TESTIMONIAL

"The presentation on mental health was so comfortable and natural for my grade 3 students. The kids know about feeling mad, sad and worried and teaching them independent strategies, how to talk to adults and making a personalized plan was great."

-Ogdensburg School District

"The presentation was amazing for our students, as well as adults. It gave a lot of insight on mental health, and ideas on how to better express, or manage our feelings. It was great that the presenter included the adults in the conversation."

-Hermon DeKalb School District

"Loved all of it! Very engaging, the kids participated and couldn't stop talking about it."

-Heuvelton School District

"This was one of the better presentations we've had. Starting conversations about mental health with all students, from a young age, is really important. I think it's valuable for students to start thinking about the way they react to certain situations, tools they can use when they are upset, and ways they can help others. It's also important for them to be aware that feelings they might be having are normal and other people feel that way too, and it's OK to ask for help."

-Norwood Norfolk School District

