

Veterans and Agent Orange: Update 2008

Committee to Review the Health Effects in Vietnam Veterans of Exposure to Herbicides (Seventh Biennial Update), Institute of Medicine ISBN: 0-309-13885-X, 750 pages, 6 x 9, (2009)

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Veterans and Agent Orange:

Update 2008

Committee to Review the Health Effects in Vietnam Veterans of Exposure to Herbicides (Seventh Biennial Update)

Board on Population Health and Public Health Practices

OF THE NATIONAL ACADEMIES

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"Knowing is not enough; we must apply. Willing is not enough; we must do." —Goethe



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This report has been reviewed in draft form by individuals chosen for their diverse perspectives and technical expertise, in accordance with procedures approved by the National Research Council's Report Review Committee. The purpose of this independent review is to provide candid and critical comments that will assist the institution in making its published report as sound as possible and to ensure that the report meets institutional standards for objectivity, evidence, and responsiveness to the study charge. The review comments and draft manuscript remain confidential to protect the integrity of the deliberative process. We wish to thank the following individuals for their review of this report:

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Although the reviewers listed above have provided many constructive comments and suggestions, they were not asked to endorse the conclusions or recommendations nor did they see the final draft of the report before its release. The review of this report was overseen by **Kristine M. Gebbie**, School of Nursing, Hunter College, City University of New York, New York. Appointed by the National Research Council, she was responsible for making certain that an independent examination of this report was carried out in accordance with institutional procedures and that all review comments were carefully considered. Responsibility for the final content of this report rests entirely with the authoring committee and the institution.

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Preface

In 1991, Congress passed Public Law 102-4, the Agent Orange Act of 1991, to address the uncertainty about the long-term health effects on Vietnam veterans who during their service in Vietnam were exposed to herbicides (mixtures of 2,4-dichlorophenoxyacetic acid [2,4-D], 2,4,5-trichlorophenoxyacetic acid [2,4,5-T], and its contaminant 2,3,7,8-tetrachlorodibenzo-p-dioxin [TCDD], picloram, and cacodylic acid). That legislation directed the Secretary of Veterans Affairs to ask the National Academy of Sciences (NAS) to perform a comprehensive evaluation of scientific and medical information regarding the health effects of exposure to Agent Orange, other herbicides used in Vietnam, and the various chemical components of those herbicides, including TCDD. The resulting committee report *Veterans and Agent Orange: Health Effects of Herbicides Used in Vietnam (VAO)* was published by the NAS Institute of Medicine (IOM) in 1994. That report evaluated and integrated the scientific evidence regarding statistical associations between health outcomes and exposure to the herbicides and TCDD, based on published literature that had accumulated prior to 1994.

As required by Public Law 102-4, the Secretary also asked that NAS conduct updates at least every 2 years for 10 years from the date of the first report, to review newly available literature and draw conclusions from the overall evidence. The first of these updates, *Veterans and Agent Orange: Update 1996 (Update 1996)* was published in March of that year. The second, *Veterans and Agent Orange: Update 1998 (Update 1998)* was published in 1999. The third, *Veterans and Agent Orange: Update 2000 (Update 2000)* was published in 2001. The fourth, *Veterans and Agent Orange: Update 2002 (Update 2002)* was published in 2003. The fifth *Veterans and Agent Orange: Update 2004 (Update 2004)* was published in 2005 and the fifth, *Veterans and Agent Orange: Update 2006 (Update 2004)* was published in 2007, concluding 12 years of updates.

PL 107-103, The Veterans Education and Benefits Expansion Act of 2001, extended the period for biennial updates until 2014. The present report is the second of this second 10-year period of evaluation.

The focus of this update is on the scientific studies published since the release of *Update* 2006. To accomplish the review, the IOM established a committee of 14 members representing a wide range of expertise to evaluate the newest scientific evidence and to consider this in light of the studies reviewed in *VAO*, *Update 1996*, *Update 1998*, *Update 2000*, *Update 2002*, *Update 2004* and *Update 2006*. A link to the experience and expertise of previous committees was provided by recruiting six members from the committee responsible for *Update 2006*, two of whom had also served on *Update 2004* and *Update 2006*. All committee members were selected because they are experts in their fields, have no conflicts of interest with regard to the matter under study, and have taken no public positions concerning the potential health effects of herbicides in Vietnam veterans or related aspects of herbicide or TCDD exposure. Biographical sketches of committee members and staff appear in Appendix C.

In this second decade of evaluation, the committee sought the most accurate information and advice from the widest possible range of knowledgeable sources for consideration. Consistent with NAS procedures, the committee met in a series of closed sessions in which members could

freely examine, characterize, and weigh the strengths and limitations of the evidence. The committee also convened three open meetings in March 2008, June 2008, and December 2008, to provide the opportunity for veterans and veterans' service organizations, researchers, policymakers, and other interested parties to present their concerns, review their research, and exchange information directly with committee members. The oral presentations and written statements submitted to the committee are listed in Appendix A. The committee thanks the individuals who provided valuable insights into the health problems experienced by Vietnam veterans.

The committee is grateful to Mary Paxton, who skillfully served as study director for this project. The committee would also like to acknowledge the excellent work of IOM staff members Jennifer Cohen, Tia Carter, David Butler, and Rose Marie Martinez. Thanks are also extended to Christie Bell, who handled the finances for the project; Norman Grossblatt, who provided editorial skills; and William McLeod, who conducted database searches.

The committee also benefited from the assistance of several scientists and researchers who generously lent their time and expertise to help give committee members insight on particular issues, provide copies of newly released research, or answer queries concerning their work. Dr. Steven Hawthorne, an environmental chemist at the University of North Dakota's Energy and Environmental Research Center, informed the committee about the ability of organic compounds to codistill during the production of potable water. Dr. Barbara Migeon, a professor at the Institute of Genetic Medicine at the Johns Hopkins University, and Dr. Michael Skinner, a professor at Washington State University, gave the committee a very informative presentation on the nature of epigenetic mechanisms that may apply to dioxin. Dr. Vaughan Turekian, Chief International Officer of the American Association for the Advancement of Science and its representative to the US-Vietnam Dialogue Group on Agent Orange/Dioxin discussed efforts toward clean-up and the possibility of conducting epidemiologic studies on the Vietnamese population cooperatively with the Vietnamese. Dr. Samuel Cohen, of the University of Nebraska Medical Center, was very helpful in answering questions about the toxicity of organic arsenic. Dr Christopher Reid, of the Charles Drew University of Medicine and Science, discussed Parkinson's disease and herbicides sprayed in Vietnam. Dr. Joel Michalek, now of the University of Texas Health Center at San Antonio, joined us to discuss his long experience with the Air Force Health Study. And Dr. Douglas Wallace, a professor at the University of California at Irvine, described mitochrondial disruptions that might contribute to adverse health effects associated with Agent Orange.

Richard Fenske, Ph.D., M.P.H., *Chair* Committee to Review the Health Effects in Vietnam Veterans of Exposure to Herbicides (Seventh Biennial Update)

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Abbreviations and Acronyms

2,4-D	2,4-dichlorophenoxyacetic acid 2,4-D
2,4,5-T	2,4,5-trichlorophenoxyacetic acid
2,4,5–TP	2-(2,4,5-trichlorophenoxy) propionic acid or Silvex
ACS	American Cancer Society
AD	Alzheimer's disease
ADME	absorption, distribution, metabolism, and excretion
AFHS	Air Force Health Study
AH	aryl hydrocarbon
AHR	AH receptor
AHS	Agricultural Health Study
AL	acute leukemia
AL amyloidosis	a myloid light chain form of amyloidosis in which the amyloid in deposits in various organs and tissues consists of antibody light chains
ALL	acute lymphocytic leukemia
ALS	amyotrophic lateral sclerosis (or Lou Gehrig's disease)
ARNT	aryl hydrocarbon nuclear translocator
BMI	body-mass index
CAS No.	CAS Number is generated by the Chemical Abstracts Service and serves as unique identifier for every chemical
CI	
CDC	Centers for Disease Control and Prevention
CDD	chlorinated dibenzo-p-dioxin
CDF	chlorinated dibenzofuran
CI	confidence interval, as defined by lower (LCL) and upper confidence limits (UCL)
CLL	chronic lymphocytic leukemia (which is now regarded as being the same disease as small lymphocytic leukemia [SLL] and designated by some as CLL/SLL)
CNS	central nervous system
COIs	Chemicals of interest to VAO series (i.e., TCDD, 2,4,5-T, 2,4-D, picloram, and cacodylic acid)
CVD	cardiovascular disease
DLC	dioxin-like compound
DMA ^V	dimethylarsenic acid of valency 5; form of arsenic found in cacodylic acid
DOD	US Department of Defense
ECG EE	electrocardiography ethynyl estradiol

EFMA	European Fertilizer Manufacturers Association
EPA	US Environmental Protection Agency
fg	femtogram (10 ⁻¹⁵ gram)
FSH	follicle-stimulating hormone
GGT	γ-glutamyltransferase
GD	gestation day
GI	gastrointestinal
GIS	geographic information system
НСІ	hairy cell leukemia
HD	Hodgkin's disease (now referred to by some as Hodgkin's lymphoma)
HDI	high-density linonrotein
HIV	human immunodeficiency virus
HnCDD	hentachlorodibenzo_n_dioxin
HpCDE	hoptachlorodibenzofuran
предг	heptachiologilenzolulan
ПК Uan	hazalu latto
HSP U-CDD	heat shock protein
HXCDD UCDE	hexachiorodibenzo-p-dioxin
HXCDF	nexachlorodibenzoturan
IARC	International Agency for Research on Cancer
ICD-#	International Classification of Diseases, Revision #
	(# = version current for records being abstracted)
ICDO-II	International Classification of Diseases for Oncology 2 nd edition
IDL	intermediate-density lipoprotein
IH	Industrial hygienist
IHD	Ischemic heart disease
IoE	immunoglobulin E
I <u>5</u>	Interleukin–6 (also called β2-interferon)
	international units
IUGR	intrauterine growth retardation
IOOK	
JEM	Job-exposure matrix
LCL	lower confidence limit
	dose lethal to $xx\%$ of the animals exposed
	low-density lipoprotein
LEL	lowest effect level
IH	luteinizing hormone
М	molar (concentration in a solution, molecules per volume)
MCPA	2-methyl-4-chlorophenoxyacetic acid
MCPP	2-(2-methyl-4-chlorophenoxy) propionic acid or Mecoprop
mg	milligram(s)
MMA	monomethyl arsonic acid
	5

ABBREVIATIONS AND ACRONYMS

mmHG MPTP MTD	millimeters mercury, for blood pressure measurements 1-methyl-4-phenyl-1,2,4,6-tetrahydropyridine maximum tolerated dose
na	not available in source document nanogram (10^{-9} gram)
NHANES	National Health and Nutrition Examination Survey
NHL	non-Hodgkin's lymphoma
NIOSH	National Institute of Occupational Safety and Health
NOEL	no-observed-effect level
NRC	National Research Council
nr	not reported
ns	Not significant (usually refers to $p < 0.05$)
OCDD	octachlorodibenzo-p-dioxin
OR	Odds ratio
РАН	polycyclic aromatic hydrocarbons
PBPK model	physiologically-based pharmacokinetic model
PBDD	polybrominated dibenzo- <i>p</i> -dioxin
PBDF	polybrominated dibenzofuran
PCB	polychlorinated biphenyl
PCDD	polychlorinated dibenzo-p-dioxin
PCDF	polychlorinated dibenzoturan
PCP	pentachlorophenol
PCI	porpnyria cutanea tarda
	Parkinson's disease
PND	postnatal day
PNS	peripheral hervous system
pg	program (10 gram) parts per hillion = ng/g
ppo	parts per billion $= mg/g$
ppin	parts per trillion = ng/g
PMR	Proportional Mortality Ratio
PtCDF	Toportional Wortanty Ratio
PTD	preterm delivery premature birth at less than 259 days (37 weeks
	gestation)
RH	ranch hand
ROS	reactive oxygen species
SCE	sister chromatid exchange
SES	socioeconomic status
SIR	Standardized Incidence Ratio
SEA	Southeast Asia
SLE	systemic lupus erythematosus
SLL	small lymphocytic leukemia, which is now recognized as different stage

	of CLL, rather than a separate disease
SMR	Standardized Mortality Ratio
SPECT	single-photon emission computerized tomography
Т3	triiodothyronine
T4	thyroxine
TCDD	2,3,7,8-tetrachlorodibenzo- <i>p</i> -dioxin
TEF	toxicity equivalency factor, potency of a dioxin-like compound (DLC) relative to TCDD
TEQ	(total) toxicity equivalent quotient or cumulative toxic potency, sum of TEFs for a mixture of PCDDs, PCDFs, and PCBs
TRH	thyrotropin-releasing hormone
TSH	thyroid-stimulating hormone
UFW	United Farm Workers of America
VA	US Department of Veterans Affairs; previously, Veterans Administration
VEGF	vascular endothelial growth factor
VES	Vietnam Experience Study
VLDL	very-low-density lipoprotein
WBC	white blood cell
WHO	World Health Organization

SUMMARY

From 1962 to 1971, the US military sprayed herbicides over Vietnam to strip the thick jungle canopy that could conceal opposition forces, to destroy crops that those forces might depend on, and to clear tall grasses and bushes from the perimeters of US base camps and outlying fire-support bases. Mixtures of 2,4-dichlorophenoxyacetic acid (2,4-D), 2,4,5-trichlorophenoxyacetic acid (2,4,5-T), picloram, and cacodylic acid made up the bulk of the herbicides sprayed. The herbicide mixtures used were named according to the colors of identification bands painted on the storage drums; the main chemical mixture sprayed was Agent Orange (a 50:50 mixture of 2,4-D and 2,4,5-T). At the time of the spraying, 2,3,7,8-tetrachlorodibenzo-*p*-dioxin (TCDD), the most toxic form of dioxin, was an unintended contaminant generated during the production of 2,4,5-T and so was present in Agent Orange and some other formulations sprayed in Vietnam; it is important to remember that Agent Orange is not synonymous with TCDD or dioxin.

In 1991, because of continuing uncertainty about long-term health effects of the sprayed herbicides in Vietnam veterans, Congress passed Public Law (PL) 102-4, the Agent Orange Act of 1991. That legislation directed the Secretary of Veterans Affairs to ask the National Academy of Sciences (NAS) to perform a comprehensive evaluation of scientific and medical information regarding the health effects of exposure to Agent Orange, other herbicides used in Vietnam, and the various components of those herbicides, including TCDD. The legislation also instructed the Secretary to ask NAS to conduct updates every 2 years for 10 years from the date of the first report to review newly available literature and draw conclusions from the overall evidence.

In response to the first request, the Institute of Medicine (IOM) convened a committee, whose conclusions IOM published in 1994 in *Veterans and Agent Orange: Health Effects of Herbicides Used in Vietnam (VAO)*. The work of later committees resulted in the publication of biennial updates (*Update 1996, Update 1998, Update 2000, Update 2002,* and *Update 2004*) and of focused reports on the scientific evidence regarding type 2 diabetes, acute myelogenous leukemia in children, and the latent period for respiratory cancer.

Enacted in 2002, PL 107-103, the Veterans Education and Benefits Expansion Act of 2001, mandated that the *VAO* biennial updates continue through 2014. *Update 2006* was the first report published under that legislation. The current update presents this committee's review of peer-reviewed scientific reports concerning associations between health outcomes and exposure to TCDD and other chemicals in the herbicides used in Vietnam that were published in October 2006– September 2008 and the committee's integration of this information with the previously established evidence database.

UPDATE

CHARGE TO THE COMMITTEE

In accordance with PL 102-4 and PL 107-103, the Committee to Review the Health Effects in Vietnam Veterans of Exposure to Herbicides (Seventh Biennial Update) was asked to "determine (to the extent that available scientific data permit meaningful determinations)" the following regarding associations between specific health outcomes and exposure to TCDD and other chemicals in herbicides used by the military in Vietnam:

A) whether a statistical association with herbicide exposure exists, taking into account the strength of the scientific evidence and the appropriateness of the statistical and epidemiological methods used to detect the association;

B) the increased risk of disease among those exposed to herbicides during service in the Republic of Vietnam during the Vietnam era; and

C) whether there exists a plausible biological mechanism or other evidence of a causal relationship between herbicide exposure and the disease.

The committee notes that, as a consequence of congressional and judicial history, both its congressional mandate and the statement of task are phrased with the target of evaluation being "association" between exposure and health outcomes. The rigor of the evidentiary database needed to support a finding of statistical association is weaker than that needed to establish causality, but positive findings for any of the aspects of scientific evidence supportive of causality enhance conviction that an observed statistical association is reliable. Such scientific evidence, of course, would include any information assembled in relation to plausible biologic mechanisms as directed in Article C. In accord with its charge, the committee examined a variety of indicators appropriate for the task, including factors commonly used to evaluate statistical associations, such as the adequacy of control for bias and confounding and the likelihood that an observed association could be explained by chance. Additionally, the committee assessed evidence concerning biologic plausibility derived from laboratory findings in cell-culture or animal models. In particular, associations with multiple supportive indicators are interpreted as having stronger scientific support.

In conducting its study, the present committee operated independently of the Department of Veterans Affairs (VA) and other government agencies. The committee was not asked to make and did not make judgments regarding specific cases in which individual Vietnam veterans have claimed injury from herbicide exposure. This report provides scientific information for the Secretary of Veterans Affairs to consider as VA exercises its responsibilities to Vietnam veterans. The committee was not charged to focus on broader issues, such as the potential costs of compensation for veterans or policies regarding such compensation.

In addition to the above charge, VA made two specific requests to the current committee. First, the committee was asked to consider whether the occurrence of hairy cell leukemia should be regarded as being associated with exposure to the components of herbicides used by the military in Vietnam. Second, the committee was asked to comment on whether effects of herbicide exposure might be manifested at later stages of a child's development than have

SUMMARY

systematically been evaluated to date or in later generations and on the feasibility of assessing such effects.

COMMITTEE'S APPROACH TO ITS CHARGE

Following the pattern established by prior VAO committees, the present committee concentrated its review on epidemiologic studies to fulfill its charge of assessing whether specific human health effects are associated with exposure to at least one of the herbicides sprayed in Vietnam or to TCDD. The committee also considered controlled laboratory investigations that provided information on whether association between the chemicals of interest and a given effect is biologically plausible.

The VAO committees began their evaluation presuming neither the presence nor the absence of association for any particular health outcome. Over the sequence of reviews, evidence of various degrees of association, lack of association, or persisting indeterminacy with respect to a wide array of disease states has accrued. For many conditions, however, particularly ones that are very uncommon, any association with the chemicals of interest has remained unaddressed in the medical research literature; for these (unless the condition is logically subsumed under a broader disease category that has been evaluated), the committee remains neutral on the basis of the understanding that "absence of evidence is not evidence of absence."

In accord with Congress's mandated presumption of herbicide exposure for all Vietnam veterans, VAO committees have treated Vietnam-veteran status as a proxy for some herbicide exposure when no more specific exposure information is available. To obtain information potentially relevant to the evaluation of health effects related to herbicide exposure in addition to that available from studies of Vietnam veterans, the committee reviewed studies of other groups potentially exposed to the constituents of the herbicide mixtures used in Vietnam (2,4-D, 2,4,5-T, TCDD, cacodylic acid, and picloram). In addition to retrieving articles identified on the basis of keywords specifying the compounds and chemical classes of interest, literature searches for the earliest reports in the VAO series had been structured to retrieve all studies of several occupational groups, including chemical, agricultural, pulp and paper, sawmill, and forestry workers. To the extent that studies of those workforces were recovered in new searches directed at particular agents of exposure, they were incorporated into the database. Some occupational and environmental cohorts that received exceptionally high exposures (such as the International Agency for Research on Cancer and Seveso cohorts discussed in this report) are now well characterized and are producing a stream of informative results. A continuing prospective cohort study of agricultural populations with specific information on the chemicals of interest is also steadily contributing new findings to the database. Most important, the Vietnam veterans themselves are advancing in age and, when studied, are capable of providing substantial information on chronic health conditions directly. As the information in the database on populations with established exposures to the chemicals of interest has grown, the committee has come to depend less on data from studies with nonspecific exposure information and has been able to focus more on findings of studies with refined exposure specificity.

The original legislation, PL 102-4, did not provide a list of specific diseases and conditions suspected of being associated with herbicide exposure. Such a list was developed on the basis of diseases and conditions that had been mentioned in the scientific literature or in other documents identified through the original *VAO*'s extensive literature searches. The *VAO* list has been

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augmented in response to developments in the literature, requests by VA, and concerns of Vietnam veterans.

The information that the present committee reviewed was identified through a comprehensive search of relevant databases, including databases covering biologic, medical, toxicologic, chemical, historical, and regulatory information. The search of literature published through September 30, 2008 identified more than 7,000 potentially relevant citations. Screening of those retained about 850 for closer consideration, and roughly 300 ultimately contributed new information to this review. Additional information came from veterans and other interested people who testified at public hearings and offered written submissions.

To determine whether there is an association between exposure and a health outcome, epidemiologists estimate the magnitude of an appropriate measure (such as the relative risk or the odds ratio) that describes the relationship between exposure and disease in a defined population or group. In evaluating the strength of the evidence linking herbicide exposure with a particular outcome, the committee considered whether such estimates of risk might be incorrect (because of confounding, chance, or bias related to errors in selection and measurement) or might accurately represent true associations; although they are not required, data supporting biologic plausibility serve to strengthen confidence that an association is not spurious. It has been the practice of all VAO committees to evaluate all studies according to the same criteria and then to weight findings of similar strength and validity equivalently, whether or not the study subjects are Vietnam veterans, when drawing conclusions. The committee recognizes that an absolute conclusion about the absence of association might never be attained, because, as is generally the case in science, studies of health outcomes after herbicide exposure cannot demonstrate that a purported effect is impossible, only that it is statistically improbable.

EVIDENCE REVIEWED BY THE COMMITTEE

The sections below summarize new epidemiologic information evaluated in this update and integrated with that previously assembled. The epidemiologic studies have been divided, both here and in the health-outcome chapters, into three categories—Vietnam-veteran, occupational, and environmental—depending on the population addressed.

Vietnam-Veterans Studies

Four studies of Vietnam veterans published since *Update 2006* were reviewed by the committee. The Air Force Health Study produced findings related to cancer incidence, diabetes, serum testosterone concentrations, and benign prostatic hyperplasia. Prostate cancer was studied in Vietnam veterans in the California VA Health System. Mortality from all cancers, occurrences of several individual cancers, and other health outcomes were studied in female Vietnam veterans.

SUMMARY

Occupational Studies

Several occupational studies have been published since *Update 2006*. Recent reports from the Agricultural Health Study examined the incidence of respiratory outcomes, neurologic symptoms, Parkinson's disease (PD), diabetes, and cancer in private pesticide applicators (farmers), their spouses, and commercial pesticide applicators. Cancer outcomes were investigated in Danish gardeners exposed to pesticides, including 2,4-D and 2,4,5-T; in German nationals with relevant exposures derived from job–exposure matrices; and in members of the United Farm Workers of America occupationally exposed to 2,4-D. Circulatory diseases and neurologic outcomes were studied in a follow-up of Czech production workers who were exposed to TCDD during the production of 2,4,5-T. New case–control studies have investigated occupational exposures and risk factors for various cancer outcomes and childhood leukemia.

Environmental Studies

Studies of the Seveso cohort that update earlier findings concerning cancer, birth outcomes, diabetes, and circulatory, respiratory, and digestive diseases have been published since *Update 2006*. The continuing Seveso Women's Health Study also published studies of ovarian function and fibroids in Seveso women. Cancer outcomes were evaluated in follow-up studies of residents of Italy, New Zealand, and Besançon, France, and respiratory outcomes in participants of the Ontario Farm Family Health Study were investigated. Data from the National Health and Nutrition Examination Survey were used in several studies of health outcomes, including hypertension, cardiovascular disease, diabetes, and increased concentrations of lipids in relation to serum concentrations of dioxin-like compounds. New case–control studies examined occupational and environmental exposures to the chemicals of interest and other risk factors for various reproductive and cancer outcomes and for PD.

THE COMMITTEE'S CONCLUSIONS

Health Outcomes

The present committee weighed the strengths and limitations of the epidemiologic evidence reviewed in this report and in previous VAO reports. Although the studies published since *Update 2006* are the subject of detailed evaluation in this report, the committee drew its conclusions in the context of the entire body of literature. The contribution of recent publications to the evidence database was substantial, but the committee did not weigh them more heavily merely because they were new. Epidemiologic methods and analytic capabilities have improved, but many of the recent studies were also particularly useful for this committee's purpose because they produced results in terms of serum TCDD concentrations or because their findings consisted of observations on the aging population of primary concern, Vietnam veterans.

Table S-1 defines four categories of association and gives criteria for assigning health outcomes to them. On the basis of its evaluation of veteran, occupational, and environmental studies, the committee allocated particular health outcomes to categories of relative certainty of association with exposure to the herbicides that were used in Vietnam or to any of their components or

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contaminants (with no intention of specifying particular chemicals). The committee notes that experimental data related to biologic plausibility of conditions statistically associated with exposure to Agent Orange has gradually emerged since the beginning of this series of VAO reports and that these findings can inform the decisions about how to categorize the degree of association for individual conditions; a footnote to this effect has been added to Table S–1.

After considering information related to VA's question about hairy-cell leukemia, the committee concluded that not just hairy-cell leukemia, like chronic lymphoid leukemia, but all chronic B-cell neoplasms belong in the category of "sufficient evidence of an association" with Hodgkin's disease and non-Hodgkin's lymphoma. The committee concluded that ischemic heart disease should move from the category of "inadequate or insufficient evidence of an association" into the category of "limited or suggestive evidence of an association". Several pieces of new information specifically on exposure to the chemicals of interest led the committee to decide that PD should also be promoted from the "inadequate or insufficient evidence" category into the "limited or suggestive evidence" category.

As mandated by PL 102-4, the distinctions among categories are based on statistical association, not on strict causality. The committee was directed to review the scientific data, not to recommend VA policy; therefore, conclusions reported in Table S-1 are not intended to imply or suggest policy decisions. The conclusions are related to associations between exposure and outcomes in human populations, not to the likelihood that any individual's health problem is associated with or caused by the herbicides in question.

SUMMARY

TABLE S–1 Summary of *Seventh Biennial Update* of Findings of Occupational, Environmental, and Veterans Studies Regarding A ssociations Between Exposure to Herbicides and Specific Health Outcomes^a

Sufficient Evidence of an Association

Epidemiologic evidence is sufficient to conclude that there is a positive association. That is, a positive association has been observed between exposure to herbicides and the outcome in studies in which chance, bias, and confounding could be ruled out with reasonable confidence.^b For example, if several small studies that are free of bias and confounding show an association that is consistent in magnitude and direction, there could be sufficient evidence of an association. There is sufficient evidence of an association between exposure to the chemicals of interest and the following health outcomes:

Soft-tissue sarcoma (including heart) Non-Hodgkin's lymphoma Chronic lymphocytic leukemia (including **hairy-cell leukemia and other chronic B-cell leukemias**) (category clarification since *Update 2006*) Hodgkin's disease Chloracne

Limited or Suggestive Evidence of an Association

Epidemiologic evidence suggests an association between exposure to herbicides and the outcome, but a firm conclusion is limited because chance, bias, and confounding could not be ruled out with confidence. ^b For example, a well-conducted study with strong findings in accord with less compelling results from studies of populations with similar exposures could constitute such evidence. There is limited or suggestive evidence of an association between exposure to the chemicals of interest and the following health outcomes:

Laryngeal cancer Cancer of the lung, bronchus, or trachea Prostate cancer Multiple myeloma AL amyloidosis Early-onset transient peripheral neuropathy **Parkinson's disease (category change from** *Update 2006*) Porphyria cutanea tarda Hypertension **Ischemic heart disease (category change from** *Update 2006*) Type 2 diabetes (mellitus) Spina bifida in offspring of exposed people

Inadequate or Insufficient Evidence to Determine an Association

The available epidemiologic studies are of insufficient quality, consistency, or statistical power to permit a conclusion regarding the presence or absence of an association. For example, studies fail to control for confounding, have inadequate exposure assessment, or fail to address latency. There is inadequate or insufficient evidence to determine association between exposure to the chemicals of interest and the following health outcomes that were explicitly reviewed:

Cancers of the oral cavity (including lips and tongue), pharynx (including tonsils), or nasal cavity (including ears and sinuses)
Cancers of the pleura, mediastinum, and other unspecified sites in the respiratory system and intrathoracic organs
Esophageal cancer
Stomach cancer
Colorectal cancer (including small intestine and anus)
Hepatobiliary cancers (liver, gallbladder, and bile ducts)
Pancreatic cancer
Bone and joint cancer
Melanoma
Nonmelanoma skin cancer (basal cell and squamous cell)
Breast cancer
Cancers of reproductive organs (cervix, uterus, ovary, testes, and penis; excluding prostate)

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Urinary bladder cancer Renal cancer (kidney and renal pelvis) Cancers of brain and nervous system (including eye) Endocrine cancers (thyroid, thymus, and other endocrine organs) Leukemia (other than all chronic B-cell leukemias, including chronic lymphocytic leukemia and hairy-cell leukemia) Cancers at other and unspecified sites Infertility Spontaneous abortion (other than after paternal exposure to TCDD, which appears *not* to be associated) b Neonatal or infant death and stillbirth in offspring of exposed people Low birth weight in offspring of exposed people Birth defects (other than spina bifida) in offspring of exposed people Childhood cancer (including acute myelogenous leukemia) in offspring of exposed people Neurobehavioral disorders (cognitive and neuropsychiatric) Neurodegenerative diseases, excluding Parkinson's disease Chronic peripheral nervous system disorders Respiratory disorders (wheeze or asthma, chronic obstructive pulmonary disease, and farmer's lung) Gastrointestinal, metabolic, and digestive disorders (changes in hepatic enzymes, lipid abnormalities, and ulcers) Immune system disorders (immune suppression, allergy, and autoimmunity) Circulatory disorders (other than hypertension and ischemic heart disease) Endometriosis Effects on thyroid homeostasis

This committee used a classification that spans the full array of cancers. However, reviews for nonmalignant conditions were conducted only if they were found to have been the subjects of epidemiologic investigation or at the request of the Department of Veterans Affairs. *By default, any health outcome on which no epidemiologic information has been found falls into this category.*

Limited or Suggestive Evidence of No Association

Several adequate studies, which cover the full range of human exposure, are consistent in not showing a positive association between any magnitude of exposure to the herbicides of interest and the outcome. A conclusion of "no association" is inevitably limited to the conditions, exposures, and length of observation covered by the available studies. *In addition, the possibility of a very small increase in risk at the exposure studied can never be excluded.* There is limited or suggestive evidence of *no* association between exposure to the herbicides of interest and the following health outcomes:

Spontaneous abortion after paternal exposure to TCDD

^b Evidence for an association is strengthened by experimental data supporting biologic plausibility, but its absence would not detract from the epidemiologic evidence.

^{*a*} *Herbicides* indicates the following chemicals of interest: 2,4-dichlorophenoxyacetic acid (2,4-D), 2,4,5trichlorophenoxyacetic acid (2,4,5-T) and its contaminant 2,3,7,8-tetrachlorodibenzo-*p*-dioxin (TCDD, or dioxin), cacodylic acid, and picloram. The evidence regarding association was drawn from occupational, environmental, and veteran studies in which people were exposed to the herbicides used in Vietnam, to their components, or to their contaminants.

SUMMARY

Risk in Vietnam Veterans

There have been numerous health studies of Vietnam veterans, but most have been hampered by relatively poor measures of exposure to herbicides or TCDD and by other methodologic problems. In light of those problems, many conclusions regarding associations between exposure to the chemicals of interest and disease have been based on studies of people exposed in various occupational and environmental settings rather than on studies of Vietnam veterans, although studies of health consequences in the maturing veterans themselves have now begun to generate more informative findings. The committee believes that there is sufficient evidence to reach general or qualitative conclusions about associations between herbicide exposure and health outcomes, but the lack of adequate exposure data on Vietnam veterans themselves makes it difficult to estimate the degree of increased risk of disease in Vietnam veterans as a group or individually. Without information on the extent of herbicide exposure of Vietnam veterans and quantitative information about the dose–time–response relationship for each health outcome in humans, estimation of the risks experienced by veterans exposed to the chemicals of interest during the Vietnam War is not possible.

Because of those limitations, only general assertions can be made about risks to Vietnam veterans, depending on which category of association to a given health outcome has been placed in. If there were "limited or suggestive evidence of *no* association" between herbicide exposure and a health outcome, the evidence would suggest no increased risk of the outcome in Vietnam veterans attributable to exposure to the chemicals of interest (at least for the conditions, exposures, and lengths of observation covered by the studies reviewed). Even qualitative estimates are not possible when there is "inadequate or insufficient" evidence of an association. For outcomes categorized as having "sufficient" or "limited or suggestive" evidence of an association with herbicide exposure, the lack of exposure information on Vietnam veterans prevents calculation of precise risk estimates.

The information needed for assigning risk estimates continues to be absent despite concerted efforts to model the exposure of the troops in Vietnam, to measure the serum TCDD concentrations of individual veterans, and to model the dynamics of retention and clearance of TCDD in the human body. Accordingly, the committee states as a general conclusion that, at least for the present, it is not possible to derive quantitative estimates of any increased risks of various adverse health effects that Vietnam veterans may have experienced in association with exposure to the herbicides sprayed in Vietnam.

COMMITTEE RECOMMENDATIONS

IOM has been asked to make recommendations concerning the need, if any, for additional scientific studies to resolve continuing scientific uncertainties about the health effects of the herbicides used in Vietnam and their contaminants. Great strides have been made over the last several years in understanding the health effects of exposure to the herbicides used in Vietnam and to TCDD and in elucidating the mechanisms that underlie the effects, but there are still subjects on which increased knowledge could be very useful.

While presenting the charge, VA asked that the committee comment on whether effects of herbicide exposures might be manifested at later stages of a child's development than have systematically been evaluated or in later generations and comment on the feasibility of assessing

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such effects. The chapter on reproductive effects contains the committee's synopsis of toxicologic and epidemiologic information relevant to the request, little of which to date is directly related to the chemicals of interest to the VAO series. Developing understanding of epigenetic mechanisms leads this committee to conclude that it is considerably more plausible than previously believed that exposure to the herbicides sprayed in Vietnam might have caused paternally-mediated transgenerational effects. Such potential would most likely be attributable to the TCDD contaminant in Agent Orange. Consequently, this committee recommends that laboratory research be conducted to address and characterize TCDD's potential for inducing epigenetic modifications. As the offspring of Vietnam veterans grow older, the possibility of a parental effect on the incidence of adult cancers, cognitive problems, and other diseases of maturity are of increasing interest. While information concerning the applicability of epigenetic mechanism to TCDD is being gathered, the committee further recommends innovative epidemiologic protocols be developed to address the logistically challenging task of determining whether adverse effects are being manifested in the adult children and grandchildren of Vietnam veterans.

This committee recommends the pursuit of additional research in toxicology. The development of animal models of various chronic health conditions and their progression would be useful for understanding the possible contributions of the chemicals of interest to compromise the health of aging Vietnam veterans. Additional health problems, such as metabolic syndrome and male-mediated effects in offspring, merit laboratory investigation and study in human populations.

The committee notes that the earlier investment in studying several exposed populations is now producing useful findings; the National Institute for Occupational Safety and Health, Seveso, Air Force Health Study, and Army Chemical Corps cohorts all merit continuing followup or more comprehensive analysis. It is especially important that longitudinal analyses be conducted on cancer and reproductive outcomes represented in the complete database assembled in the course of the Air Force Health Study. Consideration should also be given to restarting the congressionally mandated National Vietnam Veterans Longitudinal Study, derived from the cohort originally studied in the National Vietnam Veterans Readjustment Study. New epidemiologic studies, such as a case–control study of tonsil cancer developed from VA's existing files or a study of reproductive effects in the Vietnamese population, could enable the recovery of valuable information.

The committee notes that its recommendations are similar to those offered in previous updates and that there has been little activity in several critical areas. The fate of the assemblage of data and biologic samples from the Air Force Health Study remains unsettled; in the interim, critical integrative analyses such as longitudinal evaluation of the cancer data have not yet been made public, and the unique potential of this resource languishes. It is the committee's conviction that work needs to be undertaken promptly to resolve questions regarding several health outcomes, most urgently tonsil cancer, melanoma, and paternally transmitted transgenerational effects. Creative analysis of VA's own data resources and further work on cohorts that have already been established may well be the most effective way to address those outcomes and to gain a better understanding of the role of herbicide exposure in development of PD in Vietnam veterans.

1

INTRODUCTION

The Agent Orange Act of 1991 (Public Law [PL] 102-4, enacted February 6, 1991, and codified as Section 1116 of Title 38 of the United States Code) directed the Secretary of Veterans Affairs to ask the National Academy of Sciences (NAS) to conduct an independent comprehensive review and evaluation of scientific and medical information regarding the health effects of exposure to herbicides used during military operations in Vietnam. The herbicides picloram and cacodylic acid were to be addressed, as were chemicals in various formulations herbicides 2,4-dichlorophenoxyacetic containing the acid (2,4-D)and 2.4.5trichlorophenoxyacetic acid (2,4,5-T). The most well known of the formulations, Agent Orange, was a 50:50 mixture of 2,4-D and 2,4,5-T, which contained the contaminant 2,3,7,8tetrachlorodibenzo-p-dioxin (TCDD); it should be noted that TCDD and Agent Orange are not the same. NAS also was asked to recommend, as appropriate, additional studies to resolve continuing scientific uncertainties and to comment on particular programs mandated in the law. In addition, the legislation called for biennial reviews of newly available information for a period of 10 years; the period was extended to 2014 by the Veterans Education and Benefits Expansion Act of 2001 (PL 107-103).

In response to the request from the Department of Veterans Affairs (VA), the Institute of Medicine (IOM) of the National Academies convened the Committee to Review the Health Effects in Vietnam Veterans of Exposure to Herbicides. The results of the original committee's work were published in 1994 as Veterans and Agent Orange: Health Effects of Herbicides Used in Vietnam, hereafter referred to as VAO (IOM, 1994). Successor committees were formed to fulfill the requirement for updated reviews produced Veterans and Agent Orange: Update 1996 (IOM, 1996), Update 1998 (IOM, 1999), Update 2000 (IOM, 2001), Update 2002 (IOM, 2003), Update 2004 (IOM, 2005), and Update 2006 (IOM, 2007). In 1999, VA asked IOM to convene a committee to conduct an interim review of type 2 diabetes; that effort resulted in the report Veterans and Agent Orange: Herbicide/Dioxin Exposure and Type 2 Diabetes, hereafter referred to as Type 2 Diabetes (IOM, 2000). In 2001, VA asked IOM to convene a committee to conduct an interim review of childhood acute myelogenous leukemia (AML) associated with parental exposure to any of the chemicals of interest; its review of the literature, including literature available since the review for Update 2000, was published in Veterans and Agent Orange: Herbicide/Dioxin Exposure and Acute Myelogenous Leukemia in the Children of Vietnam Veterans, hereafter referred to as Acute Myelogenous Leukemia (IOM, 2002). Also in 2001, Congress (PL 107-103) directed the Secretary of Veterans Affairs to ask NAS to review "available scientific literature on the effects of exposure to an herbicide agent containing dioxin on the development of respiratory cancers in humans" and to address "whether it is possible to

identify a period of time after exposure to herbicides after which a presumption of serviceconnection" of the disease would not be warranted; the result of that effort was *Veterans and Agent Orange: Length of Presumptive Period for Association Between Exposure and Respiratory Cancer*, hereafter referred to as *Respiratory Cancer* (IOM, 2004).

In conducting their work, the committees responsible for those reports operated independently of VA and other government agencies. They were not asked to and did not make judgments regarding specific cases in which individual Vietnam veterans have claimed injury from herbicide exposure. The reports were intended to provide scientific information for the Secretary of Veterans Affairs to consider as VA exercises its responsibilities to Vietnam veterans. This VAO update, and all previous VAO reports, are freely accessible on line at the National Academy Press' website (www.nap.edu).

CHARGE TO THE COMMITTEE

In accordance with PL 102-4, the committee was asked to "determine (to the extent that available scientific data permit meaningful determinations)" the following regarding associations between specific health outcomes and exposure to TCDD and other chemicals in the herbicides used by the military in Vietnam:

A) whether a statistical association with herbicide exposure exists, taking into account the strength of the scientific evidence and the appropriateness of the statistical and epidemiological methods used to detect the association;

B) the increased risk of the disease among those exposed to herbicides during service in the Republic of Vietnam during the Vietnam era; and

C) whether there exists a plausible biological mechanism or other evidence of a causal relationship between herbicide exposure and the disease.

The committee notes that, as a consequence of congressional and judicial history, both its congressional mandate and the statement of task are phrased with the target of evaluation being "association" between exposure and health outcomes, although biologic mechanism and causal relationship are also mentioned as part of the evaluation in Article C. As used technically and as thoroughly addressed in a recent report on decision-making (IOM, 2008), the criteria for causation are somewhat more stringent than those for association. The unique mandate of VAO committees to evaluate association, rather than causation, means that the approach delineated in that report (IOM, 2008) is not entirely applicable here. The rigor of the evidentiary database needed to support a finding of statistical association is weaker than that for causality, however, positive findings for any of the indicators for causality would enhance conviction that an observed statistical association was reliable. In accord with its charge, the committee examined a variety of indicators appropriate for the task, including factors commonly used to evaluate statistical associations, such as the adequacy of control for bias and confounding and the likelihood that an observed association could be explained by chance, and additionally assessed evidence concerning biologic plausibility derived from laboratory findings in cell-culture or animal models. The full array of indicators examined was used to categorize the strength of the evidence, as shown in Table 1-1 below. In particular, associations that manifest multiple indicators were interpreted as having stronger scientific support.

In delivering the charge to the current committee, the VA made two additional requests. First, the committee was asked to consider whether the occurrence of hairy cell leukemia should

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be regarded as associated with exposure to the components of herbicides used by the military in Vietnam. Second, the committee was asked to comment on whether effects of herbicide exposure might be manifested in veterans' children at later stages of their development than have been systematically evaluated to date or in later generations and on the feasibility of assessing such effects.

When the first Veterans and Agent Orange committee received its charge from VA, service in the Republic of Vietnam was defined in Subsections a and f of Section 1116 of Title 38 of the *United States Code* as including military personnel who served in "the inland waterways of such Republic, the waters offshore of such Republic, and the airspace above such Republic". Using that definition, the original and later Veterans and Agent Orange committees routinely considered any research material pertaining to veterans from any of the armed forces who served in the Vietnam theater as relevant to its charge.

It has recently come to the committee's attention that the definition of a qualifying exposure in VA's manual for processing veterans' applications was modified in 2002 and now limits presumption of exposure to Vietnam veterans whose service involved duty or visitation on land in the Republic of Vietnam. That motivated the legal challenge in *Haas v. Nicholson* and appeals by VA. For consistency, the committee has chosen to maintain the original definition of exposure for its determinations and to consider any veterans who served in the Vietnam theater as included in populations of interest for the committee's findings. This statement is not a change in the committee's procedures but rather is intended to clarify its characterization of populations that it deems relevant for making determinations about possible health effects related to exposure to herbicides during the Vietnam conflict; adopting VA's new definition would have entailed eliminating some data points on naval subpopulations from the evidence database, such as some of the strongest findings on an association with non-Hodgkin's lymphoma. This, the Veterans and Agent Orange committee continues to consider studies of and research on all populations that served in the Vietnam theater—the Air Force, the Army, and the Blue Water Navy—to be germane to its work.

Chapter 2 provides details of the committee's approach to its charge and the methods it used in reaching conclusions.

CONCLUSIONS OF PREVIOUS VETERANS AND AGENT ORANGE REPORTS

Health Outcomes

VAO, Update 1996, Update 1998, Update 2000, Update 2002, Update 2004, Type 2 Diabetes, Acute Myelogenous Leukemia, Respiratory Cancer, and Update 2006 contain detailed reviews of the scientific studies evaluated by the committees and their implications for cancer, reproductive and developmental effects, neurologic disorders, and other health effects.

The original Veterans and Agent Orange committee addressed the statutory mandate to evaluate the association between herbicide exposure and a given health effect by assigning each of the health outcomes under study to one of four categories on the basis of the epidemiologic evidence reviewed. The categories were adapted from the ones used by the International Agency for Research on Cancer in evaluating evidence of the carcinogenicity of various substances (IARC, 1977). Successor Veterans and Agent Orange committees adopted the same categories.

The question as to whether the committee should be considering "statistical association" rather than "causality," has been controversial. In legal proceedings that predate passage of the legislation mandating this Veterans and Agent Orange (VAO) series of reviews, *Nehmer v. United States Veterans Administration* (712 F. Supp. 1404, 1989) found that

The legislative history, and prior VA and congressional practice, support our finding that Congress intended that the Administrator predicate service connection upon a finding of a significant statistical association between dioxin exposure and various diseases. We hold that the VA erred by requiring proof of a causal relationship.

The committee believes that the categorization of strength of evidence, as shown in Table 1-1 is consistent with that court ruling. In particular, the ruling does not preclude the consideration of the factors usually assessed in determining whether a causal relationship exists (Hill, 1965; IOM, 2008) as indicators of the strength of scientific evidence for an association. In accord with the court ruling, the committee was not seeking proof of a causal relationship, but any information that supports a causal relationship, such as a plausible biologic mechanism as specified in Article C of the charge to the committee, would also lend credence to the reliability of an observed association. Science is principally concerned with causal relationships, and the committee's objective of statistical association is an intermediate (less well-defined) point along a continuum culminating in causality.

The categories, the criteria for assigning a particular health outcome to a category, and the health outcomes that have been assigned to the categories in past updates are discussed below. Table 1-1 summarizes the conclusions of *Update 2006* regarding associations between health outcomes and exposure to the herbicides used in Vietnam or to any of their components or contaminants. That integration of the literature through September 2006 served as the starting point for the current committee's deliberations. It should be noted that the categories of association concern the occurrence of health outcomes in human *populations* in relation to chemical exposure; they do not address the likelihood that any *individual's* health problem is associated with or caused by the chemicals in question.

Health Outcomes with Sufficient Evidence of an Association

In this category, a positive association between herbicides and the outcome must be observed in epidemiologic studies in which chance, bias, and confounding can be ruled out with reasonable confidence. The committee regarded evidence from several studies that have satisfactorily addressed bias and confounding and that show an association that is consistent in magnitude and direction as sufficient evidence of an association. Experimental data supporting biologic plausibility strengthens evidence for an association, but is not a prerequisite.

The original committee found sufficient evidence of an association between exposure to herbicides and three cancers—soft-tissue sarcoma, non-Hodgkin's lymphoma, and Hodgkin's disease—and two other health outcomes, chloracne and porphyria cutanea tarda (PCT). After reviewing all the literature available in 1995, the committee responsible for *Update 1996* concluded that the statistical evidence still supported that classification for the three cancers and chloracne but that the evidence of an association with PCT warranted its being placed in the category of limited or suggestive evidence of an association with exposure. No changes were

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made in this category in Update 1998 or Update 2000.

As the committee responsible for *Update 2002* began its work, VA requested that it evaluate whether chronic lymphocytic leukemia (CLL) should be considered separately from other leukemias. The committee concluded that CLL could be considered separately and, on the basis of the epidemiologic literature and the etiology of the disease, placed CLL in the "sufficient" category.

TABLE 1-1 Summary from *Update 2006* of Findings in Occupational, Environmental, and Veterans Studies Regarding the Association Between Specific Health Outcomes and Exposure to Herbicides^a

Sufficient Evidence of Association

Epidemiologic evidence is sufficient to conclude that there is a positive association. That is, a positive association has been observed between exposure to herbicides and the outcome in studies in which chance, bias, and confounding could be ruled out with reasonable confidence.^b For example, if several small studies that are free of bias and confounding show an association that is consistent in magnitude and direction, there could be sufficient evidence of an association. There is sufficient evidence of an association between exposure to the chemicals of interest and the following health outcomes:

Soft-tissue sarcoma (including heart) Non-Hodgkin's lymphoma Chronic lymphocytic leukemia (CLL) Hodgkin's disease Chloracne

Limited or Suggestive Evidence of Association

Epidemiologic evidence suggests an association between exposure to herbicides and the outcome, but a firm conclusion is limited because chance, bias, and confounding could not be ruled out with confidence. ^b For example, a well-conducted study with strong findings in accord with less compelling results from studies of populations with similar exposures could constitute such evidence. There is limited or suggestive evidence of an association between exposure to the chemicals of interest and the following health outcomes:

Laryngeal cancer Cancer of the lung, bronchus, or trachea Prostate cancer Multiple myeloma AL amyloidosis (category change from *Update 2004*) Early-onset transient peripheral neuropathy Porphyria cutanea tarda Hypertension (category change from *Update 2004*) Type 2 diabetes (mellitus) Spina bifida in offspring of exposed people

Inadequate or Insufficient Evidence to Determine Association

The available epidemiologic studies are of insufficient quality, consistency, or statistical power to permit a conclusion regarding the presence or absence of an association. For example, studies fail to control for confounding, have inadequate exposure assessment, or fail to address latency ^b. There is inadequate or insufficient evidence to determine association between exposure to the chemicals of interest and the following health outcomes *that were explicitly reviewed*:

- Cancers of the oral cavity (including lips and tongue), pharynx (including tonsils), or nasal cavity (including ears and sinuses)
- Cancers of the pleura, mediastinum, and other unspecified sites within the respiratory system and intrathoracic organs

Esophageal cancer (category change from Update 2004)

- Stomach cancer (category change from Update 2004)
- Colorectal cancer (including small intestine and anus) (category change from *Update 2004*) Hepatobiliary cancers (liver, gallbladder, and bile ducts)

Pancreatic cancer (category change from Update 2004) Bone and joint cancer * Melanoma Non-melanoma skin cancer (basal cell and squamous cell) * Breast cancer Cancers of reproductive organs (cervix, uterus, ovary, testes, and penis; excluding prostate) Urinary bladder cancer Renal cancer Cancers of brain and nervous system (including eye) (category change from Update 2004) Endocrine cancers (thyroid, thymus, and other endocrine) Leukemia (other than CLL) Cancers at other and unspecified sites Infertility Spontaneous abortion (other than for paternal exposure to TCDD, which appears *not* to be associated)^b Neonatal or infant death and stillbirth in offspring of exposed people Low birth weight in offspring of exposed people Birth defects (other than spina bifida) in offspring of exposed people Childhood cancer (including acute myelogenous leukemia) in offspring of exposed people Neurobehavioral disorders (cognitive and neuropsychiatric) Neurodegenerative diseases, including Parkinson's disease and amyotrophic lateral sclerosis (ALS) Chronic peripheral nervous system disorders Respiratory disorders Gastrointestinal, metabolic, and digestive disorders (changes in liver enzymes, lipid abnormalities, and ulcers) Immune system disorders (immune suppression, allergy, and autoimmunity) * Ischemic heart disease Circulatory disorders (other than hypertension and perhaps ischemic heart disease) Endometriosis

Effects on thyroid homeostasis

This committee used a classification that spans the full array of cancers. However, reviews for nonmalignant conditions were conducted only if they were found to have been the subjects of epidemiologic investigation or at the request of the Department of Veterans Affairs. *By default, any health outcome on which no epidemiologic information has been found falls into this category.*

Limited or Suggestive Evidence of No Association

Several adequate studies, which cover the full range of human exposure, are consistent in not showing a positive association between any magnitude of exposure to the herbicides of interest and the outcome. A conclusion of "no association" is inevitably limited to the conditions, exposures, and length of observation covered by the available studies. *In addition, the possibility of a very small increase in risk at the exposure studied can never be excluded.* There is limited or suggestive evidence of *no* association between exposure to the herbicides of interest and the following health outcomes:

Spontaneous abortion and paternal exposure to TCDD^{*c*}

^{*a*} *Herbicides* indicates the following chemicals of interest: 2,4-dichlorophenoxyacetic acid (2,4-D), 2,4,5trichlorophenoxyacetic acid (2,4,5-T) and its contaminant 2,3,7,8-tetrachlorodibenzo-*p*-dioxin (TCDD, or dioxin), cacodylic acid, and picloram. The evidence regarding association was drawn from occupational, environmental, and veteran studies in which people were exposed to the herbicides used in Vietnam, to their components, or to their contaminants.

^b The criteria for these categories of association as stated in the current update have added the phrase "Evidence for an association can be strengthened by experimental data supporting biologic plausibility, but it is not required." to clarify the role toxiciologic information has played throughout the history of VAO series.

^c This conclusion appropriately constrained by specific chemical and exposed parent was drawn in *Update 2002*, but was not carried into the summary table,

* The committee responsible for *Update 2006* was unable to reach consensus as to whether these health outcomes had **Limited or Suggestive Evidence of an Association** or had **Inadequate or Insufficient Evidence to Determine an Association**, and so left them in the lower category.

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Health Outcomes with Limited or Suggestive Evidence of an Association

In this category, the evidence must suggest an association between exposure to herbicides and the outcome considered, but the evidence can be limited by the inability to rule out chance, bias, or confounding confidently. The coherence of the full body of epidemiologic information, in light of biologic plausibility, is considered when the committee reaches a judgment about association for a given outcome. Because the VAO series has four herbicides and TCDD as agents of concern whose profiles of toxicity are not expected to be uniform, apparent inconsistencies can be expected among study populations that have experienced different exposures. Even for a single exposure, a spectrum of results would be expected, depending on the power of the studies and other design factors.

The committee responsible for VAO found limited or suggestive evidence of an association between exposure to herbicides and three categories of cancer: respiratory cancer (after individual evaluations of laryngeal cancer and of cancers of the trachea, lung, or bronchus), prostate cancer, and multiple myeloma. The Update 1996 committee added three health outcomes to the list: PCT, acute and subacute transient peripheral neuropathy (hereafter called early-onset transient peripheral neuropathy), and spina bifida in children of veterans. Transient peripheral neuropathies had not been addressed in VAO, because they are not amenable to epidemiologic study. In response to a VA request, however, the Update 1996 committee reviewed those neuropathies and based its determination on case histories. A 1995 analysis of birth defects among the offspring of veterans who served in Operation Ranch Hand, combined with earlier studies of neural-tube defects in the children of Vietnam veterans (published by the Centers for Disease Control and Prevention), led the Update 1996 committee to distinguish spina bifida from other reproductive outcomes and to classify it in the "limited or suggestive evidence" category. No changes were made in this category in Update 1998.

After the publication of *Update 1998*, the committee responsible for Type 2 Diabetes, on the basis of its evaluation of newly available scientific evidence and the cumulative findings of research reviewed in previous VAO reports, concluded that there was limited or suggestive evidence of an association between exposure to the herbicides used in Vietnam or the contaminant TCDD and type 2 diabetes (mellitus). The evidence reviewed in *Update 2000* supported that finding.

The committee responsible for *Update 2000* reviewed the material in earlier reports and the newly published literature and determined that there was limited or suggestive evidence of an association between exposure to herbicides used in Vietnam or the contaminant TCDD and AML in the children of Vietnam veterans. After release of *Update 2000*, researchers on one of the studies reviewed in it discovered an error in the published data. The committee for *Update 2000* was reconvened to re-evaluate the previously reviewed and new literature regarding AML, and it produced *Acute Myelogenous Leukemia*, which reclassified AML in children from "limited or suggestive evidence of an association" to "inadequate or insufficient evidence to determine an association."

After reviewing the data reviewed in previous VAO reports and recently published scientific literature, the committee responsible for *Update 2006* determined that there was limited or suggestive evidence of an association between exposure to the herbicides used in Vietnam or the contaminant TCDD and hypertension. AL amyloidosis was also moved to the category of "limited or suggestive evidence of an association" primarily on the basis of its close biologic
relationship with multiple myeloma.

Health Outcomes with Inadequate or Insufficient Evidence to Determine an Association

By default, any health outcome is in this category before enough reliable scientific data accumulate to promote it to the category of sufficient evidence or limited or suggestive evidence of an association or to move it to the category of limited or suggestive evidence of *no* association. In this category, available studies may have inconsistent findings or be of insufficient quality or statistical power to support a conclusion regarding the presence of an association. Such studies might have failed to control for confounding or might have had inadequate assessment of exposure.

The cancers and other health effects so categorized in *Update 2004* are listed in Table 1-1, but several health effects have been moved into or out of this category since the original Veterans and Agent Orange committee reviewed the evidence then available. Skin cancer was moved into this category in *Update 1996* when inclusion of new evidence no longer supported its classification as a condition with limited or suggestive evidence of *no* association. Similarly, the *Update 1998* committee moved urinary-bladder cancer from the category of limited or suggestive evidence of *no* association to this category; although there was no evidence that exposure to herbicides or TCDD is related to urinary-bladder cancer, newly available evidence weakened the evidence of *no* association. The committee for *Update 2000* had partitioned AML in the offspring of Vietnam veterans from other childhood cancers and put it into the category of suggestive evidence; but a separate review, as reported in *Acute Myelogenous Leukemia*, found errors in the published information and returned it to this category with other childhood cancers. In *Update 2002*, CLL was moved from this category to join Hodgkin's and non-Hodgkin's lymphomas in the category of sufficient evidence of an association.

The committee responsible for *Update 2006* moved several cancers (of the brain, stomach, colon, rectum, and pancreas) from the category of limited or suggestive evidence of *no* association into this category because of changes in evidence since they were originally placed in the "*no* association" category and because that committee had concerns about the lack of information on all five chemicals of interest and each of these cancers.

Health Outcomes with Limited or Suggestive Evidence of No Association

The original Veterans and Agent Orange committee defined this category for health outcomes on which several adequate studies covering the "full range of human exposure" were consistent in showing *no* association with exposure to herbicides at any level and had relatively narrow confidence intervals. A conclusion of "no association" is inevitably limited to the conditions, exposures, and observation periods covered by the available studies, and the possibility of a small increase in risk at the levels of exposure studied can never be excluded. However, a change in classification from inadequate or insufficient evidence of an association to limited or suggestive evidence of *no* association would require new studies that correct for the methodologic problems of previous studies and that have samples large enough to limit the possible study results attributable to chance.

The original Veterans and Agent Orange committee found a sufficient number and variety of

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well-designed studies to conclude that there was limited or suggestive evidence of *no* association between the exposures of interest and a small group of cancers: gastrointestinal tumors (colon, rectum, stomach, and pancreas), skin cancers, brain tumors, and urinary bladder cancer. The *Update 1996* committee removed skin cancers and the *Update 1998* committee removed urinary bladder cancer from this category because the evidence no longer supported a conclusion of *no* association. The *Update 2002* committee concluded that there was adequate evidence to determine that spontaneous abortion is *not* associated with paternal exposure specifically to TCDD; the evidence on this outcome was deemed inadequate for drawing a conclusion about an association with maternal exposure to any of the chemicals of interest other than TCDD. No changes in this category were made in *Update 2000* or *Update 2004*. The *Update 2006* committee removed brain cancer and several digestive cancers from this category because they were concerned that the overall paucity of information on picloram and cacodylic acid made it inappropriate for those outcomes to remain in this category.

Determining Increased Risk in Vietnam Veterans

The second part of the committee's charge is to determine, to the extent permitted by available scientific data, the increased risk of disease among people exposed to herbicides, or the contaminant TCDD, during service in Vietnam. Previous reports point out that most of the many health studies of Vietnam veterans are hampered by relatively poor measures of exposure to herbicides or TCDD and by other methodologic problems. Most of the evidence on which the findings regarding associations are based, therefore, comes from studies of people exposed to TCDD or herbicides in occupational and environmental settings rather than from studies of Vietnam veterans. The committees that produced *VAO* and the updates found that the body of evidence was sufficient for reaching conclusions about statistical associations between herbicide exposures and health outcomes but that the lack of adequate data on Vietnam veterans themselves complicated consideration of the second part of the charge.

The evidence of herbicide exposure among various groups studied suggests that although some had documented high exposures (such as participants in Operation Ranch Hand or the Army Chemical Corps personnel), most Vietnam veterans had lower exposures to herbicides and TCDD than did the subjects of many occupational and environmental studies. Individual veterans who had very high exposures to herbicides, however, could have risks approaching those described in the occupational and environmental studies.

Estimating the magnitude of risk of each particular health outcome among herbicide-exposed Vietnam veterans requires quantitative information about the dose-time-response relationship for the health outcome in humans, information on the extent of herbicide exposure among Vietnam veterans, and estimates of individual exposure. Committees responsible for *VAO* and the updates have concluded that in general it is impossible to quantify the risk to veterans posed by their exposure to herbicides in Vietnam. Statements to that effect were made for each health outcome in *VAO* (IOM, 1994) and in every update through *Update 2004*. The committee responsible for *Update 2006* chose to eliminate the repetitive restatements in favor of the following general conclusion: "At least for the present, it is not possible to derive quantitative estimates of the increase in risk of various adverse health effects that Vietnam." The current committee retains that approach.

After decades of research, the challenge of estimating the magnitude of potential risk posed by exposure to the compounds of interest remains intractable. The requisite information is still absent despite concerted efforts to reconstruct likely exposure by modeling on the basis of records of troop movements and spraying missions (Stellman et al., 2003a,b; Stellman and Stellman, 2003, 2004), to measure serum TCDD in individual veterans (Kang et al., 2006; Michalek et al., 1995), and to model the pharmacokinetics of TCDD clearance (Aylward et al., 2005a,b; Cheng et al., 2006b; Emond et al., 2004, 2005, 2006). There is still uncertainty about the specific agents that may be responsible for a particular health effect. Even if one accepts an individual veteran's serum TCDD concentration as the optimal surrogate for overall exposure to Agent Orange and the other herbicide mixtures sprayed in Vietnam, not only is the measurement nontrivial but the hurdle of accounting for biologic clearance and extrapolating to the proper timeframe remains. The committee therefore believes that it cannot accurately estimate the risk to Vietnam veterans that is attributable to exposure to the compounds associated with herbicide spraying in Vietnam.

Existence of a Plausible Biologic Mechanism or Other Evidence of a Causal Relationship

Toxicologic data form the basis of the committee's response to the third part of its charge to determine whether there is a plausible biologic mechanism or other evidence of a causal relationship between herbicide exposure and a health effect. That information is summarized in a separate toxicology chapter in each report that summarizes toxicologic findings on the chemicals of concern. Specific toxicologic findings pertinent to each health outcome are also given in the chapters that review the epidemiologic literature.

In VAO and updates before Update 2006, this topic has been discussed in the conclusions section for each health outcome after a statement of the committee's judgment about the adequacy of the epidemiologic evidence of an association of that outcome with exposure to the chemicals of interest. As Update 2006 noted, the degree of biologic plausibility itself influences whether the committee perceives positive findings to be indicative of a pattern or the product of statistical fluctuations. To provide the reader with a more logical sequence, the committee responsible for Update 2006 placed the biologic-plausibility sections between the presentation of new epidemiologic evidence and the synthesis of all the evidence, which in turn leads to the ultimate statement of the committee's conclusion. The current committee supports that change and has continued to group the sections that way.

ORGANIZATION OF THIS REPORT

The remainder of this report is organized in nine chapters. Chapter 2 briefly describes the considerations that guided the committee's review and evaluation of the scientific evidence. Chapter 3 addresses exposure-assessment issues. Chapter 4 summarizes the toxicology data on the effects of 2,4-D, 2,4,5-T and its contaminant TCDD, cacodylic acid, and picloram; the data contribute to the biologic plausibility of health effects in human populations. Chapter 5 presents the relevant new epidemiologic literature identified in this update period, an overview of populations repeatedly studied by publications reviewed in the series of VAO reports with

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discussion of the exposure assessments conducted on the major cohorts, and design information on the epidemiologic studies that are newly covered in this update and investigated those populations or that report multiple health outcomes. The committee's evaluation of the epidemiologic literature and its conclusions regarding associations between the exposures of interest and cancer, reproductive and developmental effects, neurologic disorders, and other health effects are discussed in Chapters 6, 7, 8, and 9, respectively. The committee's research recommendations are presented in Chapter 10.

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¹ 'Throughout the report the same alphabetic indicator following year of publication is used consistently for the same article when there were multiple citations by the same first author in a given year. The convention of assigning the alphabetic indicator in order of citation in a given chapter is not followed.

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2

EVALUATING THE EVIDENCE

This chapter outlines the approach used by the Committee to Review the Health Effects in Vietnam Veterans of Exposure to Herbicides: Seventh Biennial Update and its predecessors to evaluate the available scientific evidence. A more complete description is found in Chapter 5 of *Veterans and Agent Orange: Health Effects of Herbicides Used in Vietnam*, hereafter referred to as *VAO* (IOM, 1994).

CHOICE OF HEALTH OUTCOMES

As discussed in Chapter 1, the committee was charged with summarizing the strength of the scientific evidence of associations between exposure to various herbicides and contaminants during service in the Vietnam War and individual diseases or other health outcomes. Public Law 102-4, which mandated the committee's work, however, did not specify particular health outcomes suspected of being associated with herbicide exposure. Such a list was developed on the basis of diseases and conditions addressed in the scientific literature identified through the original *VAO*'s extensive literature searches. The list has been amended in the VAO updates in response to new publications, to requests from the Department of Veterans Affairs and various veterans service organizations, and to concerns of Vietnam veterans and their families. Comments received at public hearings and in written submissions from veterans and other interested persons have been valuable in identifying issues to be pursued in greater depth in the scientific literature.

The Veterans and Agent Orange committees began their evaluation by presuming neither the presence nor the absence of an association between exposure and any particular health outcome. Over the series of reviews, evidence of various degrees of association, lack of association, or persistent indeterminacy with respect to a wide array of disease states has accrued. For many conditions, however, particularly ones that are very uncommon, associations with the chemicals of interest have remained unaddressed in the medical research literature; for these, the committee remains neutral basis of an understanding that "absence of evidence is not evidence of absence."

IDENTIFICATION OF RELEVANT LITERATURE

Mixtures of 2,4-dichlorophenoxyacetic acid (2,4-D), 2,4,5-trichlorophenoxyacetic acid

(2,4,5-T), picloram, and cacodylic acid made up the bulk of the herbicides sprayed in Vietnam. At the time of the spraying, 2,3,7,8-tetrachlorodibenzo-*p*-dioxin (TCDD, one form of dioxin) was an unintended contaminant from the production of 2,4,5-T and was present in Agent Orange and some other herbicide formulations sprayed in Vietnam; it is important to note that TCDD and Agent Orange are not the same. Databases have been searched for the names of those compounds, their synonyms and abbreviations, and their Chemical Abstracts Service (CAS) numbers. The evidence indicates that a tissue protein, the aryl hydrocarbon receptor, mediates most of the toxicity of TCDD, so *aryl hydrocarbon receptor* also was used as a keyword, as were *dioxin, Agent Orange*, and *Vietnam veteran*.

One of the herbicides used in Vietnam, cacodylic acid, is dimethylarsinic acid (DMA), an organic form of arsenic. In addition to being synthesized as a herbicide, DMA is a metabolite of inorganic arsenic in humans. It was long thought to be a biologically inactive metabolite, but recent evidence suggests that one form—DMA^{III}—might be responsible for some of the adverse effects of inorganic arsenic. The committee carefully reconsidered that evidence but again determined that it does not support a conclusion that exposure to cacodylic acid would be expected to result in the same adverse health effects as would exposure to toxic concentrations of inorganic arsenic. Therefore, as in prior VAO reports, the literature on the health effects of inorganic arsenic was not considered here. Further details on the effects of inorganic arsenic can be found in *Arsenic in Drinking Water* (NRC, 1999) and *Arsenic in Drinking Water: 2001 Update* (NRC, 2001). For cacodylic acid and picloram, the search terms were the chemical names, synonyms, and CAS numbers of the herbicides.

This report concentrates on the evidence published after the completion of work on *Veterans* and Agent Orange: Update 2006 (IOM, 2007). Relevant new contributions to the literature made during the period October 1, 2006-September 30, 2008, were sought. The information that the committee used was compiled from a comprehensive electronic search of public and commercial databases-biologic, medical, toxicologic, chemical, historical, and regulatory-that provide citations of the scientific literature. In addition, the reference lists of some review and research articles, books, and reports were examined for potentially relevant articles. As noted above, the terms used in the search strategy included the chemical names, synonyms, and CAS numbers of the specific chemicals of interest-2,4-D, 2,4,5-T, TCDD, cacocylic acid, and picloram-see Figure 2-1 for chemical structures and CAS numbers)-and the more generic terms involved with this project (Vietnam veteran, Agent Orange, arvl hydrocarbon receptor, dioxin, herbicide, and *phenoxy*). By analogy, results on other specific phenoxy herbicides are also of interest: 2methyl-4-chlorophenoxyacetic acid (MCPA) and 2-(2-methyl-4-chlorophenoxy) propionic acid (MCPP or Mecoprop) for 2,4-D and 2-(2,4,5-trichlorophenoxy) propionic acid (2,4,5-TP or Silvex) for 2,4,5-T (see Figure 2-1 for chemical structures and CAS numbers); although the benzoate herbicide dicamba (2-methoxy-3,6-dichlororbenzoic acid) is not always categorized with the phenoxy herbicides, it shares structural similarities with this class, and measures of its association with various adverse health outcomes have been factored into the evidence. Because some polychlorinated biphenyls (PCBs) and polychlorodibenzo-p-furans (PCDFs) have dioxinlike biologic activity, studies of populations exposed to PCBs or PCDFs were reviewed when results were presented in terms of toxicity equivalent quotients (TEQs). Findings related only to exposure to the diverse chemical families of pesticides were considered too nonspecific for inclusion in the evidence database used to draw conclusions about associations. However, pesticide was included among the search terms for VAO updates to ensure that all possible

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articles on herbicides (the specific targets were only the phenoxy herbicides, cacodylic acid, and picloram) would be identified and subjected to the next phase of screening. (An ancillary analysis of the search results by this committee determined that the term "pesticide" did not identify any relevant citation that was not picked up by more specific terms, and so it will be eliminated from searches in future VAO updates, thereby reducing the number of extraneous hits to be culled.)



Phenoxy Herbicides

Figure 2-1.eps

FIGURE 2.1 Chemical structures and CAS numbers for specific chemical of interest

Because they are the target population of the charge to the VAO committees, studies of Vietnam veterans (serving in any of the armed forces, American or otherwise) have always been accorded considerable weight in the committees' deliberations, whether or not estimation of exposure to herbicide-related substances has been attempted. Characterization of exposure in studies of the veterans was extremely uncommon at the time of the original VAO report, and the Vietnam veterans' own ages were still below the ages at which many chronic illnesses are manifested. Consequently, the original committee made extensive efforts to consider several groups known or thought to have potentially higher and better-characterized exposure to TCDD or phenoxy herbicides than Vietnam veterans themselves-both occupational exposure (as of chemical-production, paper and pulp, sawmill, tannery, waste-incinerator, railroad, agricultural, and forestry workers) and environmental exposure (as of residents of Seveso, Times Beach, Ouail Run, and Vietnam).

Successive committees have been able to concentrate more on studies that explicitly addressed the exposures specified in the charge. Some occupational and environmental cohorts that received exceptionally high exposures (such as the International Agency for Research on Cancer and Seveso cohorts) are now well characterized and producing a stream of informative results. The Agricultural Health Study, a continuing prospective cohort study of agricultural populations with specific information on the chemicals of interest, is also now contributing a steady stream of information to the database. Most important, the Vietnam veterans themselves are advancing in age and, when studied, capable of directly providing substantial information on chronic health conditions, often as related to serum TCDD concentrations. The committee for Update 2006 decided that exhaustive searches on job titles, occupations, or industries to identify additional study populations with possible, but not specifically characterized, exposure to the chemicals of interest were no longer an efficient means of augmenting the evidence database, because they are more likely to retrieve citations with information about a health outcome at the expense of considerable uncertainty about exposure.

The current committee adopted the Update 2006 committee's practice of more circumscribed searching. As the information in the database on populations with established exposure to the chemicals of interest has grown, VAO committees have become less dependent on data from studies with nonspecific exposure information and have been able to focus more on findings of studies with refined exposure specificity. In recognition of the more pivotal role that findings drawn directly from Vietnam veterans are now able to play in its decisions, this committee has reordered its consideration of populations. For each health outcome in this update, studies of Vietnam veterans are now addressed first followed by occupational and environmental studies, rather than last as was the practice established when the information from studies on veterans was quite sparse.

It is well accepted that any TCDD or herbicide effect may be diluted somewhat in studies of Vietnam veterans because some of the veterans may not have been exposed or may have been exposed only at low concentrations. The problem is exacerbated in studies in which exposure is defined in terms of occupation (even on the basis of a full job history). Exploratory studies based on linking to a one-time statement of occupation (for example, on a death certificate or in a census) are thought to be of little usefulness even when a job-exposure matrix is used to "convert" standardized job codes to specific exposures. Not only is there uncertainty about whether all members of the sample have been exposed to one of the chemicals of interest unless detailed personal monitoring and industrial-hygiene work have been performed, but for most

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occupational categories there is considerable certainty that the workers have been exposed to many other potentially toxic agents. Thus, such studies may well minimize the effects of exposure to dioxin or the herbicides of interest while yielding misleading indications of health problems resulting from other exposures.

The search strategy was devised to ensure that abstracts of all potentially relevant articles were subjected to closer screening, but it also resulted in the identification of a large number of nonrelevant studies. The searches produced 7,000 "hits", including some studies that were identified more than once. It was evident from the abstracts of most of the cited articles that they did not address health effects in association with exposure to the chemicals of interest; for example, many of the cited studies investigated the efficacy of herbicides in killing weeds. All studies that discussed health effects were considered if the search-related information (title, abstract, and keywords) indicated that any of the herbicides of interest (or any of their components) may have been investigated. For each of the more than 850 potentially relevant citations ultimately identified, a copy of the entire article was obtained online or retrieved from library sources and reviewed more thoroughly by the committee for inclusion in its report.

In large part, included reports are peer-reviewed journal articles, but generally available and formally published government studies (particularly those investigating health effects in Vietnam veterans) are also included under the presumption that they have been carefully reviewed. In practice, the articles are generally in English, but the committee would obtain translations for crucial ones that were not in English, as was done for reports of a study of Korean veterans of the Vietnam War (Kim HA et al., 2003; Kim JS et al., 2003) when *Update 2004* was produced.

TCDD, the 2,3,7,8-chlorinated congener of dioxin, is the most potent of the polychlorinated dibenzo-p-dioxins, dibenzofurans, and PCBs, so it is presumed to be most problematic. However, our concern is not limited to this single congener. In non-laboratory settings-for example, epidemiologic studies-exposures occur not only to TCDD, but to mixtures of dioxins, dibenzofurans, and PCBs, which vary in their degree of chlorination. A toxicity equivalency factor (TEF) is an estimate of the dioxin-like potency of an individual congener relative to the toxicity of TCDD, as measured in assays of its AHR activity. TEQs are often used to estimate the cumulative toxic potency of mixtures as the sum of TEFs weighted by the concentration of the corresponding congener in the mixture; this total is denoted as the mixture's TEQ or toxicity equivalent quotient in terms of dioxin-like activity. That approach is often taken in epidemiologic studies focusing on PCBs. Many epidemiologic studies of PCBs were recovered in the literature search although they were not specifically sought. Because dioxin-like and nondioxin-like PCB congeners are found together in environmental mixtures and are known to mediate toxicity by unique mechanisms, the relative contribution of dioxin-like PCBs to an individual health outcome can be difficult to determine. Therefore, evidence from epidemiologic studies of PCB exposure was retained only for results reported for specific dioxin-like congeners or in terms of TEOs.

Investigation of the pesticides used in greenhouses determined that greenhouse workers are not likely to be exposed to herbicides, particularly those of interest for VAO committee deliberations (Czarnota, 2004; Neal, 2006; University of Connecticut, 2006), so new citations for studies of such workers were not retained and previous results on such populations (Abell et al., 2000, on fertility; Hansen et al., 1992, on cancer in female workers) were retroactively excluded from the evidence database.

Roughly 300 citations contributed new information to this update. New evidence on each health outcome was reviewed in detail. The conclusions, however, are based on the accumulated

evidence, not just on recently published studies. If statistics have been generated on the same study population over time (as noted in Chapter 5), multiple entries for a given health outcome in the summary results tables of Chapters 6–9 correspond to successive updates, but only the most comprehensive version of the information on a given population is factored into the committee's conclusion on that outcome. Primary findings are the components of the evidence that the committee endeavors to integrate in drawing its conclusions; reanalyses, pooled analyses, reviews, and so on may be discussed in conjunction with primary results or in synthesis sections for a given health outcome, but they are not themselves part of the evidence dataset.

COMMITTEE'S APPROACH

The committee's general approach to the evaluation of scientific evidence is presented here. It corresponds very closely with the approached developed by the original committee as delineated in detail in Chapter 5 of *VAO*. The committee had three specific tasks: to determine whether there is a statistical association between exposure to the herbicides used in Vietnam and health outcomes, to determine the increase in risk of effects among Vietnam veterans, and to determine whether plausible biologic mechanisms provide support for a causal relationship with a given health outcome. This section discusses the committee's approach to each task.

Statistical Association

The issues in determining whether a statistical association exists are detailed in Chapter 5 of *VAO*. The committee found that the most relevant evidence came from epidemiologic studies—investigations in which large groups of people are studied to identify an association between exposure to a chemical of interest and the occurrence of particular health outcomes.

Epidemiologists estimate associations between exposure and outcome in a specific population or group by using such measures as relative risk, standardized mortality ratio, and odds ratio. Those measures indicate the magnitude of a difference in the rate of an outcome between two populations. For example, if the rate in an exposed population is twice the rate in a nonexposed population, the relative risk, or rate ratio, is 2. Similarly, if the odds of a health outcome are 1:20 in an exposed population but 1:100 in a nonexposed population, the odds ratio is 5. In this report, *relative risk* refers to the results of cohort studies, and *odds ratio* (an estimate of relative risk) usually refers to the results of case–control studies. (The results of cohort studies sometimes are reported with odds ratios, again to estimate relative risk.) An estimated relative risk greater than 1 indicates a positive association (that is, it is more likely that the outcome will be seen in exposed people than in nonexposed people), whereas a relative risk between zero and 1 indicates a negative or inverse association. A statistically significant association is one that would be unlikely to occur by chance (that is, if the null hypothesis is true).

Determining whether an estimated association between an exposure and an outcome represents a real relationship requires careful scrutiny because there can be more than one explanation for an estimate. *Bias* is a distortion of the measure of association that results from flawed selection in the assembly of the study population or from error in measurement of studied characteristics. *Confounding* is a distortion of the measure of association that results from failure

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to recognize or account for some other factor related both to exposure and to outcome. *Chance* is the degree to which an estimated association might vary randomly among different samples of the population studied. The width of a *confidence interval* is used to quantify the likely variability of an exposure–disease association; even when a relative risk or standardized mortality ratio exceeds 1, a conclusion regarding increased risk must be qualified when the confidence interval is wide. In drawing its conclusions, the committee examined the quantitative estimates of association and evaluated the potential influences of bias, confounding, and chance. In integrating the findings of various studies, the committee considered the degree of statistical significance associated with every estimated risk (a reflection of the magnitude of the observed effect and the power of the study designs) rather than simply tallying the "significant" and "nonsignificant" outcomes as dichotomous items of evidence. The committee also considered whether controlled laboratory investigations provide information supporting the biological plausibility of association of the compounds of interest with a given effect.

In pursuing the question of statistical association, the committee recognized that an absolute conclusion about the absence of association is unattainable. As in science generally, studies of health effects associated with herbicide exposure cannot demonstrate that a purported effect is impossible or could never occur, only that it is statistically improbable. Any instrument of observation, even the most excellent epidemiologic study, is limited in its resolving power. In a strict technical sense, therefore, the absence of an association between to even one chemical and a health outcome cannot proven. Convincingly demonstrating the lack of a particular effect for all five of the compounds of interest simultaneously would be a daunting effort, especially in light of the paucity of information concerning picloram and cacodylic acid. This committee, therefore, endorses the decision by the committee for *Update 2006* to reclassify several types of cancer that had been classified since *VAO* (1994) as having "suggestive evidence of *no* association" with "exposure to herbicides."

Interaction or synergism among the chemicals of interest or with other agents is another theoretical concern. The committee was not charged with attributing effects to specific chemicals of interest, and joint effects among them should be adequately identified by the committee's approach. The number of combinations of these chemicals with other agents that might be problematic is virtually infinite. Real-life experience, as investigated with epidemiologic studies, effectively integrates any results of exposure to a target substance over all other possibly detrimental or mitigating exposures that a population might have. It may not be possible to partition contributions of the chemicals of interest from those of all other factors quantitatively, but, to the extent that the possibility of confounding influences can be appraised, the committee will have achieved its objective.

Increased Risk in Vietnam Veterans

When all the available epidemiologic evidence has been evaluated, it is presumed that Vietnam veterans are at increased risk for a specific health outcome if there is evidence of a positive association between one or more of the chemicals of interest and the outcome. The best measure of potency for the quantification of risk to veterans would be the rate of the outcome in exposed Vietnam veterans compared with the rate in nonexposed veterans, adjusted for the degree to which any other factors that differ between exposed and nonexposed veterans might influence those rates. A dose–response relationship established in another human population

suitably adjusted for such factors would be similarly suitable.

It is difficult to quantify risk when exposures of a population have not been measured accurately. Recent serum TCDD concentrations are available only on subgroups enrolled in the Air Force Health Study (AFHS) (the Ranch Hand and Southeast Asia comparison subjects) and from VA's study of deployed and nondeployed members of the Army Chemical Corps. Pharmacokinetic models, with their own set of assumptions, must then be used to extrapolate back to obtain the most accurate estimates of original exposure available on Vietnam-era veterans. The absence of reliable measures of exposure to the chemicals of interest among Vietnam veterans limits the committee's ability to quantify risks of specific diseases in this population.

Although serum TCDD measurements are available for only a small portion of Vietnam-era veterans, the observed distributions of these most reliable measures of exposure make it clear that they cannot be used as a standard to partition veterans into discrete exposure groups, such as service on Vietnamese soil, service in the Blue Water Navy, and service elsewhere in Southeast Asia. For example, many TCDD values observed in the comparison group from the AFHS exceeded US background levels and overlapped considerably with those of the Ranch Hand subjects.

As explained in Chapter 1, the committee for *Update 2006* decided to make a general statement about its continuing inability to address that aspect of its charge quantitatively rather than reiterate a disclaimer in the concluding section for every health outcome, and this committee has retained that approach.

Plausible Biologic Mechanisms

Chapter 4 details the experimental basis of assessment of biologic plausibility or the extent to which an observed statistical association in epidemiologic studies is consistent with other biologic or medical knowledge. In other words, Does the observation of a particular health effect make sense on the basis of what is known about how the chemicals in question act at the tissue, cellular, or molecular level? The relationship between a particular exposure and a specific human health outcome is addressed in the context of research on the effects of the chemicals on biologic systems and of evidence from animal studies.

For this report, the committee reviewed toxicology studies that were published after *Update* 2006 (IOM, 2007) and considered them in combination with earlier studies in commenting on the biologic plausibility of individual health outcomes. In the current update, the practice of earlier reports in presenting the toxicologic evidence has been modified. Chapter 4 presents a more streamlined toxicity profile of each of the chemicals of interest without providing commentary on each possibly relevant article published in the update period. Experimental information pertinent to a particular health outcome is now presented immediately after the epidemiologic evidence on that outcome in the "Biologic Plausibility" sections of the individual health outcomes (Chapters 6–9).

A positive statistical association between an exposure and an outcome does not necessarily mean that the exposure is the cause of the outcome. Data from toxicology studies may support or refute a hypothesis that a specific compound can contribute to the occurrence of a particular disease. Many toxicology studies are conducted with laboratory animals so that variables,

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including the amount and duration of exposure, can be controlled precisely. Studies that use isolated cells in culture also can elucidate how a compound alters cellular processes. The objectives of those toxicology studies are to determine what toxic effects are observed at different exposure concentrations and to identify the mechanisms by which the effects are produced. Ultimately, the results of the toxicology studies should be consistent with what is known about the human disease process to support a conclusion that the development of the disease was influenced by an exposure.

That approach is not without shortcomings; for example, the dose of a chemical required to produce an effect in experimental animals is often many times higher than human exposures. (For TCDD, however, effects have been observed in animals whose body burdens are no more than 10-fold higher than the high end of those in the general population in the industrialized world.) Furthermore, animal and cell-culture models do not always accurately mimic human responses. When the epidemiologic evidence is strong, the absence of evidence of biologic plausibility from toxicology studies does not rule out the possibility that a biologic relationship exists. In fact, such cases often drive new toxicology research.

As noted in *VAO*, not only is information on biologic plausibility one of the primary elements in the widely accepted Bradford Hill (1965) criteria for causality but insights about biologic processes provide information as to whether an observed pattern of statistical association ought to be questioned as being attributable to error, bias, confounding, or chance, as is the charge of this committee. The committee used toxicologic information in that fashion and placed the information before its synthesis and conclusion to provide readers with a more coherent argument for its ultimate conclusion about the adequacy of the available evidence to support the existence of a particular association.

EVALUATION OF THE EVIDENCE

Associations between exposures to the chemicals of interest and specific health outcomes are determined through an analysis of available epidemiologic studies that is informed by an understanding of the toxicology of the chemicals and their exposure pathways. In reaching conclusions, Veterans and Agent Orange committees consider the nature of the exposures, the nature of the health outcomes, the populations exposed, and the quality of the evidence examined. Some specific issues that this and prior committees have considered are addressed below.

Human Studies

The committee reviewed studies of Vietnam veterans and of other populations that might have been exposed to the chemicals of interest. In light of the dispute regarding whether veterans who served in the "Blue Water Navy" during the Vietnam War should be presumed to have been exposed to the herbicides sprayed in Vietnam, the committee notes that, like prior VAO committees, it has considered data on such individuals to be a part of the evidentiary database on Vietnam veterans. The other populations factored into the committee's evaluation included cohorts of workers in chemical production and agriculture, populations that reside near sites of environmental contamination, and residents of Vietnam. The committee believes that studies of

such nonveteran subjects can help in the assessment of whether the chemicals of interest are associated with particular health outcomes, although (as noted above in describing the literature search) these studies were identified on the basis of the agents considered by the original researchers to be subjects of possible toxic exposure rather than on the basis of occupational definitions. Some of the studies, especially those of workers in chemical-production plants, provide stronger evidence about health outcomes than do studies of veterans because the industrial exposures were measured sooner after occurrence and were more thoroughly characterized than has been the case in most studies of veterans. Furthermore, in the studies of workers at chemical-production plants, the magnitude and duration of exposure to the chemicals were generally greater, so the likelihood that any possible health consequence would be manifested was greater. The studies were often large enough to examine health risks among groups of people with different levels of exposure, so dose-response relationships could be investigated. The general practice of VAO committees has been to evaluate all studies, whether or not their subjects were Vietnam veterans, according to the same criteria in determining the strength and validity of findings. Because the subjects of studies of Vietnam veterans are the concern of the legislation that mandated the present review, however, demonstrations of increased incidence of particular health outcomes among them are of unquestionable pertinence in drawing conclusions.

The committee has concluded that it would be inappropriate to use quantitative techniques, such as meta-analysis, to combine individual study results into a single summary measure of statistical association. The committee reached that conclusion because of the many differences among studies in definitions of exposure, health outcomes considered, criteria for defining study populations, correction for confounding factors, and degree of detail in reporting results. The appropriate use of meta-analysis requires more methodologic consistency among studies, especially in the definition of exposure, than is present in the literature reviewed by the committee (Egger et al., 2002; Petitti, 2000). A detailed discussion of the results of individual studies in appropriate categories (Vietnam veterans, occupational, or environmental; exposure to Agent Orange or equivalent dioxin-contaminated phenoxy herbicides, to dioxin, to phenoxy herbicides without dioxin contamination, to cacodylic acid, or to picloram) with a thorough examination of each study's strengths and weaknesses is fully informative without making unfounded assumptions of homogeneity.

In general, the committee did not consider case reports, case series, or other published studies that lacked control or comparison groups. An exception was made, however, for early-onset transient peripheral neuropathy. Individual case reports were reviewed because the rapid appearance and transient nature of the condition impose methodologic constraints that might have precluded the application of standard epidemiologic techniques.

Because any effect of Agent Orange in individuals or groups of veterans is evaluated in terms of disease or medical outcome, attention to disease classification was important to the committee in assembling pertinent data related to a particular outcome from various investigations before integrating the information. The researchers who conducted the studies reviewed by the committee faced the same challenge in interpreting the available documentation when assigning diagnostic labels to given subjects and then grouping the labels for analysis.

Pathologists, clinicians, and epidemiologists use several classification systems, including the *International Classification of Diseases (ICD)*, the *International Classification of Diseases, 9th Revision, Clinical Modification*, and the *International Classification of Diseases for Oncology*. The 10th revision of *ICD* (ICD-10) is currently used to classify mortality information. Most of

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the subjects investigated in the studies cited in this update were diagnosed under earlier systems, and most of the articles report results in accordance with *ICD-9* if they use *ICD* codes at all, so the committee has also used *ICD-9*. *ICD* codes are a hierarchic system for indicating type of disease and site. For example, *ICD-9* 162 specifies cancers of the lung, trachea, or bronchus; 162.2 specifies cancer of the main bronchus; 162.3, cancer of the upper lobe of the lung; and 162.4, cancer of the middle lobe of the lung).

For a patient to receive a correct diagnosis, careful staging of the extent of disease is necessary, and a biopsy of the tissue must be analyzed with microscopy, often with special immunohistochemical stains, to confirm a clinical impression. Many of the epidemiologic studies reviewed by this committee did not use the *ICD* approach to classification of disease and relied instead on clinical impression alone. Death-certificate diagnoses are notoriously inaccurate if the certificates are completed by medical officers who are not familiar with the decedents' medical history (Smith Sehdev and Hutchins, 2001). Self-reported diagnoses, which are obtained from survey questionnaires, often are partially or completely inaccurate; for instance, a patient may report having been treated for stomach cancer although the correct diagnosis was gastric adenocarcinoma, gastric lymphoma, pancreatic cancer, large bowel cancer, or peritoneal cancer.

Many epidemiologic studies report disease outcome by organ system. For instance, the term *digestive system* may be used for conditions that are benign or malignant and that affect the esophagus, stomach, liver, pancreas, small bowel, large bowel, or rectum. Therefore, if a report indicated that a cohort has an increased incidence of digestive system cancer, it would be unclear whether the association was attributable to excess cases of esophageal, gastric, hepatic, pancreatic, or intestinal cancers or to some combination. Such generalization is complicated by the fact that the cause of cancer may differ at various anatomic sites. For instance, there are strong associations between gastric cancer and *Helicobacter pylori* infection, between smoking and squamous cell carcinoma of the esophagus, and between chronic hepatitis B infection and hepatic cancer. Furthermore, a single site may experience a carcinogenic response to multiple agents.

The committee recognizes that outcome misclassification is a possibility when recording of a diagnosis with a specific *ICD* code is used as the means of entering an observation into an analysis, but this system has been refined over many decades and is virtually universally used and understood, in addition to being exhaustive and explicit. Therefore, this and previous VAO committees have opted to use the *ICD* system as an organizing tool. Although the groupings of cancer sites for which conclusions about association have been presented may correspond more closely to National Institute for Occupational Safety and Health or National Cancer Institute Surveillance Epidemiology and End Results categories (see Appendix B), the underlying *ICD* codes provide the most exactitude. In this report, *ICD* codes appear almost exclusively in the introductory sections of health-outcome discussions (particularly for cancers) to specify precisely what outcome the committee is addressing and, when possible, in the results table to indicate exactly what the primary researchers believed they were investigating. (See Appendix B for cancer groupings with corresponding *ICD-9* and *ICD-10* codes.)

For *Update 2006*, VA made two specific requests. First, the committee was asked to consider whether the occurrence of hairy cell leukemia should be regarded as associated with exposure to the herbicides used by the military in Vietnam. Second, the committee was asked to comment on whether effects of veterans' herbicide exposures might be manifested at later stages of their children's development than have been systematically evaluated to date or in later generations and on the feasibility of assessing such effects. Those requests are addressed in Chapters 6 and 7,

respectively.

Rare diseases, such as hairy cell leukemia and tonsil cancer, are difficult to study because it is hard to accumulate enough cases to permit analysis. Often, the result is that observed cases are included in a broader, less specific category. Thus, epidemiologic data may not be available for assessing whether a particular rare disease is associated with Agent Orange exposure. In some instances, as for chronic lymphocytic leukemia and AL amyloidosis, VAO committees have reached conclusions on the basis of the data available and the etiology of the disease. Through systematic application of the hierarchic nature of the *ICD* coding system, committees intend to draw an explicit conclusion for every type of cancer about the adequacy of available evidence to support an association between herbicide exposure and each type of cancer. For nonmalignant conditions, however, the diversity of disease processes involved makes the use of broad *ICD* ranges less useful, but, because VAO committees could not possibly address every rare nonmalignant disease, they do not draw explicit conclusions about diseases that are not discussed. Thus, the category of "inadequate or insufficient evidence to determine an association" is the default or starting point for any health outcome; if a condition or outcome is not addressed specifically, it will be in this category.

The committee is aware of the concerns of some veterans about the role of herbicide exposure in the occurrence of multiple health outcomes, such as multiple cancers, in a given person. Little research has been done to address whether the rate of concurrence is greater than would be expected by chance. Simultaneous analysis of multiple health outcomes could potentially provide more insight into whether the chemicals of interest cause multiple health effects, into competing risks between various health outcomes, and into the interactive effects of some health outcomes on others; but addressing health conditions individually has remained challenging.

VAO committees wanted to be clear in indicating what evidence is factored into their conclusions. The practice in the VAO reports has been to augment the results table for a given health outcome with any additional publications considered in the current update in the categories of Vietnam-veteran, occupational, or environmental studies. Inclusion of sequential sets of results from follow-ups of a study population has the potential to create the appearance of a greater weight of evidence than is warranted, so since *Update 2006* an italicized citation in a table indicates that its results have been superseded.

An issue related to evidence evaluation that was of concern for the *Update 2006* committee was the evidence category of "*no* association". That committee determined that a conclusion of *no* association would require substantive evidence of such a lack of effect of each of the chemicals of interest. Given the paucity of information that has ever been found on cacodylic acid and picloram, that conclusion would seem suspect even if substantial evidence uniformly supported a finding of *no* association both with exposure to the phenoxy herbicides and with exposure to TCDD. The current committee concurs with that determination and has adopted a similar approach to the placement of health outcomes in this category.

Exposure Assessment

Much of the evidence that VAO committees have considered has been drawn from studies of populations that were not in Vietnam during the period when Agent Orange and other herbicides

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were used as defoliants. The most informative of those studies were well-documented investigations of occupational exposures to TCDD or specific herbicides, such as 2,4-D or 2,4,5-T. In many other studies, TCDD exposure was combined with exposures to an array of "dioxin-like" compounds, and the herbicides were often analyzed as members of a functional class; this is less informative for the committee's purpose than individual results on each specific compound. In the real-world situations investigated in epidemiologic studies, exposure to multiple possibly toxic chemicals is the rule rather than the exception; for example, farmers or other agricultural populations are likely to be exposed to insecticides and fungicides and to herbicides. In such studies, the committee looked for evidence of health effects that are associated with the specific compounds in the defoliants used in Vietnam and also sought consideration of and adjustment for other possibly confounding exposures.

The quality of exposure information in the scientific literature reviewed by this and previous committees spans a broad range. Some studies relied on interviews or questionnaires to determine the extent and frequency of exposure. Such self-reported information generally carries less weight than would more objective measures of exposure. To the extent that questionnairebased information can be corroborated or validated by other sources, its strength as evidence of exposure is enhanced. Written records of chemical purchase or production can provide one type of objective information. Even more useful are scientific measurements of exposure. In some occupational studies, for example, workers wear air-sampling instruments that measure the concentration of a contaminant in each worker's breathing zone. Measurement of chemicals or their products in biologic specimens, such as blood and urine, also can provide reliable indications of exposure for specific periods. Studies that categorize exposure from welldocumented environmental sources of contaminants can be useful in the identification of exposed populations, but their results may be inaccurate if people with different levels of exposure are assigned to the same general category of exposure. Studies that explore environmental exposure and disease frequency in populations (such as states and counties) are known as ecologic studies. Although ecologic studies vary in their ability to link an exposure to a health outcome specifically, most are considered preliminary or "hypothesis-generating" studies because they lack information on exposure and disease on an individual basis and are unable to address potential confounding factors.

Chapter 3 of this update addresses issues of exposure estimation in more detail. The agent of interest may be assessed with various degrees of specificity. For instance, any of the four herbicides in question could be individually measured, and phenoxy herbicides would be a useful broader category for 2,4,5-T and 2,4-D; but a report of findings in terms simply of "herbicides" is on the margin of being informative, whereas results stated in terms of "pesticides" are too vague to be useful. For a given chemical of interest, the measure of exposure may be increasingly imprecise—for example, concentrations in target tissue, serum concentrations, cumulative exposure, possible exposure, and so on down to merely a report of service in a job or industry category. Those approaches can address complexities in specificity, duration, and intensity of exposure with various degrees of success. All may provide some information about association with a chemical of interest, but this committee has determined that investigation of associations between the exposure of concern and most health outcomes has advanced to the stage where some characterizations of exposure are too nonspecific to promote insight. For health outcomes with very little evidence, a somewhat looser criterion would apply so that no possible signal of an association would be overlooked.

Animal and Mechanistic Studies

Animal models used as surrogates for the study of a human disease must reproduce, with some degree of fidelity, the manifestations of the disease in humans. However, a given effect of herbicide exposure in an animal species does not necessarily establish its occurrence in humans. In addition to possible species differences, many factors affect the ability to extrapolate from results of animal studies to health effects in humans. Animals used in experimental studies are most often exposed to purified chemicals, not to mixtures. Even if herbicide formulations or mixtures are used, the conditions of exposure might not realistically reproduce exposures that occur in the field. Furthermore, Vietnam veterans were probably exposed to other agents—such as tobacco smoke, insecticides, therapeutics, drugs, diesel fumes, and alcohol—that may increase or decrease the ability of chemicals in herbicides to produce a particular adverse health outcome. Few, if any, studies either in humans or in experimental animals have examined those interactions.

As discussed in Chapter 4, TCDD, a contaminant of 2,4,5-T, is thought to be responsible for many of the toxic effects of the herbicides used in Vietnam. Attempts to establish correlations in the effects of TCDD between experimental systems and humans are particularly problematic because of known species-, sex-, and outcome-specific differences in susceptibility to TCDD toxicity. Some data indicate that humans might be more resistant than are other species to TCDD's toxic effects (Ema et al., 1994; Moriguchi et al., 2003); other data suggest that, for some outcomes, human sensitivity could be the same as or greater than that of some experimental animals (DeVito et al., 1995). Differences in susceptibility may also be affected by variations in the rate at which TCDD is eliminated from the body (see Chapter 4 for details on the toxicokinetics of TCDD).

It also is important to account for TCDD's mode of action in considering species and strain differences. There is a consensus that most of or all the toxic effects of TCDD involve interaction with the aryl hydrocarbon receptor (AHR), a protein that binds TCDD and other aromatic hydrocarbons with high affinity. Formation of an active complex involving the intracellular receptor, the ligand (the TCDD molecule), and other proteins is followed by interaction of the activated complex with specific sites on DNA. That interaction can alter the expression of genes involved in the regulation of cellular processes. The development of mice that lack the AHR has helped to establish a definitive association between the AHR and TCDD-mediated toxicity. The affinity of TCDD for the AHR is species- and strain-specific, and responses to binding of the receptor vary among cell types and developmental stages. In addition, genetic differences in the properties of the AHR are known in human populations, as they are in laboratory animals, so some people are at intrinsically greater or less risk for the toxic effects of TCDD.

Although studying AHR biology in transformed human cell lines minimizes the inherent error associated with species extrapolations, caution must be exercised because it is still not clear to what extent toxicity is affected by the transformation itself or by the conditions under which cell lines are cultured in vitro.

Publication Bias

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Some studies are more likely to be published than others. That is the concept of publication bias, which has been documented in biomedical research (Song et al., 2000; Stern and Simes, 1997). Most commonly, bias can be introduced when studies whose hypotheses are supported by statistically significant results or that are otherwise deemed favorable by their authors are selectively submitted for publication. Conversely, "negative" studies, in which the hypotheses being tested are not supported by the study findings, often go unpublished. Therefore, conclusions about associations between exposure and outcome that are based solely on published results could be subject to bias. Despite that, the committee does not believe that its conclusions have been unduly affected by publication bias, for two reasons: the extensive publicity surrounding the possibility of health effects associated with the herbicides used in Vietnam has created considerable pressure to publish all findings on the subject, and the many published studies assembled and reviewed contain among their results the full range of possible statistical associations, from convincingly negative through indeterminate to strongly positive.

Role of Judgment

This committee's process of reaching conclusions about statistical associations involved more than a formulaic application of quantitative procedures to the assembled evidence. First, the committee had to assess the relevance and validity of individual reports. Then, it had to evaluate the possible influences of measurement error, selection bias, confounding, and chance on the reported results. Next, the committee integrated all the evidence within and among diverse fields of research. Finally, the conclusions drawn were based on consensus within the committee. Those aspects of the committee's review required thoughtful consideration of alternative approaches at several points and could not be accomplished by adherence to a narrowly prescribed formula.

The realized approach, as described here, has been determined to a large extent by the nature of the exposures, of the health outcomes, and of the resulting evidence available for examination; therefore, it has evolved in the course of the work of this and previous VAO committees. The quantitative and qualitative procedures underlying this review have been made as explicit as possible, but ultimately the conclusions about association expressed in this report are based on the committee's collective judgment. The committee has endeavored to express its judgments as clearly and precisely as the data allowed.

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¹Throughout the report the same alphabetic indicator following year of publication is used consistently for the same article when there were multiple citations by the same first author in a given year. The convention of assigning the alphabetic indicator in order of citation in a given chapter is not followed.

3

EXPOSURE TO THE HERBICIDES USED IN VIETNAM

Assessment of human exposure is a key element in addressing two of the charges that guide the work of this committee. This chapter first presents background information on the military use of herbicides in Vietnam from 1961 to 1971 with a review of our knowledge of exposures of those who served in Vietnam and of the Vietnamese population to the herbicides and to the contaminant 2,3,7,8-tetrachlorodibenzo-*p*-dioxin (TCDD). It then reviews several key methodologic issues in human population studies, namely, disease latency, possible misclassification based on exposure, and exposure specificity required for scientific evaluation of studies.

Exposure of human populations can be assessed in a number of ways, including use of historical information, questionnaires and interviews, measurements in environmental media, and measurements in biologic specimens. Researchers often rely on a mixture of qualitative and quantitative information to derive estimates (Armstrong et al., 1994; Checkoway et al., 2004). The most basic approach compares members of a presumably exposed group with the general population or with a nonexposed group. That method of classification offers simplicity and ease of interpretation. A more refined method assigns each study subject to an exposure category, such as high, medium, or low exposure. Disease risk for each group is calculated separately and compared with a reference or nonexposed group. That method can identify the presence or absence of an exposure-response trend. In some cases, more detailed information is available for quantitative exposure estimates, and these can be used to construct what are sometimes called exposure metrics. The metrics integrate quantitative estimates of exposure intensity (such as chemical concentration in air or extent of skin contact) with exposure duration to produce an estimate of cumulative exposure. Exposure also can be assessed by measuring chemicals and their metabolites in human tissues. Such biologic markers of exposure integrate absorption from all routes, and their interpretation requires knowledge of pharmacokinetic processes. All those approaches have been used in studies of Vietnam veterans.

MILITARY USE OF HERBICIDES IN VIETNAM

Military use of herbicides in Vietnam took place from 1962 through 1971. Selection of the specific herbicides to be used was based on tests conducted in the United States and elsewhere that were designed to evaluate their defoliation efficacy (IOM, 1994; Young and Newton, 2004). Four compounds were used in the herbicide formulations in Vietnam: 2,4-dichlorophenoxyacetic acid (2,4-D), 2,4,5-trichlorophenoxyacetic acid (2,4,5-T), 4-amino-3,5,6-trichloro-2-pyridinecarboxylic acid (picloram), and dimethylarsinic acid (cacodylic acid). The chemical

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structures of those compounds are presented in Chapter 2 (Figure 2-1). The herbicides were used to defoliate inland hardwood forests, coastal mangrove forests, cultivated land, and zones around military bases. In 1974, a National Academy of Sciences committee estimated the amount of herbicides sprayed from helicopters and other aircraft by using records gathered from August 1965 through February 1971 (NAS, 1974). That committee calculated that about 18 million gallons (about 68 million liters) of herbicide were sprayed over about 3.6 million acres (about 1.5 million hectares) in Vietnam in that period. The amount of herbicides sprayed on the ground to defoliate the perimeters of base camps and fire bases and the amount sprayed by Navy boats along river banks were not estimated.

A new analysis of spray activities and exposure potential of troops emerged from a recent study overseen by a committee of the Institute of Medicine (IOM) (IOM, 1997, 2003a,b). That work yielded new estimates of the use of military herbicides in Vietnam from 1961 through 1971 (Stellman et al., 2003a). The investigators reanalyzed the original data sources that were used to develop herbicide-use estimates in the 1970s and identified errors that inappropriately removed spraying missions from the dataset. They also added new data on spraying missions that took place before 1965. Finally, a comparison of procurement records with spraying records indicated errors in both types and suggested that additional spraying had taken place but gone unrecorded at the time.

The new analyses led to a revision in estimates of the amounts of the agents applied, as indicated in Table 3-1. The new research effort estimated that about 77 million liters were applied, about 9 million liters more than the previous estimate.

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				Amount Sprayed	
Code Name	Chemical Constituents ^{<i>a</i>}	Concentration of Active Ingredient ^{<i>a</i>}	Years Used ^a	VAO Estimate ^b	Revised Estimate ^a
Pink	60%–40% <i>n</i> -butyl– isobutyl ester of 2,4,5-T	961–1,081 g/L acid equivalent	1961, 1965	464,817 L (122,792 gal)	50,312 L sprayed; 413,852 L additional on procurement records
Green	<i>n</i> -butyl ester of 2,4,5-T		1961, 1965	31,071 L (8,208 gal)	31,026 L on procurement records
Purple	50% <i>n</i> -butyl ester of 2,4- D, 30% <i>n</i> -butyl ester of 2,4,5-T, 20% isobutyl ester of 2,4,5-T	1,033 g/L acid equivalent	1962–1965	548,883 L (145,000 gal)	1,892,733 L
Orange	50% <i>n</i> -butyl ester of 2,4- D, 50% <i>n</i> -butyl ester of 2,4,5-T	1,033 g/L acid equivalent	1965–1970	42,629,013 L (11,261,429 gal)	45,677,937 L (could include Agent Orange II)
Orange II	50% <i>n</i> -butyl ester of 2,4- D, 50% isooctyl ester of 2,4,5-T	910 g/L acid equivalent	After 1968 (?)	_	Unknown; at least 3,591,000 L shipped
White	Acid weight basis: 21.2% triisopropanolamine salts of 2,4-D, 5.7% picloram	By acid weight, 240 g/L 2,4-D, 65 g/L picloram	1966—1971	19,860,108 L (5,246,502 gal)	20,556,525 L
Blue powder	Cacodylic acid (dimethylarsinic acid) sodium cacodylate	Acid, 65% active ingredient; salt, 70% active ingredient	1962–1964		25,650 L
Blue aqueous solution	21% sodium cacodylate + cacodylic acid to yield at least 26% total acid equivalent by weight	Acid weight, 360 g/L	1964–1971	4,255,952 L (1,124,307 gal)	4,715,731 L
Total, all formulations				67,789,844 L (17,908,238 gal)	76,954,766 L (including procured)

TABLE 3–1 Military Use of Herbicides in Vietnam (1961–1971)

^{*a*} Based on Stellman et al. (2003a)

^bBased on data from MRI (1967), NAS (1974), and Young and Reggiani (1988).

Herbicides were identified by the color of a band on 55-gal containers and were called Agents Pink, Green, Purple, Orange, White, and Blue. Agent Green and Agent Pink were used in 1961 and 1965, and Agent Purple in 1962–1965. Agent Orange was used in 1965–1970, and a slightly different formulation (Agent Orange II) probably was used after 1968. Agent White was used in 1966–1971. Agent Blue was used in powder form in 1962–1964 and as a liquid in 1964–1971. Agents Pink, Green, Purple, Orange, and Orange II all contained 2,4,5-T and were contaminated to some extent with TCDD. Agent White contained 2,4-D and picloram. Agent Blue (powder and liquid) contained cacodylic acid. The chlorinated phenoxy acids 2,4-D and 2,4,5-T persist in soil for only a few weeks; picloram is much more stable, persisting in soil for years; and cacodylic acid is nonvolatile and stable in sunlight (NAS, 1974). More details on the

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herbicides used are presented in the initial National Academy of Sciences report (NAS, 1974) and the initial *VAO* report (IOM, 1994).

Figure 3-1 TCDD Formation During 2,4,5-T Production



a. Trichlorophenol, the precursor for the synthesis of 2,4,5-T, is formed by the reaction of tetrachlorobenzene and sodium hydroxide (NaOH).



b. The herbicide 2,4,5-T is formed when a reactive form of trichlorophenol (2,4,5-trichlorophenoxide) reacts with chloroacetic acid.



c. TCDD is formed when a molecule of trichlorophenol reacts with its own precursor, tetrachlorobenzene. Two intermediate steps are shown in this diagram. At each step, an oxygen–carbon bond forms as a chlorine atom is released. This reaction does not occur in the synthesis of 2,4-D, because these precursors with adjacent chlorines are not used in its production.

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TCDD IN HERBICIDES USED IN VIETNAM

TCDD is formed during the manufacture of 2,4,5-T in the following manner: trichlorophenol (2,4,5-TCP), the precursor for the synthesis of 2,4,5-T, is formed by the reaction of tetrachlorobenzene and sodium hydroxide (Figure 3-1a); 2,4,5-T is formed when 2,4,5-TCP reacts with chloroacetic acid (Figure 3-1b); small amounts of TCDD are formed as a byproduct of the intended main reaction (Figure 3-1b) when a molecule of 2,4,5-TCP reacts with the tetrachlorobenzene stock (Figure 3-1c) instead of with chloroacetic acid. For each step in the reaction, a chlorine atom is replaced with an oxygen atom, and this leads to the final TCDD molecule (NAS, 1974). In the class of compounds known as polychlorinated dibenzo-*p*-dioxins (PCDDs), 75 congeners can occur, depending on the number and placement of the chlorines. Cochrane et al. (1982) noted that TCDD had been found in pre-1970 samples of 2,4,5-TCP. Other PCDDs—2,7-dichloro-dibenzo-*p*-dioxin and 1,3,6,8-tetrachloro-dibenzo-*p*-dioxin—were measured in the same samples. The concentration of TCDD in any given lot of 2,4,5-T depended on the manufacturing process (Young et al., 1976; FAO/UNEP, 2009).

The manufacture of 2,4-D is based on a different process. Its synthesis is based on dichlorophenol, a molecule formed from the reaction of phenol with chlorine (NZIC, 2009). Neither tetrachlorobenzene nor trichlorophenol is formed during this reaction, so TCDD is not normally a byproduct of the synthetic process. However, other, less toxic PCDDs have been detected in pre-1970 commercial-grade 2,4-D (Cochrane et al., 1982; Rappe et al., 1978; Tosine, 1983). Cochrane et al. (1982) found multiple PCDDs in isooctyl ester, mixed butyl ester, and dimethylamine salt samples of 2,4-D. It has also been noted that cross-contamination of 2,4-D by 2,3,7,8-TCDD occurred in the operations of at least one major manufacturer (Lilienfeld and Gallo 1989).

TCDD concentrations in individual herbicide shipments were not recorded but were known to vary from batch to batch and between manufacturers. TCDD concentrations in stocks of Agent Orange remaining after the conflict, which either had been returned from South Vietnam or had been procured but not shipped, ranged from less than 0.05 ppm to almost 50 ppm and averaged 2–3 ppm in two sets of samples (NAS, 1974; Young et al., 1978). Comparable manufacturing standards for the domestic use of 2,4,5-T in 1974 required that TCDD not be present at over 0.05 ppm (NAS, 1974).

Until recently, data from Young and Gough have been used to estimate the amount of TCDD in the various herbicide formulations (Gough, 1986; Young, 1992; Young et al., 1978). Young et al. (1978) estimated that Agents Green, Pink, and Purple—used early in the program (through 1965)—contained 16 times the mean TCDD content of the formulations used in 1965–1970, whereas mean TCDD concentrations in Agents Pink and Green were estimated at 66 ppm. Gough (1986) estimated that about 167 kg of TCDD was sprayed in Vietnam over a 6-year period.

A new analysis by researchers at Columbia University benefited from access to military spray records that had not been available earlier and has resulted in substantial revisions of the estimates (Stellman et al., 2003a). The investigators were able to incorporate newly found data on spraying in the early period of the war (1961–1965) and to document that larger volumes of TCDD-containing herbicides were used in Vietnam than had been estimated previously. They also found that the earlier estimates of TCDD contamination in the herbicide formulations were too low, noting that the original estimates were based on samples at the lower end of the distribution of concentration values. They concluded that mean TCDD concentrations in Agent Orange were closer to 13 ppm than to the earlier estimates of 3 ppm. They therefore proposed

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366 kg of TCDD as a plausible estimate of the total amount of TCDD applied in Vietnam during 1961–1971.

EXPOSURE OF VIETNAM VETERANS

Determination of exposure among US military personnel who served in Vietnam has been a great challenge in the study of health effects associated with herbicides and TCDD. Some military personnel stationed in cities or on large bases may have received little or no herbicide exposures, whereas troops who moved through defoliated areas soon after treatment may have been exposed through soil contact, drinking water, or bathing. Reliable estimates of the magnitude and duration of such exposures are not possible in most cases, given the lack of contemporaneous chemical measurements and the lack of records of individual behaviors. In accord with Congress's mandated presumption of herbicide exposure for all Vietnam veterans, VAO committees have treated Vietnam-veteran status as a proxy for some herbicide exposure when no more specific exposure information is available.

Exposure of Herbicide Handlers

Military personnel who came into direct contact with the herbicidal compounds through mixing, loading, spraying, and clean-up activities had relatively high exposures to herbicides. The US Environmental Protection Agency refers to such personnel as pesticide handlers and provides special guidance for preventing or minimizing their exposure during those activities in its worker protection standard for pesticides (EPA, 1992). The number of US military personnel who handled herbicides directly is not known precisely, but two groups have been identified as high-risk subpopulations among veterans: Air Force personnel involved in fixed-wing aircraft spraying activities (often referred to as Operation Ranch Hand), and members of the US Army Chemical Corps (ACC) who used hand-operated equipment and helicopters to conduct smallerscale operations, including defoliation around special-forces camps; clearing of the perimeters of airfields, depots, and other bases; and small-scale crop destruction (NRC, 1980; Thomas and Kang, 1990; Warren, 1968). Additional units and individuals handled or sprayed herbicides around bases or lines of communication; for example, Navy river patrols were reported to have used herbicides to clear inland waterways, and engineering personnel used herbicides to remove underbrush and dense growth in constructing fire-support bases. However, they have not been the subject of epidemiologic studies. The herbicides used in Vietnam were not considered to present an important human health hazard at that time, so few precautions were taken to prevent exposure of personnel (GAO, 1978; 1979); that is, military personnel did not typically use chemical-protective gloves, coveralls, or protective aprons, so substantial skin exposure almost certainly occurred in these populations in addition to exposure by inhalation and incidental ingestion (such as by hand-to-mouth contact).

The Air Force personnel who participated in Operation Ranch Hand were the first Vietnamveteran subpopulation to receive special attention with regard to herbicide exposure. In the Air Force Health Study (AFHS), the members of this Ranch Hand cohort were contrasted with Air Force personnel who had served elsewhere in Southeast Asia during the Vietnam era. The AFHS began in 1979 (IOM, 2006). The exposure index initially proposed in it relied on military spray records for the TCDD-containing herbicides (Agents Orange, Purple, Pink, Green) and helped to

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identify the members of the cohort. The subjects were further characterized by military occupation, and exposure in the cohort and comparison group was evaluated through measurement of TCDD in blood (serum) samples drawn in 1987 or later. A general increase in serum TCDD was detected in people whose jobs involved more frequent handling of herbicides, but there was no clear demarcation between the distributions of serum concentrations in the Ranch Hand subjects and in the comparison group (AFHS, 1991). Several methods for estimating herbicide exposure of members of the cohort were developed on the basis of questionnaires and focused on such factors as number of days of skin exposure, percentage of skin area exposed, and the concentration of TCDD in the different herbicidal formulations (Michalek et al., 1995). Most recent analyses of the AFHS data have relied on serum TCDD concentration as the primary exposure metric for epidemiologic classification (Kern et al., 2004; Michalek et al., 2001; 2003; Pavuk et al., 2003). The IOM has issued a comprehensive review of the AFHS with recommendations for the use of the extensive data collected in the project (IOM, 2006).

Members of the ACC performed chemical operations on the ground and by helicopter and were thereby involved in the direct handling and distribution of herbicides in Vietnam. They were identified for detailed study of health effects related to herbicide exposure only in the late 1980s (Thomas and Kang, 1990). An initial feasibility study recruited Vietnam veterans and non–deployed Vietnam-era veterans from within the ACC (Kang et al., 2001). Blood samples collected in 1996 from 50 Vietnam veterans showed an association between those who reported spraying herbicides and higher TCDD concentrations; this finding was confirmed in a follow-up study of a larger fraction of the cohort (Kang et al. 2006).

Exposure of Ground Troops

In light of the widespread use of herbicides in Vietnam for many years, it is reasonable to assume that many military personnel were inadvertently exposed to the chemicals of concern. Surveys of Vietnam veterans who were not part of the Ranch Hand or ACC groups have indicated that 25–55% believe that they were exposed to herbicides (CDC, 1989a). That view has been supported by government reports (GAO, 1979) and reiterated by veterans and their representatives in testimony to the VAO committees over the last several years.

Numerous attempts were made in the 1980s to characterize herbicide exposures of people who served as ground troops in Vietnam (NRC, 1982; Erickson et al., 1984; CDC, 1988; Stellman and Stellman, 1986; Stellman et al., 1988). The efforts combined self-reported contact with herbicides or military service records with aerial-spray data to produce an "exposure opportunity" index. For example, Erickson et al. (1984) created five exposure categories based on military records to examine the risks of birth defects among the offspring of veterans. Those studies were conducted carefully and provided reasonable estimates based on available data, but no means of testing the validity of the estimates were available at the time.

The search for a validation method led to the development of exposure biomarkers in veterans. Initial studies measured concentrations of dioxin in adipose tissue of veterans (Gross et al., 1984; Schecter et al., 1987). A study sponsored by the New Jersey Agent Orange Commission was the first to link dioxin concentrations in adipose tissue to dioxin concentrations in blood (Kahn et al., 1988). At the same time, the Center for Disease Control undertook what came to be called the Agent Orange Validation Study, measuring TCDD in the serum portion of blood from a relatively large sample of Vietnam veterans and veterans who served elsewhere

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during the Vietnam era (CDC, 1989b). The study did not find a significant difference in TCDD serum concentrations among the groups. A review of a preliminary report of the work by an advisory panel established through IOM concluded that the long lag between exposure and the serum measurements (about 20 years) called into question the accuracy of exposure classification based on serum concentrations. The panel concluded that estimates based on troop locations and herbicide-spraying activities might be more reliable indicators of exposure serum measurements (IOM, 1987).

The report of the *VAO* committee (IOM, 1994) proposed further work on exposure reconstruction and development of a model that could be used to categorize exposures of ground troops. The committee cautioned that serum TCDD measurements not be regarded as a "gold standard" for exposure, that is, as a fully accurate measure of herbicide exposure. Recent efforts to develop exposure-reconstruction models for US Vietnam veterans are discussed later in this chapter.

One other effort to reconstruct exposure has been reported by researchers in the Republic of Korea (Kim et al., 2001, 2003). They developed an exposure index for Korean military personnel who served in Vietnam. The exposure index was based on herbicide-spray patterns in military regions in which Korean personnel served during 1964–1973, time–location data on the military units stationed in Vietnam, and an exposure score derived from self-reported activities during service. The researchers were not successful in an attempt to validate their exposure index with serum dioxin measurements.

Exposure of Personnel Who Had Offshore Vietnam Service

US Navy riverine units are known to have used herbicides while patrolling inland waterways (Zumwalt, 1993; IOM, 1994), and it is generally acknowledged that estuarine waters became contaminated with herbicides and dioxin as a result of shoreline spraying and runoff from spraying on land. Thus, military personnel who did not serve on land were among those exposed to the chemicals during the Vietnam conflict. A particular concern for the personnel has been possible contamination of drinking water. Most vessels serving offshore but within the territorial limits of the Republic of Vietnam converted seawater to drinking water through distillation.

Higher than expected mortality among Royal Australian Navy Vietnam veterans prompted a study of potable-water contamination on ships offshore during the Vietnam conflict (Mueller et al., 2001, 2002). Specifically, the study investigated the potential for naval personnel to ingest TCDD and cacodylic acid in drinking water. The study focused on the evaporative distillation process that was used to produce potable water from surrounding estuarine waters. The study found that codistillation of dioxins was observable in all experiments conducted and that distillation increased the concentration of dioxins in the distillate compared with the concentration in the source water. The study also found that dimethylarsenic acid did not codistill to a great extent during evaporation and concluded that drinking water on ships was unlikely to have been contaminated with this herbicide. In a follow-up discussion of the study with its authors, it was noted that vessels would take up water for distillation as close to shore as possible to minimize salt content (Wells, 2006). On the basis of that study and other evidence, the Australian Department of Veterans Affairs determined that Royal Australian Navy personnel who served offshore were exposed to dioxins that resulted from herbicide spraying in Vietnam even if they did not go ashore during their tour of duty (ADVA, 2005).

The current committee engaged Steven Hawthorne as a consultant to review the Mueller et

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al. (2002) publication and to comment generally on the ability of organic compounds to codistill during the production of potable water. Hawthorne is an environmental chemist at the University of North Dakota's Energy and Environmental Research Center and has specific expertise in the study of organic emissions from water (Hawthorne et al., 1985). He affirmed the findings of the Australian study, citing Henry's law for an explanation of how contaminants with low water solubility would evaporate from water and noting that the distillation process would enhance the process by adding heat and reducing pressure (Hawthorne, 2008). No measurements of dioxin concentrations in seawater were collected during the Vietnam conflict, so it is not possible to ascertain the extent to which drinking water on US vessels may have been contaminated through distillation processes. However, it seems likely that vessels with such distillation processes that traveled near land or even at some distance from river deltas would periodically collect water that contained dioxin. Thus, a presumption of exposure of military personnel serving on those vessels is not unreasonable.

In its charge to the original *VAO* committee, the Department of Veterans Affairs asked the committee to include military personnel who served in inland waterways, offshore of the Republic of Vietnam, and in the airspace above the Republic of Vietnam. A presumption of exposure to Agent Orange and other herbicides used as defoliants applied to each of those groups as well as to those who served on land. In light of the findings of the Australian study regarding potential drinking-water contamination and those serving offshore, the presumption seems well founded.

EXPOSURE OF THE VIETNAMESE POPULATION

Studies of exposure to herbicides among the residents of South Vietnam have compared nonexposed residents of the South with residents of the North (Constable and Hatch, 1985). Other studies have attempted to identify wives of veterans of North Vietnam who served in South Vietnam. Records of herbicide spraying have been used to refine exposure measurements, comparing people who lived in sprayed villages in the South with those living in unsprayed villages. In some studies, village residents were considered exposed if a herbicide mission had passed within 10 km of the village center (Dai et al., 1990). Other criteria for classifying exposure included length of residence in a sprayed area and the number of times the area reportedly had been sprayed.

A small number of studies have provided information on TCDD concentrations in Vietnamese civilians exposed during the war (Schecter et al., 1986, 2002, 2006). Dwernychuk et al. (2002) have emphasized the need to evaluate dioxin contamination around former air bases in Vietnam. They collected environmental and food samples, human blood, and breast milk from residents of the Aluoi Valley of central Vietnam. The investigators identified locations where relatively high dioxin concentrations remained in soil or water systems. Soil dioxin concentrations were particularly high around former air fields and military bases where herbicides were handled. Fish harvested from ponds in those areas were found to contain high dioxin concentrations. More recently, Dwernychuk (2005) elaborated on the importance of "hot spots" as important locations for future studies and argued that herbicide use at former US military installations was the most likely cause of the hot spots. The above studies are not directly relevant to this committee's task, but they may prove useful in future epidemiologic studies of the Vietnamese population and in the development of risk-mitigation policies.

The only new study of dioxin in Vietnam reviewed by the committee examined dioxin

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contamination in soils (Mai et al., 2007). The study focused on the Bien Hoa Air Base, considered a hot spot because of the use of chemical defoliants around the base, and found high dioxin concentrations. The study did not involve estimates of exposure of the population living in the vicinity of the bases.

NEW MODELS FOR CHARACTERIZING HERBICIDE EXPOSURE

IOM, following up on the recommendations contained in the original *VAO* report (IOM, 1994), issued a request for proposals seeking individuals and organizations to develop historical exposure-reconstruction approaches suitable for epidemiologic studies of herbicide exposure among US veterans during the Vietnam War (IOM, 1997). The request resulted in the project Characterizing Exposure of Veterans to Agent Orange and Other Herbicides in Vietnam. The project was carried out under contract by a team of researchers in Columbia University's Mailman School of Public Health. The Columbia University project integrated various sources of information concerning spray activities to generate individualized estimates of the exposure potential of troops serving in Vietnam (Stellman and Stellman, 2003). Location data on military units assigned to Vietnam were compiled into a database.

"Mobility-factor" analysis, a new concept for studying troop movement, was developed for use in reconstructing herbicide-exposure histories. The analysis is a three-part classification system for characterizing the location and movement of military units in Vietnam. It comprises a mobility designation (stable or mobile), a distance designation (usually in a range of kilometers) to indicate how far a unit might travel in a day, and a notation of the modes of travel available to the unit (air; ground by truck, tank, or armored personnel carrier; or water). A mobility factor was assigned to every unit that served in Vietnam.

The data were combined into a geographic information system (GIS) for Vietnam. Herbicidespraying records were integrated into the GIS and linked with data on military-unit locations to permit estimation of individual exposure-opportunity scores. The results are the subject of reports by the contractor (Stellman and Stellman, 2003) and the Committee on the Assessment of Wartime Exposure to Herbicides in Vietnam (IOM, 2003a,b). A summary of the findings regarding the extent and pattern of herbicide spraying (Stellman et al., 2003a), a description of the GIS for characterizing exposure to Agent Orange and other herbicides in Vietnam (Stellman et al., 2003b), and an explanation of the exposure-opportunity models based on that work (Stellman and Stellman, 2004) have been published in peer-reviewed journals. The publications have argued that it is now feasible to conduct epidemiologic investigations of veterans who served as ground troops during the Vietnam War.

A different perspective has been put forth by Young and colleagues in a series of papers (Young et al., 2004a,b). They have argued that ground troops had little direct contact with herbicide sprays and that TCDD residues in Vietnam had low bioavailability. Those conclusions were based on analyses of previously unpublished military records and environmental-fate studies. They have also argued that ground-troop exposures were relatively low because herbicide-spraying missions were carefully planned, and spraying occurred only when friendly forces were not in the target area.

Since *Update 2006*, IOM has issued a report that examined the feasibility of using the Agent Orange Reconstruction Model developed by Columbia University (IOM, 2008). The report concluded that "despite the shortcomings of the exposure assessment model in its current form and the inherent limitations in the approach, the committee agreed that the model holds promise

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for supporting informative epidemiologic studies of herbicides and health among Vietnam veterans and that it should be used to conduct studies."

METHODOLOGIC ISSUES IN EXPOSURE ASSESSMENT

Analyses of Vietnam-veteran studies have been an important source of information for understanding associations between the herbicides used in Vietnam and specific health outcomes, but, as discussed in Chapter 2, the committee has extended its review of the scientific literature to other populations in which exposure could be estimated with greater accuracy. Those populations are discussed in detail in Chapter 5. We focus here on several key methodologic issues that complicate development of accurate exposure estimates in the Vietnamveteran population and in the other study populations discussed in this report: the latent period between exposure and disease, exposure misclassification, and exposure specificity.

Latency

The temporal relationship between exposure and disease is complex and often difficult to define in studies of human populations. Many diseases do not appear immediately after exposure. In the case of cancer, for example, the disease may not appear for many years after exposure. The time between a defined exposure period and the occurrence of disease is often referred to as a latency period (IOM, 2004). Exposures can be brief (sometimes referred to as acute exposures) or protracted (sometimes referred to as chronic exposures). At one extreme, an exposure can be the result of a single event, as in an accidental poisoning. At the other extreme, a person exposed to a chemical that is stored in the body may continue to experience "internal exposure" for years even if exposure from the environment has ceased. The definition of the proper timeframe for duration of exposure constitutes a challenge to exposure scientists.

Misclassification

Exposure misclassification in epidemiologic studies can affect estimates of risk. A typical situation is in a case–control study in which the reported measurement of exposure of either group or both groups can be misclassified. The simplest situation to consider is one in which the exposure is classified into just two levels, for example, ever vs never exposed. If the probability of exposure misclassification is the same in cases and controls (that is, non-differential), then it can be shown that the estimated association between disease and exposure is biased toward the null value; in other words, one would expect the true association to be stronger than the association observed. However, if the probability of misclassification is different between cases and controls, bias in the estimated association can occur in either direction; in this case, the true association might be stronger or weaker than the association observed.

The situation in which exposure is classified into more than two levels is somewhat more complicated. Dosemeci et al. (1990) have demonstrated that in that situation the slope of a dose–response trend is not necessarily attenuated toward the null value even if the probability of misclassification is the same in the two groups of subjects being compared; in other words, the observed trend in disease risk across the several levels of exposure may be either an overestimate

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or an underestimate of the true trend in risk. Greenland and Gustafson (2006) have discussed the effect of exposure misclassification on the statistical significance of the result, demonstrating that if one adjusts for exposure misclassification when the exposure is represented as binary (for example, ever vs never exposed), the resulting association is not necessarily more significant than in the unadjusted estimate. That result remains true even though the observed magnitude of the association (for example, the relative risk) might be increased.

Specificity

Only a few herbicidal compounds were used as defoliants during the Vietnam conflict: esters and salts of 2,4-D and 2,4,5-T, cacodylic acid, and picloram in various formulations. Many scientific studies reviewed by the committee have reported exposures to broad categories of chemicals rather than to those specific compounds. The categories are presented in Table 3-2, with their relevance to the committee's charge. The information in Table 3-2 represents the current committee's thinking and has helped to guide our evaluation of epidemiologic studies. Previous VAO committees did not necessarily address the issue of exposure specificity in this manner.

Table 3-2 Current Committee Guidance for the Classification of Exposure Information in Epidemiologic Studies That Focus on the Use of Pesticides or Herbicides, and Relevance of the Information to the Committee's Charge to Evaluate Exposures to 2,4-D and 2,4,5-T (phenoxy herbicides), cacodylic acid, and picloram.*

Specificity of	Additional Information	Relevance to Committee's Charge	
Exposure			
Reported in Study			
Pesticides	Chemicals of interest were not used or	Not relevant	
	no additional information		
	Chemicals of interest were used	Limited relevance	
Herbicides	Chemicals of interest were not used	Not relevant	
	No additional information	Limited relevance	
	Chemicals of interest were used	Relevant	
Phenoxy herbicides		Highly relevant	
2,4-D or 2,4,5-T		Highly relevant	
Cacodylic acid		Highly relevant	
Picloram		Highly relevant	

* None of the epidemiologic studies reviewed by the committee to date have specified exposure to cacodylic acid.

Many studies have examined the relationship between exposure to "pesticides" and adverse health outcomes, and others have used the category of "herbicides" without identifying specific compounds. A careful reading of a scientific report often reveals that none of the compounds of interest (those used in Vietnam, as delineated above) contributed to the exposures of the study population, so such studies could be excluded from consideration. But in many cases, the situation is more ambiguous. For example, reports that define exposure in the broad category of "pesticides" with no further information have little relevance to the committee's charge to determine associations between exposures to herbicides used in Vietnam and adverse health outcomes. Reports that define exposure in the more restricted category of "herbicides" are of

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greater relevance but are of little value unless it is clear from additional information that exposure to one or more of the herbicides used in Vietnam occurred in the study population, for example, if the published report indicates that the chemicals of interest were among the pesticides or herbicides used by the study population, the lead author of a published report has been contacted and has indicated that the chemicals of interest were among the chemicals used, the chemicals of interest are used commonly for the crops identified in the study, or the chemicals of interest are used commonly for a specific purpose, such as removal of weeds and shrubs along highways.

Among the various chemical classes of herbicides that have been identified in published studies reviewed by the committee, phenoxy herbicides, particularly 2,4-D and 2,4,5-T, are directly relevant to the exposures experienced by US military forces in Vietnam. On the basis of the assumption that compounds with similar chemical structure may have analogous biologic activity, information on the effects of other chemicals in the phenoxy herbicide class—such as Silvex, MCPA, PCPP, and dicamba—has been factored into the committee's deliberations with somewhat less weight. The very few epidemiologic findings on exposure to picloram or cacodylic acid have been regarded as highly relevant. The committee has decided to include many studies that report on unspecified herbicides in the discussions in the health-effects sections, and their results have been entered into the health-outcome–specific tables. However, these studies tend to contribute little to the evidence considered by the committee. The many studies that provide chemical-specific exposure information are believed to be far more informative for the committee's purposes.

A similar issue arises in the evaluation of studies that document exposure to dioxin-like compounds. Most "dioxin" studies reviewed by the committee have focused on TCDD, but TCDD is only one of a number of PCDDs. The committee recognizes that in real-world conditions exposure to TCDD virtually never occurs in isolation and that there are hundreds of similar compounds to which humans might be exposed, including other PCDDs, polychlorinated dibenzofurans, and polychlorinated biphenyls (PCBs). Exposure to TCDD is almost always accompanied by exposure to one or more of the other compounds. The literature on the other compounds, particularly PCBs, was not reviewed systematically by the committee unless TCDD was identified as an important component of the exposure or the risks of health effects were expressed in terms of toxicity equivalent quotients, which are the sums of toxicity equivalency factors for individual dioxin-like compounds as measured by activity with the aryl hydrocarbon receptor (AHR). We took that approach for two reasons. First, exposure of Vietnam veterans to substantial amounts of the other compounds, relative to exposure to TCDD, has not been documented. Second, the most important mechanism for TCDD toxicity involves its ability to bind to and activate the AHR. Many of the other compounds act by different or multiple mechanisms, so it is difficult to attribute toxic effects after such exposures to TCDD

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4

INFORMATION RELATED TO BIOLOGIC PLAUSIBILITY

The committee reviewed all relevant experimental studies of 2,4-D, 2,4,5-T, picloram, cacodylic acid, and TCDD that have been published since *Update 2006* (IOM, 2007) and has incorporated the findings, when it was appropriate, into this chapter or into the biologic-plausibility sections of chapters 6–9 when they are of consequence for particular health outcomes. For each substance, this chapter includes a review of toxicokinetic properties, a brief summary of the toxic outcomes investigated in animal experiments, and a discussion of underlying mechanisms of action as illuminated by in vitro studies.

To achieve the goals of this chapter more effectively, the current committee has slightly modified the presentation of toxicologic information used by previous VAO committees. The toxicology chapter of each earlier update presented information about each of the several hundred potentially relevant toxicologic articles published in the preceding 2 years. In contrast with the committee's responsibility to evaluate each potentially relevant epidemiologic study of the chemicals of interest published in the preceding 2 years, its charge with respect to the toxicologic literature is to distill experimental toxicologic findings to judge whether it is biologically plausible to attribute adverse health outcomes reported in epidemiologic investigations to the chemicals. The current committee recognized that for most readers of the VAO series the implications of most toxicologic results reported are not immediately obvious. Therefore, starting with this update, the committee will focus on intergrating and interpreting the toxicologic evidence rather than delineating the entire body of new experimental findings.

Establishment of biologic plausibility through laboratory studies strengthens the evidence of a cause–effect relationship between herbicide exposure and health effects reported in epidemiologic studies and thus supports the existence of the less stringent relationship of association, which is the target of this committee's charge. Experimental studies of laboratory animals or cultured cells allow observation of effects of herbicide exposure under highly controlled conditions that are difficult or impossible to control in epidemiologic studies. Such conditions include frequency and magnitude of exposure, exposure to other chemicals, pre-existing health conditions, and genetic differences between people, all of which can be controlled in a laboratory animal study.

Once a chemical contacts the body, it begins to interact through the processes of absorption, distribution, metabolism, and excretion. Those four biologic processes characterize the disposition of a foreign substances that enters the organism. Their combination determines the concentration of the compound in the body and how long each organ is exposed to it and thus influences its toxic or pharmacologic activity.

Absorption is the entry of the substance into the organism, normally by uptake into the bloodstream via mucous surfaces, such as the intestinal walls of the digestive tract during ingestion. Low solubility, chemical instability in the stomach, and inability to permeate the intestinal wall can all reduce the extent to which a substance is absorbed after being ingested.

The solubility of a chemical in fat and its hydrophobicity influence the pathways by which it is metabolized (structurally transformed) and whether it persists in the body or is excreted. Absorption is a critical determinant of the chemical's bioavailability, that is, the fraction of it that reaches the systemic circulation. Other routes of absorption experienced by free-ranging humans are inhalation (entry via the airways) and dermal exposure (entry via the skin). Animal studies may involve additional routes of exposure that are not ordinarily encountered by humans, such as intravenous or intraperitoneal injection, in which the chemical is injected into the bloodstream or abdominal cavity, respectively.

Distribution refers to the travel of a substance from the site of entry to the tissues and organs where they will have their ultimate effect or be sequestered. Distribution takes place most commonly via the bloodstream. The term *metabolism* is used to describe the breaking down that all substances begin to experience as soon as they enter the body. Metabolism of most foreign substances takes place in the liver by the action of oxidative enzymes collectively termed cytochrome P450. As metabolism occurs, the initial (parent) chemical is converted to new chemicals called metabolites. When metabolites are pharmacologically or toxicologically inert, metabolism deactivates the administered dose of the parent chemical reducing its effects on the body. Sometimes metabolism may activate the compound to a metabolite more potent or more toxic than the parent compound.

Excretion, also referred to as elimination, is the removal of substances or their metabolites from the body, most commonly in urine or feces. Excretion is often incomplete, and incomplete excretion results in the accumulation of foreign substances that can adversely affect function.

The routes and rates of absorption, distribution, metabolism, and excretion of a toxic substance collectively are termed toxicokinetics (or pharmacokinetics). Those processes determine the amount of a particular substance or metabolite that reaches specific organs or cells and that persisits in the body. Understanding the toxicokinetics of a chemical is important for valid reconstruction of exposure of humans and for assessing the risk of effects of a chemical. The principles involved in toxicokinetics are similar among chemicals, although the degree to which different processes influence the distribution depends on the structure and other inherent properties of the chemicals. Thus, the lipophilicity or hydrophobicity of a chemical and its structure influence the pathways by which it is metabolized and whether it persists in the body or is excreted. The degree to which different toxicokinetic processes influence the toxic potential of a chemical depends on metabolic pathways, which often differ among species. For that reason, attempts at extrapolation from experimental animal studies to human exposures must be done with extreme care.

Many chemicals were used by the US armed forces in Vietnam. The nature of the substances themselves was discussed in more detail in Chapter 6 of the original *VAO* report (IOM, 1994). Four herbicides documented in military records were of particular concern and are examined here: 2,4-dichlorophenoxyacetic acid (2,4-D), 2,4,5-trichlorophenoxyacetic acid (2,4,5-T), 4-amino-3,5,6-trichloropicolinic acid (picloram), and cacodylic acid (dimethylarsinic acid, DMA). This chapter also examines 2,3,7,8-tetrachlorodibenzo-*p*-dioxin (TCDD, or dioxin), a contaminant of 2,4,5-T, because its potential toxicity is of concern; considerably more information is available on TCDD than on the herbicides. Other contaminants present in 2,4-D and 2,4,5-T are of less concern. Except as noted, the laboratory studies of the chemicals of concern used pure compounds or formulations; the epidemiologic studies discussed in later chapters often tracked exposures to mixtures.

TCDD

Chemistry

TCDD is polychlorinated dibenzo-*p*-dioxin that has a triple-ring structure consisting of two benzene rings connected by an oxygenated ring (Figure 4-1); chlorine atoms are attached at the 2, 3, 7, and 8 positions of the benzene rings. The chemical properties of TCDD include a molecular weight of 322, a melting point of 305–306°C, a boiling point of 445.5°C, and a log octanol–water partition coefficient of 6.8 (NTP substance profile). It is insoluble in water (19.3 ng/L), but is soluble in organic solvents, such as benzene and acetone. It has been suggested (EPA 2004 Draft Document) that volatilization of dioxin from water may be an important mechanism of transfer from the aqueous to the atmospheric phase.



2,3,7,8-tetrachlorodibenzo-p-dioxin

Figure 4-1 Chemical structure of TCDD.

Absorption, Distribution, Metabolism, and Elimination

The absorption, distribution, metabolism, and elimination of TCDD have been extensively studied in a number of animal models in the last 25 years. Given the plethora of data, this section only highlights and summarizes key findings. A more exhaustive review may be found at http://www.epa.gov/ncea/pdfs/dioxin/nas-review.

TCDD is absorbed into the body rapidly but is eliminated slowly. Because of the slow elimination, the concentration of TCDD in lipid or blood is thought to be in dynamic equilibrium with that in other tissue compartments and is thus considered to be reasonable for use in estimating of total body burdens. Exposure of humans to TCDD is thought to occur primarily via the mouth, skin, and lungs. In laboratory animals, oral administration of TCDD has been shown to result in absorption of 50–93% of the administered dose (Nolan et al., 1979; Rose et al., 1976). Similarly, a study performed in a 42-year-old man found that 87% of the oral dose was absorbed. Dermal absorption appears to be dose-dependent, with lower absorption occurring at higher doses (Banks and Birnbaum, 1991). Studies performed in humans indicate that human skin may be more resistant to absorption (Weber, 1991).

After ingestion and gastrointestinal absorption, TCDD associates primarily with the

lipoprotein fraction of the blood and later partitions into the cellular membranes and tissues (Henderson and Patterson, 1988). TCDD is distributed to all compartments of the body; the amounts differ from organ to organ, but most studies indicate that the primary disposition of TCDD is in the liver and adipose tissues. For example, in a human volunteer, it was found that at 135 days after ingestion, 90% of TCDD was in fat (Poiger and Schlatter, 1986);, in the rhesus monkey, TCDD is very persistent in adipose tissue (Bowman et al., 1989). The disposition and elimination of TCDD depend on the tissue examined, the time that has elapsed since exposure, total exposure, and other factors. For example, the concentration of cytochrome P450 1A2 (CYP1A2) (Poland et al., 1989) in the liver is increased by TCDD. Direct binding of TCDD to the CYP1A2 is thought to result in sequestration of TCDD in the liver and to inhibit its distribution to other tissues. The importance of CYP1A2 concentrations for the toxic actions of TCDD has also been shown in studies performed in laboratory animals win which maternal hepatic CYP1A2 was found to sequester TCDD and protect the fetus against TCDD-induced teratogenesis (Dragin et al., 2006). In addition, distribution of TCDD is age-dependent, as shown by studies in which young animals displayed the highest concentration of TCDD in the liver and older animals the highest concentrations in kidney, skin, and muscle (Pegram et al., 1995). Finally, the elimination rate of TCDD, in particular after low exposures, depends heavily on the amount of adipose tissue mass (Aylward et al., 2005; Emond et al., 2005, 2006).

In laboratory animals and humans, metabolism of TCDD occurs slowly. It is eliminated primarily in feces as both the parent compound and its more polar metabolites. However, elimination appears to be dose-dependent; at low doses, about 35% of the administered dose of TCDD was detected in the feces; at higher doses, about 46% was observed (Diliberto et al., 2001). The dose-dependent occurrence of TCDD metabolites in the feces is thought to be due to increased expression of metabolizing enzymes at higher doses. A measure of elimination is half-life, which is defined as the time required for the plasma concentration or the amount of a chemical in the body to be reduced by one-half. The half-life of TCDD in humans varies with body-mass index, age, sex, and concentration and has been found to vary from 0.4 to over 10 years (Table 4-1).

In light of the variables discussed above and the effect of differences in physiologic states and metabolic processes, which can affect the mobilization of lipids and possibly of compounds stored in them, complex models known as physiologically based pharmacokinetic models have been developed to integrate exposure dose with organ mass, blood flow, metabolism, and lipid content to predict the movement of toxicants into and out of each organ. A number of recent modeling studies have been performed in an effort to understand the relevance of animal experimental studies to exposures that occur in human populations (Emond et al., 2005; Aylward et al., 2005a,b).

Confidence				
Reference	Half-Life ^a	Interval	Comment	
Human studies:				
Leung et al., 2006	0.4 year		Breast-fed infants, 0-1 year after exposure	
Kumagai and Koda, 2005	1.1-2.3 years		Adult male, incinerator workers, 0–1.3 years after exposure	
Aylward et al., 2005a	<3 years		Calculated for exposures >10, 000 pg/g of serum lipid	
	>10 years		Calculated for exposures <50 pg/g of serum lipid	
Flesch-Janys et al., 1996	7.2 years		Adult males, Boehringer cohort	
Geusau et al., 2002	1.5 years ^{b}		Adult female, severe exposure, 0–3 years after exposure	
	2.9 years ^{b}		Adult female, severe exposure, 0–3 years after exposure	
Michalek et al., 2002	0.34 year^{b}		Adult males, Seveso cohort, 0–3 months after exposure	
	6.9 years		Adult males, Seveso cohort, 3–16 years after exposure	
	9.8 years		Adult females, Seveso cohort, 3–16 years after exposure	
	7.5 years		Adult males, Ranch Hands, 9–33 years after exposure	
Needham et al., 1994	7.8 years	7.2–9.7 years	Adults, Seveso cohort	
Pirkle et al., 1989	7.1 years	5.8–9.6 years	Adult males, Ranch Hands, 9–23 years after exposure	
Animal studies:				
Neubert et al., 1990	73.7 days	60.9–93.8 days	Monkeys, marmoset, single injection	
DeVito and Birnbaum, 1995	15 days		Mice, female B6C3F1	
Gasiewicz et al., 1983	11.0 days ^{c}		Mice, C5BL/6J	
	24.4 days^c		Mice, DBA/2J	
	12.6 days^c		Mice, B6D2F1/J	
Koshakji et al., 1984	20 days		Mice, male ICR/Ha Swiss	
Hurst et al., 1998	8 days		Rats, Long-Evans, excretion from liver	
Pohjanvirta et al., 1990	21.9 days		Rats, male Han/Wistar, resistant strain	
Viluksela et al., 1996	20.2 days		Rats, Long-Evans, TurkuAB strain	
	28.9 days^a		Rats, Long-Evans, Charles River strain	
Weber et al., 1993	$16.3 \pm 3.0 \text{ days}$		Rats, male Sprague-Dawley	

Table 4-1 Estimates of TCDD Half-Life in Humans and Animals

^aHalf-lives of TCDD in humans based on measurement of TCDD in serum samples.

^bShorter half-lives measured in humans during first months after exposure or in severely contaminated persons consistent with nonlinear elimination predicted by physiologically based pharmacokinetic modeling (for example, by Carrier et al., 1995). Greater half-life in females attributed to greater body-mass index.

^cTotal cumulative excretion of ³H-TCDD-derived radioactivity.

^{*d*}Attributed to differences in dilution due to different growth rates.

Toxicity Profile

The administration of TCDD to laboratory animals affects many tissues and organs......The effects of TCDD in laboratory animals have been observed in a number of species (rats, mice, guinea pigs, hamsters, monkeys, cows, and rabbits) after the administration of a variety of doses and after periods that represent acute (less than 24 hr), subchronic (more than 1 day up to 3 months), and chronic (more than 3 months) exposures. Some differences are observed in the different species, particularly with respect to their degree of sensitivity, but in general the effects observed are qualitatively similar. Relatively high exposures of TCDD affect a variety of organs and result in organ dysfunction and death. The specific organ dysfunction that constitutes the lethal event, however, is not known. A characteristic of TCDD exposure is a wasting syndrome

with loss of adipose and muscle tissues and severe weight loss. In most rodents, exposure to TCDD affects the liver, as indicated by hepatic enlargement, the presence of hepatic lesions, and impaired hepatic function. The thymus is also sensitive. Finally, in both humans and nonhuman primates, TCDD exposure results in chloracne and associated dermatologic changes. As will be discussed in more detail in Chapters 6–9, studies performed in animal models have indicated that exposure to TCDD adversely affects the heart, the skin, and the immune, endocrine, and reproductive systems and increases the incidence of cancers of the liver, skin, thyroid, adrenal cortex, hard palate, nasal turbinates, tongue, and respiratory and lymphatic systems (Huff et al., 1994). When TCDD has been administered to pregnant animals, such birth defects as cleft palate, malformations of the reproductive organs of the male and female progeny, and abnormalities in the cardiovascular system have been observed.

The administration of TCDD to laboratory animals and cultured cells affects enzymes, hormones, and receptors..... In addition to adversely affecting the ability of specific organs to fulfill their normal physiologic roles, TCDD has been found to alter the function and expression of essential proteins. Some of the proteins are enzymes, specialized proteins that increase the rates of chemical reactions and aid in the body's ability to convert chemicals into different molecules. The metabolism of foreign chemicals often changes their biologic properties and in some cases increases the body's ability to eliminate them in urine. The enzymes that are most affected by TCDD are ones that act on or metabolize xenobiotics and hormones. Xenobiotics are chemicals that are not expected to be present in the body, and hormones are made by the body and serve as chemical messengers that transport a signal from one cell to another. Among the enzymes affected by TCDD, the best studied is CYP1A1, which metabolizes xenobiotics. In laboratory animals, exposure to TCDD commonly results in an increase in the CYP1A1 present in most tissues; CYP1A1 therefore is often used as a marker of TCDD exposure.

Other enzymes that are affected by TCDD are ones that metabolize hormones such as thyroid hormones, retinoic acid, testosterone, estrogens, and adrenal steroids. Those hormones transmit their signals by interacting with specific proteins called receptors and in this manner initiate a chain of events in many tissues of the body. For example, binding of the primary female sex hormone, estrogen, to the estrogen receptor promotes the formation of breasts and the thickening of the endometrium and regulates the menstrual cycle. Exposure to TCDD can increase the metabolism of estrogen, and this leads to a decrease in the amount of estrogen available for binding and activating the estrogen receptor. The ultimate effect of TCDD is an interference with all the bodily functions that are regulated by estrogens. Similarly, the actions of TCDD on the adrenal steroids can adversely affect their ability to regulate glucose tolerance, insulin sensitivity, lipid metabolism, obesity, vascular function, and cardiac remodeling. In addition to changing the amount of hormone present, TCDD has been found to interfere with the ability of receptors to fulfill their role in transmitting hormone signals. Animal models have shown that exposure to TCDD can increase the amounts of enzymes in the body and interfere with the ability of hormones to activate their specific hormone receptors. Those actions of TCDD on enzymes and hormone receptors are thought to underlie, in part, observed developmental and reproductive effects and cancers that are hormone-responsive.

TCDD alters the paths of cellular differentiation. . Research performed primarily in cultured cells has shown that TCDD can affect the ability of cells to undergo such processes as proliferation, differentiation, and apoptosis. During the proliferative process, cells grow and

divide. When cells are differentiating, they are undergoing a change from less specialized to more specialized. Cellular differentiation is essential for an organism to mature from a fetal to an adult state. In the adult, proper differentiation is required for normal functions of the body, for example, in maintaining a normally responsive immune system. Processes of controlled cell death, such as apoptosis, are similarly important during development of the fetus and are necessary for normal physiologic functions in the adult. Apoptosis is a way for the body to eliminate damaged or unnecessary cells. The ability of a cell to undergo proliferation, differentiation, and apoptosis is tightly controlled by an intricate network of signaling molecules that allows the body to maintain the appropriate size and number of all the specialized cells that form the fabric of complex tissues and organs. Disruption of that network that alters the delicate balance of cell fate can have severe consequences, including impairment of the function of the organ because of the absence of specialized cells. Alternatively, the presence of an excess of some kinds of cells can result in the formation and development of tumors. Thus, the ability of TCDD to disrupt the normal course of a specific cell to proliferate, differentiate, or undergo apoptosis is thought to underlie (at least in part) its adverse effects on the immune system and the developing fetus and its ability to promote the formation of certain cancers.

Definition of Dioxin-like Compounds and TEF and TEQ Terminology

Many compounds have dioxin-like properties: they have similar chemical structure, have similar physiochemical properties, and cause a common battery of toxic responses. Because of their hydrophobic nature and resistance to metabolism, these chemicals persist and bioaccumulate in fatty tissues of animals and humans. Several hundred chemicals-such as the polychlorinated dibenzo-p-dioxins, polychlorinated dibenzofurans, polybrominated dibenzo-pdioxins, polybrominated dibenzofurans, and polychlorinated biphenyls-are described as dioxinlike compounds (DLCs), although only a few of them are thought to display dioxin-like toxicity. For most purposes, only 17 polychlorinated dibenzo-p-dioxins and polychlorinated dibenxofurans and a few of the coplanar polychlorinated biphenyls that are often encountered in environmental samples are recognized as being true DLCs. In terms of risk assessment, these polychlorinated dibenzo-p-dioxins, polychlorinated dibenxofurans, and polychlorinated biphenyls are commonly found as complex mixtures when detected in environmental media and biologic tissues or when measured as environmental releases from specific sources. That complicates the human health risk assessment that may be associated with exposures to variable mixtures of DLCs. To address the problem, the concept of toxic equivalency has been elaborated by the scientific community, and the toxic equivalence factor (TEF) has been developed and introduced to facilitate risk assessment of exposure to those chemical mixtures. On the most basic level, TEFs compare the potential toxicity of each DLC found in a mixture with the toxicity of TCDD, the most toxic member of the group. The procedure involves assigning individual TEFs to the DLCs with consideration of chemical structure, persistence, and resistance to metabolism. TEF ascribe specific order-of-magnitude toxicity to each DLC relative to that of TCDD, which is assigned a TEF of 1.0. The DLCs have TEFs ranging from 0.00001. to 1.0. When several compounds are present in a mixture, the toxicity of the mixture is estimated by multiplying the TEF of each DLC in the mixture by its mass concentration and summing the products to yield the 2,3,7,8-TCDD TEQ of the mixture.

Mechanism of Action

TCDD binds and activates the aryl hydrocarbon receptor (AHR). The AHR is a member of a family of basic-helix-loop-helix (bHLH) transcription factors, that is, one of many proteins in the cell that controls the transfer (or transcription) of genetic information from DNA to RNA. bHLH proteins are characterized by the presence of a group of basic amino acid residues followed by two alpha helices joined by a loop. Generally, the larger of the two helices participates in binding to DNA in a specific sequence motif; the specificity is determined largely by the amino acid sequence of the helix. bHLH transcription factors are dimeric, forming functional heterodimers with other members of the family. By mechanisms that are poorly understood, binding of the heterodimeric complex to DNA recruits the transcriptional machinery needed to activate gene expression and results in a large increase in the rate of synthesis of mRNA molecules for the genes regulated by the complex and ultimately in a large increase in the corresponding protein. The best known AHR target is the expression of a mixed-function oxidase enzyme that was termed aryl hydrocarbon hydroxylase (AHH) in the 1960s and is now better known as the CYP1A1 enzyme. Expression of this protein is an acute outcome of AHR activation and may not faithfully represent the consequences of chronic exposure to AHR ligands.

In its inactive state, the AHR is found in the cytosol of the cell, where it is protected from proteolytic degradation by several chaperones and cochaperones. As a receptor, the AHR is a protein capable of receiving and forming a complex with specific substances, termed ligands, which confer on it the ability to perform a biologic function. In the case of the AHR, the function is to induce the transcription of specific target genes. Hence, the AHR belongs to a class of ligand-activated transcription factors. If the ligand is a chemical, such as TCDD, the AHR dissociates from the chaperones and translocates into the nucleus of the cell, where it forms a heterodimer with another bHLH protein, the AHR nuclear translocator (ARNT). The complex binds to its cognate DNA motifs and recruits the macromolecular complexes needed to initiate gene transcription.

AHR Functional Domains

The AHR contains several regions, or domains, that perform distinct functions. The receptor is a member of the Per-Arnt-Sim (PAS) bHLH subfamily (Burbach et al., 1992; Fukunaga et al., 1995). The bHLH motif is found in the amino terminus of the protein and is common to all transcription factors in this subfamily (Jones, 2004). The members of the bHLH family also have several highly conserved domains with functionally distinctive biochemical roles. One of the domains is the basic region, described earlier, which is involved in the binding of AHR/ARNT complexes to DNA. Another domain is the HLH region, which facilitates the stable interaction between AHR and ARNT. A third domain is termed the PAS domain and consists of a stretch of 200–350 amino acids with high sequence relatedness to protein domains that were originally found in the *Drosophila melanogaster* genes *period* (Per) and *single minded* (Sim) and in the AHR's dimerization partner ARNT; hence the name PAS. The AHR contains two PAS domains, PAS-A and PAS-B (Ema et al., 1992). The PAS domains support secondary interactions with other PAS-domain–containing proteins, with the chaperones and cochaperones, and with many other transcription factors, coactivators and corepressors. The ligand-binding site of AHR is in

the PAS-B domain (Coumailleau et al., 1995) and contains several conserved residues critical for ligand binding (Goryo et al., 2007). A fourth important domain in the carboxyl terminus of the protein, is rich in glutamine and is involved in coregulator recruitment and transactivation (Kumar et al., 2001).

AHR Ligands

From an environmental point of view, there are two classes of AHR ligands—synthetic and naturally occurring-that total more than 400 known ligands. Many of the first ligands to be discovered were synthetic polycyclic aromatic hydrocarbons (PAHs), such as 3methylcholanthrene, benzo[a]pyrene (B[a]P), benzanthracene, and naphthoflavone. The biologic consequences of experimental exposure of mice to those chemicals led to the prediction of a receptor-dependent mechanism long before the existence of the AHR was directly demonstrated. Comparison of the effects of 3-methylcholanthrene treatment in two inbred mouse strains revealed a major difference in PAH responsiveness. Hepatic CYP1A1 enzyme increased more than 6-fold after 3-methylcholanthrene treatment in C57BL/6 mice but not in DB/2 mice. Appropriate genetic crosses between responsive C57BL/6 mice but in non-responsive DB/2 mice indicated that responsiveness in these prototype strains was inherited as a simple autosomal dominant trait. The genetic locus defined in the crosses was termed the aromatic hydrocarbon responsiveness (Ahr) locus (Nebert et al., 1982). Molecular biologic studies during the next decade showed that responsive and nonresponsive mice had equally functional CYP1A1 enzymes and that the Ahr locus encoded a regulatory gene responsible for induction of the Cyplal gene. The members of the polyhalogenated aromatic hydrocarbons—such as the dibenzodioxins, dibenzofurans, and polychlorinated and polybrominated biphenyls-were recognized as AHR ligands much later, after the discovery by Poland and co-workers that dioxin was a potent inducer of hepatic AHH in the rat. At that time, it was found that high concentrations of TCDD could induce AHH activity in the nonresponsive DB/2 mouse to levels as high as those in the responsive C57BL/6 mouse. The difference between responsive and nonresponsive strains was in sensitivity to the inducer: DB/2 mice required 18 times more TCDD than C57BL/6 mice for 50% of the maximal response.Later, a receptor protein for TCDD, 3methylcholanthrene, and other PAHs was identified, was characterized in the hepatic cytosol of C57BL/6 mice, and was termed Ah receptor (Poland et al., 1976). The available evidence indicated that the protein was the product of the Ahr locus, which was localized to mouse chromosome 12 and human chromosome 7, and later cloned (Burbach et al., 1992; Ema et al., 1992).

Recent work has focused on naturally occurring compounds in hopes of identifying an endogenous ligand (Denison and Nagy, 2003). Several such naturally occurring compounds have been identified as AHR ligands, including the tryptophan derivatives indigo and indirubin (Adachhi et al., 2001), the tetrapyrroles bilirubin (Sinal et al., 1997), the arachidonic acid metabolites lipoxin A4 and prostaglandin G (Seidel et al., 2001), modified low-density lipoprotein (McMillan and Bradfield, 2007), several dietary carotenoids (Denison and Negy, 2003; Probst et al., 1993), and cAMP (Oesch-Bartlomowicz et al., 2005). One assumption made in the search for an endogenous ligand is that the ligand will be a receptor agonist, that is, that it will activate the receptor. However, recent work has shown that may not be the case inasmuch as

one such natural ligand, 7-ketocholesterol, competitively inhibits AHR-dependent signal transduction (Savouret et al., 2001).

AHR Signaling Pathway

In the absence of bound ligand, the inactive AHR is retained in the cytoplasm of the cell in a complex consisting of two molecules of the heat-shock protein HSP90, one molecule of prostaglandin E synthase 3 (p23) (Kazlauskas et al., 1999), and one molecule of the immunophilin-like protein hepatitis B virus X-associated protein 2 (XAP2) (Petrulis et al., 2003), previously identified as AHR-interacting protein (Ma and Whitlock, 1997) and AHR-activated 9 (Carver and Bradfield, 1997). The HSP90 dimer–p23 complex plays multiple roles in the protection of the AHR from proteolysis, maintaining it in a conformation that makes the receptor accessible to ligand binding at the same time that it prevents the premature binding of ARNT (Pongratz et al., 1992; Whitelaw et al., 1993; Carver and Bradfield, 1994). XAP2 interacts with the carboxyl terminus of HSP90 and with the AHR nuclear-localization signal (NLS), a short amino acid domain in the bHLH region that targets the receptor for interaction with nuclear-transport proteins. Binding of AHP2 blocks such interaction, preventing the inappropriate trafficking of the receptor into the nucleus (Petrulis et al., 2003).

Binding of ligand induces the release of XAP2 and the exposure of the NLS and leads to the binding of nuclear-import proteins and translocation of the cytosolic complex into the nucleus (Davarinos and Pollenz, 1999; Song and Pollenz, 2002). Once in the nucleus, chaperones and cochaperones dissociate from the AHR, exposing the two PAS domains and allowing the binding of ARNT (Hoffman et al., 1991; Probst et al., 1993). The activated AHR/ARNT heterodimeric complex is then capable of directly or indirectly interacting with DNA by binding to recognition sequences in the regulatory region of responsive genes (Probst et al., 1993; Dolwick et al., 1993).

The canonical DNA recognition motif of the AHR/ARNT complex is referred to as the AHRresponsive element (AHRE), the dioxin-responsive element (DRE) or the xenobiotic-responsive element (XRE). This element is found in the promoter region of AHR-responsive genes and contains the core sequence 5'-GCGTG-3' (Shen and Whitlock, 1992), which is part of a more extensive consensus binding sequence, 5'-T/GNGCGTGA/CG/CA-3' (Yao and Denison, 1992; Lusska et al., 1993). The AHR/ARNT complex binds to the AHRE/DRE/XRE core sequence in such a manner that ARNT binds to the 5'-GTG-3' and AHR binds to 5'-TC/TGC-3' (Bacsi et al., 1995; Swamson et al., 1995). A second type of element, termed AHRE-II, 5'-CATG(N6)C[T/A]TG-3', has recently been shown to be capable of acting indirectly with the AHR/ARNT complex (Sogawa et al., 2004; Boutros et al., 2004). The end result of the process is the recruitment of the transcriptional machinery associated with RNA polymerase II and the initiation of differential changes in the expression of the genes bearing the AHR/ARNT recognition motif. Many of the genes code for proteins responsible for detoxification reactions directed at the elimination of the ligand. Recent research suggests that posttranslational modifications in histone proteins may modify the response (Hestermann and Brown, 2003; Schnekenburger et al., 2007).

AHR Physiology

The vertebrate AHR is presumed to have evolved from its counterpart in invertebrates, in which it serves a ligand-independent role in normal development processes. The ancestral function of the AHR appears to be the regulation of specific aspects of embryonic development, it having acquired the ability to bind xenobiotic compounds only during vertebrate evolution (Hahn, 2002). The invertebrate AHR also functions as a transcription factor and binds to the same dimerization partner (ARNT) and DNA response elements as the vertebrate protein, but it does not respond to any of the environmental ligands recognized by the vertebrate receptor. Instead, it regulates diverse developmental processes that are independent of exogenous ligand exposure, such as neuronal differentiation during worm development in *Caenorhabditis elegans* (Huang et al., 2004; Qin and Powell-Coffman, 2004) or normal morphogenesis of legs, antennae and bristles in *Drosophila melanogaster* (Adachi-Yamada et al., 2005). In developing vertebrates, the AHR seems to play a role in cellular proliferation and differentiation and, in keeping with this role in invertebrates, also possesses a developmental role in craniofacial, renal, and cardiovascular morphogenesis (Birnbaum et al., 1989; Fernandez-Salguero et al., 1997; Lahvis et al., 2005).

The clearest adaptive physiologic response of AHR activation is the induction of xenobioticmetabolizing enzymes involved in detoxification of toxic ligands. Evidence of that response, which was described above, was first observed from the induction of *Cyp1a1*, resulting from exposure to PAHs or TCDD, and directly related to activation of the AHR signaling pathway (Israel and Whitlock, 1983, 1984). Because of the presence of AHRE/DRE/XRE motifs in their gene promoters, other metabolizing genes were tested and found to be induced by AHR ligands, and this led to the identification of a so-called AHR gene battery of phase I and phase II detoxification genes that code for the drug-metabolizing enzymes CYP1A1, CYP1A2, CYP1B1, NQO1, ALHD3A1, UGT1A2 and GSTA1 (Nebert et al., 2000). Presumably, vertebrates have evolved those enzymes to detect a wide array of foreign, potentially toxic chemicals, represented in the wide variety of substrates that AHR is able to bind whose biotransformation and elimination it is able to facilitate.

A potential complication of the adaptive responses elicited by AHR activation is the induction of a toxic response. Toxicity may result from the adaptive response itself if the induction of metabolizing enzymes results in the production of toxic metabolites. For example, the PAH B[a]P, an AHR ligand, induces its own metabolism and detoxification by the AHR-dependent signaling mechanism described earlier but paradoxically becomes bioactivated to a toxic metabolite in several tissues by metabolism that depends on CYP1A1 and CYP1B1 enzymatic activity (Harrigan et al., 2004). A second potential source of AHR-mediated toxicity may be aberrant changes in global gene expression beyond those observed in the AHR gene battery. The global changes in gene expression may lead to deleterious changes in cellular processes and physiology. Microarray analysis has proved invaluable in understanding and characterizing that response (Martinez et al., 2002; Puga et al., 2000, 2004; Veina et al., 2004).

It is clear that the AHR is an essential component of the toxicity of dioxin and of DLCs. Homozygous deletion of the AHR in mice leads to a phenotype that is resistant to the toxic effects of TCDD and to the carcinogenic effects of B[a]P (Fernandez-Salguero et al., 1996; Lahvis and Bradfield, 1998; Schmidt et al., 1996). AHR knockout mice, however, have other phenotypic effects, including reduced liver size and hepatic fibrosis and cardiovascular

abnormalities. Hence, it is likely that dioxin has effects due to gratuitous deregulation of endogenous AHR functions, unrelated to the intrinsic toxicity of some of its ligands.

Carcinogenic Classification of TCDD

The US Environmental Protection Agency (EPA) and the International Agency for Research on Cancer (IARC), a branch of the World Health Organization, have defined criteria to classify the potential carcinogenicity of chemicals on the basis of the weight of scientific evidence from animal, human, epidemiologic, mechanistic, and mode-of-action studies. EPA classified TCDD as a "probable human carcinogen" in 1985 and as "carcinogenic to humans" in a 2003 reassessment. In 1998, the IARC panel of experts concluded that the weight of scientific evidence supported the classification of dioxin as a class I carcinogen, that is, as "carcinogenic to humans". Four years later, the US National Toxicology Program upgraded its classification to "known to be a human carcinogen". In 2006, a panel of experts convened by the National Research Council to evaluate the EPA reassessment concluded that TCDD was "likely to be carcinogenic to humans". That designation reflected the revised EPA *Guidelines for Carcinogen Risk Assessment* made public in 2005.

Other Toxic Health Outcomes of Dioxin

There is an extensive body of evidence from experimental studies in animal model systems that TCDD, other dioxins, and several DLCs are immunotoxic. Although the available evidence on humans is scant, mechanistic considerations support the notion that chemical alterations to immune function would cause adverse health outcomes because of the critical role that the immune system plays in general protection, fighting off infection and eliminating cancer cells at early stages. Because of those considerations, these compounds are potential immunotoxicants.

Similarly, reproductive and embryonic development clearly are targets of TCDD, other dioxins, and DLCs; it is found consistently that the adverse effects are more prevalent during fetal development than in the adult. However, data on those effects in humans are practically nonexistent.

TCDD, other dioxins, and DLCs are also recognized as potentially capable of causing birth defects, reproductive disorders, immunotoxicity, and chloracne. Human and animal studies have revealed other potential health outcomes including cardiovascular disease, hepatic disease, thyroid dysfunction, lipid disorders, neurotoxicity, and metabolic disorders, such as diabetes.

A number of effects of TCDD exposure in vitro appear to be independent of AHR-mediated mechanisms. The salient ones are induction of transforming growth factor- and other genes involved in extracellular matrix deposition in cells from mice with homozygous ablation of the *Ahr* gene (Guo et al., 2004)); mobilization of calcium from intracellular sources and imported from the culture medium (Puga et al., 1995)); and related to calcium mobilization, the induction of mitochondria oxidative stress (Senft et al., 2002). Calcium mobilization by TCDD may have an important effect on signal-transduction mechanisms that control gene expression, inasmuch as since several proto-oncogenes, such as c-fos are activated by calcium changes.

Recent Findings from Mechanistic Studies That May Be Relevant to Health Outcomes

Several reports published since *Update 2006* (IOM, 2007) have contributed to the understanding of how TCDD exposure may have contribute to particular health outcomes, as follows:

- Insight into the role of the AHR repressor protein in mediating cell-type–specific responsiveness to TCDD (Evans et al., 2007; Haarmann-Stemmann et al., 2007).
- Identification of genes that may be regulated by TCDD through activation of AHR that are involved in cholesterol biosynthesis, lipogenesis, and glucose metabolism (Sato et al., 2008; Zarzour et al., 2008); development of thymocytes (the KLF2 regulon)(McMillian et al., 2007); glucose uptake (the glucose transporter)(Tonack et al., 2007); metabolism of the steroid hydroxysteroid 17-beta dehydrogenase; and a novel gene (Hectd2) with poorly defined function (Hayes et al., 2007).
- Examination of the effect of TCDD on signaling pathways, such as that of protein kinase C (Lee et al., 2007) and integrin signaling (Liu and Jefcoate, 2006) that may underlie TCDD's adverse effects on neurons in cell culture and cell adhesion, respectively.
- Elucidation of crosstalk between the AHR and receptors involved in regulation of cellular responses to stress (i.e., the glucocorticoid receptor) (Burchiel et al., 2008; Dvorak et al., 2008; Sonneveld et al., 2007) and estrogen (Boverhof et al., 2008; Marquez-Bravo and Gierthy, 2008; Tanaka et al., 2007).
- Progress pertaining to TCDD's effects on oxidative stress and DNA damage (Lin et al., 2007, Lu et al., 2007) and events in the mitochondria (Biswas et al., 2008; Shertzer et al., 2006).
- Study of TCDD's effects on cell-fate decisions. Mechanisms by which TCDD induces G1 arrest in hepatic cells (Mitchell et al., 2008; Weiss et al., 2008) and decreases viability of endometrial endothelial cells (Bredhult et al., 2007), insulin-secreting beta cells (Piaggi et al., 2007), peripheral T cells (Singh et al., 2008), and neuronal cells (Bredhult et al., 2007) were identified. The findings may be relevant to cancer, reproductive health, diabetes, immune function, and neurotoxicity. Insights were also gained into TCDD's effects on maturation and differentiation of adipocytes (Arsenescu et al., 2008), granule neuron precursors (Collins et al., 2008), dendritic cells (Lee et al., 2007), and how TCDD induces the differentiation of regulatory T cells (Funatake et al., 2008; Gill et al., 2008; Hollingshead et al., 2008).
- Increased evidence that the TCDD–AHR pathway may impinge on the cytokineinflammatory response (Chiaro et al., 2008; Dong and Matsumura, 2008; Hollingshead et al., 2008; Ito et al., 2008; Li et al., 2007; Vogel et al., 2007a,b).

Those publications collectively have added to what was already strong support of an association of TCDD exposure with adverse health effects in laboratory animals and, by extension, in humans.

Summary on Biologic Plausibility of TCDD Inducing Adverse Effects in Humans

Mechanistic studies in vitro and in laboratory animals have characterized the biochemical pathways and types of biologic events that contribute to adverse effects of exposure to TCDD. For example, much evidence indicates that 2,3,7,8-TCDD acting via the AHR in partnership with ARNT alters gene expression. Receptor binding may result in release of other cytoplasmic proteins that alter the expression or activity of other cell-regulatory proteins. Mechanistic studies also indicate that many other cellular component proteins contribute to the gene-regulatory effect and that the response to TCDD exposure involves a complex interplay between genetic and environmental factors. Comparative data from animal and human cells in vitro and from tissues suggest a strong qualitative similarity among species in response to TCDD, and this further supports the applicability to humans of the generalized model of initial events in response to dioxin exposure. Biochemical and biologic responses to TCDD exposure are considered adaptive or simply reflective of exposure and not adverse in themselves if they take place within the normal homeostatic parameters of an organism. However, they may exceed physiologic parameters or constitute an early event in a pathway leading to damage to sensitive members of the population. In the latter case, the response is toxic and would be expected to cause an adverse health effect. From a mechanistic standpoint, adverse effects identified in vitro are expected to occur in all the cells of an organism and to all the organisms that express these proteins. That generalization sets the ground rules for the concept of *biologic plausibility*, which relies on extrapolation from laboratory tests to human risks, and on the precautionary principle, which bases decision-making on precaution if the precise nature or magnitude of the potential damage that a substance may cause in humans is uncertain.

When deemed useful, the findings from individual publications are presented in the biologicplausibility sections associated with specific health outcomes.

PHENOXY HERBICIDES: 2,4-D AND 2,4,5-T

Chemistry

2,4-D (Chemical Abstracts Service [CAS] No. 94-75-7) is an odorless and, when pure, white crystalline powder; it may appear yellow when phenolic impurities are present. The melting point of 2,4-D is 138°C, and the free acid is corrosive to metals. It is soluble in water and in a variety of organic solvents (such as acetone, alcohols, ketones, ether, and toluene). 2,4,5-T (CAS No. 93-76-5) is an odorless, white to light-tan solid with a melting point of 158°C. 2,4,5-T is noncorrosive and is soluble in alcohol and water. It reacts with organic and inorganic bases to form salts and with alcohols to form esters.





Uses of 2,4-D and 2,4,5-T

2,4-D has been used commercially in the United States since World War II to control the growth of broadleaf plants and weeds on range lands, lawns, golf courses, forests, roadways, parks, and agricultural land and remains today a widely used herbicide approved for use by the European Union and the US EPA. Formulations include 2,4-D amine and alkali salts and esters, which are mobile in soil and easily absorbed through the leaves and roots of many plants. Like 2,4-D, 2,4,5-T was developed and marketed as a herbicide during World War II. However, the registration for 2,4,5-T was canceled by EPA in 1978 when it became clear that it was contaminated with TCDD during the manufacturing process.

The herbicidal properties of 2,4-D and 2,4,5-T are related to their ability to mimic the plant growth hormone indole acetic acid. They are selective herbicides in that they affect the growth of only broadleaf dicots (which include most weeds) and do not affect monocots such as wheat, corn, and rice.

Absorption, Distribution, Metabolism, and Elimination

Several studies have examined the absorption, distribution, metabolism, and excretion of 2,4-D and 2,4,5-T in animals and humans. Data on both compounds are consistent among species and support the conclusion that absorption of oral or inhaled doses is rapid and complete. Absorption through the skin is much lower but may be increased with the use of sunscreens or alcohol (Brand et al., 2002; Pont et al., 2004). After absorption, 2,4-D and 2,4,5-T are distributed widely in the body but are eliminated quickly, predominantly in unmetabolized form in urine (Sauerhoff et al., 1977). Neither 2,4-D nor 2,4,5-T is metabolized to a great extent in the body although 2,4,5-trichlorophenol and 2,4-dichlorophenol have been identified as trace metabolites in urine. The half-life in humans after single doses of 2,4-D or 2,4,5-T has been estimated to be about 18–23 hours (Gehring et al., 1973; Kohli et al., 1974; Sauerhoff et al., 1977; WHO, 1984).

Results of a recent study that examined concentrations of 2,4-D and its metabolites in the urine of herbicide applicators was consistent with 2,4-D urinary half-life estimates of 13–40 hours in humans (Hines et al., 2003).

Toxicity Profile

The toxicity data base on 2,4-D is extensive (<u>http://www.epa.gov/ttn/atw/hlthef/di-oxyac.html</u>: accessed January 21, 2009), whereas the data available on the toxicity of purified 2,4,5-T, independent of its contamination by TCDD, are sparce. Since TCDD is much more toxic than 2,4,5-T, and much of the toxicity attributed to 2,4,5-T in early studies was later shown to be caused by the TCDD contaminant. The following summary therefore focuses on 2,4-D toxicity, and information on pure 2,4,5-T is added when it is available.

After a single oral dose, 2,4-D is considered to produce moderate acute toxicity with an LD₅₀ (dose lethal to 50% of exposed animals) of 375 mg/kg in rats, 370 mg/kg in mice and from less than 320 to 1,000 mg/kg in guinea pigs. Rats and rabbits have dermal LD₅₀s of 1,500 mg/kg and 1,400 mg/kg, respectively. 2,4,5-T itself also produces moderate acute toxicity, with oral LD₅₀s of 389 mg/kg in mice and 500 mg/kg in rats. Death from acute poisoning with 2,4-D or 2,4,5-T has been attributed to the ability of the chemicals to uncouple oxidative phosphorylation, a vital process used by almost all cells in the body as the primary means of generating energy. After exposure to high doses, death can occur rapidly from multiple organ failure. Studies in rats, cats, and dogs indicate that the central nervous system is the principal target organ for acute 2,4-D toxicity in mammals and suggest that the primary site of action is the cerebral cortex or the reticular formation (Dési et al., 1962a,b; Arnold et al., 1991). Neurotoxicity in humans is the predominant effect of acute inhalation and oral exposure to 2,4-D; symptoms include stiffness of arms and legs, incoordination, lethargy, anorexia, stupor, and coma. 2,4-D is also an irritant of the gastrointestinal tract, causing nausea, vomiting, and diarrhea.

Chronic exposure to 2,4-D at relatively high concentrations has been shown to produce a variety of toxic effects, including hepatic and renal toxicity, neurotoxicity, and hematologic changes. A no-observed-adverse-effect level (NOAEL) of 2,4-D of 1 mg/kg was identified for renal toxicity in rats (Hazleton, 1986). The reproductive toxicity of 2,4-D is limited to reduced survival and decreased growth rates of offspring of mothers fed high doses during pregnancy and was associated with maternal toxicity. However, even at high exposures, 2,4-D did not affect fertility and did not produce teratogenic effects in the offspring. The purity of 2,4,5-T has been shown to influence its reproductive toxicity of 2,4-D has been reported in a small number of studies. At high doses that produced clinical toxicity, suppression of the antibody response was observed, whereas other measures of immune function were normal. The immunotoxicity of 2,4,5-T has not been evaluated in laboratory animals.

Carcinogenicity

The carcinogenicity of 2,4-D or 2,4,5-T has been studied in rats, mice, and dogs after exposure in their food, direct placement in their stomachs, or exposure of their skin. All the studies had negative results except one that found an increased incidence of brain tumors in male

rats, but not female rats, that received the highest dose of 2,4-D. The occurrence of malignant lymphoma in dogs kept as pets was reported to be higher when owners reported that they used 2,4-D on their lawns than when they did not (Hayes et al., 1991, 1995), but detailed reanalysis did not confirm this finding (Kaneene and Miller, 1999). A controlled study using dogs exposed to 2,4-D in the laboratory had negative results. Timchalk (2004) suggested that dogs are not relevant for comparative evaluation of human health risk attributable to 2,4-D exposure, because they excrete 2,4-D less efficiently than rats or humans. 2,4-D is not metabolized to reactive intermediates capable of interacting with DNA, and the evidence supports the conclusion that 2,4-D is not a carcinogen.

CACODYLIC ACID

Chemistry

Arsenic (As) is a naturally occurring element that exists in trivalent form (As^{+3} or As^{III}) and pentavalent form (As^{+5} or As^{V}). The As^{III} in sodium arsenite is generally considered to be the most toxic. Arsenic is commonly present in drinking-water sources associated with volcanic soils and can reach high concentrations (over 50 ppb). Numerous human health effects have been attributed to drinking-water exposure, particularly bladder, skin, and lung cancers and vascular diseases.

Figure 4-3 Structure of selected arsenic-containing compounds.

$ \begin{array}{c} O \\ \parallel \\ HO - As - O \\ - \\ OH \\ Arsenate \end{array} $	HO — As — O ⁻ OH Arsenite		
O H ₃ C —As — OH OH Methyl Arsonic Acid MMA ^v	H ₃ C —As — OH OH Methyl Arsonous Acid MMA ^{III}		
$\begin{array}{c} O \\ \parallel \\ H_3C - As - CH_3 \\ \mid \\ OH \\ Dimethyl Arsenic Acid \\ DMA^{\vee} \end{array}$	H₃C —As — CH₃ │ OH Dimethyl Arsinous Acid DMA ^{III}	H ₃ C —As — CH ₃ H Dimethyl Arsine	
O H ₃ C — As — CH ₃ CH ₃ Trimethyl Arsine Oxide TMAO	H ₃ C —As — CH ₃ CH ₃ Trimethyl Arsine		

Arsenic exists in both inorganic and organic (methylated) forms and is readily metabolized in humans and other species. Inorganic arsenic can be converted to organic forms, but organic forms cannot be converted into inorganic forms (Cohen et al., 2006). Cacodylic acid has a valence of +5 and is typically referred to as dimethylarsinic acid (DMA^V). Cacodylic acid, disodium methanearsonate, and monosodium methanearsonate are herbicides. EPA-approved for use in the United States, where they are occasionally applied on golf courses and large open spaces, and was the form of arsenic used in Agent Blue

Figure 4-4 General pathways of arsenic metabolism after exposure to inorganic arsenic (iAs).



Adapted with permission from Cohen et al., 2006.

 DMA^V made up about 30% of Agent Blue, one of the mixtures used for defoliation in Vietnam. Agent Blue was chemically and toxicologically unrelated to Agent Orange, which consisted of phenoxy herbicides contaminated with DLCs. As shown in Figure 4-4, DMA and monomethyl arsonic acid (MMA) are metabolic products of exposure to inorganic arsenic. Methylation of inorganic arsenic generally was initially considered to be a detoxification process associated with increased excretion (Vahter and Concha, 2001). More recently, however, some of the methylated metabolic intermediates have been thought to be more toxic than the parent compound. The methylation pathway of inorganic arsenic results in the formation of pentavalent DMA (DMA^V) and trivalent DMA (DMA^{III}). The committee contemplated the relevance to

DMA of data on exposure to inorganic arsenic. Although inorganic arsenic is a human carcinogen, there is no evidence that direct exposure to DMA produces cancer in humans. DMA also is not demethylated to inorganic arsenic (Vahter et al., 1984). It has not been established, nor can it be inferred, that the observed effects of exposure to inorganic arsenic are also caused by exposure to DMA. Therefore, the literature on inorganic arsenic is not considered in this report. The reader is referred to Arsenic in Drinking Water (NRC, 1999a) and Arsenic in Drinking Water: 2001 Update (NRC, 2001).

Toxicokinetics

The metabolism and disposition of DMA^V has recently been reviewed (Cohen et al., 2006). In general, DMA^V is rapidly excreted mostly unchanged in the urine of most animal species after systemic exposure. However, rat are unique in that a small percentage (10%) of DMA^V binds to hemoglobin in red blood cells and leads to a longer half-life in blood (Cui et al., 2004; Suzuki et al., 2004). Rat hemoglobin is unique in its binding of DMA^V in that its binding affinity to DMA^V is 10 times higher than that of human hemoglobin (Lu et al., 2004). Chronic exposure of normal rat hepatocytes to DMA^V resulted in reduced uptake over time and in acquired cytotoxic tolerance (Kojima et al., 2006); the tolerance was mediated by induction of glutathione-Stransferase activity and of multiple-drug-resistant protein expression. Adair et al. (2007) recently examined the tissue distribution of DMA in rats after dietary exposures for 14 days; they found that it was extensively metabolized to trimethylated forms and suggested that TMA metabolites may play a role in toxicity.

Recently, a physiologically based pharmacokinetic model for intravenous and ingested DMA^V has been developed for mouse data (Evans et al., 2008). Similar models have been developed for humans on the basis of exposure to inorganic arsenic (El-Masri and Kenyon, 2008), but these models have limited utility in considering the toxicity of DMA^V exposures that are relevant to veterans.

Toxicity Profile

This section discusses the toxicity associated with organic forms of arsenic, most notably DMA^V because this is the active ingredient in Agent Blue. The toxicity of inorganic arsenic is not considered relevant to veteran exposures to Agent Blue.

Neurotoxicity

Kruger et al. (2006) found that DMA^{III} and DMA^V significantly attenuated neuronal ion currents through N-methyl-D-aspartate receptor ion channels whereas only DMA^V inhibited ion currents through α -amino-3-hydroxy-5-methylisoxazole-4-propionic acid receptors. The data suggest that those methylated forms of arsenic may have neurotoxic potential.

Immunotoxicity

Previous studies have shown that a low concentration of DMA^V (10⁻⁷ M) could increase proliferation of human peripheral blood monocytes after their stimulation with phytohemagglutinin whereas it took a high concentration (10⁻⁴ M) to inhibit release of interferon- γ ; this suggested that immunomodulatory effects of DMA^V are concentration-specific (Di Giampaolo et al., 2004).

Genotoxicity and Carcinogenicity

Cancer has been induced in the urinary bladder, kidneys, liver, thyroid glands, and lungs of laboratory animals exposed to high concentrations of DMA (Wei et al., 2002). Exposure to DMA^V resulted in necrosis of the urinary bladder epithelium followed by regenerative hyperplasia (Cohen et al., 2002).

DMA^{III} was considerably more potent than DMA^V in inducing DNA damage in Chinese hamster ovary cells (Dopp et al., 2004), and this was associated with a 10% uptake of DMA^{III} into the cells compared with 0.03% uptake of DMA^V. An additional study showed that DMA^V is poorly membrane-permeable, but when forced into cells by electroporation it can induce DNA damage (Dopp et al., 2005). Furthermore, DMA^V induced protein-DNA adducts in lung fibroblast cells (MRC-5) (Mouron et al., 2005) and transformation loci in 3T3 fibroblasts after posttreatment with the tumor promoter 12-*O*-tetradecanoylphorbol-13-acetate (TPA) (Tsuchiya et al., 2005). However, DMA^V was devoid of promotion activity in 3T3 fibroblasts when cells were pretreated with 3-methylcholanthrene or sodium arsenite.

DMA^V, but not inorganic arsenic species, exhibited genotoxicity in *Drosophila* as assessed with the somatic mutation and recombination test (Rizki et al., 2006). *Drosophila* lacks the ability to methylate arsenic, so the data suggest that arsenic biomethylation is a key determinant of arsenic genotoxicity.

 DMA^{III} and DMA^{V} have been shown to induce DNA damage by increasing oxidative stress. Chronic exposure of ddY mice to DMA^{V} at 400 ppm in drinking water increased staining for 4hydroxy-2-nonenal adducts, which are indicative of oxidative stress, and for 8-oxo-2'deoxyguanosine (8-oxodG), reactive oxygen-species-induced DNA damage, in Clara cells of the lung (An et al., 2005). Gomez et al. (2005) demonstrated that DMA^{III} induced a dose-related increase in DNA damage and oxidative stress in Jurkat cells.

Two studies investigated the degree to which oxidative stress may mediate DMA^V cytotoxicity. In one study, an antioxidant (*N*-acetylcysteine, vitamin C, or melatonin) and DMA at 100 ppm DMA^V were coadministered to F344 rats for 10 weeks (Wei et al., 2005). *N*-Acetylcysteine inhibited DMA^V -induced proliferation of the urinary bladder epithelium whereas neither vitamin C nor melatonin had an effect; this suggested that oxidative stress may mediate the cytotoxic process in the urothelium. In the second, metallothionein wild-type and null mice were exposed to a single oral dose of DMA^V at 0, 188, 375, or 750 mg/kg (Jia et al., 2004). DMA^V induced a dose-dependent increase in metallothionein in the livers of wild-type mice, but metallothionein was undetectable and uninducible in the null mice. At 24 hours after exposure, DMA^V induced dose-dependent DNA adducts, DNA strand breaks, and pulmonary and bladder apoptosis in both genotypes, but the incidence of damage was significantly higher in the null mice. Those results suggest that metallothionein may play a protective role against DMA^V -induced DNA damage.

Gene-expression profiling of bladder urothelium after chronic exposure to DMA^V in drinking water showed significant increases in genes that regulate apoptosis, the cell cycle, and oxidative stress (Sen et al., 2005). Furthermore, doses that were nontoxic, according to a lack of histologic and ultrastructural changes, could be distinguished from toxic doses on the basis of the expression of a subset of genes involved in control of cell signaling and the stress response, such as thioredoxin, E-cadherin, and heat-shock 70 kDa. Xie et al. (2004) administered DMA^V at 1,000 ppm in drinking water to v-Ha-*ras* transgenic mice for 17 weeks and after 4 weeks of treatment applied TPA to the skin twice a week. The results were an initial 10% body-weight loss, a cumulative mortality of 20%, hepatic arsenic accumulation, hepatocellular degeneration and foci of inflammation without evidence of hepatic tumors, and hepatic DNA hypomethylation. Hepatic gene-expression profiling showed that DMA^V exposure induced changes consistent with oxidative stress, including induction of heme oxygenase, NAD(P)H:quinone oxidoreductase, and glutathione-*S*-transferase.

Mizoi et al. (2005) found that chronic administration of DMA^V at 400 ppm to mice after their initiation with 4-nitroquinolone 1-oxide (4NQO) significantly increased the number of lung tumors and the percentage of mice that had lung tumors. DMA^V also significantly increased pulmonary 8-oxodG adducts regardless of whether the mice had been treated with 4NQO. Hairless mice treated with DMA^{III} on the skin after initiation with dimethylbenz[*a*]anthracene exhibited a significant increase in epidermal 8-oxodG adducts and skin tumors.

In a 2-year bioassay, F344 rats were exposed to DMA^V at 0, 2, 10, 40, or 100 ppm in drinking water, and C57BL/6 mice were exposed at 0, 8, 40, 200, or 500 ppm (Arnold et al., 2006). The rats developed epithelial carcinomas and papillomas in the urinary bladder and nonneoplastic changes in the kidneys. The mice failed to develop any tumors but exhibited glomerular nephropathy, nephrocalcinosis, and vacuolation of the urinary epithelium. The murine NOEL based on nonneoplastic changes was 40 ppm in males and 8 ppm in females; the rat NOEL based on neoplastic and nonneoplastic changes was 10 ppm in both sexes. In a recent study, Cohen et al (2007) exposed F344 rats to DMA^V at 2–100 ppm in the diet for 2 years and found an increase in bladder tumors; they postulated that trimethylated forms of arsenic may be responsible for bladder cancer in rats. Similar findings have not been reported in other species. I light of the significant differences in metabolism of arsenic by different species and the lack of supportive data in humans, it cannot be concluded that DMA^V leads to an increase in cancer risk in humans.

Mechanisms

Oxidative stress is a common theme that runs through the literature on the mechanisms of action of arsenic, particularly with regard to cancer in animals, although some studies have suggested that methylated arsenicals (MMA^{III} and DMA^{III}) can induce mutations in mammalian cells at concentrations below those required to produce oxidative stress after in vitro exposures (Klein et al., 2008). Recent studies have shown that mice that are deficient in DNA-repair enzymes associated with oxidative stress are highly susceptible to formation of tumors, particularly lung tumors, induced by DMA^V (Kinoshita et al., 2007). The chemical reaction of arsenicals with thiol groups in sensitive target tissues, such as red blood cells and kidneys, may also be a mechanism of action of organic arsenicals (Naranmandura and Suzuki, 2008).

The variation in the susceptibility of various animal species to tumor formation caused by

inorganic and organic arsenic is thought to depend heavily on differences in metabolism and distribution. Thus, genetic differences may play an important role. Numerous investigators are examining potential human susceptibility factors and gene polymorphisms that may increase a person's risk of cancer and other diseases induced by arsenicals. Several such studies were reported during the update period covered by this update (Hernandez et al., 2008; Huang SK et al., 2008; Huang YK et al., 2008; McCarty et al., 2007; Meza et al., 2007; Steinmaus et al., 2007). However, the studies are in early stages, and it is not possible to identify polymorphisms that may contribute to a person's susceptibility to DMA-induced cancer or tissue injury.

PICLORAM

Chemistry

Picloram (4-amino-3,5,6-trichloropyridine-2-carboxylic acid or 4-amino-3,5,6-trichloropicolinic acid: see chemical structure in Figure 4-5) was used with 2,4-D in the herbicide formulation Agent White, which was sprayed in Vietnam. Picloram is also used commonly in Australia in a formulation with the trade name Tordon 75D®. Tordon 75D contains several chemicals, including 2,4-D, picloram, a surfactant diethyleneglycolmonoethyl ether, and a silicone defoamer. A number of studies of picloram used such mixtures as Tordon or other mixtures of 2,4-D and picloram that are similar to Agent White.

Toxicokinetics

The original VAO committee reviewed studies of the toxicokinetics of picloram. Studies of animals showed rapid absorption through the gastrointestinal tract and rapid elimination of picloram as the unaltered parent compound in urine. Nolan et al. (1984) examined the toxicokinetics of picloram in six healthy male volunteers who were given single oral doses of 0.5 or 5.0 mg/kg and a dermal dose of 2.0 mg/kg. Picloram was rapidly absorbed in the gavage study and rapidly excreted as unchanged compound in urine. More than 75% of the dose was excreted within 6 hours, and the remainder with an average half-life of 27 hours. On the basis of the quantity of picloram excreted in urine in the skin study, the authors noted that only 0.2% of the picloram applied to the skin was absorbed. Because of its rapid excretion, picloram has low potential to accumulate in humans.

In general, the literature on picloram toxicity continues to be sparse. Studies of humans and animals indicate that picloram is rapidly eliminated as the parent compound. Studies of animals have indicated that picloram is sparingly toxic at high doses.

Toxicity Profile

The original VAO committee reviewed studies of the carcinogenicity, genotoxicity, acute toxicity, chronic systemic toxicity, reproductive and developmental toxicity, and immunotoxicity of picloram. In general, there is limited evidence for cancer in some rodent models but not in other species (NCI, 1978). In those studies, there was some concern that contaminants in the

picloram (in particular, hexachlorobenzene) might be responsible for the carcinogenicity. Therefore, picloram has not been established as a chemical carcinogen.

There is also no evidence that picloram is a genotoxic agent on the basis of studies conducted by EPA (1988c). Picloram is considered a mild irritant; erythema is seen in rabbits only at high doses. The available information on the acute toxicity of picloram is also paltry. Some neurologic effects—including hyperactivity, ataxia, and tremors—were reported in pregnant rats exposed to picloram at 750 or 1,000 mg/kg (Thompson et al., 1972).

Chronic Systemic Toxicity

Several studies have reported various effects of technical-grade picloram on the livers of rats. In the carcinogenicity bioassay conducted by Stott and colleagues (1990) described above, treatment-related hepatomegaly, hepatocellular swelling, and altered tinctorial properties in the central regions of the liver lobules were noted in the groups exposed at 60 and 200 mg/kg per day. In addition, males and females exposed at the high dose had higher liver weights than controls. The NOEL was 20 mg/kg per day, and the lowest effect level was 60 mg/kg per day for histologic changes in centrilobular hepatocellular tissues. According to EPA, hexachlorobenzene (at 197 ppm) was probably not responsible for the hepatic effects (EPA, 1988c). Gorzinski and colleagues (1987b) also reported a dose-related increase in liver weights, hepatocellular hypertrophy, and changes in centrilobular tinctorial properties in male and female F344 rats exposed to picloram at 150 mg/kg per day and higher in the diet for 13 weeks. In a 90-day study, cloudy swelling in the liver cells and bile duct epithelium occurred in male and female F344 rats given 0.3% or 1% technical picloram in the diet (EPA, 1988c). Hepatic effects have also been reported in dogs exposed to picloram: increased liver weights were reported in beagles that received 35 mg/kg per day or more in the diet for 6 months (EPA, 1988c). No other effects of chronic exposure to picloram have been reported.

Reproductive and Developmental Toxicity

The reproductive toxicity of picloram was evaluated in a two-generation study; however, too few animals were evaluated, and no toxicity was detected at the highest dose tested, 150 mg/kg per day (EPA, 1988c). Some developmental toxicity was produced in rabbits exposed to picloram by gavage at 400 mg/kg per day on days 6–18 of gestation. Fetal abnormalities included single-litter incidences of forelimb flexure, fused ribs, hypoplastic tail, and omphalocele (John-Greene et al., 1985). Some maternal toxicity was observed at that dose, however, and EPA concluded on the basis of the low litter incidence of the findings, that the malformations were not treatment-related (EPA, 1988c). No teratogenic effects were produced in the offspring of rats given picloram by gavage at up to 1,000 mg/kg per day on days 6–15 of gestation, although the occurrence of bilateral accessory ribs was significantly increased (Thompson et al., 1972).

Immunotoxicity

Studies of the potential immunotoxicity of picloram included dermal sensitization and rodent immunoassays. In one study, 53 volunteers received nine 24-hour applications of 0.5 mL of a 2% potassium picloram solution on the skin of both upper arms. Each volunteer received challenge doses 17-24 days later. The formulation of picloram (its potassium salt) was not a skin sensitizer or an irritant (EPA, 1988c). In a similar study, a 5% solution of picloram (M-2439, Tordon 101 formulation) produced slight dermal irritation and a sensitization response in six of the 69 volunteers exposed. When the individual components of M-2439—picloram, triisopropanolamine (TIPA) salt, and 2,4-D TIPA salt-were tested separately, no sensitization reaction occurred (EPA, 1988c). Tordon K+, but not technical-grade picloram, was also found to be a skin sensitizer in guinea pigs (EPA, 1988c). CD1 mice exposed to Tordon 202C (94% 2,4-D and 6% picloram) had no consistent adverse effects on antibody responses (Blakey, 1997).

Mechanisms

There are no well-characterized mechanisms of toxicity known for picloram and therefore they are not discussed here.

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¹ Throughout the report the same alphabetic indicator following year of publication is used consistently for the same article when there were multiple citations by the same first author in a given year. The convention of assigning the alphabetic indicator in order of citation in a given chapter is not followed.

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EPIDEMIOLOGIC STUDIES—NEW CITATIONS AND BACKGROUND ON REPEATEDLY STUDIED POPULATIONS

The continuing effort to evaluate and integrate all results of human studies pertinent to possible health effects of exposure to any of the chemicals of interest—2,4-dichlorophenoxyacetic acid (2,4-D), 2,4,5-trichlorophenoxyacetic acid (2,4,5-T) and its contaminant 2,3,7,8-tetrachlorodibenzo-*p*-dioxin (TCDD), 4-amino-3,5,6-trichloropicolinic acid (picloram); and cacodylic acid (dimethylarsinic acid or DMA)—has involved the consideration of thousands of citations over the successive updates. Results of a study of a single population may be reported in connection with a multiplicity of health outcomes and more than one publication, particularly if a study is of the cohort design with repeated follow-ups.

The major purpose of the chapters on epidemiology or epidemiologic studies in the original *VAO* report and its updates has always been to reduce repetition of design information in the health-outcomes chapters from outcome to outcome and from update to update. Deviating somewhat from the format of previous VAO reports, this chapter first provides tables listing the epidemiologic citations that are new, which represent a compendium of the sources of new information on health outcomes in humans considered by this committee. The citations correspond to publications that appeared from October 1, 2006 (the closing date for inclusion in the *Update 2006*) through September 30, 2008.

Earlier reports in the VAO series used an organizational framework for this chapter, for discussions of health outcomes, and for results tables, which categorized each publication containing primary epidemiologic findings as an occupational study, an environmental study, or a study of Vietnam veterans. Those categories were not intended to imply that any of the populations is intrinsically more valuable for the committee's purpose. Various study designs (most importantly, cohort, case–control, and cross-sectional) have strengths and weaknesses (see Chapter 2) that influence their potential to contribute evidence of an association with the health outcomes considered in Chapters 6–9. This update retains the categorization scheme. The second part of this chapter discusses the design details of new reports on populations already under study and on multiple outcomes in new populations. The occupational-studies section covers studies of production workers, agriculture and forestry workers (including herbicide and pesticide applicators), and paper and pulp workers. The environmental-studies section covers studies of populations unintentionally exposed to unusually high concentrations of herbicides or dioxins as a result of where they lived, such as Seveso, Italy; Times Beach, Missouri; and the southern portion of Vietnam. The section on Vietnam–veteran studies covers studies of US
veterans conducted by the Air Force, the Centers for Disease Control and Prevention (CDC), the Department of Veterans Affairs (VA), the American Legion, and individual states; it also discusses studies of veterans from other nations (such as Australia and Korea) that fought in Vietnam.

In addition to reviewing studies involving exposures to the chemicals of interest (2,4-D, 2,4,5-T and its contaminant TCDD, cacodylic acid, and picloram), this and earlier VAO committees have examined any available studies that address compounds chemically related to the herbicides used in Vietnam, such as 2-(2-methyl-4-chlorophenoxy) propionic acid, hexachlorophene, and chlorophenols, particularly 2,4,5-trichlorophenol. Some study investigators did not indicate in their published reports the specific herbicides to which study participants were exposed or the magnitude of exposure; those complicating factors were considered when the committee weighed the relevance of a study, as detailed in Chapter 2. Available details of exposure assessment and use of the resulting data in analyses are discussed in Chapter 3, which follows the same sequence to categorize study populations.

NEW CITATIONS

To elucidate further the new epidemiologic data reviewed by the committee for this update, three tables that list new citations have been included. Tables 5-1 and 5-2 both list citations of studies of populations that have not been reviewed in previous updates; studies listed in Table 5-1 address single health outcomes, and studies in Table 5-2 address multiple health outcomes. Studies listed in Table 5-1 are critiqued in the health-outcomes section for the outcome investigated. To reduce repetition in the report, studies in Table 5-2 are described in detail in this chapter and only briefly in the health-outcomes sections of chapters 6–9; this avoids recapitulation of the information every time another health outcome in a given study is discussed. Finally, new studies that report of populations that have been discussed in previous updates are listed in Table 5-3; these are described in detail in this chapter in the context of associated studies reviewed by earlier VAO committees and are addressed briefly thereafter in the relevant health-outcomes sections.

Citations Reporting on a Single Health Outcome in New Populations

New studies reporting on only a single health outcome in previously unstudied populations are listed in Table 5-1 with an indication of the outcome. Descriptions and critiques of the studies will appear only in the sections of the report that discuss the results on the particular health outcomes.

Author	Year	Study Design	Exposure Measure(s)	Health Outcome	Study
1 iulioi	i cui	Study Design	Having Results	Reported	Population
Studies of Vietna	am Vete	rans			
Chamie et al.	2008	Case-control	Self-reported exposure to Agent Orange	o Agent Orange	
Occupational St	udies				
Monge et al.	2007	Population- based case– control	Pesticides, including picloram, 2,4-D	Childhood leukemia	Costa Rican parents of children with childhood leukemia
Samanic et al.	2008	Case-control	Herbicides (unspecified) from JEM, self-reported occupational history	Adult brain tumors	Patients with new diagnosis of glioma or meningioma
Environmental S	Studies				
Abdelouahab et al.	2008	Cross- sectional	Mercury, lead, organochlorines, including dl PCBs 105, 118, 156	Thyroid homeostasis	Men and women who consume freshwater fish from Canadian lakes
Brighina et al.	2008	Case-control	Herbicides, discussion of 2,4-D	PD	PD patients from Wisconsin, Iowa, South Dakota, North Dakota
Chao et al.	2007	Cross- sectional	PCDD, PCDF, PCBs	Menstrual-cycle characteristics	Healthy Taiwanese mothers (18–40 years old)
Cok et al.	2008	Case-control	PCDDs, PCDFs, dl PCBs	Male infertility	Surgical patients from Ankara University, School of Medicine, Turkey
Cooney et al.	2007	Case-control	Pesticides, herbicides	Wilm's tumor (childhood cancer)	523 case mothers and 517 controls from US and Canada
Dhooge et al.	2006	Cross- sectional	Serum TCDD (5- months after PCB, dioxin food- contamination episode in Belgium)	Reproductive parameters	101 Flemish men 20–40 years old
Eriksson et al.	2008	Population- based case- control	Herbicides; specific phenoxy herbicides, including 2,4,5-T, 2,4- D, MCPA	NHL	Swedish patients with diagnosis of NHL December 1, 1999–April 30, 2002

Table 5-1 Citations on Study Populations New in Update 2008 with Results on a Single Health Outcome

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Author	Year	Study Design	Exposure Measure(s) Having Results	Health Outcome Reported	Study Population
Hancock et al.	2008	Family-based case–control	Self-reported herbicide or chlorophenoxy acid or ester use	PD	PD patients, family members (with, without PD)
Heilier et al.	2006	Cross- sectional	dl compounds	PE, DEN	47 patients with endometriosis, DEN
Heilier et al.	2007	Matched case-control	PCDD, PCDF, PCB exposure	PE, DEN	88 matched triads: women with DEN, women with PE, controls
Hertz-Picciotto et al.	2008	Cohort	PCB congeners, including dl PCBs 105, 118, 170, 180	Sex ratio	Cord blood extracted from pregnant women in San Francisco Bay area
Meyer et al.	2006	Case-control	Agricultural pesticides including 2,4-D and dicamba. pounds of pesticides applied or persisting within 600 m of subject's home during gestational weeks 6–16	Hypospadias	Cases and controls born 1998–2002 in eastern Arkansas.
Nishijo et al.	2008	Cross- sectional	TEQs, seven pesticides	Birthweight (length, chest, and head circumference)	Japanese women, their newborn infants
Polsky et al.	2007	Case-control	PCBs, including 118, 156, total PCBs, chlorinated pesticides	Erectile dysfunction	Ontario men
Rubin et al.	2007	Cross- sectional case comparison	31 nonpersistent pesticides, 11 persistent pesticides, including 2,4- dichlorophenol, 2,4,5- trichlorophenol	Childhood leukemia	Cluster in Churchill County, NV
Rudant et al.	2007	Case-control	Maternal household herbicide use during pregnancy (paternal use since conception entirely unrelevant)	Childhood hematopoietic malignancies	Residents of France
Sagiv et al.	2007	Cohort	PCBs, including 118, 138, 153, 180	Infant size at birth (weight, length, head circumference)	Four towns near PCB- contaminated harbor in MA)
Spinelli et al.	2007	Population- based case– control	dl PCBs 105, 118, 156; non-dl PCBs	NHL	Residents of British Columbia, Canada
Teitelbaum et al.	2007	Population- based case- control	Self-reported lifetime residential use of lawn and garden pesticides (unspecified)	Breast cancer	Women living on Long Island, NY
Toft et al.	2007	Cross- sectional	Endocrine-disrupting compounds; dl activity by CALUX, AHR	Semen quality	Inuits, three European populations

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Author	Year	Study Design	Exposure Measure(s) Having Results	Health Outcome Reported	Study Population
Tsuchiya et al.	2007	Case-control	competitive activity TEQ of dioxin (sum of dl compounds); TEQ of PCBs (sum of mono-ortho PCBs)	Endometriosis, polymorphisms	Infertile Japanese women
Tsukimori et al.	2008	Retrospective survey	PeCDF, and dl PCBs 126, 169	Pregnancy outcomes (loss, preterm)	Yusho subjects 36 years after 1968 incident
Xu et al.	2007	Case-control	Herbicides (unspecified)	NK/T-cell lymphoma	Patients in East Asia
Zambon et al.	2007	Population- based, case– control	Residential duration and distance from 33 industrial sources	Sarcoma	Residents of Province of Venice, Italy

Abbreviations: 2,4-D, 2,4-dichlorophenoxyacetic acid; AHR, arylhydrocarbon receptor; CALUX, chemically activated luciferase gene expression; DEN, deep endometriotic nodules; dl, dioxin-like; JEM, job–exposure matrix; MCPA, 2-methyl-4-chlorophenoxyacetic acid; NHL, non-Hodgkin's lymphoma; PCB, polychlorinated biphenyl; PCDD, polychlorinated dibenzo-*p*-dioxin; PCDF, polychlorinated dibenzofuran; PD, Parkinson's Disease; PE, peritoneal endometriosis; TCDD, 2,3,7,8-tetrachlorodibenzo-*p*-dioxin; TEQ, toxicity equivalent; TSH, thyroid-stimulating hormone.

Citations Reporting on Multiple Health Outcomes in New Populations

Newly accessed citations reporting on multiple health outcomes in populations that have not been studied before are listed in Table 5-2, which indicates which outcomes were investigated. Single comprehensive discussions of the studies are presented in this chapter, organized according to the type of study population. The results, with comments related to their reliability or limitations, appear in the appropriate outcome-specific sections of Chapters 6–9. Their design information is presented in the cumulative tables in Appendix C.

Table 5-2	Citations	on Study	Populations	New in	n <i>Update</i>	2008	with	Results	on	Multiple	Health
Outcomes											

Author	Year	Study Design	Exposure Measure(s) Having Results	Health Outcome(s) Reported	Study Population		
Occupational Stu Richardson et al.	udies 2008	Population- based case-	Exposure estimates derived from JEM for	NHL, CLL	German nationals, 15–75 years of age.		
		control	chlorophenols, herbicides, others		newly diagnosed NHL cases that occurred between 1986 and 1998		
Environmental S	Studies		TION CORV. UNCORD	ECTED DROOF			
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Author	Year	Study Design	Exposure Measure(s) Having Results	Health Outcome(s) Reported	Study Population
Karouna-Renier et al.	2007	Cross- sectional	17 PCDD, PCDF congeners	Hypertension, diabetes, liver function	Former employees, their families, residents living near Pensacola, FL wood treatment plant
Read et al.	2007	Ecologic	2,4,5-T	All cancers, STS, HD, NHL, CLL	Residence near 2,4,5-T manufacturing plant in New Zealand
	The ren NHANI	nainder of these c ES surveys in 199	itations report on a varied 99–2002 and 2003–2004	y of individual outcomes ad	ddressed in the
Everett et al.	2007	Cross- sectional	HxCDD, PCB-126, DDT	Diabetes	NHANES-IV
Everett et al.	2008a, 2008b	Cross- sectional	PCBs, including dl PCBs 118 and 126	Hypertension	NHANES (1999– 2002, 1999–2004)
Ha et al.	2007	Cross- sectional	Serum PCDDs, PCDFs, dl and non-dl PCBs, including PCB 118, 126, 156, 169, 170, 180	Cardiovascular disease	NHANES (1999– 2002) (1/3 subsample)
Lee D-H et al.	2006	Cross- sectional	Six POPs, including 1,2,3,4,6,7,8- heptachlorodibenzo- <i>p</i> -dioxin, 1,2,3,4,6,7,8,9- octachlorodibenzo- <i>p</i> - dioxin	Diabetes	NHANES (1999– 2002)
Lee D-H et al.	2007a	Cross- sectional	Serum concentrations of 19 POPs, including PCDD, PCDF, PCB 118, 126, 169	Metabolic syndrome	NHANES (1999– 2002)
Lee D-H et al.	2007b	Cross- sectional	Serum concentrations of 19 POPs, including PCDD, PCDF, PCB 118, 126, 169	Insulin resistance in nondiabetic adults	NHANES (1999– 2002)
Lee D-H et al.	2007c	Cross- sectional	Serum concentrations of 19 POPs, including PCDD, PCDF, PCB 118, 126, 169	Arthritis, rheumatoid arthritis	NHANES (1999– 2002)
Turyk et al.	2007	Cross- sectional	Total PCBs, total TEQs (dioxin, furans, coplanar mono-ortho- substituted PCBs)	Thyroid hormones	NHANES (1999– 2000, 2001–2002)

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Abbreviations: 2,4,5-T, 2,4,5-trichlorophenoxyacetic acid; CLL, Chronic lymphocytic leukemia; dl, dioxin-like; HD, Hodgkin's disease; JEM, job–exposure matrix; NHANES, National Health amnd Nutritional Examination Survey; NHL, non-Hodgkin's lymphoma; PCB, polychlorinated biphenyl; PCDD, polychlorinated dibenzo-*p*-dioxin; PCDF,

polychlorinated dibenzofuran; POP, persistent organic pollutants; STS, soft-tissue sarcoma; TEQ, toxicity equivalent.

New Citations on Previously Studied Populations

A number of long-term studies of populations exposed to the herbicides sprayed in Vietnam or to their components are of particular importance to the VAO project. It is essential that laboriously amassed information on a single population be recognized as such. Placing each new publication in historical context helps the committee to avoid factoring into its deliberations repeatedly what is actually a single observation. Such clusters of studies are useful in describing the course of a population may yield insight into relationships with potential confounding factors. Many of the cohorts that have contributed to the cumulative findings of the VAO committees have become dormant; however, the cohorts' histories are briefly recapitulated in the body of this report. Additional background information can be found in earlier reports in this series.

Many cohorts potentially exposed to any of the chemicals of interest are monitored periodically, including the cohorts of the National Institute for Occupational Safety and Health (NIOSH), the International Agency for Research on Cancer (IARC), and the National Cancer Institute (NCI); residents of Seveso; and Ranch Hand personnel. For the sake of thoroughness, the discussions of specific health outcomes and the associated cumulative-results tables in Chapters 6–9 include references to studies discussed in previous VAO reports and to new studies. However, in drawing its conclusions, the committee focused on the most recent update (*Update 2006*) when multiple reports on the same cohorts and health outcomes were available. Individual researchers who belong to research consortia evaluating cohorts in large multicenter studies (such as the IARC and NCI cohort studies) sometimes publish reports based solely on the subset of subjects they themselves are monitoring. All the studies are noted in the present report, but in drawing its conclusions the committee focused on the studies of the larger, multicenter cohorts.

The new citations on previously studied populations are listed in Table 5-3. For citations listed there, the current citation is discussed in the context of the history of publications on the population with an explanation of how the new work meshes with earlier efforts.

Author	Year	Study Design	Exposure Measure(s) Having Results	Health Outcome(s) Reported	Study Population
	.				
Studies of Vietna Cypel and Kang	m Veter: 2008	ans Retrospective cohort	Service in Vietnam during Vietnam War	Mortality from all causes; all cancers; cancers of large intestine, pancreas, lung, breast, uterus, CNS, lymphopoietic system; circulatory system diseases	VA Environmental Epidemiology Service cohort of female Vietnam, Vietnam-era veterans
Gupta et al.	2006	Longitudinal prospective cohort	Serum TCDD	Serum testosterone, benign prostatic hyperplasia	AFHS (sprayers vs nonsprayers)
Michalek and Pavuk	2008	Prospective cohort	Serum TCDD	Diabetes, cancer	AFHS (calendar period of service, days spraying, years in SEA)
Occupational Stu	ıdies				
Hansen et al.	2007	Cohort	Pesticides, including 2,4-D, 2,4,5-T	Cancer: buccal cavity and pharynx, digestive organs and peritoneum, respiratory system, male genital organs, urinary system, skin, STS, lymphatic and hematopoietic tissue	Danish male gardeners
Hoppin et al.	2006	Cohort	Pesticides, including 2,4-D, 2,4,5-T	Respiratory outcomes (wheeze)	AHS
Hoppin et al.	2007a	Cohort (cross- sectional analysis)	Pesticides, including 2,4-D, 2,4,5-T	Farmer's lung	AHS
Hoppin et al.	2007b	Cohort	Pesticides, including 2,4-D, 2,4,5-T	Chronic bronchitis	AHS
Hoppin et al.	2008	Cohort (cross- sectional analysis)	Pesticides, including 2,4-D	Atopic and nonatopic asthma	AHS (women only)
Kamel et al.	2007a	Cross- sectional	Pesticides, including 2,4-D, 2,4,5-T	Neurologic symptoms	AHS
Kamel et al.	2007b	Case-control	Pesticides, including 2,4-D, 2,4,5-T	PD	AHS
Lee WJ et al.	2007	Cohort	Pesticides, including 2,4-D, 2,4,5-T	Colorectal cancer	AHS
Mills and Yang	2007	Nested case– control	Pesticides, including 2,4-D	Gastric cancer	California Cancer Registry;

Table 5-3 Citations on Previously Studied Populations

Author	Year	Study Design	Exposure Measure(s) Having Results	Health Outcome(s) Reported	Study Population
					United Farm Workers roster (1973–1996), California Department of Pesticide Regulation
Montgomery et al.	2008	Cohort	Pesticides, including 2,4-D, 2,4,5-T, 2,4,5- TP, dicamba	Diabetes	AHS (5-year follow-up of licensed pesticide applicators)
Pelclová et al.	2007	Case-control	Serum TCDD	Endothelial dysfunction, impaired microvascular reactivity	Poisoned Czech production workers
Saldana et al.	2007	Cohort	Pesticides, including 2,4-D, 2,4,5-T, 2,4,5- TP, dicamba	Gestational diabetes	AHS
Samanic et al.	2006	Cohort	Dicamba	Cancer incidence	AHS
Urban et al.	2007	Case series	Plasma TCDD	Polyneuropathy, other neurologic effects	Poisoned Czech production workers
Valcin et al.	2007	Cohort	Herbicides	Chronic bronchitis	AHS (nonsmoking women)
Weselak et al.	2007	Cohort	In utero exposure to herbicides, phenoxy, 2,4-D, 2,4-DB, MCPA, dicamba	Cough, asthma, allergy	Ontario Farm Family Health Study
Environmental St	tudies				
Baccarelli et al.	2008	Cohort (residential- based population)	Serum TCDD; maternal exposure to TCDD	Neonatal thyroid function (TSH), birth weight, sex ratio	Seveso births 1994–2005
Consonni et al.	2008	Cohort	Serum TCDD	Mortality–all cancers; specific cancers: diabetes, circulatory, respiratory, digestive disease	Seveso population by zone
Eskenazi et al.	2007	Cohort	Serum TCDD	Fibroids	Seveso Women's Health Study
Miligi et al.	2008	Case–control	Herbicides including phenoxy herbicides, 2,4-D, MCPA	Cancers of hematolymphopoietic system (NHL, CLL, HD, leukemia, multiple myeloma)	Italian multicenter case–control study
Mocarelli et al.	2008	Cohort	Serum TCDD	Male fertility	Seveso Zone A men vs age-

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Author	Year	Study Design	Exposure Measure(s) Having Results	Health Outcome(s) Reported	Study Population
					matched men residing outside contamination zone
Viel et al.	2008	Population- based case– control	Residential proximity to municipal solid- waste incinerator (GIS-derived dioxin exposure)	Breast cancer	Residents of Besancon, France
Warner et al.	2007	Cohort	Serum TCDD	Ovarian function	Seveso Women's Health Study

Abbreviations: 2,4-D, 2,4-dichlorophenoxyacetic acid; 2,4,5-T, 2,4,5-trichlorophenoxyacetic acid; 2,4,5-TP, 2 (2,4,5-trichlorophenoxy) propionic acid; AFHS, Air Force Health Study; AHS, Agricultural Health Study; ALL, acute lymphocytic leukemia; CLL, chronic lymphocytic leukemia; CNS, central nervous system; GIS, grographic information system; HD, Hodgkin's disease; MCPA, 2-methyl-4-chlorophenoxyacetic acid; NHL, non-Hodgkin's lymphoma; PCB, polychlorinated biphenyl; PD, Parkinson's disease; SEA, Southeast Asia; STS, soft-tissue sarcoma; TCDD, 2,3,7,8-tetrachlorodibenzo-*p*-dioxin; THS. Thyroid-stimulating hormone; VA, Department of Veterans Affairs

RELEVANT POPULATIONS: NEW REPORTS WITH MULTIPLE HEALTH OUTCOMES OR WITH RESULTS ON PREVIOUSLY STUDIED GROUPS

One-time reports on given study populations that addressed only single health outcomes are not discussed in the rest of the chapter.

Of particular importance to the VAO project are a number of continuing studies of populations that have been exposed to the herbicides sprayed in Vietnam or to their components. Properly integrating new information into the existing database can enhance its usefulness. If new results are updatings on or concern a subset of previously considered study populations, "double-counting" resulting from ignoring this can bias overall findings, but separately reported information can impart new relevance to other data on a study population.

To avoid repetition in the health-outcome chapters (Chapters 6–9), this section summarizes the design characteristics of studies involving multiple health outcomes even if the study populations have not been addressed in other VAO publications. Detailed descriptions of many of the study populations can be found in Chapter 2 of the original *VAO* report, and the criteria for inclusion were discussed in Appendix A of that report. Available details of exposure assessment and use of exposure data are discussed in Chapter 3 of the present report.

The section below on Vietnam veterans covers studies conducted in the United States by the Air Force, CDC, VA, the American Legion, and the state of Michigan; it also discusses studies of Australian and South Korean Vietnam veterans. The section "Occupational Studies" covers studies of production workers, agriculture and forestry workers (including herbicide and pesticide applicators), and paper and pulp workers; case–control studies are of interest primarily for their evaluation of occupational exposures, so ones that address multiple outcomes or that are

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represented by several citations considered in VAO reports are presented at the end of the section. The section "Environmental Studies" covers studies of populations unintentionally exposed to unusually high concentrations of herbicides or dioxins as a result of where they lived, such as Seveso, Italy; Times Beach, Missouri; and the southern portion of Vietnam.

VIETNAM-VETERAN STUDIES

Studies of Vietnam veterans who might have been exposed to herbicides, including Agent Orange, have been conducted in the United States at the national and state levels and in Australia, Korea, and Vietnam. Exposures have been estimated by various means, and health outcomes have been evaluated with reference to various comparison or control groups. This section is organized primarily by research sponsor because it is more conducive to a methodologic presentation of the articles. Exposure measures fall on a crude scale from individual exposures of Ranch Hand personnel, as reflected in serum TCDD measurements, to some statewide studies' use of service in Vietnam as a surrogate for TCDD exposure.

Several comparison groups have been used for veteran cohort studies: Vietnam veterans who were stationed in areas essentially not exposed to active herbicide missions and who therefore were unlikely to have been in areas sprayed with herbicides; Vietnam-era veterans who were in the military at the time of the conflict but did not serve in Vietnam; non-Vietnam veterans who served in other wars or conflicts, such as the Korean War or World War II; and various US male populations (either state or national).

In all studies of Vietnam veterans (whether or not the subjects are American), the study subjects are in fact the target population of our charge, and they are assumed to have a higher probability of having received exposures of concern than people who did not serve in Vietnam, whether or not their individual exposures are characterized beyond the mere fact that they were deployed.

United States

Air Force Health Study (AFHS) of Operation Ranch Hand Subjects

Major defoliation activities in Vietnam were conducted by Air Force personnel as part of Operation Ranch Hand. Those veterans became the first subpopulation of Vietnam veterans to receive special attention with regard to Agent Orange and have become known as the Ranch Hand cohort within the Air Force Health Study (AFHS). To determine whether exposure to herbicides, including Agent Orange, had adverse health effects, the Air Force made a commitment to Congress and the White House in 1979 to conduct an epidemiologic study of Ranch Hands (AFHS, 1982). Results of biologic-marker studies of Ranch Hand personnel have been consistent with their being exposed, as a group, to TCDD. When the Ranch Hand cohort was classified by military occupation, a general increase in serum TCDD was detected in people whose jobs involved more frequent handling of herbicides (AFHS, 1991).

The exposure index initially proposed in the AFHS relied on military records of TCDD-

containing herbicides (Agents Orange, Purple, Pink, Green) sprayed as reported in the HERBS tapes for the period starting in July 1965 and on military procurement records and dissemination information for the period before July 1965. In 1991, the exposure index was compared with the results of the Ranch Hand serum-TCDD analysis. The exposure index and the TCDD body burden correlated weakly.

Michalek et al. (1995) developed several indexes of herbicide exposure of members of the Ranch Hand cohort and tried to relate them to the measurements of serum TCDD from 1987 to 1992. Self-administered questionnaires completed by veterans of Operation Ranch Hand were used to develop three indexes of herbicide or TCDD exposure: number of days of skin exposure, percentage of skin area exposed, and the product of the number of days of skin exposure, percentage of skin exposed, and a factor for the concentration of TCDD in the herbicide. A fourth index, which used no information gathered from individual subjects, was calculated by multiplying the volume of herbicide sprayed during a person's tour of duty by the concentration of TCDD in herbicides sprayed in that period and then dividing the product by the number of crew members in each job specialty at the time.

Each of the four indexes tested was significantly related to serum TCDD although the models explained only 19–27% of the variability in serum TCDD concentrations. Days of skin exposure had the highest correlation. Military job classification (non–Ranch Hand combat troops, Ranch Hand administrators, Ranch Hand flight engineers, and Ranch Hand ground crew), which is separate from the four indexes, explained 60% of the variability in serum TCDD. When the questionnaire-derived indexes were applied within each job classification, days of skin exposure added statistical significance, but not substantially, to the variability explained by job alone.

A retrospective matched-cohort study design was used to examine morbidity and mortality; follow-up was scheduled to continue until 2002. Records from the National Personnel Records Center and the US Air Force Human Resources Laboratory were searched and cross-referenced to identify all Ranch Hand personnel (AFHS, 1982; Michalek et al., 1990). A total of 1,269 participants were originally identified (AFHS, 1983). A control population of 24,971 C-130 crew members and support personnel assigned to duty in Southeast Asia (SEA) but not occupationally exposed to herbicides (AFHS, 1983) was selected from the same data sources. Control subjects were individually matched for age, type of job (based on Air Force specialty code), and race (white or not white) to control for age-related, educational, socioeconomic-status, and race-related differences in development of chronic disease. To control for many potential confounders related to the physical and psychophysiologic effects of combat stress and the SEA environment, Ranch Hands were matched to control subjects who performed similar combat or combat-related jobs (AFHS, 1982). Rank also was used as a surrogate of exposure. Alcohol use and smoking were included in the analysis when they were known risk factors for the outcome of interest.

Ten matches formed a control set for each exposed subject. For the mortality study, the intent was to follow each exposed subject and a random sample of half of each subject's control set for 20 years in a 1:5 matched design. The morbidity component of follow-up consisted of a 1:1 matched design; the first control was randomized to the mortality-ascertainment component of the study. If a control was noncompliant, another control from the matched "pool" was selected; controls who died were not replaced.

The baseline physical examination occurred in 1982 and examinations took place in 1985, 1987, 1992, 1997, and 2002. Morbidity was ascertained through questionnaires and physical examination, which emphasized dermatologic, neurobehavioral, hepatic, immunologic, reproductive, and neoplastic conditions. Some 1,208 Ranch Hands and 1,668 comparison

subjects were eligible for baseline examination. Initial questionnaire response rates were 97% for the exposed cohort and 93% for the nonexposed; baseline physical-examination responses were 87% and 76%, respectively (Wolfe et al., 1990). Deaths were identified and reviewed by using US Air Force Military Personnel Center records, the VA Beneficiary Identification Record Locator Subsystem (BIRLS), and the Internal Revenue Service (IRS) database of active Social Security numbers. Death certificates were obtained from the appropriate health departments (Michalek et al., 1990).

Ranch Hands were divided into three categories on the basis of their potential exposure:

- *Low potential.* Pilots, copilots, and navigators. Exposure was primarily through preflight checks and spraying.
- *Moderate potential.* Crew chiefs, aircraft mechanics, and support personnel. Exposure could occur by contact during dedrumming and aircraft loading operations, onsite repair of aircraft, and repair of spray equipment.
- *High potential.* Spray-console operators and flight engineers. Exposure could occur during operation of spray equipment and through contact with herbicides in the aircraft.

Ostensibly, the AFHS was designed to answer exactly the question that the VAO project is asking, but the realized nature of the "exposed" (Ranch Hand veterans) and "comparison" (SEA veterans) groups and the evolving practices of VAO committees endeavoring to fulfill the intention of their congressional mandate make interpretation less straightforward.

Results have been published for baseline morbidity (AFHS, 1984a) and baseline mortality (AFHS, 1983) studies; the first (1984), second (1987), third (1992), fourth (1997), and fifth (2002) follow-up examinations (AFHS, 1987, 1990, 1995, 2000, 2005); and the reproductiveoutcomes study (AFHS, 1992; Michalek et al., 1998a; Wolfe et al., 1995). Mortality updates have been published for 1984–1986, 1989, and 1991 (AFHS, 1984b, 1985, 1986, 1989, 1991a). An interim technical report updated cause-specific mortality in Ranch Hands through 1993 (AFHS, 1996). Michalek et al. (1998b) and Ketchum and Michalek (2005) reported on 15-year and 20-year follow-up of postservice mortality, respectively, in veterans of Operation Ranch Hand, updating an earlier cause-specific mortality study by Michalek et al. (1990).

Blood samples for determination of serum TCDD concentrations were drawn at the cycle examinations in 1982 from 36 Ranch Hands (Pirkle et al., 1989), in 1987 from 866 Ranch Hands (AFHS, 1991b), in 1992 from 455 Ranch Hands (AFHS, 1995), and in 1997 from 443 Ranch Hands (AFHS, 2000). Analyses of the serum TCDD readings were included in the report on the 1987 follow-up examination (AFHS, 1991b), and other Ranch Hand publications have addressed the relationship between serum TCDD and reproductive hormones (Henriksen et al., 1996); diabetes mellitus, glucose, and insulin (Henriksen et al., 1997); skin disorders (Burton et al., 1998); infant death (Michalek et al., 1998a); sex ratios (Michalek et al., 1998c); skin cancer (Ketchum et al., 1999); insulin, fasting glucose, and sex-hormone–binding globulin (Michalek et al., 1999a); immunologic responses (Michalek et al., 1999b); diabetes mellitus (Longnecker and Michalek, 2000; Steenland et al., 2001); cognitive function (Barrett et al., 2001); hepatic abnormalities (Michalek et al., 2001a); peripheral neuropathy (Michalek et al., 2001b); hematologic results (Michalek et al., 2001c); psychologic functioning (Barrett et al., 2003); correlations between diabetes and TCDD elimination (Michalek et al., 2003); thyroid function

(Pavuk et al., 2003); cancer incidence (Akhtar et al., 2004; Pavuk et al., 2005); insulin sensitivity (Kern et al., 2004), and prostate cancer (Pavuk et al., 2006). All of the VAO updates, *Veterans and Agent Orange: Herbicide/Dioxin Exposure and Type 2 Diabetes* (IOM, 2000), and *Veterans and Agent Orange: Length of Presumptive Period for Association Between Exposure and Respiratory Cancer* (IOM, 2004) have discussed reports and papers addressing the cohort in more detail.

In a recent study, Gupta et al. (2006) examined associations between TCDD exposure, serum testosterone, and risk of benign prostate hyperplasia in the AFHS cohort. The investigation included 971 Ranch Hands and 1,266 Air Force veterans who flew non-herbicide-related aircraft missions in SEA during the Vietnam War.

Another recent study by Michalek and Pavuk (2008) investigated diabetes and cancer incidence in Vietnam veterans and Vietnam-era veterans. The study population consisted of Air Force veterans who served in Operation Ranch Hand and in SEA during the period 1962–1971 and participated in at least one physical examination in 1982, 1985, 1987, 1992, 1997, or 2002. For veterans whose TCDD was not measured in 1987 but were measured later, the later measurement was extrapolated to 1987 by using a first-order kinetics model with a constant halflife of 7.6 years. For diabetes, the study period began with a veteran's departure from Vietnam or SEA and extended through December 2004. From an initial sample size of 1,196 subjects, 1,020 Ranch Hand veterans were included in the diabetes analyses after exclusion for pre-existing conditions, noncompliance, and absent TCDD measurements. Comparison veterans served in SEA during the same period but were not involved in spraying herbicides. The final comparison group included 1,449 people in the diabetes analyses. Diabetes diagnoses were determined during one of the physical examinations or verified from medical records; veterans were excluded if they had a history of diabetes before service in SEA or if they had no TCDD measurements. Time to onset was defined as the number of years between the end of the tour of duty and the date of first diagnosis of diabetes. For cancer incidence, the study period was January 1983-September 2004. The final analyses for cancer incidence included 986 Ranch Hand veterans and 1,597 comparisons people that met the inclusion criteria. Cancer incidence was obtained from medical records and coded according to International Classification of Diseases, revision 9 (ICD-9). Malignancies discovered at death were coded from the causes of death on death certificates. Study results were correlated by body-mass index (BMI), tour dates, number of days spent in Vietnam, number of days spent in SEA; for Ranch Hand veterans, the last day of service in the Ranch Hand unit and number of days of spraying; and for comparison veterans, the last day of service in SEA.

The tendency of the AFHS researchers to use differing cutpoints and population definitions for analogous analyses suggests their a-posteriori selection in a fashion that influences the results. For example, Michalek and Pavuk (2008) allude to the commonly held assumption that Agent Orange was more heavily contaminated earlier in the war as the motivation for making various temporal partitions in their analyses, but the choices were not consistent. For cancer, 1968 or before was the cutpoint for the "date of service" variable, while "days of spraying" were counted through 1967 and the distribution was partitioned at 30 days. For diabetes, however, "date of service" was divided at 1969 or before and "number of days of spraying" was split at 90 days or more, with no specification of the time period over which the counting was done.

In trying to harvest evidence from a fairly broad spectrum of populations targeted in epidemiologic studies, the VAO committees have factored in results on Vietnam veterans in general on the grounds that they are representative of all subjects who might have had increased

exposure to herbicide components (as surrogates for VA's clientele). With respect to the Blue Water Navy issue, the AFHS data document that herbicide spraying did not occur solely in Vietnam and did not affect only those deployed to Vietnam. Serum TCDD results from the AFHS demonstrate that the Ranch Hands in general were, indeed, more highly exposed than the SEA veterans, but the SEA veterans had serum TCDD concentrations that tended to exceed background values in the US population.

The AFHS is perceived by many to be the central piece of research for decision-making by the committees preparing the VAO reports. However, it represents an unwieldy body of information that was gathered in evolving accord with a protocol that was intended to address specific questions but in practice generated data that have proved far more challenging to interpret than expected. It took the committee that produced *Disposition of the Air Force Health Study* (IOM, 2006) much effort to sort out which data were sought and which data were actually assembled in the course of an enterprise that went on for more than 20 years. The report's conclusions (IOM, 2006, pp. 80–81) about the limitations of the AFHS were as follows:

Limitations Related to the Design and Execution of the Study

The AFHS—like all epidemiologic studies—suffers from limitations related to factors intrinsic to its design and resulting from implementation decisions made by the investigators. Many of these are specific to the study of the health effects of wartime exposure to herbicides and would carry into future research on this topic, although some of the limitations can be addressed by making different assumptions in analyses. However, the limitations would not necessarily extend to more general studies using the data assets.

Study limitations were a central topic of the 1999 GAO report on the AFHS (. . .). The GAO study director, Kwai-Cheung Chan (. . .), summarized that report's findings as follows:

The [AFHS] has two major limitations: it has difficulty in detecting low to moderate increases in risks of rare diseases because of the relatively small size of the Ranch Hand population, and its findings cannot be generalized to all Vietnam veterans because Ranch Hands and ground troops were exposed to different levels of herbicides in different ways. Blood measurements of dioxin . . . suggest that the Ranch Hands' exposure levels were significantly higher than those of many ground troops. But ground troops may have been exposed in ways (such as through contaminated food and water) that Ranch Hands were not, and little is known about the potential effects of such differences.

GAO asserted that "the Air Force has not clearly or effectively communicated these limitations to the public" (. . .) and suggested that lack of knowledge of these issues was leading to misunderstanding of the study's results.

In congressional testimony concerning the GAO report in 2000, Dr. Linda Spoonster Schwartz—a Yale University researcher and retired Major USAF nurse—offered additional observations (. . .). Among her comments were that the AFHS protocol (AFHS, 1982) stated that data collected from active duty personnel¹⁷ were not confidential because information that indicated a risk to "public safety or national defense" would be made known to the USAF. The fact that a subject's information could affect his career could, she said, have had an influence on the subject's responses and willingness to submit to certain tests. Dr. Schwartz also indicated that, since all of the AFHS participants were in Vietnam at one time, it could not be assumed that the comparison subjects had no significant exposure to herbicides,¹⁸ and that this called into question the validity of the comparison group for studies of the health effects of herbicides.

Dr. Joel Michalek, then principal investigator of the AFHS, spoke in a January 2005 presentation before the committee about how the study had dealt with obstacles (...). He noted four limitations of the study related to herbicide health effects research: the inherently small size of the cohort; lack of any biomarkers of herbicide exposure other than dioxin; little information on

participants' locations in the theater of operations; and unavailability of a detailed exposure history. Michalek also indicated that AFHS investigators had confronted several exposure-related design and analysis issues. Lack of a good herbicide exposure metric led to concerns over exposure misclassification and bias that were recognized in the study's original protocol (AFHS, 1982).¹⁹ After CDC developed an assay for measuring serum TCDD levels in the late 1980s that AFHS adopted as a proxy, more issues arose. One of these was the effect of measurement error in the estimation of TCDD half-life, an issue because this value was used to estimate a common baseline serum dioxin level for each study participant. Papers by Caudill et al. (. . .) and Michalek et al. (. . .) discuss this in greater detail. Later papers addressed the validity of dioxin body burden as an exposure index (. . .), reliability of the dioxin assay (. . .), and the correction of bias in half-life calculations (. . .). The AFHS web site notes a weakness specific to the examination of questions outside of the study's stated mission to evaluate the health effects of wartime exposure to herbicides: "[b]ecause all of our study subjects served in Vietnam or Southeast Asia, contrasting Ranch Hands with comparisons may not fully reveal health differences associated with service in Vietnam" (. . .).

An additional obstacle identified by this committee is related to study design. As described above, the design allowed the addition of replacement comparisons at each cycle. The integration of replacements in statistical analyses cannot be handled using standard statistical techniques.

Subjects who were found to have been misclassified (designated as a comparison subject when in fact they were a Ranch Hand subject and vice versa) were in turn reassigned to the other group and followed under this new group assignment. Such a design, coupled with the usual issues of missing data and losses to followup, complicates the reanalysis of results presented in AFHS reports and papers.

In the preface of the report on the 2002 physical examinations (AFHS, 2005, page ii), the AFHS researchers themselves warned against considering the contents (and those of the five earlier sets of examinations) as the most definitive presentations of the assembled information on the Ranch Hand subjects and the comparison veterans:

This report is comprehensive and detailed, but limited in that (a) it included only those veterans who attended the final physical examination, (b) it addressed only those risk factors that were thought to be important when the study was designed, and (c) it did not account for potentially important risk factors that were discovered after the analytical plan was set. In addition to these six reports, study results have been summarized in articles published in peer-reviewed scientific journals. Such articles differ from the reports in that they (a) incorporate all participants who attended at least one physical examination, (b) use different methods of analysis, (c) focus on particular health endpoints, and (d) include recently discovered risk factors. The results in the journal articles are often consistent, but sometimes lead to conclusions that differ from the six reports. For example, published articles on diabetes in Ranch Hand veterans revealed an association with dioxin exposure consistent with the current report. Published articles on peripheral neuropathy, memory loss, and cancer, however, revealed associations not discussed in this report.

¹⁷At the time of the Cycle 1 exam,185 Ranch Hands and 184 comparison subjects were on active duty; in addition, 210 Ranch Hand subjects and 234 comparison subjects held current military or civilian flying certificates, which have rigorous physical and mental fitness requirements (AFHS, 1984a).

¹⁸Serum dioxin levels in study subjects are not a reliable proxy for exposure because these levels decrease over time in the absence of exposure, blood draws were not taken until several years after the end of US military involvement in Vietnam, and not all herbicides were contaminated with dioxin.

¹⁹The protocol also addresses a number of other recognized study difficulties and planned correction measures.

As the preface notes, the conclusions of the examination reports and of the journal articles are not always in obvious accord.

The methods sections of the AFHS report (2005; for example, p. 10-7 for neoplasia) state that cumulative individual histories were compiled on men who participated in the 2002 cycle (giving something akin to cumulative prevalence for 1987–2002 among participating survivors) for the neoplastic, neurologic, pychologic, gastrointestinal, dermatologic, cardiovascular, renal, endocrinologic, and pulmonary variables. For general health, hematologic, and immunologic variables, however, the analyses in the 2002 examamination report were apparently only of information gathered in that cycle.

The multiple analysis models, changing inclusion criteria, different exposure groupings, and so on applied to the evolving dataset make it challenging to track the findings on an outcome through the course of the study. For example, noting the number of various types of cancer cases reported to have been analyzed in various documents produced during the final stages of the AFHS gives a confusing picture (see Table 5-4). The discrepancies in the table are large enough to require explanation:

- The paucity of prostate-cancer cases in the Ranch Hand subjects as analyzed in Akhtar et al. (2004) compared with the number in Pavuk et al. (2006).
- The 15 melanoma cases and 54 prostate-cancer cases in the comparison group (Akhtar et al., 2004) are far fewer than the corresponding numbers that had ever been diagnosed before the 2002 examinations.

It is unclear whether the large differences in the numbers of melanoma and prostate-cancer cases analyzed in the comparison subjects between Akhtar et al. (2004) and Pavuk et al. (2005, 2006) is entirely accounted for by the fact that the Akhtar dataset did not include subjects who received diagnoses during the 2002 examination cycle (melanoma and prostate cancer are among the cancers likely to be detected during a thorough physical examination). If so, especially given the asymmetric nature of the changes in the numbers of Ranch Hand and comparison subjects, would it imply that the results reported by Akhtar et al. could not be considered representative of the final AFHS sample? The AFHS researchers remarked in the preface to the final report on the final physical-examination cycle:

The lack of a particular finding does not prove that no association exists and should not lead the reader to conclude that there is no association between herbicide exposure and adverse health. In particular, a recently published analysis showed an increase in cancer risk with increased dioxin body burden in Ranch Hand veterans who spent less than 2 years in Southeast Asia; a stratified analysis was performed because years of service in Southeast Asia was identified as a risk factor for cancer in Comparison veterans. These patterns require that more sophisticated statistical models be used to study cancer in Ranch Hand veterans. Consistent with the protocol, study investigators continue to question the underlying assumptions of all analyses, explore new ways to analyze data, and collaborate with specialists to determine whether exposure to Agent Orange adversely affected the health of Ranch Hand veterans.

Table 5-4 Numbers of Ranch Hand and SEA Comparison Subjects with Particular Types of

 Cancer Included in Various Analyses Basesd on AFHS Data

Cases among Ranch Handers			Cases among SEA Comparisons			
 AFHS Akhtar et Pavuk et			AFHS	Akhtar et	Pavuk et	Pavuk et

Tumor type	(2005)	al. (2004) Table 4 (Table 7)	al. (2006) Table 1	(2005)	al. (2004) Table 4 (Table 7)	al. (2005) Table 4	al. (2006) Table 1
Digestive system (not clear whether SEER system used)		16 (6 dead)			31 (14 dead)	24	
Respiratory system (not clear whether SEER system used)	13	33 (21 dead)		7	48 (38 dead)	36	
Melanoma	19	17 (<4 dead)		31	15 (<2 dead)	25	
Basal cell or squamous-	175	?		213	?	253	
Basal cell Squamous cell	154 45			183 61			
Prostate	53	36 (2 dead)	62 total 59 TCDD	67	54 (3 dead)	83	89 total 81 TCDD

Abbreviations: SEA, Southeast Asia; SEER, Surveillance, Epidemiology, and End Results program; TCDD, 2,3,7,8-tetrachlorodibenzo-*p*-dioxin measurements available.

Case counts from AFHS (2005) are cumulative for cases diagnosed from the end of service in SEA through 2003 for those who participated in the 2002 examination cycle (that is, deceased excluded). A person was counted only once for having any tumor in a given analysis. The analyses for melanoma and nonmelanoma skin cancers only excluded just black veterans.

Case counts from Akhtar et al. (2004) are cumulative for whites from the end of service in SEA through 1999, so did not include any cancers found in the 2002 examination cycle. The analyses for all sites excluded veterans whose race was black or "other".

Case counts from Pavuk et al. (2005) are cumulative for first cancers diagnosed from 1982 to 2003 for SEA comparison subjects with TCDD readings. The analyses for melanoma and nonmelanoma skin cancers only excluded just black veterans.

Case counts from Pavuk et al. (2006) are cumulative for first prostate cancers diagnosed from 1982 to 2003 for those with TCDD readings.

Not only have the "exposed" subjects (Ranch Hand veterans) been compared with the "comparison" subjects (SEA veterans), but both groups have been contrasted with nonveteran US men, and various subsets (some seemingly arcane) of the entire sample have been analyzed on the basis of serum TCDD concentrations. For purposes of the VAO project, all that actually represents a unitary observation on each of a multitude of health outcomes, which it would be desirable to distill as concisely as possible. In seeking a consistent approach to incorporating the AFHS data for a variety of outcomes, the current committee adopts the decisions of the committee for *Update 2006* that:

• The limitations of the AFHS are such that it was under-powered for detecting actual effects, so indications of positivity, especially if they are repeated over examination cycles, are likely to be a real signal. The findings in the examination-cycle reports are not much more than a large data dump with analyses dictated by

the original protocol; they have not really been scientifically processed and interpreted.

- The examination-cycle reports are not useful for assessing **cancer endpoints** (they are only "sort of cumulative" for incidence; people who have died are excluded from the cycle sample); the committee worked from the more fully cumulative and thoughtfully analyzed findings in the published peer-reviewed articles.
- For assessing **some** of the **non-cancer endpoints**, the findings seem to be useful, but they would need to be combined with other findings to support a conclusion other than "inadequate."

Centers for Disease Control and Prevention

Surveys of US Vietnam veterans who were not part of the Ranch Hand or Army Chemical Corps (ACC) groups indicate that 25–55% believe that they were exposed to herbicides (CDC, 1989; Erickson et al., 1984a,b; Stellman and Stellman, 1986). Several attempts have been made to estimate exposure of Vietnam veterans who were not part of the Ranch Hand or ACC groups. CDC has undertaken a series of studies to examine various health outcomes in Vietnam veterans as directed by Congress in the Veterans Health Programs Extension and Improvement Act of 1979 (Public Law 96-151) and the Veterans' Health Care, Training, and Small Business Loan Act of 1981 (Public Law 97-72). VAO and Update 1996 describe those studies in detail. The first was a case-control interview study of birth defects in offspring of men who served in Vietnam (Erickson et al., 1984a,b). In 1983, the US government asked CDC to conduct a study of possible long-term health effects in Vietnam veterans exposed to Agent Orange. The CDC Agent Orange study (CDC, 1985) attempted to classify veterans' service-related exposures to herbicides. That involved determining the proximity of troops to Agent Orange spraying by using military records to track troop movement and the HERBS tapes to locate herbicide-spraying patterns. The CDC Birth-Defects Study developed an exposure-opportunity index to score Agent Orange exposure (Erickson et al., 1984a,b).

In 1987, CDC conducted the Agent Orange Validation Study to test the validity of the various indirect methods used to estimate exposure of ground troops to Agent Orange in Vietnam. The study measured serum TCDD in a nonrandom sample of Vietnam veterans and in Vietnam-era veterans who did not serve in Vietnam (CDC, 1988b). Vietnam veterans were selected for study on the basis of the number of Agent Orange hits that they were thought to have experienced, as derived from the number of days on which their company was within 2 km and 6 days of a recorded Agent Orange spraying event. Blood samples were obtained from 66% of Vietnam veterans (n = 646) and from 49% of the eligible comparison group of veterans (n = 97). More than 94% of those whose serum was obtained had served in one of five battalions.

The median serum TCDD in Vietnam veterans in 1987 was 4 ppt (range, under 1 to 45 ppt). Only two veterans had concentrations above 20 ppt. The "low" exposure group consisted of 298 Vietnam veterans, the "medium" group 157 veterans, and the "high" exposure group 191 veterans. The distribution of TCDD measurements was nearly identical with that in the control group of 97 non-Vietnam veterans. The CDC validation study concluded that study subjects could not be distinguished from controls on the basis of serum TCDD. In addition, neither

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record-derived estimates of exposure nor self-reported exposure to herbicides could predict Vietnam veterans with currently high serum TCDD (CDC, 1988b, 1989a). The report concluded that it was unlikely that military records alone could be used to identify a large number of veterans who might have been heavily exposed to TCDD in Vietnam.

Using those exposure estimates, CDC conducted the Vietnam Experience Study (VES), a historical cohort study of the health experience of Vietnam veterans (CDC, 1989b). The study was divided into three parts: physical health, reproductive outcomes and child health, and psychosocial characteristics (CDC, 1987, 1988a,b,c, 1989b). Using VES data, CDC examined postservice mortality (through 1983) in a cohort of 9,324 US Army veterans who served in Vietnam and in 8,989 Vietnam-era Army veterans who served in Korea, Germany, or the United States (Boyle et al., 1987; CDC, 1987). Another study (O'Brien et al., 1991) combined the mortality and interview data to identify all veterans with non-Hodgkin's lymphoma (NHL). To evaluate whether self-reported assessment of exposure to herbicides influences the reporting of adverse health outcomes, CDC designed a study of VES subjects (Decoufle et al., 1992). In a follow-up of CDC's VES cohort, Boehmer et al. (2004) reported findings on mortality during 1965–2000.

The serum TCDD measurements in Vietnam veterans also suggested that exposure to TCDD in Vietnam was substantially lower, *on average*, than that of persons exposed as a result of the industrial explosion in Seveso or that of the heavily exposed occupational workers who are the focus of many of the studies evaluated by the committee. The assessment of *average* exposure does not preclude heavy exposure of subgroups of Vietnam veterans.

CDC undertook the Selected Cancers Study (CDC, 1990a) to investigate the effects of military service in Vietnam and of exposure to herbicides on the health of American veterans, specifically NHL (CDC, 1990b), soft-tissue sarcoma (STS) and other sarcomas (CDC, 1990c), Hodgkin's disease (HD; CDC, 1990d) and nasal, nasopharyngeal, and primary liver cancers (CDC, 1990d).

Department of Veterans Affairs

Numerous cohort and case–control studies are discussed in detail in VAO, Update 1996, Update 1998, Update 2000, Update 2002, and Update 2006. Among the earliest was a proportionate-mortality study by Breslin et al. (1988). The subjects were ground troops who served in the US Army or Marine Corps at any time from July 4, 1965, through March 1, 1973, or veterans who were born in 1934–1957. A list of 186,000 Vietnam-era veterans who served in the Army or Marine Corps and were reported deceased as of July 1, 1982, was assembled from VA's BIRLS; 75,617 names were randomly selected from the list for inclusion in the study. Information extracted from the selected military records included the places, dates, and branch of military service; date of birth; sex; race; military occupation specialty codes; education level; type of discharge; and confirmation of service in Vietnam. Additional information was extracted on veterans who served in SEA, including the first and last dates of service in SEA, the military unit, and the country where the veteran served. Of the final sample of 52,253 Army and Marine Corps veterans, cause of death was ascertained from death certificates or Department of Defense Report of Casualty forms for 51,421 men, including 24,235 who served in Vietnam and 26,685 men who did not serve in SEA; 501 deaths were excluded from the final analyses because

service in SEA was in a country other than Vietnam or the location of military service was unknown. Each veteran's cause of death was coded by a nosologist who used *ICD*-8.

On the basis of the proportionate-mortality study (Breslin et al., 1988), Burt et al. (1987) conducted a nested case-control study of NHL with controls selected from among the cardiovascular-disease deaths. In a follow-up of the Breslin et al. study, Bullman et al. (1990) compared cause-specific proportionate mortality of 6,668 Army I Corps Vietnam veteransveterans who served in the northernmost part of South Vietnam in a combat zone designated as Military Region I by the US military—with that of 27,917 Army Vietnam-era veterans who had not served in Vietnam. The study by Bullman et al. included the study population identified by Breslin et al. and an additional 9,555 Army Vietnam-era veteran deaths that were identified after the BIRLs mortality data were extended through December 31, 1984. Similarly, Watanabe et al. (1991) updated the Vietnam-veteran mortality experience reported by Breslin et al. by extending the follow-up from January 1, 1982, to December 31, 1984. An additional 11,325 deceased Army and Marine Vietnam-era veterans were identified from the period and included in the study. The study population for Watanabe et al. consisted of 62,068 military veterans, of whom 29,646 served in Vietnam and 32,422 never served in East Asia. Proportionate mortality ratios were calculated by three referent groups: branch-specific (Army and Marine Corps) non-Vietnam veterans, all non-Vietnam veterans combined, and, the US male population. A third follow-up proportionate-mortality study using the veterans from Breslin et al. (1988) and Watanabe et al. (1991) also was conducted (Watanabe and Kang, 1996); it included an additional 9,040 randomly selected Vietnam-era veterans who died from July 1, 1984, through June 30, 1988. The final study included 70,630 veterans—33,833 who served in Vietnam and 36,797 who never served in SEA-and the analyses were performed with the same referent groups described previously (Watanabe et al., 1991).

VA also conducted studies focusing on specific health outcomes, using data from VA's Agent Orange Registry (AOR), a computer database containing health information on Vietnam veterans who voluntarily undergo physical examinations at a VA hospital. The OAR wasset up in 1978 to monitor Vietnam veterans' health complaints or problems that could be related to Agent Orange exposure during military service in Vietnam. The physical examinations consist of an exposure history, a medical history, laboratory tests, and an examination of body systems most commonly affected by toxic chemicals. As of June 1, 2008, the registry contained information from 506,184 examinations (Agent Orange Review, 2008).

Using early data from the registry, Bullman et al. (1991) examined the risk of posttraumatic stress disorder (PTSD) in a case–control study of veterans who received AOR medical examinations during January 1983–December 1987. The final analyses include 374 PTSD cases and 373 controls for whom military records were used to verify Vietnam service, Military Occupational Specialty Codes (MOSCs), primary duties, military branch, dates of Vietnam service, medals, awards, and disciplinary actions for each veteran. Similarly, Bullman et al. (1994) studied the risk of testicular cancer by using the AOR health records of veterans who received Agent Orange medical examinations during March 1982–January 1991. The final analyses in that study included 97 testicular-cancer cases and 311 controls. A surrogate metric for Agent Orange exposure was developed by using branch of service, combat MOSCs, geographic area of service in Vietnam, location of military units in relation to herbicide spray missions, and the length of time between spray missions and military operations in sprayed areas.

Watanabe and Kang (1995) compared postservice mortality in Vietnam veterans in the Marine Corps with that in Vietnam-era marines who did not serve in Vietnam. All study

participants were on active duty during 1967–1969 and were followed from their discharge date or from the date of the US military withdrawal from Vietnam until their date of death or December 31, 1991, whichever came first. The final study population included 10,716 Vietnam and 9,346 non-Vietnam veteran marines.

Kang et al. (1991) conducted a case–control study that compared dioxin and dibenzofuran concentrations in the adipose tissue of 36 Vietnam veterans with those in 79 non-Vietnam veterans and a sample 80 of US men born in 1936–1954. All tissue samples were archived specimens from the US Environmental Protection Agency (EPA) National Human Adipose Tissue Survey and had been collected by hospitals and medical examiners from men who died from external causes or surgical procedures. Military service—branch of service, MOSC, and geographic service location in Vietnam, if applicable—was researched and verified with military records. Controls were matched by birth year and sample collection year (±2 years), and the final analyses were adjusted by age and BMI.

Female Veterans.....Although estimates vary, 5,000-7,000 women are believed to have served in Vietnam after volunteering for military service in the United States (Thomas et al., 1991). The vast majority of them served as combat nurses-most serving in the Army Nurse Corps-but they also served with the Women's Army Corps and the Air Force, Navy, and Marine Corps (Spoonster-Schwartz, 1987; Thomas et al., 1991). In 1986, PL 99-972 was enacted, requiring that an epidemiologic study be conducted to examine long-term adverse health effects in female Vietnam veterans as a result of their exposure to traumatic experiences, exposure to such herbicides as Agent Orange or other chemicals or medications, or any other similar experience or exposure during such service. The first study that VA conducted to assess mortality in female Vietnam veterans was by Thomas et al. (1991). No comprehensive record of female personnel who served in Vietnam in 1964–1972 existed, so researchers gathered military service data from each branch of the armed forces to conduct the mortality study through December 31, 1987. Female Army and Navy personnel were identified from morning reports and muster rolls of hospitals and administrative support units where women were likely to have served. Military personnel were identified as female by their names, leaving open the possibility that some women may have been inadvertently excluded inform the analysis. Women who served in the Air Force and Marine Corps were identified through military records. The combined roster of all female personnel from the military branches was considered by the researchers to be relatively complete. Comparisons were female veterans identified through the same process as the female Vietnam veterans but who had not served in Vietnam during their military service. Demographic information and information on overseas tours of duty, unit assignments, jobs, and principal duties were abstracted from military records. Mortality information was obtained from VA's beneficiary records, the Social Security Administration, IRS, National Death Records, and military personnel records. When women whose service in the military fell outside the period of interest, whose records were lacking data, or who served in SEA but not Vietnam were excluded, the analysis included 132 deaths in 4,582 female Vietnam veterans and 232 deaths in 5,324 comparison veterans who served in the military in July 4, 1965–March 28, 1973. Cause-specific mortality was derived for Vietam veterans and comparison veterans and compared with mortality in US women, adjusted for race, age, and calendar period. Dalager et al. (1995a) updated mortality in the original cohort until December 31, 1991, using the same study protocol as Thomas et al. (1991). After updating of mortality figures and adjustment of the existing cohort

on the basis of on new information to the study groups based on the inclusion criteria, 4,586 Vietnam veterans and 5,325 comparison veterans were included in the final analyses.

VA also published a study on pregnancy outcomes in US female Vietnam veterans (Kang et al., 2000a). Of 5,230 women, 4,390 whose permanent tour of duty included service in Vietnam were alive on January 1, 1992. From a pool of 6.657 potential control subjects whose military units did not serve in Vietnam, 4,390 who were alive on January 1, 1992, were randomly selected as controls. A questionnaire was administered on demographic background, general health, lifestyle, menstrual history, pregnancy history, pregnancy outcomes, and military experience, including nursing occupation and combat exposure. Information on pregnancy complications—including smoking, infections, medications, exposure to x rays, occupational history, and exposure to anesthetic gases, ethylene oxide, herbicides, and pesticides-was collected for each pregnancy. The first pregnancy after the beginning of Vietnam service was designated as the index pregnancy for each woman. For the comparison group, the first pregnancy after July 4, 1965, was used as the index pregnancy. Odds ratios were calculated for reproductive history and pregnancy outcomes. The study analyzed data on 3,392 Vietnam and 3,038 non-Vietnam veterans and on 1,665 Vietnam and 1,912 non-Vietnam veteran index pregnancies.

Kang et al. (2000b) reported on gynecologic cancers-namely, neoplasms of the cervix, uterus, and ovary-in female Vietnam veterans. Army veterans were identified from a list obtained by the US Army and Joint Services Environmental Support group. The Air Force, Navy, and Marine Corps provided computerized lists. Military-service data were abstracted from personnel records. After record review, 4,643 women met the eligibility criterion of having had a permanent tour of duty during July 4, 1965–March 28, 1973, a period of substantial US military involvement in Vietnam. Of those, 4,390 were found to be alive on January 1, 1992. A comparison group of female veterans who were assigned to a military unit in the United States during the Vietnam War and whose tour of duty did not include service in Vietnam was identified, and 4,390 of them were randomly selected from among those still alive on January 1, 1992. After exclusion of 250 veterans from each group who participated in a pilot study, an attempt was made to locate the remaining 4,140 in each group, for a total eligible cohort of 8,280. Various location strategies were used, and fewer than 5% (370) were not located; another 339 were deceased. A full telephone interview was conducted on 6,430; 775 refused (13% of Vietnam veterans and 17% of non-Vietnam veterans), and another 336 completed only a short written questionnaire. The questionnaire collected information on demographic background, lifestyle factors, reproductive history, military experience, use of oral contraceptives and hormone-replacement therapies, and health status. A self-reported history of gynecologic cancers (defined by the authors as cancers of the breast, ovary, uterus, and cervix) was collected. The authors attempted to "retrieve hospital records on all reported cancers as far back as 30 years". Of records successfully found, 99% of the breast cancers were confirmed, and 90% of all cancers were confirmed. The authors did not provide data on validation of the three sites other than breast, but stated that Vietnam status was not associated with verification of outcome.

After the publications by Kang et al. (2000a,b), congress passed PL 106-419, which provides compensation for children of female Vietnam veterans who are born with birth defects unrelated to an existing familial disorder, to a birth-related injury, or to a fetal or neonatal infirmity with a well-established cause. Eighteen birth defects are covered by the legislation, including cleft lip or palate, congenital heart disease, hypospadias, neural-tube defects, and Williams's syndrome. A complete list of covered birth defects can be found in section 3.815 of the legislation.

Since Update 2006, Cypel and Kang (2008) have conducted a mortality study of female Vietnam veterans and compared their mortality with that in a control group of women who were in military service but did not participate in the Vietnam War. For their retrospective cohort study, eligible subjects were on active duty in Vietnam and in other areas in 1964-1972, and researchers considered the study period to extend from the time when each woman separated from active-duty service or the end of the Vietnam War (March, 1973), whichever came first, through December 2004. After exclusion for unmet eligibility criteria or lack of evidence of Vietnam service, the Vietnam cohort consisted of 4,586 female veterans, primarily nurses, who served in Vietnam during July 1965-March 1973. Non-Vietnam veterans were selected randomly from among women who never served in Vietnam and were matched (presumably by frequency matching) to the Vietnam veterans according to rank and military occupation; this resulted in a comparison group of 6,575 non-Vietnam veterans. The final sample size for non-Vietnam veterans was 5,325, after exclusions due to unmet eligibility criteria (not specified) and exclusion of about 1,000 nurses who served in Guam, the Phillipines, Japan, Korea, Okinawa, or Thailand, because of concerns about having conditions similar to those of women who served in Vietnam. It is not clear whether veterans other than nurses who served in those locations were also excluded. The exclusion of the nurses led to a difference in the distributions of occupation and broke the matching strategy (formerly 1:4); for example, the proportions of "officer/nurses" in the Vietnam cohort and the non-Vietnam cohorts were 80.5% and 61.7%, respectively. In addition, the non-Vietnam cohort was younger at time of entry than the Vietnam cohort (those less than 25 years old made up 32.4% of the Vietnam cohort and 49.5% of the non-Vietnam cohort), but, the crude mortality in the comparison population was 32.3% higher (40.14 vs 53.09 per 10,000). Thus, there was an imbalance in the cohorts in age but also a peculiarity in mortality rates so the the results of the analyses resembled a situation in which the healthy-worker effect was operative. For example, the crude rate ratio for all-causes mortality was 0.76, and the adjusted one was 0.92. The committee was therefore concerned about potential selection biases built into the study that may lead to biased results.

Members of the US ACC performed chemical operations on the Army Chemical Corps. ground and by helicopter and were thereby involved in the direct handling and distribution of herbicides in Vietnam. That population was belatedly identified for the study of health effects related to herbicide exposure (Thomas and Kang, 1990). In an extension, Dalager and Kang (1997) compared mortality in veterans of the ACC specialties, including Vietnam veterans and non-Vietnam veterans. Results of an initial feasibility study were reported by Kang et al. (2001). They recruited 565 veterans: 284 Vietnam veterans and 281 non-Vietnam veteran control subjects. Blood samples were collected in 1996 from 50 Vietnam veterans and 50 control veterans, and 95 of the samples met CDC standards of quality assurance and quality. Comparison of the entire Vietnam cohort with the entire non-Vietnam cohort showed that the geometric mean TCDD concentrations did not differ significantly (p = 0.6). Of the 50 Vietnam veterans sampled, analysis of questionnaire responses indicated that those who reported spraying herbicides had higher TCDD concentrations than did those who reported no spraying activities. The authors concluded that Agent Orange exposure was a likely contributor to TCDD concentrations in Vietnam veterans who had a history of spraying herbicides.

Kang et al. (2006) reported findings from the main study. A health survey of 1,499 Vietnam veterans and 1,428 non-Vietnam veterans was administered by telephone. Exposure to herbicides

was assessed by analyzing serum specimens from a sample of 897 veterans for dioxin. Veterans who reported spraying herbicides had significantly higher TCDD serum concentrations than did Vietnam veterans and other veterans who did not report herbicide spraying. The final analysis compared Vietnam-veteran sprayers with Vietnam-veteran nonsprayers in the entire study population.

VA has evaluated specific health outcomes, including case-control studies of STS (Kang et al., 1986, 1987), NHL (Dalager et al., 1991), testicular cancer (Bullman et al., 1994), HD (Dalager et al., 1995b), and lung cancer (Mahan et al., 1997). It also has conducted a study of self-reported physical health (Eisen et al., 1991) and PTSD (Goldberg et al., 1990) in monozygotic twins who served during the Vietnam era.

Dalager et al. (1991) examined NHL in male Vietnam veterans in a hospital-based casecontrol study. Study participants were identified via inpatient discharge records from VA medical centers for fiscal years 1969–1985. Cases were identified as having a malignant lymphoma and a birth date during 1937–1954. Controls were identified from VA medical-center discharge records and were matched by hospital, discharge date, and birth date. The location and dates of each veteran's military service were verified by using military records. A surrogate Agent Orange exposure opportunity was also developed for each Vietnam veteran according to branch of service, combat experience, and geographic location of the military unit assignment. The final analysis included 201 cases and 358 controls. Another study by Dalager et al. (1995b) examined the association between HD and Vietnam service. It used the same method as the 1991 Dalager et al. study; the analysis included 283 HD cases and 404 controls.

VA has examined other outcomes in Vietnam veterans: PTSD (Bullman et al., 1991; True et al., 1988), suicide and motor-vehicle crashes (Bullman and Kang, 1996, Farberow et al., 1990), and tobacco use (McKinney et al., 1997). The studies have been included for completeness, but the outcomes that they address are outside the perview of this committee. *VAO* and *Update 1998* discuss them in detail; most did not discuss exposure to Agent Orange, and exposure to "combat" was evaluated as the risk factor of interest.

American Legion. The American Legion, a voluntary service organization for veterans, conducted a cohort study of the health and well-being of Vietnam veterans who were members. Studies examined physical health and reproductive outcomes, social–behavioral consequences, and PTSD in veterans who had served in SEA and elsewhere (Snow et al., 1988; Stellman JM et al., 1988; Stellman SD et al., 1988). No new studies have been published on the cohort.

State Studies. Several states have conducted studies of Vietnam veterans, most of them unpublished in the scientific literature. *VAO* and *Update 1996* reviewed studies on veterans of Hawaii (Rellahan, 1985), Iowa (Wendt, 1985), Maine (Deprez et al., 1991), Massachusetts (Clapp, 1997; Clapp et al., 1991; Kogan and Clapp, 1985, 1988; Levy, 1988), Michigan (Visintainer et al., 1995), New Jersey (Fiedler and Gochfeld, 1992, Kahn et al., 1992a,b,c, 1998), New Mexico (Pollei et al., 1986), New York (Greenwald et al., 1984; Lawrence et al., 1985), Pennsylvania (Goun and Kuller, 1986), Texas (Newell, 1984), West Virginia (Holmes et al., 1986), and Wisconsin (Anderson et al., 1986a,b).

Other US Vietnam-Veteran Studies. Additional studies have examined health outcomes that included spontaneous abortion (Aschengrau and Monson, 1989) and late adverse pregnancy outcomes in spouses of Vietnam veterans (Aschengrau and Monson, 1990). After a published study indicated a potential association for testicular cancer in dogs that served in Vietnam (Hayes et al., 1990), Tarone et al. (1991) conducted a case–control study of testicular cancer in male veterans. *VAO* summarized those studies, and no new studies have been published.

The 1997 Institute of Medicine request for proposals for historical-exposure reconstruction has led to the development of new methods for estimating Vietnam veterans' exposures to Agent Orange. The resulting Columbia University project integrated various sources of information on spraving activities to generate individualized estimates of the exposure potential of troops who served in Vietnam (Stellman and Stellman, 2003). Location data on military units assigned to Vietnam were compiled into a database developed from five primary and secondary sources: the Unit Identification Code list (a reference list of units serving in Vietnam created and used by the Army), a command-post list (division-level data on command locations of army personnel), Army Post Office lists (compilations of locations down to and including battalion size and other selected units that were updated on monthly), troop-strength reports (data assembled by the US Military Assistance Command on troop allocations, updated monthly and generally collected on the battalion level), and order-of-battle information (data on command post, arrival and departure dates, and authorized strength of many units). For units that served in the III Corps Tactical Zone during 1966–1969, battalion-tracking data were also available; these are data on the grid coordinate locations of battalion-sized units derived from daily journals, which recorded company locations over 24-hour periods.

Mobility-factor analysis, a new concept for studying troop movement, was developed for use in reconstructing herbicide-exposure histories. The analysis is a three-part classification system for characterizing the location and movement of military units in Vietnam. It comprises a mobility designation (stable, mobile, or elements mobile), a distance designation (usually in a range of kilometers) to indicate how far the unit might travel in a day, and a notation of the modes of travel available to the unit: air, ground (truck, tank, or armored personnel carrier), or water. A mobility factor was assigned to every unit that served in Vietnam.

All those data were combined into a geographic information system (GIS) for Vietnam with a grid resolution of 0.01° latitude and 0.01° longitude. Herbicide-spraying records were integrated into the GIS and linked with data on military-unit locations to permit estimation of exposure-opportunity scores for individuals. The results are the subject of reports by the contractor (Stellman and Stellman, 2003) and the Update 2002 committee (IOM, 2003b,c). A summary of the findings regarding the extent and pattern of herbicide spraying (Stellman et al., 2003a), a description of the GIS for characterizing exposure to Agent Orange and other herbicides in

Vietnam (Stellman et al., 2003b), and an explanation of the exposure-opportunity models based on that work (Stellman and Stellman, 2004) have been published in peer-reviewed journals. The publications argue that it is now feasible to conduct epidemiologic investigations of veterans who served as ground troops during the Vietnam War.

A different perspective has been put forth in a series of papers (Young and Newton, 2004; Young et al., 2004a,b) that argue that ground troops had little direct contact with herbicide sprays and that TCDD residues in Vietnam had low bioavailability. Those conclusions were based on analyses of previously unpublished military records and environmental-fate studies. They also argue that ground-troop exposures were relatively low because herbicide-spraying missions were carefully planned and spraying occurred only when friendly forces were not in the target area. Finally, they note that the GIS-based exposure-opportunity model has not yet been validated through measurement of serum dioxin concentrations in veterans (Young, 2004).

Australia

The Australian government has commissioned studies to investigate health risks to Australian veterans: birth anomalies (Donovan et al., 1983, 1984; Evatt, 1985), death (ADVA, 2005b; Crane et al., 1997a,b; Commonwealth Institute of Health, 1984a,b,c; Evatt, 1985; Fett et al., 1987a,b; Forcier et al., 1987), morbidity (AIHW, 1999, 2000, 2001; CDVA 1998a,b), cancer (ADVA, 2005a; results supersede those in CDVA, 1998a), and death and cancer in Australian National Service veterans (ADVA, 2005c; results supersede those in CIW, 1984a; Fett et al., 1984; Crane et al., 1997b). An independent study in Tasmania evaluated reproductive and childhood-health problems for associations with paternal service in Vietnam (Field and Kerr, 1988). O'Toole et al. (1996a,b,c) described self-reported health status in a random sample of Australian Army Vietnam veterans. Leavy et al. (2006) reported the results of a case–control study examining prostate cancer incidence that factored in self-reported military-service history. *VAO*, *Update 1998*, *Update 2000*, the acute myelogenous leukemia report (IOM, 2001), and *Update 2004* describe the studies.

One of the studies of Australian Vietnam veterans characterized the veterans' exposure to the herbicides sprayed in Vietnam in any way beyond the fact that they served on land or in Vietnamese waters during May 23, 1962–July 1, 1973. It is the convention of this committee to regard Vietnam veterans in general as being more likely to have received higher exposures to the chemicals of concern than the general public.

Korea

Military personnel of the Republic of Korea served in Vietnam during 1964–1973. Kim et al. (2001) attempted to use serum dioxin concentrations to validate an index for estimating group exposure. The study involved 720 veterans who served in Vietnam and 25 veterans who did not. The exposure index was based on Agent Orange spraying patterns in military regions in which Korean personnel served, time–location data on the military units stationed in Vietnam, and an exposure score derived from self-reported activities during service. A total of 13 pooled samples were submitted to CDC for serum dioxin analysis. One analytic sample was prepared from the

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pooled blood of the 25 veterans who did not serve in Vietnam. The remaining 12 samples were intended to correspond to 12 exposure categories; each was created by pooling blood samples from 60 veterans. The 12 exposure categories ultimately were reduced to four exposure groups, each representing a quartile of 180 Vietnam veterans but characterized by only three serum TCDD measurements.

The paper by Kim et al. (2001) reported highly significant Pearson correlation coefficients and multiple regression analysis results. The statistical analyses apparently were based on the assignment of the pooled-serum-dioxin value to each individual in the exposure group, thereby inflating the true sample size. The multiple regression analysis evaluated such variables as age, BMI, and consumption of tobacco or alcohol. In a later report on the same exposure groups and serum-dioxin data, the authors corrected their analysis (Kim et al., 2003). A correlation was observed between serum dioxin concentrations and ordinal exposure categories, but the correlation was not statistically significant. The authors attributed the lack of statistical significance to the small sample size and they noted that the data exhibited a distinct monotonic upward trend (average serum dioxin concentrations 0.3, 0.6, 0.62, 0.78, and 0.87 pg/g [lipid adjusted] for exposure categories 0-4, respectively). The decision to pool blood samples from a large number of persons within each exposure set (Kim et al., 2001) greatly reduced the power of the validation study. Instead of 180 samples in each of the final exposure categories, the pooled analysis produced only three samples in each category. The lipid-adjusted serum TCDD concentrations from the 12 pooled samples from Vietnam veterans ranged from 0.25 to 1.2 pg/g, whereas the single sample from the non-Vietnam veterans contained 0.3 pg/g. The narrow range of results makes the biologic relevance of any differences questionable.

Thus, it appears that there was not a clear separation between Korean Vietnam veterans and non-Vietnam veterans. Furthermore, the range of mean values for the four Vietnam-veteran exposure categories was narrow, and all concentrations were relatively low (less than 1 pg/g). The relatively low serum dioxin concentrations observed in the 1990s in those people are the residua of substantially higher initial concentrations, as has been seen in other Vietnam-veteran groups. However, the concentrations reported in the Korean veterans study are significantly lower than those reported in American Vietnam veterans in the 1988 CDC Agent Orange Validation Study, which was nonetheless unable to distinguish Vietnam veterans from non-Vietnam veterans on the basis of serum dioxin (CDC, 1988b). The Korean authors were able to construct plausible exposure categories based on military records and self-reporting, but they were unable to validate the categories with serum dioxin measurements.

Epidemioligic studies also looked at immunotoxicologic effects (Kim H-A et al., 2003) and skin and general disease patterns (Mo et al., 2002) in Korean Vietnam veterans who were exposed to Agent Orange during the Vietnam conflict.

No additional reports on Korean Vietnam veterans have been published since Update 2004.

Other Vietnam-Veteran Studies

Health effects in Vietnam veterans from countries other than the United States, Austrialia, or Korea who are believed to have been exposed to dioxin have been studied. A study reviewed in an earlier update examined antinuclear and sperm autoantibodies in Vietnamese veterans (Chinh et al., 1996. No new studies of other Vietnam-veteran groups were identified by the present committee.

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OCCUPATIONAL STUDIES

Several occupational groups in the United States and elsewhere have been exposed to the chemicals of interest. Exposure characterization varies widely in the metric used, the extent of detail, confounding by other exposures, and whether individual, surrogate, or group (ecologic) measures are used. Some studies use job titles as broad surrogates of exposure; others rely on disease-registry data.

The committee reviewed many epidemiologic studies of occupationally exposed groups for evidence of an association between health risks and exposure to TCDD or to the herbicides used in Vietnam, primarily the phenoxy herbicides 2,4-D and 2,4,5-T. TCDD is an unwanted byproduct of 2,4,5-T production but not of 2,4-D production. Other contaminants, including other dioxins (such as 1,3,6,8-tetrachlorodibenzo-p-dioxin) have been reported at low concentrations in 2,4-D, but those identified do not have the toxicity of TCDD (ATSDR, 1998; Huston, 1972; Norstršm et al., 1979). In reviewing the studies, the committee considered two types of exposure separately: exposure to 2,4-D or 2,4,5-T and exposure to TCDD from 2,4,5-T or other sources. That separation is necessary because some health effects could be associated with exposure to 2,4-D or 2,4,5-T in the absence of substantial TCDD exposure. After recognition of the problem of dioxin contamination in phenoxy herbicides, production conditions were modified to minimize contamination, but use of the products most subject to containing specifically TCDD (2,4,5-T and Silvex) was banned. As a result, study subjects exposed to phenoxy herbicides only after the late 1970s would not be assumed to have been at risk for exposure to TCDD.

The distinction is particularly important for workers in agriculture and forestry, including farmers and herbicide appliers, whose exposure is primarily the result of mixing, loading, and applying herbicides. In addition to those occupational groups, the committee considered studies of occupational exposure to dioxins, focusing on workers in chemical plants that produced phenoxy herbicides or chlorophenols, which tend to be contaminated with polychlorinated dibenzo-p-dioxins (PCDDs). Waste-incineration workers were also included in the occupation category because they can come into contact with dioxin-like compounds while handling byproducts of incineration. Other occupationally exposed groups included were pulp-and-paper workers exposed to dioxins through bleaching processes that use chlorinated compounds and sawmill workers exposed to chlorinated dioxins that can be contaminants of chlorophenates used as wood preservatives.

Production Workers

National Institute for Occupational Safety and Health

Starting in 1978, an extensive set of data on chemical production workers potentially contaminated with TCDD in 1942-1984 has been compiled by NIOSH. More than 5,000 workers who were involved in production or maintenance at any of 12 companies were identified from personnel and payroll records; 172 additional workers identified previously by their employers as being exposed to TCDD were also included in the study cohort. The employees'

possible exposure resulted from working with substances of which TCDD was a contaminant: 2,4,5-trichlorophenil (2,4,5-TCP), 2 (2,4,5-trichlorophenoxy) propionic acid (Silvex,[®] 2,4,5-TP), 2-(2,4,5-trichlorophenoxy) ethyl 2,2-dichloropropionate) (Erbon[®]), *o,o*-dimethyl *o*-(2,4,5-trichlorophenoxy) phosphorothioate (Ronnel[®]), and hexachlorophene. The 12 plants involved were large manufacturing sites of major chemical companies, so many of the subjects were potentially exposed to many other compounds, some of which could be toxic and carcinogenic. The NIOSH cohort was added to the IARC cohort as of the 1987 publication by Kogenvinas et al.

Exposure status was determined initially through a review of process operating conditions, employee duties, and analytic records of TCDD in industrial-hygiene samples, process streams, products, and waste (Fingerhut et al., 1991). Occupational exposure to TCDD-contaminated processes was confirmed by measuring serum TCDD in 253 cohort members. Duration of exposure was defined as the number of years worked in processes contaminated with TCDD and was used as the primary exposure metric in the study. The use of duration of exposure as a surrogate for cumulative exposure was based on a correlation (Pearson correlation efficient, 0.72) between log-transformed serum TCDD and years worked in TCDD-contaminated processes. Duration of exposure of individual workers was calculated from work records, and exposure-duration categories were created: less than 1 year, 1 to less than 5 years, 5 to less than 15 years, and 15 years and longer. In some cases, information on duration of exposure was not available, so a separate metric, duration of employment, was defined as the total time that each worker was employed at the study plant.

Before the publication of the first study of the main cohort, NIOSH conducted a crosssectional study that included a comprehensive medical history, medical examination, and measurement of pulmonary function of workers employed in chemical manufacturing at a plant in Newark, New Jersey, during 1951–1969 and at a plant in Verona, Missouri, during 1968–1969 and 1970–1972. Control subjects were recruited from surrounding neighborhoods (Alderfer et al., 1992; Calvert et al., 1991, 1992; Sweeney et al., 1989, 1993). The New Jersey plant manufactured 2,4,5-TCP and 2,4,5-T; the Missouri plant manufactured 2,4,5-TCP, 2,4,5-T, and hexachlorophene.

Later studies examined specific health outcomes in the cohort members, including porphyria cutanea tarda (Calvert et al., 1994) and effects on pulmonary function (Calvert et al., 1991), hepatic and gastrointestinal function (Calvert et al., 1992), mood (Alderfer et al., 1992), the peripheral nervous system (Sweeney et al., 1993), and reproductive hormones (Egeland et al., 1994). Sweeney et al. (1996, 1997/1998) evaluated noncancer outcomes—including hepatic function, gastrointestinal disorders, chloracne, serum glucose concentration, hormone and lipid concentrations, and diabetes—in a subgroup of the original cohort studied by Calvert et al., 1998); diabetes mellitus, thyroid function, and endocrine function (Calvert et al., 1998); immune characteristics (Halperin et al., 1998); and cancer incidence (Kayajanian, 2002). Cross-sectional medical surveys reported serum TCDD concentrations and surrogates of cytochrome P450 induction (Halperin et al., 1995) in that cohort.

A follow-up study (Steenland et al., 1999) examined the association between TCDD exposure and cause of death; it examined specific health outcomes, including cancer (all and site-specific), respiratory disease, cardiovascular disease, and diabetes. The researchers used a more refined exposure assessment than previously; it excluded workers whose records were

inadequate to determine duration of exposure, and this reduced the number of study participants to a subcohort of 3,538 workers (69% of the overall cohort). The exposure assessment for the subcohort was based on a job–exposure matrix (JEM) that assigned each remaining worker a quantitative exposure score for each year of work (Piacitelli and Marlow, 1997).

Steenland et al. (2001a) reanalyzed data from two studies of TCDD and diabetes mellitus: one in the US workers of the NIOSH cohort (Calvert et al., 1999) and one in veterans of Operation Ranch Hand in which the herbicides were sprayed from planes in Vietnam (Henriksen et al., 1997). Another study by Steenland et al. (2001b) included a detailed exposure–response analysis of data on workers at one of the original 12 companies in the cohort study. A group of 170 workers who had serum TCDD greater than 10 ppt, as measured in 1988, was identified. The investigators conducted a regression analysis by using the work history of each worker, the exposure score for each job held by each worker, a simple pharmacokinetic model of the storage and excretion of TCDD, and an estimated TCDD half-life of 8.7 years. The pharmacokinetic model allowed calculation of the estimated serum TCDD concentration at the time of last exposure of each worker. Results of the analysis were used to estimate the serum TCDD concentration that was attributable to occupational exposure of all 3,538 workers in the subcohort defined in 1999.

Using exposure data for the NIOSH cohort from Steenland et al. (2001b), Crump et al. (2003) conducted a meta-analysis of dioxin dose–response studies in three occupational cohorts: the NIOSH cohort (Fingerhut et al., 1991), the Hamburg cohort (Flesch-Janys et al., 1998), and the BASF cohort (Ott and Zober, 1996). Bodner et al. (2003) compared mortality in Dow Chemical Company workers with mortality in the NIOSH and IARC cohorts; study details are in the Dow Chemical Company section of this chapter. Lawson et al. (2004) continued the NIOSH cross-sectional medical study reported by Sweeney et al. (1989, 1993) by examining three birth outcomes in offspring: birth weight, preterm delivery, and birth defects. They compared serum lipid TCDD concentrations in the NIOSH cohort with those in a reference population and examined three birth outcomes in offspring: birth weight, preterm delivery, and birth defects. TCDD exposures at conception were estimated by using physiologically based pharmacokinetic modeling approaches (Dankovic et al., 1995; Thomaseth and Salvan, 1998).

Aylward et al. (2005a) applied a concentration- and age-dependent elimination model to the NIOSH cohort data to determine the impact of these factors on estimates of serum TCDD concentrations. The authors found that their model produced a better fit to serum sampling data than first-order models did. Dose rates varied by a factor of 50 among different combinations of input parameters, elimination models, and regression models. The authors concluded that earlier dose-reconstruction efforts may have underestimated peak exposure levels in these populations. Aylward et al. (2005b) also applied the model to serial measurements of serum lipid TCDD concentrations in 36 adults from Seveso, Italy, and three adults from Vienna, Austria. They concluded that a large degree of uncertainty is characteristic of back-calculated dose estimates of peak TCDD exposure and recommended that further analyses explicitly recognize the uncertainty.

VAO, *Update 1996*, *Update 1998*, *Update 2000*, *Update 2002*, *Update 2004*, and *Update 2006* describe the details of those studies. No new studies have been published on the NIOSH cohort or the smaller cohorts that make up the NIOSH cohort.

Monsanto

The NIOSH study cohort (Fingerhut et al., 1991) included employees of the Monsanto facility in Nitro, West Virginia, that produced 2,4,5-T in 1948–1969. Zack and Suskind (1980) examined the mortality experience of the 121 men who had chloracne associated with an unintentional release that occurred on March 8, 1949. Other studies considered mortality and other health outcomes in additional workers involved in numerous aspects of 2,4,5-T production at the Monsanto plant (Collins et al., 1993; Moses et al., 1984; Suskind and Hertzberg, 1984; Zack and Gaffey, 1983). The Monsanto studies were discussed in more detail in *VAO*. No additional studies on those subjects alone have been published; they have since been followed as part of the NIOSH and IARC cohorts.

Dow Chemical Company

Workers at Dow Chemical Company facilities where 2,4-D was manufactured, formulated, or packaged have been the focus of a cohort analysis since the 1980s (Bond et al., 1988). Several studies of Dow production workers are summarized in VAO, Update 1996, Update 1998, Update 2002, and Update 2004. Originally, Dow conducted a study of workers engaged in the production of 2,4,5-T (Ott et al., 1980) and one on TCP-manufacturing workers who had chloracne (Cook et al., 1980). Industrial hygienists developed a JEM that ranked employee exposures as low, moderate, or high on the basis of available air-monitoring data and professional judgment. The matrix was merged with employee work histories to assign an estimate of exposure to each job. A cumulative dose was then developed for each of the 878 employees by multiplying the representative 8-hour time-weighted average (TWA) exposure value for each job by the number of years in the job and then adding the products for all jobs. A 2,4-D TWA of 0.05 mg/m³ was used for low, 0.5 mg/m³ for moderate, and 5 mg/m³ for high exposure. The role of dermal exposure in the facilities does not appear to have been considered in the exposure estimates. It is not clear to what extent the use of air measurements alone can provide accurate classification of workers into low-, moderate-, and high-exposure groups. Biologic monitoring of 2.4-D apparently was not included in the study.

Extension and follow-up studies compared potential exposure to TCDD with morbidity (Bond et al., 1983) and potential paternal TCDD exposure with reproductive outcomes (Townsend et al., 1982). Dow employees who had a diagnosis of chloracne or who were classified as having chloracne on the basis of clinical description were followed prospectively for mortality (Bond et al., 1987). Large-scale cohort mortality studies of workers exposed to herbicides in several of the plants (Bloemen et al., 1993; Bond et al., 1988; Burns et al., 2001) also were conducted with the same exposure-assessment procedures.

Dow assembled a large cohort at the Midland, Michigan, plant (Bond et al., 1989a; Cook et al., 1986, 1987). Exposure to TCDD in the cohort was characterized on the basis of chloracne diagnosis (Bond et al., 1989b). Within the cohort, a cohort study of women (Ott et al., 1987) and a case–control study of STS (Sobel et al., 1987) were conducted. The Dow cohorts have been followed as part of the NIOSH and IARC cohorts since 1991 and 1997, respectively.

Dow also has conducted a cohort study of its manufacturing workers exposed to

pentachlorophenol (PCP) (Ramlow et al., 1996). Assessment of exposure of the cohort was based on consideration of the available industrial-hygiene and process data, including process and jobdescription information obtained from employees, process and engineering-control change information, industrial-hygiene surface-wipe sample data, area exposure monitoring, and personal breathing-zone data. Jobs with higher estimated potential exposure involved primarily dermal exposure to airborne PCP in the flaking–prilling–packaging area; the industrial-hygiene data suggested a difference of about a factor of 3 between the areas of highest and lowest potential exposure. All jobs were therefore assigned an estimated exposure-intensity score of 1–3 (from lowest to highest potential exposure intensity). Reliable information concerning the use of personal protective equipment was not available. Cumulative PCP and TCDD exposure indexes were calculated for each subject by multiplying the duration of each exposed job by its estimated exposure intensity and then summing across all exposed jobs.

Bodner et al. (2003) published a 10-year follow-up of the work of Cook et al. (1986), comparing the mortality experience of 2,187 male Dow workers potentially heavily exposed to dioxin before 1983 with that of the NIOSH and IARC cohorts. Dow researchers have published a study of serum dioxin concentrations measured in 2002 in former chlorophenol workers (Collins et al., 2006). Most of the workers in the study were included in the NIOSH and IARC cohorts. The authors used their data to estimate worker exposures at the time of exposure termination by using several pharmacokinetic models. They concluded that their findings were consistent with those of other studies that reported high serum dioxin concentrations in chlorophenol workers after occupational exposures. No new studies have been published on the Dow Chemical Company cohort.

BASF

An accident on November 17, 1953, during the manufacture of TCP at BASF plant in Aktiengesellschaft, Germany, resulted in extreme exposure of some workers to TCDD. *VAO*, *Update 1996, Update 1998*, and *Update 2000* summarized studies on those workers, including a mortality study of persons initially exposed or later involved in cleanup (Thiess et al., 1982), an update and expansion of that study (Zober et al., 1990), and a morbidity follow-up (Zober et al., 1994). In addition, Ott and Zober (1996, 1997) examined cancer incidence and mortality of workers exposed to TCDD after the accident, during reactor cleanup, maintenance, or demolition.

No new studies have been published on those cohorts since Update 2000.

International Agency for Research on Cancer (IARC)

A multisite study by the International Agency for Research on Cancer (IARC) involved 18,390 production workers and herbicide sprayers working in 10 countries (Saracci et al., 1991). The full cohort was established by using the International Register of Workers Exposed to Phenoxy Herbicides and Their Contaminants. Twenty cohorts were combined for this analysis: one each from Canada, Finland, and Sweden; two each from Australia, Denmark, Italy, the Netherlands, and New Zealand; and seven from the United Kingdom. There were 12,492

production workers and 5,898 sprayers in the full cohort.

Questionnaires were constructed for workers manufacturing chlorophenoxy herbicides or chlorinated phenols and for herbicide sprayers, and were completed with the assistance of industrial hygienists. Information from production records and job histories were examined when available. Workers were classified as exposed, probably exposed, exposure unknown, or non-exposed. The exposed-workers group (n = 13,482) consisted of all individuals known to have sprayed chlorophenoxy herbicides and all who worked in particular aspects of chemical production. Two subcohorts (n = 416) had no job titles available, but worked in chemical production facilities that were likely to produce TCDD exposure, so they were deemed probably exposed. Workers with no exposure information (n = 541) were classified as "exposure unknown." Non-exposed workers (n = 3,951) were those who had never been employed in parts of factories that produced chlorophenoxy herbicides or chlorinated phenols and those who had never sprayed chlorophenoxy herbicides.

One study evaluated cancer mortality from STS and malignant lymphoma among people from 10 countries (Kogevinas et al., 1992). A cohort study of cancer incidence and mortality was conducted among 701 women from seven countries who were occupationally exposed to chlorophenoxy herbicides, chlorophenols, and dioxins (Kogevinas et al., 1993). Two nested case–control studies were undertaken using the IARC cohort to evaluate the relationship between STS and non-Hodgkin's lymphoma (NHL) (Kogevinas et al., 1995). An expanded and updated analysis of the IARC cohort was published in 1997 (Kogevinas et al., 1997). The researchers added herbicide production workers from 12 plants in the United States (the NIOSH cohort) and from four plants in Germany. The 21,863 workers exposed to phenoxy herbicides or chlorophenols were classified in three categories of exposure to TCDD or higher-chlorinated dioxins: those exposed (n = 13,831), those not exposed (n = 7,553), and those with unknown exposure (n = 479). Several exposure metrics were constructed for the cohort—years since first exposure, duration of exposure (in years), year of first exposure, and job title—but detailed methods were not described. Vena et al. (1998) studied non-neoplastic mortality in the IARC cohorts. *VAO*, *Update 1996*, *Update 1998*, and *Update 2000* highlight those studies.

In addition to the NIOSH cohort and its component subcohorts (discussed above), several of the other subcohorts that make up the IARC cohort have been evaluated apart from the IARC-coordinated efforts. They include Danish production workers (Lynge, 1985, 1993), British production workers (Coggon et al., 1986, 1991), Dutch production workers (Bueno de Mesquita et al., 1993; Hooiveld et al., 1998), Austrian production workers (Jäger et al., 1998; Neuberger et al., 1998, 1999), New Zealand production workers (Smith et al. (1981, 1982; 't Mannetje et al., 2005), and German production workers (Becher et al., 1996; Flesch-Janys, 1997; Flesch-Janys et al., 1995; Manz et al., 1991).

The study by Flesch-Janys et al. (1995) updated the cohort and added a quantitative exposure assessment based on blood or adipose measurements of polychlorinated dibenzo-*p*-dioxins and furans (PCDD/Fs). The authors estimated maximum PCDD/F exposure for 190 workers using a first-order kinetics model, half-lives from an elimination study in 48 workers from this cohort, and background concentrations for the German population. The authors then regressed the estimated maximum PCDD/F exposures of the workers against the length of time they worked in each production department in the plant. The working-time weights were then used with work histories for the remainder of the cohort to estimate PCDD/F exposure for each member at the end of that person's exposure. These values were then used to estimate TCDD doses in the

population.

Becher et al. (1996) conducted an analysis of several German cohorts, including the Boehringer–Ingelheim cohort described above (Kogevinas et al., 1997), a cohort from the BASF Ludwigshafen plant that did not include those involved in a 1953 accident, and cohorts from a Bayer plant in Uerdingen and a Bayer plant in Dormagen. All the plants were involved in production of phenoxy herbicides or chlorophenols. Exposure assessment involved estimates of duration of employment from the start of work in a department where exposure was possible until the end of employment at the plant. Analysis was based on time since first exposure.

Hooiveld et al. (1998) updated the mortality experience of production workers from two chemical factories in the Netherlands with known exposure to dioxins: workers in herbicide production, non-exposed production workers, and workers known to have been exposed as a result of an accident that occurred in 1963. Assuming first-order TCDD elimination with an estimated half-life of 7.1 years, measured TCDD levels were extrapolated to the time of maximum TCDD exposure for a group of 47 workers. A regression model then estimated the effect on estimated maximum TCDD exposure for each cohort member attributable to exposure as a result of the accident, duration of employment in the main production department, and time of first exposure before (or after) 1970.

VAO, Update 1996, Update 1998, Update 2000 and Update 2006 discuss those studies in more detail.

Waste Incineration Worker Studies

A study of infectious waste incineration plant workers in Japan used serum dioxin levels to document higher exposures of workers than of controls (Kumagai and Koda, 2005). A second study in Japan examined the association between serum dioxin levels and oxidative DNA-damage markers in municipal waste incineration workers (Yoshida et al., 2006).

Researchers in South Korea compared plasma protein levels for 31 waste incineration workers with those of 33 unexposed subjects (Kang et al., 2005). A second Korean study evaluated immunologic and reproductive toxicities in 31 waste-incinerator workers in comparison to 84 control subjects (Oh et al., 2005). Rather than measuring serum dioxin levels, both studies inferred dioxin exposure levels for individual workers on the basis of dioxin concentrations in air and also estimated exposures to PAHs by analyzing two urinary metabolites: 1-hydroxypyrene and 2-napthol.

No new studies have been published on waste incineration workers since Update 2006.

Czech Worker Studies

Several studies examining Czech workers have been reviewed by VAO committees. The original *VAO* committee reviewed a 10-year follow-up study of 55 men in Czechoslovakia with TCDD exposure during the production of 2,4,5-T (Pazderova-Vejlupkova et al., 1981). The exposure occurred because of excessive temperature and pressure in the production process over an extended period of time (between 1965 and 1968) rather than as a consequence of a major release at a single point in time. More than 80 workers were affected, but the researchers

provided little information about those who were not included in the study. Researchers observed several disorders among the workers, including chloracne, metabolic disturbances; abnormal glucose tolerance tests, evidence of a mild liver lesion, nervous system focal damage, or psychological disorders. In a 30-year follow-up, Pelclova et al. (2001, 2002) examined biochemical, neuropsychological, neurological, and lipid metabolism abnormalities in the surviving Czech cohort. Previous VAO committees concluded that there were methodologic problems in selection bias and lack of control for confounding by educational achievement, tobacco use, or alcohol use as well as the use of selfreported symptoms and the lack of an objective measure of exposure. An essential limitation is the lack of a comparison group, which precludes any causal inference.

Since Update 2006, two new studies of the exposed Czech cohort were published (Pelclová et al., 2007; Urban et al., 2007). In 2004, Pelclová and colleagues (2007) compared vascular function in 15 exposed workers to 14 healthy male health-care workers with no history of occupational exposure to TCDD. Evaluating the same set of workers, Urban et al. (2007) published a study looking at over-all health effects. In reviewing the study by Pelclová et al. (2007), the committee found that data from this study is difficult to interpret with respect to the health effects of TCDD. The study authors did not explain how the 15 subjects in these reports were contacted and the extent to which this small sample was biased toward increased symptoms. It is unclear how the case-series was selected and therefore it is unclear the degree which the participants are representative of all still-living workers especially with respect to their chronic disease burden. Since the exposed group had a large number of metabolic and comorbid conditions of which the control group was largely free, the effects of disease could not be separated from the effects of TCDD. Finally, the relationship between microvascular reactivity and thermal reactivity and clinical cardiovascular events is unclear. While flow mediated reactivity of brachial artery can predict future clinical disease (Yeboah et al., 2007) the predictive value of the particular measures used in this study has not been demonstrated. The committee was concerned that the study by Urban et al. (2007) lacked a comparison group, and although this study supports the idea that exposure to large amounts of TCDD over a period of years can produce neurological abnormalities shortly after or during exposure that can continue for more than 30 years, the committee was concerned that some of the testing methods used could not adequately support the assumptions of the researchers, and many other environmental or agerelated factors could have affected the results.

Other Chemical Plants

Studies have reviewed health outcomes among UK chemical workers exposed to TCDD as a result of an industrial accident in 1968 (Jennings et al., 1988; May, 1982, 1983), 2,4-D production workers in the former Soviet Union (Bashirov, 1969), factory workers in Prague who exhibited symptoms of TCDD toxicity 10 years after occupational exposure to 2,4,5-T (Pazderova-Vejlupkova et al., 1981), 2,4-D and 2,4,5-T production workers in the United States (Poland et al., 1971), white men employed at a US chemical plant manufacturing flavors and fragrances (Thomas, 1987), and US chemical workers engaged in the production of pentachlorophenol, lower-chlorinated phenols, and esters of chlorophenoxy acids (Hryhorczuk et al., 1998). The long-term immune-system effects of TCDD were examined in 11 industrial workers involved in production and maintenance operations at a German chemical factory
producing 2,4,5-T (Tonn et al., 1996), and immune effects were studied in a cohort of workers formerly employed at a German pesticide-producing plant (Jung et al., 1998). *VAO*, *Update 1998*, and *Update 2000* detailed those studies. Garaj-Vrhovac and Zeljezic (2002) conducted a study of workers occupationally exposed to a complex mixture of pesticides (atrazine, alachlor, cyanazine, 2,4-dichlorophenoxyacetic acid, malathion) during their production.

No new studies have been published on cohorts from other chemical plants since *Update* 2000.

Agriculture, Forestry, and Other Outdoor Work

In occupational studies of agricultural workers various methods have been used to estimate exposure to herbicides or TCDD. The simplest method derives data from death certificates, cancer registries, or hospital records (Burmeister, 1981). Although such information is relatively easy to obtain, it cannot be used to estimate duration or intensity of exposure or to determine whether a worker was exposed to a specific agent. In some studies of agricultural workers, examination of differences in occupational practices has allowed identification of subsets of workers who were likely to have had higher exposures (Hansen et al., 1992; Musicco et al., 1988; Ronco et al., 1992; Vineis et al., 1986; Wiklund and Holm, 1986; Wilklund et al., 1988a). In other studies, county of residence was used as a surrogate for exposure, relying on agricultural censuses of farm production and chemical use to characterize exposure in individual counties (Blair and White, 1985; Cantor, 1982; Gordon and Shy, 1981), or exposure was estimated according to the number of years employed in a specific occupation as a surrogate for exposure duration, using supplier records of pesticide sales to estimate exposure or estimating acreage sprayed to determine the amount used (Morrison et al., 1992; Wigle et al., 1990). Other studies used self-reported information on exposure that recounted direct handling of an herbicide, whether it was applied by tractor or hand-held sprayer, and what type of protective equipment or safety precautions were used (Hoar et al., 1986; Zahm et al., 1990). Another set of studies validated self-reported information with written records, signed statements, or telephone interviews with co-workers or former employers (Carmelli et al., 1981; Woods and Polissar, 1989).

Forestry and other outdoor workers, such as highway-maintenance workers, are likely to have been exposed to herbicides and other compounds (see Table C-1 in Appendix C for a summary of studies). Exposure of those groups has been classified by approaches similar to those noted above for agricultural workers, for example, by using the number of years employed, job category, and occupational title.

Agricultural Health Study (AHS)

The US Agricultural Health Study (AHS) is a prospective investigation of cohorts of private pesticide applicators (farmers), their spouses, and commercial pesticide applicators, for a total of almost 90,000 individuals. It is being sponsored by the NCI and the National Institute of Environmental Health Sciences of National Institutes of Health and by the Environmental Protection Agency (EPA). Enrollment in the study was offered to applicants for applicator certification in Iowa and North Carolina. The project's Web site (www.aghealth.org) provides

many details about conduct of the study, including specification of which pesticides had information gathered from the enrollment forms and mailed questionnaires (Alavanja et al., 1994). In Phase I (1993–1997), the enrollment form for both commercial and private (largely farmers) applicators asked for the details of use for 22 pesticides (10 herbicides, including 2,4-D; nine insecticides; two fungicides; one fumigant) and yes/no responses as to whether 28 other pesticides (8 herbicides, including 2,4,5-T and Silvex [2,4,5-TP]; 13 insecticides; four fungicides; three fumigants) had ever been used. A subset of 24,034 applicators also completed a take-home questionnaire. The mailed questionnaire for this phase asked for details about use of the 28 "yes-no" pesticides and yes-no as to whether 108 other pesticides; (34 herbicides, including organic arsenic which would cover cacodylic acid; 36 insecticides; 29 fungicides; nine fumigants) had ever been "frequently" used. Dosemeci et al. (2002) published an algorithm designed to better characterize personal exposures for that population. Weighting factors for key exposure variables were developed from the literature on pesticide exposure. This quantitative approach has potential to improve the accuracy of exposure classification for the cohort, but has not yet been used in published epidemiologic studies.

In Phase II (a 5-year follow-up of farmers, 1999–2003), computer-assisted telephone interviews specified "pesticides" in general to include herbicides. It asked about specific pesticides on individual crops; for several crops, only if atrazine or 2,4-D were specified, was the subject asked whether it had been used alone or as part of manufacturer's mix. A full "pesticide list" was not posted on the Web site with this follow-up questionnaire.

Several reports from the AHS effort have been considered in earlier updates of the VAO series. All have developed pesticide exposure estimates or exposure categories from self-administered questionnaires. They have addressed a variety of health endpoints: doctor visits resulting from pesticide exposure (Alavanja et al., 1998), chemical predictors of wheeze (Hoppin et al., 2002), prostate-cancer incidence (Alavanja et al., 2003, 2005), lung-cancer incidence (Alavanja et al., 2004, 2006), cancer risk in the 21,375 children of pesticide appliers born in 1975 or later (Flower et al., 2004), mortality (Blair, 2005a), morbidity (Blair et al., 2005b), rheumatoid arthritis (DeRoos et al., 2005b), breast cancer incidence (Engel et al., 2005), neurotoxicity of chronic exposure to modest amounts of pesticides (Kamel et al., 2005), and prevelance of wheeze (Hoppin et al., 2006a. Three additional publications discuss pesticide use patterns in this population (Hoppin, 2005; Kirrane et al., 2004; Samanic et al., 2005). The AHS questionnaire collected detailed information regarding herbicide use, with 2,4-D being the most commonly reported herbicide.

Since *Update 2006*, researchers have published several new studies of the AHS cohort. Kamel et al. (2007a) evaluated questionnaire responses from more than 18,000 AHS subjects who listed a variety of neurological symptoms, including memory and concentration. Another study by Kamel et al. (2007b) evaluated Parkinson's disease among participants in the AHS. Individuals were contacted twice within an interval of 5 years; those subjects that reported a doctor's diagnosis of PD initially were classified as prevalent cases, while those that reported a diagnosis of PD that occurred in the 5 years preceding the second contact were classified as incident cases. During both telephone contacts, a detailed pesticide exposure history was collected, along with information about protective techniques used.

Two studies looked at cancer incidence in the AHS cohort. Lee WJ et al. (2007) analyzed incident colorectoral cancers diagnosed from 1993–2005 in AHS subjects. Associations with self-reported exposures to 50 pesticides (including 2,4-D, 2,4,5-T, 2,4,5-TP) were studied. Samanic et al. (2006) reported on the incidence of all cancers combined and selected individual

cancers among male pesticide applicators in the AHS particularly with respect to reported exposures to Dicamba (3,6-dichloro-2-methoxybenzoic acid), a benzoic acid herbicide. Dicamba was used in combination with other herbicides, such as 2,4-dichlorophenoxyacetic acid (2,4-D) and with Agent Orange.

Montgomery and colleagues (2008), reported on the relationship between self-reported incident diabetes and pesticide and herbicide exposure among 31,787 licensed pesticide applicators and their spouses. Physician diagnosed incident diabetes was assessed during a follow-up questionnaire. Saldana and colleagues (2007) reported on the cross-sectional relationship between between pesticide and herbicide exposure and a history of gestational diabetes in the wives of licensed applicators. Women (n = 11,273) were asked about their pregnancy closest to enrollment and 506 (4.5%) reported gestational diabetes. Exposure to 2,4,5-T and 2,4-D was assessed by questionnaire.

Several new studies concerning respiratory health problems in the AHS cohort have also been published since the last VAO update. A common methodology was used in these studies: at time of enrollment, questionnaires regarding use of pesticides and health outcomes were administered, and subjects who returned both of these (~40%) were included in the analyses. The new studies evaluated subjects were who had experienced different health outcomes: wheeze (Hoppin et al., 2006b), farmer's lung (hypersensitivity pneumonitis) (Hoppin et al., 2007a), chronic bronchitis (Hoppin et al., 2007b; Valcin et al., 2007), and atopic and nonatopic asthma in women (Hoppin et al., 2008). Wheeze was defined as a positive response to the question, "How many episodes of wheezing or whistling in your chest have you had in the past 12 months?" Farmers' lung and chronic bronchitis were defined if the subject reported having a doctor's diagnosis. Atopic and nonatopic asthma after the age of 19. Exposures to 40 specific chemicals used in the year before enrollment was assessed from these questionnaires.

California United Farm Workers of America (UFW) Study

Mills et al. (2005a) and Mills and Yang (2005b) analyzed lymphohematopoietic and breast cancer, respectively, in nested case–control studies among Hispanic workers drawn from a larger cohort of 139,000 Californians who were union members of the United Farm Workers (UFW). Exposure estimates to specific pesticides, including 2,4-D, were developed through linkage of the union's job histories with the California Pesticide Use Reporting Database (CPUR) of the state's Department of Pesticide Regulation, which has records of all agricultural applications of pesticides in the state since 1970. Vital status and cancer incidence were ascertained through a probabilistic record linkage to the California Cancer Registry for the period 1988–2001.

Since *Update 2006*, Mills and Yang (2007) conducted a nested case–control study of gastric cancer embedded in the United Farm Workers of America (UFW) cohort and identified cases of gastic cancer newly diagnosed between 1988 and 2003.

Upper Midwest Health Study

The Upper Midwest Health Study has published several studies that have been reviewed in previous updates. Chiu et al. (2004) and Lee WJ et al. (2004b) conducted pooled (combined)

analyses of two earlier case–control studies of NHL carried out by the Upper Midwest Health Study in three midwestern American states—Iowa and Minnesota (Cantor et al., 1992) and Nebraska (Zahm et al., 1990). The study by Chiu et al. (2004) examined the association of NHL with agricultural pesticide use and familial cancer, and the study by Lee et al. (2004b) looked at NHL among asthmatics who reported pesticide exposure. Data from the Nebraska data (Chiu et al., 2006, based on Zahm et al., 1990, 1993) was used to identify whether there were sub-types of NHL that expressed a higher risk. Specifically, tissue samples were analyzed according to the presence of a specific chromosomal translocation (t[14;18][q32;q21]); only 172 of 385 cases were included. Researchers evaluated farm pesticide exposure in men (Ruder et al., 2004) and women (Carreon et al., 2005) in Iowa, Michigan, Minnesota, and Wisconsin in relation to gliomas as part of the Upper Midwest Health Study.

Two studies focused on pesticide use and the risk of adenocarcinomas of the stomach and esophagus (Lee WJ et al., 2004a) and the risk of gliomas (Lee WJ et al., 2005). Cases were white Nebraska residents over the age of 21 who were identified from the Nebraska cancer registry and matched to controls drawn from an earlier study by Zahm et al. (1990).

Since *Update 2006*, Ruder et al. (2006) published a follow-on study to Ruder et al. (2004) evaluating gliomas in Upper Midwest Health Study subjects. However, the new analyses provided no evidence of increased use of pesticides in cases as compared to controls, with no breakdown of specific agents.

Ontario Farmers

The Ontario Farm Family Health Study has produced several reports on exposure to phenoxyacetic acid herbicides, including 2,4-D. A study of male pesticide exposure and pregnancy outcome (Savitz et al., 1997) developed an exposure metric based on self-reports of mixing or application of crop herbicides, crop insecticides, and fungicides; livestock chemicals; yard herbicides; and building pesticides. Subjects were asked whether they participated in those activities during each month, and their exposure classifications were based on activities in 3-month periods. The exposure classification was refined with answers to questions regarding use of protective equipment and specificity of pesticide use.

A related study included analysis of 2,4-D residues in semen as a biologic marker of exposure (Arbuckle et al., 1999a). The study began with 773 potential participants, but only 215 eventually consented to the study. Of the 215, 97 provided semen and urine samples for 2,4-D analysis.

The Ontario Farm Family Health Study also examined pregnancy outcomes of stillbirth, gestational age, and birth weight (Savitz et al., 1997), and the effect of exposure to pesticides, including 2,4-D, on time to pregnancy (Curtis et al., 1999) and on the risk of spontaneous abortion (Arbuckle et al., 1999b, 2001). About 2,000 farm couples participated in the study. Exposure information was pooled from interviews with husbands and wives to construct a history of monthly agricultural and residential pesticide use. Exposure classification was based on a yes–no response for each month. Data on such variables as acreage sprayed and use of protective equipment were collected but were not available in all cases. Other studies have used herbicide biomonitoring in a subset of the population to evaluate the validity of self-reported predictors of exposure (Arbuckle et al., 2002). Assuming that the presence of 2,4-D in urine was an accurate measure of exposure and that the results of the questionnaire indicating 2,4-D use

were more likely to be subject to exposure classification error (that is, the questionnaire results were less accurate than was the urine analysis), the questionnaire's prediction of exposure, when compared with the urine 2,4-D concentrations, had a sensitivity of 57 percent and a specificity of 86 percent. In multivariate models, the variables for pesticide formulation, protective clothing and gear, application equipment, handling practice, and personal-hygiene practice were valuable as predictors of urinary herbicide concentrations in the first 24 hours after application was initiated.

Additional publications have reported results from this cohort and included in previous VAO updates. Urinary concentrations of 2,4-D and 2-methyl-4-chlorophenoxyacetic acid (MCPA) were measured in samples from farm applicators (Arbuckle et al., 2005) and for women living on Ontario farms (Arbuckle and Ritter, 2005). Indirect sources of herbicide exposure for farm families were evaluated through wipe sampling of surfaces and drinking water samples (Arbuckle et al., 2006).

Since *Update 2006*, Weselak et al. (2008) examined occupational exposures and birth defects in the offspring of Ontario Farm Family Health Study subjects. Spouses completed questionnaires that requested the history of pesticide use on the farm. Pregnancies resulting in birth defects were reported by the female study participants. All birth defects were combined for study analyses and exposure was examined by pesticide class, family, and active ingredient for two 3-month periods; pre- and post-conception.

Mortality Study of Canadian Male Farm Operators

The Mortality Study of Canadian Male Farm Operators evaluated the risk to farmers of death and specific health outcomes: NHL (Morrison et al., 1994; Wigle et al., 1990), prostatic cancer (Morrison et al., 1992), brain cancer (Morrison et al., 1993), multiple myeloma (Semenciw et al., 1993), leukemia (Semenciw et al., 1994), and asthma (Senthilselvan et al., 1992).

No new studies on relevant health outcomes have been published on subjects from the Mortality Study of Canadian Male Farm Operators since *Update 1996*.

Swedish Cancer Environment Register

The Swedish Cancer Environment Register linked the cancer cases entered in the Swedish Cancer Registry with the records of individuals responding to the 1960 and 1970 national censuses, which had obtained data on current occupation. The resulting database has been used in studies that evaluated cancer mortality and farm work (Wiklund, 1983); STS and malignant lymphoma among agricultural and forestry workers (Wiklund and Holm, 1986; Wiklund et al., 1988a); and the risk of NHL, Hodgkin's disease (HD); and multiple myeloma in relation to occupational activities (Eriksson et al., 1992).

No new studies utilizing the Swedish Cancer Environment Register have been published since the original VAO report that are relevant to the compounds of interest for this report.

Farmers of Italian Piedmont

Corrao et al. (1989) evaluated cancer incidence among farmers licensed to spray pesticides in Italy's southern Piedmont (Corrao et al., 1989). In a continuation of that study, Torchio et al. (1994) reported on the mortality experience of a cohort of 23,401 male farmers from the Piedmont area of Italy from the time they registered to use agricultural pesticides (1970–1974) through 1986. That area is characterized by higher use of herbicides, particularly 2,4-D and MCPA, than the rest of the country. The cohort was partitioned into people who lived near arable land, those who lived near woodlands, and those who lived near mixed-use land; separate results were reported for the first two groups.

Other Studies of Agricultural Workers

Studies of proportionate mortality were conducted among Iowa farmers (Burmeister, 1981) and among male and female farmers in 23 states (Blair et al., 1993). Cancer mortality was investigated among a cohort of rice growers in the Novara Province of northern Italy (Gambini et al., 1997), and cancer incidence was studied among Danish gardeners (Hansen et al., 1992). Lerda and Rizzi (1991) studied the incidence of sperm abnormalities among Argentinian farmers. Ronco et al. (1992) studied mortality among Danish farmers and incidence among Italian farmers for very specific types of cancers. The informativeness of these findings was very limited, however, because they are the largely unanalyzed product of linking each country's cancer registry with census records to garner information on recent occupation. Brain, lymphatic, and hematopoietic cancers have been studied in Irish agricultural workers (Dean, 1994). Kristensen et al. (1997) tested whether either cancers or birth defects were elevated among the offspring of Norwegian farmers. Faustini et al. (1996) evaluated the immune, neurobehavioral, and lung function of residents from an agricultural area of Saskatchewan, Canada, and focused upon immunologic changes in 10 farmers who mixed and applied commercial formulations containing chlorophenoxy herbicides. Mandel et al. (2005) reported urinary biomonitoring results for farm families in Minnesota and South Carolina as a part of the CropLife America's Farm Family Pesticide Exposure Study. Fritschi et al. (2005) used a computer-assisted telephone interview and occupational histories reviewed by an industrial hygienist to estimate exposures to phenoxy herbicides in an Australian study. Curwin et al. (2005) measured 2,4-D concentrations in urine and hand-wipe samples to characterize exposures among farmers and non-farmers in Iowa.

Other studies of the agricultural use of pesticides do not provide specific information on exposure to 2,4-D, TCDD, or other compounds relevant to Vietnam veterans' exposure (Bell et al., 2001a,b; Chiu et al., 2004; Duell et al., 2001; Garry et al., 2003; Gorell et al., 2004; Hanke et al., 2003; Van Wijngaarden et al., 2003).

A series of papers from a workshop focused on methods of assessing pesticide exposure in farmworker populations (Arcury et al., 2006; Barr et al., 2006a,b; Hoppin et al., 2006; Quandt et al., 2006). These publications provide a helpful review of current methodological issues in exposure science for these populations, but do not address directly the VAO compounds of interest.

Since *Update 2006*, Hansen et al. (2007) evaluated cancer incidence from May 1975 through 2001 within an occupational cohort of Danish Union of General Workers identified from men

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working in 1973; their cancer incidence from 1975 to 1984 was reported in Hansen et al. (1992). The cohort of 3,156 male gardeners, whose pesticide exposure was primarily to herbicides including phenoxy acetic acids, was matched to the Danish Cancer Registry to determine the observed cancer incidence. The expected number of cancers was calculated using national cancer incidence rates. The Standardized Incidence Ratios controlled for age and calendar time. The cohort was subdivided by year of birth, a proxy for exposure since pesticide use decreased over time. Three subcohorts were evaluated: high, early birth cohort (born prior to 1915), low, late birth cohort (born after 1934) and medium exposure (born from 1915 through 1934).

Forestry Workers

Studies have been conducted among forestry workers potentially exposed to the types of herbicides used in Vietnam. A cohort mortality study examined men employed at a Canadian public utility (Green, 1987, 1991), a Dutch study of forestry workers exposed to 2,4,5-T investigated the prevalence of acne and liver dysfunction (van Houdt et al., 1983), a study evaluated cancer incidence aomong a group of New Zealand forestry workers (Reif et al., 1989), and a study examined mortality and cancer incidence in a cohort of Swedish lumberjacks (Thörn et al., 2000).

Other Studies of Herbicide and Pesticide Applicators

Studies of commercial herbicide applicators are relevant because they can be presumed to have had sustained exposure to herbicides. However, because they also are likely to be exposed to a variety of compounds, assessment of individual or group exposure to specific phenoxy herbicides or TCDD is complicated. Some studies have attempted to measure applicators' exposure on the basis of information from work records on acreage sprayed or on the number of days of spraying. Employment records also can be used to extract information on which compounds are sprayed.

One surrogate indicator of herbicide exposure is the receipt of a license to spray. Several studies have specifically identified licensed or registered pesticide and herbicide applicators (Blair et al., 1983; Smith et al., 1981, 1982; Swaen et al., 1992; Wiklund et al., 1988b, 1989). Individual estimates of the intensity and frequency of exposure were rarely quantified in the studies that the committee examined, however, and many applicators were known to have applied many kinds of herbicides, pesticides, and other substances. In addition, herbicide spraving is generally a seasonal occupation, and information is not always available on possible exposure-related activities during the rest of the year.

Several studies have evaluated various herbicide exposures: type of exposure, routes of entry, and routes of excretion (Ferry et al., 1982; Frank et al., 1985; Kolmodin-Hedman and Erne, 1980; Kolmodin-Hedman et al., 1983; Lavy et al., 1980a,b; Libich et al., 1984). Those studies appear to show that the major route of exposure is dermal absorption, with 2-4 percent of the chemical that contacts the skin being absorbed into the body during a normal workday. Air concentrations of the herbicides were usually less than 0.2 mg/m^3 . Absorbed phenoxy acid herbicides are virtually cleared within 1 day, primarily through urinary excretion. Typical measured excretion in ground crews was 0.1-5 mg/day; for air crews the value was lower.

A study of 98 professional turf sprayers in Canada developed new models to predict 2,4-D

dose (Harris et al., 2001). Exposure information was gathered from self-administered questionnaires. Urine samples were collected throughout the spraying season (24-hour samples on 2 consecutive days). Estimated 2,4-D doses were developed from the data and used to evaluate the effect of protective clothing and other exposure variables.

Only one study has provided information on serum TCDD concentrations in herbicide applicators. Smith et al. (1992) analyzed blood from nine professional spray applicators in New Zealand who first sprayed before 1960 and were also spraying in 1984. The duration of spraying varied from 80 to 370 months. Serum TCDD was 3–131 ppt on a lipid basis (mean _ 53 ppt). The corresponding values for age-matched controls were 2–11 ppt (mean _ 6 ppt). Serum TCDD was positively correlated with the number of months of professional spraying.

Several additional cohorts of herbicide and pesticide applicators have been assessed for health outcomes: cancer mortality among Swedish railroad workers (Axelson and Sundell, 1974; Axelson et al., 1980), mortality among pesticide applicators in Florida (Blair et al., 1983); general and cancer mortality and morbidity measured prospectively among Finnish men who applied 2,4-D and 2,4,5-T (Asp et al., 1994; Riihimaki et al., 1982, 1983); cancer among pesticide and herbicide applicators in Sweden (Dich and Wiklund, 1998; Wiklund et al., 1987, 1988b, 1989a,b); mortality from cancer and other causes among Dutch male herbicide applicators (Swaen et al., 1992, 2004); cancer mortality among Minnesota highway-maintenance workers (Bender et al., 1989); birth defects among the offspring of Minnesota pesticide applicators (Garry et al., 1994, 1996a,b); lung-cancer morbidity in male agricultural plantprotection workers in the former German Democratic Republic who spent a portion of their work year applying pesticides (Barthel, 1981); mortality and reproductive effects among British Columbia sawmill workers potentially exposed to chlorophenate wood preservatives used as a fungicide (Dimich-Ward et al., 1996; Heacock et al., 1998; Hertzman et al., 1997); and cancer risk among pesticide users in Iceland (Zhong and Rafnsson, 1996). 't Mannetje et al. (2005) evaluated a study population that included herbicide production workers and is a subcohort of the IARC cohort, which was discussed earlier in the section on production workers. Details of the studies' designs and results are included in VAO, Update 1996, Update 1998, Update 2000, Update 2002, Update 2004, and Update 2006.

No new studies have been published on herbicide or pesticide applicators since Update 2006.

Paper and Pulp Workers

Workers in the paper and pulp industry can be exposed to TCDD and other dioxins that can be generated by the bleaching process during the production and treatment of paper and paper products. *VAO* describes studies of pulp and paper mill workers potentially exposed to TCDD and various health outcomes, including general mortality in workers at five mills in Washington, Oregon, and California (Robinson et al., 1986); cancer incidence among male paper mill workers in Finland (Jappinen and Pukkala, 1991); respiratory health in a New Hampshire mill (Henneberger et al., 1989); and cause-specific mortality among white men employed in plants identified by the United Paperworkers International Union (Solet et al., 1989). *Update 2000* described studies of cancer risk among workers in the Danish paper industry (Rix et al., 1998) and oral cancer risk among occupationally exposed workers in Sweden (Schildt et al., 1999). *Update 2006* included a mortality study by McLean et al. (2006) that used a job-exposure matrix (JEM) to estimate individual cumulative exposure to 27 agents, including TCDD.

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In the past, workers in sawmills might have been exposed to pentachlorophenates, which are contaminated with higher-chlorinated PCDDs (Cl_6-Cl_8) , or to tetrachlorophenates, which are less contaminated with higher-chlorinated PCDDs. Wood is dipped into those chemical preservatives and then cut and planed in the mills. Most exposure is dermal, although some exposure can occur by inhalation (Hertzmann et al., 1997; Teschke et al., 1994). No new studies in those populations have been reported since *Update 2000*.

Waste-incinerator Workers

A South Korean study (Oh et al., 2005) evaluated immunologic and reproductive toxicities (DNA damage and sperm quality) in 31 waste-incinerator workers and 84 controls subjects. Rather than measuring serum dioxin levels, the authors inferred dioxin exposure of individual workers on the basis of dioxin concentrations in air and estimated exposures to polycyclic aromatic hydrocarbons by analyzing two urinary metabolites: 1-hydroxypyrene and 2-napthol.

Case-control Studies

Numerous case–control studies have been reviewed in previous updates. In 1977, case-series reports in Sweden (Hardell, 1977, 1979) of a potential connection between exposure to phenoxyacetic acids and STS prompted several case–control investigations of a possible association (Eriksson et al., 1979, 1981, 1990; Hardell and Eriksson, 1988; Hardell and Sandstrom, 1979; Wingren et al., 1990). After the initial STS reports (Hardell, 1977, 1979), case–control studies of other cancer outcomes were conducted in Sweden: HD and NHL (Hardell et al., 1980, 1981; Hardell and Bengtsson, 1983; Persson et al., 1989, 1993); NHL (Hardell and Eriksson, 1999; Olsson and Brandt, 1988); nasal and nasopharyngeal carcinomas (Hardell et al., 1982); gastric cancer (Ekström et al., 1999); and primary or unspecified liver cancer (Hardell et al., 1984). To address criticism regarding potential observer bias in some of the case–control series, Hardell (1981) conducted another case–control study of colon cancer. Hardell et al. (1994) also examined the relationship between occupational exposure to phenoxyacetic acids and chlorophenols and various characteristics related to NHL—including histopathologic measures, stage, and anatomic location—on the basis of the NHL cases from a previous study (Hardell et al., 1981).

Prompted by the Swedish studies (Hardell, 1977, 1979), a set of case–control studies in New Zealand evaluated the association between phenoxy herbicide and chlorophenol exposure and STS incidence and mortality (Smith and Pearce, 1986; Smith et al., 1983, 1984). An expanded case series was collected and additional case–control studies were conducted on exposure to phenoxy herbicides or chlorophenols and the risks of malignant lymphoma, NHL, and multiple myeloma (Pearce et al., 1985, 1986a,b, 1987).

Geographic patterns of increased leukemia mortality in white men in the central part of the United States prompted a study of leukemia mortality in Nebraska farmers (Blair and Thomas, 1979). Additional case–control studies of leukemia were later conducted in Nebraska (Blair and White, 1985), in Iowa (Burmeister et al., 1982) on the basis of the cohort study of Burmeister

(1981), and in Iowa and Minnesota (Brown et al., 1990). An additional study investigated leukemia in association with NHL in eastern Nebraska (Zahm et al., 1990).

Case-control studies have been conducted in various US populations for other cancers, including NHL (Cantor, 1982; Cantor et al., 1992; Hartge et al., 2005; Tatham et al., 1997; Zahm et al., 1993); multiple myeloma (Boffetta et al., 1989; Brown et al., 1993; Morris et al., 1986); gastric cancer, prostate cancer, NHL, and multiple myeloma (Burmeister et al., 1983); STS, HD, and NHL (Hoar et al., 1986); NHL and HD (Dubrow et al., 1988); and STS and NHL (Woods and Polissar, 1989; Woods et al., 1987). In a subset of subjects from Hartge et al. (2005), De Roos et al (2005a) studied associations for TEQs overall from polychlorinated biphenyls, furans, and dioxins, but not from dioxin alone.

Other studies outside the United States have examined STS and other cancers in the 15 regional cancer registries that constitute the National Cancer Register in England (Balarajan and Acheson, 1984); ovarian cancer in the Piedmont region of Italy (Donna et al., 1984); STS among rice weeders in northern Italy (Vineis et al., 1986); esophageal cancer, pancreatic cancer, cutaneous melanoma, kidney cancer, and brain cancer mortality in three English counties (Magnani et al. (1987); brain gliomas in two hospitals in Milan, Italy (Musicco et al., 1988); lymphoid cancer in Milan, Italy (LaVecchia et al., 1989); primary lung cancer among pesticide users in Saskatchewan (McDuffie et al., 1990); STS and malignant lymphomas in the Victorian Cancer Registry of Australia (Smith and Christophers, 1992); and renal-cell carcinoma in the Denmark Cancer Registry (Mellemgaard et al., 1994). Nanni et al. (1996) conducted a population-based case–control study, based on the work of Amadori et al. (1995), of occupational and chemical risk factors for lymphocytic leukemia and NHL in northeastern Italy.

Non-cancer endpoints also have been investigated in case–control studies: spontaneous abortion (Carmelli et al., 1981); congenital malformations (García et al., 1998); immunosuppression and subsequent decreased host resistance to infection among AIDS patients with Kaposi's sarcoma (Hardell et al., 1987); mortality in US Department of Agriculture extension agents (Alavanja et al., 1988, 1989); Parkinson's disease (PD) associated with occupational risk factors (Semchuk et al., 1993); birth defects in offspring of agriculture workers (Nurminen et al., 1994); mortality from neurodegenerative diseases associated with occupational risk factors (Schulte et al., 1996); PD associated with various rural factors, including exposure to herbicides and wood preservatives (Seidler et al., 1996); spina bifida in offspring associated with paternal occupation (Blatter et al., 1997); PD associated with occupational and environmental risk factors (Liou et al., 1997); and mortality from neurodegenerative diseases, including Alzheimer's disease and presenile dementia, PD, and motor neuron disease associated with occupational factors (Park et al., 2005). Those studies are discussed in detail in previous updates.

Children's Oncology Group

In a pair of case–control studies, Chen Z et al. (2005, 2006) reported on exposures to pesticides (including "herbicides") and the risk of childhood germ-cell tumors (GCTs). One focused on parental occupational exposures (Chen Z et al., 2005) and the other on parental exposures to residential pesticides and chemicals (Chen Z et al., 2006), but they are based on the same overall case–control study.

No new studies from the Children's Oncology Group have been published since *Update* 2006.

Cross-Canada Study of Pesticides and Health

In a nation-wide case–control study of men, who were 19 years old or older in 1991–1994 and lived in six Canadian provinces, Pahwa et al. (2006) investigated whether exposure to phenoxy herbicides and other pesticides was associated with incidence of HD, multiple myeloma, or STS.

McDuffie et al. (2001, 2005) followed an analogous protocol in conducting a case–control study of male NHL cases and controls. McDuffie et al. (2005) and Pahwa et al., (2006) considered the possible interaction of exposure to insect repellants (*N*,*N*-dietheyl-*m*-toluamide, or DEET, in particular) and phenoxy herbicides in the genesis of the malignancies in question.

No new studies from the Cross-Canada Study of Pesticides and Health have been published since the *Update 2006* that are relevant to the compounds of interest for this report.

ENVIRONMENTAL STUDIES

The occurrence of industrial accidents has led to the evaluation of the long-term health effects of exposure to the compounds of interest.

Chapaevsk, Russia

Researchers in the Samara region of Russia have identified a chemical plant in Chapaevsk as a major source of TCDD pollution (Revazova et al., 2001; Revich et al., 2001). From 1967 to 1987 the plant produced γ -hexachlorocyclohexane (lindane) and its derivatives. Since then, the plant has produced various crop-protection products. Dioxins have been detected in air, soil, drinking water, and cows' milk. However, the researchers do not describe air-, soil-, or watersampling methods. The number of samples analyzed was small for some media (2 drinking-water samples, 7 breast-milk samples pooled from 40 women, and 14 blood samples) and unreported for others (air, soil, and vegetables). Results from the samples suggested higher concentrations of dioxin around the center of Chapaevsk compared with those from outlying areas. That conclusion was based primarily on concentrations measured in soil: 141 ng TEQ/kg soil less than 2 km from the plant, compared with 37 ng TEQ/kg soil 2-7 km from the plant, and 4 ng TEQ/kg soil 7-10 km from the plant. Concentrations outside the city (10-15 km from the plant) were approximately 1 ng TEQ/kg soil. The authors also compared measurements from Chapaevsk with those from other Russian cities with industrial facilities. The data presented do not allow direct comparison of dioxin concentrations in soil as a function of distance from the industrial facilities. However, the highest TCDD concentrations in the Chapaevsk study (those nearest the plant) were higher than were the maximum concentrations reported by four other studies referenced in the article. Residence in the city of Chapaevsk was used as a surrogate for exposure in the epidemiologic analyses presented in the report. No attempt was made to create exposure categories based on residential location within the city or with occupational or lifestyle factors

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that might have influenced TCDD exposure.

Akhmedkhanov et al. (2002) sampled 24 volunteers from this same population for lipidadjusted serum dioxin concentrations. Residents living near the plant (<5 km) had higher concentrations than did those who lived farther from the plant. It was not clear whether the analysis included adjustments for age, body-mass index, or education, all of which are significant predictors of dioxin concentrations. No new studies have been published since *Update 2004*.

Seveso, Italy

Among the largest industrial accidents that have resulted in environmental exposures to TCDD was one in Seveso, Italy, in July 1976 caused by an uncontrolled reaction during trichlorophenol production. The degree of TCDD contamination in the soil has been used most extensively as a means of imputing exposures for individuals in this population. Three areas were defined on the basis of soil sampling: Zone A, the most heavily contaminated, from which all residents were evacuated within 20 days; Zone B, an area of lower contamination that all children and women in the first trimester of pregnancy were urged to avoid during daytime; and Zone R, a region with some contamination in which consumption of local crops was prohibited (Bertazzi et al., 1989a,b).

Data on serum TCDD concentrations in Zone A residents have been presented by Mocarelli et al. (1990, 1991) and by CDC (1988a). In those with severe chloracne (n _ 10), TCDD was 828–56,000 ppt of lipid weight. Those without chloracne (n _ 10) had TCDD 1,770–10,400 ppt. TCDD was undetectable in all control subjects but one. The highest of those concentrations exceeded any that had been estimated at the time for TCDD-exposed workers on the basis of backward extrapolation and a half-life of 7 years. Data on nearby soil concentrations, number of days a person stayed in Zone A, and whether local food was consumed were considered in evaluating TCDD. That none of those data correlated with serum TCDD suggested strongly that the exposure of importance was from fallout on the day of the accident. The presence and degree of chloracne did correlate with TCDD. Adults seemed much less likely than children to develop chloracne after acute exposure, but surveillance bias could have affected that finding. Recent updates (Bertazzi et al., 1998, 2001) have not changed the exposure-assessment approach.

A number of studies of the Seveso population have used lipid-adjusted serum TCDD concentrations as the primary exposure metric (Baccarelli et al., 2002; Eskenazi et al., 2002a, 2003, 2004; Landi et al., 2003). Fattore et al. (2003) measured current air concentrations of PCDDs in Zones A and B, and compared them with measurements from a control area near Milan. The authors concluded that release from PCDD-contaminated soil does not add appreciably to air concentrations in the Seveso study area. Finally, Weiss et al. (2003) collected breast milk from 12 mothers in Seveso to compare TCDD concentrations with those from a control population near Milan. The investigators reported that the TCDD concentrations in human milk from mothers in Seveso were two times higher than were those in controls. The authors concluded that breastfed children in the Seveso area are likely to have higher body burdens of TCDD than are children from other areas.

Several cohort studies have been conducted on the basis of the exposure categories. Seveso residents have had long-term follow-up of their health outcomes, especially cancer. Bertazzi and colleagues conducted 10-year mortality follow-up studies among adults and children who were

1–19 years old at the time of the accident (Bertazzi et al., 1989a,b, 1992), 15-year follow-up studies (Bertazzi et al., 1997, 1998), and a 20-year follow-up study (Bertazzi et al., 2001). Pesatori et al. (1998) also conducted a 15-year follow-up study to update non-cancer mortality. The studies are reviewed extensively in *VAO*, *Update 1996*, *Update 1998*, *Update 2000*, *Update 2002*, and *Update 2004* and are summarized here.

In addition to a 2-year prospective controlled study of workers potentially exposed to TCDD during cleanup of the most highly contaminated areas after the accident (Assennato et al., 1989b), other studies have examined specific health effects associated with TCDD exposure among Seveso residents: chloracne, birth defects, spontaneous abortion, and crude birth and death rates (Bisanti et al., 1980); chloracne and peripheral nervous system conditions (Barbieri et al., 1988); chloracne among cases and non-cases recruited previously by Landi et al., 1997, 1998 (Baccarelli et al., 2005b); hepatic-enzyme-associated conditions (Ideo et al., 1982, 1985); abnormal pregnancy outcomes (Mastroiacovo et al., 1988); cytogenetic abnormalities in maternal and fetal tissues (Tenchini et al., 1983); neurologic disorders (Boeri et al., 1978; Filippini et al., 1981): cancer incidence (Bertazzi et al., 1993; Pesatori et al., 1992, 1993); sex ratio of offspring who were born in Zone A (Mocarelli et al., 1996); breast cancer (Warner et al., 2002); immunologic effects (Baccarelli et al., 2002); aryl-hydrocarbon receptor-dependent pathway and toxic effects of TCDD in humans (Baccarelli et al., 2002); and the effect of TCDD-mediated alterations in the AhR-dependent pathway in residents living in Zones A and B in Seveso (Landi et al., 2003). Bacarelli et al. (2005b) reviewed statistical strategies for handing non-detectable readings in dioxin measurement datasets. They recommended that a distribution-based multiple imputation method be used to analyze environmental data when substantial proportions of observations have non-detectable readings.

Caramaschi et al. (1981) presented the distribution of chloracne among Seveso children, and Mocarelli et al. (1986) measured several compounds in the blood and urine of children who had chloracne. In a follow-up study, dermatologic and laboratory tests were conducted in a group of the children with chloracne and compared with results in a group of controls (Assennato et al., 1989a).

Since Update 2006, Consonni et al., (2008) published a 25-year follow-up study of residents ("present") in the Seveso area and reference territory at the time of the Seveso industrial accident, and immigrants/newborns ("non-present") in the 10 years thereafter. Mortality of exposed residents—804 residents in Zone A (723 present, 81 non-present), 5,941 residents in Zone B (4,821 present, 1,120 non-present), and 38,623 residents in Zone R (31,643 present, 6,980 non-present)-were compared to 232,740 residents living in surrounding communities (181,574 present, 51,166 non-present). Mortality data was obtained from vital statistics offices in the study municipalities. For residents who emigrated outside the study area and remained within the Lombardy region, record linkage with population databases traced ~40,000 subjects who either lived in the area or who were diceased elsewhere in the region. For residents who were not linked or who did not emigrate outside the region (~20,000 people), an individual postal followup was performed through the vital statistics offices of municipalities throughout Italy. Cause of death (ICD 9) was ascertained by record linkage with databases of the National Central Stastics Institute and Lombardy region local health units or by postal contact with other vital statistics offices and local health units. Cause-specific mortality was determined for each Zone (A, B, and R) and compared to the comparison cohort, adjusted for presence at the accident, gender, period (1976–1981, 1982–1986, 1987–1991, 1992–1996, and 1997–2001) age (<1, 1–4 years, then 5-

year categories until age 84 years, and \geq 85 years), and time since first exposure ("latency," 0–4, 5–9, 10–14, 15–19, and \geq 20 years).

Since *Update 2006*, two new studies examining reproductive effects in the Seveso cohort were published. Baccarelli et al. (2008) reported on crude sex ratios, birth weight, and neonatal thyroid function for all births in 1994–2005 to women who were less than 18 years of age at the time of the Seveso accident. Mocarelli et al. (2008) investigated TCDD's effect on reproductive hormones and sperm quality in a comparison of 135 men exposed to TCDD by the 1976 Seveso accident to 184 healthy men not exposed to TCDD or living in the Seveso contamination zones. Both groups were divided into three categories reflecting their age at the time of the Seveso accident: infancy/prepuberty (1–9 years), puberty (10–17 years), and adulthood (18–26 years).

Seveso Women's Health Study (SWHS)

Several studies have used data from the Seveso Women's Health Study (SWHS) to evaluate the association between individual serum TCDD and reproductive effects in women who resided in Seveso at the time of the accident in 1976. The study group consisted of 981 volunteers who were between infancy and age 40 at the time of the accident, who had resided in Zones A or B, and for whom adequate serum remained from samples collected for TCDD measurements shortly after the explosion.

As part of the Seveso Women's Health Study (SWHS), Eskenazi et al. (2001) tested the validity of exposure classification by zone. Investigators measured serum TCDD in samples collected between 1976 and 1980 from 601 residents (97 from Zone A; 504 from Zone B). A questionnaire the women completed between 1996 and 1998 included age, chloracne history, animal mortality, consumption of homegrown food, and location at the time of the explosion. Participants did not know their TCDD concentrations at the time of the interview, although most knew their zone of residence. Interviewers and TCDD analysts were blinded to participants' zone of residence. Zone of residence explained 24 percent of the variability in serum TCDD. Addition of the questionnaire data improved the regression model, explaining 42 percent of the variance. Those findings demonstrate a significant association between zone of residence and serum TCDD, but much of the variability in TCDD concentrations is still unexplained by the models.

Previously reviewed studies have examined associations between serum TCDD and menstrual cycle Eskenazi et al. (2002a), endometriosis (Eskenazi et al., 2002b), pregnancy outcome (Eskenazi et al., 2003), age at exposure of female Seveso residents (Eskenazi et al., 2004), age at menarche and age at menopause (Eskenazi et al., 2005); and age at menarche in women who were premenarcheal at the time of the explosion (Warner et al., 2004). Warner et al. (2005) compared a chemical-activated luciferase-gene expression bioassay to an isotope dilution high-resolution gas chromatography/ high-resolution mass spectrometry assay to measure dioxin-like toxicity equivalents for 78 women residing near Seveso, and found similar results from the two methods.

Since *Update 2006*, Eskenazi et al. (2007) and Warner et al. (2007 published new studies of women in the Seveso Women's Health Study examining fibroids and ovarian function, respectively. For both studies, women were identified who were 40 years old or younger at the time of the dioxin explosion in 1976; women who lived in the most contaminated zones (A and B) and had adequate stored serum were enrolled between 1996–1998. Eskanazi et al. (2007)

excluded women who had been diagnosed with fibroids before 1976, leaving a total of 956 women for analyses. Fibroids were ascertained for 634 women by self-report, medical records, and ultrasound examinations. Analyses were adjusted for confounding by parity, family history of fibroids, age at menarche, current BMI, smoking, alcohol consumption or education.

In the Warner study of menstrual function, women who were 20–40 years of age and not taking oral contraceptives were evaluated by ultrasound (96 women), serum hormone levels (87), and the occurrence of ovulation (203).

Times Beach and Quail Run Cohorts

Several reports have provided information on environmental exposure to TCDD in the Times Beach area of Missouri (Andrews et al., 1989; Patterson et al., 1986). In 1971, TCDD-contaminated sludge from a hexachlorophene production facility was mixed with waste oil and sprayed in various community areas for dust control. Soil contamination in some samples exceeded 100 ppb. Among the Missouri sites with the highest TCDD soil concentrations was the Quail Run mobile-home park. Residents were considered exposed if they had lived in the park for at least 6 months during the time that contamination occurred (Hoffman et al., 1986). Other investigations of Times Beach have estimated exposure risk on the basis of residents' reported occupational and recreational activities in the sprayed area. Exposure estimates have been based on duration of residence and TCDD soil concentrations.

Andrews et al. (1989) provided the most extensive data on human adipose-tissue TCDD in 128 non-exposed control subjects compared to concentrations in 51 exposed persons who had ridden or cared for horses at arenas sprayed with TCDD-contaminated oil, who lived in areas where the oil had been sprayed, who were involved in trichlorophenol (TCP) production, or who were involved in TCP non-production activities, such as laboratory or maintenance work. Persons were considered exposed if they lived near, worked with, or had other contact for at least 2 years with soil contaminated with TCDD at 20–100 parts per billion (ppb) or for 6 months or more with soil contaminated with TCDD above 100 ppb. Of the exposed-population samples, 87 percent had adipose tissue TCDD concentrations below 200 ppt; however, TCDD concentrations in seven of the 51 exposed persons were 250–750 ppt. In non-exposed persons, adipose-tissue TCDD ranged from undetectable to 20 ppt, with a median of 6 ppt. On the basis of a 7-year half-life, it is calculated that two study participants would have had adipose-tissue TCDD near 3,000 ppt at the time of the last date of exposure.

Several studies evaluated health effects potentially attributable to potential exposure (Evans et al., 1988; Hoffman et al., 1986; Stehr et al., 1986; Stehr-Green et al., 1987; Stockbauer et al., 1988; Webb et al., 1987). *VAO* discussed those studies; no further work has been published.

Vietnam

Researchers in Vietnam studied the native population exposed to the spraying that occurred during the Vietnam conflict. In a review paper, Constable and Hatch (1985) summarized the unpublished results of those studies. That article also examined nine reports that focus primarily

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on reproductive outcomes (Can et al., 1983a,b; Huong and Phuong, 1983; Khoa, 1983; Lang et al., 1983a,b; Nguyen, 1983; Phuong and Huong, 1983; Trung and Chien, 1983). Vietnamese researchers later published results of four additional studies, two on reproductive abnormalities (Phuong et al., 1989a,b), one on mortality (Dai et al., 1990), and one on hepatocellular carcinoma (Cordier et al., 1993). Ngo et al. (2006) published a meta-analysis addressing association between exposure to Agent Orange and birth defects.

National Health and Nutrition Examination Survey (NHANES)

In the early 1960s, the National Center for Health Statistics of the Centers for Disease Control and Prevention began the National Health and Nutrition Examination Survey (NHANES) program as a means of monitoring and assessing the health and nutritional status of people of all ages living in the United States. Data, including demographic, socioeconomic, dietary information and medical, dental, and physiological assessments, is collected through inperson interviews and health examinations from a representative sample of adults and children from across the country. Information gleaned from NHANES data is used to determine prevalence rates for diseases, assess nutritional status, and establish national standards of height, weight, and blood pressure. Researchers also conduct analyses of the NHANES data for epidemiologic studies and health science research.

Since *Update 2006*, several studies have been published that draw upon NHANES data as the basis for their analyses. NHANES data from 1999–2002 was used to evaluate cardiovascular disease (Ha et al., 2007) and hypertension (Everett et al., 2008a,b). Lee D-H et al. (2006, 2007a,b,c) used data from the same years to evaluate several health outcomes including diabetes, metabolic syndrome, insulin resistance and arthritis. Turyk et al. (2007) analyzed NHANES data from 1999–2002 and 2001–2002 to evaluate thyroid hormone levels.

Other Environmental Studies

VAO, *Update 1996*, and *Update 1998* reported on numerous studies of reproductive outcomes attendant to environmental exposure in Oregon (US EPA, 1979); Arkansas (Nelson et al., 1979); Iowa and Michigan (Gordon and Shy, 1981); New Brunswick, Canada (White et al., 1988); Skaraborg, Sweden (Jansson and Voog, 1989); and Northland, New Zealand (Hanify et al., 1981).

Other studies reviewed in previous updates have focused on different outcomes of environmental exposure: STS and connective-tissue cancers in Midland County, Michigan (Michigan Department of Public Health, 1983); NHL in Yorkshire, England (Cartwright et al., 1988); adverse health effects after an electric transformer fire in Binghamton, New York (Fitzgerald et al., 1989); lymphomas and STS in Italy (Vineis et al., 1991); cancer in Finland (Lampi et al., 1992); early-onset PD in Oregon and Washington (Butterfield et al., 1993); neuropsychological effects in Germany (Peper et al., 1993); mortality and cancer incidence in two cohorts of Swedish fishermen whose primary exposure route was assumed to be diet (Svensson et al., 1995); immunologic effects of prenatal and postnatal exposure to PCB or TCDD in Dutch infants from birth to 18 months of age (Weisglas-Kuperus et al., 1995); effects of inhalation exposure to TCDD and related compounds in wood preservatives on cell-mediated

immunity in German day-care center employees (Wolf and Karmaus, 1995); skin cancer in Alberta, Canada (Gallagher et al., 1996); immune effects in hobby fishermen in the Frierfjord in southeastern Norway (Lovik et al., 1996); HD, NHL, multiple myeloma, and acute myeloid leukemia in various regions of Italy (Masala et al., 1996); NHL, HD, and chronic lymphocytic leukemia in a rural Michigan community (Waterhouse et al., 1996); cancer mortality in four northern wheat-producing states (Schreinemachers, 2000); mortality and incinerator dioxin emissions in municipalities in Japan (Fukuda et al., 2003); prevalence of hypertension in Taiwanese who lived near municipal-waste incinerators (Chen H-L et al., 2006); and pregnancy outcomes in Japan based on maternal residence at the time of birth (Tango et al., 2004).

Several epidemiologic studies have been conducted in association with industrial-facility emissions, or in regions with documented variation in dioxin exposures. Viel et al. (2000) reported on an investigation of apparent clusters of cases of soft-tissue sarcoma and non-Hodgkin's lymphoma in the vicinity of a municipal solid-waste incinerator in Doubs, France. The presumptive source of TCDD in the region is a municipal solid-waste incinerator in the Besan on electoral ward in western Doubs. Dioxin emissions from the incinerator were measured in international toxicity equivalent (I-TEQ) units at 16.3 nanograms (ng) I-TEQ per cubic meter (m³), far in excess of the European Union (EU) standard of 0.1 ng I-TEQ/m³. TCDD concentrations in cows' milk measured at three farms near the incinerator were well below the EU guideline of 6 ng I-TEQ/kg of fat, but the concentrations were highest at the farm closest to the incinerator.

Examining the same population as Viel et al. (2000), Floret et al. (2003) investigated the rates of NHL in Bensaçon, France. Cases were identified from a cancer registry of people diagnosed with NHL between 1980 and 1995. Almost all of the cases were histologically confirmed. Data on each case included date of birth, sex, age at diagnosis, and address at the time of diagnosis. Control subjects were selected from the population census, and because of confidentiality laws and requirements, the only data available to investigators were the age categories (0–19, 29–39, 40–59, 60–74, 75+), sex, and residence in specific blocks. Controls were selected randomly from census lists, according to a 10-to-1 matching that was based on sex and age group.

Exposure was based on geocoding the distance of each study participant's residence from the plant. Dispersion modeling was used to account for meteorologic effects. The exposure assessment took advantage of an earlier study, conducted in 1999, which developed a model to predict dioxin emissions from the solid-waste incinerator. No other industrial sources of dioxin exposure were found in the area. The study region was divided into 4 areas of increasing dioxin concentrations, from <0.0001 pg/m3 in the low exposure or reference group, to 0.0004–0.0016 pg/m3 in the highest exposure category. Although the exposure assessment relied on sophisticated methods for modeling emissions, because there was insufficient information on residential history and time–activity patterns, the duration of exposure could not be included in the analysis.

In a case–control study conducted in France, 434 women with breast cancer were compared to 2,170 community controls according to the proximity of their residence to emissions from a waste incinerator that generated PCDDs and PCDFs (Viel et al., 2008). Four exposure categories were created based on emission data and a wind dispersion model. Separate analyses were carried out for women aged 20–59 years and 60 years or more. Among older women, this odds ratio was 0.31 (95% CI 0.08–0.89); however, this was based on only four cases and there was no

evidence of a dose-response trend. Furthermore, this study did not adjust for any potential confounders.

Combustion records for the Zeeburg area of Amsterdam in the Netherlands were used as a surrogate for exposure to dioxins in a study of orofacial clefts (ten Tusscher et al., 2000). Location downwind or upwind of an incineration source was used to define exposed and reference groups for the study. A study of soft-tissue sarcomas in the general population was conducted in northern Italy around the city of Mantua (Costani et al., 2000). Several industrial facilities are in Mantua, and residential proximity to them was presumed to result in increased TCDD exposure, but TCDD was not measured in the environment or in human tissues.

A study of dioxin exposure pathways in Belgium focused on long-time residents in the vicinity of two municipal-waste incinerators (Fierens et al., 2003a). Residents near a rural incinerator had significantly higher serum dioxin concentrations than did a control group (38 vs 24 pg TEQ/g of fat). Concentrations in residents living near the incinerators increased proportionately with intake of local-animal fat. A second study (Fierens et al., 2003b) measured dioxin body burden in 257 people who had been environmentally exposed, with the object of determining whether dioxin and PCB exposures were associated with type 2 diabetes and endometriosis. No difference in body burden was found between women with endometriosis and women in a control group, but the risk of type 2 diabetes was significantly higher for those with higher body burdens of dioxin-like compounds and PCBs. Another study of the correlation between dioxin-like compounds in Italian and Belgian women and the risk of endometriosis used measurements of TCDD and other dioxins in blood (De Felip et al., 2004). There was no difference in body burden among women with endometriosis and a control group, but dioxin concentrations were substantially higher in the control groups of women from Belgium than in a similar group from Italy (45 vs. 18 pg TEQ/g, lipid-adjusted, respectively).

Bloom et al. (2006) measured serum dioxin levels in New York sports fishermen as part of a study of thyroid function. Also, a methodological study by Petreas et al. (2004) found generally quite high correlations between concentrations of dioxins and related compounds in breast and abdominal fat within the same woman, which suggested that they could be used interchangeably in epidemiological studies. The same study, however, also found that adjusting concentrations according to lipid content rather than weight of the fat samples is important because of the presence of non-lipid components in these samples.

Dioxins and furans were among the soil contaminants at a Superfund site in Pensacola, Florida, resulting from operations at a wood treating company in operation from 1942 until 1982. In 2000, Karouna-Renier et al. (2007) gathered health and exposure histories and measured serum concentrations of 17 PCDD/F congeners for 47 potentially exposed individuals. The study sample was selected in a non-systematic fashion from among former workers, their family, and residents. Logistic analysis of the prevalence of several health problems in terms of TEQs with adjustment for age, race, sex, BMI, tobacco and alcohol use, and worker status permitted investigation of dose-response relationships.

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¹ Throughout the report the same alphabetic indicator following year of publication is used consistently for the same article when there were multiple citations by the same first author in a given year. The convention of assigning the alphabetic indicator in order of citation in a given chapter is not followed.

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CHAPTER 5: EPIDEMIOLOGIC STUDIES

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CHAPTER 5: EPIDEMIOLOGIC STUDIES

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CANCER

Cancer is the second-leading cause of death in the United States. Among men 50–64 years old, the group that includes most Vietnam veterans (see Table 6-1), however, the risk of dying from cancer exceeds the risk of dying from heart disease, the main cause of death in the United States, and does not fall to second place until after the age of 75 (Heron et al., 2009). About 565,650 Americans of all ages were expected to die from cancer in 2008—more than 1,500 per day. In the United States, one-fourth of all deaths are from cancer (Jemal et al., 2008a).

TABLE 6-1	Age Distribu	tion of Vietn	am Era and	l Vietnam	Theater
Male Veterans	s 2004–2005 (numbers in t	housands)		

Ages Group	Vietnam Era	Vietnam Theater
(Years)	N (%)	N (%)
All ages	7,934	3,853
≤49 ັ	133 (1.6)	32 (0.1)
50–54	1,109 (13.8)	369 (9.4)
55–59	3,031 (37.6)	1,676 (43.1)
60–64	2,301 (28.5)	1,090 (28.0)
65–69	675 (8.4)	280 (7.2)
70–79	511 (6.3)	322 (8.3)
>80	178 (2.2)	83 (2.1)

SOURCE: Table 3-3 (IOM, 1994), updated by 15 years.

This chapter summarizes and presents conclusions about the strength of the evidence from epidemiologic studies regarding associations between exposure to the compounds of interest—2,4-dichlorophenoxyacetic acid (2,4-D), 2,4,5-trichlorophenoxyacetic acid (2,4,5-T) and its contaminant 2,3,7,8-tetrachlorodibenzo-*p*-dioxin (TCDD), picloram, and cacodylic acid—and various types of cancer. If a new study reports on only a single type of cancer and does not revisit a previously studied population, its design information is summarized here with its results; design information on all other new studies can be found in Chapter 4; Appendix C contains cumulative tables that summarize studies that looked at multiple end points or involved repeatedly investigated populations that have contributed evidence to this series of reports.

In an evaluation of a possible connection between herbicide exposure and risk of cancer, the approach used to assess study subjects is of critical importance in determining the overall relevance and usefulness of findings. As noted in Chapter 5, there is a great variety in detail and accuracy of exposure assessment among studies. A few studies used biologic markers of exposure, such as the presence of a compound in serum or tissues; some developed an index of exposure from

employment or activity records; and some used others surrogate measures of exposure, such as presence in a geographic locale when herbicides were used. As noted in Chapter 2, inaccurate assessment of exposure can obscure the relationship between exposure and disease.

Each section on a type of cancer opens with background information, including data on its incidence in the general US population and known or suspected risk factors. Cancer-incidence data on the general US population are included in the background material to provide a context for consideration of cancer risk in Vietnam veterans; the figures presented are estimates for the entire US population, however, not predictions for the Vietnam-veteran cohort. The data reported are for 2000-2005, the most recent dataset available (NCI, 2008). Incidence data are given for all races combined and separately for blacks and whites. The age range of 50-64 years now includes about 80% of Vietnam-era veterans, so incidences are presented for three 5-year age groups: 50-54 years, 55-59 years, and 60-64 years. The data were collected for the Surveillance, Epidemiology, and End Results (SEER) program of the National Cancer Institute of the National Institutes of Health and are categorized by sex, age, and race, all of which can have profound effects on risk. For example, the incidence of prostate cancer is about 4.3 times higher in men who are 60-64 years old compared to men 50-54 years old; it is about twice as high in blacks 50-64 years old as in whites in the same age group (NCI, 2006). Many other factors can influence cancer incidence, including screening behavior, tobacco and alcohol use, diet, genetic predisposition, and medical history. Those factors can make someone more or less likely than the average to contract a given kind of cancer; they also need to be taken into account in epidemiologic studies of the possible contributions of the compounds of interest.

Each section of this chapter pertaining to a specific type of cancer includes a summary of the findings described in the previous Agent Orange reports: *Veterans and Agent Orange: Health Effects of Herbicides Used in Vietnam*, hereafter referred to as *VAO* (IOM, 1994); *Veterans and Agent Orange: Update 1996*, referred to as *Update 1996* (IOM, 1996); *Update 1998* (IOM, 1999); *Update 2000* (IOM, 2001); *Update 2002* (IOM, 2003); *Update 2004* (IOM, 2005); and *Update 2006* (IOM, 2007). That is followed by a discussion of the most recent scientific literature, a discussion of biologic plausibility, and a synthesis of the material reviewed. Where appropriate, the literature is discussed by exposure type (service in Vietnam, occupational, or environmental). Each section ends with the committee's conclusion regarding the strength of the evidence from epidemiologic studies. The categories of association and the committee's approach to categorizing the health outcomes are discussed in Chapters 1 and 2.

Biologic plausibility corresponds to the third element of the committee's congressionally mandated statement of task. In fact, the degree of biologic plausibility itself influences whether the committee perceives positive findings to be indicative of an association or the product of statistical fluctuations (chance) or bias.

Information on biologic mechanisms by which exposure to TCDD could contribute to the generic (rather than tissue- or organ-specific) carcinogenic potential of the compounds of interest is summarized in Chapter 4. It distills toxicologic information concerning the mechanisms by which TCDD affects the basic process of carcinogenesis; such information, of course, applies to all the cancer sites discussed individually in this chapter. When biologic plausibility is discussed in this chapter's sections on particular cancer types, the generic information is implicit, and only experimental data peculiar to carcinogenesis at the site in question is been presented.

Considerable uncertainty remains about the magnitude of potential risk posed by exposure to the compounds of interest. Many of the veterans, occupational, and environmental studies reviewed by the committee did not control fully for important confounders. There is not enough

information about the exposure experience of individual Vietnam veterans to permit combining exposure estimates for them with any potency estimates that might be derived from scientific research studies in order to quantify risk. The committee therefore cannot accurately estimate the risk to Vietnam veterans that is attributable to exposure to the compounds of interest. The (at least currently) insurmountable problems of deriving meaningful quantitative estimates of the risks of various health outcomes to Vietnam veterans are explained in Chapter 1 and the summary of this report, but the point is no longer reiterated for every health outcome addressed.

ORGANIZATION OF CANCER GROUPINGS

For *Update 2006*, a system for addressing cancer types was described in order to clarify how specific cancer diagnoses are grouped for evaluation by the committee and to ensure that the full range of cancer types has been considered.

As described in *Update 2006*, the organization of cancer groups follows major and minor categories of cause of death for cancer sites established by the National Institute for Occupational Safety and Health (NIOSH). The NIOSH groups map the full range of ICD-9 codes for malignant neoplasms (140–208). The *International Classification of Diseases* (ICD) system is used by physicians and researchers to group related diseases and procedures in a standard form for statistical evaluation. The 10th edition (ICD-10) came into use in 1999 and constitutes a marked change from the previous four versions that evolved into the ninth edition (ICD-9). ICD-9 was in effect from 1979 to 1998; because ICD-9 is the version most prominent in the research reviewed in this series, it has been used when codes are given for a specific health outcome. Appendix B describes the correspondence between the NIOSH cause-of-death groupings and ICD-9 codes (Table B-1); the groupings for mortality are largely congruent with those of the SEER program for cancer incidence (see Table B-2, which presents equivalences between the ICD-9 and ICD-10 systems).

The system of organization used by the committee simplifies the process for locating a particular cancer for readers and facilitated the committee's identification of ICD codes for malignancies that had not been explicitly addressed in previous updates (as noted in italics in Table B-1). *VAO* reports' default category for any health outcome for which no epidemiologic research findings have been recovered has always been "inadequate evidence" of association, which in principle is applicable to specific cancers. Failure to review a specific cancer or other condition separately reflects the paucity of information, so there is indeed inadequate or insufficient information to categorize such a disease outcome.

Biologic Plausibility

The studies considered with respect to the biologic plausibility of an association between exposure to the compounds of interest and human cancers have been performed primarily in either laboratory animals (rats, mice, hamsters, and monkeys) or cultured cells. Collectively, the evidence obtained from studies on TCDD indicates that a connection between human exposure to this compound and cancers is biologically plausible, as will be discussed more fully in a generic sense below and more specifically in the biologic plausibility sections on individual cancers.

With respect to **2,4-D**, **2,4,5-T**, and **picloram**, several studies have been performed in laboratory animals. In general, the results were negative, although some of them would not meet current standards for cancer bioassays; for instance, there is some question whether the highest doses (generally 30–50 mg/kg) in some of these studies achieved a maximum tolerated dose (MTD). Thus, it is not possible to have absolute confidence that these compounds have no carcinogenic potential. Further evidence of a lack of carcinogenic potential is provided, however, by negative findings for genotoxic effects in assays conducted primarily in vitro. The evidence indicates that 2,4-D is genotoxic only at very high concentrations. Although 2,4,5-T was shown to increase the formation of DNA adducts by cytochrome P450-derived metabolites of benzo[a]pyrene, most available evidence indicates that 2,4,5-T is genotoxic only at high concentrations.

There is some evidence that **cacodylic acid** is carcinogenic. Studies performed in laboratory animals have shown that it can induce neoplasms of the kidney (Yamamoto et al., 1995) and bladder (Arnold et al., 2006; Wei et al., 2002). In the lung, treatment with cacodylic acid induced formation of neoplasms when administered to mouse strains that are genetically susceptible to them (Hayashi et al., 1998). Other studies have used the two-stage model of carcinogenesis in which animals are exposed first to a known genotoxic agent and then to a suspected tumor-promoting agent. With that model, cacodylic acid has been shown to act as a tumor-promoter with respect to lung cancer (Yamanaka et al., 1996).

Studies in laboratory animals in which only **TCDD** has been administered have reported that TCDD can increase the incidence of a number of neoplasms, most notably of the liver, lung, thyroid, and oral mucosa (Kociba et al., 1978; NTP 2006). Some studies have used the two-stage model of carcinogenesis and shown that TCDD can act as a tumor-promoter to increase the incidence of ovarian (Davis et al., 2000), liver (Beebe et al., 1995), and skin cancers (Wyde et al., 2004). As to the mechanisms by which TCDD exerts its carcinogenic effects, it is thought to act primarily as a tumor-promoter. In many of the animal studies reviewed, treatment with TCDD has resulted in hyperplasia and/or metaplasia of epithelial tissues. In addition, in both laboratory animals and cultured cells, TCDD has been shown to exhibit a wide array of effects on growth regulation, hormone systems, and other factors associated with the regulation of cellular processes that involve growth, maturation, and differentiation. Thus, it may be that TCDD may increase the incidence or progression of human cancers through an interplay between multiple cellular factors. Tissue-specific protective cellular mechanisms may also affect the response to TCDD and further complicate our understanding of its site-specific carcinogenic effects.

As shown by long-term bioassays in both sexes of several strains of rats, mice, hamsters, and fish, there is adequate evidence that TCDD is a carcinogen in laboratory animals, increasing the incidence of tumors at sites distant from the site of treatment at doses well below the maximum tolerated dose. From animal studies, TCDD has been characterized as a non-genotoxic carcinogen because it does not have obvious DNA-damaging potential, but it is a potent "promoter" and a weak initiator in two-stage initiation-promotion models for liver, skin, and lung. Early studies have demonstrated that TCDD is two orders of magnitude more potent than the "classic" promoter tetradecanoyl phorbol acetate (TPA) and that TCDD skin tumor promotion is AHR dependent. For many years, it has been known that TCDD is a potent tumor promoter. Recent evidence has shown that AHR activation by TCDD in human breast and endocervical cell lines induces sustained high levels of the IL-6 (interleukin–6, also called β 2-interferon) cytokine, which has tumor promotional effects in numerous tissues, including breast,

prostate, ovarian, and malignant cholangiocytes, thus opening up the possibility that TCDD would promote carcinogenesis in these and possibly other tissues (Hollingshead et al., 2008).

In-vitro work using mouse hepatoma cells has shown that activation of the AHR results in elevated levels of 8-hydroxydeoxyguanosine—a product of DNA base oxidation and subsequent excision repair and a marker of DNA damage; induction of cytochrome P4501A1 by 2,3,7,8-tetrachlorodibenzo-p-dioxin or indolo(3,2-b)carbazole is associated with oxidative DNA damage (Park et al., 1996). Subsequent *in vivo* experiments in mice corroborated these findings by showing that TCDD caused a sustained oxidative stress, as determined by measurements of urinary levels of 8-hydroxydeoxyguanosine (Shertzer et al., 2002), involving AHR-dependent uncoupling of mitochondrial respiration (Senft et al., 2002). Mitochondrial reactive oxygen production is dependent on the aryl hydrocarbon receptor. Recent work designed to measure DNA damage in humans has also found high urinary levels of 8-hydroxydeoxyguanosine in electronic equipment dismantling workers exposed to high levels of dioxins and dioxin-like compounds (Wen et al., 2008).

In a recent study of New Zealand Vietnam War veterans (Rowland et al., 2007), clastogenic genetic disturbances arising as a consequence of confirmed exposure to Agent Orange were determined by analyzing sister chromatid exchange (SCE) in lymphocytes from group of 24 New Zealand Vietnam War veterans and 23 control volunteers. The results from this study showed a highly significant difference (p < 0.001) between the mean of the experimental group and the mean of the matched control group. The Vietnam War veterans also had an exceptionally high proportion of cells with SCE frequencies above the 95th percentile compared to the controls (11.0 and 0.07%, respectively).

The weight of evidence that TCDD and dioxin-like PCBs comprise a group of compounds with carcinogenic potential includes unequivocal animal carcinogenesis and biologic plausibility based on mode-of-action data. Although the specific mechanisms by which dioxin causes cancer remain to be established, the intracellular factors and mechanistic pathways involved in dioxin's cancer-promotion mode of action all have parallels between animals and humans. No qualitative differences have been reported to indicate that humans should be considered fundamentally different from the multiple animal species in which bioassays have demonstrated dioxin-induced neoplasia.

In conclusion, the toxicologic evidence indicates that a connection of TCDD and perhaps cacodylic acid with cancer in humans is, in general, biologically plausible, but (as discussed below) it must be determined on a case-by-case basis whether such potential is realized in a given tissue. Experiments with 2,4-D, 2,4,5-T, and picloram in animals and cells have not provided a strong biologic basis for the presence or absence of carcinogenic effects.

The Committee's View of "General" Human Carcinogens

In order to address its charge, the committee weighs the scientific evidence linking the chemical compounds of interest to specific, individual cancer sites. This is appropriate given the different susceptibilities of various tissues and organs to cancer development, and the various genetic and environmental factors that can influence the occurrence of a particular type of cancer. Before considering each site in turn, however, it is important to address the concept that cancers share certain features across organ sites and to clarify the committee's view regarding the

implications of a compound being a "general" human carcinogen. All cancers share certain phenotypic features: uncontrolled cell proliferation, increased cell survival, invasion outside normal tissue boundaries, and eventually, metastasis. The current model for understanding cancer development holds that a cell or group of cells must acquire a sufficient series of genetic mutations in order to progress, and that certain epigenetic events (events that affect gene function but do not involve a change in gene coding sequence) occur to accelerate this mutational process and provide growth advantages for the more aggressive clones of cells. This means that a carcinogen can stimulate the process of cancer development either by genetic (mutational) or epigenetic (nonmutational) activities.

In classic experiments based on the induction of cancer in mouse skin that were conducted over 40 years ago, carcinogens were categorized as initiators, meaning those capable of causing an initial genetic insult to the target tissue, and promoters, meaning those capable of promoting the growth of initiated tumor cells, generally through non-mutational events. Some carcinogens, such as those found in tobacco smoke, were considered "whole carcinogens," meaning that they were capable of both initiation and promotion. Today, cancer researchers recognize that the acquisition of important mutations is an ongoing process in tumors, and that promoters, or epigenetic processes that favor cancer growth, influence the accumulation of genotoxic damage and vice versa.

As discussed above and in Chapter 4, 2,4–D, 2,4,5-T, and picloram have shown little evidence of genotoxicity in laboratory studies, except at very high doses, and little ability to facilitate cancer growth in laboratory animals. On the other hand, cacodylic acid and TCDD have shown the capacity to increase cancer development in animal experiments, particularly as promoters rather than as pure genotoxic agents. Extrapolating organ-specific results from animal experiments to humans is problematic due to important differences between species in the overall susceptibility of various organs to cancer development and the organ-specific response to a particular putative carcinogen. Therefore, judgments about the general carcinogenicity of a compound are based heavily on the results of epidemiologic studies, and particularly on the question as to whether there is evidence for excess cancer risk at multiple organ sites. As the cancer-type evaluations indicate in the remainder of this chapter, the committee finds that TCDD in particular appears to be a multisite carcinogen. This opinion is in agreement with the International Agency for Research on Cancer (IARC), which has determined that TCDD is a Category 1 "known human carcinogen", and with the U.S. Environmental Protection Agency (EPA), which has concluded that TCDD is "likely to be carcinogenic to humans." It is important to emphasize that the goals and methodology of the IARC and EPA in making these determinations were different from those of this committee; the mission of those organizations is primarily focused on evaluating risk in order to minimize future exposure, while this committee focuses on risk after an exposure that has already occurred. Furthermore, recognition that TCDD or cacodylic acid are multi-site carcinogens does not imply that they cause human cancer at every organ site.

The distinction between general carcinogen and specific-site carcinogen is more difficult to grasp in light of the common practice of beginning analyses of epidemiologic cohorts with a category of "all malignant neoplasms," which is a routine first screen for any unusual cancer activity in the study population rather than a biologically-based hypothesis test. When the distribution of cancers over anatomical sites is lacking in the report of a cohort study, a statistical test for an increase in all cancers is not meaningless, but it is usually less scientifically supportable than analyses based on specific sites, where more substantial biologically-based hypotheses can be developed. The size of a cohort and length of the observation period frequently constrain the number cases observed of individual cancer types and limit the extent to which specific cancer

types can be analyzed. For instance, this update includes an analysis of cumulative results on diabetes and cancer from the prospective Air Force Health Study (AFHS) (Michalek and Pavuk, 2008). For the fairly common condition of diabetes, this publication represents important information summarizing previous findings, but the cancer analysis presented does not go beyond "all cancers." The committee does not accept these findings as an indication that exposure to Agent Orange increases the risk of every variety of cancer. The committee acknowledges that the highly stratified analyses conducted do suggest that some increase in the incidence of some cancers did occur among some of the Ranch Hand subjects, but it views the "all cancer" results as a conglomeration containing information on specific cancers — most importantly, melanoma and prostate cancer, for which provocative results have been published (Akhtar et al., 2004; Pavuk et al., 2006) and which merit individual longitudinal analysis to resolve outstanding questions.

The remainder of this chapter deals with the committee's review of the evidence for each individual cancer site, in accordance with its charge to evaluate the statistical association between exposure and cancer occurrence, the biological plausibility and potential causal nature of that association, and the relevance to U.S. veterans of the Vietnam War.

ORAL, NASAL, AND PHARYNGEAL CANCER

Oral, nasal, and pharyngeal cancers (ICD-9 140–149, 160) are found in many anatomic subsites, including the structures of the mouth (inside lining of the lips, cheeks, gums, tongue, and hard and soft palate) (ICD-9 140–145), oropharynx (ICD-9 146), nasopharynx (ICD-9 147), hypopharynx (ICD-9 148), other buccal cavity and pharynx (ICD-9 149), and nasal cavity and paranasal sinuses (ICD-9 160). Although those sites are anatomically diverse, cancers that occur in the nasal cavity, oral cavity, and pharynx are for the most part similar in descriptive epidemiology and risk factors. The exception is cancer of the nasopharynx, which has a different epidemiologic profile.

The American Cancer Society (ACS) estimated that about 35,310 men and women would receive a diagnosis of oral, nasal, or pharyngeal cancer in the United States in 2006 and 7,590 men and women would die from these diseases (Jemal et al., 2008a). Almost 91% of those cancers originate in the oral cavity or oropharynx. Most oral, nasal, and pharyngeal cancers are squamous-cell carcinomas. Nasopharyngeal carcinoma (NPC) is the most common malignant epithelial tumor of the nasopharynx, although it is relatively rare in the United States. There are three types of NPC: keratinizing squamous-cell carcinoma, nonkeratinizing carcinoma, and undifferentiated carcinoma.

The average annual incidences reported in Table 6-2 show that men are at greater risk than women for those cancers and that the incidences increase with age, although there are few cases, and care should be exercised in interpreting the numbers. Tobacco and alcohol use are established risk factors for oral and pharyngeal cancers. Reported risk factors for nasal cancer include occupational exposure to nickel and chromium compounds (Hayes, 1997), wood dust (Demers et al., 1995), and formaldehyde (Blair and Kazerouni, 1997).

TABLE 6-2 Average Annual Incidence (per 100,000) of Nasal, Nasopharyngeal, Oral Cavity and Pharynx, and Oropharynx Cancers in United States^{*a*}

, .			
	50-54 Years of Age	55–59 Years of Age	60–64 Years of Age

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	All Races	White	Black	All Races	White	Black	All Races	White	Black
Nose, Nasal C	Cavity, and Mie	ddle Ear:							
Males	1.3	1.2	1.5	1.5	1.4	1.5	2.2	2.3	2.7
Females	0.5	0.5	0.5	1.0	1.1	0.0	1.1	1.1	1.3
Nasopharynx	K:								
Males	1.8	1.0	1.3	2.6	1.4	2.4	2.8	1.6	3.1
Females	0.7	0.3	0.8	0.7	0.3	0.4	1.1	0.5	0.6
Oral Cavity a	and Pharynx:								
Males	29.4	29.2	38.3	39.0	38.3	50.4	48.9	49.5	56.1
Females	9.0	8.7	11.7	12.6	12.6	13.9	16.0	16.3	17.5
Oropharynx:									
Males	1.9	1.0	2.3	1.6	1.4	3.2	2.0	1.9	4.7
Females	0.2	0.1	0.6	0.5	0.4	1.1	0.2	0.2	0.6

^a SEER (Surveillance, Epidemiology, and End Results program) nine standard registries, crude age-specific rates, 2000–2005.

Conclusions from VAO and Updates

The committee responsible for VAO concluded that there was inadequate or insufficient information to determine whether there is an association between exposure to the compounds of interest and oral, nasal, and pharyngeal cancers. Additional information available to the committees responsible for *Update 1996*, *Update 1998*, *Update 2000*, *Update 2002*, *Update 2004*, and *Update 2006* did not change that conclusion. Studies evaluated previously and in this report are summarized in Table 6-3.

TABLE 6-3 Selected Ep	idemiologic Studies-	-Oral, Nasal, an	d Pharyngeal Cancer	
				1

Reference	Study Population <i>a,b</i>	Exposed Cases ^c	Estimated Relative Risk (95% CI) ^c
VIETNAM VETERA	ANS		
Studies Reviewed in	Update 2006		
ADVA, 2005a	Australian Vietnam veterans vs Australian		
	population—incidence		
	Head and neck	247	1.5 (1.3–1.6)
	Navy	56	1.6 (1.1-2.0)
	Army	174	1.6 (1.3–1.8)
	Air Force	17	0.9 (0.5–1.5)
ADVA, 2005b	Australian Vietnam veterans vs Australian		
,	population—Mortality		
	Head and neck	101	1.4 (1.2–1.7)
	Navy	22	1.5 (0.9–2.1)
	Army	69	1.5 (1.1–1.8)
	Air Force	9	1.1 (0.5-2.0)
	Nasal	3	0.8 (0.2–2.2)
ADVA, 2005c	Australian conscripted Army National Service		
	Vietnam era veterans: deployed vs non-deployed		
	Head and neck		
	Incidence	44	2.0 (1.2-3.4)
	Mortality	16	1.8 (0.8–4.3)
	PREPUBLICATION COPY: UNCORRECTED	Proof	

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Reference	Study Population ^{<i>a,b</i>}	Exposed Cases ^c	Estimated Relative Risk (95% CI) ^c	
	Nasal			
	Mortality	0	0.0 (0.0-48.2)	
Boehmer et al., 2004	Follow-up of CDC Vietnam Experience Cohort			
	(ICD-9 140–149)	6	*	
Studies Reviewed in L	pdate 2004			
Akhtar et al., 2004	White AFHS subjects vs national rates			
	(buccal cavity)			
	Ranch Hand veterans			
	Mortality—All	0	0.0 *	
	Incidence—All	6	0.9 (0.4–1.9)	
	With tours between 1966–1970	6	1.1 (0.5–2.3)	
	Comparison veterans			
	Mortality—All	1	0.5 *	
	Incidence—All	5	0.6 (0.2–1.2)	
	With tours between 1966–1970	4	0.6 (0.2–1.4)	
Studies Reviewed in L	pdate 2000			
AFHS, 2000	Air Force veterans participating in 1997 exam cycle,			
	Ranch Hands vs Comparisons			
	Oral cavity, pharynx, and larynx	4	0.6 (0.2–2.4)	
Studies Reviewed in L	pdate 1998			
CDVA, 1997a	Australian Vietnam veterans vs Australian population			
	—incidence			
	Lip (ICD-9 140)	0	*	
	Nasopharyngeal cancer (ICD-9 147)	2	0.5 (0.1–1.7)	
	Nasal cavities (ICD-9 160)	2	1.2 (0.1–4.1)	
CDVA, 1997b	Australian conscripted Army National Service			
	Vietnam era veterans—deployed vs non-deployed			
	Nasopharyngeal cancer	1	1.3 (0.0->10)	
	Nasal cavities	0	0 (0.0->10)	
Vistainer et al., 1995	Michigan Vietnam veterans (lip, oral cavity,			
	pharynx)			
	Non-blacks	11	1.1 (0.5–1.9)	
Studies Reviewed in V	A0			
CDC, 1990a	Case-control study of US males born 1929–1953			
	89 nasopharyngeal carcinomas			
	Vietnam service	3	0.5 (0.2–1.8)	
	62 nasal carcinomas			
	Vietnam service	2	0.7 (0.2–2.9)	
OCCUPATIONAL				
New Studies				
Hansen et al., 2007	Danish gardeners—incidence			
	(buccal cavity and pharynx, ICD-7 140–148)			
	10-yr follow-up (1975–1984) reported in Hansen			
	et al. (1992)	6	1.1 (0.4–2.5)	
	25-yr follow-up (1975–2001)	-		
	Born before 1915 (high exposure)	3	0.7 (0.2–2.3)	
	Born 1915–1934 (medium exposure)	6	0.7(0.3-1.4)	
0/ II D · · · · -	Born after 1934 (low exposure)	0	0.0 (0.0–1.0)	
Studies Reviewed in L	pdate 2006			

Reference	Study Population ^{<i>a,b</i>}	Exposed Cases ^c	Estimated Relative Risk (95% CI) ^c
McLean et al., 2006	IARC cohort of pulp and paper workers		
	Exposure to nonvolatile organochlorine		
	compounds (oral cavity and pharynx)		
	Never	33	0.9 (0.6–1.3)
Alexania et al. 2005	Ever	15	0.5 (0.3–0.9)
Alavanja et al., 2005	(buccal cavity)		
	Private applicators (men and women)	66	0.7 (0.5–0.8)
	Lip	25	1.4 (0.9-2.1)
	Spouses of private applicators (>99% women)	14	0.7 (0.4–1.2)
	Lip	2	1.4 (0.2–5.1)
	Commercial applicators (men and women)	5	0.9(0.3-2.2)
D1 : / 1 2005		3	2.7 (0.6-8.0)
Blair et al., 2005a	US Agriculture Health Study		
	(buccal cavity and pharynx)	5	0.2(0.1, 0.7)
	Shouses of private applicators (>00% women)	5	0.3(0.1-0.7)
't Mannatia at al. 2005	Phenoxy herbigide producers (men and women)	0	0.0 (0-23.4)
t Mannetje et al., 2003	(ICD-9 140-149)	2	$28(03_{9})$
	L in (ICD-9.140)	0	*
	Mouth (ICD-9 $141-145$)	2	54(0.7-20)
	Oropharynx (ICD-9 146)	0	*
	Nasopharynx (ICD-9 147)	0 0	0.0(0.0-42)
	Hypopharynx and other (ICD-9 148–149)	0	*
	Phenoxy herbicide sprayers (>99% men)		
	(ICD-9 140–149)	1	1.0 (0.0-5.7)
	Lip (ICD-9 140)	0	*
	Mouth (ICD-9 141–145)	0	0.0 (0.0-7.5)
	Oropharynx (ICD-9 146)	0	*
	Nasopharynx (ICD-9 147)	1	8.3 (0.2–46)
	Hypopharynx and other (ICD-9 148–149)	0	*
Torchio et al., 1994	Italian licensed pesticide users	10	
D 10 1 1000	Buccal cavity and pharynx	18	0.3 (0.2–0.5)
Reif et al., 1989	New Zealand forestry workers—incidence	2	
	Buccal cavity	3	0./(0.2-2.2)
	Nasopharyngeai	2	5.6 (1.6–19.5)
Studies Reviewed in Up	date 2004		
Swaen et al., 2004	Nose	0	
	Nost Mouth and pharway	0	
Nordby et al. 2004	Norwegian farmers born 1925–1971—incidence lin	0	
Nordby et al., 2004	Reported pesticide use	*	0.7(0.4-1.0)
Studies Reviewed in Un	date 2000		0.7 (0.1 1.0)
Caplan et al., 2000	Case–control study of US males born 1929–1953, all		
I ,	70 nasal cancers (carcinomas, plus 11 lymphomas		
	and 5 sarcomas) from CDC (1990a) study		
	population		
		•	1 0 (1 1 0 1)
	Selected landscaping and forestry occupations	26	1.8 (1.1–3.1)
	Selected landscaping and forestry occupations Living or working on farm	26 23	$\begin{array}{c} 1.8 (1.1 - 3.1) \\ 0.5 (0.3 - 0.8) \end{array}$

Reference	Study Population ^{<i>a,b</i>}		1	Estimated Relative Risk (95% CI) ^c	
	Phenoxy herbicides		5	1.2 (0.4–3.3)	
Studies Reviewed in Up	<i>pdate 1998</i>				
Hooiveld et al., 1998	Workers at Dutch chemical factory (lip, oral cavity, pharynx)				
	All working any time 1955–1985		1	2.3 (0.1–12.4)	
	Cleaned up 1963 explosion		1	7.1 (0.2–39.6)	
Rix et al., 1998	Danish men and women paper mill workers				
	Buccal cavity (ICD-7 140–144)				
	Men	2	24	1.0(0.7-1.5)	
	Women		4	1.5 (0.4–3.8)	
	Pharynx (ICD-7 145–149)				
	Men]	15	2.0 (1.1–3.3)	
	Women		2	2.1 (0.2–7.6)	
	Tonsil cancers among pharyngeal cancers]	11		
Kogevinas et al., 1997	IARC cohort (males and females)—Workers exposed				
	to any phenoxy herbicide or chlorophenol				
	Oral cavity and pharynx cancer (ICD-9 140–	4	26	1.1 (0.7–1.6)	
	149)		~~	12(00,00)	
	Exposed to ICDD	4	22	1.3(0.8-2.0)	
	Not exposed to TCDD		3	0.5(0.1-1.3)	
	Nose and nasal sinuses cancer (ICD-9 160)		3	1.6 (0.3–4.7)	
	Exposed to ICDD		0	0.0(0.0-3.5)	
	Not exposed to TCDD		3	3.8 (0.8–11.1)	
Studies Reviewed in Up	odate 1996				
Becher et al., 1996	German phenoxy herbicide production workers				
	(Included in the IARC cohort)		~		
	Buccal cavity, pharynx (ICD-9 140–149)		9	3.0 (1.4–5.6)	
	Tongue		3	*	
	Floor of mouth		2	*	
	Tonsil		2	*	
	Pharynx		2	*	
Asp et al., 1994	Finnish herbicide applicators				
	Incidence		5	10(0222)	
	Mortality		5	1.0(0.3-2.3)	
	"Other Decouratory" (ICD 8 160, 161, 163)		0	0.0 (0.0-3.0)	
	Nose laruny pleuro				
	Inose, iai yiix, pieura		4	11(0227)	
	Mortality		4	1.1(0.3-2.7)	
Studios Doviewed in U			1	0.3 (0.0-2.9)	
Blair et al 1003	White male formers from 23 state deaths 1084				
Diali et al., 1995	1000				
	1700 Lin	-	71	22(1425)	
Popeo et al 1002	Lip Italian farmers (lin tongue salivary glands mouth	2	21	2.5 (1.4–5.5)	
Kulleu et al., 1992	naman farmers (np, tongue, sanvary granus, moutin,				
	Salf employed	1	12	0.0 (*)	
	Sen-employed Employees	1	13	0.7(')	
	Employees		4	0.5(.)	
	Lin	1 (on	1.9 (n < 0.05)	
	Lip	18	52	1.8 (p < 0.05)	

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Reference	Study Population ^{<i>a,b</i>}	Exposed Cases ^c	Estimated Relative Risk (95% CI) ^c
	Tongue	9	0.6 (*)
	Salivary glands	13	0.9 (*)
	Mouth	14	0.5 (p < 0.05)
	Pharynx	13	0.3 (p < 0.05)
	Nasal cavities and sinuses	11	0.6 (*)
	Danish farming employees—incidence		
	Lip	43	$2.1 \ (p < 0.05)$
	Tongue	2	0.6 (*)
	Salivary glands	0	0.0 (*)
	Mouth	0	$0.0 \ (p < 0.05)$
	Pharynx	9	1.1 (*)
	Nasal cavities and sinuses	5	1.3 (*)
Saracci et al., 1991	IARC cohort—exposed subcohort (males and	-	
Sur weer er wi., 1991	females)		
	Buccal cavity and pharynx (ICD-8 140–149)	11	12(06-21)
	Nose and nasal cavities (ICD-8 160)	3	29(0.6-8.5)
Zober et al 1990	BASE Aktiengesellschaft accident cohort—33	5	2.9 (0.0 0.3)
20001 et ul., 1990	cancers among 247 workers at 34-yr follow-up		
	Squamous cell carcinoma of tonsil	1	*
Wiklund et al. 1080a	Licensed Swedish pesticide applicators—incidence	1	
wikiunu et al., 1969a	Line Line Line Line Line Line Line Line	14	18(10,20)
Coggon at al 1086	British MCPA production workers (Included in the	14	1.8 (1.0-2.9)
Coggon et ul., 1980	IABC ashort)		
	$L_{in}^{in}(LCD = 0.140)$	0	*
	Lip (ICD-9 140)	0	τ 1 1 (0 0 (2)
	1000000000000000000000000000000000000	1	1.1 (0.0-6.2)
	$\frac{Pharynx}{Pharynx} (ICD-9 \ 146-149)$	1	0.5(0.0-3.0)
D 1: (1 100)	Nose (ICD-9 160)	3	4.9 (1.0–14.4)
Robinson et al., 1986	Northwestern US Paper and pulp workers		
	Buccal cavity and pharynx (ICD-7 140–148)	1	0.1 (0.0–0.7)
	Nasal (ICD-7 160)	0	*
Wiklund, 1983	Swedish men and women agricultural workers		
	incidence		
	Lip	508	1.8 (1.6–2.1)
	Tongue	32	0.4 (0.2–0.6)
	Salivary glands	68	1.0 (0.7–1.4)
	Mouth	70	0.6 (0.5–0.8)
	Throat	84	0.5 (0.4–0.7)
	Nose and nasal sinuses	64	0.8 (0.6–1.2)
Hardell et al., 1982	Residents of northern Sweden (44 nasal and 27 naso-		
	pharyngeal cancers)		
	Phenoxy acid exposure	8	2.1 (0.9-4.7)
	Chlorophenol exposure	9	6.7 (2.8–16.2)
Burmeister et al., 1981	Iowa farmers—deaths 1971–1978	-	
, 01	Lip	20	2.1 (p < 0.01)
ENVIRONMENTAL			

Studies Reviewed in VAO

Bertazzi et al., 1993

Seveso residents—10-year follow-up—incidence Buccal cavity (ICD-9 140–149)

Reference	Study Population ^{<i>a,b</i>}	Exposed Cases ^c	Estimated Relative Risk (95% CI) ^c
	Zone B—Men	6	1.7 (0.8–3.9)
	Women	0	*
	Zone R—Men	28	1.2 (0.8–1.7)
	Women	0	*
N	lose and nasal cavity (ICD-9 160)		
	Zone R—Men	0	*
	Women	2	2.6 (0.5–13.3)

^{*a*} Table shows mortality unless otherwise noted.

^b Cohorts are male unless otherwise noted.

^c Given when available.

* Information not provided by study authors.

— Denoted by a dash in the original study.

Studies in *italics* have been superseded by newer studies of the same cohort.

ABBREVIATIONS: ADVA, Australian Department of Veteran Affairs; AFHS, Air Force Health Study; CDC, Centers for Disease Control and Prevention; CDVA, Commonwealth Department of Veterans' Affairs; CI, confidence interval; IARC, International Agency for Research on Cancer; ICD–9, *International Classification of Diseases*, Ninth Edition; MCPA, 2 methyl-4-chlorophenoxyacetic acid; TCDD, 2,3,7,8-tetrachlorodibenzo-p-dioxin.

Update of the Epidemiologic Literature

No new studies of Vietnam Veterans or of populations environmentally exposed to the compounds of interest and oral, nasal, or pharyngeal cancers were published since *Update 2006*.

Occupational Studies

Hansen et al. (2007) evaluated cancer incidence from May 1975 through 2001 within an occupational cohort of Danish Union of General Workers identified from men working in 1973; their cancer incidence from 1975 to 1984 was reported in Hansen et al. (1992). The cohort of 3,156 male gardeners, whose pesticide exposure was primarily to herbicides including phenoxy acetic acids, was matched to the Danish Cancer Registry to determine the observed cancer incidence; cancer cases were coded with the 7th revision of the International Classification of Diseases (ICD-7). The expected number of cancers was calculated using national cancer incidence rates. The Standardized Incidence Ratios controlled for age and calendar time. The cohort was subdivided by year of birth, a proxy for exposure since pesticide use decreased over time. Three subcohorts were evaluated: high, early birth cohort (born prior to 1915), low, late birth cohort (born after 1934) and medium exposure (born from 1915 through 1934). A total of 521 cancer cases were identified; 9 were classified as originating in the buccal cavity or pharynx (ICD-7 codes 140-148). The observed incidence of pharyngeal cancers was lower than the expected incidence for all birth cohorts examined. For men born prior to 1915, the SIR was 0.74 (95% CI 0.24-2.29). A reduced incidence was also observed for men born between 1915 and 1935 (SIR = 0.65, 95% CI 0.29-1.44). No cases were observed for births after 1935. Nasal cancers were grouped within the respiratory cancer category (ICD-7 codes 160-165). The SIRs for respiratory cancers were also lower than expected with SIRs of 0.90 (95% CI 0.64–1.26), 0.98 (95% CI 0.78–1.23) and 0.84 (95% CI 0.42–1.69) for the early, intermediate, and late birth

cohorts, respectively. This study was limited by the inability to examine incidence by pesticide class (e.g. herbicides) and the lack of confounder data.

Biologic Plausibility

Long term animal studies have examined the impact of exposure to the compounds of interest on tumor incidences (Charles et al., 1996; Stott et al., 1990; Walker et al., 2006; Wanibuchi et al., 2004). A recent National Toxicology Program (NTP) study (Yoshizawa et al., 2005a) reported an increase in the incidence of gingival squamous-cell carcinoma in female rats treated orally (by gavage) with TCDD at 100 ng/kg 5 days/week for 104 weeks. Incidences of gingival squamous-cell hyperplasia were significantly increased in all groups treated at 3–46 ng/kg. In addition, squamous-cell carcinoma in the oral mucosa of the palate was increased. Increased neoplasms of the oral mucosa were previously observed and described as carcinomas of the hard palate and nasal turbinates (Kociba et al., 1978). Kociba et al. (1978) also reported a small increase in the incidence of tongue squamous-cell carcinoma. A similar 2-year study performed in female rats failed to reveal a pathologic effect of TCDD on nasal tissues (Nyska et al., 2005).

The biologic plausibility of the chemicals of interest being carcinogenic is discussed in general at the beginning of this chapter.

Synthesis

In the previous report, at the request of the VA, the committee screened studies that had reported the number of tonsil cancer cases observed. Given the small number of tonsil cancer cases diagnosed in the general population, it is often not possible to evaluate tonsil cancer cases separately in epidemiologic studies; therefore, they are grouped within the more general category of oral, nasal, and pharyngeal cancers. The committee was able to identify only three cohort studies that provided the number of tonsil cancer cases in their study populations and concluded that these studies did not provide sufficient evidence to determine whether an association existed between exposure to the compounds of interest and tonsil cancer. The 2006 VAO committee recommended that the VA evaluate the possibility for studying health outcomes, including tonsil cancer, among Vietnam-era veterans using existing administrative and health-services databases. Given that anecdotal evidence provided to the committee from the veterans suggests a potential association between the exposures in Vietnam and tonsil cancer, this committee strongly reiterates the 2006 recommendation that the VA develop a strategy for evaluating tonsil cancer in Vietnam-era veterans using their existing databases.

Conclusion

On the basis of its evaluation of the evidence reviewed here and in previous VAO reports, the committee concludes that there is inadequate or insufficient evidence to determine whether there is an association between exposure to the compounds of interest and oral, nasal, or pharyngeal cancers.

CANCERS OF THE DIGESTIVE ORGANS

Until *Update 2006*, VAO committees had reviewed "gastrointestinal tract tumors" as a group consisting of stomach, colorectal, and pancreatic cancers, with esophageal cancer being formally factored in only since *Update 2004*. With more evidence from occupational studies available, VAO updates now address cancers of the digestive organs individually. Findings on cancers of the digestive organs as a group (ICD-9 150–159) are too broad for meaningful etiologic analysis and will no longer be considered.

Esophageal cancer (ICD-9 150), stomach cancer (ICD-9 151), colon cancer (ICD-9 153), rectal cancer (ICD-9 154), and pancreatic cancer (ICD-9 157) are among the most common cancers. ACS estimated that about 224,460 people would receive diagnoses of those cancers in the United States in 2008, and 109,410 people would die from them (Jemal et al., 2008a). When other digestive cancers (for example, small intestine, anal, and hepatobiliary) were included, the 2008 estimates for the United States were about 271,290 new diagnoses and 135,130 deaths (Jemal et al., 2008a). Collectively, tumors of the digestive organs were expected to account for 19% of new diagnoses and 24% of cancer deaths in 2008. The average annual incidences of gastrointestinal cancers are presented in Table 6-4.

	50–54 Years of Age			55–59 Year	55–59 Years of Age			60–64 Years of Age		
	All Races	White	Black	All Races	White	Black	All Races	White	Black	
Stomach:										
Males	9.2	8.0	16.8	15.8	14.0	22.3	24.1	21.0	44.1	
Females	4.7	3.8	7.9	7.0	5.7	11.7	9.5	7.6	17.5	
Esophagus:										
Males	9.4	9.5	12.8	16.8	16.9	25.2	23.9	24.2	33.7	
Females	1.7	1.5	4.6	3.2	2.8	8.0	4.9	5.0	9.4	
Colon (exclu	uding the rectu	ım):								
Males	35.8	34.2	50.0	57.1	54.9	85.6	94.9	91.1	144.4	
Females	28.5	26.3	44.1	43.9	39.8	77.3	69.9	66.5	112.4	
Rectum and	rectosigmoid	junction:								
Males	25.0	23.9	27.3	33.6	32.6	31.3	49.5	49.3	47.2	
Females	15.1	14.6	19.5	21.0	20.4	27.0	26.5	25.8	34.6	
Liver and In	trahepatic Bil	e Duct:								
Males	19.0	15.3	34.3	21.2	15.7	49.6	24.9	18.0	44.1	
Females	3.4	2.5	6.6	5.1	4.1	9.1	8.1	5.8	11.2	
Pancreas:										
Males	13.1	12.6	20.7	21.4	20.7	32.1	34.6	33.5	48.0	
Females	8.1	7.7	12.5	14.2	13.5	18.6	24.2	23.3	39.0	
Small Intesti	ine:									
Males	3.3	3.1	5.5	5.1	4.8	10.3	5.9	5.6	8.5	
Females	2.0	1.9	4.0	3.2	3.2	4.64	4.4	4.2	8.1	
Anus, Anal	Canal and An	orectum:								
Males	2.4	2.3	4.3	2.7	2.9	2.6	3.5	3.8	2.3	

TABLE 6-4 Average Annual Incidence (per 100,000) of Selected Gastrointestinal Cancers in United States^{*a*}

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Females	3.2	3.6	3.5	3.7	3.8	5.5	4.3	4.7	3.2
Other Digestive	Organs:								
Males	0.7	0.6	0.9	1.1	1.0	2.1	1.3	1.4	1.2
Females	0.6	0.6	0.8	0.8	0.8	0.9	1.2	1.2	1.3
Gallbladder:									
Males	0.4	0.4	0.2	1.0	0.8	1.3	1.6	1.6	1.6
Females	1.1	1.0	1.6	2.1	1.9	2.2	2.9	2.8	2.8
Other Biliary:									
Males	1.4	1.2	2.1	2.6	2.4	3.7	4.7	4.6	4.3
Females	1.1	1.1	1.3	1.6	1.5	1.3	3.1	3.1	2.8

^{*a*} SEER (Surveillance, Epidemiology, and End Results program) nine standard registries, crude age-specific rates, 2000–2005.

The incidences of stomach, colon, rectal, and pancreatic cancers increase with age. In general, incidence is higher in men than in women and higher in blacks than in whites. Other risk factors for the cancers vary but always include family history of the same form of cancer, some diseases of the affected organ, and diet. Tobacco use is a risk factor for pancreatic cancer and possibly stomach cancer (Miller et al., 1996). Infection with the bacterium *Helicobacter pylori* increases the risk of stomach cancer. Type 2 diabetes is associated with an increased risk of cancers of the colon and pancreas (ACS, 2006).

ESOPHAGEAL CANCER

Epithelial tumors of the esophagus (squamous-cell carcinomas and adenocarcinomas) are responsible for more than 95% of all esophageal cancers (ICD-9 150); 16,470 newly diagnosed cases and 14,280 deaths were estimated for 2008 (Jemal et al., 2008a). The considerable geographic variation in the incidence of esophageal tumors suggests that multifactorial etiology is responsible. Rates of esophageal cancer have been increasing in the last 2 decades. Adenocarcinoma of the esophagus has slowly replaced squamous-cell carcinoma as the most common type of esophageal malignancy in the United States and western Europe (Blot and McLaughlin, 1999). Squamous-cell esophageal carcinoma rates are higher among blacks than whites and among men than women. Smoking and alcohol ingestion are associated with the development of squamous-cell carcinoma; these risk factors have been less thoroughly studied for esophageal adenocarcinoma, but they do appear to be associated. The rapid increase in obesity in the United States has been linked to increasing rates of gastroesophageal reflux disease (GERD), and the resulting rise in chronic inflammation has been hypothesized to explain the link between GERD and esophageal adenocarcinoma.

Conclusions from VAO and Updates

The committee responsible for *VAO* explicitly excluded esophageal cancer from the group of gastrointestinal tract tumors, for which it was concluded that there was limited or suggestive evidence of *no* association with exposure to the herbicides used by the US military in Vietnam. Esophageal cancers were not separately evaluated and were not categorized with this group until

Update 2004. For *Update 2006*, the committee concluded that there was not evidence on each of the chemicals of interest to sustain this negative conclusion for any of the cancers in the gastrointestinal group and that, because these various types of cancer are generally regarded as separate disease entities, the evidence for each should be evaluated separately. Esophageal cancer was thus reclassified to the default category of association, inadequate or insufficient evidence. Table 6-5 summarizes the results of the relevant studies concerning esophageal cancer.

Reference	Study Population <i>a</i> , <i>b</i>	Exposed Cases ^c	Estimated Relative Risk (95% CI) ^c
VIETNAM VETERAN	S		
Studies Reviewed in Up	date 2006		
ADVA, 2005a	Australian male Vietnam veterans vs Australian population—incidence	70	1.2 (0.9–1.5)
	Navy	19	1.6 (0.9–2.4)
	Army	40	1.1(0.7-1.4)
	Air Force	11	1.5 (0.8–2.8)
ADVA, 2005b	Australian male Vietnam veterans vs Australian population—Mortality	67	1.1 (0.8–1.3)
	Navy	13	1.0 (0.5–1.7)
	Army	42	1.0 (0.7–1.3)
	Air Force	12	1.5 (0.8–2.6)
ADVA, 2005c	Australian male conscripted Army National Service Vietnam era veterans: deployed vs non-deployed		
	Incidence	9	1.9 (0.6-6.6)
	Mortality	10	1.3 (0.5–3.6)
Boehmer et al., 2004 Studies Reviewed in <i>Up</i>	Follow-up of CDC Vietnam Experience Cohort date 1998	6	1.2 (0.4–4.0)
CDVA, 1997a	Australian military Vietnam veterans	23	1.2 (0.7–1.7)
CDVA, 1997b	Australian national service Vietnam veterans	1	1.3 (0.0->10)
OCCUPATIONAL Studies Reviewed in <i>Up</i>	date 2006		
McLean et al., 2006	IARC cohort of pulp and paper workers		
	Exposure to nonvolatile organochlorine compounds		
	Never	27	0.7(0.4 - 1.0)
	Ever	26	0.8(0.5-1.2)
't Mannetie et al., 2005	Phenoxy herbicide producers (men and women)	2	2.0(0.2-7.0)
Plair at al. 2005a	Phenoxy herbicide sprayers (>99% men)	1	0.7 (0.0-4.0)
Blail et al., 2003a	Drivete applicators (map and woman)	16	0.5(0.2,0.0)
	Spousse of private applicators (NO0% warman)	10	0.3(0.3-0.9)
Lee et al., 2004a	Population-based case–control—agricultural	1	0.3 (0.1–1.9)
,	pesticide use and adenocarcinoma of the esophagus	137	
	Insecticides		0.7 (0.4–1.1)
	Herbicides		0.7 (0.4–1.2)
Reif et al., 1989	New Zealand forestry workers-nested case-control		
	(incidence) correspondence	4	1.8 (0.7-4.8)
Magnani et al., 1987	UK case-control		
- /	Herbicides	*	1.6 (0.7–3.6)

TABLE 6-5 Selected Epidemiologic Studies—Esophageal Cancer

Reference	Study Population ^{<i>a,b</i>}	Exposed Cases ^c	Estimated Relative Risk (95% CI) ^c
	Chlorophenols	*	1.2 (0.7–2.2)
Studies Reviewed in Up	odate 1998		
Kogevinas et al., 1997	IARC cohort (men and women)		
	Workers exposed to any phenoxy herbicide or		
	chlorophenol	28	1.0 (0.7–1.4)
	Workers exposed to TCDD (or higher-chlorinated		
	dioxins)	20	1.3 (0.8–1.9)
	Workers not exposed to TCDD (or higher-		. ,
	chlorinated dioxins)	6	0.5 (0.2–1.1)
Studies Reviewed in Up	odate 1996		· · · ·
Asp et al., 1994	Finnish herbicide applicators—incidence	3	1.6 (0.3-4.6)
1 /	Finnish herbicide applicators—mortality	2	1.3 (0.2-4.7)
Studies Reviewed in VA	10		
Ronco et al., 1992	Danish farm workers—incidence		
	Male—Self-employed	32	0.4 (p < 0.05)
	Employee	13	0.9 (*)
	Female—Self-employed	1	1.4 (*)
	Family worker	2	0.4 (*)
Saracci et al., 1991	IARC cohort—exposed subcohort (men and women)	8	0.6 (0.3–1.2)
Coggon et al., 1986	British MCPA production workers (Included in the		· · · ·
00	IARC cohort)	8	0.9(0.4-1.9)
Wiklund, 1983	Swedish men and women agricultural workers—		· · · ·
,	incidence	169	0.6 (0.5–0.7)

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ENVIRONMENTAL

None

^{*a*} Table shows mortality unless otherwise noted.

^b Cohorts are male unless otherwise noted.

^{*c*} Given when available.

^d Incidence rates provided in absence of information on exposed cases or estimated relative risk for morbidity. Studies in *italics* have been superseded by newer studies of the same cohort.

ABBREVIATION: ADVA, Australian Department of Veteran Affairs; CDVA, Commonwealth Department of Veterans' Affairs; CI, confidence interval; IARC, International Agency for Research on Cancer; ICD-9, International Classification of Diseases, Ninth Edition; MCPA, methyl-4-chlorophenoxyacetic acid

Update of the Epidemiologic Literature

No new studies concerning exposure to the compounds of interest and esophageal cancer had been published since Update 2006.

Biologic Plausibility

Long term animal studies have examined the impact of exposure to the compounds of interest on tumor incidences (Charles et al., 1996; Stott et al., 1990; Walker et al., 2006; Wanibuchi et al., 2004). No increase in the incidence of esophageal cancer has been reported in laboratory animals.

The biologic plausibility of the chemicals of interest being carcinogenic is discussed in general at the beginning of this chapter.

Synthesis

No new epidemiologic evidence concerning esophageal cancer and the chemicals of interesst has been published since *Update 2006*. No toxicologic studies provide evidence of biologic plausibility of an association between the compounds of interest and tumors of the esophagus.

Conclusion

On the basis of its evaluation of the evidence reviewed here and in previous VAO reports, the committee concludes that there is inadequate or insufficient evidence to determine whether there is an association between exposure to the compounds of interest and esophageal cancer.

STOMACH CANCER

The incidence of stomach cancer (ICD-9 151) increases in people 50–64 years old. ACS estimated that in 2008, 13,190 men and 8,310 women would develop new cases of stomach cancer and 6,450 men and 4,430 women would die from it (Jemal et al., 2008a). In general, the incidence is higher in men than in women and higher in blacks than in whites. Other risk factors include family history of this cancer, some diseases of the stomach, and diet. Infection with the bacterium *Helicobacter pylori* increases the risk of stomach cancer. Tobacco use and consumption of nitrite- and salt-preserved food may also increase the risk of stomach cancer (Brenner et al., 2009; Key et al., 2004; Miller et al., 1996).

Conclusions from VAO and Updates

Update 2006 considered stomach cancer independently for the first time. Prior updates developed a table of results for stomach cancer, but conclusions about the adequacy of the evidence of its association with herbicide exposure had been reached in the context of gastrointestinal tract cancers. The committee responsible for VAO concluded that there was limited or suggestive evidence of *no* association between exposure to the herbicides used by the US military in Vietnam and gastrointestinal tract tumors, including stomach cancer. For Update 2006, the committee concluded that there was not evidence on each of the chemicals of interest to sustain this negative conclusion for any of the cancers in the gastrointestinal group and that,

because these various types of cancer are generally regarded as separate disease entities, the evidence for each should be evaluated separately. Stomach cancer was thus reclassified to the default category of association, inadequate or insufficient evidence. Table 6-6 summarizes the results of the relevant studies concerning stomach cancer.

Reference	Study Population ^{<i>a,b</i>}	Exposed Cases ^c	Estimated Relative Risk (95% CI) ^c
VIETNAM VETERA	NS		
Studies reviewed in U	pdate 2006	101	
ADVA, 2005a	Australian male Vietnam veterans vs Australian	104	0.9 (0.7–1.1)
	population—Incidence	•	
	Navy	28	1.1(0.7-1.6)
	Army	66	0.9 (0.7–1.1)
	Air Force	10	0.7 (0.3–1.3)
ADVA, 2005b	Australian male Vietnam veterans vs Australian	76	0.9 (0.7–1.2)
	population—Mortality		1.2 (0.0.1.0)
	Navy	22	1.3 (0.8–1.8)
	Army	50	0.9 (0.7–1.2)
	Air Force	4	0.4 (0.1–1.0)
ADVA, 2005c	Australian male conscripted Army National Service		
	Vietnam era veterans: deployed vs non-deployed		
	Incidence	11	0.6 (0.2–1.2)
	Mortality	7	0.7 (0.2–2.0)
Pavuk et al., 2005	White Air Force comparison subjects only—		
	incidence (digestive system)		
	Serum TCDD levels (pg/g), based on model with		
	exposure variable log _e (TCDD) ^{<i>a</i>}		
	Per unit increase of -log _e (TCDD) in pg/g	24	1.8 (0.8–3.9)
	Quartiles (pg/g)		
	0.4–2.6	4	*
	2.6–3.8	3	1 (0.2–4.8)
	3.8–5.2	7	2 (0.5-8.2)
	>5.2	10	3.3 (0.9–12.5)
	Number of years served in southeast Asia (SEA)		
	Per year of service	24	1.2 (1–1.4)
	Quartiles (years in SEA)		
	0.8–1.3	4	
	1.3–2.1	4	1 (0.2–3.8)
	2.1-3.7	5	1.1 (0.3–4.2)
	3.7–16.4	11	2.1 (0.6–7.3)
Boehmer et al., 2004	Follow-up of CDC Vietnam Experience Cohort		
	(stomach)	5	*
Studies Reviewed in L	Ipdate 2004		
Akhtar et al., 2004	Air Force Ranch Hand veterans—(digestive system)		
	All Ranch Hand veterans		
	Incidence (SIR)	16	0.6 (0.4–1.0)
	Mortality (SMR)	6	0.4 (0.2–0.9)
	Veterans, tours 1966–1970—incidence	14	0.6 (0.4–1.1)
	White Air Force comparison veterans-cancer of the	•	
	digestive system		
	All comparison veterans		
	Incidence (SIR)	31	0.9 (0.6–1.2)
	• •		

TABLE 6-6 Selected Epidemiologic Studies—Stomach Cancer

Reference	Study Population ^{<i>a,b</i>}	Exposed Cases ^c	Estimated Relative Risk (95% CI) ^c
	Mortality (SMR)	14	0.7 (0.4–1.1)
	Veterans, tours 1966–1970—incidence	24	0.9 (0.6–1.3)
Studies Reviewed in Up	odate 1998		
CDVA, 1997a	Australian military Vietnam veterans	32	1.1 (0.7–1.4)
CDVA, 1997b	Australian national service Vietnam veterans	4	1.7 (0.3->10)
Studies Reviewed in VA	40		
Breslin et al., 1988	Army Vietnam veterans	88	1.1 (0.9–1.5)
	Marine Vietnam veterans	17	0.8 (0.4–1.6)
Anderson et al., 1986	Wisconsin Vietnam veterans	1	*
OCCUPATIONAL New Studies			
Mills and Yang, 2007	Nested case–control of agricultural exposure and gastric cancer in UFW cohort		
	Ever worked in area where 2,4–D used Quartile of lifetime exposure to 2,4–D (lbs)	42	1.9 (1.1–3.3)
	0	58	1.0
	1–14	17	2.2 (1.0-4.6)
	15-85	14	1.6 (0.7–3.5)
	86-1,950	11	2.1 (0.9–5.1)
Ekström et al., 1999	Swedish residents with gastric adnenocarcinoma		
	All herbicide exposure	75	1.6 (1.1–2.2)
	Phenoxyacetic acid exposure	62	1.8 (1.3-2.6)
	Hormoslyr (2,4-D and 2,4,5-T)	48	1.7 (1.2–2.6)
	2,4–D only	3	* (vs 0 controls)
	MCPA	11	1.8 (0.8–4.1)
	Duration of exposure		
	Unexposed to all herbicides	490	1.0
	<1 mo	11	1.6 (0.7–3.5)
	1–6 mo	30	1.9 (1.1–3.2)
	7–12 mo	7	1.7 (0.6–4.7)
	>1 yr	13	1.4 (0.6–3.0)
	Other herbicide exposure	13	1.0 (0.5–1.9)
Studies Reviewed in Up	odate 2006		
McLean et al., 2006	IARC cohort of pulp and paper workers		
	Exposure to nonvolatile organochlorine		
	compounds		
	Never	146	0.9 (0.8–1.1)
	Ever	98	0.9 (0.7–1.1)
't Mannetje et al., 2005	Phenoxy herbicide producers (men and women)	2	1.1 (0.1–4.0)
	Phenoxy herbicide sprayers (>99% men)	3	1.4 (0.3–4.0)
Alavanja et al., 2005	US Agriculture Health Study—incidence (all		
	digestive cancers)		
	Private applicators (men and women)	462	0.8 (0.8–0.9)
	Spouses of private applicators (>99% women)	161	0.9 (0.7–1.0)
Blair et al., 2005a	Commercial applicators (men and women) US Agriculture Health Study (stomach cancers)	24	1.0 (0.6–1.4)
	Private applicators (men and women)	10	0.5 (0.2–1.0)
	Spouses of private applicators (>99% women)	4	1.1 (0.3–2.8)
Lee et al., 2004	Population-based case-control-agricultural pesticide	e 170	
	use and adenocarcinoma of the stomach		
	Insecticides		0.9 (0.6–1.4)
	Herbicides		0.9 (0.5–1.4)

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Torchio et al., 1994 Reif et al., 1989	Italian licensed pesticide users New Zealand forestry workers—nested case–control (incidence)	126	0.7 (0.6–0.9)
Reif et al., 1989	New Zealand forestry workers—nested case-control	12	
,	(incluence)	13	2.2 (1.3–3.9)
Studies Reviewed in Up	date 2004		
Bodner et al., 2003	Dow production workers (Included in the IARC		
	cohort and the NIOSH Dioxin Registry)		1.5 (0.7–2.7)
Swaen et al., 2004	Dutch licensed herbicide applicators	3	$0.4 (0.1 - 1.3)^{e}$
Studies Reviewed in Upd	date 2002		
Burns et al., 2001	Dow 2,4-D production workers (Included in the		
	IARC cohort and the NIOSH Dioxin Registry)		
	Digestive organs and peritoneum	16	0.7 (0.4–1.2)
Studies Reviewed in Upd	date 2000		
Steenland et al., 1999	US chemical production workers (Included in the	13	1.0 (0.6–1.8)
	IARC cohort and the NIOSH Dioxin Registry)		
Hooiveld et al., 1998	Dutch chemical production workers (Included in the IARC cohort)	3	1.0 (0.2–2.9)
Rix et al., 1998	Danish paper mill workers—incidence		
,	Men	48	1.1 (0.8–1.4)
	Women	7	1.0(0.4-2.1)
Studies Reviewed in Up	date 1998		· · · ·
Gambini et al., 1997	Italian rice growers	39	1.0 (0.7–1.3)
Kogevinas et al., 1997	IARC cohort (men and women)		
-	Workers exposed to any phenoxy herbicide or		
	chlorophenol	72	0.9 (0.7–1.1)
	Workers exposed to TCDD (or higher-chlorinated		
	dioxins)	42	0.9 (0.7–1.2)
	Workers not exposed to TCDD (or higher-		
	chlorinated dioxins)	30	0.9 (0.6–1.3)
Becher et al., 1996	German production workers (Included in the IARC		
	cohort)		
	Plant I	12	1.3 (0.7–2.2)
	Plant II	0	—
	Plant III	0	_
0	Plant IV	2	0.6 (0.1–2.3)
Ott and Zober, 1996	BASF employees—incidence	3	1.0 (0.2–2.9)
	$TCDD < 0.1 \ \mu g/kg$ of body weight	0	0.0(0.0-3.4)
	TCDD 0.1–0.99 μ g/kg of body weight	1	1.3(0.0-7.0)
Domlans at al 1006	$\Gamma CDD > 1 \mu g/kg$ of body weight	2	1.7 (0.2–6.2)
Kamiow et al., 1996	Dow pentachiorophenoi production workers		
	Diovin Registry)		
	Dioxiii Registi y) A-year latency	Л	17(05_13)
	15 year latency	4	1.7(0.3-4.3) 1.8(0.4,5.2)
Studies Reviewed in Un.	anto 1096	3	1.0 (0.4-5.2)
Rair et al 1003	US farmers in 23 states		
Diali et al., 1775	White males	657	10(10-11)
	White females	12	1.0(1.0-1.1) 1 2 (0 6–2 0)
Bueno de Mesquita et al	Dutch phenoxy herbicide workers (Included in the	14	1.2 (0.0 2.0)
1993	IARC cohort)	2	0.7(0.1-2.7)

Reference	Study Population <i>a,b</i>	Exposed Cases ^c	Estimated Relative Risk (95% CI) ^c		
Collins et al., 1993	Monsanto Company workers (Included in NIOSH	0	0.0 (0.0–1.1)		
Kogevinas et al., 1993	IARC cohort—females	1	1.4 *		
Studies Reviewed in VA	0				
Ronco et al., 1992	Danish farm workers-incidence				
	Men	286	0.9 *		
	Women	5	1.0 *		
Swaen et al., 1992	Dutch licensed herbicide applicators	1	$0.5(0.0-2.7)^{e}$		
Fingerhut et al., 1991	NIOSH—entire cohort	10	1.0 (0.5–1.9)		
-	\geq 1-year exposure; \geq 20-year latency	4	1.4 (0.4–3.5)		
Manz et al., 1991	German production workers—men and women				
	(Included in the IARC conort)	12	12(06-21)		
Saracci et al 1991	IARC cohort—exposed subcohort (men and women)	40	0.9(0.6-1.2)		
Wigle et al 1990	Canadian farmers	246	0.9(0.8-1.0)		
Zoher et al., 1990	BASF employees—basic cohort	210	$3.0(0.8-7.7)^{f}$		
Alavanja et al., 1989	USDA forest or soil conservationists	9	0.7(0.3-1.3)		
Henneberger et al., 1989	New Hampshire pulp and paper workers	5	1.2 (0.4–2.8)		
Solet et al., 1989	US Paper and pulp workers	1	0.5 (0.1–3.0)		
Alavanja et al., 1988 Bond et al., 1988	USDA agricultural extension agents Dow 2,4-D production workers (Included in the	10	0.7 (0.4–1.4)		
	IARC cohort and the NIOSH Dioxin Registry)	0	(0.0-3.7)		
Thomas, 1987	US flavor and fragrance chemical plant workers	6	4.2 Expected		
Coggon et al., 1986	British MCPA production workers (Included in the IARC cohort)	26	0.9 (0.6–1.3)		
Robinson et al., 1986	Northwestern US paper and pulp workers	17	1.2 (0.8–1.9) ^f		
Lynge, 1985	Danish production workers—incidence (Included in the IARC cohort)				
	Males	12	1.3 *		
	Females	1	0.7 *		
Blair et al., 1983	Florida pesticide applicators	4	3.3 Expected		
Burmeister et al., 1983	Iowa residents—farming exposures	1,812	1.3 (p < 0.05)		
Wiklund, 1983	Swedish male and female agricultural workers—	a c oo	1 1 $(1$ 0 1 $0)^d$		
D 1001	incidence	2,599	$1.1(1.0-1.2)^{a}$		
Avaluate at al. 1080	Iowa farmers	338	1.1 (p < 0.01)		
Axeison et al., 1980	Swedish famoad workers—total exposure	3	2.2		
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Consonni et al., 2008	Seveso residents—25-year follow-up—men and women				
	Zone A	3	0.7(0.2-2.0)		
	Zone B	24	0.8(0.5-1.2)		
	Zone R	212	1.0 (0.8–1.1)		
Studies Reviewed in Upd	Studies Reviewed in Update 2004				
Fukuda et al., 2003	Residents of municipalities in Japan with or without waste incineration plants				
	Age-adjusted mortality (100,000) in men		38.2 ± 7.8 vs 39.0 ± 8.8 ($p = 0.29$)		

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Reference	Study Population ^{<i>a,b</i>}	Exposed Cases ^c	Estimated Relative Risk (95% CI) ^c
	Age-adjusted mortality (100,000) in women		$20.7 \pm 5.0 \text{ vs}$ $20.7 \pm 5.8 (p = 0.92)$
Studies Reviewed in U	pdate 2002		
Revich et al., 2001	Residents of Chapaevsk, Russia		
	Men	59	1.7 (1.3–2.2)
	Women	45	0.7 (0.5-0.9)
Studies Reviewed in U	pdate 2000		
Bertazzi et al., 2001	Seveso residents—20-year follow-up		
	Zones A, B—men	16	0.9 (0.5–1.5)
	women	11	1.0 (0.6–1.9)
Studies Reviewed in U	pdate 1998		
Bertazzi et al., 1997	Seveso residents—15-year follow-up		
	Zone A—women	1	0.9 (0.0-5.3)
	Zone B—men	10	0.8 (0.4–1.5)
	women	7	1.0 (0.4–2.1)
	Zone R—men	76	0.9(0.7-1.1)
	women	58	1.0 (0.8–1.3)
Svensson et al., 1995	Swedish fishermen—mortality (men and women)		
,	East coast	17	1.4 (0.8–2.2)
	West coast	63	0.9(0.7-1.2)
	Swedish fishermen—incidence (men and women)		
	East coast	24	1.6 (1.0-2.4)
	West coast	71	0.9(0.7-1.2)
Studies Reviewed in U	pdate 1996		
Bertazzi et al., 1993	Seveso residents—10-year follow-up—incidence		
,	Zone B—men	7	1.0(0.5-2.1)
	women	2	0.6(0.2-2.5)
	Zone R—men	45	0.9(0.7-1.2)
	women	25	1.0(0.6-1.5)
Studies Reviewed in V	A0		
Pesatori et al., 1992	Seveso residents—incidence		
,	Zones A, B—men	7	0.9(0.4 - 1.8)
	women	3	0.8(0.3-2.5)
Bertazzi et al 1989a	Seveso residents—10-year follow-up	2	()
	Zones A, B, R—men	40	0.8 (0.6–1.2)
	women	22	1.0 (0.6–1.5)
Bertazzi et al 1989h	Seveso residents—10-year follow-up		
	Zone B—men	7	1.2 (0.6–2.6)
a Table shows mortality	unless otherwise noted.		

^b Cohorts are male unless otherwise noted.

^{*c*} Given when available.

^d 99% CI

^e Risk estimate is for stomach and small intestine.

^f90% CI

^g Incidence rates provided in absence of information on exposed cases or estimated relative risk for morbidity.

* Information not provided by study authors.

— Denoted by a dash in the original study.

Studies in *italics* have been superseded by newer studies of the same cohort.

ABBREVIATIONS: 2,4-D, 2,4-dichlorophenoxyacetic acid; ADVA, Australian Department of Veteran Affairs; CDVA, Commonwealth Department of Veterans' Affairs; CI, confidence interval; IARC, International Agency for Research on Cancer; NIOSH, National Institute for Occupational Safety and Health; NS, not significant; MCPA, 2 methyl-4-chlorophenoxyacetic acid; TCDD, 2,3,7,8-tetrachlorodibenzo-p-dioxin; UFW, United Farm Workers of America; USDA, US Department of Agriculture.

Update of the Epidemiologic Literature

Vietnam-Veteran Studies

No new studies of exposure to the compounds of interest and stomach cancer in Vietnam veterans have been published since *Update 2006*.

Occupational Studies

Mills and Yang (2007) conducted a nested case–control study of gastric cancer embedded in the United Farm Workers of America (UFW) cohort and identified 100 cases of gastic cancer newly diagnosed between 1988 and 2003. California has maintained a pesticide-reporting program since the early 1970s for many restricted-use chemicals and implemented full-use reporting in 1990. Union records indicate when and where the workers were employed and grower contracts indicate in what crop/commodity the worker was involved. Linkages with the Department of Pesticide Regulation was conducted to determine what pesticide(s) were applied to those crops in a given county/month and year. Controls (n = 210) were matched on age, gender, ethnicity (predominantly Hispanic), and being alive and a California resident up to the date of the cases' diagnoses. Ever working in areas with high use of the phenoxyacetic acid herbicide 2.4-D was associated with gastric cancer (OR = 1.85, 95% CI 1.05–3.25). The ORs for 2,4-D exposure and gastric cancer were approximately twice as high in the second and fourth quartile of use compared to the non-exposed (first quartile), but a pattern of increased risk was not seen when the low exposure group (second quartile) was used as the referent. Gastric cancer was also associated with use of the insecticide chlordane (OR = 2.96, 95% CI 1.48–5.94), the acaricide propargite (OR = 2.86, 95% CI 1.56-5.23), the herbicide triflurin (OR = 1.69, 95% CI 0.99-2.89), and citrus crop employment (OR = 2.88, 95% CI 1.02-8.12). Mills and Yang were not able to adjust their data for socioeconomic status, alcohol intake, or smoking. The association with 2,4-D did not differ among cardia and non-cardia gastric cancers, or by diffuse vs. intestinal cancers.

Mills and Yang (2007) compare their results to those of Ekström et al. (1999). Ekström et al. (1999) was reviewed with the epidemiological studies in *Update 2000*, but specific results for gastric cancer were not included in the Cancer Chapter of that review. The Ekström study included all Swedish-born individuals aged 40–79 and living in either of two areas with differing rates of gastric cancer (total population, 1.3 million) from 1989–1995. In-person interviews were conducted with 567 cases of histologically confirmed gastric adnenocarcinoma newly diagnosed in the study period and 1,165 population-based controls, frequency-matched for age and sex. All employment of at least 1 year's duration was coded using a 5-digit classification of occupational titles. Work in each industry was analyzed as ever versus never and also stratified by duration (1–10 years versus more than 10 years). Interviewers asked open-ended questions about exposures to occupational chemicals including pesticides. Occupational epidemiologists, blinded to case-control status assigned subject exposure status and estimated cumulative duration of exposure to each agent. Pesticides were subdivided into herbicides (phenoxyacetic acids and
other herbicides), insecticides (DDT and other insecticides) and fungicides while considering year of withdrawal/banning whenever applicable.

The risk was elevated after exposure to herbicides (OR = 1.56, 95% CI 1.13–2.15). Further stratification by herbicide type revealed that those ever-exposed to phenoxyacetic acids had an 80% excess risk (OR = 1.80, 95% CI 1.26–2.57) adjusted for age and gender. With additional adjustment for SES, place of residence, number of siblings, and diet, the results for exposure to phenoxyherbicides were similar across tumor subtypes and were not impacted by smoking, alcohol consumption, body mass index, or *Helicobacter pylori* status. The maximum risk was observed in cases exposed to both *H. pylori* and phenoxyacetic acids (OR = 3.42, 95% CI 1.41–8.26). The cases who had been exposed to Hormoslyr, a combination of 2,4-D and 2,4,5-T, had a risk (OR = 1.73, 95% CI 1.16–2.58) similar to that of the smaller number who had been exposed to MCPA (OR = 1.84, 95% CI 0.82–4.10). Although there was a marginally significant trend (p = 0.03) with duration of exposure to phenoxy herbicides, there was no marked indication of a dose-response. There was no association between exposure to other herbicides or insecticides and gastric cancer.

An earlier study by Cocco et al. (1999) was reviewed by the current committee. This case– control study focused on gastric cancer mortality in twenty-four US states from 1984–1996. "Herbicide" was one of 12 workplace exposures encoded from occupation/industry information on death certificate. Type and intensity of exposure was determined by applying job exposure matrices to the occupation/industry combinations. Intensity of exposure was estimated based on industrial hygiene and occupational health references and NIOSH and OSHA databases. The ORs for men (white or African American) and for African American women fluctuated around 1.0, but significant findings for white women with high <u>probability</u> of exposure to herbicides (OR = 1.71, 95% CI 1.18-2.46) or medium (OR = 3.26, 95% CI 1.07-9.99) or high (OR = 1.60,95% CI 1.11-2.31) <u>intensity</u> of exposure to herbicides. No specific information was obtained regarding the specificity of the herbicides and whether the cases were exposed to any of the compounds in interest for this review.

Environmental Studies

Consonni et al. (2008) reported on a mortality follow-up for the Seveso cohort of 273,108 subjects resident at the time of the accident or immigrating/born in the 10 years thereafter. Analyses were performed according to three zones with increasing levels of TCDD contamination in their soil. In the overall sample, no statistically significant increases in deaths related to stomach cancer were observed. In the zone with greatest TCDD contamination, 3 stomach cancer deaths were observed (RR = 0.65, 95% CI 0.21–2.03). The middle contamination zone had 24 stomach cancer deaths (RR = 0.78, 95% CI 0.52–1.17), and the lowest contamination zone had 212 stomach cancer deaths (RR = 0.95, 95% CI 0.82–1.09).

Biologic Plausibility

Long term animal studies have examined the impact of exposure to the compounds of interest on tumor incidences (i.e., 2-4-D and TCDD)(Charles et al., 1996; Stott et al., 1990; Walker et al., 2006; Wanibuchi et al., 2004). No increase in the incidence of gastrointestinal

cancer has been reported in laboratory animals. However, studies performed in laboratory animals have observed dose-dependent increases in the incidence of squamous cell hyperplasia of the forestomach or fundus of the stomach following administration of TCDD (Hebert et al., 1990; Walker et al., 2006). Similarly, in a long term TCDD treatment study performed in monkeys, hypertrophy, hyperplasia and metaplasia were observed in the gastric epithelium (Allen et al., 1977). In addition, a transgenic mouse bearing a constitutively active form of the aryl hydrocarbon receptor (AHR) has been shown to develop stomach tumors (Andersson et al., 2002a). The tumors are neither dysplastic nor metaplastic but are indicative of both squamous and intestinal type metaplasia (Andersson et al., 2005). The validity of the transgenic animal model is indicated by the similarities in the phenotype of the transgenic animal (increased relative weight of the liver and heart, decreased weight of the thymus, and increased expression of the AHR target gene CYP1A1) and animals treated with TCDD (Brunnberg et al., 2006).

The biologic plausibility of the chemicals of interest being carcinogenic is discussed in general at the beginning of this chapter.

Synthesis

The two occupational studies reporting significant findings for a relationship between stomach cancer and exposure to phenoxy herbicides considered in this review have several strengths. The Swedish study by Ekström et al. (1999) is based on a large number of cases in which data were available for dietary factors, lifetime socioeconomic status, smoking, alcohol intake, and infection by *H. pylori*. Data were available for specific pesticide groups and the increased risk was observed for the phenoxyacetic acids and not other herbicides. The Mills and Yang case-control study (2007) also included employment history on dates, location, and primary crop. The pesticide-reporting in California was used to determine what pesticides a worker was most likely to be exposed to, thereby avoiding potential errors in self-report, but resulting in a somewhat ecological exposure assessment. The exposures occurred in the two decades prior to the diagnosis of cancer and are used extensively in California agriculture. The significant findings were dampened somewhat by the reported findings of a significant relationship of gastric cancer to other agents not included in our COI, including the insecticide chlordane, the acaricide propargite and the herbicide triflurin. The study by Cocci et al. (1999) was not specific to type of herbicide and in the Update 2006, a study by Reif et al. (1989) was reviewed wheich reported a significant relationship between stomach cancer and the rather nonspecific exposure of being a forestry worker.

While the Mills and Yang (2007) and Ekström et al. (1999) occupational studies are well done, and indicative of an association between the COI and stomach cancer, there has been no suggestion of an association between the COI and stomach cancer in the studies of Vietnam veteran cohorts, the IARC cohort studies, or in the US Agricultural Health Study (AHS). While there is some evidence of biologic plausibility in animal models, overall the epidemiologic studies to date do not support an association between exposure to the compounds of interest and stomach cancer.

Conclusion

On the basis of its evaluation of the evidence reviewed here and in previous VAO reports, the committee concludes that there is inadequate or insufficient evidence to determine whether there is an association between exposure to the compounds of interest and stomach cancer.

COLORECTAL CANCER

Colorectal cancers include malignancies of the colon (ICD-9 153) and of the rectum and anus (ICD-9 154); less prevalent tumors of the small intestine (ICD-9 152) are frequently included in this grouping. Should any findings on cancers of the retroperitoneum and other and unspecified digestive organs (ICD-9 159) be found, they will be considered in this category. Colorectal cancers account for about 55% of digestive tumors; ACS estimated that in 2008, 159,990 people would develop new cases and 51,750 would die from the cancers in the United States (Jemal et al., 2008a). Excluding basal-cell and squamous-cell skin cancers, colorectal cancer is the thirdmost common form of cancer both in men and in women.

The incidence of colorectal cancer increases with age; it is higher in men than in women and in blacks than in whites. Because it is recommended that all persons over 50 years old receive colon-cancer screening, screening can affect incidence rates. Other risk factors include family history of this form of cancer, some diseases of the intestines, and diet. Type 2 diabetes is associated with an increased risk of cancer of the colon (ACS, 2004a).

Conclusions from VAO and Updates

Update 2006 considered colorectal cancer independently for the first time. Prior updates developed tables of results for colon and rectal cancer, but conclusions about the adequacy of the evidence of their association with herbicide exposure had been reached only in the context of gastrointestinal tract cancers. The committee responsible for VAO concluded that there was limited or suggestive evidence of *no* association between exposure to the herbicides used by the US military in Vietnam and gastrointestinal tract tumors, including colorectal cancer. For Update 2006, the committee concluded that there was not evidence on each of the chemicals of interest to sustain this negative conclusion for any of the cancers in the gastrointestinal group and that, because these various types of cancer are generally regarded as separate disease entities, the evidence for each should be evaluated separately. Colorectal cancer was thus reclassified to the default category of association, inadequate or insufficient evidence. Tables 6-7 summarizes the results of the relevant studies concerning colon and rectal cancers.

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TABLE 6-7 Selected Epidemiologic Studies—Colon and Rectal Cancer

Reference	Study Population ^{<i>a,b</i>}	Exposed Cases ^c	Estimated Relative Risk (95% CI) ^c
VIETNAM VETERAN	IS		
New Studies			
Cypel and Kang, 2008	US Vietnam veterans—women	11	0.5(0.2-1.0)
- JF	Vietnam veteran nurses	9	0.6(0.2-1.4)
Studies Reviewed in Ut	pdate 2006	-	
ADVA. 2005a	Australian male Vietnam veterans vs Australian		
	population		
	Colon—incidence	376	11(10-12)
	Navy	91	13(10-15)
	Army	239	1.1(0.9-1.2)
	Air Force	47	1.1(0.8-1.5)
	Rectum—incidence		(•••• -•••)
	Navy	54	11(08-14)
	Army	152	10(08-11)
	Air Force	28	1.0(0.6-1.4)
ADVA 2005b	Australian male Vietnam veterans vs Australian		1.0 (0.0 1.1)
112 (11, 20000	nonulation		
	Colon—mortality	176	10(08-11)
	Navy	49	13(09–16)
	Army	107	0.9(0.7-1.0)
	Air Force	21	0.9(0.5-1.3)
	Rectum—mortality	21	0.9 (0.0 1.0)
	Navy	13	0.8(0.4-1.4)
	Army	44	0.9(0.6-1.1)
	Air Force	12	13(06-22)
ADVA 2005c	Australian male conscripted Army National Service	12	1.5 (0.0 2.2)
110 (11, 20000	Vietnam era veterans: denloved vs non-denloved		
	Colon		
	Incidence	54	0.9(0.7-1.4)
	Mortality	29	0.9(0.7 - 1.1) 0.8(0.5-1.3)
	Rectum		0.0 (0.0 1.5)
	Incidence	46	14(09-22)
	Mortality	10	1.1(0.9 - 2.2) 1.8(0.6 - 5.6)
Boehmer et al 2004	Follow-up of CDC Vietnam Experience Cohort —	10	1.0 (0.0 5.0)
Boominer et un, 2001	mortality		
	Colon rectum anus	9	10(04-26)
Studies Reviewed in Ut	odate 2000	-	
AFHS. 2000	Air Force Ranch Hand veterans—mortality		
	Colon and rectum combined	7	1.5 (0.4-5.5)
AIHW, 1999	Australian Vietnam veterans—men (incidence)		
	Colorectal cancer	188	221 expected
			(191-251)
CDVA. 1998a	Australian Vietnam veterans—men (incidence)		()
	Colon	405^{d}	117 expected
			(96–138)
CDVA. 1998b	Australian Vietnam veterans—women (incidence)		(,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,
	Colon	1 ^d	1 expected $(0-5)$
Studies Reviewed in Ur	pdate 1998	•	
CDVA. 1997a	Australian military Vietnam veterans—mortality		
· , ····	Colon	78	1.2 (0.9–1.5)
	Rectum	16	0.6 (0.4–1.0)

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Reference	Study Population ^{<i>a,b</i>}	Exposed Cases ^c	Estimated Relative Risk (95% CI) ^c
CDVA, 1997b	Australian national service Vietnam veterans— mortality		, , , ,
	Colon	6	0.6(0.2-1.5)
	Rectum	3	0.7(0.2-9.5)
Studies Reviewed in Up	date 1996		()
Dalager et al., 1995	US Vietnam veterans—women (mortality)		
0	Colon	4	0.4 (0.1–1.2)
	Vietnam veteran nurses—mortality		, ,
	Colon	4	0.5 (0.2–1.7)
Studies Reviewed in VA	0		
Breslin et al., 1988	Army and Marine Vietnam veterans—mortality		
	Army Vietnam veterans		
	Colon and other gastrointestinal (ICD-8 152–154, 158, 159)	209	1.0 (0.7–1.3)
	Marine Vietnam veterans		
	Colon and other gastrointestinal (ICD-8 152–154, 158, 159)	33	1.3 (0.7–2.2)
Anderson et al., 1986	Wisconsin Vietnam veterans—mortality		
	Colon	6	1.0 (0.4–2.2)
	Rectum	1	—
OCCUPATIONAL New Studies			
Lee WJ et al 2007	AHS-pesticide use and colorectal cancer	212	
,,,,	2.4-D	135	0.6(0.4-0.8)
	2.4.5T	42	0.8(0.6-1.2)
	2,4,5,TP	12	0.6(0.3-1.1)
Samanic et al., 2006	Pesticide applicators in AHS—colon cancer incidence from enrollment through 2002		
	Dicamba—lifetime days exposure	-	1.0
	None	76	1.0
	1-<20	9	0.4 (0.2–0.9)
	20-<56	20	0.9(0.5-1.5)
	56-<116	13	0.8 (0.4–1.5)
	<u>≥116</u>	17	1.4 (0.8–2.9)
]	p for linear trend = 0.02
	Dicamba—quartiles of intensity-weighted lifetime	76	1.0
	None	/0	1.0
	Lowest	10	0.6(0.4-1.1)
	Second	17	0.7(0.4-1.2)
	I NIRO Ll'abast	20	0.5(0.2-1.2)
	Hignest	20	1.8(1.0-3.1)
Studios Deviewed in Un	data 2006	4	0.002
Studies Reviewed in Up	IABC schort of pulp and paper workers mortality		
McLean et al., 2006	Ever exposed to nonvolatile organochlorine		
	Colon	62	0.7(0.6-1.0)
	Rectum	60	0.9(0.7-1.1)
't Mannetie et al 2005	Phenoxy herbicide producers and sprayers—	00	0.7 (0.7 1.1)
. mannege et al., 2005	mortality		
	Phenoxy herbicide producers (men and women)		
	Colon	2	0.6 (0.0–2.3)

Reference	Study Population ^{<i>a,b</i>}	Exposed Cases ^c	Estimated Relative Risk (95% CI) ^c
	Rectum, rectosigmoid junction, and anus Phenoxy herbicide sprayers (>99% men)	5	2.5 (0.8–5.7)
	Colon	8	1.9(0.8 - 3.8)
	Rectum, rectosigmoid junction, and anus	4	1.5(0.4-3.8)
Alavanja et al., 2005	US Agriculture Health Study—incidence		
	Private applicators (men and women)	208	0.9(0.8-1.0)
	Spouses of private applicators (>99%	87	0.9 (0.7–1.1)
	Commercial applicators (men and women)	12	1.2 (0.6–2.1)
	Private applicators (men and women)	94	0.8(0.7-1.0)
	Spouses of private applicators (>99% women)	23	0.6 (0.4–0.9)
Blair et al., 2005a	Commercial applicators (men and women) US Agriculture Health Study—mortality	7	1.3 (0.5–2.6)
,	Colon		
	Private applicators (men and women)	56	0.7 (0.6–1.0)
	Spouses of private applicators (>99% women)	31	1.2 (0.8–1.6)
	Rectum		
	Private applicators (men and women)	*	*
	Spouses of private applicators (>99% women)	*	*
Torchio et al., 1994	Italian licensed pesticide users—mortality		
	Colon	84	0.6 (0.5–0.7)
Reif et al., 1989	Rectum New Zealand forestry workers—nested case–	*	*
	control (incidence)	-	0.5 (0.0.1.1)
	Colon	7	0.5(0.2-1.1)
	Small intestine	2	5.2 (1.4–18.9)
	Rectum	10	1.2 (0.6–2.3)
Studies Reviewed in U	pdate 2004		
Swaen et al., 2004	Dutch licensed herbicide applicators—mortality	_	
	Colon	7	1.0 (0.4–2.1)
a. 11 5 1 11 5	Rectum	5	2.1 (0.7–4.8)
Studies Reviewed in U	pdate 2000		
Steenland et al., 1999	US chemical production workers (Included in the IARC cohort and the NIOSH Dioxin Registry)		,
	Small intestine, colon	34	$1.2 (0.8 - 1.6)^d$
	Rectum	6	0.9 (0.3–1.9)
Hooiveld et al., 1998	Dutch chemical production workers (Included in the IARC cohort)		
	Intestine (except rectum)	3	1.4 (0.3–4.0)
	Rectum	1	1.0 (0.0-5.6)
Rix et al., 1998	Danish paper mill workers—incidence Men		
	Colon	58	1.0 (0.7–1.2)
	Rectum Women	43	0.9 (0.6–1.2)
	Colon	23	1.1 (0.7–1.7)
	Rectum	15	1.5 (0.8–2.4)
	1 / 1000		× /

Studies Reviewed in Update 1998

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Reference	Study Population ^{<i>a,b</i>}	Exposed Cases ^c	Estimated Relative Risk (95% CI) ^c
Gambini et al., 1997	Italian rice growers-mortality		
	Intestines	27	1.1 (0.7–1.6)
Kogevinas et al., 1997	IARC cohort (men and women) (mortality)		
	Workers exposed to any phenoxy herbicide or		
	chlorophenol		
	Colon	86	1.1 (0.9–1.3)
	Rectum	44	1.1 (0.8–1.4)
	Workers exposed to TCDD (or higher-chlorinated dioxins)		
	Colon	52	1.0 (0.8–1.3)
	Rectum	29	1.3 (0.9–1.9)
	Workers not exposed to TCDD (or higher- chlorinated dioxins)		
	Colon	33	12(08-16)
	Rectum	14	0.7 (0.4 - 1.2)
Recheretal 1996	German production workers—(Included in the	14	0.7 (0.7 1.2)
Decher et ul., 1990	IARC cohort) (mortality)		
	Colon	2	0.1(0.1, 1.4)
	Desture	ے د	0.4(0.1-1.4) 1.0(0.7,4,0)
	Diant II	0	1.9 (0.7-4.0)
		0	
	Colon	0	_
	Rectum	0	_
	Plant III		
	Colon	l	2.2 (0.1–12.2)
	Rectum	0	
	Plant IV	-	
	Colon	0	_
	Rectum	1	0.9 (0.0–4.9)
Ott and Zober, 1996	BASF employees—Colorectal (incidence)	5	1.0 (0.3–2.3)
	TCDD <0.1 μ g/kg of body weight	2	1.1 (0.1–3.9)
	TCDD 0.1–0.99 μg/kg of body weight	2	1.4 (0.2–5.1)
	TCDD >1 μ g/kg of body weight	1	0.5 (0.0-3.0)
Ramlow et al., 1996	Dow pentachlorophenol production workers (Included in the IARC cohort and the NIOSH		
	Dioxin Registry) (mortality)		
	0-year latency		
	Colon	4	0.8 (0.2–2.1)
	Rectum	0	_
	15-year latency		
	Colon	4	1.0 (0.3-2.6)
	Rectum	0	
Studies Reviewed in Upd	late 1996		
Blair et al., 1993	US farmers in 23 states (mortality) White men		
	Colon	2 291	1.0 (0.9–1.0)
	Rectum	367	1.0(0.9-1.1)
	White women	507	
	Colon	50	10(08-13)
	Rectum	3) 4	0.5(0.1-1.3)
Rueno de Mesavita et al	Dutch nhenoxy herbicide workers (Included in the	7	0.0 (0.1-1.0)
1003	IARC cohort) (mortality)		
1775	Colon	2	18(04.54)
		3	1.0 (0.4-3.4)

Reference	Study Population ^{<i>a,b</i>}	Exposed Cases ^c	Estimated Relative Risk (95% CI) ^c
	Rectum	0	
Collins et al., 1993	Monsanto Company workers—(Included in the NIOSH cohort) (mortality)		
	Colon	3	0.5 (0.1–1.3)
Studies Reviewed in VA	0		
Swaen et al., 1992	Dutch licensed herbicide applicators—mortality		
	Colon	4	2.6 (0.7-6.5)
Ronco et al., 1992	Danish workers—incidence Men—self-employed		
	Colon	277	0.7 (p < 0.05)
	Rectum	309	0.8 (p < 0.05)
	Men—employee		• <i>'</i>
	Colon	45	0.6 (p < 0.05)
	Rectum	55	0.8 (*)
	Women—self-employed		
	Colon	14	0.9 (*)
	Rectum	5	0.6 (*)
	Women—employee		
	Colon	112	0.9 (*)
	Rectum	55	0.8 (*)
	Women—family worker	00	0.0()
	Colon	2	0.2 (n < 0.05)
	Rectum	2	$0.2(p^{-1}0.00)$
Fingerbut et al. 1991	NIOSH cohort—mortality	2	0.4()
Tingernut et al., 1991	Entire NIOSH cohort		
	Small intestine and colon	25	1.2(0.8-1.8)
	Pactum	23	1.2(0.3-1.8)
	>1 waar avnaaura: >20 waar latanau	5	0.9(0.3-2.1)
	≥1-year exposure, ≥20-year fatency	12	19(10,20)
	B active	13	1.0(1.0-3.0) 1.2(0.1,4.2)
Mana at al. 1001	Common and duction sconloses (Included in the IADC	Z	1.2(0.1-4.2)
Manz et al., 1991	cohort) (mortality)		
	Colon	8	0.9 (0.4–1.8)
Saracci et al., 1991	IARC cohort—exposed subcohort (men and		
	women) (mortality)		
	Colon (except rectum)	41	1.1 (0.8–1.5)
	Rectum	24	1.1 (0.7–1.6)
Zober et al., 1990	BASF employees—basic cohort (mortality)		
	Colon, rectum	2	$2.5 (0.4-7.8)^{e}$
Alavanja et al., 1989	USDA forest or soil conservationists—mortality	,	
	Colon	44 <i>.</i> /	1.5(1.1-2.0)
	Rectum	9	1.0 (0.5–1.9)
Henneberger et al., 1989	New Hampshire pulp and paper workers-mortality	r	
	Colon	9	1.0 (0.5-2.0)
	Rectum	1	0.4 (0.0–2.1)
Solet et al., 1989	US pulp and paper workers—mortality		
	Colon	7	1.5 (0.6–3.0)
Alavanja et al., 1988	USDA agricultural extension agents-mortality		
	Colon	41	1.0 (0.7–1.5)
	Rectum	5	
Bond et al., 1988	Dow 2,4-D production workers-mortality		
·	(Included in the IARC cohort and the NIOSH Dioxin Registry)		

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Reference	Study Population ^{<i>a,b</i>}	Exposed Cases ^c	Estimated Relative Risk (95% CI) ^c
	Colon	4	2.1 (0.6–5.4)
	Rectum	1	1.7 (0.0–9.3)
Thomas, 1987	US flavor and fragrance chemical plant workers—		
	mortality		
	Colon	4	0.6 (*)
	Rectum	6	2.5 (*)
Coggon et al., 1986	British MCPA production workers—mortality (Included in the IARC cohort)		
	Colon	19	1.0 (0.6–1.6)
	Rectum	8	0.6 (0.3–1.2)
Robinson et al., 1986	Northwestern US pulp and paper workers		C
	Intestines (ICD-7 152, 153)	7	$0.4 (0.2-0.7)^{j}$
Lynge, 1985	Danish production workers—incidence (Included in the IARC cohort)		
	Men		
	Colon	10	1.0 (*)
	Rectum	14	1.4 (*)
	Women		
	Colon	1	0.3 (*)
51	Rectum	2	1.0 (*)
Blair et al., 1983	Florida pesticide applicators—mortality	_	
	Colon	5	0.8 (*)
	Rectum	2	*
Wiklund, 1983	Swedish male and female agricultural workers— incidence		
	Colon	1,332	$0.8 (0.7-0.8)^{g}$
	Rectum	1,083	0.9 (0.9–1.0) ^g
Thiess et al., 1982	BASF production workers—mortality Colon	1	0.4 *
Burmeister, 1981	Iowa farmers—mortality		
	Colon	1,064	1.0 (NS)
Hardell, 1981	Swedish residents—incidence Colon		
	Exposed to phenoxy acids	11	1.3 (0.6–2.8)
	Exposed to chlorophenols	6	1.8 (0.6–5.3)
ENVIRONMENTAL			
Consonni et al. 2009	Savaso residents_ 25 year follow up man and		
Consonni et al., 2008	women		
	Lone A	2	10(0220)
	Colon	3	1.0(0.3-3.0)
	Rectum	1	0.9 (0.1–6.4)
	Zone B	10	0 ((0 2 1 1)
	Colon	12	0.6(0.3-1.1)
	Rectum	11	1.5 (0.8–2.8)
	Zone K	107	0.0(0.7, 1.2)
	Colon	137	0.9(0.7-1.3)
64 Jton D! 1' 77	Kectum	50	0.9 (0.7–1.3)
Revich et al., 2001	Residents of Chapaevsk, Russia—mortality		
	Ivien Colon	17	12(0922)
	Colon	17	1.3 (0.8–2.2)

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Reference	Study Population ^{<i>a,b</i>}	Exposed Cases ^c	Estimated Relative Risk (95% CI) ^c
	Rectum	21	1.5 (1.0–2.4)
	Women		
	Colon	24	1.0 (0.7–1.5)
	Rectum	24	0.9 (0.6–1.4)
Studies Reviewed in U	pdate 2000		
Bertazzi et al., 2001	Seveso residents—20-year follow-up (mortality)		
	Zones A, B—men		
	Colon	10	1.0 (0.5–1.9)
	Rectum	9	2.4 (1.2-4.6)
	Zones A, B—men		· · · ·
	Colon	5	0.6(0.2-1.4)
	Rectum	3	1.1 (0.4–3.5)
Studies Reviewed in U	pdate 1998		()
Bertazzi et al., 1997	Seveso residents—15-year follow-up (mortality)		
,	Zone A—women		
	Colon	2	2.6(0.3-9.4)
	Zone B—men	_	(
	Colon	5	0.8(0.3-2.0)
	Rectum	7	29(12-59)
	Zone B—women		
	Colon	3	0.6(0.1-1.8)
	Rectum	2	13(01-45)
	Zone R—men	-	1.5 (0.1 1.5)
	Colon	34	0.8(0.6-1.1)
	Bectum	19	11(0.7-1.8)
	Zone R—women	17	1.1 (0.7–1.0)
	Colon	33	0.8(0.6-1.1)
	Bectum	12	0.0(0.5-1.1)
Svensson et al. 1005	Swedish fishermen_mortality (men and women)	12	0.9 (0.5–1.0)
Svensson et al., 1995	East coast		
	Colon	1	0.1(0.0-0.7)
	Rectum	1	0.1(0.0-0.7) 0.7(0.2-1.9)
	West coast	4	0.7(0.2-1.9)
	Colon	58	10(0813)
	Destum	30 21	1.0(0.6-1.5) 1.0(0.7, 1.5)
	Swadish fishermon incidence (mon and women)	51	1.0 (0.7–1.3)
	East coast		
	Colon	5	0.4(0.1,0.0)
	Destum	3	0.4(0.1-0.9)
	Reclum West coast	9	0.9 (0.4–1.0)
	Color	0 7	10(0812)
	Colon	82 50	1.0(0.8-1.2) 1.1(0.8,1.4)
St. P. D	Keclum	59	1.1 (0.8–1.4)
Studies Reviewed in U	paare 1996		
Bertazzi et al., 1993	Seveso residents—10-year follow-up—morbidity		
	Zone B men	2	0.5(0.1, 0.0)
	Colon	2	0.5(0.1-2.0)
	Kectum	3	1.4 (.04–4.4)
	Zone B women	-	
	Colon	2	0.6 (0.1–2.3)
	Rectum	2	1.3 (0.3–5.4)
	Zone R men		
	Colon	32	1.1 (0.8–1.6)
	Rectum	17	1.1 (0.7–1.9)

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Reference	Study Population ^{<i>a,b</i>}	Exposed Cases ^c	Estimated Relative Risk (95% CI) ^c
	Zone R women		
	Colon	23	0.8 (0.5–1.3)
	Rectum	7	0.6 (.03–1.3)
Studies Reviewed in V	<i>40</i>		
Lampi et al., 1992	Finnish community exposed to chlorophenol		
	contamination-incidence		
	Colon—men and women	9	1.1 (0.7–1.8)
Pesatori et al., 1992	Seveso residents—incidence		
	Zones A, B men		
	Colon	3	0.6 (0.2–1.9)
	Rectum	3	1.2 (0.4–3.8)
	Zones A, B women		
	Colon	3	0.7 (0.2–2.2)
	Rectum	2	1.2 (0.3-4.7)
Bertazzi et al., 1989a	Seveso residents—10-year follow-up (mortality)		
	Zones A, B, R men		
	Colon	20	1.0 (0.6–1.5)
	Rectum	10	1.0 (0.5-2.7)
	Zones A, B, R women		
	Colon	12	0.7 (0.4–1.2)
	Rectum	7	1.2 (0.5-2.7)
Bertazzi et al., 1989b	Seveso residents—10-year follow-up (mortality)		
	Zone B men		
	Rectum	_2	1.7 (0.4–7.0)

^{*a*} Table shows mortality unless otherwise noted.

^b Cohorts are male unless otherwise noted.

^c Given when available.

^d Self-reported medical history. Answer to question: "Since your first day of service in Vietnam, have you been told by a doctor that you have cancer of the colon?"

^e 90% CI.

^f P< 0.01.

^g 99% CI.

* Information not provided by study authors.

—Denoted by a dash in the original study.

Studies in *italics* have been superseded by newer studies of the same cohort.

ABBREVIATIONS: 2,4-D, 2,4-dichlorophenoxyacetic acid; AFHS, Air Force Health Study; AIHW, Australian Institute of Health and Welfare; CDVA, Commonwealth Department of Veterans' Affairs; CI, confidence interval; IARC, International Agency for Research on Cancer; MCPA, methyl-4-chlorophenoxyacetic acid; NIOSH, National Institute for Occupational Safety and Health; NS, not significant; TCDD, 2,3,7,8-tetrachlorodibenzo-*p*-dioxin; USDA, US Department of Agriculture.

Update of the Epidemiologic Literature

Vietnam-Veteran Studies

Cypel and Kang (2008) compiled and analyzed the data of two cohorts of women veterans who either served in Vietnam ("Vietnam veteran" cohort, n = 4,586) or served elsewhere during the Vietnam War ("era veteran" cohort, n = 5,325). All cause and cause-specific mortality were compared between Vietnam and "era veteran" cohorts, to the US population, and to earlier research. Similar analyses were performed for nurses only. Eleven cases of large intestine cancer

deaths were observed in the Vietnam veterans (crude rate per 10,000 = 0.75) compared to 29 large intestine cancer deaths in the "era veteran" cohort, giving an adjusted SMR of 0.50 (95% CI 0.24–1.04). No excess risk was observed in the nurses-only analysis (SMR = 0.59, 95% CI 0.26–1.37).

Occupational Studies

Lee WJ et al. (2007) analyzed 305 incident colorectoral cancers (212 colon and 93 rectal) diagnosed from 1993–2005 in the Agricultural Health Study (AHS). The association with self-reported exposures to 50 pesticides (including 2,4-D, 2,4,5-T, 2,4,5-TP) was studied. Most pesticides were not associated with an increased risk with the exception of chlorpyrifos for rectal cancer and aldicarb with colon cancer. Dichlorophenoxyacetic acid (2,4-D) showed a significant inverse association with colon cancer. The lack of a monotonic exposure-response pattern with lifetime exposure days weakens somewhat the argument for a true protective relationship, but further evaluation of this inverse association is planned for the Agricultural Health Study cohort.

Samanic et al. (2006) reported on the incidence of all cancers including those of the colon among male pesticide applicators in the AHS with respect to reported exposures to Dicamba (3,6-dichloro-2-methoxybenzoic acid), a benzoic acid herbicide with chemical structure similar to the phenoxy herbicides. Dicamba is used in combination with other herbicides, such as 2,4-D. The authors reported significant trends of increasing risk for colon cancer for both lifetime exposure days and intensity-weighted lifetime days when the referent group comprised low-exposed applicators. Only the RRs for the highest exposure category were significant (lifetime days RR = 3.29; 95% CI 1.40–7.73; p-trend = 0.02; intensity-weighted lifetimes days RR = 2.57; 95% CI 1.28–5.17; p-trend = 0.002). This trend was not observed when the referent group comprised applicators who never used dicamba. There were no differences when analysis was restricted to only applicators who first applied dicamba prior to 1990.

Hansen et al. (2007) included colorectal cancer deaths in their historical cohort study of 3,156 male gardeners followed from 1975 until 2002. Although this study does not include specific types of pesticide exposure, the Danish National Environmental Board reports that 2,4-D and other chlorophenoxy acids were used during the time periods when the older members of the cohort were working. No excess deaths from digestive cancers were found across all three age cohorts in the study.

Environmental Studies

Consonni et al. (2008) reported on a mortality follow-up for the Seveso, Italy cohort exposed to large amounts of environmental contamination with TCDD. The study cohort of 273,108 subjects resident at the time of the accident or immigrating/born in the 10 years thereafter were analyzed according to three zones with increasing levels of TCDD soil samples. In the overall sample, no statistically significant increases in deaths related to colon or rectal cancer was observed. In the Zone with intermediate levels of TCDD contamination, there was a 50 percent nonsignificant increase in rectal cancer mortality with the excesses being in males (8 deaths: RR = 1.81, 95% CI 0.89-3.67).

Biologic Plausibility

Long term animal studies have examined the impact of exposure to the compounds of interest on tumor incidences (Charles et al., 1996; Stott et al., 1990; Walker et al., 2006; Wanibuchi et al., 2004). No increase in the incidence of colorectal cancer in laboratory animals has been reported.

The biologic plausibility of the chemicals of interest being carcinogenic is discussed in general at the beginning of this chapter.

Synthesis

There has been no evidence to suggest an association between the compounds of interest and colorectal cancer in the epidemiologic studies reviewed to date. There is no evidence of biologic plausibility of an association between exposure to any of the compounds of interest and the development of tumors of the colon or rectum. Overall, the available evidence does not support an association between the compounds of interest and colorectal cancer.

Conclusion

On the basis of its evaluation of the evidence reviewed here and in previous VAO reports, the committee concludes that there is inadequate or insufficient evidence to determine whether there is an association between exposure to the compounds of interest and colorectal cancer.

HEPATOBILIARY CANCERS

Hepatobiliary cancers include cancers of the liver (ICD-9 155.0, 155.2) and the intrahepatic bile duct (ICD-9 155.1). ACS estimated that in 2008 15,190 men and 6,180 women would receive diagnoses of liver or intrahepatic bile duct cancer in the United States and 12,570 men and 5,840 women would die from those cancers (Jemal et al., 2008a). Gallbladder cancer and extrahepatic bile duct cancer (ICD-9 156) are fairly uncommon, but they are often grouped with liver cancers when they are addressed.

In the United States, liver cancers account for about 1.5% of new cancer cases and 3.3% of cancer deaths. Misclassification of metastatic cancers as primary liver cancer can lead to overestimation of the number of deaths attributable to liver cancer (Percy et al., 1990). In developing countries, especially those in sub-Saharan Africa and Southeast Asia, liver cancers are common and are among the leading causes of death. The known risk factors for liver cancer include chronic infection with hepatitis B or C virus and exposure to the carcinogens aflatoxin and vinyl chloride. Alcohol cirrhosis and obesity-associated metabolic syndrome may also contribute to the risk of liver cancer. In the general population, the incidence of liver and intrahepatic bile duct cancer increases slightly with age; at the ages of 50–64 years, it is greater in men than in women and greater in blacks than in whites. The average annual incidence of hepatobiliary cancers is shown in Table 6-4.

Conclusions from VAO and Updates

The committee responsible for VAO concluded that there was inadequate or insufficient information to determine whether there is an association between exposure to the compounds of interest and hepatobiliary cancers. Additional information available to the committees responsible for *Update 1996*, *Update 1998*, *Update 2000*, *Update 2002*, *Update 2004*, and *Update 2006* did not change that conclusion. Table 6-8 summarizes the results of the relevant studies.

Reference	Study Population ^{<i>a,b</i>}	Exposed Cases ^c	Estimated Relative Risk (95% CI) ^c
VIFTNAM VETERAL	NS		
Studies Reviewed in <i>U</i>	Indate 2006		
ADVA 2005a	Australian male Vietnam veterans vs Australian	27	0.7(0.4 - 1.0)
	population—incidence		· · · ·
	Navy	8	1.0 (0.4–1.9)
	Army	18	0.7 (0.4–1.1)
	Air Force	1	0.2 (0.0–1.2)
ADVA 2005b	Australian male Vietnam veterans vs Australian	48	0.9 (0.6–1.1)
	population—mortality (liver and gallbladder)		
	Navy	11	1.0 (0.5–1.7)
	Army	33	0.9 (0.6–1.2)
	Air Force	4	0.6 (0.2–1.5)
ADVA 2005c	Australian male conscripted Army National Service		
	Vietnam era veterans: deployed vs non-deployed		
	Incidence	2	2.5 (0.1–147.2)
	Mortality (liver and gallbladder)	4	2.5 (0.4–27.1)
Boehmer et al., 2004	Follow-up of CDC Vietnam Experience Cohort (liver,	, 5	*
	intrahepatic bile ducts—ICD 9 155))		
Studies Reviewed in U	pdate 2000		
AFHS, 2000	Air Force Ranch Hand veterans—incidence	2	1.6 (0.2–11.4)
Studies Reviewed in U	pdate 1998		
CDVA, 1997a	Australian military Vietnam veterans		
	Liver (ICD-9 155)	8	0.6 (0.2–1.1)
	Gall bladder (ICD-9 156)	5	1.3 (0.4–2.8)
CDVA, 1997b	Australian national service Vietnam veterans	1	*
Studies Reviewed in V	<i>A0</i>		
CDC, 1990a	US men born 1921–1953 (incidence)	8	1.2 (0.5–2.7)
Breslin et al., 1988	Army Vietnam veterans (liver and bile duct)	34	1.0 (0.8–1.4)
	Marine Vietnam veterans (liver and bile duct)	6	1.2 (0.5–2.8)
Anderson et al., 1986	Wisconsin Vietnam veterans	0	*
OCCUPATIONAL			
Studies Reviewed in U	pdate 2006		
McLean et al., 2006	IARC cohort of pulp and paper workers		
	Exposure to nonvolatile organochlorine compounds		
	Never	27	0.9 (0.6–1.3)
	Ever	16	0.7 (0.4–1.1)

TABLE 6-8 Selected Epidemiologic Studies—Hepatobiliary Cancer

Reference	Study Population ^{<i>a,b</i>}	Exposed Cases ^c	Estimated Relative Risk (95% CI) ^c
' Mannetje et al., 2005	New Zealand phenoxy herbicide workers (ICD-9 155))	· · · · ·
	Producers (men and women)	1	1.6 (0.0-8.8)
	Sprayers (>99% men)	0	0.0 (0.0-4.2)
Alavanja et al., 2005	US Agriculture Health Study—incidence		
	Liver		
	Private applicators (men and women)	35	1.0 (0.7–1.4)
	Spouses of private applicators (>99%women)	3	0.9 (0.2–2.5)
	Commercial applicators (men and women) Gall bladder		0.0 (0.0–4.2)
	Private applicators (men and women)	8	2.3 (1.0-4.5)
	Spouses of private applicators (>99% women)	3	0.9 (0.2–2.5)
	Commercial applicators (men and women)		0.0 (0.0-35.8)
Blair et al., 2005a	US Agriculture Health Study		
	Liver		
	Private applicators (men and women)	8	0.6 (0.2–1.1)
	Spouses of private applicators (>99% women) Gall bladder	4	1.7 (0.4–4.3)
	Private applicators (men and women)	3	2.0 (0.4-5.7)
	Spouses of private applicators (>99% women)	2	1.3 (0.1-4.6)
Torchio et al., 1994	Italian licensed pesticide users		
	Liver	15	0.6 (0.3–0.9)
Reif et al., 1989	New Zealand forestry workers-nested case-contro	1	
	(incidence)		
	Liver	1	0.8 (0.1-5.8)
	Gall Bladder	3	4.1 (1.4–12.0)
Studies Reviewed in Up	odate 2004		
Swaen et al., 2004	Dutch licensed herbicide applicators	0	—
Studies Reviewed in Up	odate 2000		
Steenland et al., 1999	US chemical production workers (Included in the		
	IARC cohort and the NIOSH Dioxin Registry)		
	Liver and biliary (ICD-9 155–156)	7	0.9 (0.4–1.6)
Rix et al., 1998	Danish paper mill workers—incidence		
	Liver—men	10	1.1 (0.5-2.0)
	women	1	0.6 (0.0-3.2)
	Gall bladder—men	9	1.6 (0.7–3.0)
	women	4	1.4 (0.4–3.7)
Studies Reviewed in Up	odate 1998		
Gambini et al., 1997	Italian rice growers	7	1.3 (0.5–2.6)
Kogevinas et al., 1997	IARC cohort—liver and biliary tract (men and		
	women)		
	Workers exposed to any phenoxy herbicide or		
	chlorophenol	15	0.7 (0.4–1.2)
	Workers exposed to TCDD (or higher-chlorinated dioxins)	12	0.9 (0.5–1.5)
	Workers not exposed to TCDD (or higher-		
	chlorinated dioxins)	3	0.4 (0.1–1.2)
Becher et al., 1996	German production workers (Included in the IARC cohort)		
	Liver and biliary tract	1	1.2 (0.0-6.9)
Ott and Zober, 1996	BASF employees—incidence	2	2.1 (0.3–7.5)
- ,	Liver, gall bladder, or bile duct	·	
	TCDD $< 0.1 \mu g/kg$ of body weight	1	2.8 (0.1–15.5)
	TCDD 0.1–0.99 μ g/kg of body weight	0	0.0 (0.0–15.4)
			. /

Reference	Study Population ^{<i>a,b</i>}	Exposed Cases ^c	Estimated Relative Risk (95% CI) ^c
	TCDD >1 μ g/kg of body weight	1	2.8 (0.1–15.5)
Ramlow et al., 1996	Dow pentachlorophenol production workers (Included	l	
	in the IARC cohort and the NIOSH Dioxin Registry)		
	Liver, primary (ICDA-8 155–156)		
	0-year latency	0	*
	15-year latency	0	*
Studies Reviewed in Up	odate 1996		
Asp et al., 1994	Finnish herbicide applicators—liver and biliary		
	Incidence	3	0.9 (0.2–2.6)
	Mortality	2	0.6 (0.1–2.2)
Blair et al., 1993	US farmers in 23 states		
	White men	326	1.0 (0.9–1.1)
	White women	6	0.7 (0.3–1.6)
Collins et al., 1993	Monsanto Company 2,4-D production workers		
	(Included in NIOSH cohort)		
	Liver and biliary passages	2	1.4 (0.2–5.2)
Studies Reviewed in VA	10		
Ronco et al., 1992	Danish farm workers—incidence		
	Liver		
	Men—self-employed	23	$0.4 \ (p < 0.05)$
	employee	9	0.8 (*)
	Female—family worker	5	0.5 (*)
	Gall bladder		
	Male—self-employed	35	0.8 (*)
	employee	7	0.8 (*)
	Female—self-employed	7	2.7 (p < 0.05)
	employee	1	0.7 (*)
	family worker	17	1.0 (*)
Fingerhut et al., 1991	NIOSH—entire cohort (liver and biliary)	6	1.2 (0.4–2.5)
	\geq 1-year exposure; \geq 20-year latency	1	0.6 (0.0-3.3)
Saracci et al., 1991	IARC cohort—exposed subcohort (men and women)		
	Liver, gallbladder and bileduct (ICD-8 155–156)	4	0.4 (0.1–1.1)
Solet et al., 1989	US pulp and paper workers (ICD-8 155–156)	2	2.0 (0.2–7.3)
Bond et al., 1988	Dow 2,4-D production workers (Included in the IARC	l •	
	cohort and the NIOSH Dioxin Registry)		
	Liver and biliary passages (ICDA-8 155–156)	0	1.2 (*)
Lynge, 1985	Danish production workers—incidence (Included in		
2.02	the IARC cohort)		
	Men	3	1.0 (*)
	Women	0	_
Hardell et al., 1984	Swedish residents-incidence and mortality combined	102	1.8 (0.9-4.0)
Wiklund, 1983	Swedish male and female agricultural workers—		
,	incidence		
	Liver (primary)	103	$0.3 (0.3-0.4)^d$
	Biliary passages	169	$0.6(0.5-0.7)^d$
	Liver (unspecified)	67	$0.9(0.7-1.3)^d$
Zack and Suskind. 1980	Monsanto Company production workers (Included in	0	*
	NIOSH cohort)	-	
ENVIRONMENTAL			
New Studies			
Consonni et al., 2008	Seveso residents—25-year follow-up—men and		
	women		
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Reference	Study Population <i>a,b</i>	Exposed Cases ^c	Estimated Relative Risk (95% CI) ^c
	Liver cancer (ICD-9 155)		· · · · ·
	Zone A	3	1.0 (0.3-3.2)
	Zone B	16	0.9(0.5-1.4)
	Zone R	107	0.8(0.7-1.0)
	Biliary tract (ICD-9 156)		
	Zone A	0	0 —
	Zone B	2	0.6 (0.1-2.3)
	Zone R	31	1.2(0.8-1.7)
Studies Reviewed in U	pdate 2000		× ,
Bertazzi et al., 2001	Seveso residents—20-year follow-up		
,	Zone A, B-men (liver, gall bladder)	6	0.5 (0.2–1.0)
	(liver)	6	0.5(0.2-1.1)
	women (liver, gall bladder)	7	1.0(0.5-2.2)
	(liver)	6	1.3 (0.6–2.9)
Studies Reviewed in U	pdate 1998	-	
Bertazzi et al., 1997	Seveso residents—15-vear follow-up		
,,	Zone B—men (liver, gall bladder)	4	0.6(0.2-1.4)
	(liver)	4	0.6(0.2-1.6)
	women (liver, gall bladder)	4	1.1(0.3-2.9)
	(liver)	3	1.3(0.3-3.8)
	Zone R—men (liver, gall bladder)	35	0.7(0.5-1.0)
	(liver)	31	0.7(0.5-1.0)
	women (liver gall bladder)	25	0.8(0.5-1.3)
	(liver)	12	0.6(0.3-1.3)
Svensson et al 1995	Swedish fishermen—mortality (men and women)	12	0.0 (0.5 1.1)
Svensson et un, 1995	East coast	1	0.5(0.0-2.7)
	West coast (liver and bile ducts)	9	0.9(0.4-1.7)
	Swedish fishermen_incidence (men and women)		0.9 (0.1 1.7)
	Fast coast	6	1.3(0.5-2.9)
	West coast (liver and hile ducts)	24	$1.0(0.5 \ 2.5)$
Studies Reviewed in 1	Indata 1006	27	1.0 (0.0–1.3)
Rertazzi et al 1003	Severo residents 10 year follow up_incidence		
<i>Der iu22i ei ui.</i> , 1775	Zone B_men (liver)	4	21(0.8-5.8)
	(gall bladder_JCD 0 156)		2.1(0.3-3.6) 2.3(0.3-17.6)
	women (gall bladder_ICD-9 156))	1	49(18-136)
	Zone R_men (liver)		(1.0-13.0)
	(gall bladder_JCD 0 156))	3	1.0(0.3-3.4)
	(gall bladder—ICD-9 150)) women (liver)	2	1.0(0.3-3.4) 0.5(0.1-2.1)
	(gall bladder_ICD-9 156))	2	10(0.5-2.3)
Cordier et al 1003	(gall bladdol—ICD-9 150)) Military service in South Vietnam for >10 years after		1.0(0.3-2.3)
	1060	11	8 8 (1 9 41 0)
Studios Doviowod in 1/	1900	11	0.0 (1.9-41.0)
Pasatori et al 1002	Savasa rasidanta incidanca		
1 esulori el ul., 1992	Zone A B_men (liver)	Л	1.5(0.5,4.0)
	LOHC A, D - Hich (HVCL) (coll blodder ICD 0 156))	4	1.3(0.3-4.0) 21(0.2, 15.6)
	(gail blaudel—ICD-9 130))	1	2.1(0.3-13.0) 1.2(0.2,0.1)
	(coll bloddor ICD 0 15())	1	1.2(0.2-9.1) 5.2(2,1,12,2)
	(gali Diadder—ICD-9 150)) Zono P. mon (liver)	3	3.2(2.1-13.2)
	LOHC K - HICH (HVCL) $(coll bloddor - LCD (0.156))$	8 2	0.3(0.2-0.9)
	(gali bladder—ICD-9 156))	5	1.0(0.5-5.4)
	women (liver)	5	0.8 (0.5 - 2.1)
D 1 10001	(gall bladder—ICD-9 156))		1.0 (0.5–2.3)
bertazzi et al., 1989b	Seveso residents—10-year follow-up	1	10.1(1.0007)
	Zone A—women (gall bladder—ICD-9 156))	1	12.1 (1.6–88.7)

Reference	Reference Study Population ^{a,b}		Estimated Relative Risk (95% CI) ^c
	Zone B—men (liver)	3	1.2 (0.4–3.8)
	women (gall bladder—ICD-9 156))	2	3.9 (0.9–16.2)
Zone R—men (liver)			0.4 (0.2–0.8)
	women (liver)	3	0.4 (0.1–1.4)
	(gall bladder—ICD-9 156))	5	1.2 (0.5-3.1)
Hoffman et al., 1986	Residents of Quail Run Mobile Home Park (men and women)	0	*

^{*a*} Table shows mortality unless otherwise noted.

^b Cohorts are male unless otherwise noted.

^c Given when available.

^d 99% CI.

^{*e*}Incidence rates provided in absence of information on exposed cases or estimated relative risk for morbidity. * Information not provided by study authors.

— Denoted by a dash in the original study.

Studies in *italics* have been superseded by newer studies of the same cohort.

ABBREVIATIONS: 2,4-D, 2,4-dichlorophenoxyacetic acid; ADVA, Australian Department of Veteran Affairs; AFHS, Air Force Health Study; CDC, Centers for Disease Control and Prevention; CDVA, Commonwealth Department of Veterans' Affairs; CI, confidence interval; IARC, International Agency for Research on Cancer; NIOSH, National Institute for Occupational Safety and Health, TCDD, 2,3,7,8-tetrachlorodibenzo-*p*-dioxin.

Update of the Epidemiologic Literature

No new Vietnam-veteran or occupational studies addressing hepatobiliary cancer have been published since *Update 2006*.

Environmental Studies

Consonni et al. (2008) reported on a mortality follow-up for the Seveso, Italy cohort exposed to large amounts of environmental contamination with TCDD. The study cohort of 273,108 subjects resident at the time of the accident or immigrating/born in the 10 years thereafter were analyzed according to three zones with increasing levels of TCDD soil samples. In the overall sample, no statistically significant increases in deaths related to biliary tract cancer or liver cancer were observed. In Zone A (highest levels of TCDD contamination), no biliary tract cancer deaths were observed. There were 3 liver cancer deaths (RR = 1.03, 95% CI 0.33-3.20). The middle contamination zone had 2 biliary cancer deaths (RR = 0.56, 95% CI 0.14-2.26), and 16 liver cancer deaths (RR = 0.86, 95% CI 0.52-1.40). The lowest contamination zone had 31 biliary cancer deaths (RR = 1.16, 95% CI 0.79-1.70) and 107 liver cancer deaths (RR = 0.80, 95% CI 0.65-0.98).

Biologic Plausibility

Long term animal studies have examined the impact of exposure to the compounds of interest on tumor incidences (Charles et al., 1996; Stott et al., 1990; Walker et al., 2006; Wanibuchi et al., 2004). Studies performed using laboratory animals have consistently demonstrated that long term exposure to TCDD results in the formation of liver adenomas and

carcinomas (Knerr and Schrenk, 2006; Walker et al., 2006). Further, TCDD increases the growth of hepatic tumors that are initiated by the treatment with a complete carcinogen. In addition, changes in liver pathology have been observed and include nodular hyperplasia and massive inflammatory cell infiltration (Walker et al., 2006; Yoshizawa et al., 2007). Inflammation and cancer are strongly intertwined in the development and progression of many cancers, including liver cancers (Manovani et al., 2008). Similarly, in monkeys treated with TCDD, hyperplasia and an increase in cells that stain positive for alpha-smooth muscle actin has been observed (Korenga et al., 2007). Postive staining for alpha smooth muscle actin is thought to be indicative of a process (epitheilial-mesenchymal transition) that is associated with the progression of malignant tumors (Weinberg, 2008). With respect to cancers of the bile duct, bile duct hyperplasia, but not tumors have been reported (Knerr and Schrenk, 2006; Walker, et al., 2006; Yoshizawa et al., 2007). Similarly, monkeys treated with TCDD developed metaplasia, hyperplasia, and hypertrophy of the bile duct (Allen et al., 1977). Hollingshead et al. (2008) recently showed that TCDD-activated AHR in human breast and endocervical cell lines induces sustained high levels of the IL-6 cytokine, which has tumor promotional effects in numerous tissues, including cholangiocytes, so TCDD might promote carcinogenesis in biliary tissue.

The biologic plausibility of the chemicals of interest being carcinogenic is discussed in general at the beginning of this chapter.

Synthesis

In this update, no new reports of a definitive link between exposure to the compounds of interest and hepatobiliary tumors were found. Despite the evidence for TCDD's activity as an hepatocarcinogen in animals, the evidence from epidemiologic studies remains inadequate to link the compounds of interest with hepatobiliary cancer, which occurs at relatively low incidence in Western populations.

Conclusion

On the basis of its evaluation of the evidence reviewed here and in previous VAO reports, the committee concludes that there is inadequate or insufficient evidence to determine whether there is an association between exposure to the compounds of interest and hepatobiliary cancer.

PANCREATIC CANCER

The incidence of pancreatic cancer (ICD-9 157) increases with age. ACS estimated that 18,770 men and 18,910 women would develop pancreatic cancer in the United States in 2008 and that 17,500 men and 16,790 women would die from it (Jemal et al., 2008a). The incidence is higher in men than in women and higher in blacks than in whites. Other risk factors include family history, diet, and tobacco use; the incidence is about twice as high in smokers as in nonsmokers (Miller et al., 1996). Chronic pancreatitis, obesity, and type 2 diabetes are also associated with an increased risk of pancreatic cancer (ACS, 2006a).

Conclusions from VAO and Updates

Update 2006 considered pancreatic cancer independently for the first time. Prior updates developed tables of results for pancreatic cancer, but conclusions about the adequacy of the evidence of its association with herbicide exposure had been reached in the context of gastrointestinal tract cancers. The committee responsible for VAO concluded that there was limited or suggestive evidence of *no* association between exposure to the herbicides used by the US military in Vietnam and gastrointestinal tract tumors, including pancreatic cancer. For Update 2006, the committee concluded that there was not evidence on each of the chemicals of interest to sustain this negative conclusion for any of the cancers in the gastrointestinal group and that, because these various types of cancer are generally regarded as separate disease entities, the evidence for each should be evaluated separately. Pancreatic cancer was thus reclassified to the default category of association, inadequate or insufficient evidence. The committee for Update 2006 reviewed the increased rates of pancreatic cancer among Australian Vietnam National Service veterans, but concluded that the increased rates could be attributed to the rates of smoking in the cohort (ADVA, 2005c). The committee also noted the report of increased rates of pancreatic cancer in US Vietnam female nurse veterans (Dalager et al., 1995). Table 6-9 summarizes the results of the relevant studies concerning pancreatic cancer.

Reference	Study Population ^{<i>a,b</i>}	Exposed	Estimated Relative Risk (95% CD) ^c	
		Cuses	KISK (7570 CI)	
VIETNAM VETERAN	J S			
New Studies				
Cynel and Kang 2008	US Vietnam veterans—women	17	21(10-45)	
Cyper and Rang, 2000	Vietnam veteran nurses	14	2.1(1.0+4.5) 2.5(1.0-6.0)	
Studies Reviewed in <i>U</i>	ndate 2006	11	2.5 (1.0 0.0)	
ADVA 2005a	Australian male Vietnam veterans vs Australian			
11D VII, 2005ú	nonulation—incidence	86	12(09-14)	
	Navy	14	0.9(0.5-1.5)	
	Army	60	12(09-15)	
	Air Force	12	1.2(0.7-2.3)	
ADVA 2005b	Australian male Vietnam veterans vs Australian	12	1.5 (0.7 2.5)	
110 (11, 20000	population-mortality	101	12(10-15)	
	Navy	18	1.0(0.6-1.6)	
	Army	71	1.3 (1.0–1.6)	
	Air Force	11	1.1(0.5-1.8)	
ADVA, 2005c	Australian male conscripted Army National Service		(0.0 1.0)	
	Vietnam era veterans: deployed vs non-deployed			
	Incidence	17	2.5 (1.0-6.3)	
	Mortality	19	3.1 (1.3-8.3)	
Boehmer et al., 2004	Follow-up of CDC Vietnam Experience Cohort	5	1.0(0.3-3.5)	
Studies Reviewed in U	pdate 1998		()	
CDVA, 1997a	Australian military Vietnam veterans	38	1.4 (0.9–1.8)	
CDVA, 1997b	Australian national service Vietnam veterans	6	1.5	
Studies Reviewed in U	odate 1996			
Dalager et al., 1995	US Vietnam veterans—women	7	2.8 (0.8–10.2)	
5	Vietnam veteran nurses	7	5.7 (1.2–27.0)	
Visintainer et al., 1995	Michigan Vietnam veterans	14	1.0 (0.6–1.7)	
Studies Reviewed in VA	40 [°]		× /	

TABLE 6-9 Selected Epidemiologic Studies—Pancreatic Cancer

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Reference	Study Population ^{<i>a,b</i>}	Exposed Cases ^c	Estimated Relative Risk (95% CI) ^c		
Thomas et al., 1991	US Vietnam veterans—women	5	2.7 (0.9-6.2)		
Breslin et al., 1988	Army Vietnam veterans	82	0.9 (0.6–1.2)		
	Marine Vietnam veterans	18	1.6 (0.5–5.8)		
Anderson et al., 1986	Wisconsin Vietnam veterans	4			
OCCUPATIONAL Studies Reviewed in <i>Up</i>	date 2006				
McLean et al., 2006	IARC cohort of pulp and paper workers Exposure to nonvolatile organochlorine compounds				
	Never	67	0.8 (0.7–1.1)		
	Ever	69	1.1 (0.9–1.4)		
't Mannetje et al., 2005	Phenoxy herbicide producers (men and women)	3	2.1 (0.4–6.1)		
	Phenoxy herbicide sprayers (>99% men)	0	0.0 (0.0–2.1)		
Alavanja et al., 2005	US Agriculture Health Study—incidence				
	Private applicators (men and women)	46	0.7 (0.5–1.0)		
	Spouses of private applicators (>99%women)	20	0.9 (0.6–1.4)		
	Commercial applicators (men and women)	3	1.1 (0.2–3.2)		
Blair et al., 2005a	US Agriculture Health Study				
	Private applicators (men and women)	29	0.6 (0.4–0.9)		
— 1: 1 1001	Spouses of private applicators (>99% female)	10	0.7 (0.3–1.2)		
Torchio et al., 1994	Italian licensed pesticide users	32	0.7 (0.5–1.0)		
Reif et al., 1989	New Zealand forestry workers—nested case–contro	1	10(00 41)		
1 1 1007	(incidence)	6	1.8 (0.8–4.1)		
Magnani et al., 1987	UK case–control	*	07(0215)		
	Herbicides	*	0.7(0.3-1.5)		
		*	0.8 (0.5–1.4)		
Studies Reviewed in Up	aate 2004	E	1 2 (0 4 2 7)		
Swaen et al., 2004 Studies Reviewed in Up	date 2000	5	1.2 (0.4–2.7)		
Ojajärvi et al., 2000	Meta-analysis of 161 populations	127	MRR 1.0 (0.8–1.3)		
Steenland et al., 1999	US chemical production workers (Included in the	16	1.0 (0.6–1.6)		
	IARC cohort and the NIOSH Dioxin Registry)				
Hooiveld et al., 1998	Dutch chemical production workers (Included in the IARC cohort)	4	2.5 (0.7–6.3)		
Rix et al., 1998	Danish paper mill workers—incidence				
	Men	30	1.2 (0.8–1.7)		
	Women	2	0.3 (0.0–1.1)		
Studies Reviewed in Up	date 1998				
Gambini et al., 1997	Italian rice growers	7	0.9 (0.4–1.9)		
Kogevinas et al., 1997	IARC cohort (men and women)				
	Workers exposed to any phenoxy herbicide or				
	chlorophenol	47	0.9 (0.7–1.3)		
	Workers exposed to TCDD (or higher-chlorinated				
	dioxins) Workers not exposed to TCDD (or higher-	30	1.0 (0.7–1.4)		
D 1 1 1000	chlorinated dioxins)	16	0.9 (0.5–1.4)		
Becher et al., 1996	German production workers (Included in the IARC cohort)				
	Plant I	2	0.6(0.1-2.3)		
	Plant II	0			
	Plant III	Õ			
	Plant IV	2	1.7 (0.2–6.1)		

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Reference	Study Population ^{<i>a,b</i>}	Exposed Cases ^c	Estimated Relative Risk (95% CI) ^c				
Ramlow et al., 1996	Dow pentachlorophenol production workers (Included in the IARC cohort and the NIOSH Dioxin Pagistry)						
	0 year latency	2	0.7(0.1, 2.7)				
	15 year latency	2	0.7(0.1-2.7) 0.0(0.1-2.2)				
Studios Deviewed in Un	13-year fatency	2	0.9(0.1-5.5)				
Diair et al. 1002	LIS formore in 22 states						
Blail et al., 1995	US farmers in 25 states	1 1 2 2	11(1117)				
	white men	1,133	1.1(1.1-1.2)				
	White women	23	1.0 (0.6–1.5)				
Bueno de Mesquita et al.,	Dutch phenoxy herbicide workers (Included in the	2					
1993	IARC cohort)	3	2.2 (0.5-6.3)				
Studies Reviewed in VA	0						
Ronco et al., 1992	Danish farm workers—incidence						
	Men—self-employed	137	0.6 (p < 0.05)				
	employee	23	0.6 (p < 0.05)				
	Women—self-employed	7	1.2 (*)				
	employee	4	1.3 (*)				
	family worker	27	0.7 (p < 0.05)				
Swaen et al., 1992	Dutch licensed herbicide applicators	3	2.2 (0.4-6.4)				
Fingerhut et al., 1991	NIOSH—entire cohort	10	0.8 (0.4–1.6)				
	\geq 1-year exposure; \geq 20-year latency	4	1.0 (0.3-2.5)				
Saracci et al., 1991	IARC cohort—exposed subcohort (males and	26	1.1 (0.7–1.6)				
	females)						
Alavanja et al., 1989	USDA forest or soil conservationists	22	1.5 (0.9–2.3)				
Henneberger et al., 1989	New Hampshire paper and pulp workers	9	1.9 (0.9–3.6)				
Solet et al., 1989	US Pulp and paper workers	1	0.4 (0.0-2.1)				
Alavanja et al., 1988	USDA agricultural extension agents	21	1.3 (0.8–1.9)				
Thomas, 1987	US flavor and fragrance chemical plant workers	6	1.4 *				
Coggon et al., 1986	British MCPA production workers (Included in the IARC cohort)	9	0.7 (0.3–1.4)				
Robinson et al., 1986	Northwestern US paper and pulp workers	4	$0.3 (0.1 - 0.8)^d$				
Lynge, 1985	Danish production workers—incidence (Included in the IARC cohort)						
	Men	3	0.6 *				
	Women	0					
Blair et al 1983	Florida pesticide applicators	4	4.0 Expected *				
Wiklund, 1983	Swedish male and female agricultural workers—	777	$0.8 (0.8-0.9)^e$				
Burmeister, 1981	Iowa farmers	416	1.1 *				
ENVIRONMENTAL New Studies							
Consonni et al. 2008	Seveso residents—25-year follow-up—men and						
	women						
	Zone A	2	1.2 (0.3-4.7)				
	Zone B	5	0.5 (0.2–1.1)				
	Zone R	76	1.0(0.7-1.7)				
Studies Reviewed in Und	late 2000		``''				
Bertazzi et al. 2001	Seveso residents—20-year follow-up						
	Zones A, B—men	4	0.7 (0.3–1.9)				
	women	1	0.3(0.0-2.0)				
Studies Reviewed in Upd	late 1998	-	- ()				

Bertazzi et al., 1997

Seveso residents—15-year follow-up

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Reference	Study Population ^{<i>a,b</i>}	Exposed	Estimated Relative
		Cases ^c	Risk (95% CI) ^c
	Zone A—men	1	1.9 (0.0–10.5)
	Zone B—men	2	0.6 (0.1-2.0)
	women	1	0.5 (0.0-3.1)
	Zone R—men	20	0.8 (0.5–1.2)
	women	11	0.7 (0.4–1.3)
Svensson et al., 1995	Swedish fishermen—mortality (men and women)		
	East coast	5	0.7 (0.2–1.6)
	West coast	33	0.8 (0.6–1.2)
	Swedish fishermen—incidence (men and women)		
	East coast	4	0.6 (0.2–1.6)
	West coast	37	1.0 (0.7–1.4)
Studies Reviewed in V.	40		
Pesatori et al., 1992	Seveso residents—incidence		
	Zones A, B—men	2	1.0 (0.3-4.2)
	women	1	1.6 (0.2–12.0)
Bertazzi et al., 1989a	Seveso residents—10-year follow-up		
	Zones A, B, R-men	9	0.6 (0.3–1.2)
	women	4	1.0 (0.3-2.7)
Bertazzi et al., 1989b	Seveso residents—10-year follow-up		
	Zone B—men	2	1.1 (0.3–4.5)
^{<i>a</i>} Table shows mortality	unless otherwise noted.		
^b Cohorts are male unles	s otherwise noted.		
^{<i>c</i>} Given when available.			

^d 90% CI.

^e 99% CI.

* Information not provided by study authors.

— Denoted by a dash in the original study.

Studies in *italics* have been superseded by newer studies of the same cohort.

ABBREVIATIONS: ADVA, Australian Department of Veteran Affairs; CDVA, Commonwealth Department of Veterans' Affairs; CI, confidence interval; IARC; International Agency for Research on Cancer; MCPA, methyl-4-chlorophenoxyacetic acid; NIOSH, National Institute for Occupational Safety and Health; TCDD, 2,3,7,8-tetrachlorodibenzo-*p*-dioxin; USDA, US Department of Agriculture.

Update of the Epidemiologic Literature

Vietnam-Veteran Studies

Cypel and Kang (2008) compiled and analyzed the data of two cohorts of women veterans who either served in Vietnam ("Vietnam veteran" cohort, n = 4,586) or served elsewhere during the Vietnam War ("era veteran" cohort, n = 5,325). All cause and cause-specific mortality through 2004 were compared between Vietnam and "era veteran" cohorts and to earlier research. Similar analyses were performed for nurses only. Seventeen deaths from pancreatic cancer were observed in the Vietnam–veteran groups compared to 16 cases in the "era veteran" group yielding an adjusted relative risk of 2.12 (95% CI 0.99–4.51). Similarly, the nurse-only group had 14 cases compared to 11 cases in the corresponding era group (adjusted RR = 2.45, 95% CI 1.00–6.00). A limitation of this study was the inability to control for diet and smoking behavior.

Occupational Studies

No new occupational studies concerning exposure to the compounds of interest and pancreatic cancer had been published since *Update 2006*.

Environmental Studies

Consonni et al. (2008) reported on a mortality follow-up for the Seveso, Italy cohort exposed to large amounts of environmental contamination with TCDD. The study cohort of 273,108 subjects resident at the time of the accident or immigrating/born in the 10 years thereafter were analyzed according to three zones with increasing levels of TCDD soil samples. In the overall sample, no statistically significant increase in deaths related to pancreatic cancer was observed. In Zone A (highest levels of TCDD contamination), 2 pancreatic cancer deaths were observed (RR = 1.17, 95% CI 0.29-4.68). The middle contamination zone had 5 pancreatic deaths (RR = 0.45, 95% CI 0.19-1.09), and the lowest contamination zone had 76 pancreatic cancer deaths (RR = 0.95, 95% CI 0.74-1.21).

Biologic Plausibility

Long term animal studies have examined the impact of exposure to the compounds of interest on tumor incidences (Charles et al., 1996; Stott et al., 1990; Walker et al., 2006; Wanibuchi et al., 2004). No increase in the incidence of pancreatic cancer in laboratory animals has been reported following the administration of cadodylic acid, 2-4-D or picloram have been reported. A 2-year study of female rats has reported increased incidences of pancreatic adenomas and carcinomas after treatment at the highest dose of TCDD (100 ng/kg per day) (Nyska et al., 2004). In addition, other studies have observed chronic active inflammation, acinar-cell vacuolation, and an increase in proliferation of the acinar cells surrounding the vacuolated cells (Yoshizawa et al., 2005b). As previously discussed, both chronic inflammation and hyperproliferation are closely linked to the formation and progression of cancers including that of the pancreas (Mantovani et al., 2008; Hahn and Weinberg, 2002). Also observed in female monkeys treated with TCDD were metaplastic changes within the pancreatic ducts (Allen et al., 1977).

The biologic plausibility of the chemicals of interest being carcinogenic is discussed in general at the beginning of this chapter.

Synthesis

The relatively large excess of pancreatic cancers among the female Vietnam veterans versus their non-deployed counterparts observed in Thomas et al. (1991) and Dalager et al. (1995) has continued to prevail and is now significant for all the female Vietnam veterans as well as for the nursing subset. The *Update 2006* committee also reported a higher incidence and mortality of pancreatic cancer in deployed Australian National Service veterans than in non-deployed veterans (ADVA, 2005c). No elevated risk has been reported to date among US male Vietnam

veterans, nor in agricultural cohorts or IARC follow-up studies. A limitation of all of the veteran studies has been the inability to control for the effect of smoking and a lack of supportive data from occupational or environmental studies. There is moderate biological plausibility to support the association that has been observed, particularly among females.

Conclusion

On the basis of its evaluation of the evidence reviewed here and in previous VAO reports, the committee concludes that there is inadequate or insufficient evidence to determine whether there is an association between exposure to the compounds of interest and pancreatic cancer.

LARYNGEAL CANCER

The ACS estimated that 9,680 men and 2,570 women would receive diagnoses of cancer of the larynx (ICD-9 161) in the United States in 2008 and 2,910 men and 760 women would die from it (Jemal et al., 2008a). Those numbers constitute a little more than 0.9% of new cancer diagnoses and 0.7% of deaths. The incidence of cancer of the larynx increases with age, and it is more common in men than in women, with a sex ratio in the United States of about 4:1 among persons 50–64 years old. The average annual incidence of laryngeal cancer is shown in Table 6-10.

TABLE 6-10 Average Annual Cancer Incidence (per 100,000) of Laryngeal Cancer in United States^{*a*}

	50–54 Years of Age			55–59 Years of Age			60–64 Years of Age			
	All Races	White	Black	All Races	White	Black	All Races	White	Black	
Males	9.4	9.0	18.3	14.6	13.7	29.7	21.8	21.3	39.9	
Females	2.2	2.1	3.7	3.2	3.1	7.1	4.7	4.8	7.5	

^{*a*} SEER (Surveillance, Epidemiology, and End Results program) nine standard registries, crude age-specific rates, 2000–2005.

Established risk factors for laryngeal cancer are tobacco and alcohol use, which are independent and act synergistically. Occupational exposures—long and intense exposures to wood dust, paint fumes, and some compounds used in the metalworking, petroleum, plastics, and textile industries—also could increase risk (ACS, 2004b). An IOM committee (2006) recently concluded that asbestos is a causal factor in laryngeal cancer (IOM, 2006), infection with human papilloma virus (HPV) might also raise the risk of laryngeal cancer (Hobbs and Burchall, 2004).

Conclusions from VAO and Updates

The committee responsible for VAO concluded that there was limited or suggestive evidence of an association between exposure to at least one of the compounds of interest and laryngeal cancer. Additional information available to the committees responsible for Update 1996, Update

1998, Update 2000, Update 2002, Update 2004, and Update 2006 did not change that conclusion. Table 6-11 summarizes the results of the relevant studies.

Reference	Reference Study Population ^{<i>a.b</i>}		Estimated Relative Risk (95% CI) ^c	
VIEINANI VEIERAN				
ADVA 2005	Australian Viatnam vatarana va Australian			
ADVA, 2005a	Australian vietnam veterans vs Australian	07	15(12,10)	
	Norm	97	1.3(1.2-1.6) 1.5(0.0, 2.1)	
	Navy Army	21 60	1.5(0.9-2.1) 1.6(1.2,1.0)	
	Aimy Air Force	09	1.0(1.2-1.9) 0.8(0.2, 1, 7)	
ADVA 2005h	All Folce	/	0.8 (0.3–1.7)	
ADVA, 20050	Australian vietnam veterans vs Australian	20	11(0715)	
	population—mortality	28	1.1(0.7-1.5) 1.1(0.4, 2, 4)	
	Navy	0	1.1(0.4-2.4) 1.1(0.7,1.7)	
	Aimy	19	1.1(0.7-1.7)	
ADVA 2005.	All Folce Australian man concernated Army National Service	5	0.9(0.2-2.3)	
ADVA, 2005C	Vietnem are veterane: depleved vie nen depleved			
	Incidence	o	0.7(0.2,1.6)	
	Incidence	8	0.7(0.2-1.6) 0.4(0.0, 2.4)	
Dealist at al 2004	Moltally CDC Victory Europianos Cohort	2	0.4(0.0-2.4)	
Studios Deviewed in U	CDC vietnam Experience Conort	0	0(.)	
AEUS 2000	Air Force Donch Hand voterong incidence			
Агп5, 2000	All Force Kanch Hand Veterans—Incidence	4	$0 \in (0, 2, 2, 4)$	
Studios Doutomodiu II	Oral cavity, pharynx, and larynx	4	0.0 (0.2–2.4)	
Studies Reviewed in Up	Australian militam Viaturn astanana	12	12(0722)	
CDVA, 1997a	Australian military vietnam veterans	12	1.5(0.7-2.2)	
<i>CDVA</i> , 19970	Australian national service vietnam veterans	0	0(0 - > 10)	
watanabe and Kang, 199	96 Army vietnam veterans compared with US men	50	1.5 *	
	Marine Vietnam veterans	4	0.7^{*}	
	Army vietnam veterans	50	1.4	
OCCUPATIONAL				
Studies Reviewed in Up	odate 2006			
McLean et al., 2006	IARC cohort of pulp and paper workers			
,	Exposure to nonvolatile organochlorine			
	compounds			
	Never	18	0.9(0.5-1.5)	
	Ever	20	1.2(0.8-1.9)	
't Mannetie et al., 2005	Phenoxy herbicide producers (men and women)	0	*	
.	Phenoxy herbicide sprayers (>99% men)	0	*	
Torchio et al., 1994	Italian farmers licensed to use pesticides	25	0.5 (0.3-0.7)	
Reif et al., 1989	New Zealand forestry workers—nested case-control	2	1.1(0.3-4.7)	
,	(incidence)			
Studies Reviewed in Up	odate 2004			
Swaen et al., 2004	Dutch licensed herbicide applicators	1	1.0 (0.0-5.1)	
Studies Reviewed in Up	odate 2002			
Thörn et al., 2000	Swedish lumberjacks exposed to phenoxyacetic			
	herbicides			
	Foremen—incidence	0	*	
Studies Reviewed in Up	pdate 1998			
Gambini et al., 1997	Italian rice growers	7	0.9 (0.4–1.9)	
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TABLE 6-11	Selected E	pidemiol	ogic	Studies-	-Laryngeal	Cancer
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Kogevinas et al., 1997IARC cohort (men and women)211.6 (1.0-2.5)Workers exposed to any phenoxy herbicide or ethorophenol211.6 (1.0-2.5)Workers exposed to TCDD (or higher-chlorinated dioxins)151.7 (1.0-2.8)Randow et al., 1996Dow pentachlorophenol production workers (Included in the IARC cohort and the NIOSH Dioxin Registry)22.9 (0.3-10.3)Orycer latency1-Studies Reviewed in Update 19961-Blair et al., 1993US farmers in 23 states White men1620.7 (0.6-0.8)White women0- (0.0-3.3)Studies Reviewed in V4072.1 (0.8-4.3)Enserviewed in V4022.0 (0.2-7.1)Stract et al., 1991NIOSH—entire cohort (Included in the IARC cohort)7Saracci et al., 1991IARC cohort—exposed subcohort(men and women) (Included in the IARC cohort)3.0 (0.0-16.8)Saracci et al., 1998Bort 24-D production workers (Included in the IARC cohort)3.0 (0.0-16.8)Row Studies Consonni et al., 2008Seveso residents—25-year follow-up—men and women [All respiratory cancers (ICD-9 160-165) excluding reported lung cancers (ICD-9 160-165) excluding reported lun	Reference	Study Population ^{<i>a,b</i>}	Exposed Cases ^c	Estimated Relative Risk (95% CI) ^c
Workers exposed to any phenoxy herbicide or chlorophenol211.6 (1.0–2.5)Workers exposed to TCDD (or higher-chlorinated dixins)151.7 (1.0–2.8)Workers not exposed to TCDD (or higher- chlorinated dixins)51.2 (0.4–2.9)Randow et al., 1996Dow pentachlorophenol production workers registry)22.9 (0.3–10.3)Orycar latency22.9 (0.4–10.3)I	Kogevinas et al., 1997	IARC cohort (men and women)	21	1.6 (1.0-2.5)
		Workers exposed to any phenoxy herbicide or		
Workers exposed to TCDD (or higher-chlorinated dioxins)151.7 (1.0–2.8)Workers not exposed to TCDD (or higher- obtained dioxins)51.2 (0.4–2.9)Ramlow et al., 1996Dow pentachlorophenol production workers22.9 (0.3–10.3)(Included in the IARC cohort and the NIOSH Dioxin Registry)0-year latency22.9 (0.4–10.3)1Studies Reviewed in Update 1996Blair et al., 1993US farmers in 23 statesWhite men1620.7 (0.6–0.8)White womenFingerhut et al., 1991NIOSH—entire cohort72.1 (0.8–4.3)21-year exposure, 220-year latency32.7 (0.6–7.8)Marz et al., 1991German production workers-men and women22.0 (0.2–7.1)(Included in the IARC cohort)3.0 (0.0–16.8)Jaracci et al., 1991IARC cohort cohort (men and women)81.5 (0.6–2.9)Bond et al., 1986Dow 2.4–D production workers (Included in the13.0 (0.0–16.8)IARC cohortCoggon et al., 1986Seveso residents—25-year follow-up—men and women [All respiratory cancers (ICD-9 160–165)excluding reported lung cancers (ICD-9 160–165)excluding reported lung cancers (ICD-9 162)]Zone R ≤ 8 *-Zone R ≤ 8 *-Studies Reviewed in Update 2000Men132.3 (1.2–3.8) <t< td=""><td></td><td>chlorophenol</td><td>21</td><td>1.6 (1.0-2.5)</td></t<>		chlorophenol	21	1.6 (1.0-2.5)
		Workers exposed to TCDD (or higher-chlorinated		
Workers not exposed to TCDD (or higher- chlorinated dioxins)51.2 (0.4–2.9)Ramlow et al., 1996Dow pentachlorophenol production workers22.9 (0.3–10.3)Registry)0-year latency22.9 (0.4–10.3)15-year latency1-Studies Reviewed in Update 1996-Blair et al., 1993US farmers in 23 statesWhite men1620.7 (0.6–0.8)White women0- (0.0–3.3)Studies Reviewed in V/O-Fingerhu et al., 1991NIOSH—entire cohort72.1 (0.8–4.3) \geq 1-year exposure, 220-year latency32.7 (0.6–7.8)White women22.0 (0.2–7.1)(Included in the IARC cohort)Marz et al., 1991IARC cohort-exposed subcohort-(men and women)81.5 (0.6–2.9)Bond et al., 1986Dav 2,4-D production workers (Included in the3.7 (0.6–2.9)Bond et al., 1986IARC cohort)Bond et al., 1986British MCPA production workers (Included in the13.7 (0.5–4.5)IARC cohort)-Consonni et al., 2008Seveso residents—25-year follow-up—men and women [All respiratory cancers (ICD-9 160-165) excluding reported lung cancers (ICD-9 160-165) excluding reported lung cancers (ICD-9 162)] Zone A0Vone B Zone SStudies Reviewed in Update 2000Bertazzi et al., 2001Residents of Chapaevsk, Russia women [All respiratory cancers (ICD-9 162)] Zone ACone A0*		dioxins)	15	1.7 (1.0-2.8)
chlorinated dioxins) 5 1.2 (0.4–2.9) Ramlow et al., 1996 Dov pentachlorophenol production workers 2 2.9 (0.3–10.3) (Included in the IARC cohort and the NIOSH Dioxin Registry) 0-year latency 2 2.9 (0.4–10.3) 15-year latency 2 2.9 (0.4–10.3) 15-year latency 1		Workers not exposed to TCDD (or higher-		
Ramlow et al., 1996Dow pentachlorophenol production workers22.9 (0.3–10.3) (Included in the IARC cohort and the NIOSH Dioxin Registry) 0-year latency22.9 (0.4–10.3) 1Studies Reviewed in Update 1996Blair et al., 1993US farmers in 23 statesWhite women0Or (0.6–0.8) White womenWhite womenCludes Reviewed in Update 1996Studies Reviewed in VAOFingerhut et al., 1991NIOSH—entire cohort72.1 (0.8–4.3) 2.1-year exposure, 220-year latency32.7 (0.6–7.8)Marz et al., 1991IARC cohort – seposet subcohort/(men and women)All to Cohort – exposed subcohort/(men and women)Studies Reviewed in LARC cohort and the NIOSH Dioxin Registry)Coggon et al., 1986Service to tal, production workers (Included in the IARC cohort)Studies Reviewed in Update 2002 Zone ACone ACone AZone RZa (0.1, 0.1, 0.0–0.6)Women [11Cone AZone RZa (1.2–3.8)Women [132.3 (1.2–3.8)Women [132.3 (1.2–3.8)Women [14]Service to al., 2001 <t< td=""><td></td><td>chlorinated dioxins)</td><td>5</td><td>1.2 (0.4–2.9)</td></t<>		chlorinated dioxins)	5	1.2 (0.4–2.9)
	Ramlow et al., 1996	Dow pentachlorophenol production workers	2	2.9 (0.3–10.3)
Registry) 0-year latency 15-year latency22.9 (0.4-10.3) 1Studies Reviewed in Update 1996 I $-$ Blair et al., 1993US farmers in 23 states White men I $-$ Studies Reviewed in VAO 0 $-$ (0.0-3.3)Studies Reviewed in VAO 0 $-$ (0.0-7.3)Studies Reviewed in VAO 0 $-$ (0.0-7.3)Studies Reviewed in VAO 0 $-$ (0.0-7.3)Studies Reviewed in VAO 0 $-$ (0.0-7.8)Marz et al., 1991Cerman production workers—men and women 2 2.1 -year exposure, 220-year latency 3 2.7 (0.6-7.8)Marz et al., 1991German production workers (Included in the (Included in the 1ARC cohort) 3.0 (0.0-7.8)Saracci et al., 1991IARC cohort expressed subcohort/(men and women) 8 1.5 (0.6-2.9)Bond et al., 1988Dow 2,4-D production workers (Included in the IARC cohort) 3.0 (0.0-16.8)Coggon et al., 1986British MCPA production workers (Included in the IARC cohort) 3.0 (0.0-16.8)ENVIRONMENTAL New Studies V V Consonni et al., 2008Seveso residents—25-year follow-up—men and women [III respiratory cancers (ICD-9 162)] Zone R 0 $*$ Revich et al., 2001Residents of Chapevsk, Russia V V Revich et al., 2001Seveso residents—20-year follow-up—men and women 1 0.1 (0.0-0.6)Studies Reviewed in Update 2009 V V V Bertazzi et al., 2001Seveso residents—20-year follow-up [AII respiratory		(Included in the IARC cohort and the NIOSH Dioxir	1	
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15-year latency1Studies Reviewed in Update 1996Blair et al., 1993US farmers in 23 statesWhite men162 $0.7 (0.6-0.8)$ White women0 $-(0.0-3.3)$ Studies Reviewed in VAOFingerhut et al., 1991NIOSH—entire cohort72.1 (0.8-4.3)Zh-year exposure, 220-year latency32.7 (0.6-7.8)Manz et al., 1991German production workers—men and women22.0 (0.2-7.1) <i>(Included in the LARC cohort)</i> 31.5 (0.6-2.9)Bond et al., 1988Dow 2,4-D production workers (Included in the13.0 (0.0-16.8) <i>LARC cohort</i> IARC cohort and the NIOSH Dioxin Registry)01.7 (0.5-4.5) <i>Coggon et al., 1986</i> British MCPA production workers (Included in the11.7 (0.5-4.5)LARC cohort)IARC cohort)41.7 (0.5-4.5)ENVIRONMENTALNew StudiesConsonni et al., 2008Seveso residents—25-year follow-up—men and women [All respiratory cancers (ICD-9 162)] Zone A0*Zone R ≤ 8 *249*Studies Reviewed in Update 2000Revich et al., 2001Residents of Chapaevsk, RussiaMen132.3 (1.2-3.8) Women1Bertazzi et al., 2001*Seveso residents—20-year follow-up—men and women [All respiratory cancers (ICD-9 162)] Zone B0*Zone R0*Bond A0*Zon		0-year latency	2	2.9 (0.4–10.3)
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	Manz et al., 1991	German production workers-men and women	2	2.0 (0.2–7.1)
Saracci et al., 1991IARC cohort—exposed subcohort-(men and women)81.5 (0.6–2.9)Bond et al., 1988Dow 2,4-D production workers (Included in the IARC cohort and the NIOSH Dioxin Registry)3.0 (0.0–16.8)Coggon et al., 1986British MCPA production workers (Included in the IARC cohort)13.0 (0.0–16.8)ENVIRONMENTALNew StudiesConsonni et al., 2008Seveso residents—25-year follow-up—men and women [All respiratory cancers (ICD-9 160–165) excluding reported lung cancers (ICD-9 160–165) excluding reported lung cancers (ICD-9 162)] Zone A Zone B Zone R0*Studies Reviewed in Update 2002Revich et al., 2001Residents of Chapaevsk, Russia Men132.3 (1.2–3.8) WomenWomen [All respiratory cancers (ICD-9 160–165) excluding reported lung cancers (ICD-9 160–165) Zone B8*Bertazzi et al., 1998°Seveso residents—15-year follow-		(Included in the IARC cohort)		
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LARC cohort and the NIOSH Dioxin Registry)Coggon et al., 1986British MCPA production workers (Included in the IARC cohort)41.7 (0.5–4.5)ENVIRONMENTAL New StudiesConsonni et al., 2008Seveso residents—25-year follow-up—men and women [All respiratory cancers (ICD-9 160–165) excluding reported lung cancers (ICD-9 162)] Zone A0*Zone B ≤ 8 *Zone R ≤ 49 *Studies Reviewed in Update 2002Revich et al., 2001Residents of Chapaevsk, Russia Men132.3 (1.2–3.8) Women10.1 (0.0–0.6)Studies Reviewed in Update 2000Bertazzi et al., 2001 ^e Seveso residents—20-year follow-up—men and women [All respiratory cancers (ICD-9 160–165) excluding reported lung cancers (ICD-9 160–165) excluding reported lung cancers (ICD-9 160–165) excluding reported lung cancers (ICD-9 160–165) excluding reported lung cancers (ICD-9 160–165) excluding reported lung cancers (ICD-9 160–165) excluding reported lung cancers (ICD-9 160–165) excluding reported lung cancers (ICD-9 160–165) excluding reported lung cancers (ICD-9 160–165) excluding reported lung cancers (ICD-9 160–165) excluding reported lung cancers (ICD-9 160–165) excluding reported lung canc	Bond et al., 1988	Dow 2,4-D production workers (Included in the	1	3.0 (0.0–16.8)
Coggon et al., 1986British MCPA production workers (Included in the IARC cohort)41.7 (0.5–4.5)ENVIRONMENTAL New StudiesConsonni et al., 2008Seveso residents—25-year follow-up—men and women [All respiratory cancers (ICD-9 160–165) excluding reported lung cancers (ICD-9 162)] Zone A0*Zone B ≤ 8 *Zone R ≤ 49 *Studies Reviewed in Update 2002 Revich et al., 2001Residents of Chapaevsk, Russia Women10.1 (0.0–0.6)Studies Reviewed in Update 2000 Bertazzi et al., 2001 ^e Seveso residents—20-year follow-up—men and women [All respiratory cancers (ICD-9 160–165) excluding reported lung cancers (ICD-9 160–165) excluding reported lung cancers (ICD-9 160–165) 		IARC cohort and the NIOSH Dioxin Registry)		
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Zone B—men 6 * women 0 * Zone R—males 32 * women 6 *		cancers (ICD-9 162)]		
Zone BInch0women0*Zone R32*women6*		Zone B—men	6	*
Zone R—males 32 *		women	0	*
women 6 *		Zone R—males	32	*
		women	6	*

^{*a*} Table shows mortality unless otherwise noted.

^b Cohorts are male unless otherwise noted.

^{*c*} Given when available.

^{*d*} Statistically significant with the 95% CI not including 1.0.

^e Report did not separate laryngeal from lung and other respiratory cancers.

^fIncidence rates provided in absence of information on exposed cases or estimated relative risk for morbidity.

* Information not provided by study authors.

Studies in italics have been superseded by newer studies of the same cohorts.

ABBREVIATIONS: 2,4-D, 2,4-dichlorophenoxyacetic acid; ADVA, Australian Department of Veteran Affairs; AFHS, Air Force Health Study; CDVA, Commonwealth Department of Veterans' Affairs; CI, confidence interval; IARC, International Agency for Research on Cancer; MCPA, methyl-4-chlorophenoxyacetic acid; NIOSH, National Institute for Occupational Safety and Health; TCDD, 2,3,7,8-tetrachlorodibenzo-*p*-dioxin.

Update of the Epidemiologic Literature

<u>No new Vietnam-veteran or occupational studies addressing laryngeal cancer have been</u> published since *Update 2006*.

Environmental Studies

Investigators in Italy completed a 25-year mortality follow-up of individuals exposed to the industrial accident in Seveso (Consonni et al., 2008). Mortality for respiratory cancer (ICD 160–165) was compared for residents in three exposure zones—very high (Zone A), high (Zone B) and low (Zone R) to an unexposed reference population. Laryngeal cancer mortality was not evaluated independently; however, excluding lung cancer cases (ICD-162) from all respiratory cancer cases results in a maximum of 0, 8, and 49 cases in Zones A, B, and R, respectively, that could possibly be attributed to laryngeal cancer. There was no evidence for elevated mortality in any of the exposure groups.

Biologic Plausibility

Long term animal studies have examined the impact of exposure to the compounds of interest on tumor incidences (Charles et al., 1996; Stott et al., 1990; Walker et al., 2006; Wanibuchi et al., 2004). No increase in the incidence of laryngeal cancer in laboratory animals has been reported following the administration of any of the compounds of interest have been reported.

The biologic plausibility of the chemicals of interest being carcinogenic is discussed in general at the beginning of this chapter.

Synthesis

The present committee, as part of its reassessment of all health outcomes, had concerns that the conclusion of limited/suggestive evidence for classifying the associations for laryngeal cancer did not meet the current criterion. The original VAO committee had a limited number of studies to draw upon (see VAO Table 8-10, reproduced here). They stated that "...positive

associations were found consistently only in those studies in which TCDD or herbicide exposures were probably high and prolonged, especially the largest, most heavily exposed cohorts of chemical production workers exposed to TCDD (Fingerhut et al., 1991; Manz et al., 1991; Saracci et al., 1991; Zober et al., 1990) and herbicide applicators (Axelson and Sundell, 1974; Blair et al., 1983; Green, 1991; Riihimaki et al., 1982)." Moreover, the committee conducted a pooled analysis of the data in this table and stated that "Although the numbers are too small to draw strong conclusions, the consistency of a mild elevation in relative risk is suggestive of an association for laryngeal cancer. Pooling all but the Coggon data (Coggon et al., 1986, 1991) yields an OR of 1.8 (95% CI 1.0–3.2)."

Since then, a combined analysis of many of these separate cohorts has been conducted (the IARC study, Kogenvinas et al., 1997) and this has shown significant effects among workers exposed to any phenoxy herbicide or chlorophenols (RR = 1.6, 95% CI 1.0–2.5; 21 deaths), especially among workers exposed to TCDD (or higher-chlorinated dioxins) (RR = 1.7, 95% CI 1.0–2.8; 15 deaths). These relative risks are remarkably close to the pooled estimate computed by the VAO. The IARC cohort is a high quality study using an excellent methodology for assessing exposure and is unlikely to be affected by confounding because the distribution of smoking in working cohorts is not likely to differ by exposure (Siemiatycki et al., 1988). Another cohort of pulp and paper workers also showed an elevated risk (RR = 1.2, 95% CI 0.8–1.9; 20 deaths; McLean et al., 2006).

With regards to veterans' studies, a positive association was found in the study of veterans in Australia compared mortality to the general population (ADVA, 2005a) but not in the study comparing Australian veterans of the Vietnam conflict to non-deployed soldiers (ADVA, 2005c). On the other hand, Watanabe and Kang (1996) showed a significant 40% excess of mortality in Army personnel deployed to the Vietnam theatre. The Ranch Hand study is not sufficiently large enough to have sufficient power to detect an association, should it exist.

An environmental study (Revich et al., 2001) among residents of Chapaevsk, Russia, that was heavily contaminated by many industrial pollutants, including dioxin, showed an association among men (RR = 2.3, 95% CI 1.2–3.8).

Conclusion

On the basis of its evaluation of the evidence reviewed here and in previous VAO reports, the committee concludes that there is limited or suggestive evidence of an association between exposure to at least one compound of interest and laryngeal cancer.

LUNG CANCER

Lung cancer (carcinomas of the lung and bronchus, ICD-9 162.2–162.9) is the leading cause of cancer death in the United States. The ACS estimated that 114,690 men and 100,330 women would receive diagnoses of lung cancer in the United States in 2008 and about 90,810 men and 71,030 women would die from it (Jemal et al., 2008a). Those numbers represent roughly 15% of new cancer diagnoses and 29% of cancer deaths in 2008. The principal types of lung neoplasms are identified collectively as bronchogenic carcinoma (the bronchi are the two main branches of the trachea) and carcinoma of the lung. The trachea (ICD-9 162.0) is grouped frequently with the

lung and bronchus under ICD-9 162. The lung is also a common site of the development of metastatic tumors.

In men and women, the incidence of lung cancer increases greatly beginning at about the age of 40 years. The incidence in people 50–54 years old is double that in people 45–49 years old, and it doubles again in those 55–59 years old. The incidence is consistently higher in black men than in women or white men. The average annual incidence of lung cancer in the United States is shown in Table 6-12.

ACS estimates that 85–90% of lung cancer deaths are attributable to cigarette smoking (Jemal et al., 2008b). Smoking increases the risk of all histologic types of lung cancer, although the associations with squamous-cell and small-cell carcinomas are strongest. Other risk factors include exposure to asbestos, uranium, vinyl chloride, nickel chromates, coal products, mustard gas, chloromethyl ethers, gasoline, diesel exhaust, and inorganic arsenic (this does not imply that cacodylic acid, which is a metabolite of inorganic arsenic, can also be assumed to be a risk factor). Important environmental risk factors include exposure to tobacco smoke and radon (ACS, 2004c).

TABLE 6-12 Average Annual Incidence (per 100,000) of Lung and Bronchial Cancer in United States^{*a*}

	50–54 Years of Age			55–59 Years of Age			60–64 Years of Age			
	All Races	White	Black	All Rad	es White	Black	All Race	es White	Black	
Males	56.7	52.8	110.5	11:	.7 107.0	222.4	213.	7 208.5	333.4	
Females	45.2	44.6	66.8	89	.7 90.8	116.5	154.	5 162.5	172.0	
a = = =				· - ·						

^{*a*} SEER (Surveillance, Epidemiology, and End Results program) nine standard registries, crude age-specific rates, 2000–2005).

Conclusions from VAO and Updates

The committee responsible for *VAO* concluded that there was limited or suggestive evidence of an association between exposure to at least one compound of interest and lung cancer. Additional information available to the committees responsible for *Update 1996*, *Update 1998*, *Update 2000*, *Update 2002*, *Update 2004*, and *Update 2006* did not change that conclusion. Table 6-13 summarizes the results of the relevant studies.

TABLE 6-13	Selected E	pidemiologic	Studies-Lung	and Bronchus Cancer
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Reference	Study Population ^{<i>a,b</i>}	Exposed Cases ^c	Estimated Relative Risk (95% CI) ^c
Χ/ΓΕ/ΈΝΙ Α Ν <i>Ι</i> Ι Χ/Γ/ΓΕΊΡΙΑ Ν	JO		
VIETNAM VETEKAN	0		
New Studies	US Vietnem veterang woman (lung)	50	10(0714)
Cyper and Kang, 2008	Vietnem veteren nurses	30	1.0(0.7-1.4)
Studios Doviewed in U	vietnam veteran nurses	55	0.8 (0.3–1.2)
ADVA 2005	Australian male Vietnem veterang va Australian		
ADVA, 2005a	Australian male vietnam veterans vs Australian	576	1.2(1.1,1.2)
	Drench of Somioo	570	1.2(1.1-1.5)
	Branch of Service	1 / 1	1 4 (1 2 1 7)
	INAVY	141	1.4(1.2-1.7)
	Army	372	1.2(1.1-1.3)
	Air Force	63	1.0 (0.7–1.2)
	Histologic type—all service branches combined	100	
	Adenocarcinoma	188	1.5 (1.2–1.7)
	Squamous	152	1.2 (1.0–1.4)
	Small-cell	87	1.2 (0.97–1.5)
	Large-cell	79	1.1 (0.8–1.3)
	Other	70	1.1 (0.8–1.3)
ADVA, 2005b	Australian male Vietnam veterans vs Australian	544	1.2 (1.1–1.3)
	population–Mortality		
	Branch of Service		
	Navy	135	1.4 (1.2–1.6)
	Army	339	1.1 (1.0–1.3)
	Air Force	71	1.1 (0.9–1.4)
ADVA, 2005c	Australian male conscripted Army National Service		
	Vietnam era veterans: deployed vs non-deployed		
	Incidence (1982–2000)	78	1.2 (1.0–1.5)
	Histologic type		
	Adenocarcinoma	27	1.4 (0.8–1.9)
	Squamous	19	1.5 (0.9–2.3)
	Small-cell	14	1.4 (0.8–2.4)
	Large-cell	8	0.7(0.3-1.3)
	Other	10	1.2 (.06–2.2)
	Mortality (1966–2001)	67	1.8 (1.2-2.7)
Pavuk et al., 2005	White Air Force comparison subjects only		
1 uvuk et ul., 2005	(respiratory system)—incidence		
	Serum TCDD levels (pg/g) , based on model with		
	exposure variable $\log_{2}(\text{TCDD})^{f}$		
	Per unit increase of $-\log_{0}(TCDD)$ in ng/g	36	1.7 (0.9-3.2)
	Ouartiles (pg/g)	2.5	
	04-26	6	1.0
	2 6-3 8	8	11(03-34)
		0	

Reference	Study Population ^{<i>a,b</i>}	Exposed	Estimated Relative
		Cases ^c	Risk $(95\% \text{ CI})^c$
	3.8–5.2	9	1.2 (0.4–3.5)
	>5.2	13	1.9 (0.7–5.5)
	Number of years served in southeast Asia (SEA)		
	Per year of service	36	1.1 (0.9–1.2)
	Quartiles (years in SEA)		
	0.8–1.3	8	1.0
	1.3–2.1	4	0.5 (0.2–1.8)
	2.1–3.7	11	0.7 (0.3-2.0)
	3.7–16.4	13	0.7 (0.3-2.0)
Boehmer et al., 2004	Follow-up of CDC Vietnam Experience Cohort		· · ·
	(trachea, bronchus, lung)	41	1.0 (0.6–1.5)
	Low pay grade at time of discharge	*	1.6 (0.9–3.0)
Studies Reviewed in Upd	late 2004		
Akhtar et al., 2004	White AFHS subjects vs national rates (respiratory		
,	system)		
	Ranch Hand veterans		
	Mortality—All	21	0.9 (0.6–1.3)
	Incidence—All	33	1.1 (0.8–1.6)
	With tours between 1966–1970	26	1.1 (0.7–1.6)
	Comparison veterans		· · · ·
	Mortality—All	38	1.1 (0.8–1.5)
	Incidence—All	48	1.2 (0.9–1.6)
	With tours between 1966–1970	37	1.2 (0.9–1.6)
Studies Reviewed in Upd	late 2000		· · · ·
AFHS, 2000	Air Force Ranch Hand veterans—incidence (lung	10	3.7(0.8–17.1)
,	and bronchus)		
AIHW, 1999	Australian Vietnam veterans—Validation study	46^{d}	65 expected (49–81)
,	(lung) (incidence)		1
CDVA, 1998a	Australian Vietnam veterans—incidence (lung)	120	65 expected (49-89)
Studies Reviewed in Upd	late 1998		1
CDVA, 1997a	Australian Vietnam veterans-mortality		
	Lung (ICD-9 162)	212	1.3 (1.1–1.4)
	Respiratory systems (ICD-9) 163–165)	13	1.8 (1.0-3.0)
CDVA, 1997b	Australian National Service Vietnam veterans-	27	2.2(1.1-4.3)
	mortality (lung)		
Dalager and Kang, 1997	Army Chemical Corps veterans—mortality		
	(respiratory system)	11	1.4 (0.4–5.4)
Mahan et al., 1997	Case-control of Vietnam-era Vietnam veterans-		
<i>,</i>	incidence (lung)	134	1.4 (1.0–1.9)
Watanabe and Kang, 199	6 US Army and Marine Corps Vietnam veterans—		· · · ·
	mortality (lung)		
	Army Vietnam service	1,139	1.1 * (p < 0.05)
	Non-Vietnam	1,141	1.1 * (p < 0.05)
	Marine Vietnam service	215	1.2 (1.0–1.3)
	Non-Vietnam	77	0.9 *
Watanabe and Kang, 1995 Marine Vietnam service vs non-Vietnam (lung)		42	1.3 (0.8–2.1)

OCCUPATIONAL	
New Studies	

Hansen et al., 2007 Danish gardeners—incidence (nasal, laryngeal, lung, bronchus, ICD-7 160–165)

Reference	Study Population ^{<i>a,b</i>}	Exposed Cases ^c	Estimated Relative Risk (95% CI) ^c
	10-yr follow-up (1975-1984) reported in Hansen et	t	
	al. (1992)	41	1.0 (0.7–1.3)
	25-yr follow-up (1975–2001)		
	Born before 1915 (high exposure)	34	0.9 (0.6–1.3)
	Born 1915–1934 (medium exposure)	72	1.0 (0.8–1.2)
	Born after 1934 (low exposure)	8	0.8 (0.4–1.7)
Samanic et al., 2006	Pesticide applicators in AHS - lung cancer incidence		
	from enrollment through 2002		
	Dicamba – lifetime days exposure		
	None	95	1.0
	1-<20	14	0.8 (0.5–1.5)
	20-<56	11	0.6 (0.3–1.3)
	56-<116	12	1.0 (0.5–1.9)
	≥116	15	1.5 (0.8-2.7)
		F	o for linear trend = 0.13
Studies Reviewed in Up	date 2006		
McLean et al., 2006	IARC cohort of pulp and paper workers—exposure		
	to nonvolatile organochlorine compounds		
	Lung (ICD-9 162)		
	Never	356	1.0 (0.9–1.1)
	Ever	314	1.0 (0.9–1.2)
	Pleura (ICD-9 163)		
	Never	17	2.8 (1.6-4.5)
	Ever	4	0.8 (0.2-2.0)
	Other Respiratory (ICD-9 164–165)		
	Never	8	2.1 (0.9-4.2)
	Ever	2	0.7 (0.1–2.4)
Alavanja et al., 2005	US Agriculture Health Study—incidence		
•	Private applicators (men and women)		
	Lung	266	0.5 (0.4–0.5)
	Respiratory system	294	0.5 (0.4–0.5)
	Spouses of private applicators (>99%women)		
	Lung	68	0.4 (0.3–0.5)
	Respiratory system	71	0.4 (0.3–0.5)
	Commercial applicators (men and women)		
	Lung	12	0.6 (0.3–1.0)
	Respiratory system	14	0.6 (0.3–1.0)
Blair et al., 2005a	US Agriculture Health Study—mortality (lung)		× /
	Private applicators (men and women)	129	0.4 (0.3–0.4)
	Years handled pesticides		× /
	<10 years	25	0.4 * (p < 0.05)
	>10 years	80	0.3 * (p < 0.05)
	Spouses of private applicators (>99%women)	29	0.3(0.2-0.5)
't Mannetje et al., 2005	New Zealand phenoxy herbicide workers—mortality Producers (men and women)		× ,
	Trachea, bronchus, lung (ICD-9 162)	12	1.4 (0.7–2.4)
	165)	1	3.9 (0.1–21.5)
	Sprayers (>99% men)	-	0.5(0.2, 1, 1)
	Trachea, bronchus, lung (ICD-9-162)	5	0.5 (0.2–1.1)
	Other respiratory system sites (ICD-9 163–	1	25(01127)
Tarahia at al 1004	100) Italian liamand nastiaida suresta liter	1	2.3 (0.1–13./)
1 orcnio et al., 1994	nanan neensea pesticide users—mortality		

Reference	Study Population ^{<i>a,b</i>}	Exposed Cases ^c	Estimated Relative Risk (95% CI) ^c
	Lung	155	0 5(0 4-0 5)
Reif et al., 1989	New Zealand forestry workers—incidence (neste case–control)	d	
	Lung	30	1.3 (0.8–1.9)
Studies Reviewed in Up	odate 2004		
Bodner et al., 2003	Dow chemical production workers-mortality		
	(Included in the IARC cohort and the NIOSH Dioxir	ı	
	Registry)		
	Lung	54	0.8 (0.6–1.1)
Swaen et al., 2004	Dutch licensed herbicide applicators—mortality		
	(trachea and lung)	27	0.7 (0.5–1.0)
Studies Reviewed in Up	odate 2002		
Burns et al., 2001	Dow 2,4–D production workers-mortality (Include	d	
	in the IARC cohort and the NIOSH Dioxin Registry))	
	Respiratory system (ICD-8 160–163)	31	0.9 (0.6–1.3)
Thörn et al., 2000	Swedish lumberjacks exposed to phenoxy herbicides	1	
	Foremen—incidence (bronchus and lung)	1	4.2 (0.0–23.2)
Studies Reviewed in Up	odate 2000		
Steenland et al., 1999	US chemical production workers—mortality		
	(Included in the IARC cohort and the NIOSH Dioxir	1	
	Registry)		
	Lung	125	1.1 (0.9–1.3)
Studies Reviewed in Up	odate 1998		
Gambini et al., 1997	Italian rice growers—mortality		
	Lung	45	0.8 (0.6–1.1)
	Pleura	2	2.2 (0.2–7.9)
Kogevinas et al., 1997	IARC cohort—mortality (men and women)		
	Workers exposed to any phenoxy herbicide or		
	chlorophenol		
	Lung (ICD-9 162)	380	1.1 (1.0–1.2)
	Other respiratory organs (ICD-9 163–165)	12	2.3 (1.2–3.9)
	Workers exposed to TCDD (or higher-chlorinated		
	dioxins)		/
	Lung (ICD-9 162)	225	1.1(1.0-1.3)
	Other respiratory organs (ICD-9 163–165)	9	3.2 (1.5-6.1)
	Workers not exposed to TCDD (or higher-		
	chlorinated dioxins)	1.40	10(0010)
	Lung (ICD-9 162)	148	1.0 (0.9–1.2)
D. 1	Other respiratory organs (ICD-9 163–165)	3	1.2 (0.3–3.6)
Becher et al., 1990	German production workers—mortality (included in		
	the IARC conort)	47	1.4.(1.1.1.0)
Ott and Zahan 1006		47	1.4 (1.1–1.9)
Ou and Zober, 1990	BASF employees—incidence	12	12(06.20)
	TCDD 0.1. 0.00 ug/kg of body weight	13	1.2(0.0-2.0) 0.7(0.1, 2.5)
	TCDD 0.1-0.33 μ g/kg of body weight	2	0.7(0.1-2.3) 20(0020)
	I ung or bronchus	11	2.0(0.9-3.9) 1.1(0.6-2.0)
	TCDD 0.1_0.00 µg/kg of body weight	2	0.8 (0.1 - 2.8)
	TCDD >1 ug/kg of body weight	2 8	22(10-43)
Ramlow et al 1006	Dow pentachlorophenol production workers	0	2.2 (1.0 T.J)
	mortality (Included in the IARC cohort and the		
	NIOSH Dioxin Registry)		
	0-year latency		

Reference	Study Population ^{<i>a,b</i>}	Exposed Cases ^c	Estimated Relative Risk (95% CI) ^c
	Respiratory system (ICD-8 160–163)	18	1.0 (0.6–1.5)
	Lung (ICD-8 162)	16	0.9 (0.5–1.5)
	15-year latency		
	Respiratory system (ICD-8 160–163)	17	1.1 (0.6–1.8)
	Lung (ICD-8 162)	16	1.1 (0.6–1.8)
Studies Reviewed in Up	date 1996		()
Asp et al., 1994	Finnish herbicide applicators, 1972–1989		
1 ,	Incidence		
	Trachea, bronchus, lung (ICD-8 162)	39	0.9(0.7-1.3)
	Other respiratory (ICD-8 160, 161, 163)	4	1.1(0.7-1.3)
	Mortality		. ()
	Trachea, bronchus, lung (ICD-8 162)	37	1.0(0.7-1.4)
	Other respiratory (ICD-8 160, 161, 163)	1	0.5(0.0-2.9)
Blair et al 1993	US farmers from 23 states (lung) (mortality)	-	0.0 (0.0 2.3)
Bluit et ui., 1995	White men	6 473	0.9(0.9-0.9)
	White women	57	0.8(0.6-1.1)
Rloemen et al 1993	Dow 2 4-D production workers (Included in the	57	0.0 (0.0 1.1)
Dioemen ei ui., 1995	IARC cohort and the NIOSH Dioxin Registry)		
	Respiratory system (ICD-8 162–163)	9	0.8(0.4-1.5)
Kogevinas et al. 1003	IABC cohort women (lung)_incidence	2	1.4 (0.2 - 4.9)
I_{VMGe} 1003	Danish production workers incidence (Included in	2	1.+ (0.2-4.7)
Lynge, 1995	the LARC cohort)		
		12	16(00.28)
Studios Doviowed in 1/4		15	1.0 (0.9–2.8)
Duono do Mosquite et el	Dutch phonoxy harbigida workers mortality		
1002	(Included in the IAPC achort)		
1995	(Included in the IARC conoit)	0	0.9(0.4, 1.5)
	Pagningtony austam (ICD 8 160, 162)	9	0.8(0.4-1.3) 1.7(0.5,6.2)
Summer of al 1002	Dutch hardinida annliantary mantality	9	1.7 (0.5-0.5)
<i>Swaen et al.</i> , 1992	Treakes and lung	10	$11(0 \in 10)$
Company at al. 1001	Duitich a har ann harbieide marthara an artalite.	12	1.1 (0.0–1.9)
Coggon et al., 1991	(Included in the LADC achort)		
		10	12(0921)
	Lung Warlang with ann aguna ah ana haalagnaan d lanala	19	1.3(0.8-2.1) 1.2(0.7, 2.1)
Γ_{in} = subset at al. 1001	Workers with exposure above background levels	14	1.2(0.7-2.1)
Fingernut et al., 1991	NIOSH workers exposed to TCDD—mortality		
	Entire conort	00	11(0014)
	Irachea, bronchus, and lung (ICD-9 162)	89	1.1(0.9-1.4)
	Respiratory system (ICD-9 160–165)	96	1.1 (0.9–1.4)
	\geq 1-year exposure; \geq 20-year latency	10	1 (1 0 1 0)
	Irachea, bronchus, and lung (ICD-9 162)	40	1.4(1.0-1.9)
C 1001	Respiratory system (ICD-9 160–165)	43	1.4 (1.0–1.9)
Green, 1991	Herbicide sprayers in Ontario—mortality (lung)	5	*
Manz et al., 1991	German production workers—mortality (Included in		
	the IARC cohort)	•	
a	Lung	26	1.7 (1.1–2.4)
Saracci et al., 1991	IARC cohort, men and women—mortality	. = 0	
	Trachea, bronchus, lung	173	1.0 (0.9–1.2)
McDuffie et al., 1990	Saskatchewan farmers applying herbicides—		
	incidence		
	Lung	103	0.6 (* NS)
Zober et al., 1990	BASF employees—incidence		
	Trachea, bronchus, lung	4	2.0 (0.7–4.6)
Bender et al., 1989	Herbicide sprayers in Minnesota—mortality		

Reference	Study Population <i>a,b</i>	Exposed Cases ^c	Estimated Relative Risk (95% CI) ^c
	Trachea, bronchus, lung (ICD-9 162.0–162.8)	54	0.7 (0.5–0.9)
	All respiratory (ICD-9 160.0–165.9)	57	0.7 (0.5–0.9)
Wiklund et al., 1989a	Swedish pesticide applicators—incidence		
	Trachea, bronchus, lung	38	0.5 (0.4–0.7)
Bond et al., 1988	Dow 2,4-D production workers-mortality (Included	l	
	in the IARC cohort and the NIOSH Dioxin Registry)		
	Lung (ICD-8 162–163)	8	1.0 (0.5–2.0)
	Respiratory (ICD-8 160–163) (exposure lagged 15 years)		
	Low cumulative exposure	1	0.7 (* NS)
	Medium cumulative exposure	2	1.0 (* NS)
	High cumulative exposure	5	1.7 (* NS)
Coggon et al., 1986	British MCPA production workers—mortality		
	(Included in the IARC cohort)		
	Lung, pleura, and mediastinum (ICD-8 162–164)) 117	1.2 (1.0–1.4)
	Background exposure	39	1.0 (0.7–1.4)
	Low-grade exposure	35	1.1 (0.8–1.6)
	High-grade exposure	43	1.3 (1.0–1.8)
Lynge, 1985	Danish production workers—incidence (Included in		
	the IARC cohort)		
	Lung		
	Men	38	1.2 *
	Women	6	2.2 *
Blair et al., 1983	Licensed pesticide applicators in Florida, lawn and		
	ornamental pest category only-mortality		
	Lung (ICD-8 162–163)	7	0.9 *
Axelson et al., 1980	Swedish herbicide sprayers-mortality (lung)	3	1.4 *
ENVIRONMENTAL New Studies			
Consonni et al., 2008	Seveso residents—25-year follow-up—men and		
	women (lung ICD-9 162)		
	Zone A	11	1.1 (0.6–2.0)
	Zone B	62	1.1 (0.9–1.4)
	Zone R	383	1.0 (0.8–1.1)
Studies Reviewed in Up	<i>pdate 2004</i>		
Fukuda et al., 2003	Residents of municipalities in Japan with vs without waste incineration plants (lung)		
	Age-adjusted mortality (100,000), men		$39.0 \pm 6.7 \text{ vs}$
			$41.6 \pm 9.1 \ (p = 0.001)$
	Age-adjusted mortality (100,000), women		$13.7 \pm 3.8 \text{ vs}$
a. 11 B. 1. 11 F.			$14.3 \pm 4.6 \ (p = 0.11)$
Studies Reviewed in Up	pdate 2002		
Revich et al., 2001	Residents of Chapaevsk, Russia (lung)	1.00	
	Men	168	3.1 (2.6–3.5)
	Women	40	0.4 (0.3–0.6)
Studies Reviewed in Up	pdate 2000		
Bertazzi et al., 2001	Seveso residents—20-year follow-up—incidence (lung)		
	Zones A, B—men	57	1.3 (1.0–1.7)
	women	4	0.6 (0.2–1.7)
Bertazzi et al., 1998	Seveso residents—15-year follow-up—incidence (lung)		
Reference	Study Population ^{<i>a,b</i>}	Exposed	Estimated Relative
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		Cases ^c	Risk (95% CI) ^c
	Zone A—men	4	1.0 (0.4–2.6)
	women	0	*
	Zone B—men	34	1.2 (0.9–1.7)
	women	2	0.6 (0.1-2.3)
	Zone R—men	176	0.9 (0.8–1.1)
	women	29	1.0 (0.7–1.6)
Studies Reviewed in U	pdate 1998		
Bertazzi et al., 1997	Seveso residents—15-year follow-up—incidence		
	(lung)		
	Zone A—men	4	1.0 (0.3-2.5)
	Zone B—men	34	1.2 (0.9–1.7)
	women	2	0.6 (0.1–2.1)
	Zone R—men	176	0.9 (0.8–1.0)
	women	29	1.0 (0.7–1.5)
Svensson et al., 1995	Swedish fishermen		
	East coast (lung and larynx)	16	0.8 (0.5–1.3)
	West coast (lung and larynx)	77	0.9 (0.7–1.1)
Studies Reviewed in V	A0		
Bertazzi et al., 1993	Seveso residents—10-year follow-up—incidence		
	(trachea, bronchus, lung)		
	Zone A—men	2	0.8 (0.2–3.4)
	Zone B—men	18	1.1 (0.7–1.8)
	Zone R—men	96	0.8 (0.7–1.0)
	women	16	1.5 (0.8–2.5)

^{*a*} Table shows mortality unless otherwise noted.

^b Cohorts are male unless otherwise noted.

^c Given when available.

^d Self-reported medical history. Answer to question: "Since your first day of service in Vietnam, have you been told by a doctor that you have lung cancer?"

^eIncidence rates provided in absence of information on exposed cases or estimated relative risk for morbidity.

^{*f*} The original paper implied that the exposure metric for TCDD was based on actual measured serum levels of TCDD. Subsequent correspondence between the Committee and the investigators indicated that the metric was actually transformed using the natural logarithm of TCDD.

* Information not provided by study authors.

Studies in italics have been superseded by newer studies of the same cohorts.

ABBREVIATIONS: 2,4-D, 2,4-dichlorophenoxyacetic acid; ADVA, Australian Department of Veteran Affairs; AFHS, Air Force Health Study; AIHW, Australian Institute of Health and Welfare; CDVA, Commonwealth Department of Veterans' Affairs; CI, confidence interval; MCPA, methyl-4-chlorophenoxyacetic acid; NS, not significant; PCDD, polychlorinated dibenzodioxin; TCDD, 2,3,7,8-tetrachlorodibenzo-*p*-dioxin.

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Update of the Epidemiologic Literature

Vietnam-Veteran Studies

Cypel and Kang (2008) compiled and analyzed the data of two cohorts of women veterans who either served in Vietnam ("Vietnam veteran" cohort, n = 4,586) or served elsewhere during the Vietnam War ("era veteran" cohort, n = 5,325). All cause and cause-specific mortality were compared between Vietnam and "era veteran" cohorts, to the US population, and to earlier research. Similar analyses were performed for nurses only. Fifty cases of lung cancer deaths were observed in the Vietnam veterans (crude rate per 10,000 = 3.4) compared to 66 lung cancer deaths in the "era veteran" cohort, giving an adjusted SMR of 0.96 (95% CI 0.65–1.42). No excess risk was observed in the nurses-only analysis (SMR = 0.76, 95% CI 0.48–1.18).

Occupational Studies

Hansen et al. (2007) conducted a historical cohort study of 3,156 male gardeners who were members of a Danish union (the study was first reported in *VAO* as Hansen et al., 1992). Subjects were then followed-up using population and cancer registries and the incidence of cancer was ascertained from 1975 until the end of 2001. Birth date served as a surrogate for potential exposure to pesticides and herbicides, with earlier cohorts representing higher potential exposures. No associations were found with all respiratory cancers; RRs were on the order of unity.

In a report from the US AHS, Samanic et al. (2006) conducted an analysis of the incidence of lung cancer and exposure to dicamba among male pesticide applicators. Using a metric defined as a lifetime exposure days, rate ratios comparing subjects exposed to dicamba were less than unity for all categories of exposure except for the highest quintile \geq 166 exposure-days (RR = 1.47, 95% CI 0.79–2.72), and there was no trend with increasing exposure (p for linear trend = 0.13). Using a metric defined by "intensity-weighted lifetime exposure days" (data not shown), there was no evidence of a monotonic association with mortality from lung cancer (p for linear trend = 0.58), and the largest relative risk was 1.10 (for the category \geq 739.2 weighted exposure days versus no exposure).

Environmental Studies

Investigators in Italy completed a 25-year mortality follow-up of individuals exposed to the industrtial accident in Seveso (Consonni et al., 2008). Mortality for lung cancer was compared for residents in three exposure zones—very high (Zone A), high (Zone B) and low (Zone R) to an unexposed reference population. The relative risks for lung cancer mortality in the exposure groups were: Zone A, 1.26 (95% CI 0.7–2.29); Zone B, 1.11 (95% CI 0.87–1.43); and Zone R, 0.98 (95% CI 0.88–1.09). There were 11, 62, and 383 lung cancer deaths during the follow-up period in Zones A, B, and R, respectively.

Biologic Plausibility

Long term animal studies have examined the impact of exposure to the compounds of interest on tumor incidences (Charles et al., 1996; Stott et al., 1990; Walker et al., 2006; Wanibuchi et al., 2004). As noted in previous VAO reports, there is evidence of increased incidence of squamous-cell carcinoma of the lung in male and female rats exposed to TCDD at high concentrations (Kociba et al., 1978; Van Miller et al., 1977). A more recent study reported a significant increase in cystic keratinizing epitheliomas in female rats exposed to TCDD for 2 years (NTP, 2006; Walker, et al., 2006), and increases in the incidences of bronchiolar metaplasia, acinar vacuolization, and inflammation were observed in the high-dose (100-ng/kg) group.

A recent 2-year study of F344 rats exposed to cacodylic acid at 0–100 ppm and B6C3F1 mice exposed at 0–500 ppm failed to detect neoplasms in the lung at any dose (Arnold et al., 2006); this finding is consistent with that of previous studies. However, exposure to cacodylic acid has previously been shown to increase tumor multiplicity in mouse strains susceptible to developing lung tumors (for example, A/J strain; Hayashi et al., 1998) or mice pretreated with an intitiating agent (4-nitroquinoline 1-oxide; Yamanaka et al., 1996). The data indicate that cacodylic acid may act as a tumor promoter in the lung.

The biologic plausibility of the chemicals of interest being carcinogenic is discussed in general at the beginning of this chapter.

Synthesis

The evidence remains limited but suggestive of an association between exposure to at least one compound of interest and the risk of developing or dying from lung cancer. The most compelling evidence comes from studies of heavily exposed occupational cohorts including British MCPA production workers (Coggon et al., 1986), German production workers (Becher et al., 1996; Manz et al., 1991), BASF cohort (Ott and Zober, 1996), NIOSH cohort (Fingerhut et al., 1991; Steenland et al., 1999), and Danish production workers (Lynge, 1993). The latest findings from the US AFHS suggest an increase in risk with the concentration of serum TCDD even among subjects who made up the comparison group, whose TCDD exposure was considerably lower (but not zero) than that of the Ranch Hand cohort. The American and Australian cohort studies of Vietnam veterans, which presumably cover a large proportion of exposed soldiers, show higher than expected incidence of and mortality from lung cancer. The main limitations of those studies are that there was no assessment of exposure, as there was in, for example, the Ranch Hand study, and that some potential confounding variables, notably smoking, could not be accounted for. The committee believes that it is unlikely that the distribution of smoking differed greatly between the two cohorts of veterans, so confounding by smoking is probably minimal. These studies therefore lend support to the findings of the Ranch Hand study. The methodologically sound US AHS did not show any increased risks of lung cancer, but, although there was substantial 2,4-D exposure in this cohort (Blair et al., 2005b), dioxin exposure of these contemporary farmers was probably negligible. Results from the environmental studies were mostly consistent with no association.

Also supportive of an association are the numerous lines of mechanistic evidence, discussed in the section on biologic plausibility, which provide further support for the conclusion that the evidence of an association is limited or suggestive.

Conclusion

On the basis of its evaluation of the evidence reviewed here and in previous VAO reports, the committee concludes that there is limited or suggestive evidence of an association between exposure to at least one compound of interest and carcinomas of the lung, bronchus, and trachea.

BONE AND JOINT CANCER

The ACS estimated that about 1,270 men and 1,110 women would receive diagnoses of bone or joint cancer (ICD-9 170) in the United States in 2008 and that 820 men and 650 women would die from these cancers (Jemal et al., 2008a). Primary bone cancers are among the least common malignancies, but the bones are frequent sites of tumors secondary to cancers that have metastasized. Only primary bone cancer is considered here. The average annual incidence of bone and joint cancer is shown in Table 6-14.

Bone cancer is more common in teenagers than in adults. It is rare among people in the age groups of most Vietnam veterans (50–64 years). Among the risk factors for adults' contracting of bone or joint cancer are exposure to ionizing radiation in treatment for other cancers and a history of some non-cancer bone diseases, including Paget's disease.

TABLE 0-14 Average Annual meldence (per 100,000) of Done and Joint Cancer in Office States												
	50–54 Years of Age				55–59 Years of Age				60–64 Years of Age			
	All Races	White	Black		All Races	White	Black	All	Races	White	Black	
Males	0.9	0.9	0.8		1.2	1.2	0.5		1.2	1.2	1.6	
Females	0.9	1.0	0.3		1.0	1.1	0.4		1.2	1.1	1.6	
a ~ (~												

TABLE 6-14 Average Annual Incidence	e (per 100,000) of Bone and Joint Cancer in United States
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^{*a*} SEER (Surveillance, Epidemiology, and End Results program) nine standard registries, crude age-specific rates, 2000–2005

Conclusions from VAO and Updates

The committee responsible for VAO concluded that there was inadequate or insufficient information to determine whether there is an association between exposure to the compounds of interest and bone and joint cancer. Additional information available to the committees responsible for Update 1996, Update 1998, Update 2000, Update 2002, Update 2004, and Update 2006 did not change that conclusion. Table 6-15 summarizes the results of the relevant studies.

Reference	Study Population ^{<i>a,b</i>}	Exposed Cases ^c	Estimated Relative Risk (95% CI) ^c
VIETNAM VETERAN	S		
Studies Reviewed in Un	odate 1998		
Clann 1997	Massachusetts Vietnam veterans	4	0.9(0.1-11.3)
AFHS 1996	Air Force Ranch Hand veterans	0	*
Studies Reviewed in V4		0	
Breslin et al 1988	Army Vietnam veterans	27	0.8(0.4-1.7)
Diesiii et al., 1900	Marine Vietnam veterans	11	1.4 (0.1 - 21.5)
Anderson et al. 1086	Wisconsin Vietnam veterans	11	*
Lawrence et al., 1980	New Vork Vietnem veterans	1	10(0220)
Lawrence et al., 1985	New Fork vietnam veterans	0	1.0 (0.3-3.0)
OCCUPATIONAL			
Studies Reviewed in Up	odate 2006		
Merletti et al., 2006	Association of occupational exposure and risk of	18	2.6 (1.5-4.6)
	bone sarcoma		
't Mannetje et al., 2005	Phenoxy herbicide producers and sprayers (men and		
	women)	0	_
Torchio et al., 1994	Italian licensed pesticide users	10	0.8 (0.4–1.4)
Reif et al., 1989	New Zealand forestry workers-nested case-control	1	· · · · ·
,	(incidence)	1	1.7(0.2-13.3)
Studies Reviewed in Un	odate 2004		, ()
Swaen et al 2004	Dutch licenced herbicide applicators	0	_
Studies Reviewed in Un	date 2000	0	
Rivetal 1998	Danish paper mill workers—incidence		
Kix et ul., 1990	Men	1	0.5(0.0-2.7)
	Women	0	0.5 (0.0-2.7)
Studios Doviowed in Ur	women	0	_
Combini et al 1007	Italian riaa arawara	1	0.5(0.0, 2.6)
Uantenan at al. 1997	Duitich Columbia commill monters	1	0.3 (0.0-2.0)
Hertzman et al., 1997	British Columbia sawmili workers	E	1 2 (0 5 2 7)
	Mortanty	5	1.3(0.5-2.7)
. 1 1005	Incidence	4	1.1 (0.4–2.4)
Kogevinas et al., 1997	IARC cohort (men and women)	5	1.2 (0.4–2.8)
	Workers exposed to TCDD (or higher-chlorinated		
	dioxins)	3	1.1 (0.2–3.1)
	Workers not exposed to TCDD (or higher-chlorinated		
	dioxins)	2	1.4 (0.2–5.2)
	Workers exposed to any phenoxy herbicide or		
	chlorophenol	5	1.2 (0.4–2.7)
Ramlow et al., 1996	Dow pentachlorophenol production workers	0	*
	(Included in the IARC cohort and the NIOSH Dioxin		
	Registry)		
	0-year latency	0	
	15-year latency	0	
Studies Reviewed in Un	odate 1996	č	
Blair et al 1993	US farmers in 23 states		
v. u., 1995	White men	40	13(10-18)
	White women	+) 1	1.3(1.0-1.0) 1.2(0.0-6.6)
Colling et al 1002	Monganto Company workers (Included in the MIOSI)	1 1	50(06 191)
Commis et al., 1993	cohort)	ι <i>Δ</i>	5.0 (0.0-10.1)

Reference	Study Population ^{<i>a,b</i>}	Exposed Cases ^c	Estimated Relative Risk (95% CI) ^c
Ronco et al., 1992	Danish and Italian farm workers		· · · · · · · · · · · · · · · · · · ·
,	Male Danish farmers	9	0.9 *
	Female Danish farmers	0	*
Fingerhut et al., 1991	NIOSH—entire cohort	2	2.3 (0.3-8.2)
-	\geq 1-year exposure, \geq 20-year latency	1	5.5 (0.1-29.0)
Zober et al., 1990	BASF employees—basic cohort	0	0 (0.0-65.5)
Bond et al., 1988	Dow 2,4-D production workers (Included in the	0	-(0.0-31.1)
	IARC cohort and the NIOSH Dioxin Registry)		
Coggon et al., 1986	British MCPA production workers (Included in the	1	0.9 (0.0-5.0)
	IARC cohort)		
Wiklund, 1983	Swedish male and female agricultural workers—	44	$1.0 (0.6 - 1.4)^d$
,	incidence		
Burmeister, 1981	Iowa farmers	56	1.1 (NS)
ENVIRONMENTAL			
Studies Reviewed in <i>U</i>	ndate 2002		
Revich et al 2001	Residents of Chapaevsk Russia		
1, <u>2</u> 001	Mortality standardized to Samara Region (bone		
	soft-tissue cancer)		
	Men	7	21(09-44)
	Women	7	14(06-30)
Studies Reviewed in U	pdate 2000		
Bertazzi et al., 1998	Seveso residents—15-vear follow-up		
· ··· · ···, · · ·	Zone B women	1	2.6(0.3-19.4)
	Zone R men	2	0.5(0.1-2.0)
	Zone R women	7	2.4(1.0-5.7)
Studies Reviewed in U	ndate 1998		
Bertazzi et al., 1997	Seveso residents—15-year follow-up		
,	Zone B women	1	2.6 (0.0-14.4)
	Zone R men	2	0.5(0.1-1.7)
	Zone R women	7	2.4 (1.0-4.9)

^{*a*} Table shows mortality unless otherwise noted.

^b Cohorts are male unless otherwise noted.

^{*c*} Given when available.

^d 99% CI.

* Information not provided by study authors.

— Denoted by a dash in the original study.

Studies in italics have been superseded by newer studies of the same cohorts.

ABBREVIATIONS: 2,4-D, 2,4-dichlorophenoxyacetic acid; AFHS, Air Force Health Study; CI, confidence interval; IARC, International Agency for Research on Cancer; MCPA, methyl-4-chlorophenoxyacetic acid; NIOSH, National Institute for Occupational Safety and Health; NS, not significant; TCDD, 2,3,7,8-tetrachlorodibenzo-*p*-dioxin.

Update of the Epidemiologic Literature

No new studies concerning exposure to the compounds of interest and bone and joint cancers have been published since *Update 2006*.

Biologic Plausibility

No animal studies have reported an increased incidence of bone and joint cancers after exposure to the compounds of interest. The biologic plausibility of the chemicals of interest being carcinogenic is discussed in general at the beginning of this chapter.

Synthesis

There has been no new data concerning bone cancer, so the previous body of results summarized in Table 6-15 still do not indicate an association between exposure to the compounds of interest and bone cancer.

Conclusion

On the basis of its evaluation of the evidence reviewed here and in previous VAO reports, the committee concludes that there is inadequate or insufficient evidence to determine whether there is an association between exposure to the compounds of interest and bone cancer.

SOFT-TISSUE SARCOMAS

Soft-tissue sarcomas (STS) (ICD-9 164.1, 171) arises in soft somatic tissues within and between organs. Three of the most common types of STS—liposarcoma, fibrosarcoma, and rhabdomyosarcoma—occur in similar numbers in men and women. Because of the diverse characteristics of STS, accurate diagnosis and classification can be difficult. ACS estimated that in 2008 about 5,720 men and 4,670 women would receive diagnoses of STS in the United States and that about 1,880 men and 1,800 women would die from it (Jemal et al., 2008a). The average annual incidence of STS is shown in Table 6-16.

wiangham	i Neopiasins o	i une i	icari) II	i Onica States					
	50–54 Years of Age			55–59 Years of Age			60–64 Years of Age		
-	All Races	White	Black	All Races	White	Black	All Races	White	Black
Males	4.5	4.5	4.0	5.0	4.8	7.4	6.7	7.2	3.5
Females	3.1	3.2	3.9	4.3	4.1	6.4	5.1	4.8	7.2

TABLE 6-16 Average Annual Incidence (per 100,000) of Soft-Tissue Sarcoma (Including Malignant Neoplasms of the Heart) in United States^{*a*}

^{*a*} SEER (Surveillance, Epidemiology, and End Results program) nine standard registries, crude age-specific rates, 2000–2005.

Among the risk factors for STS are exposure to ionizing radiation during treatment for other cancers and some inherited conditions, including Gardner's syndrome, Li-Fraumeni syndrome, and neurofibromatosis. Several chemical exposures have been identified as possible risk factors (Zahm and Fraumeni, 1997).

Conclusions from VAO and Updates

The committee responsible for VAO judged that the strong findings in the IARC and NIOSH cohorts, plus extensive Scandinavian case–control studies, complemented by consistency in preliminary reports on the Seveso population and one statistically significant finding in a state study of Vietnam veterans, constituted sufficient information to determine that there is an association between exposure to at least one of the compounds of interest and STS. Additional information available to the committees responsible for *Update 1996*, *Update 1998*, *Update 2000*, *Update 2002*, *Update 2004*, and *Update 2006* did not change that conclusion. Table 6-17 summarizes the relevant studies.

Reference	Study Population ^{<i>a,b</i>}	Exposed	Estimated Relative
		Cases ^c	Risk (95% CI) ^e
VIETNIAM VETEDAR	NS		
Studies Reviewed in D	NS Indate 2006		
ADVA 2005a	Australian Vietnam veterans vs Australian		
11D VII, 2005u	nopulation—incidence	35	10(07-13)
	Navy	6	0.8(0.3-1.7)
	Army	29	1.2(0.8-1.6)
	Air Force	0	0.0(0.0-1.1)
ADVA 2005h	Australian Vietnam veterans vs Australian	Ū.	0.0 (0.0 1.1)
110 111, 20000	population—mortality	12	0.8(0.4-1.3)
	Navy	3	0.9(0.2-2.4)
	Army	9	0.8(0.4-1.5)
	Air Force	Ó	0.0(0.0-2.3)
ADVA, 2005c	Australian men conscripted Army National Service	Ũ	0.0 (0.0 =)
	Vietnam era veterans—deployed vs non-deployed		
	Incidence	10	1.0(0.4-2.4)
	Mortality	3	0.5(0.1-2.0)
Studies Reviewed in U	pdate 2000	-	
AFHS, 2000	Air Force Ranch Hand veterans	1	0.8 (0.1-12.8)
AIHW, 1999	Male Australian Vietnam veterans	14	27 expected (17–37)
CDVA, 1998a	Male Australian Vietnam veterans	398 ^d	27 expected (17–37)
CDVA, 1998b	Female Australian Vietnam veterans	2^{d}	0 expected (0-4)
Studies Reviewed in U	pdate 1998		1 ()
Clapp, 1997	Massachusetts Vietnam Veterans	18	1.6 (0.5-5.4)
CDVA, 1997a	Australian military Vietnam veterans	9	1.0 (0.4–1.8)
CDVA, 1997b	Australian national service Vietnam veterans	2	0.7 (0.6-4.5)
AFHS, 1996	Ranch Hand veterans	0	*
Watanabe and Kang, 19	95 US Marines in Vietnam	0	*
Studies Reviewed in U	pdate 1996		
Visintainer et al., 1995	Michigan Vietnam veterans	8	1.1 (0.5-2.2)
Studies Reviewed in V	A0		
Watanabe et al., 1991	Army Vietnam veterans	43	1.1
	Marine Vietnam veterans	11	0.7
Bullman et al., 1990	Army I Corps Vietnam veterans	10	0.9 (0.4–1.6)
Michalek et al., 1990	Ranch Hand veterans	1	*
	Comparisons	1	*
Breslin et al., 1988	Army Vietnam veterans	30	1.0 (0.8–1.2)
	Marine Vietnam veterans	8	0.7 (0.4–1.3)

TABLE 6-17 Selected Epidemiologic Studies—Soft-Tissue Sarcoma

VETERANS AND AGENT ORANGE · I	IPDATE 2008
VETERANS AND MOENT ORANGE, C	1 DATE 2000

Reference	Study Population ^{<i>a,b</i>}	Exposed Cases ^c	Estimated Relative Risk (95% CI) ^c
Kogan and Clapp, 1988	Vietnam veterans in Massachusetts	9	5.2 (2.4–11.1)
Fett et al., 1987	Australian Vietnam veterans	1	1.3 (0.1-20.0)
Anderson et al., 1986	Wisconsin Vietnam veterans	4	*
Breslin et al., 1986	US Vietnam veterans		
	Army	30	1.0 *
	Marines	8	0.7 *
Kang et al., 1986	Vietnam veterans vs. Vietnam-era veterans	86	0.8 (0.6–1.1)
Lawrence et al., 1985	New York State Vietnam veterans	2	1.1 (0.2–6.7)
Greenwald et al., 1984	New York State Vietnam veterans	10	0.5 (0.2–1.3)
OCCUPATIONAL			
New Studies	Denich condenent insidence (ICD 7 107)		
Hansen et al., 2007	Danish gardeners—incidence (ICD-/ 19/)		
	10-yr follow-up ($19/5-1984$) reported in Hansen	2	5 2 (1 1 15 4)
	et al. (1992)	3	5.3 (1.1–15.4)
	25-yr follow-up (1975–2001)	2	5.0 (1.0, 10.0)
	Born before 1915 (high exposure)	3	5.9 (1.9–18.2)
	Born 1915–1934 (medium exposure)	0	0.0 (0.0–3.8)
	Born after 1934 (low exposure)	1	1.8 (0.3–12.9)
Studies Reviewed in Up	<i>date 2006</i>		
McLean et al., 2006	IARC cohort of pulp and paper workers		
	Exposure to nonvolatile organochlorine		
	compounds		
	Never	8	1.2 (0.5–2.4)
	Ever	4	0.8 (0.2–2.0)
't Mannetje et al., 2005	Phenoxy herbicide producers (men and women)	0	0.0 (0.0–19.3)
	Phenoxy herbicide sprayers (>99% men)	1	4.3 (0.1–23.8)
Alavanja et al., 2005	US Agriculture Health Study—incidence		
	Private applicators (men and women)	10	0.7 (0.3–1.2)
	Spouses of private applicators (>99% women)	3	0.5 (0.1–1.4)
	Commercial applicators (men and women)		0.0 (0-3.8)
Blair et al., 2005a	US Agriculture Health Study		
	Private applicators (men and women)	4	0.7 (0.2–1.8)
	Spouses of private applicators (>99% women)	3	1.4 (0.3–4.1)
Torchio et al., 1994	Italian licensed pesticide users	2	1.0 (0.1–3.5)
Reif et al., 1989	New Zealand forestry workers-nested case-contro	1	
	(incidence)	4	3.2 (1.2–9.0)
Studies Reviewed in Up	odate 2004		
Bodner et al., 2003	Dow chemical production workers (Included in the	2	2.4 (0.3-8.6)
	IARC cohort and the NIOSH Dioxin Registry)		
Studies Reviewed in Up	date 2000		
Steenland et al., 1999	US chemical production workers (Included in the	0	*
	IARC cohort and the NIOSH Dioxin Registry)		
Hooiveld et al., 1998	Dutch chemical production workers (Included in the IARC cohort)	0	*
Rix et al., 1998	Danish paper mill workers—incidence		
	Women employed in sorting and packing	8	4.0 (1.7–7.8)
	Men employed in sorting and packing	12	1.2 (0.6–2.0)
Studies Reviewed in Un	<i>date 1998</i>		
Hertzman et al., 1997	Canadian sawmill workers	11	1.0 (0.6–1.7)
Kogevinas et al., 1997	IARC cohort (men and women)		
· · · · · · · · · · · · · · · · · · ·			

Workers exposed to any phenoxy herbicide or chlorophenol92.0 (0.9–3.8)Workers exposed to TCDD (or higher-chlorinated dioxins)62.0 (0.8–4.4)Workers net exposed to TCDD (or higher- chlorinated dioxins)62.0 (0.8–4.4)Ott and Zober, 1996BASF employees-incidence00.2 expectedRamlow et al., 1996Dow pentachlorophenol production workers (Included in the IARC cohort and the NIOSH Dioxin Registry)00.2 expectedStudies Reviewed in Update 1996McR cohort-incidence (men and women)11*Mack, 1995US cancer registry data (SEER program) review Women3.526*Blair et al., 1993US farmers in 23 states980.9 (0.8–1.1)Lynge, 1993Darish production workersupdated incidence for men and women (Included in the IARC cohort)52.0 (0.7–4.8)Kogevinas et al., 1992IARC cohort)000.0 (0.0–23.1)Ide gardenersincidence (men and women) ID-19 years since first exposure46.1 (1.7–15.5)Studies Reviewed in 1/20Danish pardenersincidence (men and women) Male gardeners35.3 (1.1–15.4)Bueno de Mesquita et al., Duch phenoxy herbicide workers (Included in the 1993 IARC cohort)39.2 (1.9–27.0)Mate et al., 1991Danish gardenersincidence (men and women) Mate gardeners35.3 (1.1–15.4)Smith and Christophers, Australia residents301.0 (0.3–3.1)1992IARC cohortempsed subcohort (men and women) (Brigerbut et al., 1991AKC cohortempsed subcohort4 </th <th>Reference</th> <th>Study Population^{<i>a,b</i>}</th> <th>Exposed Cases^c</th> <th>Estimated Relative Risk (95% CI)^c</th>	Reference	Study Population ^{<i>a,b</i>}	Exposed Cases ^c	Estimated Relative Risk (95% CI) ^c
		Workers exposed to any phenoxy herbicide or		· · · · · · · · · · · · · · · · · · ·
Workers exposed to TCDD (or higher-chlorinated dixxins)62.0 (0.8-4.4)Workers not exposed to TCDD (or higher- chlorinated dixxins)21.4 (0.2-4.9)Ott and Zober, 1996BASF employees—incidence00.2 expectedRamlow et al., 1996Dow pentachlorophenol production workers (included in the IARC cohort and the NIOSH Dioxin Registry)00.2 expectedStudies Reviewed in Update 1996		chlorophenol	9	2.0 (0.9-3.8)
		Workers exposed to TCDD (or higher-chlorinated		
Workers not exposed to TCDD (or higher- chlorinated dioxins)21.4 (0.2.4.9)Ott and Zober, 1996BASF employees—incidence00.2 expectedRamlow et al., 1995Dow pentachlorophenol production workers (included in the IARC cohort and the NIOSH Dioxin Registry)00.2 expectedStudies Reviewed in Update 1996		dioxins)	6	2.0 (0.8-4.4)
chlorinated dioxins) 2 14 (2.2.4.9) Ott and Zober, 1996 BASF employees—incidence 0 0.2 expected Ramlow et al., 1996 Dow pentachlorophenol production workers (Included in the IARC cohort and the NIOSH Dioxin Registry) 0 0.2 expected Studies Reviewed in Update 1996 Kogewinas et al., 1995 IARC cohort—incidence (men and women) 11 * Mack, 1995 US cancer registry data (SEER program) review Men 2,886 * Blair et al., 1993 US farmers in 23 states 98 0.9 (0.8–1.1) Lynge, 1993 Danish production workers—updated incidence for men and women (Included in the IARC cohort) 5 2.0 (0.7–4.8) Kogewinas et al., 1992 IARC cohort (men and women) 10–19 years since first exposure 4 6.1 (1.7–15.5) Studies Reviewed in VAO Bueno de Mesquita et al., 1992 Danish gradeners in construction of the transmitter of transmitter of the transmitter of transmitter of the transmitter of transmitter of the transmitter of the transmitter of transmitter of the transmitter o		Workers not exposed to TCDD (or higher-		
Ott and Zober, 1996BASF employees—incidence00.2 expectedRamlow et al., 1996Dow pentachlorophenol production workers (Included in the IARC cohort and the NIOSH Dioxin Registry)00.2 expectedStudies Reviewed in Update 1996Kogevinas et al., 1995IARC cohort—incidence (men and women)11*Mack, 1995US cancer registry data (SEER program) review Men $3,526$ *MainYou and Samers in 23 states980.9 (0.8–1.1)Lynge, 1993Danish production workers—update incidence for men and women (Included in the IARC cohort)52.0 (0.7–4.8)Kogevinas et al., 1992IARC cohort (men and women) 10–19 years since first exposure46.1 (1.7–15.5)Studies Reviewed in V40 </td <td></td> <td>chlorinated dioxins)</td> <td>2</td> <td>1.4 (0.2–4.9)</td>		chlorinated dioxins)	2	1.4 (0.2–4.9)
Ramlow et al., 1996Dow pentachlorophenol production workers 	Ott and Zober, 1996	BASF employees—incidence	0	0.2 expected
$\begin{tabular}{ c c c c c c c c c c c c c c c c c c c$	Ramlow et al., 1996	Dow pentachlorophenol production workers		
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Studies Reviewed in Update 1996Kogevinas et al., 1995IARC cohort—incidence (men and women)11*Mack, 1995US cancer registry data (SEER program) review Men3,526*Blair et al., 1993US farmers in 23 states980.9 (0.8–1.1)Lynge, 1993Danish production workers—updated incidence for men and women (Included in the IARC cohort)52.0 (0.7–4.8)Kogevinas et al., 1992IARC cohort (men and women)10–19 years since first exposure46.1 (1.7–15.5)Studies Reviewed in V/OBueno de Mesquita et al., 10–19 years since first exposure00.0 (0.0–23.1)Hansen et al., 1992Danish gardeners—incidence (men and women) Male gardeners35.3 (1.1–15.4)Smith and Christophers, (Included in the IARC cohort)35.3 (1.1–15.4)1992Simith and Christophers, (Included in the IARC cohort)39.2 (1.9–27.0)Fingerhut et al., 1991NIOSH cohort—entire cohort43.4 (0.9–8.7)21-year exposure, ≥20-year latency39.2 (1.9–27.0)Marz et al., 1991IARC cohort)0*Saracci et al., 1991IARC cohort—exposed subcohort (men and women)42.0 (0.6–5.2)Zober et al., 1994BASF employees—basic cohort*Alavanja et al., 1994IARC cohort)09.0 (0.4–1.9)SubshEmployees—basic cohort**German production workers (Included in the IARC cohort)1.10 (0.1–3.6)Bond et al., 1986BASF employees—basic cohort* <tr< td=""><td></td><td>Registry)</td><td>0</td><td>0.2 expected</td></tr<>		Registry)	0	0.2 expected
Kogevinas et al., 1995IARC cohort—incidence (men and women)11*Mack, 1995US cancer registry data (SEER program) review Women $3,526$ *Mack, 1993US farmers in 23 states men and women (Included in the IARC cohort)980.9 (0.8–1.1)Lynge, 1993Danish production workers—updated incidence for men and women (Included in the IARC cohort)52.0 (0.7–4.8)Kogevinas et al., 1992Danish production workers ID-19 years since first exposure46.1 (1.7–15.5)Studies Reviewed in V+O Bueno de Mesquita et al., 1992Dutch phenoxy herbicide workers (Included in the 199300.0 (0.0–23.1)Hansen et al., 1992Danish gardeners—incidence (men and women) Male gardeners35.3 (1.1–15.4)Smith and Christophers, Ingerhut et al., 1991NIOSH cohort—entire cohort43.4 (0.9–8.7) $\geq 1-year$ exposure, $\geq 20-year$ latency39.2 (1.9–27.0)Manz et al., 1991German production workers—men and women) (Included in the IARC cohort)0*0Saracci et al., 1991IARC cohort—exposed subcohort (men and women)42.0 (0.6–5.2)Sober et al., 1998Dow 2,4-D production workers (Included in the IARC cohort and the NIOSH Dioxin Registry)0*Wiklund et al., 1988Swedish agricultural workers (men and women)70.9 (0.4–1.9)Isoper et al., 1980Dow 2,4-D production workers (Included in the IARC cohort and the NIOSH Dioxin Registry)0*Wiklund et al., 1986Kansa residents—incidence High phenoxy exposure*0.9 (0.4–1.9)<	Studies Reviewed in Upd	late 1996		
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the IARC cohort) Men 5 2.7 (0.9–6.3)	Lynge, 1985	Danish production workers-incidence (Included in		
Men 5 2.7 (0.9–6.3)	-	the IARC cohort)		
		Men	5	2.7 (0.9-6.3)

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Women 0 * Balarajan and Acheson, Agricultural workers in England 1984 Overall 42 1.7 (1.0–2.9) Blair et al., 1983 Florida pesticide applicators 0 * Smith et al., 1983 New Zealand workers exposed to herbicides 17 1.6 (0.8–3.2) ° Hardell, 1981 Swedish residents 13 5.5 (2.2–13.8) Exposed to phenoxy acids 13 5.5 (2.2–10.4) 1981 Swedish workers 25 (2.5–10.4) 1981 Seveso residents—25-year follow-up—men and women 0 * Zone B 0 * 2.0.6 R 0 * Read et al., 2007 Nz are plant manufacturing 2.4,5-T from 1962–1984 10 1.3 (0.6–2.4) 1.3 (0.6–2.4) 1980–1984 10 1.3 (0.6–2.4) 1.3 (0.6–2.4) 1.985–1989 11 1.2 (0.6–2.2) 1995–1999 14 1.3 (0.7–2.2) 2.00(-2.01) 2 0.3 (0.3–2.1) 1985–1984 10 1.3 (0.6–4.3) 1.995–1999 <	Reference	Study Population ^{<i>a,b</i>}	Exposed Cases ^c	Estimated Relative Risk (95% CI) ^c
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Eriksson et al., 1979, Swedish workers 25 (2.5–10.4) 1981 Structure Struct		Exposed to chlorophenols	6	5.4 (1.3–22.5)
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$\begin{array}{cccccccccccccccccccccccccccccccccccc$		1975-1979	3	0.4(0.1-2.1)
$\begin{array}{cccccccccccccccccccccccccccccccccccc$		1980–1984	10	1.3 (0.6–2.4)
$\begin{array}{cccccccccccccccccccccccccccccccccccc$		1985–1989	11	1.2 (0.6–2.2)
$\begin{array}{cccccccccccccccccccccccccccccccccccc$		1990–1994	9	0.9 (0.4-1.7)
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$\begin{array}{cccccccccccccccccccccccccccccccccccc$		1970–1974	5	1.8 (0.6-4.3)
$\begin{array}{cccccccccccccccccccccccccccccccccccc$		1975-1979	1	0.4 (0.0-2.0)
$\begin{array}{cccccccccccccccccccccccccccccccccccc$		1980–1984	4	1.1 (0.3–2.9)
$\begin{array}{cccccccccccccccccccccccccccccccccccc$		1985–1989	5	1.5 (0.5–3.6)
$\begin{array}{cccccccccccccccccccccccccccccccccccc$		1990–1994	5	1.3 (0.4–3.0)
$\begin{array}{cccccccccccccccccccccccccccccccccccc$		1995–1999	5	1.3 (0.4–3.0)
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Zambon et al., 2007 Population-based Veneto Tumour Registry, Italy. Average exposure to TCDD (fg/m ³)based on duration and distance of residence from 33 industrial sources Incident cases of sarcoma (ICD-9 158, 171, 173 and visceral sites) Men <4 4-6 ≥ 6 Women Women <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1 <1		Total [†]	27	1.2 (0.8–1.8)
and distance of residence from 33 industrial sources Incident cases of sarcoma (ICD-9 158, 171, 173 and visceral sites) Men <4 31 1 4-6 39 1.10 (0.63-1.96) ≥ 6 17 1.86 (0.87-3.95) p for linear trend = 0.1 Women	Zambon et al., 2007	Population-based Veneto Tumour Registry, Italy. Average exposure to TCDD (fg/m ³)based on duration	n	
Men <4 31 1 4-6 39 1.10 (0.63-1.96) ≥ 6 17 1.86 (0.87-3.95) p for linear trend = 0.1 Women		and distance of residence from 33 industrial sources Incident cases of sarcoma (ICD-9 158, 171, 173 and visceral sites)		
$\begin{array}{cccccccccccccccccccccccccccccccccccc$		Men		
$\begin{array}{cccc} 4-6 & & & & & & & \\ \geq 6 & & & & & & \\ & & & & & & & \\ & & & & &$		<4	31	1
≥ 6 17 1.86 (0.87–3.95) p for linear trend = 0.1 Women		4–6	39	1.10 (0.63-1.96)
Women		<u>≥6</u>	17	1.86 (0.87-3.95) p for linear trend = 0.15
		Women		-

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Reference	Study Population ^{<i>a,b</i>}	Exposed Cases ^c	Estimated Relative Risk (95% CI) ^c
	<4	24	1
	4–6	44	1.47 (0.82-2.66)
	>6	17	2.41 (1.04–5.59)
	—		p for linear trend = 0.04
	Men and women combined		
	Connective and other soft tissue (ICD-9 171)		
	<4	25	1
	4–6	39	1.35 (0.73-2.48)
	<u>>6</u>	17	3.27 (1.35-7.93)
			p for linear trend = 0.01
	Skin (ICD-9 173)		
	<4	5	1
	4–6	10	$0.04 (0.31 - 4.71)^{t}$
	<u>></u> 6	2	0.34 (0.03–3.43)
			p for linear trend = 0.48
	Retroperitoneum and peritoneum (ICD9 158)		
	<4	6	
	4-6	12	1.06 (0.33–3.43)
	<u>≥</u> 6	3	0.80 (0.14–4.45)
	T7' 1 ',		p for linear trend = 0.86
	Visceral sites	10	1
	<4	19	1
	4-6	12	1.24(0.60-2.55)
	<u>></u> 0	12	2.45 (0.96-6.28)
Studios Roviewed in U	indate 2006		p for finear trend – 0.08
Pahwa et al. 2006	Any phenoxyherbicide	46	1 10 (0 7-1 5)
1 anwa et al., 2000	$2 4_{\rm D}$	40	0.96(0.6-1.5)
	Mecoprop	12	0.98(0.5-1.9)
	MCPA	12	1.08(0.5-2.2)
Studies Reviewed in <i>U</i>	ndate 2004	12	1.00 (0.5 2.2)
Comba et al., 2003	Residents near an industrial-waste incinerator in		
	Mantua. Italy—incidence		
	Residence within 2 km of incinerator	5	31.4 (5.6–176.1)
Tuomisto et al., 2004	Finish STS patients and controls	110	
,	Quintile 2 (median tissue concentration 20 ng/kg WHO-TEO)	*	0.4 (0.2–1.1)
	Quintile 5 (median tissue concentration ~60 ng/kg WHO-TEQ)	*	0.7 (0.2–2.0)
Studies Reviewed in U	pdate 2002		
Costani et al., 2000	Residents near a chemical plant in Mantua, Italy— incidence	20	2.3 (1.3–3.5)
Studies Reviewed in U	pdate 2000		
Bertazzi et al., 2001	Seveso—20-year follow-up (men and women)	0	*
Viel et al., 2000	Residents near a French solid-waste incinerator— incidence		
	Spatial cluster	45	1.4 (p = 0.004)
	1994–1995	12	3.4(p=0.008)
Bertazzi et al., 1998	Seveso—15-year follow-up (men and women)		
	Zone R men	4	2.1 (0.7-6.5)
Studies Reviewed in U	pdate 1998		
Bertazzi et al. 1997	Seveso residents—15-year follow-up (men and		
	women)		

Reference	Study Population ^{<i>a,b</i>}	Exposed	Estimated Relative
		Cases ^c	Risk (95% CI) ^{<i>c</i>}
	Zone R men	4	2.1 (0.6–5.4)
Gambini et al., 1997	Italian rice growers	1	4.0 (0.1–22.3)
Svensson et al., 1995	Swedish fishermen—incidence (men and women)		
	West coast	3	0.5 (0.1–1.4)
Studies Reviewed in U	pdate 1996		
Bertazzi et al., 1993	Seveso residents—10-year follow-up—morbidity		
	Zone R men	6	2.8 (1.0-7.3)
	Zone R women	2	1.6 (0.3–7.4)
Studies Reviewed in V	40		
Lampi et al., 1992	Finnish community exposed to chlorophenol		
-	contamination (men and women)	6	1.6 (0.7–3.5)
Bertazzi et al., 1989a	Seveso residents—10-year follow up		
	Zone A, B, R men	2	5.4 (0.8-38.6)
	Zone A, B, R women	1	2.0 (0.2–1.9)
Bertazzi et al., 1989b	Seveso residents—10-year follow up		
	Zone R men	2	6.3 (0.9-45.0)
	Zone B women	1	17.0 (1.8–163.6)

^{*a*} Table shows mortality unless otherwise noted.

^b Cohorts are male unless otherwise noted.

^{*c*} Given when available.

^d Self-reported medical history. Answer to question: "Since your first day of service in Vietnam, have you been told by a doctor that you have soft-tissue sarcoma?"

^{*d*} 90% CI.

^f The committee believes that there is an error in this entry because the lower 95% confidence limit (0.31) is not smaller than the odds ratio (0.04).

^g The committee computed total SMR and SIR by dividing the sum of observed values by the sum of the expected values over all years and 95% confidence intervals on these total ratios were computed by exact methods.

* Information not provided by study authors.

— When information was denoted by a dash in the original study.

Studies in italics have been superseded by newer studies of the same cohorts.

ABBREVIATIONS: 2,4-D, 2,4-dichlorophenoxyacetic acid; ADVA, Australian Department of Veteran Affairs; AFHS, Air Force Health Study; AIHW, Australian Institute of Health and Welfare; CDVA, Commonwealth Department of Veterans' Affairs; CI, Confidence Interval; IARC, International Agency for Research on Cancer; MCPA, methyl-4-chlorophenoxyacetic acid; NIOSH, National Institute for Occupational Safety and Health; SEER, Surveillance, Epidemiology, and End Results (SEER) Program; STS, Soft-tissue Sarcoma; TCDD, 2,3,7,8-tetrachlorodibenzo-*p*-dioxin; WHO TEQ, Toxicity Equivalent as defined by the World Health Organization.

Update of the Epidemiologic Literature

Vietnam-Veteran Studies

No new Vietnam-veteran studies concerning exposure to the compounds of interest and soft tissue sarcomas had been published since *Update 2006*.

Occupational Studies

Hansen et al. (2007) conducted a historical cohort study of 3,156 male gardeners who were members of a Danish union. Hansen et al. (1992), which followed this cohort for 10 years

through 1984, was reported in *VAO*. Subjects were followed-up using population and cancer registries, and the incidence of cancer was ascertained from 1975 until the end of 2001. Birth date served as a surrogate for potential exposure to pesticides and herbicides, with earlier cohorts representing higher potential exposures. Although only based on three cases, a six-fold increased risk of dying from soft tissue sarcomas among men born before 1915 was found (RR = 5.9, 95% CI 1.9–18.2).

Environmental Studies

Consonni et al. (2008) conducted a follow-up of the population of the accident that occurred in Seveso in 1976. The follow-up was extended until 2001 and no associations with deaths from sarcoma were found in any of the exposure three zones. There were only four exposed cases, all of which occurred in Zone R (RR = 0.76, 95% CI 0.27-2.14).

Read et al. (2007) conducted a study of residents living in the in the coastal community of Paritutu, New Plymouth, NZ, near the Ivon Watkins-Dow Limited plant which had manufactured the herbicide 2,4,5-T from 1962–1987. It was reported that the body burden of TCDD was comparable to residents living in Zone B of the Seveso area. Incidence and mortality was ascertained for the period 1970–2001. No association with incidence was found, but a 20% increase in mortality (95% CI 0.8–1.8) was observed.

Zambon et al. (2007) conducted a population-based case-control study in the Province of Venice, Italy. Confirmed cases of sarcoma (ICD-9 171, 173, 158) were identified from a population cancer registry. The cases were subdivided by anatomical site (connective and soft tissue, skin, peritoneum and visceral sites) and by morphological type (fibrosarcoma, myxosarcoma, liposarcoma, myosarcoma, mixed mesenchymal sarcoma, synovial sarcoma, blood vessel sarcoma, lymphatic vessel sarcoma, nerve sheath sarcoma, alveolar, and not otherwise specified). Three controls, individually matched on sex and age at the time of diagnosis, were sought from the population for each of the identified 205 cases; 172 cases and 405 controls meeting all eligibility criteria were included in the analyses. Residential histories were obtained from a population registry and were linked to assessments of exposure to dioxin that made use of the locations of incinerators. These exposures were attributed from estimates of total emissions from the incinerators and the proportion of TCDD emitted. Environmental estimates of exposure were derived from the EPA's Industrial Source Complex Model, which is a dispersion model that provided estimates of deposition at each point in space. These estimates were then linked to subjects' addresses. Using a metric defined by average exposure at each subject's address, monotonic increases in risk for all types of sarcomas were found for both men and women and, combining men and women, for sarcomas of the connective and other soft tissue and in organs in the cavities of the body (visceral sites).

Biologic Plausibility

In a 2-year study, dermal application of TCDD to Swiss-Webster mice led to an increase in fibrosarcomas in the females, but not males (NTP, 1982b). There is some concern that the increase in fibrosarcomas may be associated with the treatment protocol, rather than due to the

treatment with TCDD. The NTP gavage study (1982a) also found elevated incidences of fibrosarcomas in male and female rats and in female mice.

The biologic plausibility of the chemicals of interest being carcinogenic is discussed in general at the beginning of this chapter.

Synthesis

Previous committees have concluded that the occupational, environmental, and Vietnamveteran studies showed sufficient evidence to link herbicide exposure to STS. This conclusion is indeed strengthened by one the new studies (Zambon et al., 2007) which showed elevated risks among persons living in the vicinity of incinerators in Venice, Italy. The committee did not find that these new data justified modifying the previous conclusion.

Conclusion

On the basis of its evaluation of the evidence reviewed here and in previous VAO reports, the committee concludes that there is sufficient evidence of an association between exposure to at least one of the compounds of interest and STS.

SKIN CANCER-MELANOMA

Skin cancers are generally divided into two broad categories: neoplasms that develop from melanocytes (malignant melanoma, or simply melanoma) and neoplasms that do not. Non-melanoma skin cancers (primarily basal-cell and squamous-cell carcinomas) have a far higher incidence than melanoma but are considerably less aggressive and therefore more treatable. The average annual incidence of melanoma is shown in Table 6-18. The committee responsible for *Update 1998* first chose to address melanoma studies separately from those of non-melanoma skin cancer. Some researchers report results by combining all types of skin cancer without specifying type. The present committee believes that such information is not interpretable (although there is a supposition that mortality figures refer predominantly to melanoma and sizable incidence figures refer to non-melanoma skin cancer). Therefore, the committee is interpreting data only on results that are specified as applying to melanoma or to non-melanoma skin cancer.

50-54 Years of Age55-59 Years of Age60-64 Years of AgeAll RacesWhiteBlackAll RacesWhiteBlackMelanomas of the Skin:Males34.441.31.148.557.33.263.374.45	Dasai and Squai	nous-Co		icers) m	I United States						
All RacesWhiteBlackAll RacesWhiteBlackAll RacesWhiteBlackMelanomas of the Skin: Males34.441.31.148.557.33.263.374.45	50–54 Years of Age			55–59 Year	s of Age	e	60–64 Y	60–64 Years of Age			
Melanomas of the Skin: Males 34.4 41.3 1.1 48.5 57.3 3.2 63.3 74.4 5	A	All Races	White	Black	All Races	White	Black	All Races	White	Black	
Males 34.4 41.3 1.1 48.5 57.3 3.2 63.3 74.4 5	Melanomas of the S	Skin:									
	Males	34.4	41.3	1.1	48.5	57.3	3.2	63.3	74.4	5.0	
Females 26.9 33.1 2.1 30.1 36.7 3.3 32.7 39.6 2	Females	26.9	33.1	2.1	30.1	36.7	3.3	32.7	39.6	2.2	

TABLE 6-18 Average Annual Cancer Incidence (per 100,000) of Skin Cancers (Excluding Basal and Squamous-Cell Cancers) in United States^{*a*}

^{*a*} SEER (Surveillance, Epidemiology, and End Results program) nine standard registries, crude age-specific rates, 2000–2005.

SEER incidence data are not available for non-melanocytic skin cancer.

ACS estimated that about 34,950 men and 27,530 women would receive diagnoses of cutaneous melanoma (ICD-9 172) in the United States in 2008 and 5,400 men and 3,020 women would die from it (Jemal et al., 2008a). More than a million cases of non-melanoma skin cancer (ICD-9 173), primarily basal-cell and squamous-cell carcinomas, are diagnosed in the United States each year (ACS, 2006); it is not required to report them to registries, so the numbers of cases are not as precise as those of other cancers. ACS reports that although melanoma accounts for only about 4% of skin-cancer cases, it is responsible for about 79% of skin-cancer deaths (2006). It estimates that 1,000–2,000 people die each year from non-melanoma skin cancer.

Melanoma occurs more frequently in fair-skinned people than in dark-skinned people; the risk in whites is roughly 20 times that in dark-skinned blacks. The incidence increases with age, although more strikingly in males than in females. Other risk factors include the presence of certain moles on the skin, suppression of the immune system, and excessive exposure to ultraviolet (UV) radiation, typically from the sun. A family history of the disease has been identified as a risk factor, but it is unclear whether that is attributable to genetic factors or to similarities in skin type and sun exposure patterns.

Excessive exposure to UV radiation is the most important risk factor for non-melanoma skin cancer, although some skin diseases and chemical exposures have also been identified as potential risk factors. Exposure to inorganic arsenic is a risk factor for skin cancer (this does not imply that cacodylic acid, which is a metabolite of inorganic arsenic, can also be assumed to be a risk factor).

Conclusions from VAO and Updates

The committee responsible for VAO concluded that there was inadequate or insufficient information to determine whether there is an association between exposure to the compounds of interest and skin cancer. Additional information available to the committee responsible for *Update 1996* did not change that conclusion. The *Update 1998* committee considered the literature on melanoma separately from that of non-melanoma skin cancer. It found that there was inadequate or insufficient information to determine whether there is an association between the compounds of interest and melanoma. The *Update 2000, Update 2002,* and *Update 2004* committees concurred with the findings of the *Update 1998* committee. The *Update 2006* committee was unable to reach consensus as to whether melanoma has limited or suggestive evidence of association or had inadequate or insufficient evidence to determine association, and so melanoma was left in the lower category. No new occupational or environmental studies concerning exposure to the compounds of interest and lipid and lipoprotein disorders were published since *Update 2004*. Table 6-19 summarizes the relevant melanoma studies.

/IETNAM VETERAN Studies Reviewed in <i>Uµ</i> 'avuk et al., 2005	WS <i>pdate 2006</i> White Air Force comparison subjects only— incidence Serum TCDD levels (pg/g), based on model with exposure variable $\log_e(TCDD)^c$ Per unit increase of $-\log_e(TCDD)$ in pg/g Quartiles (pg/g) 0.4–2.6 2.6–3.8 3.8–5.2	25	2.7 (1.1-6.3)
Studies Reviewed in U₄ Pavuk et al., 2005	white Air Force comparison subjects only— incidence Serum TCDD levels (pg/g), based on model with exposure variable $\log_e(TCDD)^c$ Per unit increase of $-\log_e(TCDD)$ in pg/g Quartiles (pg/g) 0.4–2.6 2.6–3.8 3.8–5.2	25	2.7 (1.1-6.3)
Pavuk et al., 2005	White Air Force comparison subjects only— incidence Serum TCDD levels (pg/g), based on model with exposure variable $\log_e(TCDD)^e$ Per unit increase of $-\log_e(TCDD)$ in pg/g Quartiles (pg/g) 0.4–2.6 2.6–3.8 3.8–5.2	25 3	2.7 (1.1-6.3)
	incidence Serum TCDD levels (pg/g), based on model with exposure variable $\log_e(TCDD)^c$ Per unit increase of $-\log_e(TCDD)$ in pg/g Quartiles (pg/g) 0.4–2.6 2.6–3.8 3.8–5.2	25 3	2.7 (1.1-6.3)
	Serum TCDD levels (pg/g), based on model with exposure variable log _e (TCDD) ^c Per unit increase of -log _e (TCDD) in pg/g Quartiles (pg/g) 0.4–2.6 2.6–3.8 3.8–5.2	25 3	2.7 (1.1-6.3)
	exposure variable $\log_e(TCDD)^e$ Per unit increase of $-\log_e(TCDD)$ in pg/g Quartiles (pg/g) 0.4–2.6 2.6–3.8 3.8–5.2	25 3	2.7 (1.1-6.3)
	Per unit increase of -log _e (TCDD) in pg/g Quartiles (pg/g) 0.4–2.6 2.6–3.8 3.8–5.2	25 3	2.7 (1.1-6.3)
	Quartiles (pg/g) 0.4–2.6 2.6–3.8 3.8–5.2	3	$2.7(1.1 \ 0.5)$
	0.4–2.6 2.6–3.8 3.8–5.2	3	
	2.6–3.8 3.8–5.2	5	1.0
	3 8-5 2	5	2.1(0.4-11)
		9	2.1(0.4-11) 3.2(0.7, 15.5)
	5.0° 5.2	0	3.2(0.7-13.3)
	-3.2 Number of years conved in coutboast Asia (SEA)	9	5.0(0.7-17.2)
	Number of years served in southeast Asia (SEA)	25	11(0012)
	Per year of service	23	1.1 (0.9–1.5)
	Quartiles (years in SEA)	2	1.0
	0.8-1.3	3	1.0
	1.3-2.1	4	1.9(0.3-10.3)
	2.1-3./	8	3.2(0.7-15.3)
DILL COOF	3./-16.4	10	4.1 (0.9–19.7)
ADVA, 2005a	Australian male Vietnam veterans vs Australian		
	population—incidence	756	1.3 (1.2–1.4)
	Navy	173	1.4 (1.2–1.6)
	Army	510	1.2 (1.2–1.4)
	Air Force	73	1.4 (1.1–1.7)
ADVA, 2005b	Australian male Vietnam veterans vs Australian		
	population—mortality	111	1.1 (0.9–1.3)
	Navy	35	1.6 (1.0–2.1)
	Army	66	1.0 (0.7–1.2)
	Air Force	10	1.0 (0.5–1.8)
ADVA, 2005c	Australian male conscripted Army National Service Vietnam era veterans—deployed vs non-deployed		
	Incidence	204	1.1 (0.9–1.4)
	Mortality	14	0.6 (0.3–1.1)
Boehmer et al., 2004	Follow-up of CDC Vietnam Experience Cohort	6	1.4 (0.4–4.9)
tudies Reviewed in Up	pdate 2004		
khtar et al., 2004	AFHS subjects vs national rates		
	White AFHS Ranch Hand veterans		
	Mortality—All	*	
	Incidence—All	17	2.3 (1.4–3.7)
	With tours between 1966–1970	16	2.6 (1.5-4.1)
	White AFHS comparison veterans		· · · ·
	Mortality—All	*	
	Incidence—All	15	1.5 (0.9-2.4)
	With tours between 1966–1970	12	1.5 (0.8–2.6)
	White AFHS subjects—incidence		× /
	Who spent at most 2 years in SEA		
	Per unit increase of $-\log_{0}(TCDD)$ in ng/g	14	2.2(1.3-3.9)
	Comparison group	3	1.0
	Ranch Hand— <10 TCDD pg/g in 1987	4	3.0(0.5-16.8)

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Reference	Study Population ^{<i>a</i>}	Exposed Cases ^b	Estimated Relative Risk (95% CI) ^b
	Ranch Hand— <118.5 TCDD pg/g at end of		
	service	, 4	7.4 (1.3–41.0)
	Ranch Hand—>118.5 TCDD pg/g at end of	2	
	Service	3	7.5 (1.1–50.2)
	Only Ranch Hands with 100% service in Vietnam		
	and Comparisons with 0% service in Vietnam	1.4	17(10.29)
	Per unit increase of $-\log_e(1CDD)$ in pg/g	14	1.7(1.0-2.8)
	Comparison group Repet Hand <10 TCDD ng/g in 1097	2 5	1.0 2.0 (0.4, 25.2)
	Ranch Hand ~ 10 TCDD pg/g in 1987		5.9 (0.4-55.5)
	Kanch Hand— <118.5 TCDD pg/g at end of	. 1	7 2 (0 0 58 8)
	Scivice Ranch Hand >118.5 TCDD ng/g at end of		7.2 (0.9–38.8)
	service	3	5.5(0.6-46.1)
Studios Doviowad in Un	data 2000	5	5.5 (0.0-40.1)
AFHS 2000	Air Force Ranch Hand veteransincidence	16	18(08-38)
Ketchum et al 1000	Ranch Hand (RH) veterans and comparisons through	10	1.8 (0.8-5.8)
Kelenum el ul., 1999	Iune 1997—incidence		
	Comparisons	9	1.0
	BH background-exposure	4	1.0 1 1 (0 3-4 5)
	RH low-exposure	6	26(0.7-9.1)
	RH high-exposure	2	0.9(0.2-5.6)
AIHW 1999	Australian Vietnam veterans (Validation study) —	483	380 expected
	incidence	105	(342-418)
CDVA 1998a	Australian Vietnam veterans (men)—incidence	2.689^{d}	380 expected
00,11,19904	rustiuliun (louluin (cooruns (liten)) incluence	2,009	(342-418)
CDVA, 1998b	Australian Vietnam veterans (women)-incidence	7 ^d	3 expected (1-8)
Studies Reviewed in Up	date 1998		
CDVA, 1997a	Australian Vietnam veterans (men)	51	1.3 (0.9–1.7)
CDVA, 1997b	Australian national service Vietnam veterans	16	0.5 (0.2–1.3)
Clapp, 1997	Massachusetts Vietnam veterans—incidence	21	1.4 (0.7–2.9)
Studies Reviewed in VA	0		
Wolfe et al., 1990	Air Force Ranch Hand veterans—incidence	4	1.3 (0.3–5.2)
Breslin et al., 1988	Army Vietnam veterans	145	1.0 (0.9–1.1)
	Marine Vietnam veterans	36	0.9 (0.6–1.5)
OCCUPATIONAL			
New Studies			
Hansen et al., 2007	Danish gardeners—incidence		
	(skin, ICD-7 190–191)		
	10-yr follow-up (1975-1984) reported in Hansen et	Ţ	
	al. (1992)	31	1.3 (0.9–1.8)
	25-yr follow-up (1975–2001)		
	Born before 1915 (high exposure)	28	0.9 (0.6–1.4)
	Born 1915–1934 (medium exposure)	36	0.6 (0.4–0.9)
a	Born after 1934 (low exposure)	5	0.3 (0.1–0.7)
Samanic et al., 2006	Pesticide applicators in AHS—melanoma incidence		
	from enrollment through 2002		
	Dicamba – lifetime days exposure		1.0
	None	32	1.0
	1-<20	10	1.0(0.5-2.1)
	20 - 56	18	1.6(0.8-3.0)
	D0-≤110 >110	6	0.7(0.3-1.8)
	≥110	6	0.8 (0.3–2.1)

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Reference	Study Population ^{<i>a</i>}	Exposed Cases ^b	Estimated Relative Risk $(95\% \text{ CI})^b$
			p for linear trend = 0.51
Studies Reviewed in Up	date 2006		
McLean et al., 2006	IARC cohort of pulp and paper workers Exposure to nonvolatile organochlorine compounds		
	Never	20	0.8(0.5-1.3)
A Manuatia at al 2005	Evel Dhan and hachieide and ducene (men and success)	21	1.2(0.7-1.8)
t Mannetje et al., 2005	Phenoxy herbicide producers (men and women) Phenoxy herbicide sprayers (>99% men)	1	0.6 (0.0–3.4)
Alavanja et al., 2005	US Agriculture Health Study—incidence		
	Private applicators (men and women)	100	1.0 (0.8–1.2)
	Spouses of private applicators (>99%women)	67	1.6 (1.3-2.1)
	Commercial applicators (men and women)	7	1.1 (0.4–2.2)
Blair et al., 2005a	US Agriculture Health Study		. ,
	Private applicators (men and women)	13	0.7 (0.4–1.3)
	Spouses of private applicators (>99%women)	2	0.4 (0.1–1.6)
Torchio et al., 1994	Italian licensed pesticide users	9	1.2 (0.6–2.3)
Magnani et al., 1987	UK case-control		
-	Herbicides	*	1.2 (0.4-4.0)
	Chlorophenols	*	0.9 (0.4–2.3)
Studies Reviewed in Up	date 2004		
Swaen et al., 2004	Dutch licensed herbicide applicators		
	Melanoma, squamous cell carcinoma, and		
	unknown skin cancer (mortality presumably		
	attributable to melanoma)	5	3.6 (1.2-8.3)
Studies Reviewed in Up	date 2002		
Thörn et al., 2000	Swedish lumberjack workers exposed to		
	phenoxyacetic herbicides-incidence		
	Women	1	3.5 (0.1–19.2)
	Men	0	_
Studies Reviewed in Up	date 2000		
Hooiveld et al., 1998	Dutch chemical production workers (Included in the		
	IARC cohort)	1	2.9 (0.1–15.9)
Studies Reviewed in Up	date 1998		
Hertzman et al., 1997	British Columbia sawmill workers		
	Incidence	38	1.0 (0.7–1.3)
	Mortality	17	1.4 (0.9–2.0)
Kogevinas et al., 1997	IARC cohort (men and women)		
	Workers exposed to any phenoxy herbicide or		
	chlorophenol	9	0.6 (0.3–1.2)
	Workers exposed to TCDD (or higher-chlorinated		
	dioxins)	5	0.5 (0.2–3.2)
	Workers not exposed to TCDD (or higher- chlorinated dioxins)	4	10(03-24)
Studies Reviewed in Un	date 1996	т	(0.5 2.1)
Blair et al 1993	US farmers in 23 states		
2.mii et ui., 1995	White men	244	10(08-11)
	White women	2 74 5	11(04-27)
Lynge 1993	Danish production workers—undated incidence	5	··· (0. r 2./)
Lj.1.50, 1995	(Included in the IARC cohort)	4	4 3 (1 2–10 9)
		т	

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Studies Reviewed in VAO

Ronco et al., 1992

Danish workers—incidence

Reference	Study Population ^{<i>a</i>}	Exposed Cases ^b	Estimated Relative Risk $(95\% \text{ CI})^b$
	Men	72	0.7 (<i>p</i> < 0.05)
	Women	5	1.2 *
Wigle et al., 1990	Canadian farmers	24	1.1 (0.7–1.6)
Wiklund, 1983	Swedish male and female agricultural workers-		
	incidence	268	$0.8 (0.7 - 1.0)^c$
ENVIRONMENTAL			
Consonni et al., 2008	Seveso residents—25-year follow-up—men and women		
	Zone A	1	3.1 (0.4-22.0)
	Zone B	2	1.0 (0.2–3.9)
	Zone R	12	0.8 (0.4–1.5)
Studies Reviewed in U	pdate 2000		
Bertazzi et al., 2001	Seveso residents—20-year follow-up		1.5 (0.0, 10.5)
	Zones A, B—men	1	1.5(0.2-12.5)
Stadios Destandin I	women	2	1.8 (0.4–7.3)
Studies Keviewed in U	Paule 1998		
Derlazzi el al., 1997	Zone A women	1	0.4(0.1, 52.2)
	Zone P men	1	9.4(0.1-32.5) 1 1 (0 2 3 2)
	Zone K—men	3	1.1(0.2-3.2) 0.6(0.1-1.8)
Svensson et al. 1995	Swedish fishermen (men and women)	5	0.0 (0.1–1.6)
5vensson et al., 1775	Fast coast		
	Incidence	0	0.0(0.0-0.7)
	Mortality	0	0.0(0.0-1.7)
	West coast	0	0.0 (0.0 1.7)
	Incidence	20	0.8(0.5-1.2)
	Mortality	20 6	0.7(0.3-1.5)
Studies Reviewed in V	AO	0	0.7 (0.5 1.0)
Bertazzi et al 1989a	Seveso residents—10-year follow-up		
	Zones A, B, R—men	3	3.3 (0.8–13.9)
	women	1	0.3(0.1-2.5)

^{*a*} Cohorts are male and the endpoint is mortality unless otherwise noted.

^{*b*} Given when available.

 c The original paper implied that the exposure metric for TCDD was based on actual measured serum levels of TCDD. Subsequent correspondence between the Committee and the investigators indicated that the metric was actually transformed using the natural logarithm of TCDD.

^d Self-reported medical history. Answer to question: Since your first day of service in Vietnam, have you been told by a doctor that you have melanoma?

^{*e*} Incidence rates provided in absence of information on exposed cases or estimated relative risk for morbidity f 99% CI.

— When information was denoted by a dash in the original study.

Studies in italics have been superseded by newer studies of the same cohorts.

ABBREVIATIONS: 2,4-D, 2,4-dichlorophenoxyacetic acid; CDVA, Commonwealth Department of Veterans' Affairs; CI, confidence interval; IARC, International Agency for Research on Cancer; TCDD, 2,3,7,8-tetrachlorodibenzo-*p*-dioxin.

Update of the Epidemiologic Literature

Vietnam-Veteran Studies

No new Vietnam-veteran studies concerning exposure to the compounds of interest and melanoma were published since *Update 2006*.

Occupational Studies

In the AHS cohort, Samanic et al. (2006) observed no strong association with melanoma and exposure to dicamba. When exposure was defined as the number of lifetime days of applications, the largest association was observed for applications of 20 to 56 days with a rate ratio (RR) of 1.59 (95% CI 0.84–3.00). The association decreased as the number of exposure days increased, with an observed RR of 0.83 (95% CI 0.33–2.13) for greater than 116 lifetime days of exposure. A similar pattern was observed when exposure categories were weighted by intensity.

Hansen et al. (2007) evaluated cancer incidence from May 1975 through 2001 within an occupational cohort of Danish Union Workers identified from men working in 1973; their incidence from 1975 to 1984 was reported in Hansen et al. (1992). The cohort of 3,156 male gardeners was matched to the Danish Cancer Registry to measure cancer incidence in the cohort. All skin cancers (ICD-7, coded 190–191) were examined as one group. SIR's, controlling for age and calendar time, were calculated using the national cancer incidence rates as the standards. Given the reduction in pesticide use over calendar time, birth cohorts were used as a proxy definition of exposure. Three subcohorts were evaluated: high exposure, early birth cohort (born prior to 1915); low exposure, late birth cohort (born after 1935); and medium exposure (births between 1915 and 1934). Overall, 521 cancer cases were identified, with 69 coded as skin cancer. While the SIRs decreased with birth cohort time period (the SIRs were lowest for the latest birth cohort), the observed incidence of for all skin cancers combined was lower than the expected incidence for all birth cohorts examined. For men born prior to 1915, the cohort assumed to have the greatest exposure potential, the SIR was 0.93 (95% CI 0.64-1.35). A reduced incidence was also observed for men born after 1935, when exposure levels were hypothesized to be lower due to fewer applications and better safety measures (SIR = 0.28, 95%) CI 0.12-0.67).

Environmental Studies

The 25-year follow-up of the Seveso cohort was reported by Consonni et al. (2008). Personyears were calculated for 278,108 cohort members from July 10, 1976 (or entry date) until death or end of the study (December 31, 2001) for all 278,108 study members. A total of 15 melanoma deaths were identified, with the majority (12) occurring among residents in the low exposure zone (R). Compared to residents of the reference zone, melanoma incidence was decreased in the high (B) and low (R) exposure zones (RR = 0.97, 95%, CI 0.24–3.93; RR = 0.83, 95% CI 0.45– 1.51, respectively). One melanoma death was observed in Zone A, which had the highest TCDD exposure (RR = 3.06, 95% CI 0.43–22.01).

Fortes et al. (2007) examined residential use of pesticides and melanoma in a hospital-based case–control study; however, the lack of exposure specificity in this study precluded the committee from including the study results in this review.

Biologic Plausibility

There are no new studies on animal models of skin cancer to report. TCDD and related herbicides have not been found to cause melanoma in animal models. In general rodents, which are used for most toxicology studies, are not a good model for studying melanoma. TCDD does produce non-melanoma skins cancers in animal models (Wyde et al, 2004). As discussed elsewhere in this chapter, TCDD is a known tumor promoter and could act as a promoter for skin cancer initiators, such as ultraviolet light. However, there are no experiments that have been specifically conducted to support this potential mechanism.

The biologic plausibility of the chemicals of interest being carcinogenic is discussed in general at the beginning of this chapter.

Synthesis

No association between the compounds of interest and melanoma was observed with either of the two new occupational studies. Of the two new environmental studies, Fortes observed a weak association for self reported residential use of pesticides and melanoma. However, numbers were not sufficient to examine herbicides separately. Finally, while risk of melanoma was increased among those living in the highest exposure zone of the Seveso cohort, this finding was based on only one melanoma death. These new studies do not provide evidence to support moving melanoma to the limited or suggestive category.

The committee for *Update 2006* was unable to reach consensus as to whether the evidence concerning an association between exposure to the compounds of interest and melanoma met the criteria for being considered limited or suggestive or if this health outcome should remain in the inadequate or insufficient classification. That committee recognized that the findings from the AFHS, including the evaluation of TCDD measurements and melanoma (Akhtar et al., 2004; Pavuk et al., 2005), were of prime interest. However, the data from the final AFHS examination cycle indicate that many more melanoma cases were diagnosed among the comparison veterans than in the Ranch Hand subjects, so the committee for *Update 2006* recommended that the Akhtar analyses be rerun on the final AFHS dataset. The final data on the Ranch Hand and comparison subjects still have not been analyzed in a satisfactory and uniform manner, so this committee also strongly encourages that such an analysis be performed and published in order to provide documentation of the full melanoma experience revealed by the AFHS and permit definitive evaluation of the association between the compounds of interest and melanoma.

Conclusion

On the basis of its evaluation of the evidence reviewed here and in previous VAO reports, the committee concludes that there is inadequate or insufficient evidence to determine whether there is an association between exposure to the compounds of interest and melanoma.

SKIN CANCER: BASAL-CELL AND SQUAMOUS-CELL CANCER (NON-MELANOMA)

The preceding section on melanoma presented background information on non-melanoma skin cancers (ICD-9 173).

Conclusions from VAO and Updates

The committee responsible for VAO concluded that there was inadequate or insufficient information to determine whether there is an association between exposure to the compounds of interest and skin cancer, and additional information available to the committee responsible for *Update 1996* did not change that conclusion. The *Update 1998* committee considered the literature on nonmelanocytic skin cancer separately from that on melanoma and concluded that there was inadequate or insufficient information to determine whether there is an association between exposure to the compounds of interest and basal-cell or squamous-cell cancer. The *Update 2000, Update 2002, Update 2004,* and *Update 2006* committees did not change that conclusion. Table 6-20 summarizes the relevant studies.

Reference	Study Population ^{<i>a</i>}	Exposed Cases ^b	Estimated Relative Risk (95% CI) ^b
VIEINAM VEIEK			
Studies Reviewed in	Update 2006		
Pavuk et al., 2005	White Air Force comparison subjects only		
	(basal and squamous cell)—incidence		
	Serum TCDD levels (pg/g), based on model with exposure variable $\log_e(\text{TCDD})^f$		
	Per unit increase of -log _e (TCDD) in pg/g	253	1.2(0.9-1.4)
	Ouartiles (pg/g)		× /
	0.4–2.6	50	*
	2.6-3.8	59	1.2 (0.8–1.8)
	3.8-5.2	71	1.5 (1.1–2.3)
	>5.2	73	1.4 (0.9–2.0)
	Number of years served in southeast Asia (SEA)		
	Per year of service	253	1 (0.9 –1.1)
	Quartiles (years in SEA)		
	0.8–1.3	55	*
	1.3–2.1	50	0.9(0.6-1.4)
	2.1-3.7	73	1.1 (0.8–1.6)
	3.7–16.4	75	1.2(0.8-1.7)

TABLE 6-20 Selected Epidemiologic Studies—Other Nonmelanoma (basal and squamous cell)

 Skin Cancer
 Skin Cancer

Studies Reviewed in Update 2000

Reference	Study Population ^{<i>a</i>}	Exposed Cases ^b	Estimated Relative Risk (95% CI) ^b
AFHS, 2000	Air Force Ranch Hand veterans—incidence Basal cell carcinoma (BCC) Squamous cell carcinoma (SCC)	121 20	1.2 (0.9–1.6) 1.5 (0.8–2.8)
CDVA, 1998a CDVA, 1998b	Australian Vietnam veterans—men (incidence) Australian Vietnam veterans—women (incidence)	6,936 ^c 37 ^c	* *
Studies Reviewed in VA	0 Air Force Douch Hand sectoring insidence		
wolje el al., 1990	Air Force Ranch Hand Veterans—Incidence Basal cell carcinoma	78	15(10-21)
	Squamous cell carcinoma	6	1.6 (0.5–5.1)
OCCUPATIONAL New Studies			
Hansen et al., 2007	Danish gardeners—incidence (skin, ICD-7 190–191)		
	10-yr follow-up (1975–1984) reported in Hanse	en	1.2 (0.0.1.0)
	et al. (1992)	31	1.3 (0.9–1.8)
	23-y1 10110w-up (1975–2001) Born before 1915 (high exposure)	28	0.9(0.6-1.4)
	Born 1915–1934 (medium exposure)	20 36	0.9(0.0-1.4) 0.6(0.4-0.9)
	Born after 1934 (low exposure)	5	0.3(0.1-0.7)
Studies Reviewed in Upd	late 2006	C C	
Torchio et al., 1994 Studies Reviewed in Upd	Italian licensed pesticide users date 2004	3	0.6 (0.1–1.8)
Swaen et al., 2004	Dutch licensed herbicide applicators Melanoma, squamous cell carcinoma, and unknown skin cancer (mortality presumable		
Studies Reviewed in Un	attributable to melanoma)	5	3.6 (1.2-8.3)
Burns et al., 2001	Dow 2,4-D production workers (Included in the IARC cohort and the NIOSH Dioxin Registry)		
Thörn et al., 2000	Non-melanoma skin cancer Swedish lumberjacks exposed to phenoxyacetic	0	_
	Foremen	1	16.7 (0.2–92.7)
Studies Reviewed in Upd	date 1998		
Kogevinas et al., 1997	IARC cohort (men and women)		
	Workers exposed to any phenoxy herbicide or		
	chlorophenol	4	0.9 (0.3–2.4)
	Workers exposed to TCDD (or higher-chlorinated		12(0220)
	(IIOXIIIS) Workers not exposed to TCDD (or higher	4	1.5 (0.5-5.2)
	chlorinated dioxins)	0	0.0(0.0-3.4)
Zhong and Rafnsson,	Icelandic pesticide users (men and women—	0	0.0 (0.0 0)
1996	incidence)		
	Men	5	2.8 (0.9-6.6)
Studies Reviewed in Upd	date 1996		
Blair et al., 1993	US farmers in 23 states		
	Skin (including melanoma)	105	1 (1 (1 (1 (1 (1 (1 (1 (1 (1 (1 (1 (1 (1
	white women	425	1.1(1.0-1.2) 1.0(0.4, 2.1)
Studies Reviewed in 174	o wille wollen	0	1.0(0.4-2.1)
Ronco et al 1992	Danish workers—incidence		
	Men—self-employed	493	0.7 (<i>p</i> < 0.05)

Reference	Study Population ^{<i>a</i>}	Exposed	Estimated Relative
		Cases	Risk (95% CI)"
	employee	98	0.7 (p < 0.05)
	Women—self-employed	5	$0.3 \ (p < 0.05)$
	employee	10	0.9 (*)
	family worker	90	0.6 (p < 0.05)
Coggon et al., 1986	British MCPA production workers (Included in the		
	IARC cohort)	3	3.1 (0.6–9.0)
ENVIRONMENTAL			
Studies Reviewed in U	pdate 1998		
Gallagher et al., 1996	Alberta, Canada, residents—squamous cell		
-	carcinoma (incidence)		
	All herbicide exposure	79	1.5 (1.0-2.3)
	Low herbicide exposure	33	1.9 (1.0-3.6)
	High herbicide exposure	46	3.9 (2.2-6.9)
	Alberta, Canada, residents—basal cell carcinoma		
	All herbicide exposure	70	1.1 (0.8–1.7)
Svensson et al., 1995	Swedish fishermen		
	East coast		
	Incidence	22	2.3(1.5-3.5)
	Mortality	0	0.0(0.0-15.4)
	West coast		
	Incidence	69	1 1 (0 9–1 4)
	Mortality	5	31(10-71)
Studies Reviewed in <i>U</i>	ndate 1996	0	5.1 (1.0 7.1)
Bertazzi et al 1993	Seveso residents—10-year follow-up (incidence)		
Dertuzzi et ul., 1995	Zone A_men	1	24(03-172)
	women	1	3.9(0.5-17.2)
	Zone B_men	2	0.7(0.2-2.0.1)
	Women	2	1.3(0.3-5.1)
	Zone P men	20	1.5(0.5-5.1) 1.0(0.6, 1.6)
	Zolie K—lileli	12	1.0(0.0-1.0) 1.0(0.6, 1.0)
Studios Doviewed in I/	women	15	1.0 (0.0-1.9)
Pasatori et al 1002	AU Savasa rasidants incidanca		
r esulori el ul., 1992	Zanas A. D. man	2	10(0220)
	Zones A, B—men	5	1.0(0.5-5.0) 1.5(0.5,4.0)
	Women Zono D. mon	20	1.5(0.5-4.9)
	Zone K—men	20 12	1.0(0.0-1.0) 1.0(0.5, 1.7)
W/1-1	women	13	1.0 (0.3–1.7)
wikiuna, 1983	Incidence	708	$1.1(1.0-1.2)^d$
^{<i>a</i>} Cohorts are male unles	ss otherwise noted		

^b Given when available.

^c Self-reported medical history. Answer to question: Since your first day of service in Vietnam, have you been told by a doctor that you have other skin cancers (Basal Cell Carcinoma, Squamous Cell Carcinoma)?

^d 99% CI.

^{*e*} Incidence rates provided in absence of information on exposed cases or estimated relative risk for morbidity. * Information not provided by study authors.

Studies in italics have been superseded by newer studies of the same cohorts.

ABBREVIATIONS: AFHS, Air Force Health Study; CDVA, Commonwealth Department of Veterans' Affairs; CI, confidence interval.

Update of the Epidemiologic Literature

The study by Hansen et. al. (2007), which examined the incidence of all skin cancers combined (see Melanoma section above), was the only new literature related to skin cancer published since *Update 2006*. No association was observed in this occupational cohort of Danish gardeners when comparing cancer incidence to national rates by birth cohort (a proxy for pesticide exposure). This study was limited by the inability to examine incidence by pesticide class (e.g. herbicides) and to evaluate non-melanoma cancer separately from melanoma.

Biologic Plausibility

There are no new studies on animal models of skin cancer to report. TCDD does produce non-melanoma skins cancers in animal models (Wyde et al., 2004). As discussed elsewhere in this chapter, TCDD is a known tumor promoter and could act as a promoter for skin cancer initiators, such as ultraviolet light. However, there are no experiments that have been specifically conducted to support this potential mechanism.

The biologic plausibility of the chemicals of interest being carcinogenic is discussed in general at the beginning of this chapter.

Synthesis

In accord with the results of reports previously assessed, the committee concludes that there is inadequate or insufficient evidence to determine whether there is an association between exposure to the compounds of interest and basal-cell or squamous-cell cancer.

Conclusion

On the basis of its evaluation of the evidence reviewed here and in previous VAO reports, the committee concludes that there is inadequate or insufficient evidence to determine whether there is an association between exposure to the compounds of interest and basal-cell or squamous-cell cancer.

BREAST CANCER

Breast cancer (ICD-9 174 for females, ICD-9 175 for males) is the second-most common type of cancer (after non-melanoma skin cancer) in women in the United States. ACS estimated that 182,460 women would receive diagnoses of breast cancer in the United States in 2008 and that 40,480 would die from it (Jemal et al., 2008a). Overall, those numbers represent about 26% of the new cancers and 15% of cancer deaths in women. Incidence data on breast cancer are presented in Table 6-21.

Breast-cancer incidence generally increases with age. In the age groups of most Vietnam veterans, the incidence is higher in whites than in blacks. Established risk factors other than age

include personal or family history of breast cancer and some characteristics of reproductive history—specifically, early menarche, late onset of menopause, and either no pregnancies or first full-term pregnancy after the age of 30 years. A pooled analysis of six large-scale prospective studies of invasive breast cancer showed that alcohol consumption over the range of consumption reported by most women was associated with a small, linear increase in incidence in women (Smith-Warner et al., 1998). It is now generally accepted that breast cancer risk is increased by prolonged use of hormone replacement therapy, particularly use of preparations that combine estrogen and progestins (Chlebowski et al., 2003). The potential of other personal behavioral and environmental factors (including exogenous hormones) to affect breast-cancer incidence is being studied extensively.

TABLE 6-21 Average Annual Incidence (per 100,000) of Breast Cancer in Females in United States^{*a*}

	50–54 Years of Age			55–59	55–59 Years of Age			60–64 Years of Age			
	All Races	White	Black	All Races	White	Black	All Races	White	Black		
Male	1.2	1.3	1.7	2.3	2.9	4.5	3.5	3.5	6.6		
Female	240.5	248.2	224.6	309.0	321.5	270.7	372.4	391	321.8		

^{*a*} SEER (Surveillance, Epidemiology, and End Results program) nine standard registries, crude age-specific rates, 2000–2005.

Most of the roughly 10,000 female Vietnam veterans who were potentially exposed to herbicides in Vietnam are approaching or have recently reached menopause. Given the high incidence of breast cancer among older and postmenopausal women in general, on the basis of demographics alone it is expected that the breast-cancer burden in female Vietnam veterans will increase in the near future.

The vast majority of breast-cancer epidemiologic studies involve women, but the disease also occurs rarely in men, with 1,990 new cases expected in 2008 (Jemal et al., 2008a). Reported instances of male breast cancer are noted, but the committee's conclusions are based on the studies in women.

Conclusions from VAO and Updates

The committee responsible for VAO concluded that there was inadequate or insufficient information to determine whether there is an association between exposure to the compounds of interest and breast cancer. Additional information available to the committees responsible for *Update 1996, Update 1998, Update 2000, Update 2002,* and *Update 2004* did not change that conclusion. The *Update 2006* committee was unable to reach consensus as to whether breast cancer has limited or suggestive evidence of association or had inadequate or insufficient evidence to determine association, and so breast cancer was left in the lower category. Table 6-22 summarizes the relevant research.

TABLE 6-22 Selected Epidemiologic Studies—Breast Cancer

•	~ · · · · · · · · · · · · · · · · · · ·		
Reference	Study Population	Exposed	Estimated Relative
		Cases ^a	Risk $(95\% \text{ CI})^a$

VIETNAM VETERANS New StudiesCypel and Kang, 2008US Vietnam veterans—women571.0 (0.7–1.4) Vietnam veteran nurses440.9 (0.6–1.4)Studies Reviewed in Update 20060000ADVA, 2005aAustralian male Vietnam veterans vs Australian population—incidence0-ADVA, 2005bAustralian male Vietnam veterans vs Australian population—mortality00.9 (0.4–1.9) 1.0 (0.0–2.2) Air ForceADVA, 2005bAustralian male Vietnam veterans vs Australian population—mortality2.2 (0.6–5.4) 2.5 (0.5–7.2) Air Force0ADVA, 2005cAustralian male conscripted Army National Service Mortality00.0 (0.0–1.4.6)ADVA, 2005cAustralian male conscripted Army National Service Mortality00.0 (0.0–2.4)Studies Reviewed in Update 2002 Kang et al. 2000Fernale Vietnam veterans Mortality1.2 (0.9–1.5)Studies Reviewed in Update 1098 Studies Reviewed in Update 10981.2 (0.9–1.5)Studies Reviewed in Update 1098 Studies Reviewed in Update 10981.2 (0.6–2.5)CDFA, 1997a Australian military Vietnam veterans1.71.2 (0.6–2.5)OCCUPATIONAL Studies Reviewed in Update 2006 Homas et al., 1997Fernale US Vietnam veterans1.71.2 (0.6–2.5)OCCUPATIONAL Studies Reviewed in Update 2006 Holdser 2006IARC cohort of pulp and paper workers Exposure to novolatile organochlorine compounds1.3 (0.0–7.2)Mem1.3 (0.0–7.2)Mem1.3 (0.0–7.2)Mem1.3 20.08–1.3)Phenoxy herbicide producers (men an	Reference	Study Population	Exposed Cases ^a	Estimated Relative Risk (95% CI) ^a
New Studies Cypel and Kang, 2008US Vietnam veterans—women Vietnam veteran nurses571.0 (0.7–1.4) (0.9 (0.6–1.4)Studies Reviewed in Update: 2006600	VIETNAM VETERAN	8		
	New Studies			
Studies Reviewed in Update 2006Image: Constraint veteral mixesImage: Constraint veteral mixesImage: Constraint veteral mixesBoehmer et al., 2004Follow-up of CDC Vietnam Experience Cohort0	Cypel and Kang, 2008	US Vietnam veterans—women	57	1.0(0.7-1.4)
Studies Reviewed in Update 2002 Kaustalian male Vietnam veterans vs Australian population—incidence Navy Air Force ADVA, 2005b Australian male Vietnam veterans vs Australian population—mortality Air Force ADVA, 2005b Australian male Vietnam veterans vs Australian population—mortality Air Force ADVA, 2005b Australian male Vietnam veterans vs Australian population—mortality Air Force ADVA, 2005c Australian male vietnam veterans vs Australian population—mortality Air Force ADVA, 2005c Australian male conscripted Army National Service Vietnam era veterans—deployed vs non-deployed Incidence Vietnam era veterans—deployed vs non-deployed Incidence Mortality Studies Reviewed in Update 2002 Studies Reviewed in Update 1998 CDV4, 1997a Australian military Vietnam veterans Studies Reviewed in Update 1998 CDV4, 1997a Australian military Vietnam veterans Studies Reviewed in Update 1996 Dalager et al., 2006 IARC cohort of pulp and paper workers Exposure to nonvolatile organochlorine compounds Never twore Line 1, 2005 Alavanja et al., 2005 Vietnam et al., 2005 Alavanja et al., 2005 Vietnam veterans Vietnam veterans Studies Reviewed in Update 2006 IARC cohort of pulp and paper workers Exposure to nonvolatile organochlorine compounds Never Line 2005 Alavanja et al., 2005 US Agriculture Health Study—incidence Private applicators (men and women) Alavanja et al., 2005 US Agriculture Health Study—incidence Private applicators (men and women) COV 4, 10 (0,0–1,1) Commercial applicators (men and women) Commercial applicators (men and women)	Studios Dovioused in Ur	vietnam veteran nurses	44	0.9(0.0-1.4)
DotAl 2005a Australian male Vietnam regrammer Construction 0	Boohmer et al 2004	Follow up of CDC Vietnam Experience Cohort	0	
$\begin{array}{cccccccccccccccccccccccccccccccccccc$	ADVA 2005_2	Australian male Vietnam veterans vs. Australian	0	
$ \begin{array}{cccccccccccccccccccccccccccccccccccc$	AD VA, 2005a	nonulation incidence	7	0.0(0.1,1.0)
Army 1 0000-3.3) Army 5 1.0 (0.3-2.2) Air Force 1 1.11 (0.0-6.3) ADVA, 2005b Australian male Vietnam veterans vs Australian population—mortality 4 2.2 (0.6-5.4) Navy 1 2.5 (0.0-13.5) Army 3 2.5 (0.5-7.2) Air Force 0 0.0 (0.0-14.6) ADVA, 2005c Australian male conscripted Army National Service 0 Vietnam era veterans—deployed vs non-deployed Incidence 0 0.0 (0.0-2.4) Mortality * Studies Reviewed in Update 2002 Kang et al., 2000 Female Vietnam veterans 170 1.2 (0.9-1.5) CDF4, 1998b Australian Nietnam veterans 170 1.2 (0.9-1.5) CDF4, 1997a Australian military Vietnam veterans 26 1.0 (0.6-1.8) Studies Reviewed in Update 1998 CDF4, 1997a Female US Vietnam veterans 26 1.0 (0.6-1.8) Studies Reviewed in Update 1996 Dalager et al., 1991 Female US Vietnam veterans 17 1.2 (0.6-2.5) OCCUPATIONAL Studies Reviewed in Update 2006 McLean et al., 2005 IARC cohort of pulp and paper workers Exposure to nonvolatile organochlorine compounds Never 21 0.9 (0.6-1.4) Ever 32 0.9 (0.6-1.4) Ever 32 0.9 (0.6-1.3) 't Mannetje et al., 2005 Phenoxy herbicide producers (men and women) Women 1 1.3 (0.0-7.2) Men 1 3.2 (0.8-175) Phenoxy herbicide producers (men and women) 27 1.1 (0.7-1.6) Spouses of private applicators (-99% women) 474 1.0 (0.9-1.1) Commercial applicators (men and women) 1 0.0 (0.6-1.3) Engel et al., 2005 US Agriculture Health Study—incidence Wives own use of phenoxy herbicides 41 0.8 (0.6-1.1) Engel et al., 2005 US Agriculture Health Study.wives of private applicators—incidence Wives own use of phenoxy herbicides 41 0.8 (0.6-1.1) 2.4-D		Navy	/	0.9(0.4-1.9) 0.6(0.0, 2, 3)
Air Force 1 1 1.1 (0.0–6.3) Air Force 1 1.1 (0.0–6.3) ADVA, 2005b Australian male Vietnam veterans vs Australian population—mortality 4 2.2 (0.6–5.4) Navy 1 2.5 (0.0–13.5) Army 3 2.5 (0.5–7.2) Air Force 0 0.00 (0.0–14.6) ADVA, 2005c Australian male conscripted Army National Service 0 0 - Vietnam era veterans—deployed vs non-deployed Incidence 0 0 0.0 (0.0–2.4) Mortality * Studies Reviewed in <i>Update 2002</i> Kang et al., 2000 Female Vietnam veterans momen 17 ⁶ 5 expected (2–11) Studies Reviewed in <i>Update 1998</i> <i>CDVA</i> , 1997a Australian military Vietnam veterans—men 3 5.5 (1.0–>10.0) Studies Reviewed in <i>Update 1998</i> Studies Reviewed in <i>Update 1996</i> Dalager et al., 1991 Female US Vietnam veterans 26 1.0 (0.6–1.8) Studies Reviewed in <i>Update 2006</i> McLean et al., 2005 IARC cohort of pulp and paper workers Exposure to nonvolatile organochlorine compounds Never 21 0.9 (0.6–1.4) Ever 32 0.9 (0.6–1.4) Ever 32 0.9 (0.6–1.4) Women 1 1.3 (0.0–7.2) Men 1 32 (0.8–175) Phenoxy herbicide producers (men and women) Women 1 1.3 (0.0–7.2) Men 1 32 (0.8–175) Phenoxy herbicide producers (men and women) 27 1.1 (0.7–1.6) Spouses of private applicators (99% women) 474 1.0 (0.9–1.1) Commercial applicators (men and women) 27 1.1 (0.7–1.6) Spouses of private applicators (men and women) 1 0.0 (0.9–1.1) Commercial applicators (men and women) 1 0.6 (0.1–3.5) Engel et al., 2005 US Agriculture Health Study—incidence Wives own use of phenoxy herbicides 4 1 0.8 (0.6–1.1) 2.4–D 4 1 0.8 (0.6–1.1)		Δrmy	5	1.0(0.3-2.2)
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$\begin{array}{cccc} & \operatorname{Air} \bar{\mathrm{F}orce} & 0 & 0.0 & (0.0-14.6) \\ & \operatorname{Australian} male conscripted Army National Service \\ & \operatorname{Vietnam} era veterans—deployed vs non-deployed \\ & \operatorname{Incidence} & 0 \\ & \operatorname{Mortality} & * \end{array}$		Army	3	2.5 (0.5-7.2)
ADVA, 2005cAustralian male conscripted Army National Service Vietnam era veterans—deployed vs non-deployed Incidence Mortality0 $-$ Studies Reviewed in Update 20020.0 (0.0–2.4) Mortality*0.0 (0.0–2.4) *Kang et al., 2000Female Vietnam veterans Australian Vietnam veterans—women1701.2 (0.9–1.5) 5 expected (2–11)Studies Reviewed in Update 1998Australian military Vietnam veterans—men35.5 (1.0–>10.0)Studies Reviewed in Update 1998Female US Vietnam veterans261.0 (0.6–1.8)Studies Reviewed in VAOTo Female US Vietnam veterans171.2 (0.6–2.5)OCCUPATIONALStudies Reviewed in Update 2006IARC cohort of pulp and paper workers Exposure to nonvolatile organochlorine compounds Never210.9 (0.6–1.4) 32Vi Mannetje et al., 2005Phenoxy herbicide producers (men and women) Women11.3 (0.0–7.2) Men1Alavanja et al., 2005US Agriculture Health Study—incidence271.1 (0.7–1.6) Spouses of private applicators (>99% women)10.0 (0.1–3.5)Engel et al., 2005US Agriculture Health Study, wives of private applicators (wen and women)10.6 (0.1–3.5)Engel et al., 2005US Agriculture Health Study, wives of private applicators—incidence Wive sown use of phenoxy herbicides410.8 (0.6–1.1) 2.4–D		AirForce	0	0.0 (0.0-14.6)
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Engel et al., 2005US Agriculture Health Study, wives of private applicators—incidence Wives own use of phenoxy herbicides410.8 (0.6–1.1)2,4-D410.8 (0.6–1.1)		Commercial applicators (men and women)	1	0.6 (0.1-3.5)
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2,4-D 41 0.8 (0.6–1.1)		Wives own use of phenoxy herbicides	41	0.8 (0.6–1.1)
		2,4-D	41	0.8 (0.6–1.1)

Reference	Study Population	Exposed Cases ^a	Estimated Relative Risk $(95\% \text{ CI})^a$
	Husbands' use of phenoxy herbicides	110	1.1 (0.7–1.8)
	2,4-D	107	0.9 (0.6–1.4)
	2,4,5-T	44	1.3 (0.9–1.9)
	2,4,5-TP	19	2.0 (1.2-3.2)
Blair et al., 2005a	US Agriculture Health Study—mortality		
	Private applicators (men and women)	3	0.9 (0.2–2.7)
	Spouses of private applicators (>99%women)	54	0.9 (0.7–1.1)
Mills and Young, 2005	Hispanic agricultural farm workers (women)		
	Cancer diagnosis 1987–1994		
	Low 2,4-D use	12	0.6 (0.2–1.9)
	High 2,4-D use	8	0.6 (0.2–1.7)
	Cancer diagnosis 1995–2001	10	22
	Low 2,4-D use	19	2.2(1.0-4.9)
Studios Doviewed in Un	High 2,4-D use	21	2.1 (1.1–4.3)
Duall at al 2000	Eamale form workers and residents in North Carolin	0	
Duell et al., 2000	Used nesticides in the garden	a 228	23(17-31)
	Laundered clothes for pesticide user	119	41(2.8-5.9)
		11)	(2.0 0.5)
Studies Reviewed in Up	date 1998		
Kogevinas et al., 1997	IARC cohort	2	
	Women[identical with Manz et al. (1991)]	9	2.2 (1.0-4.1)
Studies Deviewed in Un	Men	2	2.6 (0.3–9.3)
Plair at al 1003	US formars in 22 states		
Diali et al., 1995	Men_white	18	0.7(0.4-1.2)
	nonwhite	18 4	1.7(0.4-1.2)
	Women—white	71	1.7(0.5-4.4) 1.0(0.8-1.3)
	nonwhite	30	0.7 (0.5 - 1.0)
Kogevinas et al., 1993	IARC cohort—women	7	0.9 (0.4–1.9)
Studies Reviewed in VA	0		· · · ·
Ronco et al., 1992	Danish and Italian farm workers		
	Male farmers	5	0.5 *
	Female farmers	41	0.9 *
1 1001	Females family workers	429	0.8 (p < 0.05)
Manz et al., 1991	German production workers—men and women (Included in the IARC cohort)		
	Women	9	2.2 (1.0-4.1)
Saracci et al., 1991	IARC cohort-exposed subcohort (men and women)		
	Male	2	3.5 (0.4–12.5)
	Females	1	0.3 (0.0–1.7)
Lynge, 1985	Danish male and female production workers— incidence (Included in the IARC cohort)		
W/11 1 1000	Women	13	0.9 *
Wiklund, 1983	Swedish male and female agricultural workers—	4 4 4	$0.0(0.7,0.0)^{c}$
	incidence	444	$0.8(0.7-0.9)^{\circ}$
ENVIRONMENTAL New Studies			
Consonni et al., 2008	Seveso residents—25-year follow-up—men and		
	women		
	Zone A	2	0.6 (0.2–2.4)

Reference	Study Population	Exposed Cases ^a	Estimated Relative Risk $(95\% \text{ CI})^a$
	Zone B	13	0.6 (0.3–1.2)
	Zone R	133	0.9 (0.7–1.1)
Teitelbaum et al., 2007	Case-control study in Long Island, NY—incidence Used lawn and garden pesticides		
	Never	240	1.0
	Ever	1,254	1.3 (1.1–1.6)
	Product for weeds	1,109	1.4 (1.2–1.8)
Viel et al., 2008	Case-control study in Besancon, France-incidence		
	Residence in zones of dioxin exposure around		
	solid waste incinerator		
	Women aged 20–59 yrs		
	Very low	41	1.0
	Low	81	1.1 (0.7–1.6)
	Intermediate	64	1.3 (0.8–1.9)
	High	11	0.9 (0.4–1.8)
	Women aged ≥ 60 yrs		
	Very low	50	1.0
	Low	111	0.9 (0.6–1.3)
	Intermediate	72	1.0 (0.7–1.4)
	High	4	0.3 (0.1–0.9)
Studies Reviewed in Up	odate 2006		
Reynolds et al., 2005	Women undergoing breast biopsies in San Francisco area hospitals - 79 breast cancer cases vs 52 controls with benign breast conditions—incidence		
	Total TEQs (pg/g) in adipose breast tissue		
	≤14.0	24	1.0
	14.1–20.9	22	0.7 (0.3–1.9)
	≤21.0	33	0.3 (0.3-2.0) p-trend = 0.99
Reynolds et al., 2004	California Teachers Study cohort Residential proximity to use of "endocrine disruptors" (including 2,4–D and cacodylic acid) Quartiles of use (lb/mi ²)		
	< 1	1,027	1.0
	1–21	274	1.0 (0.8–1.1)
	22–323	114	0.9 (0.7–1.1)
	≥324	137	1.0 (0.9–1.3)
Studies Reviewed in Up	odate 2002		
Holford et al., 2000	Patients at Yale-New Haven hospital with breast-		
	related surgery; dioxin-like congener 156	*	0.9 (0.8–1.0)
Revich et al., 2001	Residents of Chapaevsk, Russia—women	58	2.1 (1.6–2.7)
Warner et al., 2002	Seveso Women's Health Study—981 women who		
	were infants to age 40 when exposed—incidence		
	With 10-fold increase in TCDD level	15	2.1 (1.0-4.6)
Studies Reviewed in Up	pdate 2000		
Bertazzi et al., 2001	Seveso residents—20-year follow-up		
	Zone A, B—females	14	0.7 (0.4–1.3)
Bagga et al., 2000	Women receiving medical care in Woodland Hills,		
	California	73	NS
Demers et al., 2000	Women in Quebec City—newly diagnosed	314	NS
Høyer et al., 2000	Female participants of Copenhagen City Heart Study	195	Overall survival RR 2.8 (1.4–5.6)

Studies Reviewed in Update 1998

Reference	Study Population	Exposed	Estimated Relative
		Cases ^a	Risk (95% CI) ^{<i>a</i>}
Bertazzi et al. 1997	Seveso residents—15-year follow-up		
	Zone A—women	1	0.6 (0.0-3.1)
	Zone B—women	9	0.8 (0.4–1.5)
	Zone R—women	67	0.8 (0.6–1.0)
Studies Reviewed in U	pdate 1996		
Bertazzi et al., 1993	Seveso residents—10-year follow-up—incidence		
	Zone A—women	1	0.5 (0.1–3.3)
	Zone B—women	10	0.7 (0.4–1.4)
	Zone R—women	106	1.1 (0.9–1.3)
	men	1	1.2 (0.1–10.2)
Studies Reviewed in V	'AO		
Bertazzi et al., 1989b	Seveso residents—10-year follow-up		
	Zone A—women	1	1.1 (0.1–7.5)
	Zone B—women	5	0.9 (0.4–2.1)
	Zone R—women	28	0.6 (0.4–0.9)

^{*a*} Given when available.

^b Self-reported medical history. Answer to question: "Since your first day of service in Vietnam, have you been told by a doctor that you have breast cancer?"

^c Incidence rates provided in absence of information on exposed cases or estimated relative risk for morbidity.

^d 99% CI.* Information not provided by study authors.

Studies in italics have been superseded by newer studies of the same cohorts.

ABBREVIATIONS: 2,4-D, 2,4-dichlorophenoxyacetic acid; CI, confidence interval; IARC, International Agency for Research on Cancer; NS, not significant; PCB, polychlorinated biphenyls; RR, relative risk; TCDD, 2,3,7,8-tetrachlorodibenzo-*p*-dioxin.

Update of the Epidemiologic Literature

Vietnam-Veteran Studies

Cypel and Kang (2008) compared breast cancer mortality rates of female veterans who served in Vietnam to veterans, matched on rank and type of duties, who served outside Vietnam during the same era. The relative risk for breast cancer mortality was 1.00 (95% CI 0.69–1.44). The relative risk for Vietnam service was similar when the analysis was restricted to those serving as nurses (RR = 0.92, 95% CI 0.61–1.41). This study therefore provides no support for an association between Agent Orange exposure and breast cancer risk. However, although its focus on Vietnam veterans is very germane, the analysis did not consider actual exposure to herbicides and was unable to adjust for variables such as reproductive history that can confound the relationships of exposures to breast cancer.

Occupational Studies

No new occupational studies concerning exposure to the compounds of interest and breast cancer were published since *Update 2006*.

Environmental Studies

In a case–control study conducted in France, 434 women with breast cancer were compared to 2,170 community controls according to the proximity of their residence to emissions from a waste incinerator that generated PCDDs and PCDFs (Viel et al., 2008). Four exposure categories were created based on emission data and a wind dispersion model. Separate analyses were carried out for women aged 20–59 years and 60 years or more. For the younger women, the odds ratio for the highest exposure relative to the lowest was 0.88 (95% CI 0.43–1.79). Among older women, this odds ratio was 0.31 (95% CI 0.08–0.89); however, this was based on only four cases and there was no evidence of a dose-response trend. Furthermore, this study did not adjust for any potential confounders.

Teitelbaum et al. (2006) reported results from the large case–control study of breast cancer conducted in Long Island, New York. Over 1,500 cases and a similar number of matched controls provided information on their exposure to several categories of household pesticides. For those who reported ever using anti-weed chemicals versus those who never used any lawn/garden chemicals the odds ratio was 1.43 (95% CI 1.17–1.75). However, similar odds ratios were obtained for several other categories of lawn/garden chemicals when those who never used any such chemicals were the referent group. This suggest that recall bias (increase recall of all exposures among cases relative to controls) might have played a role. Although ever vs. never use of lawn/garden chemicals was significantly associated with breast cancer risk, there was no dose-response with number of lifetime applications, and the degree of specificity regarding exposure to the compounds of interest was rather weak. The relatively low response rate among potential controls (63% of those eligible agreed to participate) further reduces the impact of this case–control analysis.

Investigators in Italy completed a 25-year mortality follow-up of individuals exposed to the industrtial accident in Seveso (Consonni et al., 2008). Mortality for breast cancer was compared for residents in three exposure zones—very high (Zone A), high (Zone B) and low (Zone R) to an unexposed reference population. There was no evidence for elevated breast cancer mortality in any of the exposure groups. The relative risks were: Zone A, 0.60 (95% CI 0.15–2.41); Zone B, 0.65 (95% CI 0.37–1.12); and Zone R, 0.87 (95% CI 0.73–1.05). There were 2, 13, and 133 breast cancer deaths during the follow-up period in Zones A, B, and R, respectively. It should be noted that this analysis did not include data on established risk factors for breast cancer and was therefore unable to adjust for potential confounding.

Biologic Plausibility

All the experimental evidence indicates that 2,4-D, 2,4,5-T, and TCDD are weakly genotoxic if at all. However, TCDD is a demonstrated carcinogen in animals and is recognized as having carcinogenic potential in humans because of the mechanisms discussed in Chapter 4.

With respect to breast cancer, studies performed in laboratory animals (Sprague-Dawley rats) indicate that the effect of TCDD may depend on the age of the animal. For example, TCDD exposure was found to inhibit mammary-tumor growth in the adult rat (Holcombe and Safe, 1994), but to increase tumor growth in the neonatal rat (21 days old) (Desaulniers et al., 2001). Other studies have failed to demonstrate a TCDD effect on mammary-tumor incidence or growth (Desaulniers et al., 2004).

Those observations may indicate a close association between the development of mammary cancers and mammary gland differentiation. Agents capable of disrupting the ability of the

normal mammary epithelial cell to enter or maintain its appropriate status (a proliferative, differentiated, apoptotic state), to maintain its appropriate architecture, or to conduct normal hormone (estrogen) signaling are likely to act as carcinogenic agents (Fenton, 2006; McGee et al., 2006). In that light, it is interesting that postnatal exposure of pregnant rats to TCDD has been found to alter proliferation and differentiation of the mammary gland (Birnbaum and Fenton, 2003; Vorderstrasse et al., 2004). In a recent publication, Jenkins et al. (2007) used a carcinogen-induced rat mammary cancer model to show that prenatal exposure to TCDD alters mammary gland differentiation and increases susceptibility for mammary cancer by altering the expression of estrogen receptor genes and of genes involved in oxidative stress defense. Thus, the effect of TCDD may depend on the timing of the exposure, on the levels of gene expression at the time of exposure, and may affect mammary development. The breast is the only human organ that does not fully differentiate until it becomes ready for use; nulliparous women have less-differentiated breast lobules, which are presumably more vulnerable to carcinogenesis.

Interestingly, activation of the AHR by dioxin or by the non-dioxin ligand indol-3-carbinol is believed to be protective against breast cancer by mechanisms that disrupt migration and metastasis (Bradlow, 2008; Hsu et al., 2007).

TCDD has been shown to modulate the induction of DNA chain breaks in human breast cancer cells by regulating the activity of the enzymes responsible for estradiol catabolism, generating more reactive intermediates which might contribute to TCDD-induced carcionogenesis by altering the ratios of 4-OH-estradiol to 2-OH-estradiol (Lin et al., 2007, 2008). A similar imbalance in metabolite ratios has been observed in pregnant Taiwanese women, in whom the ratio of 4-OH-estradiol:2-OH-estradiol, a breast cancer risk marker, decreased with increasing exposure to TCDD (Wang et al., 2006). Expression of CYP1B1, the cytochrome P450 enzyme responsible for 2-OH-estradiol formation, but not CYP1A1, the one responsible for 4-OH estradiol formation, was found to be highly elevated in pre-malignant and malignant rat mammary tissues in which the AHR was constitutively active in the absence of ligand (Yang et al., 2008). Based on recent mechanistic data, it has been proposed that the AHR contributes to ongoing mammary tumor cell growth by inhibiting apoptosis while promoting transition to an invasive, metastatic phenotype (Marlowe et al., 2008; Schlezinger et al, 2006).

Recent evidence has shown that AHR activation by TCDD in human breast and endocervical cell lines induces sustained high levels of the IL-6 cytokine, which has tumor promotional effects in numerous tissues, including breast, so TCDD might promote carcinogenesis in this tissues (Hollingshead et al., 2008).

The biologic plausibility of the chemicals of interest being carcinogenic is discussed in general at the beginning of this chapter.

Synthesis

In the early 1990s, it was suggested that exposure to some environmental chemicals, such as organochlorine compounds, might play a causal role in the etiology of breast cancer through estrogen-related pathways. The relationship between organochlorines and breast cancer risk has been studied extensively in the past decade and more; TCDD and dioxin-like compounds have been among the organochlorines so investigated. At this point, however, there is no clear evidence to support a causal role of most organochlorines in the etiology of human breast cancer (Salehi et al., 2008).

In *Update 2006*, the committee was unable to reach consensus regarding whether the evidence for an association between breast cancer and the compounds of interest was "suggestive" or "inadequate". Only a few studies have been published in the interim but, although each of these studies has limitations and cannot be considered definitive, they do tend to weigh against the conclusion that the herbicides in question cause breast cancer in humans. The study by Cypel and Kang (2008) on mortality among Vietnam era female veterans, especially nurses, is particularly relevant to the mission of the committee. Even though this study did not include any details concerning specific chemical exposures or confounding factors, the failure to observe any real increase in breast cancer mortality among women who served in Vietnam is meaningful.

Meanwhile, the analysis by Consonni et al. (2008), which was a long-term mortality followup in Seveso, was very specific with regard to exposure to dioxin and its findings were also null. In fact, breast cancer mortality was actually reduced among exposed residents compared to the non-exposed reference population, and that risk reduction—although still consistent with a chance finding—begins to approach statistical significance in the Zone B (high exposure) and Zone R (low exposure) groups. We note the contrast between this result and an earlier study from Seveso in which a positive association between serum TCDD and breast cancer risk reached borderline statistical significance (Warner et al., 2002). The study by Viel et al. (2008) among women living near a waste incinerator has too few cases and too little control for confounding to provide strong evidence, but it too found only inverse associations with breast cancer risk, especially among older women. The study by Teitelbaum et al. (2006) which reported some increase in risk associated with reports of having used lawn/garden chemicals may have been affected by recall bias that is common in case–control studies and furthermore lacked detail regarding specific chemical exposures.

Conclusion

After considering the new evidence and the results of studies reviewed in previous updates, the committee concludes that there is inadequate or insufficient evidence to determine whether there is an association (either positive or negative) between exposure to the compounds of interest and breast cancer.

CANCERS OF THE FEMALE REPRODUCTIVE SYSTEM

This section addresses cancers of the cervix (ICD-9 180), endometrium (also referred to as the corpus uteri; ICD-9 182.0–182.1, 182.8), and ovary (ICD-9 183.0). Other cancers of the female reproductive system that are infrequently reported separately are unspecified cancers of the uterus (ICD-9 179), placenta (ICD-9 181), fallopian tube and other uterine adnexa (ICD-9 183.2–183.9), and other female genital organs (ICD-9 184); any findings on these cancers would be included in this section. It also presents statistics on other cancers of the female reproductive system cancers in the United States in 2008 are presented in Table 6-23, with genital-system cancers represent roughly 11% of new cancer cases and 10% of cancer deaths in women (Jemal et al., 2008a).

Table 6-23 Estimates of New Cases and Deaths in 2008 in United States for Selected Cancers of the Female Reproductive System^{*a*}

	2	
Site	New Cases	Deaths
Cervix	11,070	3,870
Endometrium	40,100	7,470
Ovary	21,650	15,520
Other female genital	5,670	1,630

^a Jemal et al., 2008.

The incidences of and risk factors for those diseases vary (Table 6-24). Cervical cancer occurs more often in blacks than in whites, whereas whites are more likely to develop endometrial and ovarian cancer. The incidence of endometrial and ovarian cancer is increased among older women and among those with positive family histories. Use of unopposed estrogen hormone therapy and obesity, which increases endogenous concentrations of estrogen, both increase the risk of endometrial cancer. HPV infection, particularly infection with HPV types 16 and 18, is the most important risk factor for cervical cancer. Use of oral contraceptives is associated with a substantial reduction in the risk of ovarian cancer.

TABLE 6-24 Average Annual Incidence (per 100,000) of Female Genital System Cancers in United States^{*a*}

	50–54 Years of Age			55–59 Years of Age			60–64 Years of Age			
	All Races	White	Black		All Races	White	Black	 All Races	White	Black
All Genital Sites	84.3	87.6	64.2		119.4	125.5	84.0	148.7	153.2	146.1
Cervix	11.6	10.9	15.2		11.9	10.9	17.5	12.3	10.5	22.8
Endometrium	45.5	48.8	24.6		68.6	73.7	36.6	88.6	93.0	77.1
Ovary	22.3	23.6	15.1		29.9	32.1	19.7	38.3	41.1	29.3
Other genital of	organs 1.2	1.2	1.0		1.6	1.7	1.1	2.5	2.7	1.6

^{*a*} SEER (Surveillance, Epidemiology, and End Results program) nine standard registries, crude age-specific rates, 2000–2005.

Conclusions from VAO and Updates

The committee responsible for VAO concluded that there was inadequate or insufficient information to determine whether there is an association between exposure to the compounds of interest and female reproductive cancers. Additional information available to the committees responsible for *Update 1996*, *Update 1998*, *Update 2000*, *Update 2002*, *Update 2004*, and *Update 2006* did not change that conclusion. Tables 6-25, 6-26, and 6-27 summarize the results of the relevant studies.

Reference	Study Population	Exposed Cases ^a	Estimated Relative Risk (95% CI) ^a
VIETNAM VETERAN	NS		
Studies Reveiwed in <i>U</i>	ndate 2002		
Kang et al 2000	Female Vietnam veterans	57	1 1 (0 7–1 7)
Studies Reveiwed in <i>U</i>	ndate 2000	51	1.1 (0.7 1.7)
CDVA, 1998b	Australian Vietnam veterans—women	8^b	1 expected (0-5)
OCCUPATIONAL			
Studies Reviewed in U	pdate 1998		
Kogevinas et al., 1997	IARC cohort (men and women)		
	Workers exposed to TCDD (or higher-chlorinated		
	dioxins	0	0.0 (0.0-3.8)
	Workers not exposed to TCDD (or higher-		
	chlorinated dioxins)	3	1.8 (0.4–5.2)
	Workers exposed to any phenoxy herbicide or		
	chlorophenol	3	1.1 (0.2–3.3)
Studies Reviewed in U	pdate 1996		
Blair et al., 1993	US farmers in 23 states		
	Whites	6	0.9 (0.3–2.0)
	Nonwhites	21	2.0 (1.3-3.1)
Lynge, 1993	Danish phenoxy herbicide workers	7	3.2 (1.3-6.6)
Studies Reviewed in V.	<i>A0</i>		
Ronco et al., 1992	Danish self-employed farm farmers—incidence		
	Self-employed farmers	7	0.5 (p < 0.05)
	Family workers	100	0.5 (p < 0.05)
	Employees	12	0.8 *
Wiklund, 1983	Swedish men and women agricultural workers-		
	incidence	82	$0.6 (0.4 - 0.8)^c$
ENVIRONMENTAL			
Studies Reveiwed in U	pdate 2002		
Revich et al., 2001	Residents of Chapaevsk, Russia	13	1.8 (1.0-3.1)

TABLE 6-25 Selected Epidemiologic Studies—Cervical Cancers

^{*a*} Given when available.

^b Self-reported medical history. Answer to question: "Since your first day of service in Vietnam, have you been told by a doctor that you have cancer of the cervix?"

^{*c*} Incidence rates provided in absence of information on exposed cases or estimated relative risk for morbidity. ^{*d*} 99% CL

* Information not provided by study authors.

ABBREVIATIONS: CDVA, Commonwealth Department of Veterans' Affairs; CI, confidence interval; IARC, International Agency for Research on Cancer.
TABLE 6-26 Selection	eted Epidemiologic Studies—Uterine Cancers	5	
Reference	Study Population	Exposed Cases ^a	Estimated Relative Risk $(95\% \text{ CI})^a$
VIETNAM VETERAN	IS		
New Studies			
Cypel and Kang. 2008	US Vietnam veterans—women	5	0.8(0.2-2.8)
c)per una 11418, 2000	Vietnam veteran nurses	5	1.3 (0.3–5.0)
Studies Reveiwed in Up	odate 2002		
Kang et al., 2000	US Vietnam veterans—women—incidence	41	1.0 (0.6–1.6)
Studies Reveiwed in Up	pdate 2000	4 h	1 (0.5)
CDVA, 1998b	Australian Vietnam veterans—women	40	1 expected $(0-5)$
Studies Reviewed in Up	Date 1996	4	21(0(5))
Dalager et al., 1995	US vietnam veterans—women	4	2.1 (0.6–5.4)
OCCUPATIONAL			
Studies Reviewed in Up	pdate 1998		
Kogevinas et al., 1997	IARC cohort (includes cancers of the endometrium))	
	Workers exposed to TCDD (or higher-chlorinated	t	
	dioxins	3	3.4 (0.7–10.0)
	Workers not exposed to TCDD (or higher-		
	chlorinated dioxins)	1	1.2 (0.0-6.5)
	Workers exposed to any phenoxy herbicide or		
	chlorophenol	4	2.3 (0.6–5.9)
Studies Reviewed in VA	10		
Blair et al., 1993	US farmers in 23 states	1.5	
	Whites	15	1.2(0.7-2.1)
D (1 1002	Nonwhites	17	1.4 (0.8–2.2)
Ronco et al., 1992	Danish self-employed farm farmers—incidence	0	0.6.*
	Self-employed farmers	8	0.6°
	Family workers	103	0.8 (p < 0.05)
Wildund 1092	Employees Swedich man and woman agricultural workers	9	0.9 *
wikiuliu, 1965	incidence	135	$0.0(0.7,1.1)^{b}$
	incluence	155	0.9(0.7-1.1)
ENVIRONMENTAL			
New Studies			
Consonni et al., 2008	Seveso residents—25-year follow-up—men and		
	women		
	Zone A	0	0
	Zone B	2	0.5 (0.1–1.9)
	Zone R	41	1.3 (0.9–1.8)
Studies Reveiwed in Up	odate 2000		
Bertazzi et al., 2001	Seveso residents—20-year follow-up	-	0.5 (0.1.1.0)
W7 1 . 1 A000	Zones A, B—women	2	0.5(0.1-1.9)
Weiderpass et al., 2000	Swedish women	154	1.0 (0.6–2.0)
Bertazzi et al., 1998	Seveso residents—15-year follow-up		
	Zone B—women	1	0.3 (0.0–2.4)
Studies Reviewed in Up	Daate 1998		
Bertazzi et al., 1997	Seveso residents—15-year follow-up	1	0.2(0.0, 1.0)
	Zone B—women		0.3(0.0-1.9)
	∠one K—women	27	1.1 (0.8–1.7)

^{*a*} Given when available.

^b Self-reported medical history. Answer to question: Since your first day of service in Vietnam, have you been told by a doctor that you have uterine cancer?

^c 99% CI.

* Information not provided by study authors.

ABBREVIATIONS: CDVA, Commonwealth Department of Veterans' Affairs; CI, confidence interval; IARC, International Agency for Research on Cancer.

Reference	Study Population	Exposed	Estimated Relative $P_{ial} (05\% CD)^{a}$
		Cases	KISK (95% CI)
VIFTNAM VETERAN	NS .		
Studies Reveiwed in <i>U</i>	ndate 2002		
Kang et al 2000	Female Vietnam veterans	16	18(07-46)
Studies Reviewed in <i>U</i>	ndate 2000	10	1.0 (0.7 1.0)
CDVA, 1998b	Australian Vietnam veterans—women	1^b	0 expected (0-4)
OCCUPATIONAL			
Studies Reviewed in <i>U</i>	ndate 2006		
Blair et al 2005a	US Agriculture Health Study		
2000 u	Private applicators (men and women)	4	3.9(1.1-10.1)
	Spouses of private applicators (>99% women)	13	0.7(0.4-1.2)
Alavania et al., 2005	US Agriculture Health Study—incidence	10	0.7 (0.1 1.2)
,	Private applicators (men and women)	8	3.0(1.3-5.9)
	Spouses of private applicators (>99%women)	32	0.6(0.4-0.8)
	Commercial applicators (men and women)	0	0.0(0.0-16.0)
Studies Reviewed in U	pdate 1998		()
Kogevinas et al., 1997	IARC cohort		
0)	Workers exposed to TCDD (or higher-chlorinated		
	dioxins	0	0.0 (0.0-2.6)
	Workers not exposed to TCDD (or higher-		
	chlorinated dioxins)	1	0.5 (0.0-2.5)
	Workers exposed to any phenoxy herbicide or		· · · ·
	chlorophenol	1	0.3 (0.0–1.5)
Studies Reviewed in U	pdate 1996		
Kogevinas et al., 1993	IARC cohort	1	0.7 *
Studies Reviewed in <i>V</i> .	<i>A0</i>		
Ronco et al., 1992	Danish self-employed farm farmers—incidence		
	Self-employed farmers	12	0.9 *
	Family workers	104	0.8 (p < 0.05)
	Employees	5	0.5 *
Donna et al., 1984	Female residents near Alessandria, Italy	18	4.4 (1.9–16.1)
ENVIRONMENTAL			
New Studies			
Consonni et al., 2008	Seveso residents—25-year follow-up—men and		
	women		
	Zone A	1	1.2 (0.2-8.5)
	Zone B	2	0.4 (0.1–1.6)
	Zone R	37	1.0 (0.7–1.4)
Studies Reviewed in U	pdate 2000		

TABLE 6-27 Selected Epidemiologic Studies—Ovarian Cancer

VETERANS AND AGENT ORANGE: UPDATE 2008

Seveso residents—20-year follow-up			
Zones A, B—women	3	0.7 (0.2-2.0)	
Seveso residents—15-year follow-up			
Zone A—women	1	2.3 (0.3–16.5)	
odate 1998			
Seveso residents—15-year follow-up			
Zone A—women	1	2.3 (0.0-12.8)	
Zone R—women	21	1.0 (0.6–1.6)	
	Seveso residents—20-year follow-up Zones A, B—women Seveso residents—15-year follow-up Zone A—women Delate 1998 Seveso residents—15-year follow-up Zone A—women Zone R—women	Seveso residents—20-year follow-up 3 Zones A, B—women 3 Seveso residents—15-year follow-up 1 Ddate 1998 3 Seveso residents—15-year follow-up 1 Zone A—women 1 Zone A—women 1 Zone A—women 21	Seveso residents—20-year follow-up Zones A, B—women30.7 (0.2–2.0)Seveso residents—15-year follow-up Zone A—women12.3 (0.3–16.5)Date 1998 Seveso residents—15-year follow-up Zone A—women12.3 (0.0–12.8) 21Zone R—women12.3 (0.0–12.8) 21

^{*a*} Given when available.

^b Self-reported medical history. Answer to question: Since your first day of service in Vietnam, have you been told by a doctor that you have ovarian cancer?

* Information not provided by study authors.

Studies in italics have been superseded by newer studies of the same cohorts.

ABBREVIATIONS: CDVA, Commonwealth Department of Veterans' Affairs; CI, confidence interval; IARC, International Agency for Research on Cancer.

Update of the Epidemiologic Literature

Vietnam-Veteran Studies

The long-term mortality study of female Vietnam veterans by Cypel and Kang (2008) found no increase in risk for death from uterine or ovarian cancer among those who served in Vietnam; however, the number of deaths due to these causes was small and therefore these estimates lack precision.

Occupational Studies

No new occupational studies concerning exposure to the compounds of interest and cancers of the female reproductive system were published since *Update 2006*.

Environmental Studies

Consonni et al. (2008) studied mortality due to various causes among women exposed to dioxin during the Seveso incident in Italy. Very few deaths occurred due to these specific cancers among women in the more heavily exposed areas and thus these risk estimates lack precision and are not very informative.

Biologic Plausibility

No animal studies have reported an increased incidence of female reproductive cancer after exposure to the compounds of interest. One study (Kociba et al., 1978), however, showed a reduced incidence of uterine tumors in rats fed TCDD at 0.1 mg/kg of diet for 2 years.

Hollingshead et al. (2008) recently showed that TCDD activation of AHR in human breast and endocervical cell lines induces sustained high levels of the IL-6 cytokine, which has tumor promotional effects in numerous tissues, including ovarian, so TCDD might promote carcinogenesis in this tissue.

The biologic plausibility of the chemicals of interest being carcinogenic is discussed in general at the beginning of this chapter.

Synthesis

Since *Update 2006*, new information concerning female reproductive cancers is very sparse, especially because the two new analyses deal with mortality rather than incidence. Together, they add little weight to the existing body of evidence.

Conclusion

On the basis of its evaluation of the evidence reviewed here and in previous VAO reports, the committee concludes that there is inadequate or insufficient evidence to determine whether there is an association between exposure to the compounds of interest and uterine, ovarian, or cervical cancer.

PROSTATE CANCER

ACS estimated that 186,320 new cases of prostate cancer (ICD-9 185) would be diagnosed in the United States in 2008 and that 28,660 men would die from it (Jemal et al., 2008a). That makes prostate cancer the second-most common cancer in men (after non-melanoma skin cancers); it is expected to account for about 25% of new cancer diagnoses and 10% of cancer deaths in men in 2008. The average annual incidence of prostate cancer is shown in Table 6-28.

Incidence varies dramatically with age and race. The risk more than doubles between the ages of 50–54 years and 55–59 years, and it nearly doubles again between the ages of 55–59 years and 60–64 years. As a group, American black men have the highest recorded incidence of prostate cancer in the world (Miller et al., 1996). Their risk is roughly twice that in whites in the United States, 5 times that in Alaska natives, and nearly 8.5 times that in Korean Americans. Little is known about the causes of prostate cancer. Other than race and age, risk factors include a family history of the disease and possibly some elements of the Western diet, such as high consumption of animal fats. The drug finasteride, which has been widely used to treat benign enlargement of the prostate, was found to substantially decrease the prevalence of prostate cancer in a major randomized trial (Thompson et al., 2003). Finasteride acts by decreasing the formation of potent androgen hormones within the prostate.

TABLE 6-28 Average Annual Incidence (per 100,000) of Prostate Cancer	in United States ^a
---------------------------------------	-------------	----------------------	-------------------------------

	50–54 Years of Age			55–59 Years of Age		60–64 Years of Age			
-	All Races	White	Black	All Races	White	Black	All Races	White	Black
	146.7	140.9	269.9	350.5	337.5	633.8	600.6	587.8	1,002.5

^{*a*} SEER (Surveillance, Epidemiology, and End Results program) nine standard registries, crude age-specific rates, 2000–2005.

The study of the incidence of and mortality from prostate cancer is complicated by trends in screening for the disease. The widespread adoption of serum prostate-specific antigen (PSA) screening in the 1990s led to very large increases in prostate cancer incidence in the United States which have recently subsided as exposure to screening has become saturated. The long-term influence of better screening on incidence and mortality is difficult to predict for any country or population, and will depend on the rapidity with which the screening tool is adopted, its differential use in men of various ages, and the aggressiveness of tumors detected early with this test (Gann, 1997). Because exposure to PSA testing is such a strong determinant of prostate-cancer incidence, epidemiologic studies must be careful to exclude differential PSA testing as an explanation of a difference in risk observed between two populations.

Prostate cancer tends not to be fatal, so mortality studies might miss an increased incidence of the disease. Findings that show an association between an exposure and prostate-cancer mortality should be examined closely to determine whether the exposed group might have had poorer access to treatment that would have increased the likelihood of survival.

Conclusions from VAO and Updates

The committee responsible for VAO concluded that there was limited or suggestive evidence of an association between exposure to the compounds of interest and prostate cancer. Additional information available to the committees responsible for Update 1996, Update 1998, Update 2000, Update 2002, Update 2004, and Update 2006 did not change that conclusion. Table 6-29 summarizes results of the relevant studies, including both morbidity and mortality studies. The type, quality, and specificity of each study must be considered in the interpretation and weighing of evidence. Because of study heterogeneity, simply examining all the estimated risks in the table together will not yield a good assessment of the risks.

Reference	Study Population	Exposed Cases ^a	Estimated Relative Risk $(95\% \text{ CI})^a$	
VIETNAM VETERA	INS			
New Studies				
Chamie et al., 2008	Vietnam era veterans in Northern CA Veterans	239	2.9 (2.3-3.6)	
	Affairs Health System—self reported exposure to		. ,	
	Agent Orange			
Studies Reviewed in <i>U</i>	Update 2006			
Leavy et al., 2006	606 prostate cancer cases in Western Australia			
····) ···· , ···	Vietnam service	25	2.1(0.9-5.1)	
Pavuk et al., 2006	AFHS subjects—incidence	-	(())	
····, ···,	20-vr cumulative TCDD (ppt-vr)			
	Comparison group	81	1.0	
	RH low (<434 ppt-vr)	31	10(07-16)	
	RH high $(>434 \text{ pnt-vr})$	28	1.2(0.8-1.9)	
	idi ingli (191 ppt ji)	20	n - trend = 0.42	
	Last tour in SEA before 1969 (heavy spraving)		p trend 0.12	
	Ves			
	Comparison group	17	1.0	
	Comparison group	17	1.0	

TABLE 6-29 Selected Epidemiologic Studies—Prostate Cancer

Reference	Study Population	Exposed Cases ^a	Estimated Relative Risk (95% CI) ^a
	RH low (≤434 ppt-yr)	9	1.0 (0.4–2.3)
	RH high (>434 ppt-yr)	15	2.3 (1.1-4.7) <i>p</i> -trend = 0.04
	No		-
	Comparison group	64	1.0
	RH low (≤ 434 ppt-yr)	22	1.1 (0.7–1.8)
	RH high (>434 ppt-yr	13	0.9 (0.5–1.6)
			p-trend = 0.75
	Less than 2 years served in SEA		
	Yes		
	Comparison group	16	1.0
	RH low (≤434 ppt-yr)	20	1.9 (1.0-3.7)
	RH high (>434 ppt-yr)	14	2.2 (1.0-4.5)
	No		p-trend = 0.03
	Comparison group	65	1.0
	RH low (<131 ppt yr)	11	1.0 0.8 (0.4-1.5)
	$\frac{1}{2434} \frac{1}{2434} \frac{1}{2434} \frac{1}{24} \frac{1}$	11	0.8(0.4-1.3)
	KH nign (>454 ppt-yr)	14	p-trend = 0.89
Pavuk et al., 2005	White Air Force comparison subjects only— incidence		
	Serum TCDD levels (pg/g), based on model with		
	exposure variable $\log_{e}(\text{TCDD})^{g}$		
	Per unit increase of -log _e (TCDD) in pg/g	83	1.1 (0.7–1.5)
	Quartiles (pg/g)		
	0.4–2.6	13	1.0
	2.6–3.8	24	1.7 (0.8–3.3)
	3.8–5.2	24	1.5 (0.7–2.9)
	>5.2	22	1.2 (0.6–2.4)
	Number of years served in southeast Asia (SEA)		· /
	Per year of service	83	1.1 (1.0–1.2)
	Quartiles (years in SEA)		
	0.8–1.3	8	1.0
	1.3–2.1	11	1.3 (0.5-3.2)
	2.1–3.7	28	2.2 (1.0-4.9)
	3.7–16.4	36	2.4 (1.1–5.2)
ADVA, 2005a	Australian male Vietnam veterans vs Australian	692	1.3(1.2-1.3)
	population—incidence	072	1.2 (1.2 1.3)
	Navy	137	1.2 (1.0–1.4)
	Army	451	1.8 (1.2–1.4)
	Air Force	104	1.3 (1.0–1.5)
ADVA, 2005b	Australian male Vietnam veterans vs Australian population—mortality	107	1.2 (1.0–1.5)
	Navy	22	1.3 (0.8–1.8)
	Army	65	1.2 (0.9–1.5)
	Air Force	19	1.4 (0.8–2.1)
ADVA, 2005c	Australian male conscripted Army National Service		
	vietnam era veterans—deployed vs non-deployed	(=	12(00, 15)
	Inclaence	65	1.2(0.9-1.5)
Dealance (1. 2007		0	0.0 (0.0-0.7)
Boehmer et al., 2004	Follow-up of CDC Vietnam Experience Cohort	1	0.4

Reference	Study Population	Exposed Cases ^a	Estimated Relative Risk (95% CI) ^a	
Studies Reviewed in Up	odate 2004			
Akhtar et al., 2004	AFHS subjects vs national rates			
	White AFHS Ranch Hand veterans			
	Mortality—All	2	0.7 (0.1–2.3)	
	Incidence—All	36	1.5 (1.0-2.0)	
	With tours between 1966–1970	34	1.7 (1.2–2.3)	
	White AFHS comparison veterans			
	Mortality—All	3	0.8 (0.2–2.1)	
	Incidence—All	54	1.6 (1.2–2.1)	
	With tours between 1966–1970	42	1.6 (1.2–2.2)	
	White AFHS subjects—incidence			
	Who spent at most 2 years in SEA			
	Per unit increase of -log _e (TCDD) in pg/g	28	1.5 (0.9–2.4)	
	Comparison group	7	1.0	
	Ranch Hand— <10 TCDD pg/g in 1987	10	1.5 (0.5–4.4)	
	Ranch Hand— <118.5 TCDD pg/g at end o	f		
	service	6	2.2 (0.7-6.9)	
	Ranch Hand—>118.5 TCDD pg/g at end o	f		
	service	5	6.0 (1.4–24.6)	
	Only Ranch Hands with 100% service in Vietnam and Comparisons with 0% service in Vietnam			
	Per unit increase of -log _e (TCDD) in pg/g	20	1.1 (0.6–1.8)	
	Comparison group	3	1.0	
	Ranch Hand— <10 TCDD pg/g in 1987	9	2.5 (0.4–16.1)	
	Ranch Hand—<118.5 TCDD pg/g at end o	f		
	service	4	2.4 (0.4–16.0)	
	Ranch Hand—>118.5 TCDD pg/g at end o	f		
	service	4	4.7 (0.8–29.1)	
Giri et al., 2004	Veterans using the DVA Medical Center in Ann			
	Arbor, MI			
	All cases	11	OR 2.1 (0.8–5.2)	
	Cases in white veterans only	*	OR 2.7 (0.9–8.2)	
Studies Reviewed in Up	odate 2000			
AFHS, 2000	Air Force Ranch Hand veterans	26	0.7(0.4 - 1.3)	
AIHW, 1999	Australian Vietnam veterans (Validation study)	212	147 expected	
		,	(123–171)	
CDVA, 1998a	Australian Vietnam veterans	428 ^{<i>b</i>}	147 expected	
Studies Reviewed in <i>Ut</i>	ndate 1998		(123-171)	
Clann 1997	Massachusetts Vietnam veterans—incidence			
Chupp, 1997	Exposed cancers	15	0.8(0.4-1.6)	
CDVA 1997a	Australian military Vietnam veterans	36	15(10-20)	
AFHS 1996	Air Force Ranch Hand veterans	2	0.6 expected	
Watanabe and Kang 19	96 US Army and Marine Corps Vietnam veterans	2	one emperied	
	Army Vietnam Service	58	1.1 *	
	Non-Vietnam	10	$1.2 *^{c}$	
	Marine Vietnam Service	9	1.2 *	
	Non-Vietnam	6	1.3 *	
Studies Reviewed in Un	odate 1996	5		
Visintainer et al., 1995	Michigan Vietnam veterans			
····, ···	Male genital system—all races	19	1.1 (0.6–1.7)	
			× /	

Reference	Study Population	Exposed Cases ^{<i>a</i>}	Estimated Relative Risk (95% CI) ^{<i>a</i>}
Studies Reviewed in VA	0		
Breslin et al., 1988	Army Vietnam veterans	30	0.9 (0.6–1.2)
	Marine Vietnam veterans	5	1.3 (0.2–10.3)
Anderson et al., 1986	Wisconsin Vietnam veterans	0	
OCCUPATIONAL New Studies			
Hansen et al., 2007	Danish gardeners—incidence (male genital organs, ICD-7 177–178)		
	10-yr follow-up (1975-1984) reported in Hansen e	t 20	10(0710)
	al. (1992)	20	1.2 (0.7–1.8)
	25-yr Iollow-up ($1975-2001$)	20	12(10,10)
	Born 1015 1024 (madium avnasura)	39	1.3(1.0-1.8)
	Born after 1934 (low exposure)	33	0.9(0.0-1.2) 0.4(0.1-1.3)
Samanic et al 2006	Pesticide applicators in AHS – prostate cancer	5	0.4 (0.1–1.3)
Samane et al., 2000	incidence from enrollment through 2002 Dicamba – lifetime days exposure		
	None	343	1.0
	1-<20	106	1.0 (0.8–1.3)
	20-<56	102	0.9(0.7-1.2)
	56-<116	76	1.0 (0.7–1.3)
	≥116	67	1.1 (0.8–1.5)
		p	for linear trend = 0.45
Studies Reviewed in Up	date 2006		
McLean et al., 2006	IARC cohort of pulp and paper workers Exposure to nonvolatile organochlorine		
	Never	117	0.0(0.7, 1.0)
	Never	11/	0.9(0.7-1.0)
't Mannatia at al. 2005	Evel Dhanayy harbigida producers (man and woman)	04	0.9(0.7-1.2) 0.4(0.0, 2, 1)
t Mannetje et al., 2003	Phenoxy herbicide producers (men and women)	1	0.4(0.0-2.1) 0.6(0.1, 2, 2)
Alavania et al. 2005	US Agriculture Health Study_incidence	2	0.0(0.1-2.2)
Alavalija et al., 2005	Private applicators (men and women)	1 046	13(12-13)
	Spouses of private applicators (>99%women)	1,010	1.2(0.4-2.8)
	Commercial applicators (men and women)	41	1.4(1.0-1.9)
Blair et al., 2005a	US Agriculture Health Study		
,	Private applicators (men and women)	48	0.7 (0.5-0.8)
	Spouses of private applicators (>99% women)	0	0.0 (0-1.6)
Torchio et al., 1994	Italian licensed pesticide users	66	1.0 (0.7–1.2)
Reif et al., 1989	New Zealand forestry workers-nested case-control	ol	
	(incidence)	12	0.7 (0.4–1.3)
Studies Reviewed in Up	date 2004		
Alavanja et al., 2003	US Agriculture Health Study—Pesticide appliers from Iowa and North Carolina—incidence	566	1.1 (1.1–1.2)
Bodner et al., 2003	Dow chemical production workers (Included in the IARC cohort and the NIOSH Dioxin Registry)		1.7 (1.0–2.6)
Swaen et al., 2004 Studies Reviewed in <i>Up</i>	Dutch licensed herbicide applicators <i>date 2002</i>	6	1.0 (0.4–2.2)

Reference Exposed Estimated Relative Study Population Cases^a Risk $(95\% \text{ CI})^a$ Burns et al., 2001 Dow 2,4-D production workers (Included in the 7 1.3(0.5-2.8)IARC cohort and the NIOSH Dioxin Registry) Swedish lumberjacks exposed to phenoxyacetic Thörn et al., 2000 herbicides Foremen-incidence 2 4.7 (*) 3 0.9 (*) Male lumberjacks-incidence Studies Reviewed in Update 2000 Sharma-Wagner et al., Swedish citizens 2000 Agriculture and stock raising 6,080 1.1(1.0-1.1)(p < 0.01)Farmers, foresters, and gardeners 5,219 1.1(1.0-1.1)(p < 0.01)Paper mill workers 304 0.9(0.8-1.0)Pulp grinding 39 1.4(1.0-1.9)(p < 0.05)Fleming et al., 1999a Florida pesticide appliers 353 1.9(1.7-2.1)Fleming et al., 1999b Florida pesticide appliers 2.4(1.8-3.0)64 Steenland et al., 1999 US chemical production workers (Included in the IARC cohort and the NIOSH Dioxin Registry) 28 1.2(0.8-1.7)1.1 (1.0-1.2) Dich and Wiklund, 1998 Swedish pesticide appliers 401 Born 1935 or later 7 2.0 (0.8-4.2) Born before 1935 394 1.1(1.0-1.2)Studies Reviewed in Update 1998 Gambini et al., 1997 Italian rice growers 19 1.0(0.6-1.5)Hertzman et al., 1997 Canadian sawmill workers 282 Morbidity 1.0(0.9-1.1)Mortality from male genital tract cancers 116 1.2(1.0-1.4)Kogevinas et al., 1997 IARC cohort (men and women) Workers exposed to any phenoxy herbicide or 68 chlorophenol 1.1(0.9-1.4)Workers exposed to TCDD (or higher-chlorinated dioxins 43 1.1(0.8-1.5)Workers not exposed to TCDD (or higherchlorinated dioxins) 25 1.1(0.7-1.6)German production workers (Included in the IARC Becher et al., 1996 9 cohort) 1.3 * Ott and Zober, 1996 BASF employees-incidence TCDD $< 0.1 \,\mu g/kg$ of body weight 4 1.1(0.3-2.8)TCDD 0.1–0.99 µg/kg of body weight 1 1.1(0.0-5.9)10 Zhong and Rafnsson, 1996 Icelandic pesticide users 0.7(0.3-1.3)Studies Reviewed in Update 1996 Finnish herbicide applicators Asp et al., 1994 Incidence 6 0.4(0.1-0.8)Mortality 5 0.8(0.3-1.8)Blair et al., 1993 US farmers in 23 states (men and women) 1.2 (1.1–1.2) Whites 3,765 Nonwhites 564 1.1(1.1-1.2)Bueno de Mesquita et al., Dutch phenoxy herbicide workers (Included in the 1993 IARC cohort) 3 2.6(0.5-7.7)

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Reference	eference Study Population		Estimated Relative Risk $(95\% \text{ CI})^a$	
Collins et al., 1993	Monsanto Company workers (Included in the NIOSH	I		
,	cohort)	9	1.6 (0.7-3.0)	
Studies Reviewed in VA	0		· · · ·	
Morrison et al., 1993	Canadian farmers, 45–69 years old, no employees, or	[
,	custom workers, sprayed >250 acres	20	2.2(1.3-3.8)	
Ronco et al., 1992	Danish workers—incidence		· · · ·	
,	Men—self-employed	399	0.9 (p < 0.05)	
	employee	63	0.8(p < 0.05)	
Swaen et al., 1992	Dutch licensed herbicide applicators	1	1.3(0.0-7.3)	
Fingerhut et al., 1991	NIOSH—entire cohort	17	1.2(0.7-2.0)	
1 ge	>1-year exposure: >20-year latency	9	1.5(0.7-2.9)	
Manz et al. 1991	German production workers—men and women	,	1.0 (0.7 =)	
1111112 01 01., 17771	(Included in the IARC cohort)	7	14(06-29)	
Saracci et al 1991	IABC cohort—exposed subcohort (men and women)	,	1.1 (0.0 2.9)	
Sur accr cr ar., 1771	in the conort exposed subconort (then and women)	30	11(08-16)	
Zoher et al 1990	BASE employees—basic cohort	0	* $(0.0-6.1)^{d}$	
Δ lavania et al 1989	USDA forest conservationists	*	$(0.0 \ 0.1)$ 1 6 (0 9–3 0)	
Alavalija et al., 1969	Soil conservationists	*	1.0(0.9-3.0) 1.0(0.6-1.8)	
Hannabargar at al. 1080	New Hampshire pulp and paper workers	0	1.0(0.5-1.0)	
Solet et al. 1080	US Paper and pulp workers	4	1.0(0.3-1.9) 1.1(0.3, 2, 0)	
Alevenie et al. 1089	USDA agricultural extension agents	+	1.1(0.3-2.9) 1.0(0.7, 1.5)	
Read at al 1088	Dow 2.4 D production workers (Included in the		1.0 (0.7-1.3)	
<i>Bona et al.</i> , 1988	LAPC schort and the NIOSH Disvin Pagistry)	1	10(00 58)	
Comment of 1096	Duitich MCDA and duction modern (Included in the	1	1.0 (0.0-3.8)	
Coggon et al., 1980	British MCPA production workers (included in the	10	12(0, 0, 2, 1)	
Debingen et al. 1096	IARC conort)	18	1.3(0.8-2.1) 1.2(0.7, 1.7) ^d	
Robinson et al., 1980	Northwestern US Paper and pulp workers	17	1.2(0.7-1.7)	
Lynge, 1985	Danish production workers—incidence (included in	0	0.0 *	
D1 : / 1 1002	the IARC conort)	9	0.8 *	
Blair et al., 1983	Florida pesticide applicators	2	3.8 expected	
Burmeister et al., 1983	Iowa residents—farm exposures	4, 827	1.2 (p < 0.05)	
Wiklund, 1983	Swedish male and female agricultural workers	3,890	$1.0(0.9-1.0)^{\circ}$	
Burmeister, 1981	Iowa farmers	1,138	1.1 (p < 0.01)	
ENVIRONMENTAL				
New Studies				
Consonni et al 2008	Seveso residents—25-year follow-up—men and			
Consonin et al., 2000	women			
	Zone A	1	0.9(0.1-6.2)	
	Zone B	8	$0.9(0.1 \ 0.2)$ 0.9(0.4-1.8)	
	Zone B	65	11(08-14)	
Studies Reviewed in Uni		05	1.1 (0.0 1.1)	
Bertazzi et al 2001	Seveso residents—20-year follow-up			
Defuzzi et ul., 2001	Zones A B-men	8	11(05-22)	
Studies Reviewed in Un	Into 1008	0	1.1 (0.5 2.2)	
Bartazzi at al 1007	Severa residents 15 year follow-up			
Der (u22) et ul., 1997	Zone B_men	6	1.2(0.5-2.7)	
	Zone Bmen	30	1.2(0.3-2.7) 1.2(0.8-1.6)	
Svensson et al. 1005	Swedish fishermen mortality	39	1.2 (0.6–1.0)	
5 vensson et al., 1995	Fast coast	10	10(05 18)	
	Lasi Cuasi West coast	12	1.0(0.3-1.0) 1.1(0.0, 1.2)	
	west coast Swedish fishermen incidence	123	1.1 (0.9–1.3)	
	Sweatsin Instienten—Incidence	20	11(0915)	
	East coast	38 224	1.1(0.8-1.3) 1.0(0.0, 1, 1)	
	west coast	224	1.0 (0.9–1.1)	

Reference	Study Population	Exposed	Estimated Relative	
Studies Reviewed in U	pdate 1996			
Bertazzi et al., 1993	Seveso residents—10-year follow-up—incidence			
	Zone R—men	16	0.9 (0.5–1.5)	
Studies Reviewed in V.	<i>40</i>			
Pesatori et al., 1992	Seveso residents—incidence			
	Zones A, B—men	4	1.4 (0.5–3.9)	
	Zone R—men	17	0.9 (0.6–1.5)	
Bertazzi et al., 1989a	Seveso residents—10-year follow-up			
	Zones A, B, R-men	19	1.6 (1.0-2.7)	
Bertazzi et al., 1989b	Seveso residents—10-year follow-up			
	Zone B—men	3	2.2 (0.7-6.9)	
	Zone R—men	16	1.6 (0.9–2.7)	

^{*a*} Given when available.

^b Self-reported medical history. Answer to question: "Since your first day of service in Vietnam, have you been told by a doctor that you have prostate cancer?"

^c. Statistically significant with the 95% CI not including 1.0.

^{*d*} 90% CI.

^e 99% CI

^fIncidence rates provided in absence of information on exposed cases or estimated relative risk for morbidity.

^g The original paper implied that the exposure metric for TCDD was based on actual measured serum levels of TCDD. Subsequent correspondence between the Committee and the investigators indicated that the metric was actually transformed using the natural logarithm of TCDD.

* Information not provided by study authors.

— When information was denoted by a dash in the original study.

Studies in italics have been superseded by newer studies of the same cohorts.

ABBREVIATIONS: 2,4-D, 2,4-dichlorophenoxyacetic acid; ADVA, Australian Department of Veteran Affairs; AFHS, Air Force Health Study; AIHW, Australian Institute of Health and Welfare; CDVA, Commonwealth Department of Veterans' Affairs; CI, confidence interval; DVA, Department of Veterans' Affairs; IARC, International Agency for Research on Cancer; MCPA, methyl-4-chlorophenoxyacetic acid; NIOSH, National Institute for Occupational Safety and Health; OR, odds ratio; SEA, southeast Asia; USDA, US Department of Agriculture.

Update of the Epidemiologic Literature

Vietnam-Veteran Studies

Chamie et al. (2008) published a study of prostate cancer incidence among Vietnam-era veterans receiving care in the Northern California Veterans Affairs Health System. A total of 6,214 veterans reported having been exposed to Agent Orange while serving in Vietnam, while another 6,930 men served on active duty in Vietnam but reported no exposure. Men categorized as exposed had to have reported it on their initial application to the VA for medical benefits. A total of 239 cases of prostate cancer were identified in the exposed group versus 124 in the non-exposed group. By Cox proportional hazards modeling, the HR = 2.87 (95% CI 2.31–3.57) with mean time between exposure and diagnosis equal to 407 months. The proportion of cases with high-grade or advanced cancer at diagnosis was higher in the exposed group as well. It is noted that 38 cases included in the exposed group reported their exposure after being diagnosed with prostate cancer. Exclusion of these cases reduced the magnitude of the association, but it remained significant.

Occupational Studies

Investigators from the Agricultural Health Study evaluated the association between cancer incidence and exposure to dicamba, a benzoic acid herbicide that is often mixed with 2,4-D when sprayed (Samanic et al., 2006). Neither cumulative exposure nor intensity-weighted cumulative exposure was associated with prostate cancer risk.

Hansen et al. (2007) evaluated a cohort consisting of members of a Danish gardener's union, who were followed from 1975 until 2002. Because herbicide and pesticide exposures were reduced over successive calendar periods, year of birth was used as a proxy for exposure level. Previous analyses had detected an excess of soft tissue sarcoma among the older workers, suggesting that phenoxy herbicides might have been responsible. Prostate cancers were included in a more general category (male genital organs) and there was some evidence for elevated risk compared to the general Danish population in the early, most heavily exposed cohort (SIR = 1.34, 95% CI 0.97–1.81), but no association in the later, less-exposed subcohorts.

Environmental Studies

Consonni et al. (2008) compared prostate cancer mortality over 25 years in men exposed to dioxins in Seveso, Italy to a nearby but non-exposed reference population. The number of deaths due to prostate cancer was too small among residents in the very high and high exposure zones (Zones A and B) to provide informative estimates. There was no evidence of an association among residents in Zone R, the larger, low-exposure area (RR = 1.06; 95% CI 0.81-1.38).

Biologic Plausibility

Prostate cells and prostatic-cancer cell lines are responsive to TCDD in induction of various genes, including those involved in drug metabolism. Simanainen et al. (2004a) used different rat lines (TCDD-resistant Hans/Wistar and TCDD-sensitive Long Evans) and showed that TCDD treatment resulted in a significant decrease in the weight of prostate lobes; however, the effect did not appear to be line-specific. In contrast, the TCDD reduction in sperm does appear to be line-specific and not fully related to the effects of TCDD on serum testosterone (Simanainen et al., 2004b). TCDD effects appear to occur through actions on the urogenital sinus (Lin et al., 2004). In utero and lactational exposure to TCDD appears to retard the aging process in the prostate (Fritz et al., 2005). Progeny mice of a genetic cross between AHR-null mice and the transgenic adenocarcinoma of the mouse prostate (TRAMP) model of prostate cancer showed that the presence of the AHR inhibited the formation of prostate tumors possessing a neuroendocrine phenotype. In a follow-up to those studies, Fritz and coworkers (2008) used the TRAMP model to show that the presence of AHR inhibits prostate carcinogenesis. In agreement with a possible potential protective role, negative associations were found in the AFHS between the risk of benign prostate hyperplasia and both TCDD exposure and serum testosterone levels (Gupta et al., 2006).

The biologic plausibility of the chemicals of interest being carcinogenic is discussed in general at the beginning of this chapter.

Synthesis

Among the few studies published since the *Update 2006*, the new study published by Chamie et al. (2008) stands out because of its direct focus on the relationship between exposure to Agent Orange in Vietnam and prostate cancer risk. The findings support the existence of an association. However, several features of this study limit the strength of its conclusions. First, although exposure was presumably self-reported at the time of application for initial medical benefits, those who reported exposure had more detailed exposure histories taken, and it is not clear how or whether these detailed histories influenced the final exposure categorization. Second, the methods used to control for confounding by PSA testing are unclear. It appears that the groups compared had similar prevalence for ever having received a PSA test, but the frequency of PSA testing during the long follow-up interval and the means used to adjust for PSA testing differences was not explained in detail. As mentioned above, small differences in the frequency of PSA testing can have a profound effect on prostate cancer detection rates. There is a particular concern in this case because veterans who reported exposure and therefore entered the Agent Orange medical program were likely to have received additional PSA testing. Third, as acknowledged in the paper, 38 men reported their exposure to Agent Orange after being diagnosed with prostate cancer. Although the association appears to have remained significant after exclusion of these cases, further analyses need to be done to determine the extent of any bias their inclusion might have caused. The study by Chamie et al. (2008) offers an important basic blueprint for similar analyses that can be conducted within the VA medical system. However, despite the relatively strong association between Agent Orange and prostate cancer risk in this report on Northern California veterans, the committee believes that unresolved questions regarding the methodology used in this study warrant caution in interpreting the results.

The existing body of epidemiologic evidence supporting an association between prostate cancer and exposure to the chemicals of interest is robust enough that the committee's judgment that there is limited or suggestive evidence of an association is not reversed by the largely negative results in experimental systems.

Conclusion

On the basis of its evaluation of the evidence reviewed here and in previous VAO reports, the committee concludes that there remains limited or suggestive evidence of an association between exposure to at least one of the compounds of interest and prostate cancer.

TESTICULAR CANCER

ACS estimated that 8,090 men would receive diagnoses of with testicular cancer (ICD-9 186.0–186.9) in the United States in 2008 and that 380 men would die from it (Jemal et al., 2008a). Other cancers of the male reproductive system that are infrequently reported separately are cancers of the penis and other male genital organs (ICD-9 187). The average annual incidence of testicular cancer is shown in Table 6-30.

TABLE 6-30 Average Annual Incidence (per 100,000) of Testicular Cancer in United States^a

50–54 Years of Age				55–59 Years of Age			60-64 Years of Age			
All Races	White	Black	_	All Races	White	Black		All Races	White	Black
4.0	4.6	1.0		2.4	2.6	1.3		1.5	1.6	0.8

^{*a*} SEER (Surveillance, Epidemiology, and End Results program) nine standard registries, crude age-specific rates, 2000–2005.

Testicular cancer occurs more often in men younger than 40 years old than in older men. On a lifetime basis, the risk in white men is about 4 times that in black men. Cryptorchidism (undescended testes) is a major risk factor for testicular cancer. Family history of the disease also appears to be a risk factor. Several other hereditary, medical, and environmental risk factors have been suggested, but the results of research are inconsistent (Bosl and Motzer, 1997).

Conclusions from VAO and Updates

The committee responsible for VAO concluded that there was inadequate or insufficient information to determine whether there is an association between exposure to the compounds of interest and testicular cancer. Additional information available to the committees responsible for *Update 1996*, *Update 1998*, *Update 2000*, *Update 2002*, *Update 2004*, and *Update 2006* did not change that conclusion. Table 6-31 summarizes the results of the relevant studies.

Reference	Study Population	Exposed Cases ^a	Estimated Relative Risk (95% CI) ^{<i>a</i>}
VIETNAM VETEI	RANS		
ADVA, 2005a	Australian male Vietnam veterans vs Australian population—incidence	54	0.9 (0.6–1.1)
	Navy	17	1.2(0.7-1.8)
	Army	34	0.8 (0.5-1.0)
	AirForce	3	0.8(0.2-2.3)
ADVA, 2005b	Australian male Vietnam veterans vs Australian population—mortality	14	0.9 (0.4–1.4)
	Navy	3	0.8(0.2-2.4)
	Army	10	0.9(0.4-1.7)
	AirForce	0	0.0 (0.0-3.3)
ADVA, 2005c	Australian male conscripted Army National Service Vietnam era veterans—deployed vs non-deployed	2	
	Incidence	17	0.7 (0.4–1.2)

 TABLE 6-31
 Selected Epidemiologic Studies—Testicular Cancer

Reference	Study Population	Exposed Cases ^a	Estimated Relative Risk $(95\% \text{ CI})^a$
	Mortality	4	0.8 (0.2–2.0)
Studies Reviewed in Up	pdate 2000		
AFHS, 2000	Air Force Ranch Hand veterans	3	*
AIHW, 1999	Australian Vietnam veterans	59	110 expected (89–139)
CDVA, 1998a	Australian Vietnam veterans	151 ^b	110 expected (89–131)
Studies Reviewed in Up	<i>odate 1998</i>		
Clapp, 1997	Massachusetts Vietnam veterans-incidence	30	1.2 (0.4–3.3)
CDVA, 1997a	Australian military Vietnam veterans	4	(NS)
CDVA, 1997b	Australian national service Vietnam veterans	1	1.3
Dalager and Kang, 1997	Army Chemical Corps veterans	2	4.0 (0.5–14.5)
Watanabe and Kang, 199	96 Army Vietnam service	114	1.1 *
	MarineVietnam service	28	1.0 *
Studies Reviewed in Up	pdate 1996		
Bullman et al., 1994	Navy veterans	12	2.6 (1.1-6.2)
Studies Reviewed in VA	40		
Tarone et al., 1991	Patients at three Washington, DC, area hospitals	31	2.3 (1.0-5.5)
Watanabe et al., 1991	Army Vietnam veterans	109	1.2 (NS)
	Marine Vietnam veterans	28	0.8 (NS)
Breslin et al., 1988	Army Vietnam veterans	90	1.1 (0.8–1.5)
	Marine Vietnam veterans	26	1.3 (0.5–3.6)
Anderson et al., 1986	Wisconsin Vietnam veterans	9	1.0 (0.5–1.9)
OCCUPATIONAL			
Studies Reviewed in Up	odate 2006		
McLean et al., 2006	IARC cohort of pulp and paper workers Exposure to nonvolatile organochlorine		
	compounds		
	Never	2	1.1 (0.1–4.1)
	Ever	5	3.6 (1.2–8.4)
Alavanja et al., 2005	US Agriculture Health Study—incidence		
	Private applicators (men and women)	23	1.1 (0.7–1.6)
	Spouses of private applicators (>99%women)		0.0 (0-50.2)
Blair et al., 2005a	Commercial applicators (men and women) US Agriculture Health Study	4	1.2 (0.3–3.2)
	Private applicators (men and women)	0	*
	Spouses of private applicators (>99%women)	0	*
Reif et al., 1989	New Zealand forestry workers-nested case-contro	1	
, ,	(incidence)	6	1.0 (0.4–2.6)
Studies Reveiwed in Up	pdate 2002		
Burns et al., 2001	Dow chemical production workers	1	2.2 (0.0–12.5)
Studies Reviewed in Up	odate 2000		
Flemming et al., 1999b	Florida pesticide appliers	23	2.5 (1.6–3.7)
Hardell et al., 1998	Swedish workers exposed to herbicides	4	0.3 (0.1–1.0)
Studies Reviewed in Up	pdate 1998		
Hertzman et al., 1997	British Columbia sawmill workers		
	Mortality	116 ^c	1.0 (0.8–1.1)
	Incidence	18	1.0 (0.6–1.4)
Kogevinas et al., 1997	IARC cohort	7	1.3 (0.5–2.7)
Ramlow et al., 1996	Dow pentachlorophenol production workers		
	(Included in the IARC cohort and the NIOSH		
	Dioxin Registry)	0	*

Reference	Study Population	Exposed Cases ^a	Estimated Relative Risk $(95\% \text{ CI})^a$
Zhong and Rafnsson, 1996	Icelandic pesticide users	2	1.2 (0.1–4.3)
Studies Reviewed in U	pdate 1996		
Blair et al., 1993	US farmers in 23 states		
	White men	32	0.8 (0.6–1.2)
	Nonwhite men	6	1.3 (0.5-2.9)
Studies Reviewed in V	40		
Ronco et al., 1992	Danish workers—incidence		
	Men—self-employed	74	0.9 (*)
	employee	23	$0.6 \ (p < 0.05)$
Saracci et al., 1991	IARC cohort—exposed subcohort (men and		
	women)	7	2.3 (0.9-4.6)
Bond et al., 1988	Dow 2,4-D production workers (Included in the		
	IARC cohort and the NIOSH Dioxin Registry)	1	4.6 (0.0-25.7)
Coggon et al., 1986	British MCPA production workers (Included in the		
	IARC cohort)	4	2.2 (0.6-5.7)
Wiklund, 1983	Swedish male and female agricultural workers— incidence	101	$1.0 (0.7-1.2)^d$
ENVIRONMENTAL			
Studies Reviewed in U	ndate 2000		
Bertazzi et al. 2001	Seveso residents—20-year follow-up		
	Zone A. B—men	17	1.0(0.6-1.7)
Bertazzi et al., 1998	Seveso residents—15-year follow-up (genitourinary	v	
,,,	tract)	/	
	Zone B—men	10	10(0.5-1.8)
	Zone R—men	73	10(0.8-1.3)
Studies Reviewed in <i>U</i>	ndate 1996	10	1.0 (0.0 1.0)
Bertazzi et al. 1993	Seveso residents—10-year follow-up—incidence		
	Zone B—men	1	1 0 (0 1–7 5)
	Zone R—men	9	1.0(0.1-7.5) 1.4(0.7-3.0)
Studies Reviewed in V	40	,	1.1 (0.7 5.0)
Pesatori et al. 1992	Seveso residents—incidence		
	Zones A B—men	1	09(01-67)
	Zone R—men	9	1.5(0.7-3.0)
a e: 1 : 11		,	1.0 (0.7 0.0)

^{*a*} Given when available.

^b Self-reported medical history. Answer to question: "Since your first day of service in Vietnam, have you been told by a doctor that you have cancer of the testis?"

^{*c*} "Male genital cancers".

^{*d*} 99% CI.

* Information not provided by study authors.

— When information was denoted by a dash in the original study.

Studies in italics have been superseded by newer studies of the same cohorts.

ABBREVIATIONS: 2,4-D, 2,4-dichlorophenoxyacetic acid; ADVA, Australian Department of Veteran Affairs; AFHS, Air Force Health Study; AIHW, Australian Institute of Health and Welfare; CDVA, Commonwealth Department of Veterans' Affairs; CI, confidence interval; IARC, International Agency for Research on Cancer; MCPA, methyl-4-chlorophenoxyacetic acid; NS, not significant.

Update of the Epidemiologic Literature

No new studies concerning exposure to the compounds of interest and testicular cancer were published since *Update 2006*.

Biologic Plausibility

No new animal studies have been published reporting on the incidence of testicular cancer after exposure to any of the compounds of interest. The biologic plausibility of the chemicals of interest being carcinogenic is discussed in general at the beginning of this chapter.

Synthesis

The evidence from epidemiologic studies is inadequate to link herbicide exposure and testicular cancer. The relative rarity of this cancer makes it difficult to develop risk estimates with any precision. Most cases occur in men 25–35 years old, and men who have received such a diagnosis could be excluded from military service; this could explain the slight reduction in risk observed in some veteran studies.

Conclusion

On the basis of its evaluation of the evidence reviewed here and in previous VAO reports, the committee concludes that there is inadequate or insufficient evidence to determine whether there is an association between exposure to the compounds of interest and testicular cancer.

BLADDER CANCER

Bladder cancer (ICD-9 188) is the most common urinary tract cancer. Cancers of the urethra, paraurethral glands, and other and unspecified urinary cancers (ICD-9 189.3–189.9) are infrequently reported separately; any findings on these cancers would be reported in this section. ACS estimated that 51,230 men and 17,580 women would receive a diagnosis of bladder cancer in the United States in 2008 and that 9,950 men and 4,150 women would die from it (Jemal et al., 2008a). In males, in whom this cancer is about twice as common as it is in females, those numbers represent about 5% of new cancer diagnoses and 3% of cancer deaths. Overall, bladder cancer is fourth in incidence among men in the United States.

Bladder-cancer risk rises rapidly with age. In men in the age groups that characterize most Vietnam veterans, bladder-cancer incidence is about twice as high in whites as in blacks. The average annual incidence of urinary bladder cancer is shown in Table 6-32.

TABLE 0-52 Average Annual incluence (per 100,000) of bladder Cancer in Onited States_											
	50–54 Years of Age			55–59 Years of Age				60–64 Years of Age			
	All Races	White	Black		All Races	White	Black		All Races	White	Black
Males	23.4	25.6	14.3		46.7	51.3	30.8		81.8	91.1	42.6
Females	6.9	7.6	4.0		13.3	15.1	7.7		22.0	24.7	14.4

TABLE 6-32 Average Annual Incidence (per 100,000) of Bladder Cancer in United States^a

^{*a*} SEER (Surveillance, Epidemiology, and End Results program) nine standard registries, crude age-specific rates, 2000–2005.

The most important known risk factor for bladder cancer is tobacco use, which accounts for about half the bladder cancers in men and one-third of them in women (Miller et al., 1996). Occupational exposure to aromatic amines (also called arylamines), polycyclic aromatic hydrocarbons, and some other organic compounds used in the rubber, leather, textile, paint-products, and printing industries is associated with higher incidence. In some parts of Africa and Asia, infection with the parasite *Schistosoma hæmatobium* contributes to the high incidence.

Exposure to inorganic arsenic is also a risk factor for bladder cancer. Although cacodylic acid is a metabolite of inorganic arsenic as discussed in Chapter 4, the data are insufficient to conclude that studies of inorganic-arsenic exposure are directly relevant to exposure to cacodylic acid, so the literature on inorganic arsenic is not considered in this section.

Conclusions from VAO and Updates

The committees responsible for VAO and Update 1996 concluded that there was limited or suggestive evidence of *no* association between exposure to the compounds of interest and urinary bladder cancer. Additional information available to the committee responsible for Update 1998 led it to change that conclusion to one of inadequate or insufficient information to determine whether there is an association. The Update 2000, Update 2002, Update 2004, and Update 2006 committees did not change that conclusion. Table 6-33 summarizes the results of the relevant studies.

Reference	Study Population ^{<i>a,b</i>}	Exposed Cases ^c	Estimated Relative Risk (95% CI) ^c
VIETNAM VETERA	NS		
Studies Reviewed in L	Jpdate 2006		
ADVA, 2005a	Australian male Vietnam veterans vs Australian	164	1.0 (0.9–1.2)
,	population—incidence		· · · ·
	Navy	34	1.0 (0.7–1.4)
	Army	104	1.0 (0.8–1.2)
	Air Force	26	1.3 (0.8–1.8)
ADVA, 2005b	Australian male Vietnam veterans vs Australian	22	0.7 (0.4–1.0)
	population—mortality		
	Navy	4	0.6 (0.2–1.6)
	Army	13	0.7 (0.3–1.1)
	Air Force	5	1.1 (0.4–2.5)
ADVA, 2005c	Australian male conscripted Army National Service		
	Vietnam era veterans: deployed vs non-deployed		
	Incidence	19	0.7 (0.4–1.1)
	Mortality	1	0.3 (0.0–1.7)
Boehmer et al., 2004	Follow-up of CDC Vietnam Experience Cohort	1	*
Studies Reviewed in U	Ipdate 2004		
Akhtar et al., 2004	AFHS subjects vs national rates		
	White AFHS Ranch Hand veterans		
	Mortality—All	1	0.9 (*)

 TABLE 6-33
 Selected Epidemiologic Studies—Bladder Cancer

Reference	Study Population ^{<i>a,b</i>}	Exposed Cases ^c	Estimated Relative Risk (95% CI) ^c
	Incidence—All	14	1.1 (0.6–1.7)
	With tours between 1966–1970	14	1.3 (0.7–2.1)
	White AFHS comparison veterans		
	Mortality—All	1	0.6 (*)
	Incidence—All	8	0.4 (0.2–0.8)
	With tours between 1966–1970	4	0.3 (0.1–0.7)
Studies Reviewed in Up	odate 2000		
AFHS, 2000	Air Force Ranch Hand veterans		
	Bladder and kidney	11	3.1 (0.9–11.0)
Studies Reviewed in Up	date 1998	00	
Clapp, 1997	Massachusetts Vietnam veterans	80	0.6(0.2-1.3)
CDVA, 1997a	Australian military Vietnam veterans	11	1.1 (0.6–1.9)
CDVA, 1997b	Australian national service Vietnam veterans	1	0.6 (*)
Studies Reviewed in VA	10	0	
Breslin et al., 1988	Army Vietnam veterans	9	0.6(0.3-1.2)
	Marine Vietnam veterans	4	2.4 (0.1–66.4)
Anderson et al., 1986	Wisconsin Vietnam veterans	1	*
OCCUPATIONAL New Studies			
Hansen et al., 2007	Danish gardeners—incidence		
	(urinary system, ICD-7 180–181)		
	10-yr follow-up (1975–1984) reported in Hansen et		
	al. (1992)	18	0.9 (0.7–1.8)
	25-yr follow-up (1975–2001)		
	Born before 1915 (high exposure)	25	1.1 (0.7–1.6)
	Born 1915–1934 (medium exposure)	23	0.5 (0.4–0.8)
	Born after 1934 (low exposure)	1	0.2 (0.0-1.1)
Samanic et al., 2006	Pesticide applicators in AHS – bladder cancer incidence from enrollment through 2002		
	Dicamba—lifetime days exposure		
	None	43	1.0
	1-<20	6	0.5 (0.2–1.3)
	20-<56	9	0.7 (0.3–1.4)
	56-<116	6	0.6 (0.3–1.5)
	≥ 116	8	0.8 (0.4–1.9)
		р	for linear trend = 0.66
Studies Reviewed in Up	date 2006		
McLean et al., 2006	IARC cohort of pulp and paper workers		
	Exposure to nonvolatile organochlorine compounds	50	10(0712)
	Never	50	1.0(0.7-1.3)
Alexania et al. 2005	Ever US A minuteurs Haalth Study (uningers system)	43	1.1 (0.8–1.5)
Alavanja et al., 2005	incidence	104	0.7(0.(0.0))
	Private applicators (men and women)	184	0.7(0.6-0.8)
	Spouses of private applicators (>99%women)	1/	0.7(0.4-1.1)
24 Manuartia at al. 2005	Commercial applicators (men and women)	13	1.1 (0.6–1.8)
t Mannetje et al., 2005	Phenoxy herbicide producers (men and women)	0	*
Diain at al 2005	Phenoxy nerolcide sprayers (>99%men)	0	T
Biair et al., 2005a	US Agriculture Health Study	7	0.4(0.1,0.7)
	Private applicators (men and women)	2	0.4(0.1-0.7)
Torobio at al 1004	Spouses of private applicators (>99% female)	21	0.8(0.1-2.7)
Torenio et al., 1994	nanan neensed pesticide users	31	0.5 (0.4–0.8)

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Reference	Study Population <i>a,b</i>	Exposed	Estimated Relative
		Cases ^c	Risk (95% CI) ^c
Reif et al., 1989	New Zealand forestry workers-nested case-control	ol	
2	(incidence)	4	0.7 (0.3–1.8)
Studies Reviewed in Upd	late 2004		
Bodner et al., 2003	Dow chemical production workers (Included in the		
	IARC cohort and the NIOSH Dioxin Registry)		0.7 (0.1–2.0)
Swaen et al., 2004	Dutch licensed herbicide applicators	2	0.7(0.1-2.4)
Studies Reveiwed in Upd	late 2002		
Burns et al., 2001	Dow 2,4-D production workers (Included in the IARC	2	
	cohort and the NIOSH Dioxin Registry)	1	0.5 (0.1-2.8)
Studies Reviewed in Upd	late 2000		
Steenland et al., 1999	US chemical production workers (Included in the		
	IARC cohort and the NIOSH Dioxin Registry)		
	Total cohort	16	2.0 (1.1-3.2)
	High-exposure cohort	6	3.0 (1.4-8.5)
Hooiveld et al., 1998	Dutch chemical production workers (Included in the		
	IARC cohort)		
	Total cohort	4	3.7 (1.0–9.5)
	Accidentally exposed subcohort	1	2.8 (0.1–15.5)
Studies Reviewed in Upd	late 1998		
Hertzman et al., 1997	Canadian sawmill workers		
	Mortality	33	0.9 (0.7–1.2)
	Incidence	94	1.0 (0.8–1.2)
Kogevinas et al., 1997	IARC cohort (men and women)		
	Workers exposed to any phenoxy herbicide or		
	chlorophenol	34	1.0 (0.7–1.5)
	Workers exposed to TCDD (or higher-chlorinated		
	dioxins)	24	1.4 (0.9–2.1)
	Workers not exposed to TCDD (or higher-		
	chlorinated dioxins)	10	0.7 (0.3–1.2)
Ott and Zober, 1996	BASF employees (bladder or kidney)—incidence	2	1.4 (0.4–3.2)
Studies Reviewed in Upd	late 1996		
Asp et al., 1994	Finnish herbicide applicators—incidence	12	1.6 (0.8–2.8)
Bueno de Mesquita et al.,	Dutch phenoxy herbicide workers (Included in the		
1993	IARC cohort)	1	1.2 (0.0-6.7)
Collins et al., 1993	Monsanto Company workers (Included in the IARC		
	cohort)		
	Bladder and other urinary	16 ^{<i>a</i>}	6.8 (3.9–11.1)
Studies Reviewed in VA	0		
Ronco et al., 1992	Danish workers—incidence	• • • •	
	Men—self-employed	300	0.6 (p < 0.05)
	employee	70	0.7 (p < 0.05)
	Women—self-employed	1	0.2 (*)
	employee	2	0.6 (*)
D ¹ 1 4 4 1 1001	family worker	25	0.6 (p < 0.05)
Fingerhut et al., 1991	NIOSH—entire cohort (bladder and other)	9	1.6(0.7-3.0)
G 1001	\geq 1-year exposure; \geq 20-year latency	4	1.9 (0.5–4.8)
Green, 1991	Herbicide sprayers in Ontario		10(00 5 ()
0	Diseases of the genitourinary system	1	1.0(0.0-5.6)
Saracci et al., 1991	IAKC conort—exposed subconort (men and women)	13	0.8(0.4-1.4)
Lober et al., 1990	BASE employees—basic conort	U	-(0.0-15.0)
Alavanja et al., 1989	USDA forest or soil conservationists	8	0.8 (0.3 - 1.6)
Alevenia et al., 1989	INEW Frampshile pulp and paper WORKERS	4	1.2 (0.3 - 3.2) 0.7 (0.4 1.4)
Aiavalija et al., 1988	USDA agricultural extension agents	ð	0.7(0.4-1.4)

Reference	Study Population <i>a,b</i>	Exposed	Estimated Relative
		Cases ^c	Risk (95% CI) ^c
Bond et al., 1988	Dow 2,4-D production workers (Included in the IARC	2	· · · · · ·
	cohort and the NIOSH Dioxin Registry)	0	(0-7.2)
Coggon et al., 1986	British MCPA production workers (Included in the		· · · ·
	IARC cohort)	8	0.9 (0.4–1.7)
Robinson et al., 1986	Northwestern US paper and pulp workers	8	1.2 (0.6–2.6)
Lynge, 1985	Danish production workers—incidence (Included in		
	the IARC cohort)	11	0.8 (*)
Blair et al., 1983	Florida pesticide applicators	3	1.6 (*)
Burmeister, 1981	Iowa farmers	274	0.9 (NS)
ENVIRONMENTAL			
New Studies			
Consonni et al., 2008	Seveso residents—25-year follow-up—men and		
	women		10(0074)
	Zone A	l	1.0(0.2-7.4)
	Zone B	6	0.9(0.4-2.0)
	Zone R	42	0.9 (0.6–1.2)
Studies Reveiwed in Up	aate 2002		
Revien et al., 2001	Kesidenis of Chapaevsk, Kussia (urinary organs)	21	26(1726)
	Men Werner	51	2.0(1.7-3.0)
Studios Dovious din Un	women	1 /	0.8 (0.5–1.5)
Bortazzi et al. 2001	Severe residents 20 year follow up		
<i>Der (u22) et ul., 2001</i>	Zone A B men	6	12(0527)
Bortazzi et al 1008	Severa residents 15-year follow-up	0	1.2(0.5-2.7)
Der 10221 et ul., 1990	Zone B_men	1	24(03-168)
	women	3	0.9(0.3-3.0)
	Zone R—men	21	0.9(0.5-5.0)
	women	21 4	0.5(0.0-1.5) 0.6(0.2-1.8)
Studies Reviewed in <i>Un</i>	date 1998	7	0.0 (0.2 1.0)
Gambini et al 1997	Italian rice growers	12	10(05-18)
Svensson et al 1995	Swedish fishermen—mortality (men and women)	12	1.0 (0.0 1.0)
	East coast	5	13(04-31)
	West coast	20	1.0(0.6-1.6)
	Swedish fishermen—incidence (men and women)	20	1.0 (0.0 1.0)
	East coast	10	0.7(0.4-1.3)
	West coast	55	0.9(0.7-1.1)
Studies Reviewed in VA	0		
Pesatori et al., 1992	Seveso residents—incidence		
<i>,</i>	Zones A, B—men	10	1.6 (0.9-3.1)
	women	1	0.9 (0.1-6.8)
	Zone R—men	39	1.0(0.7-1.4)
	women	4	0.6 (0.2–1.5)
Lampi et al., 1992	Finnish community exposed to chlorophenol		× /
- ·	contamination (men and women)	14	1.0 (0.6–1.9)

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^{*a*} Table shows mortality unless otherwise noted.

^b Cohorts are male unless otherwise noted.

^{*c*} Given when available.

^d Many of the employees studied were also exposed to 4-aminobiphenyl, a known bladder carcinogen.

^e Incidence rates provided in absence of information on exposed cases or estimated relative risk for morbidity.

* Information not provided by study authors.

— When information was denoted by a dash in the original study.

Studies in italics have been superseded by newer studies of the same cohorts.

ABBREVIATIONS: 2,4-D, 2,4-dichlorophenoxyacetic acid; ADVA, Australian Department of Veteran Affairs; AFHS, Air Force Health Study; CI, confidence interval; IARC, International Agency for Research on Cancer; MCPA, methyl-4-chlorophenoxyacetic acid; NIOSH, National Institute for Occupational Safety and Health; NS, not significant; TCDD, 2,3,7,8-tetrachlorodibenzo-*p*-dioxin; USDA, US Department of Agriculture.

Update of Epidemiologic Literature

Vietnam-Veteran Studies

No new Vietnam-veteran studies concerning exposure to the compounds of interest and bladder cancer had been published since *Update 2006*.

Occupational Studies

Hansen et al. (2007) studied cancer incidence in Danish professional gardeners compared to the general Danish population. For cancer of the urinary system (including presumably both bladder and kidney) the relative risk was 1.07 (95% CI 0.72–1.59) for the older workers with the highest exposure to herbicides. Interestingly, there was evidence for a decreased risk in workers in the intermediate and recent birth cohorts, whose exposure to herbicides and pesticides was considered to be lower than that of the older workers. This suggest that there may have been a historic exposure that increase bladder cancer rates; however, since there is no detail in this study regarding specific chemicals, it is difficult to attribute this to any of the compounds of interest. Samanic et al. (2006) looked at bladder cancer occurrence among pesticide applicators in the Agricultural Health Study according to their exposure to dicamba, a benzoic acid herbicide often mixed with 2,4-D. There was no evidence of any association between cumulative dicamba exposure and bladder cancer incidence.

Environmental Studies

Consonni et al. (2008), who compared mortality rates among residents of Seveso in various zones of exposure to dioxin, found no relationship with bladder cancer mortality, although the small number of relevant deaths in the highly exposed zones greatly limits the interpretability of this result.

Biologic Plausibility

In laboratory animals, cacodylic acid has been shown to induce primarily bladder tumors (Cohen et al., 2006). In a study of male F344 rats, cacodylic acid administered in drinking water resulted in formation of bladder tumors at the highest concentrations (50 and 200 ppm) (Wei et al., 2002). In another report (Arnold et al., 2006), administration of cacodylic acid in the diet resulted in formation of papillomas and carcinomas in the bladders of both female and male F344 rats but not B6C3F1 mice. Experimental work since the last update has shown that

cacodylic acid (dimethyl arsenate, DMA) is cytotoxic at very high concentrations, unlikely to be environmentally relevant, in rat urothelial cells in vitro (Nascimento et al., 2008). Other recent studies have shown DMA level to be lower in urinary blader cancer patients than in matched controls (Pu et al., 2007) and to be associated with a lower incidence of urinary cancer (Huang et al., 2008). On the other hand, higher oxidative DNA damage has been found in association with higher DMA levels in urithelial cancer patients (Chung et al., 2008), although this was not the case in primary human hepatocytes (Doop et al., 2008). In a single study using a rat cancer initiation-promotion model, DMA was found to be a weak cancer initiator but a tumor promoter at high dose (Fukushima et al., 2005).

No studies have reported an increased incidence of urinary bladder cancer in TCDD-treated animals.

The biologic plausibility of the chemicals of interest being carcinogenic is discussed in general at the beginning of this chapter.

Synthesis

Available analyses of an association between exposure to the compounds of interest and bladder-cancer risk are characterized by low precision because of the small numbers, low exposure specificity, and lack of ability to control for confounding. The new data that have emerged since *Update 2006* suggest that DMA may be a bladder tumor promoter and at the same time, that DMA levels are lower in patients with urinary cancer. The evidence in either direction is still too preliminary to alter the conclusion that the cumulative evidence of such an association is inadequate or insufficient.

Conclusion

On the basis of its evaluation of the evidence reviewed here and in previous VAO reports, the committee concludes that there is inadequate or insufficient evidence to determine whether there is an association between exposure to the compounds of interest and bladder cancer.

RENAL CANCER

Cancers of the kidney (ICD-9 189.0) and renal pelvis (ICD-9 189.1) are often grouped in epidemiologic studies; cancer of the ureter (ICD-9 189.2) is also included sometimes. Although diseases of those organs have different characteristics and could have different risk factors, there is some logic to grouping them: the structures are all exposed to filterable compounds, such as polycyclic aromatic hydrocarbons, that appear in urine. ACS estimated that 33,130 men and 21,260 women would receive diagnoses of renal cancer (ICD-9 189.0, 189.1) in the United States in 2008 and that 8,100 men and 4,910 women would die from it (Jemal et al., 2008a). Those figures represent 2–4% of all new cancer diagnoses and cancer deaths. The average annual incidence of renal cancer is shown in Table 6-34.

	50–54 Years of Age			55–59 Y	55–59 Years of Age			60–64 Years of Age		
	All Races	White	Black	All Races	White	Black	All Race	White	Black	
Males	23.8	23.2	35.8	36.9	36.4	49.0	55.5	56.2	66.2	
Females	12.6	12.8	13.8	18.6	19.1	20.8	24.8	3 26.0	28.1	

TABLE 6-34 Average Annual Incidence (per 100,000) of Kidney and Renal Pelvis Cancer in United States^{*a*}

^{*a*} SEER (Surveillance, Epidemiology, and End Results program) nine standard registries, crude age-specific rates, 2000–2005.

Renal cancer is twice as common in men as in women. In the age groups that include most Vietnam veterans, black men have a higher incidence than white men. With the exception of Wilms' tumor (which is more likely to occur in children), renal cancer is more common in people over 50 years old.

Tobacco use is a well-established risk factor for renal cancer. People with some rare syndromes—notably, von Hippel-Lindau syndrome and tuberous sclerosis—are at higher risk. Other potential risk factors include obesity, heavy acetaminophen use, kidney stones, and occupational exposure to asbestos, cadmium, and organic solvents. Firefighters, who are routinely exposed to numerous pyrolysis products, are in a known higher-risk group.

Conclusions from VAO and Updates

The committee responsible for VAO concluded that there was inadequate or insufficient information to determine whether there is an association between exposure to the compounds of interest and renal cancer. Additional information available to the committees responsible for *Update 1996*, *Update 1998*, *Update 2000*, *Update 2002*, *Update 2004*, and *Update 2006* did not change that conclusion. Table 6-35 summarizes the results of the relevant studies.

Reference	Study Population ^{<i>a,b</i>}	Exposed	Estimated Relative
		Cases ^c	Risk $(95\% \text{ CI})^c$
VIETNAM VETERA	NS		
Studies Reviewed in U	pdate 2006		
ADVA, 2005a	Australian male Vietnam veterans vs Australian	125	1.0 (0.8–1.2)
	population—incidence		
	Navy	34	1.3 (0.9–1.7)
	Army	77	0.9(0.7-1.1)
	Air Force	14	1.1 (0.6–1.8)
ADVA, 2005b	Australian male Vietnam veterans vs Australian	50	1.0(0.7-1.2)
	population—mortality		
	Navy	12	1.1 (0.6–1.9)
	Army	33	0.9 (0.6–1.3)
	Air Force	5	0.8 (0.3–1.8)
ADVA, 2005c	Australian male conscripted Army National Service		
	Vietnam era veterans-deployed vs non-deployed		
	Incidence	19	0.7 (0.4–1.0)
	Mortality	4	0.4(0.1-1.1)
Boehmer et al., 2004	Follow-up of CDC Vietnam Experience Cohort	1	* Č
Studies Reviewed in U	Indate 2000		

TABLE 6-35 Selected Epidemiologic Studies—Renal Cancer

Reference	Study Population ^{<i>a,b</i>}	Exposed Cases ^c	Estimated Relative Risk (95% CI) ^c
AFHS, 2000	Air Force Ranch Hand veterans	11	3.1 (0.9–11.0)
Studies Reviewed in Upd	late 1998		
CDVA, 1997a	Australian military Vietnam veterans	22	1.2 (0.7–1.8)
CDVA, 1997b	Australian national service Vietnam veterans	3	3.9 (*)
Studies Reviewed in Upd	late 1996		
Visintainer et al., 1995	Michigan Vietnam veterans	21	1.4 (0.9–2.2)
Studies Reviewed in VA	0		
Breslin et al., 1988	Army Vietnam veterans	55	0.9 (0.5–1.5)
	Marine Vietnam veterans	13	0.9 (0.5–1.5)
Kogan and Clapp, 1988	Massachusetts Vietnam veterans	9	1.8 (1.0–3.5)
Anderson et al., 1986	Wisconsin Vietnam veterans	2	*
OCCUPATIONAL New Studies			
Hansen et al., 2007	Danish gardeners—incidence		
	(urinary system, ICD-7 180–181)		
	10-yr follow-up (1975-1984) reported in		
	Hansen et al. (1992)	18	0.9(0.7-1.8)
	25-yr follow-up (1975–2001)		
	Born before 1915 (high exposure)	25	1.1 (0.7–1.6)
	Born 1915–1934 (medium exposure)	23	0.5 (0.4–0.8)
	Born after 1934 (low exposure)	1	0.2 (0.0-1.1)
Studies Reviewed in Upd	late 2006		
McLean et al., 2006	IARC cohort of pulp and paper workers		
	Exposure to nonvolatile organochlorine compounds		
	Never	41	0.9 (0.7–1.3)
	Ever	18	0.5 (0.3–0.8)
't Mannetje et al., 2006	Phenoxy herbicide producers (men and women)	1	1.2 (0.0-6.6)
	Phenoxy herbicide sprayers (>99% men)	3	2.7 (0.6-8.0)
Torchio et al., 1994	Italian licensed pesticide users	16	0.6 (0.4–1.0)
Reif et al., 1989	New Zealand forestry workers-nested case-contro	1	
	(incidence)	2	0.6 (0.2–2.3)
Magnani et al., 1987	UK case–control		
	Herbicides	*	1.3 (0.6–3.1)
	Chlorophenols	*	0.9 (0.4–1.9)
Studies Reviewed in Upd	late 2004		
Swaen et al., 2004	Dutch licensed herbicide applicators	4	1.3 (0.4–3.4)
Studies Reveiwed in Upd	late 2002		
Burns et al., 2001	Dow 2,4-D production workers (Included in the	2	0.0(0.1, 2.2)
Garden Densing die Un	IARC conort and the NIOSH Dioxin Registry)	2	0.9(0.1-3.3)
Studies Revelwed in Upd	Inte 2000		
Steenland et al., 1999	US chemical workers (included in the IARC conort	12	1((0, 0, 2, 7))
Hoginald at al. 1009	and the NIOSH DIOXIn Registry)	15	1.0 (0.8–2.7)
1001velu et al., 1998	IARC cohort)		
	Total cohort—kidney cancer	4	4.1 (1.1–10.4)
	Total cohort—"urinary organs"	8	3.9 (1.7–7.6)
Studies Reviewed in Upd	late 1998		
Kogevinas et al., 1997	IARC cohort (men and women)		
	Workers exposed to any phenoxy herbicide or	• •	
	chlorophenol	29	1.1 (0./–1.6)

Reference	Study Population ^{<i>a,b</i>}	Exposed Cases ^c	Estimated Relative Risk (95% CI) ^c
	Workers exposed to TCDD (or higher-chlorinated		
	dioxins)	26	1.6 (1.1–2.4)
	Workers not exposed to TCDD (or higher-		
	chlorinated dioxins)	3	0.3 (0.1–0.9)
Studies Reviewed in Upd	date 1996		
Mellemgaard et al., 1994	Danish Cancer Registry patients	10	1 7 (0 7 4 2)
	Occupational herbicide exposure among men	13	1.7 (0.7–4.3)
D1 : (1 1002	Occupational herbicide exposure among women	3	5.7 (0.6–58.0)
Blair et al., 1993	US farmers in 23 states	500	11(10,10)
	White men	522	1.1(1.0-1.2)
64-1' D'1' I/4	white women	0	0.8(0.3-1.7)
Studies Keviewed in VA	U Danish warkara ingidanga		
Ronco et al., 1992	Mon solf amployed	141	0.6(n < 0.05)
	amployed	141	0.0 (p < 0.03) 0.4 (p < 0.05)
	Women celf employed	18	0.4 (p < 0.03)
	women—sen-employed	4	$0.9(^{+})$ 1.0(*)
	fomily worker	30	$1.0(^{+})$
Fingerbut et al. 1001	NIOSH cohort entire cohort	30	1.0(1)
Fingemut et al., 1991	>1-year exposure >20 -year latency	0	1.4(0.0-2.8) 1 1 (0 1-3 8)
Manz et al. 1001	≤1-year exposure, ≤20-year fatency German production workers — men and women	2	1.1 (0.1–5.8)
Mun2 et ul., 1991	(Included in the IARC cohort)	3	16(03-16)
Saracci et al 1001	IABC cohort—exposed subcohort (men and women)	11	1.0(0.5-4.0) 1.0(0.5-1.7)
Δ lavania et al 1980	USDA forest conservationists	*	1.0(0.5-1.7) 1.7(0.5-5.5)
Alavanja et al., 1969	Soil conservationists	*	24(10-59)
Henneberger et al. 1989	New Hampshire paper and pulp workers	3	1.5(0.3-4.4)
Alavania et al. 1988	USDA agricultural extension agents	*	1.3(0.9-3.3)
Rond et al 1988	Dow 2 4-D production workers (Included in the		1.7 (0.9 5.5)
Dona el al., 1900	IARC cohort and the NIOSH Dioxin Registry)	0	* (0,0-6,2)
Robinson et al 1986	Northwestern US naper and puln workers	ő	12(05-30)
Coggon et al 1986	British MCPA production workers (Included in the	5	1.2(0.3-2.3)
0088011 01 011, 1900	IARC cohort)	C	1.0 (0.0 2.0)
Lvnge, 1985	Danish production workers—incidence	3	0.6 *
Wiklund, 1983	Swedish agricultural workers (men and women)	775	$0.8 (0.7-0.9)^d$
Blair et al., 1983	Florida pesticide applicators	1	0.5 *
Burmeister, 1981	Iowa farmers	178	1.1 (NS)
,			
ENVIRONMENTAL New Studies			
Consonni et al., 2008	Seveso residents—25-year follow-up—men and		
	women		
	Zone A	0	*
	Zone B	3	0.6 (0.2–2.0)
	Zone R	39	1.2 (0.8–1.6)
Studies Reviewed in Upd	date 2000		
Bertazzi et al., 2001	Seveso residents—20-year follow-up		
	Zone A, B—men	3	0.8 (0.3–2.6)
	women	3	1.8 (0.6–5.8)
Studies Reviewed in Upd	date 1996		
Bertazzi et al., 1993	Seveso residents—10-year follow-up (kidney and		
	other urinary organs)—incidence		
	Zone R—men	10	0.9 (0.4–1.7)
	women	7	1.2 (0.5–2.7)

Reference	Study Population ^{<i>a,b</i>}	Exposed Cases ^c	Estimated Relative Risk (95% CI) ^c	
Studies Reviewed in V	'A 0			
Pesatori et al., 1992	Seveso residents—incidence			
	Zones A, B-men	0	*	
	women	1	1.1 (0.2-8.1)	
	Zone R—men	11	0.9 (0.5–1.7)	
	women	7	1.2 (0.5–2.6)	

^{*a*} Table shows mortality unless otherwise noted.

^b Cohorts are male unless otherwise noted.

^c Given when available.

^{*d*} 99% CI.

^e Incidence rates provided in absence of information on exposed cases or estimated relative risk for morbidity.

* Information not provided by study authors.

— When information was denoted by a dash in the original study.

Studies in italics have been superseded by newer studies of the same cohorts.

ABBREVIATIONS: 2,4-D, 2,4-dichlorophenoxyacetic acid; ADVA, Australian Department of Veteran Affairs; AFHS, Air Force Health Study; CI, confidence interval; IARC, International Agency for Research on Cancer; MCPA, methyl-4-chlorophenoxyacetic acid; NIOSH, National Institute for Occupational Safety and Health; NS, not significant; SMR, standardized mortality ratio; TCDD, 2,3,7,8-tetrachlorodibenzo-*p*-dioxin; USDA, US Department of Agriculture.

Update of the Epidemiologic Literature

Vietnam-Veteran Studies

No new Vietnam-veteran studies concerning exposure to the compounds of interest and renal cancer were published since *Update 2006*.

Occupational Studies

In the study by Hansen et al. (2007) of Danish professional gardeners, the incidence of urinary system cancers (including presumably both bladder and kidney) was comparable to the general population in older workers who may have been exposed to higher levels of herbicides and insecticides than younger workers. Interestingly, in the younger workers, the incidence of these cancers was significantly lower than the general population. This provides a weak suggestion that older workers may have been exposed to some compound(s) that elevated renal cancer risk; however, the study contained no details regarding specific chemical exposures and relevance to the compounds of interest to the committee is extremely limited.

Environmental Studies

Consonni et al. (2008) reported on mortality from kidney cancer among residents of Seveso who were exposed to dioxin at varying levels. The number of deaths due to kidney cancer among residents in the highly exposed areas was too small to permit meaningful conclusions regarding any association.

Biologic Plausibility

No animal studies have reported an increased incidence of renal cancer after exposure to the compounds of interest. The biologic plausibility of the chemicals of interest being carcinogenic is discussed in general at the beginning of this chapter.

Synthesis

Available analyses of an association between exposure to the compounds of interest and renal-cancer risk are limited by the small number of end points and lack of exposure specificity. No new data have emerged since *Update 2006* to alter that committee's conclusion that the evidence is inadequate or insufficient to determine whether there is an association.

Conclusion

On the basis of its evaluation of the evidence reviewed here and in previous VAO reports, the committee concludes that there is inadequate or insufficient evidence to determine whether there is an association between exposure to the compounds of interest and renal cancer.

BRAIN CANCER

"Brain and other nervous system cancers" (ICD-9 191–192) involve the central nervous system (CNS) and include tumors of the brain and spinal cord, the cranial nerves, and the meninges (the outer covering of the brain and spinal cord). Any of the cell types in the CNS can produce cancer. Tumors of the peripheral nerves and autonomic nervous system are considered "soft-tissue" tumors (ICD-9 171). Most cancers in the CNS originate in other parts of the body, such as the lung or breast, but have metastasized to the brain or spinal cord. This section focuses on cancers that originate in the CNS.

Cancer of the eye (ICD-9 190) was considered retrospectively in *Update 2006* and it was decided that findings concerning cancer of the eye will be tracked with results on brain cancer, because, when it is reported, it is often grouped with brain cancer.

The average annual incidence of CNS cancer is shown in Table 6-36. About 95% of cases derive from brain, cranial nerves, and cranial meninges. In adults over 45 years old, about 90% of tumors that originate in the brain are gliomas—astrocytoma, ependymoma, oligodendroglioma, or glioblastoma multiforme. Astrocytoma is the most common; glioblastoma multiforme has the worst prognosis. Meningioma accounts for 20–40% of CNS cancers. It tends to occur in middle age and more commonly in women. Most meningiomas are benign and can be removed surgically. ACS estimated that about 11,780 men and 10,030 women would receive diagnoses of brain and other nervous system cancers in the United States in 2008 and that 7,420 men and 5,650 women would die from them (Jemal et al., 2008a). Those numbers represent about 1.5% of new cancer diagnoses and 2.3% of cancer deaths. Although relatively uncommon,

the ACS estimates that in the United States in 2008, 1,340 men and 1,050 women will be diagnosed with cancer of the eye and orbit and 130 men and 110 women would die from this cancer (Jemal et al., 2008a).

In reviewing the descriptive epidemiology of these cancers, it is important to recognize the variation in which specific cancers are included in published reports, often distinguished by a focus on benign or malignant cancers. Another variation is whether cancer from related tissues (such as the pituitary and the eye) is included. Various types of cancer are usually grouped; although this may bias results in unpredictable ways, the most likely consequence is dilution of risk estimates toward the null.

TABLE 6-36 Average Annual Incidence (per 100,000) of Brain and Other Nervous System Cancers in United States^{*a*}

	50–54 Years of Age		55–59 Y	55–59 Years of Age			60–64 Years of Age		
	All Races	White	Black	All Races	White	Black	All Races	White	Black
Males	9.1	10.1	4.9	13.1	14.5	8.2	16.3	18.6	6.6
Females	6.4	7.2	3.5	8.6	9.2	6.6	10.6	11.4	5.9

^{*a*} SEER (Surveillance, Epidemiology, and End Results program) nine standard registries, crude age-specific rates, 2000–2005.

The only well-established environmental risk factor for brain tumors is exposure to high doses of ionizing radiation (ACS, 2004a; Wrensch et al., 2002). Other environmental exposures—such as to vinyl chloride, petroleum products, and electromagnetic fields—are unproved as risk factors. The causes of most cancers of the brain and nervous system are not known.

Conclusions from *VAO* and Updates

The committee responsible for VAO concluded that there was limited or suggestive evidence of *no* association between exposure to the compounds of interest and brain cancer. The committees responsible for *Update 1996*, *Update 1998*, *Update 2000*, *Update 2002*, and *Update 2004* did not change that conclusion. The committee responsible for *Update 2006* changed the classification for brain cancer (formally expanded to include cancers of the eye and orbit) to inadequate or insufficient information to determine association between exposure to the compounds of interest and brain cancer. That committee considered one study suggesting a relationship between adult gliomas and phenoxyherbicides (Lee et al., 2005); studies reporting slightly elevated, but not statistically significant increased risks for brain cancer among deployed versus undeployed Australian Vietnam-era veterans (ADVA, 2005a,b) and among pesticide applicators in the AHS (Alavanja et al., 2005); and several more studies with basically neutral findings (Carreon et al., 2005; Magnani et al., 1987; McLean et al., 2006; Ruder et al., 2004; Torchio et al., 1994). Overall, the studies discussed in *Update 2006* suggested that a conclusion of *no* association between exposure to the compounds of interest and brain cancer was overly definitive.

Table 6-37 summarizes the results of the relevant studies.

TABLE 6-37 Selected Epidemiologic Studies—Brain Tumors

Reference	Study Population ^{<i>a,b</i>}	Exposed Cases ^c	Estimated Relative Risk (95% CI) ^c	
VIETNAM VETERAN New Studies	IS			
Cypel and Kang, 2008	US Vietnam veterans—women (brain and CNS)	8	2.0 (0.7-5.9)	
	Vietnam veteran nurses	8	3.6 (0.9–14.5)	
Studies Reviewed in Up	odate 2006			
ADVA, 2005a	Australian male Vietnam veterans vs Australian			
	population—incidence (brain)	97	1.1 (0.9–1.2)	
	Navy	24	1.2 (0.7–1.7)	
	Army	63	1.0 (0.8–1.3)	
	Air Force	10	1.1 (0.6–2.1)	
ADVA, 2005b	Australian male Vietnam veterans vs Australian			
	population—mortality (brain and CNS)	99	1.0 (0.8–1.1)	
	Navy	23	1.0(0.6-1.4)	
	Army	66	0.9(0.7-1.2)	
10111 2005	Air Force	9	0.9 (0.4–1.6)	
ADVA, 2005c	Australian male conscripted Army National Service Vietnam era veterans—deployed vs non-deployed (brain and CNS)			
	Incidence (1982–2000)	23	1.4 (0.7–2.6)	
	Mortality (1966–2001)	27	1.6 (0.9–3.1)	
Boehmer et al., 2004	Follow-up of CDC Vietnam Experience Cohort			
	(meninges, brain, other CNS)	9	1.2 (0.4–3.2)	
Studies Reviewed in Up	odate 2004			
Akhtar et al., 2004	White AFHS subjects vs national rates			
	Ranch Hand veterans			
	Mortality—All (CNS)	3	1.3 (0.3–3.6)	
	Incidence—All (Brain and nervous system)	5	1.8 (0.7–4.1)	
	With tours between 1966–1970	5	2.2 (0.8–4.8)	
	Comparison veterans	1	0.2 (*)	
	Mortality—All (CNS)	1	0.3(*)	
	Incidence—All (Brain and nervous system)	2	0.5(0.1-1.8)	
	with tours between 1966–1970	2	0.7(0.1-2.3)	
CDVA 1007	Australian military Vietnem veterana	20	11(0714)	
CDVA, 1997a CDVA, 1007h	Australian minitary vietnam veterans	39 13	1.1(0.7-1.4)	
CDVA, 19970 Deleger and Kang 1007	Australian national service vietnam veterans	13	1.4	
Studies Reviewed in <i>U</i>	Anny Chemical Corps veteraits	2	1.9 —	
Dalager et al 1995	US Vietnam veterans—women	4	14(04-37)	
Visintainer et al 1995	Michigan Vietnam veterans	36	$1.4(0.4 \ 3.7)$ 1 1 (0 8–1 5)	
Boyle et al 1987	Vietnam Experience Study	3	*	
Studies Reviewed in VA	40	5		
Thomas and Kang. 1990	Army Chemical Corps Vietnam veterans	2	*	
Breslin et al., 1988	Army Vietnam veterans	116	1.0 (0.3-3.2)	
	Marine Vietnam veterans	25	1.1 (0.2–7.1)	
Anderson et al., 1986	Wisconsin Vietnam veterans	8	0.8 (0.3–1.5)	
Lawrence et al., 1985	New York Vietnam veterans	4	$0.5(0.2-1.5)^{e}$	
OCCUPATIONAL New Studies Samanic et al., 2008	US hospital-based case-control study			
,	Cumulative lifetime occupational exposure to			
	herbicides vs unexposed			
	PREPUBLICATION COPY: UNCORRECTED F 299	ROOF		

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VETERANS AND AGENT ORANGE: UPDATE 2008

Reference	Study Population ^{<i>a,b</i>}	Exposed Cases ^c	Estimated Relative Risk (95% CI) ^c	
	Gliomas			
	Men	65	0.9 (0.6–1.3)	
	Low quartile	20	1.0 (0.5–1.9)	
	Second quartile	16	1.0 (0.5-2.1)	
	Third quartile	12	0.6 (0.3–1.3)	
	Fourth quartile	17	0.8 (0.4–1.6)	
	1		p-trend = 0.50	
	Women	35	1.3 (0.8–2.0)	
	Below median	23	1.5(0.8-2.7)	
	Above median	12	1.0(0.5-2.1)	
			p-trend = 0.91	
	Meningiomas (women only)	33	2.4(1.4-4.3)	
	Below median	16	21(10-44)	
	Above median	17	2.9(1.3-6.2)	
		17	$p_{trend} = 0.01$	
Studies Reviewed in Ur	ndata 2006		p trend 0.01	
McLean et al 2006	IARC cohort of nuln and naper workers			
Wellean et al., 2000	Exposure to ponyelatile organochlorine compoun	de		
	Nover	44	10(0714)	
	Ever	44 28	1.0(0.7-1.4)	
't Monnotio at al 2005	EVCI New Zeeland phonesus harhieide workers	20	0.8 (0.3-1.2)	
t Mannetje et al., 2005	New Zealand phenoxy herbicide workers	1		
	Phenoxy herbicide producers (men and women)	1	0.8(0.0-4.6)	
1	Phenoxy herbicide sprayers (>99% men)	1	0.6 (0.0–3.4)	
Alavanja et al., 2005	US Agriculture Health Study—incidence			
	Private applicators (men and women)	33	0.8 (0.6–0.8)	
	Spouses of private applicators (>99%women)	15	0.9 (0.5–1.4)	
Blair et al., 2005a	Commercial applicators (men and women) US Agriculture Health Study	5	1.9 (0.6–4.3)	
	Private applicators (men and women) Years handled pesticides	19	0.7 (0.4–1.1)	
	<10 years	5	0.9 (* NS)	
	≥ 10 years	12	0.6 (* NS)	
	Spouses of private applicators (>99%women)	11	1.1(0.5-1.8)	
Torchio et al., 1994	Italian licensed pesticide users		(
	Brain and nervous system	15	0.5(0.3-0.9)	
	Eve	4	24(0.7-61)	
Lee et al 2005	Nebraska case–control study—incidence (gliomas)		(0)	
	Phenoxy herbicides—combined reports (identical to results for 2.4-D specifically)	32	1.8 (1.0–3.3)	
	By self	7	0.6(0.2-1.6)	
	By proxy	25	33(15-72)	
	2.4.5 T combined reports	23	3.3(1.3-7.2) 1.3(0.5,3.6)	
	2,4,5-1—combined reports	/ 2	1.3(0.3-3.0)	
	Dy sell	2 5	0.4(0.1-2.5)	
	Dy ploxy NIOSII Unner Midwart Uselth Study asso contro	.1	2.7 (0.7–9.8)	
Correspondent al 2005	Women	1		
Carreon et al., 2005	w one of the second sec	1.2	10(05,10)	
	Arsenicais	13	1.0(0.5-1.9)	
	Phenoxy herbicides	25	0.9(0.5-1.5)	
D 1 1 0001	2,4-D	24	0.9 (0.5–1.6)	
Ruder et al., 2004	Men			
	Arsenicals	15	0.7 (0.4–1.4)	
	Phenoxy herbicides	67	0.9 (0.6–1.2)	
	2,4-D	*	*	

Reference	Study Population ^{<i>a,b</i>}	Exposed Cases ^c	Estimated Relative Risk (95% CI) ^c
Reif et al., 1989	Case–control study on all men with occupation indicated entered into New Zealand Cancer Registry 1980–1984 (brain or CNS cancers)		`,
	Forestry workers	4	1.2 (0.4–3.3)
Magnani et al., 1987	UK case–control, JEM used on occupation given on death certificate		× ,
	Herbicides	*	12(07-21)
	Chlorophenols	*	1.2(0.7 - 1.8)
Studies Reviewed in <i>Un</i>	date 2004		1.1 (0.7 1.0)
Bodner et al 2003	Dow chemical production workers (Included in the	*	$0.6(0.1-1.8)^{e}$
	IARC cohort and the NIOSH Dioxin Registry)		
Swaen et al., 2004	Dutch licensed herbicide applicators	4	1.6 (0.4–4.1)
Studies Reviewed in Up	date 2002		
Burns et al., 2001	Dow 2,4-D production workers (Included in the		
	IARC cohort and the NIOSH Dioxin Registry)	3	1.1 (0.2–3.2)
Thörn et al., 2000	Swedish lumberjacks exposed to phenoxy acetic herbicides		
	Foreman—incidence	0	*
Studies Reviewed in Up	date 2000		
Steenland et al., 1999	US chemical workers (Included in the IARC cohort		
	and the NIOSH Dioxin Registry)	8	$0.8 (0.4 - 1.6)^{e}$
Studies Reviewed in Up	date 1998		
Gambini et al., 1997	Italian rice growers	4	$0.9(0.2-2.3)^{e}$
Kogevinas et al., 1997	IARC cohort (men and women) Workers exposed to any phenoxy herbicide or		
	chlorophenol	22	0.7 (0.4–1.0)
	Workers exposed to TCDD (or higher-chlorinated dioxins)	12	0.6 (0.3–1.1)
	Workers not exposed to TCDD (or higher-		· · · ·
	chlorinated dioxins)	10	0.8 (0.4–1.5)
Becher et al., 1996	German production workers (Included in the IARC		()
	cohort)—cohort I	3	2.3(0.5-6.8)
Ramlow et al., 1996	Dow pentachlorophenol production workers	_	()
	(Included in the IARC cohort and the NIOSH Dioxir	1	
	() year latency	1	* ^e
	15 year latency	1	* e
Studios Reviewed in Un	data 1006	1	
As $p = 1$ 1994	Finnish herbicide applicators (eve and brain)		
Asp et al., 1994	Incidence	3	0.7(0.1-2.0)
	Mortality	3	1.2(0.3-3.6)
	wortanty	5	1.2 (0.3-3.0)
Dean, 1994	Irish farmers and farm workers		
	Men	195	*
	Women	72	*
Blair et al., 1993	US farmers in 23 states		
	White men	447	1.2 (1.1–1.3)
	White women	9	1.1 (0.5–2.1)
Studies Reviewed in VA			
Morrison et al., 1992	Farmers in Canadian prairie province		
D / 1 1000	250+ acres sprayed with herbicides	24	0.8 (0.5–1.2)
Konco et al., 1992	Danish and Italian farm workers		

Reference	Study Population ^{<i>a,b</i>}	Exposed	Estimated Relative	
		Cases ^c	Risk $(95\% \text{ CI})^c$	
	Male Danish farmers—incidence	194	1.1 * ^e	
	Female Danish farmers—incidence	5	1.0 * ^e	
Swaen et al., 1992	Dutch licensed herbicide applicators	3	3.2 (0.6–9.3)	
Fingerhut et al., 1991	NIOSH cohort—entire cohort		()	
8,	>1-year exposure: >20-year latency	2	$11(01-38)^{e}$	
Saracci et al 1991	IARC cohort—exposed subcohort (men and women)	6	0.4(0.1-0.8)	
Wigle et al 1990	Canadian farmers	96	10(0.8-1.3)	
Alavania et al 1989	USDA forest or soil conservationists	6	1.0(0.6-3.7)	
Henneberger et al. 1080	New Hampshire pulp and paper workers	2	$1.7(0.0 \ 5.7)$	
Alevania et al. 1089	USDA agricultural extension agenta	2 *	1.2(0.1-4.2) 1.0(0.4, 2.4)	
Roud at al 1000	Dow 2.4 D production workers (Included in the		1.0(0.4-2.4)	
<i>Bona et al.</i> , 1988	LAPC askert and the NIOSIL Disuin Desistry)			
	IARC conort and the NIOSH Dioxin Registry)	0	* (0,0, 4, 1)	
	Brain and other system tissues	0	* (0.0–4.1)	
Musicco et al., 1988	Brain tumor patients from Milan, Italy (male and			
~	female farmers)	61	1.6 (1.1–2.4)	
Coggon et al., 1986	British MCPA chemical workers (Included in the			
	IARC cohort)	11	$1.2(0.6-2.2)^{e}$	
Robinson et al., 1986	Northwestern US paper and pulp workers	4	0.6 (0.2–2.1)	
Lynge, 1985	Danish production workers—incidence (Included in	4	0.7 *	
	the IARC cohort)			
Blair et al., 1983	Florida pesticide applicators	5	2.0 *	
Burmeister, 1981	Iowa farmers	111	1.1 (* NS)	
ENVIRONMENTAL				
New Studies				
Consonni et al., 2008	Seveso residents—25-year follow-up—men and			
	women			
	Zone A	0	*	
	Zone B	3	0.7 (0.2–2.1)	
	Zone R	34	1.1 (0.8–1.6)	
Studies Reviewed in Upd	late 2000		· · · ·	
Bertazzi et al., 2001	Seveso residents—20-year follow-up			
	Zone A B—men	1	04(01-30)	
	women	3	19(0.6-6.0)	
Rertazzi et al 1998	Seveso residents—15-year follow-up	5	1.9 (0.0 0.0)	
<i>Der (u22) et ut.</i> , 1770	Zone Bmen	1	0.8(0.1-5.5)	
	Zone D—men	1	(0.1-5.5)	
	Zono D. mon	12	3.2(1.0-10.3)	
	Zolie K—lileli	12	1.5(0.7-2.3) 1.1(0.5, 2.4)	
		0	1.1 (0.3–2.4)	
Studies Reviewed in Upd				
Svensson et al., 1995	Swedish fishermen—mortality (men and women)	•	$0 \left(\left(0, 1, 2, 1 \right) \right)$	
	East coast	2	0.6(0.1-2.1)	
	West coast	15	1.1 (0.6–1.7)	
	Swedish fishermen—incidence (men and women)			
	East coast	3	0.5 (0.1–1.5)	
	West coast	24	0.9 (0.6–1.4)	
Studies Reviewed in Upd	late 1996			
Bertazzi et al., 1993	Seveso residents—10-year follow-up—incidence			
	Zone R—men	6	0.6 (0.3–1.4)	
	women	6	1.4 (0.6–3.4)	
Studies Reviewed in VA	0		. ,	
Pesatori et al., 1992	Seveso residents-incidence			
,	Zones A, B—women	1	1.5 (0.2–11.3)	
	,		· · · · ·	

Reference	Study Population ^{<i>a,b</i>}	Exposed	Estimated Relative
		Cases ^c	Risk $(95\% \text{ CI})^c$
	Zone R—men	6	0.6 (0.3–1.4)
	women	5	1.2 (0.4–3.0)
Bertazzi et al., 1989a	Seveso residents—10-year follow-up		
	Zones A, B, R-men	5	1.2 (0.4–3.1)
	women	5	2.1 (0.8–5.9)

^{*a*} Table shows mortality unless otherwise noted.

^b Cohorts are male unless otherwise noted.

^c Given when available.

^d Crude rate ratio of Vietnam to non-Vietnam veterans.

^e Brain and central nervous system combined

* Information not provided by study authors.

— When information was denoted by a dash in the original study.

Studies in italics have been superseded by newer studies of the same cohorts.

ABBREVIATIONS: 2,4-D, 2,4-dichlorophenoxyacetic acid; ADVA, Australian Department of Veteran Affairs; AFHS, Air Force Health Study; CI, confidence interval; CNS, central nervous system; IARC, International Agency for Research on Cancer; MCPA, methyl-4-chlorophenoxyacetic acid; NIOSH, National Institute for Occupational Safety and Health; NS, not significant; TCDD, 2,3,7,8-tetrachlorodibenzo-*p*-dioxin; USDA, US Department of Agriculture.

Update of Epidemiologic Literature

Vietnam-Veteran Studies

Since *Update 2006*, Cypel and Kang (2008) evaluated mortality from all causes among female Vietnam veterans. The vital status through 2004 of the 4,390 veterans who had been alive in 1991 was assessed; overall, there was no increase in mortality from cancer as compared to a control group of "era veterans" or to the general population. Eight cancer deaths attributed to cancer of the brain and central nervous system were observed in the Vietnam veterans (crude rate per 10,000 = 0.54) compared to 7 cancer deaths in the "era veteran" cohort, giving an adjusted RR of 1.97 (95% CI 0.67–5.86). In a comparison of Vietnam nurses vs non-Vietnam nurses, there were 8 and 3 deaths, respectively (RR = 3.55, 95% CI 0.87–14.53).

Occupational Studies

Samanic et al. (2008) conducted a case–control study of 462 gliomas (43.5% women) and 195 meningiomas (76.4% women) diagnosed at three major cancer referral centers in 1994–1998 compared to 765 controls treated for nonneoplastic conditions at the same hospitals. Cumulative lifetime exposure to insecticides and herbicides were estimated by application of a job-exposure matrix to the occupational histories reported in interviews with the subjects or a proxy for 15.2% of the gliomas, 7.2% of the meningiomas, and 2.4% of the controls. There was no relationship between herbicide exposure and incidence of gliomas in either men or women. For the meningiomas, only the number of female cases was adequate to perform the analysis. The women had a significantly increased risk of meningiomas in association with herbicide exposure (OR = 2.4, 95% CI 1.4–4.3), with risk increasing with estimates of cumulative dose (p < 0.01)

and years of exposure (p < 0.01). The increase in meningioma risk in women exposed to herbicides is of concern, given the apparent dose-response, but there was no specification of the herbicides to which subjects were exposed.

Environmental Studies

Consonni et al. (2008) evuated mortality for a follow-up period from 1997 to 2001 in 278,108 people exposed to TCDD as a result of an industrial accident in Seveso, Italy in 1976. As compared to residents in a non-exposed adjacent area, there was no increase in mortality to brain cancer in any of the three exposed zones with increasing levels of exposure or indication of a dose-response.

Biologic Plausibility

No animal studies have reported an association between exposure to the compounds of interest and brain cancer. The biologic plausibility of the chemicals of interest being carcinogenic is discussed in general at the beginning of this chapter.

Synthesis

Since *Update 2006*, several studies relevant to the possibility of an association between the chemicals of interest and brain cancer have been identified, including cohort and case–control designs. All recent studies are consistent in that no relationship was identified between exposure to compounds of interest and the development of gliomas. Samanic et al. (2008) did identify a possible relationship between herbicide exposure and meningiomas in women, but lack of identification of specific compounds of interest makes the interpretation of these results uncertain.

Conclusion

On the basis of detailed evaluation of the epidemiologic evidence from new and previously reported studies of populations with potential exposure to the compounds of interest, the committee concludes that there is inadequate or insufficient evidence to determine whether there is an association between exposure to the compounds of interest and brain cancer and other nervous system cancers.

ENDOCRINE CANCERS

Cancers of the endocrine system as grouped by the Surveillance Epidemiology and End Results (SEER) program (see Table B-2 in Appendix B) represent a disparate group of ICD codes: thymus cancer (ICD-9 164.0), thyroid cancer (ICD-9 193), and other endocrine cancer (ICD-9 194).

ACS estimated that 8,930 men and 28,410 women would receive diagnoses of thyroid cancer in the United States in 2008 and that 680 men and 910 women would die from it (Jemal et al., 2008a).

It also estimated that 1,100 men and 1,070 women would receive diagnoses of other endocrine cancer in 2008 and that 430 men and 410 women would die from it (Jemal et al., 2008a). Incidence data on cancers of the endocrine system are presented in Table 6-38.

Thyroid cancer is the most prevalent of the endocrine cancers. Many types of tumors can develop in the thyroid gland; most are benign. The thyroid gland contains two main types of cells: follicle cells that make and store thyroid hormone and that make thyroglobulin and C cells that make the hormone calcitonin, which helps to regulate calcium metabolism. Different cancers can develop from each kind of cell, and the classification of thyroid cancer is still evolving (Liu et al., 2006). The several types into which thyroid cancer is currently classified differ in their seriousness. Papillary carcinoma is the most common and usually affects women of childbearing age; it metastasizes slowly and is the least malignant type of thyroid cancer. Follicular carcinoma accounts for about 30% of all cases and has a greater rate of recurrence and metastasis. Medullary carcinoma is a cancer of nonthyroid cells in the thyroid gland and tends to occur in families; it requires different treatment from other types of thyroid cancer. Anaplastic carcinoma (also called giant-cell and spindle-cell cancer) is rare but is the most malignant form of thyroid cancer; it does not respond to radioiodine therapy and metastasizes quickly, invading such nearby structures as the trachea, causing compression and breathing difficulties.

TABLE 6-38 Average	Annual Incidence	(per 10	00,000) of Endocr	ine System in	United States ^a
	a .			<pre><pre><pre><pre><pre><pre><pre><pre></pre></pre></pre></pre></pre></pre></pre></pre>	a .

	50–54 Years of Age		sge	55–59 Years of Age		60–64 Years of Age			
-	All Races	White	Black	All Races	White	Black	All Races	White	Black
Males	6.7	9.3	7.2	11.1	11.4	7.2	12.5	12.7	7.0
Females	23.5	24.4	14.1	22.2	22.1	18.3	21.7	22.5	15.0
0									1.01

^{*a*} SEER (Surveillance, Epidemiology, and End Results program) nine standard registries, crude age-specific rates, 2000–2005.

Thyroid cancer can occur in all age groups. People who have had radiation therapy directed at the neck are at higher risk. That therapy was commonly used in the 1950s to treat enlarged thymus glands, adenoids, and tonsils and to treat skin disorders. People who received radiation therapy as children have a higher incidence of thyroid cancer. Other risk factors are a family history of thyroid cancer and chronic goiter.

Conclusions from *VAO* and Updates

The committees responsible for VAO, Update 1996, Update 1998, Update 2000, Update 2002, and Update 2004 did not consider endocrine cancers separately and therefore no conclusion was reached as to whether there was an association between exposure to the compounds of interest and endocrine cancers. The committee responsible for Update 2006 concidered endocrine cancer separately for the first time and concluded that there was inadequate or insufficient evidence to determine an association between the compounds of interest and endocrine cancer. Table 6-39 summarizes the pertinent results of the relevant studies.

TABLE 6-39 Selected Epidemiologic Studies—Endocrine Cancers (Thyroid, Thymus, and Other)
Reference	Study Population ^a	Exposed Cases ^b	Estimated Relative Risk $(95\% \text{ CI})^b$
VIFTNAM VFTFRAN	IS		
ADVA 2005a	Australian male Vietnam veterans vs Australian		
112 (11, 2000 a	population—incidence (thyroid)	17	0.6(0.3-0.9)
	Navy	3	0.5(0.1-1.3)
	Army	11	0.5(0.1-1.5) 0.5(0.3-1.0)
	Air Force	3	1.2(0.2-3.5)
ADVA 2005h	Australian male Vietnam veterans vs Australian	5	1.2(0.2-5.5)
AD VA, 20050	nonulation mortality (thuroid)	2	0.5(0.0, 1.8)
	Now	2 1	1.2(0.0-1.8)
	Army	1	1.2(0.0-0.3)
	Aimy Air Earac	1	0.4(0.0-2.0)
ADVA 2005 -	All Folce	0	0.0 (0.0-7.8)
ADVA, 2005C	Australian male conscripted Army National Service		
	Vietnam era veterans—deployed vs non-deployed		
	Incidence (thyroid)	4	0.6(0.1-2.2)
	Mortality (thyroid)	I	1.2 (0.0–91.7)
Breslin et al., 1988	Veterans with service in Vietnam vs. era veterans (thyroid and other endocrine, ICD-9 193–194)		
	Army	15	0.6 (0.3–1.2)
	Marine Corp	4	0.6 (0.1–3.4)
Clapp, 1997	Massachusetts male Vietnam veterans vs era veterans	5	
	—incidence 1988–1993 (thyroid)	4	1.2 (0.3–4.5)
OCCUPATIONAL			
Alavanja et al., 2005	US Agriculture Health Study—incidence (thyroid and other endocrine)		
	Private applicators (men and women)	29	1.3 (0.8–1.8)
	Spouses of private applicators (>99% women)	24	0.9(0.5-1.4)
	Commercial applicators (men and women)	3	1.6 (0.3-5.0)
't Mannetie et al., 2005	Phenoxy herbicide producers (men and women)	0	*
5	Phenoxy herbicide sprayers (>99% men)	0	*
Blair et al 2004	US Agriculture Health Study—mortality (thyroid)	-	
21411 et u , 2 00 !	Private applicators (men and women)	3	18(04-53)
	Spouses of private applicators (>99% female)	0	0.0(0.0-2.2)
Kogevinas et al. 1997	IARC cohort (men and women)	0	0.0 (0.0 2.2)
	Workers exposed to any phenoxy herbicide or		17(05,40)
	chlorophenol (thyroid, ICD-9 193)	4	1.7 (0.5–4.3)
	Workers exposed to TCDD (or higher-		
	chlorinated dioxins)	2	1.4 (0.2–4.9)
	Workers not exposed to TCDD (or higher-		
	chlorinated dioxins)	2	2.2 (0.3–7.9)
	Workers exposed to any phenoxy herbicide or		
	chlorophenol (other endocrine organs, ICD-9 194) Workers exposed to TCDD (or higher-	5	3.6 (1.2–8.4)
	chlorinated dioxins)	2	2.3(0.3-81)
	Workers not exposed to TCDD (or higher-	-	(0 0.1)
	chlorinated dioxins)	3	64(13-187)
Zhong and Rafneson 100	6 Icelandic men and women exposed to agricultural	J	0.1(1.5 10.7)
Zhong and Kamsson 175	nesticides nrimarily 2.4.D_incidence (other		
	andocrine organs ICD 0 104)	2	1.3(0.1,4.7)
	chuochine organs, ICD-9 194)	Z	1.3 (0.1-4.7)

Reference	Study Population ^a	Exposed Cases ^b	Estimated Relative Risk (95% CI) ^b	
Ramlow et al. 1996	Dow cohort of pentachlorophenol factory workers employed between 1940 and 1989 at Michigan			
	Division	0	-	
Asp et al., 1994	Finnish phenoxy herbicide applicators—Incidence			
	(thyroid and other endocrine)			
	No latency	2	1.9 (0.3–7.0)	
	10-year latency	2	2.4 (0.3-8.6)	
	15-year latency	2	3.4 (0.4–12.2)	
	Mortality (thyroid)			
	No latency	1	3.8 (0.1–21.3)	
	10-year latency	1	4.7 (0.1–26.4)	
	15-year latency	1	6.5 (0.2–36.2)	
Hallquist et al., 1993	Case-control study of male and female thyroid			
1	cancers from Swedish Cancer Registry, 1980–1989			
	Phenoxy herbicide exposure	3	0.5 (0.0-2.0)	
	Chlorophenol exposure	4	2.8 (0.5–18)	
Blair et al 1993	US farmers in 23 states (thuroid)			
Dian et al., 1995	White men	39	13(10-18)	
	White women	1	0.8(0.0-4.4)	
Ponco et al 1002	Danish workers incidence	1	0.8 (0.0-4.4)	
Kolico et al., 1992	Man self employed	13	0.7.(*)	
	Employed	15	$0.7(^{+})$ 1.1(*)	
	Employee Woman solf annihous d	5	1.1(*) 1.2(*)	
	women—self-employed	1	1.3(*)	
	Employee	1 15	1.4(*) 1.7(*<0.05)	
C	Tamily worker	15	1.7 (p < 0.05)	
Green, 1991	Conort mortality study of forestry workers exposed	1	te	
W711 1 1 1000	to phenoxy acid herbicides	1	*	
Wiklund et al., 1989	Cancer risk in licensed pesticide applicators in			
D 1 1 1 1000	Sweden	6	1.1 (0.4–2.4)	
Bond et al., 1988	Workers engaged in manufacture of phenoxy	0		
	herbicides	0	*	
Coggon et al., 1986	British MCPA procuction workers (Included in			
	IARC cohort) (thyroid)	1	1.8 (0.4–9.8)	
Wiklund, 1983	Male and female Swedish agricultural workers—			
	incidence			
	Thyroid	126	0.9 (0.7–1.1)	
	Other endocrine gland	117	0.7 (0.5–0.9)	
ENVIRONMENTAL				
Bertazzi et al., 1998	Cancer mortality in populations following Seveso			
	accident			
	Zone A	*		
	Zone B—men	1	4.9 (0.6–39.0)	
	Women	1	3.2 (0.4–24.5)	
	Zone R—men	0	_	
	Women	2	0.8(0.2-3.6)	

 $\frac{a}{b}$ Results are for mortality and for men unless otherwise specified $\frac{b}{b}$ Given when available.

Information not provided by study authors.
Denoted by a dash in the original study.

ABBREVIATIONS: 2,4-D, 2,4-dichlorophenoxyacetic acid; ADVA, Australian Department of Veteran Affairs; AFHS, Air Force Health Study; CI, confidence interval; IARC, International Agency for Research on Cancer; MCPA, 2-methyl-4-chlorophenoxyacetic acid; NIOSH, National Institute for Occupational Safety and Health; NS, not significant; TCDD, 2,3,7,8-tetrachlorodibenzo-*p*-dioxin.

Update of the Epidemiologic Literature

No new studies concerning exposure to the compounds of interest and thyroid or other endocrine cancers had been published since *Update 2006*.

Biologic Plausibility

The NTP conducted carcinogenesis bioassays in Osborne-Mendel rats and B6C3F1 mice exposed to TCDD by gavage (NTP, 1982a). The incidence of follicular-cell adenoma, but not of carcinoma, increased with increasing TCDD dose in both male and female rats; the increase was significant in male but not female rats. There was a significant increase in follicular-cell adenoma in female but not male mice. The NTP carried out a similar study in female Sprague-Dawley rats more recently (NTP, 2006). Walker et al. (2006) compared the resulting data from that and another study of chronic toxicity and carcinogenicity of TCDD in female Sprague-Dawley rats. They compared the recent results of the NTP assessment and the results of the Dow Chemical assessment of TCDD carcinogenicity. In the NTP and Dow studies, the incidence of thyroid cancer (C-cell adenoma and carcinoma) decreased with increasing dose of TCDD. However, an increased incidence of minimal thyroid follicular-cell hypertrophy was noted in rats given TCDD at 22 ng/kg of body weight or greater.

As indicated in Chapter 4, 2,4-D and 2,4,5-T are at most only weakly mutagenic or carcinogenic. No studies that addressed a possible association between exposure to those herbicides and thyroid cancer in animal models have been identified.

The biologic plausibility of the chemicals of interest being carcinogenic is discussed in general at the beginning of this chapter.

Synthesis

The studies reviewed previously did not provide sufficient evidence to determine whether there is an association between exposure to the compounds of interest and thyroid cancer or other endocrine cancers, and no new additional information was found in this update cycle.

Conclusion

On the basis of its evaluation of the epidemiologic evidence reviewed here, the committee concludes that there is insufficient evidence to determine whether there is an association between exposure to the compounds of interest and thyroid or other endocrine cancers.

LYMPHOHEMATOPOIETIC CANCERS (Lymphomas and Leukemias)

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As for other cancers that are subject to idiosyncratic grouping in the results reported from epidemiologic studies (notably, head-and-neck and GI cancers), the conclusions that the VAO committees have been able to draw about associations of specific lymphohematopoietic cancers with herbicide exposure are complicated and curtailed by the lack of specificity and occasional inconsistency of groupings present in the available evidence. Categorization of cancers of the lymphatic and hematopoietic systems continues to evolve based on increasing insight into the lineage of the clonal cancer cells characterizing each of a broad spectrum of neoplasms arising in these tissues.

Stem cells in the bone marrow generate two major lineages of leukocytes, myeloid and lymphoid. Myeloid cells include monocytes and three types of granulocytes (neutrophils, eosinophils, and basophils). Lymphoid cells include T and B lymphocytes, as well as smaller subset of cells called natural killer cells. All of these cells circulate in the blood and are collectively referred to as "white blood cells" (WBC). Monocytes move out of the blood stream into inflamed tissues, where they differentiate into either macrophages or dentritic cells. Stem cells that are destined to become T lymphocytes migrate from the bone marrow to the thymus gland, where they acquire antigen-specific receptors. Antigen stimulation induces the T cells to differentiate into one of the several types of T lymphocytes involved in cell-mediated immunity. Pre-B cells mature in the bone marrow into antigen-specific B cells. Upon encountering their cognate antigen, B cells differentiate into antibody secreting plasma cells involved in humoral immunity.

"Lymphoma" is a general term for cancers that arise from B or T lymphocytes. As stem cells mature into B or T cells, they pass through several developmental stages each with unique functions. The developmental stage at which the cell becomes malignant defines the specific kind of lymphoma. About 85 percent of lymphomas are of B-cell origin, and 15 percent are of T-cell origin. Lymphomas grow as circumscribed solid tumors in the lymph nodes.

If the cell that becomes cancerous resides in the bone marrow, its daughter cells may crowd normal cells in the bone marrow or be released from the bone marrow to circulate in the blood. Such cancers are called "leukemias." Leukemias are generally classified as myeloid or lymphoid, depending on the differentiation pathway of the original mutated cell. If the original mutated cell of a cancer of the blood arises in a lymphocytic cell line, the cancer is called lymphocytic leukemia; lymphocytic leukemias are further partitioned into acute (ALL) forms if they are derived from precursor B or T lymphoid cells and chronic (CLL) forms derived from more mature lymphoid cells, which tend to replicate less rapidly. Similarly, myeloid leukemias are portioned into acute and chronic forms, AML and CML, respectively.

B lymphocytes (B-cells) give rise to a number of different types of neoplasms that are given names based on the stage at which B-cell development was arrested when the cell became cancerous. Follicular, large cell, and immunoblastic lymphomas result when a malignancy develops *after* a B cell has been exposed to antigens (bacteria, virus, etc.). Chronic lymphocytic leukemia (CLL) is now believed to be a tumor of antigen-experienced (memory) B cells, not naïve B cells (Chiorazzi et al., 2005); small lymphocytic lymphoma (SLL), which presents primarily in lymph nodes rather than in the bone marrow and blood, is now considered to be the same disease as CLL at a different stage (Jaffe et al., 2008). (Although some may now prefer to designate these two closely related entities as CLL/SLL, the committee has opted to continue using the abbreviation "CLL" to refer to this condition in its more inclusive sense.) Some of these stages are more common than others, and therefore have been subclassified for diagnostic

purposes. However, why one stage of B-cell development rather than another is affected by a cancerous mutation is not known and may reflect individual genetic predispositions or other environmental exposures that determine the outcome.

The more common cancers of the hematopoietic system are described in the following sections: Hodgkin's disease; non-Hodgkin's lymphomas; multiple myeloma, followed by a separate section on the related condition, AL amyloidosis; leukemias. An additional section on chronic lymphocyte leukemia (CLL) has been included since VA's request that it be considered separately for *Update 2002*. The introduction to the CLL section includes an explanation of why the committee accepts the epidemiologic and toxicologic data on CLL to be applicable to hairy cell leukemia).

HODGKIN'S DISEASE

Hodgkin's disease (HD) (ICD-9 201) is now often designated as Hodgkin's lymphoma, but the committee continues its use of "disease" to maintain consistency throughout the VAO reports. HD is distinguished from non-Hodgkin's lymphoma (NHL) primarily on the basis of its neoplastic cells, mononucleated Hodgkin and multinucleated Reed-Sternberg cells originating from germinal center B cells (Kuppers et al., 2002). HD's demographics and genetics are also characteristic. ACS estimated that 4,400 men and 3,820 women would receive diagnoses of HD in the United States in 2008 and that 700 men and 650 women would die from it (Jemal et al., 2008a). The average annual incidence is shown in Table 6-42.

The possibility that HD has an infectious etiology has been a topic of discussion since its earliest description. An increased incidence in people with a history of infectious mononucleosis has been observed in some studies, and a link with Epstein-Barr virus has been proposed. In addition to the occupational associations discussed below, higher rates of the disease have been observed in people who have suppressed or compromised immune systems.

TIDEE 0 12 Trotage Thinaal Includice (per 100,000) of Troughin 5 Disease in Children States										
	50–54 Years of Age		55–59	55–59 Years of Age			60–64 Years of Age			
	All Races	White	Black	All Races	White	Black		All Races	White	Black
Males	3.3	3.4	4.3	2.8	2.9	2.4		3.3	3.5	4.3
Females	1.7	1.7	1.6	1.6	1.7	1.8		2.0	2.2	0.3

TABLE 6-42 Average Annual Incidence (per 100,000) of Hodgkin's Disease in United States^a

^{*a*} SEER (Surveillance, Epidemiology, and End Results program) nine standard registries, crude age-specific rates, 2000–2005.

Conclusions from VAO and Updates

The committee responsible for VAO determined that there was sufficient epidemiologic data to support an association between exposure to the compounds of interest and HD. Additional studies available to the committees responsible for Update 1996, Update 1998, Update 2000, Update 2002, Update 2004, and Update 2006 did not change that conclusion. Table 6-43 summarizes the results of the relevant studies.

TABLE 6-43 Selected Epidemiologic Studies—Hodgkin's Disease

Reference	Study Population ^{<i>a,b</i>}	Exposed	Estimated Relative
		Cases ^c	Risk $(95\% \text{ CI})^c$

	~ · · · ab		
Reference	Study Population ^{<i>a,o</i>}	Exposed Cases ^c	Estimated Relative Risk (95% CD ^c
VIETNAM VETERANS		Cases	KISK (7570 CI)
New Studies			
Cypel and Kang. 2008	US Vietnam veterans—women (all "lymphopoietic"	"	
-);;····	cancers)	18	0.7(0.4-1.3)
	Vietnam veteran nurses	14	0.7(0.3-1.3)
Studies Reviewed in Und	ate 2006		0.7 (0.8 1.6)
ADVA 2005a	Australian male Vietnam veterans vs Australian	51	21(15-26)
11D VII, 2005ú	population_incidence	51	2.1 (1.5 2.0)
	Nova	7	13(0526)
	Inav y A rmay	40	(0.5-2.0)
	Ainy	40	2.3(1.0-3.0) 2.1(0.6, 5.2)
ADVA 2005h	All Folce	4	2.1(0.0-3.3)
ADVA, 2005b	Australian male vietnam veterans vs Australian	13	0.9 (0.5–1.5)
	population-mortality	2	$0 \left(\left(0, 1, 2, 1 \right) \right)$
	Navy	2	0.6(0.1-2.1)
	Army	11	1.1 (0.5–1.9)
	Air Force	0	0.0 (0.0–2.9)
ADVA, 2005c	Australian male conscripted Army National Service	2	
	Vietnam era veterans: deployed vs non-deployed		
	Incidence	12	0.9 (0.4–2.0)
	Mortality	4	1.7 (0.3–11.8)
Boehmer et al., 2004	Vietnam Experience Cohort	2	0.9 (*)
Studies Reviewed in Upd	late 2004		
Akhtar et al., 2004	White Air Force Ranch Hand veterans		
	Lymphopoietic leukemia		
	Ranch Hand Veterans—incidence	10	0.9 (0.4–1.5)
	Comparison Air Force Veterans—incidence	9	0.6(0.3-1.0)
Studies Reviewed in Und	late 2000	-	()
AFHS 2000	Air Force Ranch Hand veterans	1	0.3(0.0-3.2)
111110, 2000		1	0.5 (0.0 5.2)
Studies Reviewed in Upd	late 1998		
Watanabe and Kang, 199	6 Marine Vietnam veterans	25	1.9 (1.2–2.7)
Studies Reviewed in Upd	late 1996		
Visintainer et al., 1995	Michigan Vietnam veterans	20	1.1 (0.7–1.8)
Studies Reviewed in VAC)		
Watanabe et al., 1991	Army Vietnam veterans		
,	Vs Army non-Vietnam veterans	116	1.0 (*)
	Vs all non-Vietnam veterans	116	1.1 (*)
	Marine Vietnam veterans		
	Vs Marine non-Vietnam veterans	25	1.9 (*)
	Vs all non-Vietnam veterans	25	10(*)
CDC 1990	US men horn 1921–1953		()
02.0, 1990	Vietnam veterans	28	12(07-24)
	Army	12	1.2(0.72.1) 1.0(0.5-2.0)
	Marine	12	1.0(0.5 2.0) 1.7(0.5 - 5.9)
	Air Force		1.7(0.5-5.7) 1.7(0.6-4.9)
	Nova	3 7	1.7(0.0-4.9) 1.1(0.4, 2.6)
Michalak at al. 1000.	Navy Air Force Banch Hand votoron mortality	/	1.1 (0.4–2.0)
Walfa at al., 1990,	An Force Kanch manu veteran mortality	0	·
wolfe et al., 1990	A		
Breslin et al., 1988	Army vietnam veterans compared with vietnam-era	00	12(07.10)
	Army veterans	92	1.2 (0.7–1.9)
	Marine Vietnam veterans compared with Marine		120520
D 1 1 1000	vietnam-era veterans	22	1.3 (0.7–2.6)
Boyle et al., 1987	Vietnam Experience Study	0	[*]

Reference	Study Population ^{<i>a,b</i>}	Exposed	Estimated Relative
T		Cases	Risk (95% CI) ^c
Fett et al., 1987	Australian Vietnam veterans	0	*
Anderson et al., 1986	Wisconsin Vietnam veterans	4	*
Holmes et al., 1986	West Virginia Vietnam veterans compared with West	t	
	Virginia Vietnam-era veterans	5	8.3 (2.7–19.5)
Lawrence et al., 1985	New York Vietnam veterans compared with New	d	
	York Vietnam-era veterans	10^a	$1.0(0.4-2.2)^{e}$
OCCUPATIONAL New Studies			
Studies Reviewed in Upd	late 2006		
McLean et al., 2006	IARC cohort of pulp and paper workers		
	Exposure to nonvolatile organochlorine		
	compounds		
	Never	7	0.6(0.2-1.2)
	Ever	17	1.8 (1.0-2.8)
't Mannetje et al., 2006	Phenoxy herbicide producers (men and women)	1	5.6 (0.1-31.0)
5 /	Phenoxy herbicide sprayers (>99% men)	0	0.0(0.0-16.1)
Alavanja et al., 2005	US Agriculture Health Study—incidence		
J ,	Private applicators (men and women)	11	0.9 (0.4–1.6)
	Spouses of private applicators (>99% women)	4	0.7(0.2-1.9)
	Commercial applicators (men and women)	1	0.8(0.1-4.2)
Blair et al., 2005a	US Agriculture Health Study	3	1.1(0.2-3.3)
	Private applicators (men and women)	3	1.7 (0.3–4.8)
	Spouses of private applicators (>99% women)	0	0.0(0.0-2.5)
Torchio et al 1994	Italian licensed pesticide users	11	10(0.5-1.7)
Studies Reviewed in Una	late 2004		1.0 (0.0 1.7)
Swaen et al 2004	Dutch licensed herbicide applicators	0	_
Studies Reviewed in Una	late 2002	Ũ	
Burns et al 2001	Dow 24-D production workers (Included in the	e	
Buills et ul., 2001	IARC cohort and the NIOSH Dioxin Registry)	1	15(00-86)
Studies Reviewed in Uno	Inte 2000	1	1.0 (0.0 0.0)
Steenland et al 1999	US chemical production workers (Included in the		
Steemand et un, 1999	IARC cohort and the NIOSH Dioxin Registry)	3	11(02-32)
Hooiveld et al 1998	Dutch chemical production workers (Included in the		1.1 (0.2 5.2)
	IARC cohort)	1	32(01-176)
Rix et al 1998	Danish paper mill workers—incidence	1	5.2 (0.1 17.0)
Kix et ul., 1996	Men	18	20(12-32)
	Women	2	11(01-38)
Studies Reviewed in Uno	Inte 1998	-	1.1 (0.1 5.0)
Gambini et al 1997	Italian rice growers	1	0.7(0.0-3.6)
Kogevinas et al. 1997	IARC cohort (men and women)	1	0.7 (0.0 5.0)
Rogevinus et un, 1997	Workers exposed to any phenoxy herbicide or		
	chloronhenol	10	10(05-18)
	Workers exposed to TCDD (or higher-chlorinated	1	1.0 (0.5 1.0)
	dioxins)	8	13(06-25)
	Workers not exposed to TCDD (or higher-	0	1.5 (0.0 2.5)
	chlorinated diavins)	1	0.3(0.0-1.5)
Becher et al 1006	German production workers (Included in the IADC	1	0.5 (0.0-1.5)
Dechei et al., 1990	cohort)	0	—
Ramlow et al., 1996	Dow pentachlorophenol production workers	0	_
	(Included in the IARC cohort and the NIOSH		
	Dioxin Registry)		
Waterhouse et al., 1996	Residents of Tecumseh, Michigan	13	2.0 (1.1-3.4)
,			

Reference	rence Study Population ^{<i>a,b</i>}		Estimated Relative Risk (95% CI) ^c
Studies Reviewed in Up	date 1996		
Asp et al., 1994	Finnish herbicide applicators	2	1.7 (0.2-6.0)
Blair et al., 1993	US farmers in 23 states	56	1.0 (0.8–1.3)
Kogevinas et al., 1993	IARC cohort-incidence, females	1	*
Persson et al., 1993	Swedish NHL patients—exposure to phenoxy		
	herbicides	5	7.4 $(1.4-40.0)^{f}$
Kogevinas et al., 1992	IARC cohort (men and women)	3	0.6 (0.1–1.7)
Studies Reviewed in VA	0		
Eriksson et al., 1992	Swedish Cancer Registry patients (men and women)		
	Male sawmill workers	10	2.2 *
	Male farmers	97	1.2 *
	Male forestry workers	35	1.2 *
	Male horticulture workers	11	1.2 *
Ronco et al., 1992	Danish workers—incidence		
	Men—self-employed	27	$0.6 \ (p < 0.05)$
	employee	13	1.0 (*)
	Female—self-employed	1	1.1 (*)
	employee	1	1.2 (*)
	family worker	9	0.9 (*)
Swaen et al., 1992	Dutch licensed herbicide applicators	1	3.3 (0.04–18.6)
Fingerhut et al., 1991	NIOSH cohort—entire cohort	3	1.2 (0.3–3.5)
e ,	\geq 1-year exposure, \geq 20-year latency	1	2.8 (0.1–15.3)
Green, 1991	Ontario herbicide sprayers	0	*
Saracci et al., 1991	IARC cohort—exposed subcohort (men and women)	2	0.4(0.1-1.4)
Zober et al., 1990	BASF employees—basic cohort	0	*
Alavanja et al., 1989	USDA forest or soil conservationists	4	2.2 (0.6-5.6)
LaVecchia et al., 1989	Residents of the Milan. Italy, area (men and women)		
,,	A gricultural occupations	*	21(10-38)
	Chemical industry occupations	*	43(14-102)
Persson et al 1989	Orebro (Sweden) Hospital patients (men and women)		4.5 (1.4–10.2)
1 ersson et u., 1909	Farming	6	$(1, 2, (0, 4 - 3, 5))^f$
	Exposed to phenoxy acids	0 4	$3.8 (0.7-21.0)^{f}$
Wiklund et al. 1989b	Swedish pesticide applicators	15	1.5(0.8-2.4)
Δ lavania et al., 19890	USDA agricultural extension agents	15	1.5 (0.0-2.4)
Thavanja et al., 1900	PMR analysis	6	27(12-63)
	Case_control analysis	6	11(03-35)
Rondetal 1988	Dow 2 4-D production workers (Included in the	0	1.1 (0.5 5.5)
<i>Dona et al.</i> , 1900	IARC cohort and the NIOSH Dioxin Registry)	1	27(00-147)
Dubrow et al. 1988	Hancock County Obio residents—farmers	3	2.7 (0.0 14.7)
Wiklund et al. 1988	Swedish agricultural and forestry workers (men and	5	2.1
Wikitana et al., 1900	women)		
	Workers in land or animal husbandry	242	10(09-12)
	Workers in silviculture	15	23(13-37)
Hoar et al 1986	Kansas residents	10	2.5 (1.5 5.7)
110ar et al., 1960	All farmers	71	0.8(0.5-1.2)
	Farm use of herbicides (phenoxy acids and others)	28	0.0(0.5-1.2) 0.9(0.5-1.5)
	Farmers using herbicides >20 days/year	20	10(0.2-4.1)
	Farmers using herbicides >15 years	10	1.0(0.2-4.1) 1.2(0.5-2.6)
Pearce et al 1985	New Zealand residents with agricultural occupations	107	1.2(0.5-2.0) 1 1 (0 6-2 0)
1 curve et al., 1905	ages 20–64	107	1.1(0.0-2.0)
Hardell and Bengtsson,	Umea (Sweden) Hospital patients—incidence		
1705	Exposed to phenoxy acids	14	50(24-102)
	Exposed to phenoxy actus	14	5.0 (2.7-10.2)

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Reference	Study Population ^{<i>a,b</i>}	Exposed Cases ^c	Estimated Relative Risk (95% CI) ^c
	Exposed to high-grade chlorophenols Exposed to low-grade chlorophenols	6 5	6.5 (2.2–19.0) 2.4 (0.9–6.5)
Riihimaki et al., 1982 Wiklund, 1983	Finnish herbicide applicators Swedish male and female agricultural workers—	0 226	* $1.0 (0.9-1.2)^d$
Burmeister, 1981 Hardell et al., 1981	Incidence Iowa farmers Umea (Sweden) Hospital patients—incidence	47	1.2 (NS)
	Exposed to phenoxy acids Exposed to chlorophenols	41 50	4.8 (2.9–8.1) ^g 4.3 (2.7–6.9) ^g
ENVIRONMENTAL New Studies			
Consonni et al., 2008	Seveso residents-25-year follow-up-men and		
	women	0	
	Zone A Zone B (NB: Bertazzi et al. [2001, 1997] reported	03	* 2.2 (0.7–6.9)
	4 HDs for Zone B)		
Miligi et al., 2006	Zone R Italian case–control study—herbicide exposure	9	0.9 (0.5–1.9)
Read et al., 2007	among men and women diagnosed with HD Residents of New Plymouth Territorial Authority,	6	0.4 (0.2–1.2)
	NZ near plant manufacturing 2,4,5-T (1962–1987)		1
	Incidence	49	$1.1 (0.8 - 1.5)^n$
	1970–1974	9	1.2 (0.6–2.3)
	1975-1979	9	1.1 (0.5–2.2)
	1980–1984	8	1.1 (0.5–2.1)
	1985–1989	9	1.3 (0.6–2.5)
	1990–1994	7	1.3 (0.5–2.7)
	1995–1999	4	0.7 (0.2–1.7)
	2000–2001	3	1.0(0.2-3.1)
	Mortality	22	$1.3 (0.8-2.0)^n$
	1970–1974	7	1.6 (0.7–3.3)
	1975–1979	4	1.2 (0.3–3.0)
	1980–1984	6	2.1 (0.8-4.5)
	1985–1989	3	1.2 (0.2–3.5)
	1990–1994	1	0.6 (0.0–3.5)
	1995–1999	1	0.6 (0.0–3.6)
	2000–2001	0	*
Studies Reviewed in Up	pdate 2006		
Pahwa et al., 2006	Canadian men (\geq 19 years of age) from 1 of 6		
	Canadian provinces	< -	
	Any phenoxy herbicide	65	1.0(0.7-1.4)
	2,4-D	57	1.0(0.7-1.4)
	Месоргор	20	1.3(0.7-2.2)
	MCPA	11	1.2 (0.6–2.6)
Studies Keviewed in U_{j}	paare 2000 Servers peridente - 20 men fallere en		
Bertazzi et al., 2001	Seveso residents—20-year follow-up	n	26(06,100)
	Lone A, B-men	2	2.0(0.0-10.9)
Vial at al 2000	Women Desidents around a French municipal solid must	2	3.7 (0.9–10.0)
v iei et al., 2000	incinerator—incidence	9	1.5 (NS)
Studies Reviewed in U	pdate 1998		~ /
Bertazzi et al., 1997	Seveso residents—15-year follow-up		

Reference	Study Population ^{<i>a,b</i>}	Exposed	Estimated Relative
		Cases ^c	Risk (95% CI) ^c
	Zone B—men	2	3.3 (0.4–11.9)
	women	2	6.5 (0.7–23.5)
	Zone R—women	4	1.9 (0.5-4.9)
Studies Reviewed in	Update 1996		
Bertazzi et al., 1993	Seveso residents—10-year follow-up—incidence		
	Zone B—men	1	1.7 (0.2–12.8)
	women	1	2.1 (0.3–15.7)
	Zone R—men	4	1.1 (0.4–3.1)
	women	3	1.0 (0.3-3.2)

^{*a*} Table shows mortality unless otherwise noted.

^b Cohorts are male unless otherwise noted.

^c Given when available.

^d 99% CI.

^{*e*} Includes both lymphoma and HD.

^{*f*}. 90%

^{*g*} Includes both NHL and HD CI.

* Information not provided by study authors.

— When information was denoted by a dash in the original study.

Studies in italics have been superseded by newer studies of the same cohorts.

ABBREVIATIONS: 2,4-D, 2,4-dichlorophenoxyacetic acid; ADVA, Australian Department of Veterans Affairs; AFHS, Air Force Health Study; CDC, Centers for Disease Control and Prevention; CI, confidence interval; IARC, International Agency for Research on Cancer; NHL, Non-Hodgkin's Lymphoma; NIOSH, National Institute for Occupational Safety and Health; NS, not significant; PMR, proportionate-mortality ratio; USDA, US Department of Agriculture.

Update of the Epidemiologic Literature

Vietnam-Veteran Studies

Cypel and Kang (2008) compiled and analyzed the data of two cohorts of women veterans who either served in Vietnam ("Vietnam veteran" cohort, n = 4,586) or served elsewhere during the Vietnam War ("era veteran" cohort, n = 5,325). All cause and cause-specific mortality were compared between Vietnam and "era veteran" cohorts, to the US population, and to earlier research. Similar analyses were performed for nurses only. Eighteen deaths attributed to lymphopoietic cancer were observed in the Vietnam veterans (crude rate per 10,000 = 1.22) compared to 29 deaths in the "era veteran" cohort, giving an adjusted RR of 0.68 (95% CI 0.37–1.25). No excess risk was observed in the nurses-only analysis (RR = 0.65, 95% CI 0.32–1.30).

Occupational Studies

Hansen et al. (2007) conducted a historical cohort study of 3,156 male gardeners who were members of a Danish union and reported his findings in terms of lymphohematopoietic cancers (ICD-7 200–2005), which includes HD). In the 10-year follow-up (Hansen et al., 1992), there were no cases of HD among the 15 cases of lymphohematopoietic cancers observed. The 25-year follow-up did not specify the breakdown of the lymphohematopoietic cancers, so it is not certain whether the addition 27 cases observed in the last 15 years included any instances of HD. The

statistics in Table 8.42 for NHL are not repeated in Table 8.44, because, if any cases of HD did occur, it is not known how they were distributed over the three birth periods that were used as surrogates for potential exposure to pesticides and herbicides in the more recent analysis.

Environmental Studies

Consonni et al. (2008) reported on a mortality follow-up for the Seveso cohort of 273,108 subjects resident at the time of the accident or immigrating/born in the 10 years thereafter. Analyses were performed according to three zones with increasing levels of TCDD contamination in their soil. In the overall sample, no statistically significant increases in deaths related to HD were observed. No deaths from HD were observed in Zone A, the zone with greatest TCDD contamination. Zone B, the middle contamination zone, had 3 HD deaths (RR = 2.15, 95% CI 0.67–6.86), and the lowest contamination zone (Zone R) had 9 HD deaths (RR = 0.94, 95% CI 0.46–1.89).

Miligi et al. (2006) reported further results from a population-based case–control study carried out in 11 areas of Italy that was included in *Update 2004* (Miligi et al., 2003). In this study, newly diagnosed cases of hematolymphopoietic malignancies (NHL, CLL, leukemia, Hodgkin's Disease, multiple myeloma) were identified between 1991 and 1993. The control group comprised a random sample of the population residing in each area. No significant association was found between exposure to herbicides and HD for men (OR = 0.4, 95% CI 0.1–1.3), women (OR = 0.5, 95% CI 0.1–4.0), or men and women combined (OR = 0.4, 95% CI 0.2–1.2).

Read et al. (2007) conducted a follow-up of residents living in the in the coastal community of Paritutu, New Plymouth, near the Ivon Watkins-Dow Limited plant in which the herbicide 2,4,5-T was manufactured. It was reported that the body burden of TCDD was comparable to residents living in Zone B of the Seveso area. Incidence and mortality were ascertained for the period 1970–2001 and elevated risks were found for moratlity especially (SMR = 1.3, 95%CI 0.8–2.0), but the confidence intervals were wide and included the null. There was also a weaker, positive association with incidence (SIR = 1.11, 95% CI 0.8–1.5) was observed.

Biologic Plausibility

Hodgkin's lymphoma arises from the malignant transformation of a germinal center B cell and is characterized by malignant cells with distinctive morphology and phenotype; these binucleated cells are known as Reed-Sternberg cells (Jaffe et al., 2008). No animal studies have shown an increase in HD following exposure to the compounds of interest. The Reed-Sternberg cell has not been demonstrated in mice or rats, so there is no good animal model of HD. Thus, there are no specific animal data to support the biological plausibility for the development of HD following exposure to the compounds of interest.

The biologic plausibility of the chemicals of interest being carcinogenic is discussed in general at the beginning of this chapter.

Synthesis

The relative rarity of HD complicates the evaluation of epidemiologic studies, as statistical power is generally quite low. Earlier studies (i.e., Eriksson et al., 1992; Hardell et al., 1981; Holmes et al., 1986; LaVecchia et al., 1989; Persson et al., 1993; Rix et al., 1998; Waterhouse et al., 1996; Wiklund et al., 1988) were generally well conducted and included excellent characterization of exposure, and formed in previous committees the basis of the conclusion. The committee believes that the small amount of additional information in the present report does not contradict these findings, especially given that most studies had low statistical power. Although it has not been demonstrated as clearly as for NHL, a positive association between the compounds of interest and the development of HD is biologically plausible because of their common lymphoreticular origin and common risk factors.

Conclusion

On the basis of its evaluation of the evidence reviewed here and in previous VAO reports, the committee concludes that there is sufficient evidence of an association between exposure to at least one of the compounds of interest and HD.

NON-HODGKIN'S LYMPHOMA

NHL (ICD-9 200.0–200.8, 202.0–202.2, 202.8–202.9) is a general name for cancers of the lymphatic system other than HD. NHL represents a large group of lymphomas that include acute, aggressive (fast-growing) and chronic, indolent (slow-growing) types of either B-cell or T-cell origin. B-cell non-Hodgkin lymphomas include Burkitt lymphoma, diffuse large B-cell lymphoma, follicular lymphoma, large cell lymphoma, precursor B-lymphoblastic lymphoma, and mantle cell lymphoma. T-cell non-Hodgkin lymphomas include mycosis fungoides, anaplastic large cell lymphoma, and precursor T-lymphoblastic lymphoma. Although chronic lymphocytic leukemia (CLL) and hairy-cell leukemia (HCL) share many traits with NHL (including B-cell origin and immunohistochemical properties) and may progress to an acute aggressive form of NHL, they have usually been classified with leukemias; in response to requests from VA, CLL and HCL are discussed separately after the general section on leukemia.

The ACS estimated that 35,450 men and 30,670 women would receive diagnoses of NHL in the United States in 2008 and that 9,790 men and 9,370 women would die from it (Jemal et al., 2008a). The incidence of NHL is uniformly higher in men than in women and typically higher in whites than in blacks. In the groups that characterize most Vietnam veterans, incidence increases with age. Average annual incidences are shown in Table 6-40.

TABLE 6-40 Average Annual Incidence (per 100,000) of Non-Hodgkin's Lymphoma in United States^{*a*}

	50–54 Years of Age		55–59 Years of Age			60–64	60–64 Years of Age		
	All Races	White	Black	All Races	White	Black	All Races	White	Black
Males	27.2	27.9	29.6	38.0	39.3	38.4	53.1	56.1	38.7
Females	19.1	19.5	18.9	28.3	29.2	23.6	38.4	41.1	30.0

^a SEER (Surveillance, Epidemiology, and End Results program) nine standard registries, crude age-specific rates, 2000–2005

The causes of NHL are poorly understood. People with suppressed or compromised immune systems are known to be at higher risk, and some studies show increased incidence in people with HIV, human T-cell leukemia virus type I, Epstein-Barr virus, and gastric *Helicobacter pylori* infections. Behavioral, occupational, and environmental risk factors also have been proposed (Blair et al., 1997).

Conclusions from VAO and Updates

The committee responsible for VAO concluded that there was sufficient evidence to support an association between exposure to at least one of the compounds of interest and NHL. Additional information available to the committees responsible for *Update 1996*, *Update 1998*, *Update 2000*, *Update 2002*, *Update 2004*, and *Update 2006* did not change that conclusion. Table 6-41 summarizes the results of the relevant studies.

Reference	Study Population ^{<i>a,b</i>}	Exposed	Estimated Relative
		Cases ^c	Risk (95% CI) ^c
VIETNAM VETERAN	8		
New Studies			
Cypel and Kang, 2008	US Vietnam veterans—women (all "lymphopoietic"		
	cancers)	18	0.7 (0.4–1.3)
	Vietnam veteran nurses	14	0.7 (0.3–1.3)
Studies Reviewed in Up	odate 2006		
ADVA, 2005a	Australian male Vietnam veterans vs Australian		
	population—incidence	126	0.7 (0.6–0.8)
	Navy	31	0.8 (0.5–1.0)
	Army	86	0.7 (0.5–0.8)
	Air Force	9	0.5 (0.2–0.9)
ADVA, 2005b	Australian male Vietnam veterans vs Australian		
	population—mortality	70	0.8 (0.6–1.0)
	Navy	10	0.5 (0.3–0.9)
	Army	52	0.9 (0.6–1.1)
	Air Force	8	0.9 (0.4–1.6)
ADVA, 2005c	Australian male conscripted Army National Service		
	Vietnam era veterans: deployed vs non-deployed		
	Incidence	35	1.1 (0.7–1.9)
	Mortality	21	1.4 (0.7–2.8)
Boehmer et al., 2004	Vietnam Experience Cohort	6	0.9(0.3-2.9)
Studies Reviewed in Up	odate 2004		
Akhtar et al., 2004	White Air Force Ranch Hand veterans—incidence		
,	Lymphopoetic leukemia		
	Ranch Hand Veterans—incidence	10	0.9(0.4-1.5)
	Comparison Air Force Veterans—incidence	9	0.6(0.3-1.0)
Studies Reviewed in Un	odate 2000		()
AFHS, 2000	Air Force Ranch Hand veterans—incidence	1	0.2 (0.0-2.6)
AIHW 1999	Australian Vietnam veterans—incidence	62	48 expected (34-62)

 TABLE 6-41
 Selected Epidemiologic Studies—Non-Hodgkin's Lymphoma

Reference	Study Population ^{<i>a,b</i>}	Exposed Cases ^c	Estimated Relative Risk (95% CI) ^c				
CDVA, 1998a	Australian Vietnam veterans-incidence	137 ^d	48 expected (34–62)				
CDVA, 1998b	Australian Vietnam veterans—incidence (women)	2^d	0 expected $(0-4)$				
Studies Reviewed in Upd	late 1998						
CDVA, 1997a	Australian military Vietnam veterans						
W/ 1 1W 100	NHL deaths, 1980–1994	33	0.9 (0.6–1.2)				
Watanabe and Kang, 199	Starding Devices dia Under 1996						
Studies Reviewed in Upa	Michigan Wistness setamong all maga	22	15(10,21)				
Visintainer et al., 1995 Studios Doviowed in <i>UA</i>	Michigan Vietnam veterans—all races	32	1.5 (1.0-2.1)				
Clapp et al. 1001	V Massachusetts Vietnam veterans		12(0624)				
Dalager et al 1991	US Vietnam veteransincidence	100	1.2(0.0-2.4) 1.0(0.7-1.5)				
O'Brien et al. 1991	Army enlisted Vietnam veterans	7^e	1.8				
Thomas et al 1991	US Vietnam veterans—women (NHL_ICD-8 200	/	1.0				
111011145 01 41., 1991	200–203 208)	3	13(03-18)				
Watanabe et al., 1991	Army Vietnam veterans vs non-Vietnam veterans	140	0.8 (*)				
,	(ICD-8 200, 202)						
	Army Vietnam veterans vs combined Army and						
	Marine Vietnam-era veterans (ICD-8 200, 202)	140	0.9 (*)				
	Marine Vietnam veterans vs non-Vietnam veterans	42	1.8 (1.3–2.4)				
	(ICD-8 200, 202)						
	Marine Vietnam veterans vs combined Army and						
	Marine Vietnam-era veterans (ICDA-8 200, 202)	42	1.2 (*)				
CDC, 1990b	US Vietnam veterans born 1921–1953 (incidence)	99	1.5 (1.1–2.0)				
	Army Vietnam veterans	45	1.2 (0.8–1.8)				
	Marine Vietnam veterans	10	1.8 (0.8–4.3)				
	Air Force Vietnam veterans	12	1.0 (0.5–2.2)				
	Navy Vietnam veterans	32	1.9 (1.1–3.2)				
	Blue-water Navy Vietnam veterans	28	2.2 (1.2–3.9)				
Michalek et al., 1990	Air Force Ranch Hand veteran—mortality	0	*				
Welfe et al 1000	Lymphatic and nematopoletic tissue	0	*				
Wolfe et al., 1990 Bugglin et al. 1000	Air Force Ranch Hand Veteran—Incidence	100	(0, 6, 1, 0)				
Drestin et al., 1900	Marine Vietnam veterans (ICDA 8 200, 202)	108	0.8(0.0-1.0) 2 1 (1 2 3 8)				
Garland et al. 1088	Navy enlisted personnel_incidence (white males	68	2.1(1.2-3.8) 0.7(0.5-0.9)				
Garland et al., 1966	1974–1983)	08	0.7 (0.3-0.9)				
Burt et al 1987	Army combat Vietnam veterans	39	11(07-15)				
,,,	Marine combat Vietnam veterans	17	3.2 (1.4–7.4)				
	Army Vietnam veterans (service 1967–1969)	64	0.9(0.7-1.3)				
	Marine Vietnam veterans (service 1967–1969)	17	2.5 (1.1–5.8)				
Fett et al., 1987	Australian Vietnam veterans (ICD-8 200, 202)	4	1.8 (0.4-8.0)				
Anderson et al., 1986	Wisconsin Vietnam veterans (Includes						
	lymphosarcoma and reticulosarcoma)	4	_				
Holmes et al., 1986	West Virginia Vietnam veterans vs West Virginia						
	Vietnam-era veterans	2	1.1 (*)				
Lawrence et al., 1985	New York Vietnam veterans vs New York Vietnam-	,					
	era veterans	10^{j}	1.0 (0.4–2.2)				
OCCUPATIONAL New Studies							
Hansen et al., 2007	Danish gardeners—incidence (lymphohematopoietic, ICD-7 200–205) 10-yr follow-up (1975–1984) reported in Hansen	1.5					
	et al. (1992)	15	1.4 (0.8–2.4)				
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Reference	Study Population ^{<i>a,b</i>}	Exposed Cases ^c	Estimated Relative Risk (95% CI) ^c
	NHL (ICD-7 200, 202, 205)	6	1.7 (0.6–3.8)
	HD (ICD-7 201)	0	*
	Multiple Myeloma (ICD-7 203)	0	*
	CLL (ICD-7 204.0)	6	2.8 (1.0-6.0)
	Other leukemias $(204.1-204.4)$	3	1.4(0.3-4.2)
	25-vr follow-up (1975–2001)	_	. (
	Born before 1915 (high exposure)	16	1.4(0.9-2.3)
	Born 1915–1934 (medium exposure)	25	1.2(0.8-1.8)
	Born after 1934 (low exposure)	1	0.2(0.0-1.0)
Richardson et al., 2008	German case-control study, occupational factors		
	associated with NHL		
	Chlorophenols		
	NHL—high grade malignancy	61	2.0 (1.3–2.9)
	NHL—low grade malignancy	77	1.3 (1.0–1.8)
	CCL	44	0.9 (0.6–1.3)
	Herbicides		
	NHL—high grade malignancy	56	2.2 (1.4–3.3)
	NHL—low grade malignancy	79	1.4 (1.0–1.9)
	CCL	43	1.2 (0.8–1.7)
Samanic et al., 2006	Pesticide applicators in AHS—NHL incidence from enrollment through 2002		
	Dicamba—lifetime days exposure		
	None	39	1.0
	1-<20	18	1.8 (1.0-3.2)
	20-<56	14	1.3 (0.7–2.5)
	56-<116	7	0.9(0.4-2.2)
	≥116	7	1.2 (0.5–2.9)
		р	for linear trend = 0.92
Studies Reviewed in Up	date 2006		
Chiu et al., 2006	Nebraska residents, NHL reclassified according to		
(based on Zahm et al.,	specific chromosomal translocation		
1990, 1993)	(t(14;18)(q32;q21))—incidence (men and women)		
	I ranslocation present in cases		
	Herbicides	25	2.9 (1.1–7.9)
	I ranslocation absent in cases		
N. I. 2006	Herbicides	22	0.7(0.3-1.2)
McLean et al., 2006	IARC cohort of pulp and paper workers—men and		
	women (ICD-9 200, 202)		
	Exposure to nonvolatile organochlorine compounds		
	Never		0.9(0.7-1.3)
	Ever		0.9(0.6-1.3)
't Mannetie et al., 2005	Phenoxy herbicide producers (men and women)	1	0.9(0.0-4.9)
• •••••••••••••••••••••••••••••••••••••	Phenoxy herbicide sprayers (>99% men)	1	0.7(0.0-3.8)
Alavania et al 2005	US Agriculture Health Study—incidence	1	0.7 (0.0 5.0)
	Private applicators (men and women)	114	1.0 (0.8–1.2)
	Spouses of private applicators (>99% women)	42	0.9(0.6-1.2)
	Commercial annlicators (men and women)		10(0.4-2.1)
Blair et al 2005a	US Agriculture Health Study	0	1.0 (0.1 2.1)
21011 of ul., 20030	Private applicators (men and women)	33	0.9(0.6-1.2)
	Shouses of private applicators (>90% women)	16	1.2(0.7-2.0)
Fritschi et al 2005	Population-based case_control study in New South	10	1.2 (0.7 2.0)
1 moom et al., 2003	Wales, Australia, 2000–2001		

Reference	Study Population ^{<i>a,b</i>}	Exposed Cases ^c	Estimated Relative Risk (95% CI) ^c
	Phenoxy herbicides	· · · ·	× /
	Non-substantial exposure	10	0.7 (0.3–1.7)
	Substantial exposure	5	1.8 (0.4–7.4)
Mills et al., 2005	Nested case-control analyses of Hispanic workers in		
	cohort of 139,000 California United Farm Workers		
	Ever used 2,4-D	*	3.8 (1.9-7.8)
Chiu et al., 2004	Herbicide usage—incidence		
<i>,</i>	Farmers (no herbicide use)	294	1.2(1.0-1.5)
	Farmers (herbicide use)	273	1.0(0.8-1.2)
Lee et al., 2004b	Asthmatics—incidence		
,	Herbicide exposure-phenoxyacetic acid	17	1.3 (0.7–2.4)
	Exposures among farmers		
	2,4-D	17	1.3 (0.7-2.5)
	2,4,5-T	7	2.2 (0.8-6.1)
	Non-asthmatics—incidence		
	Herbicide exposure-phenoxyacetic acid	176	1.0 (0.8–1.3)
	Exposures among farmers		
	2,4-D	172	1.0(0.8-1.3)
	2,4,5-T	36	1.1(0.7-1.8)
Hardell et al., 2002	Pooled analysis of Swedish case–control studies of		
,	NHL and of hairy-cell leukemia		
	Herbicide exposure	77	1.8 (1.3-2.4)
	Phenoxyacetic acids	64	1.7(1.2-2.3)
	MČPA	21	2.6(1.4-4.9)
	2.4-D and 2.4.5-T	48	1.5(1.0-2.2)
	Other	15	2.9(1.3-6.4)
Torchio et al., 1994	Italian licensed pesticide users (ICD-8 202.0–202.9)	15	0.9(0.5-1.5)
Reif et al., 1989	New Zealand forestry workers-nested case-control		· · · ·
,	(incidence) (ICD-9 200, 202)	7	1.8 (0.9-4.0)
Studies Reviewed in Upd	late 2004		· · · ·
Miligi et al., 2003	Residents from 11 different areas in Italy-incidence		
e ,	Phenoxy acid herbicides exposure		
	Men	18 ^g	1.0 (0.5-2.0)
	Women	11 ^g	1.3 (0.5-3.7)
	2,4–D exposure		· · · · ·
	Men	6 ^g	0.7(0.3-1.9)
	Women	7^{g}	1.5 (0.4–5.7)
Bodner et al., 2003	Dow chemical production workers (Included in the	—	1.4 (0.6–2.7)
	IARC cohort and the NIOSH Dioxin Registry)		
Studies Reviewed in Upd	late 2002		
Burns et al., 2001	Dow 2,4-D production workers (Included in the		
	IARC cohort and the NIOSH Dioxin Registry)	3	1.0 (0.2–2.9)
Thörn et al., 2000	Swedish lumberjacks exposed to phenoxyacetic		
,	herbicides—incidence	2	2.3 (0.3-8.5)
Studies Reviewed in Upd	late 2000		· · · ·
Steenland et al., 1999	US chemical production workers (Included in the		
,	IARC cohort and the NIOSH Dioxin Registry)	12	1.1 (0.6–1.9)
Hooiveld et al., 1998	Dutch phenoxy herbicide workers (Included in the		
,	IARC cohort)	3	3.8 (0.8–11.0)
Studies Reviewed in Und	late 1998		× /
Gambini et al., 1997	Italian rice growers	4	1.3 (0.3–3.3)
Keller-Byrne et al., 1997	Farmers in central United States		1.3 (1.2–1.6)
Kogevinas et al., 1997	IARC cohort (men and women)		· /

Reference	Study Population ^{<i>a,b</i>}	Exposed Cases ^c	Estimated Relative Risk (95% CI) ^c
	Workers exposed to any phenoxy herbicide or chlorophenol	34	1.3 (0.9–1.8)
	Workers exposed to TCDD (or higher-chlorinated dioxins)	24	1.4 (0.9–2.1)
D 1 1007	Workers not exposed to TCDD (or higher- chlorinated dioxins)	9	1.0 (0.5–1.9)
Becher et al., 1996	German production workers (Included in the IARC cohort)	6	3.3 (1.2–7.1)
Nanni et al., 1996	Italian farming and animal-breeding workers— incidence (men and women) Exposure to herbicides	3 ^g	1.4 (0.4–5.7)
Ramlow et al., 1996	Dow pentachlorophenol production workers (Included in the IARC cohort and the NIOSH Dioxin Registry)		
	All lymphopoietic cancer (ICDA-8 200–209)	-h	1 4 (0 (0 0)
	0-year latency	7^n	1.4 (0.6–2.9)
	15-year latency Other and unspecified lymphopoietic cancer (ICDA-8 200, 202–203, 209)	5"	1.3 (0.4–3.1)
	0-year latency	5	2.0 (0.7-4.7)
	15-year latency	4	2.0 (0.5-5.1)
Amadori et al., 1995	Italian farming and animal-breeding workers— incidence (men and women)		
	NHL and CLL combined	164	1.8 (1.2-2.6)
Studies Reviewed in Upd	late 1996		
Kogevinas et al., 1995	IARC cohort—incidence (men and women)		
	Exposed to 2.4.5-T	10	1.9(0.7-4.8)
	Exposed to TCDD	11	1.9(0.7-5.1)
Asp et al., 1994	Finnish herbicide applicators—incidence		
	No latency	1	0.4(0.0-2.0)
	10-year latency	1	0.4(0.0-2.4)
Dean, 1994	Irish farmers and farm workers Other malignant neoplasms of lymphoid and histiocytic tissue (including some types of NHL) (ICD–9 202)	1	0.1(0.0 2.1)
	Men	244 ^g	_
	Women	84^g	
Hardell et al., 1994	Umea (Sweden) Hospital patients-incidence		
	Exposure to phenoxy herbicides	25	5.5 (2.7-11.0)
	Exposure to chlorophenols	35	4.8 (2.7-8.8)
Morrison et al., 1994	Farm operators in three Canadian provinces		
	All farm operators	*	0.8 (0.7–0.9)
	Highest quartile of herbicides sprayed	19	2.1 (1.1–3.9)
	Highest quartile of herbicides sprayed relative to		× ,
	no spraying	6	3.0 (1.1-8.1)
Blair et al., 1993	US farmers from 23 states (white men)	843	1.2 (1.1–1.3)
Bloemen et al., 1993	Dow 2,4-D production workers (Included in the IARC cohort and the NIOSH Dioxin Registry)	2	2.0 (0.2–7.1)
Bueno de Mesquita et al.,	Dutch phenoxy herbicide workers (Included in the		
1993	IARC cohort)	2	3.0 (0.4–10.8)
Lynge, 1993	Danish male and female production workers		
	(Included in the IARC cohort)-updated incidence		
	Exposure to phenoxy herbicides (men)	10	1.7 (0.5–4.5)

Reference	Study Population ^{<i>a,b</i>}	Exposed	Estimated Relative
		Cases ^c	Risk $(95\% \text{ CI})^c$
Persson et al., 1993	Swedish NHL patients		
,	Exposure to phenoxy herbicides	10	2.3 (0.7–7.2)
	Occupation as lumberjack	9	6.0 (1.1–31.0)
Zahm et al., 1993	Females from eastern Nebraska farms	119	1.0(0.7-1.4)
Kogevinas et al., 1992	IARC cohort (men and women)		
e ,	Workers exposed to any phenoxy herbicide or		
	chlorophenol	11	1.0(0.5-1.7)
Studies Reviewed in VA	0		
Ronco et al., 1992	Danish farm workers—incidence	147	1.0 (*)
	Italian farm workers—mortality	14	1.3 (*)
Smith and Christophers,	Australian residents		
1992			
	Exposure >1 day	15	1.5 (0.6–3.7)
	Exposure >30 days	7	2.7 (0.7–9.6)
Swaen et al., 1992	Dutch herbicide applicators	0	_ `
Vineis et al., 1991	Residents of selected Italian provinces		
	Male residents of contaminated areas	*	2.2 (1.4-3.5)
Wigle et al., 1990	Canadian farmers		
	All farmers	103	0.9 (0.8–1.1)
	Spraying herbicides on 250+ acres	10	2.2 (1.0-4.6)
Zahm et al., 1990	Eastern Nebraska residents—incidence		
	Ever done farm work	147	0.9 (0.6–1.4)
	Ever mixed or applied 2,4-D	43	1.5 (0.9–2.5)
Alavanja et al., 1989	USDA forest or soil conservationists	22	2.4 (1.5–3.6)
Corrao et al., 1989	Italian farmers licensed to apply pesticides		· · · ·
-	Lymphatic tissue (ICD-8 200–202.9)		
	Licensed pesticide users and nonusers	45 ¹	1.4 (1.0-1.9)
	Farmers in arable land areas	31	1.8 (1.2–2.5)
LaVecchia et al., 1989	Residents of the Milan, Italy, area-incidence (men		
,	and women)		
	Agricultural occupations	*	2.1 (1.3-3.4)
Persson et al., 1989	Örebro (Sweden) Hospital—incidence (men and		
	women)		
	Exposed to phenoxy acids	6	4.9 (1.0-27.0)
Wiklund et al., 1989b	Swedish pesticide applicators—incidence (men and	27	1.1 (0.7–1.6)
	women)		
Alavanja et al., 1988	USDA agricultural extension agents	*	1.2 (0.7–2.3)
Dubrow et al., 1988	Hancock County, Ohio residents-farmers	15	1.6 (0.8–3.4)
Olsson and Brandt, 1988	Lund (Sweden) Hospital patients-incidence		
	Exposed to herbicides	*	1.3 (0.8–2.1)
	Exposed to chlorophenols	*	1.2 (0.7–2.0)
Wiklund et al., 1988	Swedish agricultural and forestry workers (men and		
	women)		
	Workers in land or animal husbandry		1.0 (0.9–1.1)
	Timber cutters		0.9 (0.7–1.1)
Pearce et al., 1987	New Zealand residents—incidence		
	Farming occupations	33	1.0 (0.7–1.5)
	Fencing work	68	1.4 (1.0-2.0)
Woods et al., 1987	Washington state residents-incidence		
	Phenoxy herbicide use	*	1.1 (0.8–1.4)
	Chlorophenol use	*	1.0 (0.8–1.2)
	Farming occupations	*	1.3 (1.0–1.7)
	Forestry herbicide appliers	*	4.8 (1.2–19.4)

Reference	Study Population ^{<i>a,b</i>}	Exposed Cases ^c	Estimated Relative Risk (95% CI) ^c
Hoar et al., 1986	Kansas residents-incidence		× /
,	Farmers compared with nonfarmers	133	1.4 (0.9–2.1)
	Farmers using herbicides ≥ 21 days/year	7	6.0 (1.9–19.5)
Pearce et al., 1986	New Zealand residents—incidence (ICD-9 202 only)		· · · ·
	Agricultural sprayers (phenoxy herbicides)	19 ^{<i>i</i>}	1.5 (0.7–3.3)
Pearce et al., 1985	New Zealand residents with agricultural occupations,	224	1.4 (0.9–2.0)
	20–64 years old—incidence		
Burmeister et al., 1983	Iowa residents—farming exposures	1,101	1.3 (*)
Riihimaki et al., 1982	Finnish herbicide applicators	0	
Wiklund, 1983	Swedish male and female agricultural workers-		
	incidence	476	1.1 (0.9–1.2)
Cantor, 1982	Wisconsin residents—farmers		
	ICD-8 200.0, 200.1, 202.2)	175	1.2 (1.0–1.5)
Hardell et al., 1981	Umea (Sweden) Hospital patients-incidence		
	Exposed to phenoxy acids	41	$4.8(2.9-8.1)^{f}$
	Exposed to chlorophenols	50	$4.3(2.7-6.9)^{f}$
ENVIRONMENTAL New Studies			
Consonni et al., 2008	Seveso residents—25-year follow-up—men and		
	women		
	Zone A	3	3.4 (1.1–10.5)
	Zone B	7	1.2 (0.6–2.6)
	Zone R	40	1.0 (0.7–1.4)
Eriksson et al., 2008	NHL case-control study of exposure to pesticides in		
	Sweden—incidence in men and women		
	Herbicides, total	74	1.7 (1.2–2.5)
	\leq 20 days	36	1.6 (1.0-2.7)
	> 20 days	38	1.9 (1.1–3.2)
	Phenoxyacetic acids	47	2.0 (1.2–3.4)
	\leq 45 days	32	2.8 (1.5-5.5)
	> 45 days	15	1.3 (0.6–2.7)
	MCPA	21	2.8 (1.3-6.2)
	\leq 32 days	15	3.8 (1.4–10.5)
	> 32 days	6	1.7 (0.5-6.0)
	2,4,5-T and/or 2,4-D	33	1.6 (0.9–3.0)
	<u><</u> 29 days	21	2.1 (1.0-4.4)
	> 29 days	12	1.3 (0.6–3.1)
Miligi et al., 2006	Italian case-control study on hematolymphopoietic		
	malignancies		
	NHL and CLL—ever exposed to herbicides		
	Men and women	73	1.0(0.7-1.4)
	Men	49	0.8 (0.5–1.3)
	Women	24	1.3 (0.7–2.5)
	NHL, men and women		
	Phenoxy herbicides—ever	32	1.1 (0.6–1.8)
	Probability of use > "low" and lack of	13	2.4 (0.9–7.6)
	protective equipment		
	2,4-D—ever	17	0.9 (0.5–1.8)
	Probability of use > "low" and lack of	f 9	4.4 (1.1–29.1)
	protective equipment		
	MCPA—ever	18	0.9(0.4-1.8)

Reference	Study Population ^{<i>a,b</i>}	Exposed Cases ^c	Estimated Relative Risk (95% CI) ^c
	Probability of use > "low" and lack of protective equipment	7	3.4 (0.8–23.2)
Read et al., 2007	Residents of New Plymouth Territorial Authority, NZ		
,	near plant manufacturing 2,4,5-T (1962–1987)		
	Incidence	223	$1.0(0.9-1.1)^{j}$
	1970–1974	33	1.8 (1.2–2.5)
	1975–1979	29	1.3 (0.9–1.9)
	1980–1984	22	0.8(0.5-1.3)
	1985–1989	24	0.7(0.5-1.1)
	1990–1994	35	0.8(0.6-1.1)
	1995–1999	61	1.1(0.8-1.4)
	2000-2001	19	0.8(0.5-1.3)
	Mortality	138	$1.1 (0.9 - 1.3)^{j}$
	1970–1974	19	1.6(0.9-2.4)
	1975-1979	24	1.6(1.0-2.4)
	1980–1984	14	1.0(0.5-1.6)
	1985–1989	25	1.3(0.9-2.0)
	1990–1994	23	0.9(0.6-1.4)
	1995–1999	21	0.7(0.4-1.1)
	2000–2001	12	10(05-18)
Spinelli et al 2007	Case_control study in British Columbia Canada	12	1.0 (0.5 1.0)
Spinein et ui., 2007	Total dioxin-like PCBs		
	Lowest quartile	82	1.0
	Second quartile	96	1.0 1 4 (0 9–2 2)
	Third quartile	90 82	1.4(0.9-2.2) 1.6(1.0-2.5)
	Highest quartile	1/3	2.4(1.5-3.7)
	Tingnest quartic	14J	for linear trend < 0.001
Vu et al. 2006	Case_control study of pasal NK/T_cell lymphomas in	þ	
Au et al., 2000	East Asia incidence in men and women		
	Desticide use	22	(20, 21)
	Herbigide	13	4.0(2.0-6.1) 3.2(1.4,7.4)
	Insecticide	20	3.2(1.4-7.4) 3.5(1.7-7.1)
	Fungicide	20	5.5(1.7-7.1) 6.1(2.0, 18.5)
Studios Dovioused in 1	rungiciae	10	0.1 (2.0–18.3)
Hartag at al 2005	NCI SEED asso control study (Jown Jos Angolas		
Hallge et al., 2005	County Detroit Seattle) 1008 2000		
	County, Denon, Seattle) 1998–2000 Europauros to 2.4 D in correct dust (ng/g)		
	Exposures to 2,4-D in carpet dust (lig/g)	147	1.0
		14/	1.0 1.1(0.9, 1.6)
	< 300	257	1.1(0.8-1.0)
	500-999	80 165	0.9(0.0-1.5)
	1,000–9,999 > 10,000	105	0.7(0.5-1.0)
V 1 2004	>10,000	24	0.8 (0.4–1.7)
Kato et al., 2004	Population-based case–control study in upstate New		
	York state, women, 20–79 years of age, 1995–1998		
	Home usage only of herbicides/pesticides (times)	221	1.0
		231	1.0
	1-4	33	0.9(0.3-1.5)
	D-1/ 18 20	30	0.7(0.4-1.5)
	18-39	27	1.0(0.6-1.7)
	≥ 40	40	0.9 (0.5–1.5)
Studies Reviewed in l	Upaate 2004		
Floret et al., 2003	Residents near a French municipal solid-waste		
	incinerator —incidence		

Reference	Study Population ^{<i>a,b</i>}	Exposed Cases ^c	Estimated Relative Risk (95% CI) ^c
	High exposure category	31	2.3 (1.4–3.8)
Studies Reviewed in U	pdate 2002		
Hardell et al., 2001	Case-control study of NHL-TEQ >27.8 and EA	8	2.8 (0.5-18.0)
	>80		
McDuffie et al., 2001	Case-control study of NHL in Canada		
	Exposed to phenoxy herbicides	131	1.4 (1.1–1.8)
	2,4-D	111	1.3 (1.0–1.7)
	Mecoprop	53	2.3 (1.6–3.4)
Studies Reviewed in U	pdate 2000		
Bertazzi et al., 2001	Seveso residents—20-year follow-up		
	Zone A,B—men	3	1.2 (0.4–3.9)
	women	4	1.8 (0.7–4.9)
Viel et al., 2000	Residents near a French solid-waste incinerator—		
	Incidence	296	1.2 (r = 0.00002)
	Spatial cluster	286	1.3 (p = 0.00003)
64. J' D	1991–1994	109	1.8 (p = 0.00003)
Studies Reviewed in U_j	paate 1998		
Bertazzi et al., 1997	Seveso residents—15-year follow-up	2	15(0, 2, 5, 2)
	Zone B—men	2	1.5(0.2-5.5) 1.1(0.5, 2.0)
	Zone R—men	10	1.1(0.5-2.0)
64. J' D' J'	women	8	0.9 (0.4–1.7)
Studies Reviewed in U_j	paare 1996		
Berlazzi el al., 1995	Seveso residents—10-year lollow-up—incidence	2	22(0774)
	Zone B—men	5	2.5(0.7-7.4)
	Zana D. man	1	0.9(0.1-0.4) 1.2(0.7, 2.5)
	Zone R—men	12	1.3(0.7-2.3) 1.2(0.6, 2.2)
Gialta Dariana Ita I	women	10	1.2 (0.0–2.5)
Lowni et al. 1002	AU Finnish community owneed to chlorenhenel		
Lampi et al., 1992	Finnish community exposed to emotophenor	16	29(145())
Desistant of al 1002	Contamination—Incidence (men and women)	10	2.8 (1.4–3.0)
Pesalori el al., 1992	Seveso residents—incidence	2	10(0(-(-1)))
	Zones A, B—men	5	1.9(0.0-0.1)
	Women Zono P. mon	12	0.8(0.1-3.5) 1.4(0.7, 2.5)
		15	1.4(0.7-2.3)
Doutanti et al 10001	women Savaga ragidanta 10 yaar fallow yn	10	1.1 (0.0–2.2)
Deriuzzi et al., 1989b	Zono D., woman (ICD 0 200, 208)	2	10(02,12)
	Zone D—women (ICD-9.200–208) Zone D—men (ICD-0.202)	2	1.0(0.3-4.2) 1.0(0.2, 2.4)
	Lone K - men (ICD - 9.202)	3	1.0(0.5-5.4)
	women (ICD-9 202)	4	1.6 (0.5-4.7)

^{*a*} Table shows mortality unless otherwise noted.

^b Cohorts are male unless otherwise noted.

^{*c*} Given when available.

^{*d*} Includes NHL and chronic lymphocytic leukemia combined.

^e Includes all lymphomas combined.

^f Includes lymphoma and Hodgkin's disease.

^gOnly NHL other than lymphosarcoma and reticulosarcoma (ICD-9 202).

^{*h*} Includes lymphosarcoma, reticulum cell sarcoma including other lymphoma

^{*i*} Self-reported medical history. Answer to question: "Since your first day of service in Vietnam, have you been told by a doctor that you have NHL?"

^{*j*} NHL, four living cases and three deaths originally reported in the CDC Vietnam Experience Study (Boyle et al. 1987). ^k The total SMR/SIR were computed by dividing the sum of observed values by the sum of the expected values over all

years and 95% confidence intervals on these total ratios were computed by exact methods.

* Information not provided by study authors.

— When information was denoted by a dash in the original study.

Studies in italics have been superseded by newer studies of the same cohorts.

ABBREVIATIONS: 2,4,5-T, 2,4,5-trichlorophenoxyacetic acid, 2,4-D, 2,4-dichlorophenoxyacetic acid; ADVA, Australian Department of Veteran Affairs; AFHS, Air Force Health Study; AIHW, Australian Institute of Health and Welfare; CDC, Centers for Disease Control and Prevention; CDVA, Commonwealth Department of Veterans' Affairs; CI, confidence interval; EA, Epstein-Barr virus early antigen; IARC, International Agency for Research on Cancer; NHL, Non-Hodgkin's lymphoma; SIR, standard incidence ratio; SMR, standardized mortality ratio; TCDD, 2,3,7,8-tetrachlorodibenzo-*p*-dioxin; TEQ, toxin equivalents; USDA, US Department of Agriculture.

Update of the Epidemiologic Literature

Vietnam-Veteran Studies

Cypel and Kang (2008) compiled and analyzed the data of two cohorts of women veterans who either served in Vietnam ("Vietnam veteran" cohort, n = 4,586) or served elsewhere during the Vietnam War ("era veteran" cohort, n = 5,325). All cause and cause-specific mortality were compared between Vietnam and "era veteran" cohorts, to the US population, and to earlier research. Similar analyses were performed for nurses only. Eighteen deaths attributed to lymphopoietic cancer were observed in the Vietnam veterans (crude rate per 10,000 = 1.22) compared to 29 deaths in the "era veteran" cohort, giving an adjusted RR of 0.68 (95% CI 0.37–1.25). No excess risk was observed in the nurses-only analysis (RR = 0.65, 95% CI 0.32–1.30).

Occupational Studies

Hansen et al. (2007) conducted a historical cohort study of 3,156 male gardeners who were members of a Danish union (the study was first reported in *VAO* as Hansen et al., 1992). Subjects were then followed-up using population and cancer registries and the incidence of cancer was ascertained from 1975 until the end of 2001. Birth date served as a surrogate for potential exposure to pesticides and herbicides, with earlier cohorts representing higher potential exposures. An association among those born before 1915 (presumptive "high exposure") was found for cancers of the lymphatic and hematopoietic tissue (ICD 200–205) (RR = 1.40, 95% CI 0.86-2.28).

Richardson et al. (2008) conducted population-based case–control study of incident NHL and CLL among men and women, age 15–75 years, living in six German counties between 1986 and 1998. Control subjects were selected randomly from German population registries and were matched individually to cases by sex, age, and region, with two controls per case being recruited. The job-exposure matrix developed by Pannett and co-workers in the mid-1990s was used to assign exposures to chemicals that subjects were presumably exposed to occupationally. Non-Hodgkin's lymphomas were classified as either "high" or "low" grade using the "Kiel classification". Based on an analysis whereby cumulative exposure (the sum across jobs of the product of the number of hours exposed, intensity, and probability of exposure) was categorized into three levels, there was some evidence that risks increased with increasing cumulative exposures. The committee notes that this metric of cumulative exposure is difficult to interpret, as it combines duration of exposure (continuous) with rank ordered scales for intensity and probability; for example, intensity coded as 2 and probability coded as 1 yields the same product

as intensity coded as 1 and probability coded as 2. Moreover, simple categorization of exposure can obscure true trends in the data that can be seen using other techniquees which make use the continuous nature of the data (e.g., natural cubic spline functions).

In a report from the AHS, Samanic et al. (2006) conducted an analysis of the incidence of NHL and exposure to dicamba among male pesticide applicators. Using a metric defined as a lifetime exposure days, the rate ratios comparing subjects exposed to dicamba with those unexposed, a 75% excess risk was observed in the lowest quintile (less than 20 exposure-days) (RR = 1.75, 95% CI 0.96–3.21), and the rate ratios declined thereafter (p for linear trend = 0.92). Similar results were obtained using a metric defined by "intensity-weighted lifetime exposure days" (data not shown; p for linear trend = 0.68),

Environmental Studies

Consonni et al. (2008) reported on a 25-year follow-up through 2001 conducted on the population of the accident that occurred in Seveso in 1976. The total number of deaths from NHL in Zones A and B had increased to 10 from the 7 reported in the 20-year follow-up (Bertazzi et al., 2001), and the excess mortality from NHL in the zone closest to the accident for men and women combined (SMR = 3.4, 95% CI 1.1–10.5,) was now statistically significant, but was based on only 3 deaths.

Eriksson et al. (2008) conducted a population-based case–control study of histologically confirmed non-Hodgkin lymphoma among men and women, age 18–74 years, living in Sweden between 1999 and 2002. Controls were selected randomly from the Swedish population registry and were frequency-matched to cases by age and sex. Information was obtained from subjects from self-administered questionnaires and was followed-up with interviews if information was lacking. Thus, exposure to herbicides was based on self reports. Positive associations were found for all herbicides combined, phenoxyacetic acid, and MCPA, but there was no discernable gradient by duration of exposure.

Miligi et al. (2006) reported further results from a population-based case–control study carried out in 11 areas of Italy that was included in *Update 2004* (Miligi et al., 2003). In this study, newly diagnosed cases of hematolymphopoietic malignancies (NHL, CLL, leukemia, Hodgkin's disease, multiple myeloma) were identified between 1991 and 1993. The control group comprised a random sample of the population residing in each area. The results reported in this latest publication combined NHL and CLL and showed an association with exposure (probability of exposure > "low") to phenoxy herbicides (OR = 2.4, 95%CI 0.9–7.6), 2,4-D (OR = 4.4, 95%CI 1.1–29.1), and MCPA (OR=3.4, 95%CI 0.8–23.2). These associations are stronger than the ones reported in their previous paper.

Read et al. (2007) conducted a follow-up of residents living in the in the coastal community of Paritutu, New Plymouth, near the Ivon Watkins-Dow Limited plant in which the herbicide 2,4,5-trichlorophenoxyacetic acid (2,4,5-T) was manufactured. It was reported that the body burden of TCDD was comparable to residents living in Zone B of the Seveso area. Incidence and mortality were ascertained for the period 1970–2001 and reletive risks were no more than 10 percent greater than expected.

Spinelli et al. (2007) conducted a population-based case-control study of histologicallyconfirmed NHL among men and women, age 20–79 years, living in the greater metropolitan areas of Vancouver and Victoria, British Columbia, between 2000 and 2004. Population controls, frequency-matched to cases by 5-year age groups and area, were identified from the

universal medicare system. A random subset of controls was included in the analyses. The analyses were based on serum concentrations of organchlorines and related chemicals obtained from controls at time of interview and from cases before chemotherapy. Cases who lost weight rapidly were excluded. Strong monotonic increases in risk by serum concentrations were found individually for two of the dioxin-like PCBs, PCB-118 (p = 0.004) and PCB-156 (p = 0.004), as well as for all three measured dioxin-like congeners combined (p < 0.001), but not for PCB-105 alone.

Xu et al. (2006) conducted a hospital-based, incident case–control study between 2000 and 2005 in selected cities in Japan, Korea, and China of sinonasal NK/T-cell lymphoma, a lethal granuloma infrequently observed in western populations. One hundred and twenty-six cases were identified and 305 control subjects, having a variety of other conditions (inflammatory diseases, hearing problems, benign cystic diseases, or otolaryngological problems) were recruited and matched to these cases by hospital. Subjects completed a self-administered questionnaire on a variety of possible risk factors. Very little information was provided on the type of questions asked nor on their validity or reliability. Increased in risks were found for ever using pesticides (OR = 4.0, 95% CI 2.0-8.1) was found and more specifically for any use of herbicides (OR = 3.2, 95% CI 1.4-7.4), but the risks for insecticide use (OR = 3.5, 95% CI 1.7-7.1) or for fungicide use (OR = 6.1, 95% CI 2.0-18.5) were at least as high.

Biologic Plausibility

The diagnosis of non-Hodgkin's lymphoma (NHL) encompasses a wide variety of lymphoma subtypes. In humans, approximately 85 percent are of B cell origin and 15 percent are of T-cell origin. In commonly-used laboratory mice, the spontaneous lifetime incidence of B-cell lymphomas is approximately 30 percent in females and approximately 10 percent in males. Although researchers seldom make note of the subtypes of B lymphomas observed, lymphoblastic, lymphocytic, follicular, and plasma cell lymphomas are seen in mice and are similar to types of NHL seen in humans. Laboratory rats are less prone to develop lymphomas, but the Fisher 344 rat strain shows an elevated incidence of spontaneous mononuclear cell leukemia of unspecific origin. The lifetime incidence of leukemia is about 50 percent in male rats and about 20 percent in female rats. Neither mice nor rats spontaneously develop T-cell lymphomas at any predictable incidence but T-cell-derived tumors can be induced by exposure to certain carcinogens.

Several long-term feeding studies using various strains of mice and rats have been conducted over the past 30 years to determine the effects of TCDD on cancer incidence. Few of these studies have shown effects of TCDD on lymphoma or leukemia incidence. NTP (1982) reported no increase in overall incidence of lymphoma in female B6C3F1 mice exposed to TCDD at 0.04, 0.2, or 2.0 μ g/kg/week for 104 weeks, but found that histiocytic lymphomas (now considered to be equivalent to large B-cell lymphoma) were more common in the high-dose group. No effects on lymphoma incidence were seen in Osborne-Mendel rats treated with TCDD at doses of 0.01, 0.05, or 0.5 μ g/kg/week. Sprague-Dawley rats treated with TCDD at 0.003, 0.010, 0.022, 0.046, or 0.100 μ g/kg/day showed no change in the development of malignant lymphomas. Long-term exposure to phenoxy herbicides or cacodylic acid have also not resulted in increased lymphomas in laboratory animals. Thus there is little laboratory animal data to support the biological plausibility of promotion of NHL by TCDD or other chemicals of interest.

On the other hand, recent studies indicate that activation of the AHR by TCDD inhibits apoptosis, a mechanism of cell death that controls the growth of cancer cells. Vogel et al. (2007) studied human cancer cells in tissue culture and showed that addition of TCDD inhibited apoptosis in histiocytic lymphoma cells, Burkitt lymphoma cells, and NHL cell lines. The reduced apoptosis was associated with an increase in the expression of Cox-2, C/EBP β , and Bcl-xL mRNA in the cells. These expressed genes code for proteins that protect cells from apoptosis. The effects of TCDD on apoptosis were blocked when an AHR antagonist or a Cox-2 inhibitor was added to the culture, demonstrating the underlying AHR-dependent mechanism for the effects. More importantly, when C57Bl/10J mice were given multiple doses of TCDD over a period of 140 days, premalignant lymphoproliferation of B cells was induced in the TCDD-treated mice prior to the appearance of any spontaneous lymphomas in the control mice. When the B cells were examined, they were found to express changes in gene expression similar to those induced by TCDD in the human cell lines, providing support for this mechanism of lymphoma promotion by TCDD.

Recent evidence has shown that AHR activation by TCDD in human breast and endocervical cell lines induces sustained high levels of the IL-6 cytokine, which has tumor promotional effects in numerous tissues (Hollingshead et al., 2008). IL–6 plays a roll in B-cell maturation and induces a transcriptional inflammatory response. It is known to be elevated in B-cell neoplasms, including multiple myeloma and various lymphomas, especially diffuse large B-cell lymphoma (Hussein et al., 2002; Kato et al., 1998; Kovacs, 2006).

An alternative link that could help to explain the association between TCDD and NHL has been explored in human studies. Chromosomal rearrangements, with consequent expression dysregulation of various genes, are very prevelant in B-cell lymphomas, and the t(14;18) reciprocal translocation, which juxtaposes the BCL2 with the locus of the immunoglobin heavy chain, found in the tumor cells in most cases of follicular lymphoma.

Roulland et al. (2004) investigated the prevalence of the t(14;18) translocation characteristic of most cases of follicular lymphoma among a subset of 56 never-smoking and pesticide-using men from a cohort of French farmers whose pesticides exposures and confounding information had been previously well characterized. For 24 blood samples had been gathered during periods of high pesticide use, while for the other 36 the samples were drawn during a period of low pesticide use. They found a higher prevalence of cells carrying this translocation among the 24 farmers whose blood had been drawn during a period of high pesticide use than among the 36 with samples drawn during a low-use period.

Baccarelli et al. (2006) reported an increase in t(14;18) chromosomal translocations in lymphocytes from humans exposed to TCDD in the Seveso explosion. In most cases of follicular lymphoma, the tumor cells carry the t(14;18) chromosomal translocation, and there is evidence to suggest that an increased frequency of lymphocytes from the peripheral blood carrying this tumor marker may be a necessary but not sufficient step toward development of follicular lymphoma (Roulland et al., 2006).

Synthesis

In previous *VAO* reports, the evidence was found to be sufficient to support an association between exposure to at least one of the compounds of interest and NHL. The evidence is drawn from occupational and other studies in which subjects were exposed to a variety of herbicides and herbicide components. Data new to the current update generally strengthen the conclusion

that there is an association with the chemicals of interest. Xu et al. (2006) reported excess risk of nasal NK/T-cell lymphomas for uncharacaterized herbicide exposure, and Miligi et al. (2006) had positive findings in Italy for frequent and unprotected use of phenoxy herbicides. Much of the earlier epidemiologic evidence suggests that 2,4-D or 2,4,5-T, rather than TCDD, might be responsible for the associations observed in occupational cohorts, but the strongest new data in this update is related to TCDD exposure: a continuing increase in lymphoma mortality for most highly exposed zone in Seveso (Consonni et al., 2008), elevated risks with higher serum levels of dioxin-like congeners in British Columbia (Spinelli et al., 2007), and excess risks with occupational chlorophenol exposure in a German case-control study (Richardson et al., 2008).

Conclusions

On the basis of its evaluation of the evidence reviewed here and in previous VAO reports, the committee concludes that there is sufficient evidence of an association between exposure to at least one of the compounds of interest and NHL.

MULTIPLE MYELOMA

Multiple myeloma (ICD-9 203.0) is characterized by the proliferation of bone marrow stem cells that results in an excess of neoplastic plasma cells and in the production of excess abnormal proteins, usually fragments of immunoglobulins. Multiple myeloma is sometimes grouped with other immunoproliferative neoplasms (ICD-9 203.8). ACS estimated that 11,190 men and 8,730 women would receive diagnoses of multiple myeloma in the United States in 2008 and that 5,640 men and 5,050 women would die from it (Jemal et al., 2008a). The average annual incidence of multiple myeloma is shown in Table 6-44.

TABLE 6-44 Average Annual Incidence (per	r 100,000)	of Multiple My	yeloma in Uni	ted States"
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	50–54 Y		Age	55–59 Years of Age		60–64 Y	ears of A	Age	
	All Races	White	Black	All Races	White	Black	All Races	White	Black
Males	7.2	6.2	17.2	11.9	11.0	23.6	18.9	18.2	33.3
Females	5.2	4.3	13.3	8.0	7.3	13.9	12.3	10.1	30.9

^{*a*} SEER (Surveillance, Epidemiology, and End Results program) nine standard registries, crude age-specific rates, 2000–2005.

The incidence of multiple myeloma is highly age-dependent, with a relatively low rate in people under 40 years old. The incidence is slightly higher in men than in women, and the difference becomes more pronounced with age.

An increased incidence of multiple myeloma has been observed in several occupational groups, including farmers and other agricultural workers and those with workplace exposure to rubber, leather, paint, and petroleum (Riedel et al., 1991). People with high exposure to ionizing radiation and those who suffer from other plasma-cell diseases, such as monoclonal gammopathy of unknown significance or solitary plasmacytoma, are also at greater risk.

Conclusions from VAO and Updates

The committee responsible for *VAO* concluded that there was limited or suggestive evidence of an association between exposure to the compounds of interest and multiple myeloma. Additional information available to the committees responsible for *Update 1996*, *Update 1998*, *Update 2000*, *Update 2002*, *Update 2004*, and *Update 2006* did not change that conclusion. Table 6-45 summarizes the results of the relevant studies.

Reference	Study Population ^{<i>a,b</i>}	Exposed	Estimated Relative
		Cases ^c	Risk (95% CI) ^c
VIETNAM VETEKANS Now Studios			
Cypel and Kang 2008	US Vietnam veterans—women (all "lymphopoietic"		
Cyper und Hung, 2000	cancers) vs non-deployed	18	0.7(0.4-1.3)
	Vietnam veteran nurses only	14	0.7(0.3-1.3)
Studies Reviwed in Undata	e 2006	11	0.7 (0.5 1.5)
Boehmer et al., 2004	Vietnam Experience Cohort	1	0.4 (*)
ADVA, 2005a	Australian male Vietnam veterans vs Australian	31	0.7(0.437-0.9)
	population—incidence		
	Navv	4	0.4(0.1-1.0)
	Army	21	0.7 (0.4–1.0)
	Air Force	6	1.1(0.4-2.4)
ADVA, 2005b	Australian male Vietnam veterans vs Australian	24	0.9(0.5-1.2)
,	population—mortality		,
	Navy	3	0.5(0.1-1.5)
	Army	15	0.8 (0.4–1.3)
	Air Force	6	1.7 (0.6–3.6)
ADVA, 2005c	Australian male conscripted Army National Service		× /
	Vietnam era veterans—deployed vs non-deployed		
	Incidence	8	2.1 (0.7-6.0)
	Mortality	5	0.9 (0.2–3.4)
Studies Reviewed in Upda	te 2004		
Akhtar et al., 2004	White Air Force Vietnam Veterans		
	Lymphopoetic leukemia		
	Ranch Hand Veterans—incidence	10	0.9 (0.4–1.5)
	Comparison Air Force Veterans—incidence	9	0.6 (0.3-1.0)
Studies Reviewed in Upda	te 2000		
AFHS, 2000	Air Force Ranch Hand veterans	2	0.7 (0.1-5.0)
Studies Reviewed in Upda	te 1998		
CDVA, 1997a	Australian military Vietnam veterans	6	0.6 (0.2–1.3)
CDVA, 1997b	Australian military Vietnam veterans	0	
Watanabe and Kang, 1996	Army Vietnam veterans	36	0.9 *
	Marine Vietnam veterans	4	0.6 *
Studies Reviewed in VAO			
Breslin et al., 1988	Army Vietnam veterans	18	0.8 (0.2–2.5)
	Marine Vietnam veterans	2	0.5 (0.0-17.1)

TABLE 6-45 Selected Epidemiologic Studies—Multiple Myeloma

OCCUPATIONAL

Studies Reviewed in Update 2006

McLean et al., 2006 IARC cohort of pulp and paper workers

Reference	Study Population ^{<i>a,b</i>}	Exposed Cases ^c	Estimated Relative Risk (95% CI) ^c
	Exposure to nonvolatile organochlorine compounds		
	Never	21	0.8 (0.5–1.3)
	Ever	20	1.1(0.7-1.7)
't Mannetie et al., 2005	Phenoxy herbicide producers (men and women)	3	5.5 (1.1–16.1)
	Phenoxy herbicide sprayers (>99% men)	0	0.0(0.0-5.3)
Alavania et al., 2005	US Agriculture Health Study—incidence	0	0.0 (0.0 0.2)
, aja et a, 2000	Private applicators (men and women)	43	13(10-18)
	Spouses of private applicators (>99%women)	13	1.0(1.0-1.0) 1.1(0.6-1.9)
	Commercial applicators (men and women)	0	0.0(0.0-2.7)
Blair et al 2005a	US A griculture Health Study	0	0.0 (0.0 2.7)
Blair et al., 2005a	Private applicators (men and women)	11	0.6(0.3-1.2)
	Spouses of private applicators (>00%/women)	5	0.0(0.3-1.2) 0.0(0.3, 2, 1)
Torphia at al 1004	Italian licensed posticide users	5	0.9(0.3-2.1)
$\begin{array}{c} 1010110 \text{ et al., } 1994 \\ \text{Doif at al., } 1080 \end{array}$	New Zealand forestry workers neeted asso control	1	0.4 (0.1 - 1.0)
Kell et al., 1989	(in eiden ee)	1	0.5(0.1, 2.7)
Studios Dominmodiu IIada		1	0.5(0.1-5.7)
Studies Reviewed in Upaa	Deservational and desting even them. (In the desting the		
Swaen et al., 2004	Dow chemical production workers (included in the	2	21(04(1))
	IARC cohort and the NIOSH Dioxin Registry)	3	2.1 (0.4–6.1)
Studies Reviewed in Upda			
Burns et al., 2001	Dow 2,4-D production workers (Included in the		
	IARC cohort and the NIOSH Dioxin Registry)	1	0.8 (0.0–4.5)
Thörn et al., 2000	Swedish lumberjacks exposed to phenoxyacetic	0	—
	herbicides—incidence		
Studies Reviewed in Upda	<i>te 2000</i>		
Steenland et al., 1999	US chemical production workers (Included in the		
	IARC cohort and the NIOSH Dioxin Registry)	10	2.1 (1.0–3.8)
Hooiveld et al., 1998	Dutch phenoxy herbicide workers (Included in the		
	IARC cohort)	0	0.0 *
Studies Reviewed in Upda	ite 1998		
Gambini et al., 1997	Italian rice growers	0	*
Kogevinas et al., 1997	IARC cohort (men and women)		
	Workers exposed to any phenoxy herbicide or		
	chlorophenol	17	1.3 (0.8–2.1)
	Workers exposed to TCDD (or higher-chlorinated		
	dioxins)	9	1.2 (0.6–2.3)
	Workers not exposed to TCDD (or higher-		
	chlorinated dioxins)	8	1.6 (0.7-3.1)
Becher et al., 1996	German production workers (Included in the IARC		,
<i>,</i>	cohort)		
	Plant I	3	5.4 (1.1–15.9)
Studies Reviewed in Unda	ite 1996	-	
Asp et al., 1994	Finnish herbicide applicators		
	Incidence	2	15(02-52)
	Mortality	3	2.6(0.5-7.7)
Dean 1994	Irish farmers and farm workers (men and women)	2	1 .0 (0.0 7.7)
	Men	171	10 *
Semenciw et al 1994	Farmers in Canadian prairie provinces	160	0.8(0.7-1.0)
Blair et al 1993	US farmers in 23 states	413	12(10-13)
Brown et al 1993	Iowa residents who used pesticides or herbicides	111	1.2(1.0, 1.5) 1.2(0.8-1.7)
<i>Lynge</i> 1003	Danish production workers — undated incidence	111	1.2(0.0-1.7)
Lynge, 1775	(Included in the IAPC cohort)		
	Men	Δ	*
	141011	U	

Reference	Study Population ^{<i>a,b</i>}	Exposed	Estimated Relative			
Kelerenee	Study i opulation	Cases ^c	Risk $(95\% \text{ CD}^{\circ})$			
	Women	2	12 5 (1 5-45 1)			
Zahm et al 1992	Eastern Nebraska users of herbicides	2	12.5 (1.5 45.1)			
Zuiiii et u, 1992	Men	8	0.6(0.2-1.7)			
	Women	10	2.3(0.8-7.0)			
	Eastern Nebraska users of insecticides		()			
	Men	11	0.6(0.2-1.4)			
	Women	21	2.8(1.1-7.3)			
Studies Reviewed in VAO			()			
Eriksson and Karlsson, 1992	Residents of northern Sweden	20	$2.2(1.2-4.7)^d$			
Swaen et al., 1992	Dutch herbicide applicators	3	8.2 (1.6-23.8)			
Fingerhut et al., 1991	NIOSH cohort—entire cohort	5	1.6 (0.5-3.9)			
2	\geq 1-year exposure, \geq 20-year latency	3	2.6 (0.5-7.7)			
Saracci et al., 1991	IARC cohort—exposed subcohort (men and women)	4	0.7(0.2-1.8)			
Alavanja et al., 1989	USDA forest or soil conservationists	6	1.3 (0.5–2.8)			
Boffetta et al., 1989	ACS Prevention Study II subjects	12	2.1 (1.0-4.2)			
2	Farmers using herbicides or pesticides	8	4.3 (1.7–10.9)			
LaVecchia et al., 1989	Residents of the Milan, Italy, area (men and women)		· · · ·			
	Agricultural occupations	*	2.0 (1.1-3.5)			
Morris et al., 1986	Residents of four SEER areas		2.9 (1.5-5.5)			
Pearce et al., 1986	New Zealand residents—agricultural sprayers					
	Use of agricultural spray	16	1.3 (0.7–2.5)			
	Likely sprayed 2,4,5-T	14	1.6 (0.8–3.1)			
Cantor and Blair, 1984	Wisconsin residents-farmers in counties with highest	*	1.4 (0.8–2.3)			
	herbicide use					
Burmeister et al., 1983	Iowa residents—farming exposures					
	Born 1890–1900	*	2.7 (p < 0.05)			
	Born after 1900	*	2.4 (p < 0.05)			
Riihimaki et al., 1982	Finnish herbicide applicators	1	(0.2 expected)			
ENVIRONMENTAL						
New Studies						
Consonni et al., 2008	Seveso residents—25-year follow-up—men and					
,	women					
	Zone A	2	4.3 (1.1–17.5)			
	Zone B	5	1.7 (0.7–4.1)			
	Zone R	24	1.1 (0.7–1.7)			
Miligi et al., 2006	Italian case-control study-herbicide exposure					
-	among men and women diagnosed with multiple					
	myeloma	11	1.6 (0.8–3.5)			
Studies Reviewed in Update	te 2006					
Pahwa et al., 2006	Canadian men (\geq 19 years of age) from 1 of 6					
	Canadian provinces					
	Any phenoxy herbicide	62	1.2 (0.8–1.8)			
	2,4-D	59	1.3 (0.9–1.9)			
	Mecoprop	16	1.2 (0.7–2.8)			
	MCPA	7	0.5 (0.2–1.2)			
Studies Reviewed in Update 2000						
Bertazzi et al., 2001	Seveso residents—20-year follow-up					
	Zone A, B—men	1	0.6 (0.1–4.3)			
	women	4	3.2 (1.2-8.8)			
Studies Reviewed in Updat	te 1998					
Bertazzi et al., 1997	Seveso residents—15-year follow-up					
	Zone B—men	1	1.1 (0.0–6.2)			

Reference	Study Population ^{<i>a,b</i>}	Exposed	Estimated Relative
		Cases ^c	Risk $(95\% \text{ CI})^c$
	women	4	6.6 (1.8–16.8)
	Zone R—men	5	0.8 (0.3–1.9)
	women	5	1.0 (0.3–2.3)
Studies Reviewed in Up	date 1996		
Bertazzi et al., 1993	Seveso residents—10-year follow-up—incidence		
	Zone B—men	2	3.2 (0.8–13.3)
	women	2	5.3 (1.2-22.6)
	Zone R—men	1	0.2 (0.0–1.6)
	women	2	0.6 (0.2–2.8)
Studies Reviewed in VA	0		
Pesatori et al., 1992	Seveso residents—incidence		
	Zones A, B—men	2	2.7 (0.6–11.3)
	women	2	4.4 (1.0–18.7)
	Zone R—men		0.2 (0.0–1.5)
	women	3	0.9 (0.3–3.1)

^{*a*} Table shows mortality unless otherwise noted.

^b Cohorts are male unless otherwise noted.

^c Given when available.

^{*d*} 90% CI

* Information not provided by study authors.

— When information was denoted by a dash in the original study.

Studies in italics have been superseded by newer studies of the same cohorts.

ABBREVIATIONS: 2,4-D, 2,4-dichlorophenoxyacetic acid; ACS, American Cancer Society; ADVA, Australian Department of Veterans Affairs; AFHS, Air Force Health Study; CI, confidence interval; IARC, International Agency for Research on Cancer; NIOSH, National Institute for Occupational Safety and Health; SEER, Surveillance, Epidemiology, and End Results (SEER) Program; TCDD, 2,3,7,8-tetrachlorodibenzo-*p*-dioxin; USDA, US Department of Agriculture.

Update of the Epidemiologic Literature

Vietnam-Veteran Studies

Cypel and Kang (2008) compiled and analyzed the data of two cohorts of women veterans who either served in Vietnam ("Vietnam veteran" cohort, n = 4,586) or served elsewhere during the Vietnam War ("era veteran" cohort, n = 5,325). All cause and cause-specific mortality were compared between Vietnam and "era veteran" cohorts, to the US population, and to earlier research. Similar analyses were performed for nurses only. Although no separate analysis examined MM mortality specifically, eighteen deaths attributed to lymphopoietic cancer were observed in the Vietnam veterans (crude rate per 10,000 = 1.22) compared to 29 deaths in the "era veteran" cohort, giving an adjusted RR of 0.68 (95% CI 0.37–1.25). No excess risk was observed in the nurses-only analysis (RR = 0.65, 95% CI 0.32–1.30).

Occupational Studies

Hansen et al. (2007) conducted a historical cohort study of 3,156 male gardeners who were members of a Danish union and reported his findings in terms of lymphohematopoietic cancers (ICD-7 200–2005), which includes multiple myeloma. In the 10-year follow-up (Hansen et al.,

1992), no cases of multiple myeloma among the 15 cases of lymphohematopoietic cancers were observed. The 25-year follow-up did not specify the breakdown of the lymphohematopoietic cancers, so it is not certain whether the addition 27 cases observed in the last 15 years included any instances of multiple myeloma. The statistics in Table 8.42 for NHL are not repeated in Table 8.46, because, if any cases of multiple myeloma did occur, it is not known how they were distributed over the three birth periods that were used as surrogates for potential exposure to pesticides and herbicides in the more recent analysis.

Environmental Studies

Consonni et al. (2008) conducted a follow-up of the population of the accident that occurred in Seveso in 1976. The follow-up was extended until 2001 and an association in the most highly exposed zone ("A") was found (RR = 4.3; 95%CI 1.1–17.5), but this was based only on 2 deaths from multiple myeloma.

Miligi et al. (2006) reported further results from a population-based case–control study carried out in 11 areas of Italy that was included in *Update 2004* (Miligi et al., 2003). In this study, newly diagnosed cases of hematolymphopoietic malignancies (NHL, CLL, leukemia, Hodgkin's Disease, multiple myeloma) were identified between 1991 and 1993. The control group comprised a random sample of the population residing in each area. A non-significantly increased OR was seen observed for men and women with multiple myeloma who were exposed to herbicides (OR = 1.6, 95% CI 0.8-3.5).

Biologic Plausibility

No animal studies have reported an association between exposure to the compounds of interest and multiple myeloma. Thus, there are no specific animal data to support the biological plausibility for the development of this type of cancer following exposure to the compounds of interest.

Recent evidence has shown that AHR activation by TCDD in human breast and endocervical cell lines induces sustained high levels of the IL-6 cytokine, which has tumor promotional effects in numerous tissues (Hollingshead et al., 2008). IL–6 plays a roll in B-cell maturation and induces a transcriptional inflammatory response. It is known to be elevated in B-cell neoplasms, including multiple myeloma and various lymphomas (Hussein et al., 2002; Kovacs, 2006).

The biologic plausibility of the chemicals of interest being carcinogenic is discussed in general at the beginning of this chapter.

Synthesis

Only one study provided updated information on risks associated with dying from multiple myeloma, and this was the most recent analysis from the Seveso accident (Consonni et al., 2008). The main limitation of this study is the small number of deaths, which is always an issue for such a rare cancer.

Conclusion

On the basis of its evaluation of the evidence reviewed here and in previous VAO reports, the committee concludes that there is limited or suggestive evidence of an association between exposure to at least one of the compounds of interest and multiple myeloma.

AL AMYLOIDOSIS

The committee for *Update 2006* moved the section on AL amyloidosis from the chapter on miscellaneous nonneoplastic health conditions to the cancer chapter in order to put it closer to related neoplastic conditions, such as multiple myeloma and some types of B-cell lymphoma. The conditions share several biologic features, most notably clonal hyperproliferation of B-cell-derived plasma cells and production of abnormal amounts of immunoglobulins.

The primary feature of amyloidosis (ICD-9 277.3) is the accumulation and deposition in various tissues of insoluble protein, historically termed amyloid. A wide spectrum of disease can stem from this; excessive amyloid protein can have limited clinical consequences or can produce severe, rapidly progressive multiple-organ-system dysfunction. Annual incidence is estimated at 1/100,000; there are about 2,000 new cases each year in the United States. Amyloidosis occurs mainly in people 50–70 years old and occurs more often in males than in females (Solomon, 1999).

Amyloid protein accumulates in the extracellular spaces of various tissues, often affecting multiple organ systems. The pattern of organ involvement depends on the nature of the protein; some amyloid proteins are more fibrillogenic than others. Amyloidosis is classified according to the biochemical properties of the fibril-forming protein, with the letter A (for amyloid) as the first designation. AL amyloidosis is the most common form of amyloidosis; the L indicates that the amyloid protein is derived from immunoglobin light chains. That links AL amyloidosis with other B-cell disorders that involve overproduction of immunoglobin, such as multiple myeloma and some types of B-cell lymphomas.

AL amyloidosis results from the abnormal overproduction of immunoglobulin light chain protein from a monoclonal population of plasma cells. Clinical findings can include excessive AL protein or immunoglobulin fragments in the urine or serum, renal failure with nephrotic syndrome, liver failure with hepatomegaly, heart failure with cardiomegaly, marcroglossia, carpal tunnel syndrome, and peripheral neuropathy. Bone marrow biopsies commonly show an increased density of plasma cells, suggesting a premalignant state. Historically, that test emphasized routine histochemical analysis, but modern immunocytochemistry and flow cytometry now commonly identify monoclonal populations of plasma cells with molecular techniques. AL amyloidosis can progress rapidly and is often far advanced by the time it is diagnosed (Buxbaum, 2004).

Conclusions from *VAO* and Updates

The Department of Veterans Affairs identified AL amyloidoisis as of concern after the publication of *Update 1998*. The committees responsible for *Update 2000*, *Update 2002*, and

Update 2004 concluded that there was inadequate or insufficient evidence to determine whether there is an association between exposure to the compounds of interest and AL amyloidosis. Although there are few epidemiologic data specifically on this rare clonal plasma cell disorder, the committee responsible for *Update 2006*, changed the categorization of AL amyloidosis to limited or suggestive evidence of an association on the basis of commonalities in its cellular lineage with multiple myeloma and B-cell lymphomas.

Update of the Epidemiologic Literature

No new studies concerning exposure to the compounds of interest and amyloidosis of any sort were published since *Update 2006*.

Biologic Plausibility

A 1979 study reported the dose-dependent development of a "generalized lethal amyloidosis" in Swiss mice that were treated with TCDD for one year (Toth et al., 1979). That finding has not been validated in subsequent 2-year carcinogenicity studies of TCDD in mice or rats. Thus, there is little animal data to support an association between AL amyloidosis and TCDD exposure in humans. There is also no animal data to support an association between the other compounds of interest and AL amyloidosis.

It is known, however, that AL amyloidosis is associated with B-cell diseases. It occurs with multiple myeloma approximately 15–20% of the time. Other diagnoses associated with AL amyloidosis include B-cell lymphomas (Cohen et al., 2004), monoclonal gammopathies, agammaglobulinemia, and monoclonal gammopathy of undetermined significance (Rajkumar et al., 2006). Thus, AL amyloidosis can result from such medical conditions as multiple myeloma and B-cell lymphomas, which the VA has decided do have evidence supporting an association with exposure to the compounds of interest.

Synthesis

AL amyloidosis is a very rare condition, and it is not likely that population-based epidemiology will ever provide substantial direct evidence regarding its causation. However, the biologic and pathophysiologic features linking AL amyloidosis, multiple myeloma, and some types of B-cell lymphomas—most notably clonal hyperproliferation of plasma cells and abnormal immunoglobulin production—indicate that AL amyloidosis is pathophysiologically related to those conditions.

Conclusion

On the basis of its evaluation of the evidence reviewed here and in previous VAO reports, the committee concludes that there is limited or suggestive evidence of an association between exposure to the compounds of interest and AL amyloidosis.

LEUKEMIA

There are four primary types of leukemia (ICD-9 202.4, 203.1, 204.0–204.9, 205.0–205.9, 206.0–206.9, 207.0–207.2, 207.8, 208.0–208.9): acute and chronic lymphocytic leukemia and acute and chronic myelogenous (or granulocytic) leukemia. Acute myelogenous leukemia (ICD-9 205) is also commonly called acute myeloid leukemia or acute nonlymphocytic leukemia. There are numerous subtypes of AML; for consistency, the present report uses *acute myelogenous leukemia*, or AML, regardless of designations in the source materials.

ACS estimated that 25,180 men and 19,090 women would receive diagnoses of some form of leukemia in the United States in 2008 and that 12,460 men and 9,250 women would die from it (Jemal et al., 2008a). Collectively, leukemia was expected to account for 3.1% of all new diagnoses of cancer and 3.8% of deaths from cancer in 2008. The different forms of leukemia have different patterns of incidence and, in some cases, different risk factors. The incidences of the various forms of leukemia are presented in Table 6-46.

	50–54 Y	ears of A	Age	55-59	Years of A	Age	60-64	60–64 Years of Age		
	All Races	White	Black	All Races	White	Black	All Races	White	Black	
All Leuker	nias:									
Males	13.2	13.6	12.1	20.7	21.7	18.0	32.7	34.0	30.2	
Females	8.0	8.0	7.6	12.2	12.6	10.2	17.4	18.2	14.7	
Acute Lym	phocytic Let	ukemia:								
Males	0.9	0.9	0.8	0.9	0.8	0.8	1.2	1.3	0.7	
Females	0.6	0.5	1.1	1.1	1.2	0.4	0.7	0.6	0.6	
Acute Mye	elogenous Le	ukemia:								
Males	3.1	3.1	2.7	5.2	5.3	5.3	8.3	8.5	7.5	
Females	2.8	2.4	2.4	4.4	4.4	3.8	5.4	5.3	6.2	
Chronic Ly	mphocytic I	Leukemia	a:							
Males	5.2	5.7	5.3	9.4	10.1	6.1	15.7	16.8	12.4	
Females	2.3	2.4	2.0	4.2	4.7	2.4	7.0	8.0	3.1	
Chronic M	yelogenous I	Leukemi	a:							
Males	1.9	2.0	0.9	2.3	2.3	2.7	3.6	3.6	4.3	
Females	1.1	1.1	0.6	1.2	1.2	1.1	2.3	2.1	2.5	
All Other I	Leukemia ^c :									
Males	0.5	0.4	0.8	0.7	0.5	2.1	1.2	1.2	1.6	
Females	0.3	0.3	0.2	0.6	0.5	0.4	0.8	0.8	0.9	

Table 6-46 Average Annual Incidence (per 100,000) of Leukemias in United States^a

^{*a*} SEER (Surveillance, Epidemiology, and End Results program) nine standard registries, crude age-specific rates, 2000–2005.

^b Insufficient data to provide a meaningful incidence estimate.

^c Includes leukemic reticuloendotheliosis (hairy-cell leukemia), plasma-cell leukemia, monocytic leukemia, and acute and chronic erythremia and erythroleukemia.

In adults, acute leukemia is nearly always in the form of AML (ICD-9 205.0, 207.0, 207.2). ACS estimated that about 7,200 men and 6,090 women would receive new diagnoses of AML in the United States in 2008 and that 5,100 men and 3,720 women would die from it (Jemal et al., 2008a). In the age groups that include most Vietnam veterans, AML makes up roughly one-

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fourth of cases of leukemia in men and one-third in women. Overall, AML is slightly more common in men than in women. Risk factors associated with an increased risk of AML include high doses of ionizing radiation, occupational exposure to benzene, and exposure to some medications used in cancer chemotherapy (such as melphalan). Fanconi's anemia, and Down syndrome are associated with an increased risk of AML, and tobacco use is thought to account for about 20% of AML cases.

Acute lymphocytic leukemia (ALL) is a disease of the young and of people over 70 years old. It is relatively uncommon in the age groups that include most Vietnam veterans. The lifetime incidence of ALL is slightly higher in whites than in blacks and higher in men than in women. Exposure to high doses of ionizing radiation is a known risk factor for ALL, but there is little consistent evidence on other factors.

Chronic lymphocytic leukemia (CLL) shares many traits (such as immunohistochemistry, Bcell origin, and progression to an acute, aggressive form of NHL) with lymphomas, so the committee reviews it below separately from the other leukemias.

The incidence of chronic myelogenous leukemia (CML) increases steadily with age in people over 30 years old. Its lifetime incidence is roughly equal in whites and blacks and is slightly higher in men than in women. CML accounts for about one-fifth of the cases of leukemia among people in the age groups that include most Vietnam veterans. It is associated with an acquired chromosomal abnormality known as the Philadelphia chromosome, for which exposure to high doses of ionizing radiation is a known risk factor.

Little is known about the risk factors associated with other forms of leukemia. However, two human retroviruses have been linked to human leukemias: HTLV-1 causes adult T-cell leukemia or lymphoma, but early reports that HTLV-2 might play a role in the etiology of hairy-cell leukemia have not been substantiated.

Conclusions from VAO and Updates

The committee responsible for VAO concluded that there was inadequate or insufficient information to determine whether there is an association between exposure to the compounds of interest and all types of leukemia. Additional information available to the committees responsible for *Update 1996*, *Update 1998*, *Update 2000*, *Update 2002*, *Update 2004*, and *Update 2006* did not change that conclusion. In *Update 2002*, however, CLL was considered separately and it alone was judged to have sufficient evidence of an association with the herbicides used in Vietnam. In *Update 2006*, AML was considered individually, but the committee did not find evidence to suggest that its occurrence is associated with exposure to the chemicals of interest, so it was retained with other non-CLL leukemias in the category of inadequate and insufficient evidence. Table 6-47 summarizes the results of the relevant studies.

TADLE 0-4/	Sciected Epidemiologic Studies—Leukenna			
Reference	Study Population ^{<i>a,b</i>} Ez		Estimated Relative	
		Cases ^c	Risk $(95\% \text{ CI})^c$	
VIETNAM VET	ERANS			
New Studies				
Cypel and Kang, 2	2008 US Vietnam veterans—women (all "lymphopoietic"			
	cancers) vs non-deployed	18	0.7 (0.4–1.3)	
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TABLE 6-47 Selected Epidemiologic Studies—Leukemia

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Reference	Study Population ^{<i>a,b</i>}	Exposed	Estimated Relative
		Cases	R1sk (95% CI) ^c
	Nurses only	14	0.7 (0.3–1.3)
Studies Reviewed in	Update 2006		
ADVA, 2005a	Australian Vietnam veterans vs Australian		
	population—incidence		
	All branches	130	1.1 (1.0–1.4)
	Lymphocytic leukemia	72	1.4 (1.1–1.7)
	Myelogenous leukemia	54	1.0 (0.8–1.3)
	Navy	35	1.5 (1.0–2.0)
	Lymphocytic leukemia	14	1.3 (0.7–2.1)
	Myelogenous leukemia	19	1.7 (1.0-2.6)
	Army	80	1.1 (0.8–1.3)
	Lymphocytic leukemia	50	1.4 (1.0–1.8)
	Myelogenous leukemia	28	0.8 (0.5-1.1)
	Air Force	15	1.2(0.7-2.0)
	Lymphocytic leukemia	8	1.4 (0.6–2.7)
	Myelogenous leukemia	7	1.3(0.5-2.6)
ADVA, 2005b	Australian Vietnam veterans vs Australian		
,	population—mortality		
	All branches	84	10(08-13)
	I ymphocytic leukemia	24	1.0(0.01.3) 1.2(0.7-1.7)
	Myelogenous leukemia	55	1.2(0.7-1.7) 1 1 (0.8-1.3)
	Navy	17	1.1(0.8-1.3) 1.3(0.8-1.8)
	I umphoautia laukamia	17	1.3(0.0-1.0)
	Myologonous loukomia	4	0.2(0.0-1.2) 1.6(0.0, 2.5)
	A more	11	1.0(0.9-2.3)
	Allily	40	0.1(0.7-1.2) 1.2(0.7.2.0)
	Lymphocytic leukemia	1/	1.3(0.7-2.0)
	Myelogenous leukemia	30	0.8(0.5-1.1)
	Air Force	14	1.6(0.8-2.6)
	Lymphocytic leukemia	6	2.7 (1.0-5.8)
	Myelogenous leukemia	8	1.3 (0.5–2.5)
ADVA, 2005c	Australian male conscripted Army National Service		
	Vietnam era veterans: deployed vs non-deployed		
	Incidence	16	0.6 (0.3–1.1)
	Lymphocytic leukemia	9	0.8 (0.3–2.0)
	Myelogenous leukemia	7	0.5 (0.2–1.3)
	Mortality	11	0.6 (0.3–1.3)
	Lymphocytic leukemia	2	0.4 (0.0–2.4)
	Myelogenous leukemia	8	0.7 (0.3–1.7)
Boehmer et al., 2004	Vietnam Experience Cohort	8	1.0 (0.4–2.5)
Studies Reviewed in	Update 2004		
Akhtar et al., 2004	White Air Force Ranch Hand veterans—		
	lymphopoietic cancers [†]		
	All Ranch Hand veterans		
	Incidence (SIR)	10	0.9 (0.4–1.5)
	Mortality (SMR)	6	1.0 (0.4–2.0)
	Veterans with tours between 1966–1970—	7	0.7 (0.3–1.4)
	incidence		
	White Air Force Comparison veterans—		
	lymphopoietic cancers †		
	All comparison veterans		
	Incidence (SIR)	Q	0.6(0.3-1.0)
	Mortality (SMR)	5	0.6(0.2-1.2)
	morunity (omity)	5	0.0 (0.2 1.2)
Reference	Study Population ^{<i>a,b</i>}	Exposed Cases ^c	Estimated Relative Risk (95% CI) ^c
-----------------------------	---	-------------------------------	--
	Veterans with tours between 1966–1970—		
	incidence	4	0.3 (0.1–0.8)
Studies Reviewed in Up	pdate 2000		
AFHS, 2000	Air Force Ranch Hand veterans	2	0.7 (0.1–5.0)
AIHW, 1999	Australian Vietnam veterans	27	26 expected (16-36)
CDVA, 1998a	Australian Vietnam veterans-men	64^{d}	26 expected (16-36)
CDVA, 1998b	Australian Vietnam veterans—women	1^{d}	0 expected (0-4)
Studies Reviewed in Up	pdate 1998		
Dalager and Kang, 1997	Army Chemical Corps veterans		1.0 (0.1–3.8)
CDVA, 1997a	Australian military Vietnam veterans	33	1.3 (0.8–1.7)
Studies Reviewed in VA	40		
Visintainer et al., 1995	Michigan Vietnam veterans	30	1.0 (0.7–1.5)
OCCUPATIONAL New Studies			
Hansen et al., 2007	Danish gardeners—incidence		
,	(all hematopoietic, ICD-7 200–205)		
	10-yr follow-up (1975–1984) reported in Hansen et		
	al. (1992)	15	1.4 (0.8–2.4)
	NHL (ICD-7 200, 202, 205)	6	1.7 (0.6–3.8)
	HD (ICD-7 201)	0	*
	Multiple Myeloma (ICD-7 203)	0	*
	CLL (ICD-7 204.0)	6	2.8 (1.0-6.0)
	Other leukemias (204.1–204.4)	3	1.4 (0.3–4.2)
	25-yr follow-up (1975–2001)	42	1.1 (0.8–1.4)
	Leukemia (ICD-7 204)	22	1.4 (0.9–2.1)
	Born before 1915 (high exposure)	16	1.4 (0.9–2.3)
	Leukemia (ICD-7 204)	12	2.3 (1.3-4.1)
	Born 1915–1934 (medium exposure)	25	1.2 (0.8–1.8)
	Leukemia (ICD-7 204)	9	1.0 (0.5-2.0)
	Born after 1934 (low exposure)	1	0.2 (0.0-1.0)
	Leukemia (ICD-7 204)	1	0.5 (0.0-3.4)
Studies Reviewed in Up	pdate 2006		
McLean et al., 2006	IARC cohort of pulp and paper workers		
	Exposure to nonvolatile organochlorine compounds		
	Never	49	1.0 (0.7–1.3)
	Ever	35	0.9 (0.6–1.2)
't Mannetje et al., 2005	Phenoxy herbicide producers (men and women)	0	0.0 (0.0-5.3)
	Phenoxy herbicide sprayers (>99% men)	1	1.2 (0.0-6.4)
	(myelogenous leukemia)		
Alavanja et al., 2005	US Agriculture Health Study—incidence		
	Private applicators (men and women)	70	0.9 (0.7–1.2)
	Spouses of private applicators (>99%women)	17	0.7 (0.4–1.2)
	Commercial applicators (men and women)	4	0.9 (0.3–2.4)
Blair et al., 2005a	US Agriculture Health Study		
	Private applicators (men and women)	27	0.8 (0.5–1.1)
	Spouses of private applicators (>99%women)	14	1.4 (0.8–2.4)
Mills et al., 2005	Cohort study of 139,000 United Farm Workers, with		
	nested case-control analyses restricted to Hispanic		
	workers in California		
	Ever used 2,4-D		
	Total leukemia	*	1.0 (0.4–2.6)

Reference	Study Population ^{<i>a,b</i>}	Exposed Cases ^c	Estimated Relative Risk (95% CI) ^c
	Lymphocytic leukemia	*	1.5 (0.3-6.6)
	Granulocytic (myelogenous) leukemia	*	1.3 (0.3–5.4)
Hertzman et al., 1997	British Columbia sawmill worker with chlorophenate		
	process (more hexa-, hepta-, & octaCDDs than		
	TCDD), all leukemias—incidence	47	1.2 (0.9–1.5)
	ALL	2	1.0 (0.2–3.1)
	CLL	24	1.7 (1.2–2.4)
	AML	5	0.8 (0.3–1.7)
	CML	7	1.1 (0.5–2.0)
	Other and unspecified	5	0.5 (0.2–1.0)
Torchio et al., 1994	Italian licensed pesticide users	27	0.8 (0.5–1.1)
Reif et al., 1989	Case-control study on all men with occupation		
	indicated entered into New Zealand Cancer Registry		
	1980–1984 (all leukemias)		
	Forestry workers	4	1.0 (0.4–2.6)
	AML	3	2.2 (*)
Studies Reviewed in Up	odate 2004		
Miligi et al., 2003	Case-control of residents of 11 areas in Italy-	-	
	incidence of leukemia excluding CLL		
	Exposure to phenoxy herbicides	6	2.1 (0.7-6.2)
Swaen et al., 2004	Dutch licensed herbicide applicators—mortality	3	1.3 (0.3–3.7)
Studies Reviewed in Up	odate 2002		
Burns et al., 2001	Dow 2,4-D production workers (Included in the IARC		
,	cohort and the NIOSH Dioxin Registry)		
	Lymphopoietic mortality in workers with high		
	2,4-D exposure	4	1.3 (0.4–3.3)
Thörn et al., 2000	Swedish lumberjacks exposed to phenoxyacetic	0	
,	herbicides		
Studies Reviewed in Up	odate 2000		
Steenland et al., 1999	US chemical production workers (Included in the		
,	IARC cohort and the NIOSH Dioxin Registry)	10	0.8(0.4-1.5)
Hooiveld et al., 1998	Dutch chemical production workers (Included in the		· · · ·
,	IARC cohort)	1	1.0 (0.0-5.7)
Rix et al., 1998	Danish paper mill workers—incidence		· · · ·
,	Men	20	0.8(0.5-1.2)
	Women	7	1.3(0.5-2.7)
Studies Reviewed in Un	odate 1998		()
Gambini et al., 1997	Italian rice growers	4	0.6(0.2-1.6)
Kogevinas et al., 1997	IARC cohort (men and women)		()
8	Workers exposed to any phenoxy herbicide or		
	chlorophenol	34	1.0(0.7-1.4)
	Workers exposed to TCDD (or higher-chlorinated	-	
	dioxins)	16	0.7(0.4-1.2)
	Workers not exposed to TCDD (or higher-		(((((((((((((((((((((((((((((((((((((((
	chlorinated dioxins)	17	1.4(0.8-2.3)
Becher et al., 1996	German chemical production workers (Included in the		
2001101 01 011, 1990	IARC cohort)—Cohort I	4	18(05-47)
Ramlow et al., 1996	Dow pentachlorophenol production workers (Included		
	in the IARC cohort and the NIOSH Dioxin Registry)		
	0-vear latency	2	1.0(0.1-36)
	15-vear latency	- 1	
Waterhouse et al 1996	Residents of Tecumseh Michigan—incidence	T	
	All leukemias		

Reference	Study Population ^{<i>a,b</i>}	Exposed	Estimated Relative
		Cases ^c	Risk $(95\% \text{ CI})^c$
	Men	42	1.4 (1.0–1.9)
	Women	32	1.2 (0.9–1.8)
	CLL	10	1.4 (1.0–1.9)
Amadori et al., 1995	Italian farming and animal-breeding workers—CLL	15	2.3 (0.9–5.8)
	Farmers	5	1.6 (0.5–5.2)
	Breeders	10	3.1 (1.1–8.3)
Studies Reviewed in U	pdate 1996		
Asp et al., 1994	Finnish herbicide applicators		
	Mortality	2	(*)
	Lymphatic	l	0.9 (0.0-5.1)
	Myelogenous	1	0.7 (0.0-3.7)
	Incluence	2	10(0220)
G	Lympnatic	3	1.0(0.2-3.0)
Semenciw et al., 1994	Farmers in Canadian prairie provinces	357	0.9(0.8-1.0)
	Lympnauc Muele zer eus	132	0.9(0.8-1.1)
Plair at al 1002	Myelogenous	127	0.8 (0.7-0.9)
Diali et al., 1995	US faithers in 25 states	1.072	12(1214)
	White women	1,072	1.5(1.2-1.4) 1.5(0.0, 2.2)
Kogwings at al 1003	IAPC cohort (women only myelogenous leukemia)	24	1.3(0.9-2.2) 2.0(0.2, 7.1)
Studies Reviewed in V	ACC conort (women only, myelogenous leukenna)	1	2.0 (0.2-7.1)
Rueno de Mesavita et a	1 Dutch phenoxy herbicide workers (Included in the		
1993	IARC cohort)		
1775	Leukemia and aleukemia (ICD-9 204–207)	2	2 2 (0 3-7 9)
	Myelogenous leukemia (ICD-8 205)	2	4.2(0.5-15.1)
Hansen et al., 1992	Danish gardeners—incidence		
,	All gardeners—CLL	6	2.5 (0.9-5.5)
	all other types of leukemia	3	1.2 (0.3–3.6)
	Men—CLL	6	2.8 (1.0-6.0)
	all other types of leukemia	3	1.4 (0.3–4.2)
Ronco et al., 1992	Danish workers—incidence		
	Men—self-employed	145	0.9 (*)
	employee	33	1.0 (*)
	Women—self-employed	8	2.2 (p < 0.05)
	employee	3	1.3 (*)
	family worker	27	0.9 (*)
Fingerhut et al., 1991	NIOSH—entire cohort	6	0.7 (0.2–1.5)
Saracci et al., 1991	IARC cohort—exposed subcohort (men and women)	. 18	1.2 (0.7–1.9)
Brown et al., 1990	Case–control on white men in Iowa and Minnesota, al	1	
	types of leukemia—incidence	578	12(10,15)
	Ever farmed	335	1.2(1.0-1.5)
	AML	81	1.2(0.8-1.8)
		27	1.1(0.6-2.0) 1.4(1.1,1.0)
		130	1.4(1.1-1.9)
	ALL Mueloduanlasias	22	0.9(0.5-2.5)
	Any herbicide use	52 157	1.2(0.0, 1.6)
		30	1.2(0.9-1.0) 1.3(0.8-2.0)
	CML	16	1.3(0.0-2.0) 1.3(0.7-2.6)
	CLL	74	1.3(0.72.0) 1 4 (1 0–2 0)
	ALL	, - 2	0.5(0.1-2.0)
	Myelodysplasias	10	0.7(0.1-2.2)
	Phenoxy acid use	120	1.2 (0.9–1.6)

Reference	Study Population ^{<i>a,b</i>}	Exposed	Estimated Relative Risk $(95\% \text{ CD}^{\circ})$
	2 4-D use	98	1 2 (0 9–1 6)
	2,45-T use	22	1.2(0.5-1.0) 1 3 (0 7–2 2)
	First use >20 years prior	11	1.8(0.8-4.0)
	MCPA	11	1.9(0.8-4.3)
	First use >20 years prior	5	24(0.7-82)
Wigle et al 1990	Canadian farmers	138	0.9(0.7-1.0)
Zober et al 1990	BASE employees at plant with 1953 explosion	100	0.9 (0.7 1.0)
200 01 00 u , 1990	All 3 cohorts ($n = 247$)	1	17*
	Cohort 3	1	5.2(0.4-63.1)
	Incident case of AML in Cohort 1	1	5.2 (0.1 05.1)
Alavania et al 1988	USDA agricultural extension agents	23	19(10-35)
r navanja ot an, 1900	Lymphatic	*	21(0.7-6.4)
	Trend over years worked		(n < 0.01)
	Myelogenous	*	(p < 0.01) 2 8 (1 1_7 2)
	Trend over years worked		(n < 0.01)
Pond at al 1000	Dow 2.4 D production workers (Included in the IAPC	1	(p < 0.01)
<i>Donu el ul., 1900</i>	blow 2,4-D production workers (included in the IARC	, ,	$26(04122)^{e}$
Dlain and White 1005	1.094 laularria daetha in Nahrasha 1057, 1074	Z	5.0 (0.4–15.2)
Blair and white, 1985	1,084 leukemia deaths in Neoraska 1957–1974		1.2 (m < 0.05)
	Farmer–usual occupation on death certificate	ale	1.3 (p < 0.05)
	99 ALLS	*	1.3 (*)
	248 CLLs	*	1.7 (p < 0.05)
	105 unspecified lymphatics	*	0.9 (*)
	235 AMLs	*	1.2 (*)
	96 CMLs	*	1.1 (*)
	39 unspecified myelogenous	*	1.0 (*)
	39 acute monocytics	*	1.9 (*)
	52 acute unspecified leukemias	*	2.4 (*)
	65 unspecified leukemias	*	1.2 (*)
Burmeister et al., 1982	1,675 leukemia deaths in Iowa 1968–1978		
	Farmer -usual occupation on death certificate		1.2 (p < 0.05)
	ALL	28	0.7 (0.4–1.2)
	CLL	132	1.7 (1.2–2.4)
	Lived in one of 33 counties with highest herbicide use	*	1.9 (1.2–3.1)
	Unspecified lymphatic	64	1.7 (1.0-2.7)
	AML	86	1.0(0.8-1.5)
	CML	46	1.0(0.7-1.7)
	Unspecified myelogenous	36	0.8(0.5-1.4)
	Acute monocytic	10	11(04-26)
	Unspecified leukemia	31	1.1 (0.6–2.0)
ENVIRONMENTAL			
New Studies			
Consonni et al., 2008	Seveso residents—25-year follow-up—men and women		
	Leukemia (ICD-9 204–208)		
	$\frac{100}{7000} = \frac{100}{200}$	1	0.9(0.1-6.3)
	Zone R	12	17(10-30)
	Zone B	51	1.7(1.0-3.0) 1.0(0.7-1.3)
	Lymphatic leukemia (ICD-0 204)	J 1	1.0 (0.7–1.3)
	7 one A	Ο	*
	Zone B	2	$13(04_41)$
	Zone B	22	1.3(0.7-7.1) 1/(0.0-2.2)
	LUIE N	25	1.4 (0.9-2.2)

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Reference	Study Population ^{<i>a,b</i>}	Exposed Cases ^c	Estimated Relative Risk (95% CI) ^c
	Myeloid leukemia (ICD-9 205)	·	· · · · · · · · · · · · · · · · · · ·
	Zone A	1	2.1 (0.3–15.2)
	Zone B	6	2.0 (0.9-4.5)
	Zone R	16	0.7(0.4-1.2)
	Monoccytic leukemia (ICD-9 206)	0	*
	Leukemia unspecified (ICD-9 208)	0	
	Zone A	0	*
	Zone R	4	24(0.9-6.5)
	Zone B	10	2.4(0.9, 0.5) 0.8(0.4-1.6)
Studios Doviowod in 1	Undata 2002	10	0.8 (0.4–1.0)
Povieh et al. 2001	Partice 2002 Desidents of Changewelk Bussie		
Revien et al., 2001	Mortality standardized to Samara Dagian		
	Mortanty standardized to Samara Region	1.1	1 = (0, 0, 0, 7, 7)
	Men	11	1.5(0.8-2.7)
	Women	15	1.5 (0.8–2.4)
Studies Reviewed in <i>l</i>	Update 2000		
Bertazzi et al., 2001	Seveso residents—20-year follow-up		
	Zones A, B—men	9	2.1 (1.1–4.1)
	women	3	1.0 (0.3–3.0)
Bertazzi et al., 1998	Seveso residents—15-year follow-up		
	Zone B—men	7	3.1 (1.4-6.7)
	women	1	0.6(0.1-4.0)
	Zone R—males	12	0.8(0.4-1.5)
	women	12	0.9(0.5-1.6)
Studies Reviewed in <i>I</i>	Indate 1998	12	0.9 (0.8 1.0)
Bertazzi et al 1997	Seveso residents—15-year follow-up		
Dertuzzi et ui., 1997	Zone B	7	31(13-64)
		1	0.6(0.0, 2.1)
	Zana P. man	1	0.0(0.0-3.1)
	Zone R—men	12	0.8(0.4-1.4)
	women	12	0.9 (0.4–1.5)
Studies Reviewed in l	Jpdate 1996		
Swensson et al., 1995	Swedish fishermen		
	All leukemias—mortality		
	East coast (higher serum TEQs)	5	1.4 (0.5–3.2)
	West coast (lower serum TEQs)	24	1.0 (0.6–1.5)
	Lymphocytic—incidence		
	East coast (higher serum TEQs)	4	1.2 (0.3–3.3)
	West coast (lower serum TEQs)	16	1.3 (0.8–2.2)
	Myelogenous—incidence		
	East coast (higher serum TEQs)	2	0.9 (0.1-3.1)
	West coast (lower serum TEOs)	6	0.5(0.2-1.1)
Bertazzi et al., 1993	Seveso residents—10-year follow-up—incidence		
20. Willing 1770	Zone B—men	2	16(04-65)
	Myelogenous leukemia (ICD-9.205)	1	20(0.3-14.6)
	women	2	2.0(0.5-14.0) 1.8(0.4, 7, 3)
	Muelogenous laukomia (ICD 0 205)	2	1.0(0.4-7.5)
	Zono D mon	2	5.7(0.9-15.7)
	Lone K—men	8	0.9(0.4-1.9)
	Myelogenous leukemia (ICD-9 205)	5	1.4(0.5-3.8)
	women	3	0.4(0.1-1.2)
	Myelogenous leukemia (ICD-9 205)	2	0.5 (0.1–2.1)
Ctuding Dents 11	240		
Studies Reviewed in J	Course maidente 10 mar 6-11 mar		
Bertazzi et al., 1992	Seveso residents—10-year follow-up	4	21(07(0))
	Lones A, B, K-men	4	2.1 (0.7-6.9)
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Reference	Study Population ^{<i>a,b</i>}	Exposed Cases ^c	Estimated Relative Risk (95% CI) ^c
	women	1	2.5 (0.2–27.0)

^{*a*} Table shows mortality unless otherwise noted.

^b Cohorts are male unless otherwise noted.

^{*c*} Given when available.

^d Self-reported medical history. Answer to question: "Since your first day of service in Vietnam, have you been told by a doctor that you have leukemia?"

 $e^{p} < 0.01$.

* Information not provided by study authors.

—When information was denoted by a dash in the original study.

[†] Lymphopoietic cancers comprise all of the forms of lymphoma (including Hodgkin's Disease and non-Hodgkin's lymphoma) and leukemia (ALL, AML, CLL, CML).

Studies in "italics" have been superseded by newer studies of the same cohorts.

ABBREVIATIONS: 2,4,5-T, 2,4,5-trichlorophenoxyacetic acid, 2,4-D, 2,4-dichlorophenoxyacetic acid; ADVA, Australian Department of Veterans Affairs; AFHS, Air Force Health Study; AIHW, Australian Institute of Health and Welfare; CDVA, Commonwealth Department of Veterans' Affairs; CI, confidence interval; CLL, Chronic lymphocytic leukemia; IARC, International Agency for Research on Cancer; USDA, US Department of Agriculture.

Update of the Epidemiologic Literature

Vietnam-Veteran Studies

Cypel and Kang (2008) compiled and analyzed the data of two cohorts of women veterans who either served in Vietnam ("Vietnam veteran" cohort, n = 4,586) or served elsewhere during the Vietnam War ("era veteran" cohort, n = 5,325). All cause and cause-specific mortality were compared between Vietnam and "era veteran" cohorts, to the US population, and to earlier research. Similar analyses were performed for nurses only. Although no separate analysis examined leukemia specifically, eighteen deaths attributed to lymphopoietic cancer were observed in the Vietnam veterans (crude rate per 10,000 = 1.22) compared to 29 deaths in the "era veteran" cohort, giving an adjusted RR of 0.68 (95% CI 0.37–1.25). No excess risk was observed in the nurses-only analysis (RR = 0.65, 95% CI 0.32–1.30).

Occupational Studies

Hansen et al. (2007) conducted a historical cohort study of 3,156 male gardeners who were members of a Danish union (the study was first reported in *VAO* as Hansen et al., 1992). Subjects were then followed-up using population and cancer registries and the incidence of cancer was ascertained from 1975 until the end of 2001. Birth date served as a surrogate for potential exposure to pesticides and herbicides, with earlier cohorts representing higher potential exposures. After the 25-year follow-up, no associations were found with all lymphatic and hematopoietic tumors (ICD 7 200–205) (SIR = 1.1), but a positive association was observed for all leukemias (SIR = 1.4, 95%CI 0.9–2.1), especially in the presumptive "high" exposure subcohort (SIR = 2.3, 95%CI 1.3–4.1).

Environmental Studies

Consonni et al. (2008) conducted a follow-up of the population of the accident that occurred in Seveso in 1976. The follow-up was extended until 2001 and an association was found in Zone B with mortality from all leukemias combined (RR = 1.7, 95%CI 1.0–3.0), myeloid leukemia (RR = 2.0, 95%CI 0.9–4.5), and unspecific leukemias (RR = 2.4, 95%CI 0.9–6.5). In addition, an association in Zone R was found for mortality from lymphatic leukemia (RR = 1.4, 95%CI 0.9–2.2).

For leukemia, the results presented in Miligi et al. (2006) on the Italian case–control study of hematolymphopoietic malignancies were not as informative for the purposed of the VAO series as those in Miligi et al. (2003), as considered in *Update 2004*. The new publication reported estimated risk for men and women with all types of leukemia (ICD-9 204–208) who were exposed to any herbicide (OR = 1.4, 95% CI 0.8–2.3), whereas Miligi et al. (2003) gave findings for exposure to phenoxy herbicides specifically for leukemias excluding CLL (OR = 2.1, 95% CI 0.7–6.2).

Biologic Plausibility

Leukemia is a relatively rare spontaneous tumor in mice, but it occurs at higher frequency in certain strains of rats. A small study reported that 5/10 male rats fed TCDD at a dose of 1 ng/kg/week for 78 weeks showed an increased incidence of various cancers, one of which was a lymphocytic leukemia (Van Miller et al., 1977). Subsequent studies of TCDD's carcinogenicity have not shown an increased incidence of lymphocytic leukemia in mice or rats.

Two recent studies using cells in tissue culture suggest that TCDD exposure does not promote leukemia. Proliferation of cultured human bone marrow stem cells (the source of leukemic cells) was not influenced by addition of TCDD to the culture medium (van Grevenynghe et al., 2006). Likewise, Mulero-Navarro et al. (2006) reported that the AHR promoter is silenced in ALL—an effect that could lead to reduced expression of the receptor that binds TCDD and mediates its toxicity. No reports of animal studies have noted an increased incidence of leukemia after exposure to the phenoxy herbicides or other compounds of interest.

The biologic plausibility of the chemicals of interest being carcinogenic is discussed in general at the beginning of this chapter.

Synthesis

The positive associations found in the most recent analyses from the Seveso accident (Consonni et al., 2008) suggest an association with all types of leukemia combined. For lymphatic and myeloid leukemias, the committee is concerned with misclassification of causes of death from the few individuals whose underlying cause of death was attributed to lymphatic leukemia (3 in Zone B), myeloid leukemia (6 in Zone B), and unspecified types of leukemia (4 in Zone B). The findings from the study of Danish Gardeners (Hansen et al., 2007) were consistent with a previous report (Hansen et al., 1992). The committee does not believe that the negative findings from Kang and Cypel are robust.

Conclusion

On the basis of its evaluation of the evidence reviewed here and in previous VAO reports, the committee concludes that there is inadequate or insufficient evidence to determine whether there is an association between exposure to the compounds of interest and leukemias in general. An exception is made for the specific leukemia subtypes of chronic, B-cell hematoproliferative diseases, including but not limited to CLL and hairy-cell leukemia; the rationale for this exception is discussed in the following section.

Chronic Lymphocytic Leukemia

In the proposed World Health Organization classification of non-Hodgkin's lymphoid neoplasms, ICD-9 204.1 encompasses CLL and its lymphomatous form, small lymphocytic lymphoma, which are both derived from mature B-cell neoplasms (Chiorazzi et al., 2005; IARC, 2001). (The committee has opted to continue using the abbreviation "CLL" to refer to this condition, although some now favor CLL/SLL.) The ACS estimated that about 8,750 men and 6,360 women would receive diagnoses of CLL in the United States in 2008 and that 2,600 men and 1,790 women would die from it (Jemal et al., 2008a). Nearly all cases occur after the age of 50 years. For average annual incidence, see Table 6-48.

The requirements for diagnosis of CLL include an absolute peripheral-blood count of more than 5×10^9 clonal lymphocytes per liter, a predominant population of mature-looking lymphocytes, and hypercellular or normal cellular bone marrow that contains more than 30% lymphocytes. The malignant cells in CLL exhibit a characteristic membrane phenotype with coexpression of pan-B-cell antigens—including CD19, CD20, and CD23—with CD5. However, the cell surface membranes express only weak surface-membrane immunoglobulin (Hallek et al., 2008).

Although it is now regarded as a different manifestation of the same disease, diffuse small lymphocytic lymphoma (SLL) is the term that has been used for the condition of patients who have lymphomatous CLL. Patients seek medical attention for painless generalized lymphadenopathy that in many cases has lasted for several years. Unlike the situation in other CLLs, the peripheral blood may be normal or reveal only mild lymphocytosis (less than 5×10^9 clonal lymphocytes per liter). However, the bone marrow has abnormal cells in 75–95% of cases. Both small lymphocytic lymphoma and CLL can transform into aggressive NHL, known as Richter's syndrome (Omati and Omati, 2008). Richter's syndrome is characterized by diffuse large-cell lymphoma or its immunoblastic variant. It is resistant to current therapies, and the median survival is about 6 months.

For this update, VA specifically asked that the committee address whether **hairy-cell leukemia** (HCL) should be considered to fall into the group of neoplasms with evidence supporting an association with herbicide exposure. As noted in *Update 2004* and *Update 2006*, hairy-cell leukemia has been classified as a rare form of CLL (AJCC, 2002). The committee's response to VA's request is based upon considerations of the biology of HCL rather than its diagnosis, because it is a far too uncommon condition to be reported and analyzed individually in

the cohort studies considered in this VAO series and it has not been the subject of case-control investigations considering exposures to the chemicals of interest.

HCL is a chronic B-cell lymphoproliferative disorder characterized by pancytopenia, splenomegaly, and the absence of lymphadenopathy. A leukemic blood profile is rare, occurring in about 8 to 10% of all cases. HCL is unique among the low-grade lymphomas not only because of its peculiar biological properties, but also because treatment responses differ basically from all the other non-Hodgkins lymphomas (König et al., 2000). The B-cell-derived tumor cells in the blood show many projections on their surface, hence the reference to "hairy;" the significance of the projections is not known.

There are no studies that have specifically described HCL in animals exposed to the compounds of interest. Thus, in addition to there being no epidemiologic results on HCL and the compounds of interest, no animal data support the biological plausibility of an association between the compounds of interest and this rare cancer. The committee sees no reason to exclude HCL or any other chronic hematoproliferative diseases of B-cell origin lacking its own specific epidemiologic evidence from the overaching broader groupings for which positive epidemiologic evidence is available. Because this cancer is related to CLL, the committee explicitly includes HCL in the discussion and conclusions about CLL that follows.

Conclusions from VAO and Updates

Update 2002 was the first to discuss CLL separately from other leukemias. The epidemiologic studies indicated that farming, especially with exposure to 2,4-D and 2,4,5-T, is associated with significant mortality from CLL. Many more studies support the hypothesis that herbicide exposure can contribute to NHL risk. Most cases of CLL and NHL reflect malignant transformation of B-lymphocyte germinal center B cells, so these diseases could have a common etiology. Studies reviewed in *Update 2002, Update 2004, Update 2006,* and in the present report, are summarized in Table 6-48.

Reference	Study Population ^{<i>a,b</i>}	Exposed Cases ^c	Estimated Relative Risk (95% CI) ^c
VIETNAM VETERAN	NS		
Studies Reviewed in Up	pdate 2006		
ADVA, 2005a	Australian Vietnam veterans vs Australian		
	population—incidence		
	All branches	58	1.20 (0.7–1.7)
	Navy	12	1.51 (0.8–2.6
	Army	42	1.68 (1.2–2.2)
	Air Force	4	0.87 (0.2–2.2)
OCCUPATIONAL			
New Studies			
Richardson et al., 2008	German residents, occupational factors associated with CLL—incidence		
	Chlorophenols	44	0.9 (0.6–1.3)
	Lowest tertile cumulative exposure	12	0.9(0.4-1.8)
	Middle tertile	15	0.9 (0.5–1.8)
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 TABLE 6-48
 Selected Epidemiologic Studies—Chronic Lymphocytic Leukemia

Reference	Study Population ^{<i>a,b</i>}	Exposed Cases ^c	Estimated Relative Risk (95% CI) ^c
	Highest tertile	17	0.9 (0.5–1.6)
		-	p for linear trend = 0.770
	Herbicides	43	1.2 (0.8–1.7)
	Lowest tertile cumulative exposure	13	1.3 (0.7–2.7)
	Middle tertile	15	1.3 (0.7–2.5)
	Highest tertile	15	1.0 (0.5–1.9)
			p for linear trend = 0.755
Studies Reviewed in Up	date 2006		
Hertzman et al., 1997	British Columbia sawmill worker with chlorophenate		
	process (more hexa-, hepta-, & octaCDDs than	47	12(0015)
	ICDD), all leukemias—incidence	47	1.2 (0.9–1.5)
	ALL	2	1.0 (0.2–3.1)
	CLL	24	1.7 (1.2–2.4)
	AML	5	0.8 (0.3–1.7)
	CML	7	1.1(0.5-2.0)
	Other and unspecified	5	0.5 (0.2–1.0)
Studies Reviewed in Up	date 1998		
Waterhouse et al., 1996	Residents of Tecumsen, Michigan—incidence (men	10	10(0022)
American 1 1005	and women)	10	1.8(0.8-3.2)
Amadori et al., 1995	Formation a superland and women)	15	2.3(0.9-5.8)
	Presiding workers only	5 10	1.0(0.3-5.2)
Studios Doviowed in 1/4	Breeding workers only	10	3.1 (1.1-8.3)
Hansen et al. 1002	Danish gardeners (men and women)		
Hallsell et al., 1992	All gardeners	6	25(0055)
	All galdeners	0	2.3(0.9-3.3)
Proven at al. 1000	Providents of Lowe and Minnesote	0	2.8 (1.0-0.0)
DIOWII et al., 1990	Ever formed	156	1 4 (1 1 1 0)
	Any herbigide use	130	1.4(1.1-1.9)
	Ever used 2.4.5 T	10	1.4(1.0-2.0) 1.6(0.7, 3.4)
	Live at least 20 years prior to interview	10	1.0(0.7-3.4) 2.2(1.2, 2.7)
Blair and White 1985	1.084 leukemia deaths in Nebraska 1957–1974	1	5.5 (1.2-6.7)
Dian and Winte, 1985	Farmer usual occupation on death certificate	*	1.3 (n < 0.05)
	248 CLLs	*	1.5 (p < 0.05) 1.7 (n < 0.05)
Burmeister et al 1982	1 675 leukemia deaths in Iowa 1968–1978		1.7(p < 0.05)
Burnerster et un., 1962	Farmer -usual occupation on death certificate		1.2 (n < 0.05)
	CLL	132	1.2 (p < 0.03) 1.7 (1.2-2.4)
	Lived in 33 counties with highest	*	1.9(1.2-3.1)
	herbicide use		1.9 (1.2 5.1)
ENVIRONMENTAL			
New Studies			
Consonni et al., 2008	Seveso residents—25-year follow-up—men and women		
	Lymphatic leukemia (ICD-9 204)		
	Zone A	0	*
	Zone B	3	1.3 (0.4–4.1)
	Zone R	23	1.4 (0.9–2.2)
Read et al., 2007	Residents of New Plymouth Territorial Authority, NZ		
	near plant manufacturing 2,4,5-T (1962–1987)		
	Incidence	104	$1.3(1.1-1.6)^{a}$
	1970–1974	16	2.5(1.4-4.1)
	19/5-19/9	7	0.9 (0.4–1.8)

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Reference	Study Population ^{<i>a,b</i>}	Exposed	Estimated Relative
		Cases ^c	Risk (95% CI) ^c
	1980–1984	21	2.6 (1.6-3.9)
	1985–1989	16	1.4 (0.8–2.3)
	1990–1994	13	0.9 (0.5-1.6)
	1995–1999	19	0.9 (0.5–1.4)
	2000-2001	12	1.1 (0.6–1.9)
	Mortality	40	$1.3(0.9-1.8)^d$
	1970–1974	7	1.7 (0.73.5)
	1975–1979	7	1.8 (0.7–3.6)
	1980–1984	6	1.4 (0.5-3.0)
1985–1989		4	0.8 (0.2-2.2
	1990–1994	6	1.1 (0.4–2.5)
	1995–1999	8	1.3 (0.6–2.6)
	2000-2001	2	0.8 (0.1-2.8)
Studies Reviewed in Update 2000			· · · ·
Bertazzi et al., 2001	Seveso residents—20-year follow-up		
,	Lymphatic leukemia		
	Zones A, B-men	2	1.6 (0.4–6.8)
	women	0	

NOTE: USDA = United States Department of Agriculture.

^a Table shows mortality unless otherwise noted.

^b Cohorts are male unless otherwise noted.

^{*c*} Given when available.

^d The total SMR/SIR were computed by dividing the sum of observed values by the sum of the expected values over all years and 95% confidence intervals on these total ratios were computed by exact methods

— When information was denoted by a dash in the original study.

ABBREVIATION: ADVA, Australian Department of Veterans Affairs

Update of the Epidemiologic Literature

Vietnam-Veteran Studies

No new Vietnam-veteran studies addressing CLL and exposure to the chemicals of interest had been published since *Update 2006*.

Occupational Studies

Richardson et al. (2008) conducted population-based case–control study of incident NHL and CLL among men and women, age 15–75 years, living in six German counties between 1986 and 1998. Control subjects were selected randomly from German population registries and were matched individually to cases by sex, age, and region, with two controls per case being recruited. The job-exposure matrix developed by Pannett and co-workers in the mid-1990s was used to assign exposures to chemicals that subjects were presumably exposed to occupationally. Based on an analysis whereby cumulative exposure (the sum across jobs of the product of the number of hours exposed, intensity, and probability of exposure) was categorized into three levels, there was no evidence that risks from CLL increased with increasing cumulative exposures (all ORs < 1; p for linear trend = 0.77). The committee notes that this metric of cumulative exposure is

difficult to interpret, as it combines duration of exposure (continuous) with rank ordered scales for intensity and probability; for example, intensity coded as 2 and probability coded as 1 yields the same product as intensity coded as 1 and probability coded as 2. Moreover, simple categorization of exposure can obscure true trends in the data that can be seen using other techniques which make use the continuous nature of the data (e.g., natural cubic spline functions).

Environmental Studies

Consonni et al. (2008) reported on a mortality follow-up for the Seveso, Italy cohort exposed to large amounts of environmental contamination with TCDD. The study cohort of 273,108 subjects resident at the time of the accident or immigrating/born in the 10 years thereafter were analyzed according to three zones with increasing levels of TCDD soil samples. Mortality from leukemia was reported according to type of leukemia - lymphatic, myelocytic, and not reported, with no indication of acute or chronic subtypes. No deaths from lymphocytic leukemia were found in Zone A (the most highly exposed area). Zone B had no association with lymphocytic leukemia mortality (RR = 1.3, 95%CI 0.4–4.1); however, an association was found in Zone R (RR = 1.4, 95%CI 0.9–2.2), the area with the lowest exposure. Although CLL is considerably less aggressive, it is considerable more prevalent than ALL, so it is not possible to infer that these statistics on mortality refer primarily to either of these two leukemia types.

Read et al. (2007) conducted a follow-up of residents living in the in the coastal community of Paritutu, New Plymouth, near the Ivon Watkins-Dow Limited plant in which the herbicide 2,4,5-trichlorophenoxyacetic acid (2,4,5-T) was manufactured. It was reported that the body burden of TCDD was comparable to residents living in Zone B of the Seveso area. Incidence and mortality was ascertained for the period 1970–2001 and associations with incidence (SIR = 1.3, 95%CI 1.1–1.6) and mortality (SMR = 1.3, 95%CI 0.9–1.8) were found.

Biologic Plausibility

No animal studies have reported on the occurrence of CLL specifically following exposure to the chemicals of interest, but the information report above in the biologic plausibility section for all types of leukemias is relevant here as well. Given the similarities between CLL and B-cell lymphomas, a similar argument for biologic plausibility can be made for them. An increased incidence of lymphoma was reported in female B6C3F mice exposed to TCDD at 1 μ g/kg of body weight via gavage twice a week for 2 years (NTP, 1982a). The finding was confirmed and extended in recent NTP studies in which a dose-related increase in the incidence of lymphoma was observed in female mice given TCDD orally at 0.04, 0.2, or 2.0 μ g/kg twice a week for 104 weeks. Laboratory animal studies of 2,4-D found no induction of lymphomas.

The biologic plausibility of the carcinogenicity of TCDD in general is summarized at the beginning of this chapter.

Synthesis

The study by Read et al. (2007) suggested an association for CLL among residents living near a plant in which the 2,4,5-T was manufactured (RR = 1.3). On the other hand, no excess risks were found for lymphatic leukemia in the two zones closest to the epicenter of the Seveso accident nor for CLL in the German case-control study (Richardson et al., 2008).

Although considerably more studies support the hypothesis that herbicide exposure can contribute to the development of NHL, some high quality studies show that exposure to 2,4-D and 2,4,5-T appears to be associated with the occurrence of CLL also, including: 1) the incidence study among Australian veterans (ADVA, 2005a); 2) the high quality case–control study by Hertzman et al. (1997) among British Columbia sawmill workers exposed to chlorophenates; 3) the Danish gardener study (Hansen et al., 1992); and 4) the population-based case-control study in two US states by Brown et al. (1990) that showed increased risks for any herbicide usage and for use of 2,4,5-T at least 20 years prior to interview. Other studies that showed positive associations but do not contribute greatly to the overall conclusion include: 1) the population-based case–control study by Amadori et al. (1995) that made use of occupational titles but did not include specific assessments of exposure to the compounds; 2) the cancer incidence study in Tecumseh county, Michigan, for which no exposure assessments were available (Waterhouse et al., 1996): and proportionate mortality studies by 3) Blair and White (1985) and 4) Burmeister et al. (1982).

Malignant transformation of B-lymphocyte germinal center B is apparent in most cases of CLL and NHL, so it is plausible that these diseases could have a common etiology.

Conclusion

On the basis of its evaluation of the evidence reviewed here and in previous VAO reports, the committee concludes that there is sufficient evidence of an association between exposure to the compounds of interest and CLL, including HCL and all other chronic B-cell hematoproliferative diseases.

SUMMARY

Conclusions

The committee had four categories available to classify the strength of the evidence from the veteran, occupational, environmental studies reviewed regarding an association between exposure to the compounds of interest and each of the kinds of cancer studied. In categorizing diseases according to the strength of the evidence, the committee applied the same criteria (discussed in Chapter 2) that were used in *VAO*, *Update 1996*, *Update 1998*, *Update 2000*, *Update 2002*, *Update 2004*, and *Update 2006*. To be consistent with the charge to the committee by the Secretary of Veterans Affairs in Public Law 102-4 and with accepted standards for scientific reviews, the committee distinguished among the four conclusions on the basis of statistical association, not causality.

Health Outcomes with Sufficient Evidence of an Association

For outcomes in this category, a positive association with at least one of the compounds of interest must be observed in studies in which chance, bias, and confounding can be ruled out with reasonable confidence. The committee regarded evidence from several small studies that were free of bias and confounding and that showed an association that was consistent in magnitude and direction as sufficient evidence of an association.

Previous VAO committees found sufficient evidence of an association between exposure to at least one of the compounds of interest and four kinds of cancer: soft-tissue sarcoma, non-Hodgkin's lymphoma, Hodgkin's disease, and chronic lymphocytic leukemia. The scientific literature continues to support the classification of those four cancers in the category of sufficient evidence. The current committee agreed with the findings of previous VAO committees, but broadened the categorization of chronic lymphocytic leukemia to include hairy-cell leukemia and other chronic B-cell leukemias.

Health Outcomes with Limited or Suggestive Evidence of an Association

For outcomes in this category, the evidence must suggest an association with at least one of the compounds of interest that could be limited because chance, bias, or confounding could not be ruled out with confidence. A high-quality study may have demonstrated a strong positive association amid a field of less convincing positive findings, or, more often, several studies yielded positive results, but the results of other studies were inconsistent.

Previous VAO committees found limited or suggestive evidence of an association between exposure to at least one of the compounds of interest and laryngeal cancer; cancer of the lung, bronchus, or trachea; prostatic cancer; multiple myeloma, and AL amyloidosis. The literature continues to support the classification of those diseases in the category of limited or suggestive evidence.

Health Outcomes with Inadequate or Insufficient Evidence to Determine Whether There Is an Association

This is the default category for any disease outcome for which there is no information upon which to base a discussion. For many of the kinds of cancer reviewed by the committee, some scientific data were available, but they were inadequate or insufficient in terms of quality, consistency, or statistical power to support a conclusion of the presence or absence of an association. Some studies fail to control for confounding or to provide adequate exposure assessment. In addition to any specific kinds of cancer that have not been directly addressed in the present report, this category includes hepatobiliary cancer (cancer of the liver, gallbladder, and bile ducts); cancer of the oral cavity, pharynx, and nose; cancers of the pleura, mediastinum, and other unspecified sites within the respiratory system and intrathoracic organs; cancers of the colon, rectum, esophagus, stomach, and pancreas; bone and joint cancer, melanoma and non-melanoma skin cancer (including basal-cell carcinoma and squamous-cell carcinoma); breast cancer; cancer of the male and female reproductive systems (excluding prostate cancer); urinary bladder cancer; renal cancer (cancer of the kidney and renal pelvis); cancer of the brain and nervous system

(including eye); and the various forms of leukemia other than chronic B-cell leukemias, including CLL and hairy-cell leukemia.

Health Outcomes with Limited or Suggestive Evidence of No Association

For outcomes in this category, several adequate studies covering the full known range of human exposure are consistent in *not* showing a positive association with exposure to one of the compounds of interest. The studies have relatively narrow confidence intervals. A conclusion of "*no* association" is inevitably limited to the conditions, magnitude of exposure, and length of observation of the available studies. The possibility of a very small increase in risk associated with a given exposure can never be excluded. Inclusion in this category does, however, presume evidence of lack of association between each of the compounds of interest and a particular health outcome, but there has been virtually no cancer epidemiology specifically evaluating the consequences of exposure to picloram or cacodylic acid.

On the basis of evaluation of the scientific literature, there are no cancers which satisfy the criteria for inclusion in this category.

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7

REPRODUCTIVE EFFECTS AND IMPACTS ON FUTURE GENERATIONS

This chapter summarizes the scientific literature published since *Veterans and Agent Orange: Update 2006*, hereafter referred to as *Update 2006* (IOM, 2007), on the association between exposure to herbicides and adverse reproductive or developmental effects. (Analogous shortened names are used to refer to the updates for 1996, 1998, 2000, 2002, and 2004 [IOM, 1996, 1999, 2001, 2003, 2005].) The categories of association and the approach to categorizing the health outcomes are discussed in Chapters 1 and 2. The literature considered in this chapter includes studies of a broad spectrum of reproductive effects in Vietnam veterans or other populations occupationally or environmentally exposed to the herbicides sprayed in Vietnam or to 2,3,7,8-tetrachlorodibenzo-*p*-dioxin (TCDD). Because some polychlorinated biphenyls (PCBs) and polychlorodibenzo-*p*-furans (PCDFs) have dioxin-like biologic activity, studies of populations exposed to PCBs or PCDFs were reviewed if their results were presented in terms of toxicity equivalence quotients (TEQs).

As in previous updates, the adverse outcomes evaluated include impaired fertility (in which endometriosis or declines in sperm quality may be involved), increased fetal loss (spontaneous abortion and stillbirth) or neonatal and infant mortality, and other adverse birth outcomes (including low birth weight, preterm birth, and birth defects). In addition to the more delayed problem of childhood cancer in their offspring, this update also addresses the concern of Vietnam veterans that their military exposures may contribute to other problems that their children experience later in life or are manifested in later generations.

To reduce repetition throughout the report, Chapter 5 presented design information on new studies that report findings on multiple health outcomes. To provide context for publications that present new results on study populations that were addressed in publications reviewed in earlier updates, Chapter 5 also discussed the overall characteristics of those populations with details about design and analysis relevant to individual papers. For new studies that report only reproductive health outcomes and that are not revisiting previously studied populations, design information is summarized in this chapter with results.

This chapter's primary emphasis is on the potential adverse reproductive effects of herbicide exposure of men because the vast majority of Vietnam veterans are men. However, about 8,000 women served in Vietnam (H. Kang, US Department of Veterans Affairs, personal communication, December 14, 2000), so findings relevant to female reproductive health are also included. Whenever the information was available, an attempt was made to evaluate the effects of maternal and paternal exposure separately. Exposure scenarios in human populations and experimental animals studied differ in their applicability to our population of concern according to whether the exposed parent was a male or female veteran. In addition, for published epidemiologic or experimental results to be fully relevant to evaluation of the plausibility of

reproductive effects in Vietnam veterans, female as well as male, the timing of exposure needs to correspond to the veterans' experience (that is, occur only prior to conception). With the possible exception of female veterans who became pregnant while serving in Vietnam, pregnancies that might have been affected occurred after deployment, when primary exposure had ceased.

BIOLOGIC PLAUSIBILITY OF REPRODUCTIVE EFFECTS

This chapter opens with a general discussion of factors that influence the plausibility that TCDD and the four herbicides used in Vietnam could produce adverse reproductive effects. There have been very few reproductive studies of the four herbicides in question, particularly picloram and cacodylic acid, and those studies generally have shown toxicity only at very high doses, so the preponderance of the following discussion concerns TCDD.

Because dioxin is stored in fat tissue and has a very long biologic half-life, internal exposure at generally constant concentrations may continue after episodic, high-level exposure to external sources has ceased. If a person had high exposure, there may still be high amounts of dioxin stored in fat tissue, which may be mobilized, particularly at times of weight loss. That would not be expected to be the case for nonlipophilic chemicals, such as cacodylic acid.

The paternal contribution to a pregnancy is limited to the contents of the sperm that fertilizes an egg any damage would be conveyed as DNA mutations or epigenetic effects (that is, heritable changes in genome function that occur without a change in primary DNA sequences). Dioxins have not been shown to alter DNA sequences (they do not produce mutations), so the potential effects in offspring are limited to epigenetic effects. Two possible mechanisms could theoretically produce affected children: if sperm stem cells are altered by exposure, they could continue to produce altered sperm; and mobilization of dioxin from storage in adipose tissue (for example, due to weight loss) could continue to damage a man's developing sperm, and thus interfere with conception and conceptuses. In any case, any exposure of the father that could affect his children must occur before their conception.

Although ova, the maternal contribution to a conceptus, do not undergo the repeated 90-day cycles of spermatogenesis, they might be damaged by modes of exposure analogous to those affecting male gametes. In addition, at critical periods of gestation and even postnatally through breast milk, the female can mediate exposure to the offspring as it develops. Such exposure can interfere with cell replication, differentiation, and migration; with formation of tissues, organs, and systems; and with structure. Dioxin in her bloodstream, whether from external sources or released from fat stores, can cross the placenta and expose the developing embryo and fetus. Mobilization of dioxin during pregnancy or lactation may be increased because the body is drawing on fat stores to supply nutrients to the developing fetus or nursing infant. Breast milk has a high fat content, and the concentration of dioxin in breast milk is about 100 times that in a mother's blood. In animal studies, TCDD crosses the placenta and is transferred via breast milk. In humans, TCDD has been measured in circulating maternal blood, cord blood, placenta, and breast milk (Suzuki et al., 2005), and it is estimated that an infant breastfed for 1 year accumulates a dose of TCDD that is 6 times as high as that in an infant not breastfed (Lorber and Phillips, 2002). Thus, the exposure of human infants to TCDD in utero and via lactation has been demonstrated.

Toxicologists often distinguish between reproductive effects, which concern the reproductive process itself, and developmental effects, which involve differentiation of fetal tissues and maturation of the offspring. A connection between TCDD exposure and human reproductive and

CHAPTER 7: REPRODUCTIVE EFFECTS AND IMPACTS ON FUTURE GENERATIONS

developmental effects is, in general, biologically plausible. However, more definitive conclusions about the potential for such TCDD toxicity in humans are complicated by differences in sensitivity and susceptibility among individual animals, strains, and species; by the lack of strong evidence of organ-specific effects among species; by differences in route, dose, duration, and timing of exposure; and by substantial differences in the toxicokinetics of TCDD between laboratory animals and humans. Experiments with 2,4-dichlorophenoxyacetic acid (2,4-D) and 2,4,5trichlorophenoxyacetic acid (2,4,5-T) indicate that they have subcellular effects that could constitute a biologically plausible mechanism for reproductive and developmental effects. Evidence from animals, however, indicates that they do not have reproductive effects and that they have developmental effects only at very high doses. There is insufficient information on picloram and cacodylic acid to assess the biologic plausibility of those compounds' reproductive or developmental effects.

The biologicplausibility portions of sections on the specific outcomes considered in this chapter present more detailed toxicologic findings that are of particular relevance to the outcomes discussed.

ENDOMETRIOSIS

Endometriosis (*International Classification of Diseases*, 9th revision [*ICD-9*], code 617) affects 5.5 million women in the United States and Canada at any given time (NICHD, 2007). The endometrium is the tissue that lines the inside of the uterus and is built up and shed each month during menstruation. In endometriosis, endometrium is found outside the uterus—usually in other parts of the reproductive system, in the abdomen, or on surfaces near the reproductive organs. That misplaced tissue develops into growths or lesions that continue to respond to hormonal changes in the body and break down and bleed each month in concert with the menstrual cycle. Unlike blood released from endometrium in the uterus, blood released in endometriosis has no way to leave the body, and the results are inflammation, internal bleeding, and degeneration of blood and tissue that can cause scarring, pain, infertility, adhesions, and intestinal problems.

There are several theories of the etiology of endometriosis, including a genetic contribution, but the cause remains unknown. Estrogen dependence and immune modulation are established features of endometriosis but do not adequately explain the cause of this disorder. It has been proposed that endometrium is distributed through the body via blood or the lymphatic system; that menstrual tissue backs up into the fallopian tubes, implants in the abdomen, and grows; and that all women experience some form of tissue backup during menstruation but only those with immune-system or hormonal problems experience the tissue growth associated with endometriosis. Despite numerous symptoms that can indicate endometriosis, diagnosis is possible only through laparoscopy or a more invasive surgical technique. Several treatments for endometriosis are available, but there is no cure.

Conclusions from VAO and Updates

Endometriosis was first reviewed in this series of reports in *Update 2002*, which identified two relevant environmental studies, and *Update 2004* examined three environmental
studies. Two additional environmental studies considered in *Update 2006* did not change the conclusion that the evidence was inadequate or insufficient to support an association with herbicide exposure. Table 8-1 provides a summary of relevant studies that have been reviewed.

Study Population	Study Results
NTAL	
Serum dioxin-like compounds and aromatase activity in endometriotic tissue from 47 patients in Belgium	No association between serum concentrations of dioxin-like chemicals (TEQ) and aromatase activity by regression analyses. P-values from 0.37–0.9 for different endometriosis subgroups.
88 matched triads (264 total); patients with deep endometriotic nodules, pelvic endometriosis, controls matched for age, gynecologic practice in Belgium; routes of exposure to dioxin-like chemicals examined	Results for pelvic endometriosis Dietary fat: OR, 1.00 (1.0–1.0) BMI: OR, 0.96 (0.90–1.03) Occupation: OR, 0.50 (0.23–1.07) Traffic: OR, 0.96 (0.33–2.79) Incinerator: OR, 1.03 (0.96–1.10)
138 Infertility patients in Japan; laproscopically confirmed case– control status, serum dioxin, PCB TEQ; P450 genetic polymorphism	Results for advanced endometriosis Total TEQ: OR, 0.47 (0.20–1.06) Genotype-specific OR, 0.27–0.58 No significant interaction between genotype, dioxin TEQ
red in <i>Update 2006</i>	
Endometriosis in Belgian women with overnight fasting serum levels of PCDD, PCDF, PCB	50 exposed cases, risk of increase of 10 pg/p lipid of TEQ compounds: OR, 2.6 (95% CI, 1.3–5.3)
Case-control study of Italian women with endometriosis, measured serum PCBs	Mean total PCBs (ng/g) Cases, 410 ng/g Control, 250 ng/g OR = 4.0 (95% CI, 1.3–13; p = 0.0003) Increased OR was observed for dioxin-like, non–dioxin-like PCB congeners
in Update 2004	
Pilot study of Italian, Belgian women of reproductive age; compared concentrations of TCDD, total TEQ in pooled blood samples from women who had diagnosis endometriosis with controls	Mean concentration of TCDD (ppt of lipid) Italy: Controls (10 pooled samples), 1.6 Cases (two sets of six pooled samples), 2.1, 1.3 Belgium: Controls (seven pooled samples), 2.5 Cases (Set I, five pooled samples), 2.5 Cases (Set I, five pooled samples; Set II, six pooled samples), 2.3, 2.3 Mean Concentration of TEQ (ppt of lipid) Italy: Controls (10 pooled samples), 8.9±1.3 (99% CI, 7.2–11) Cases (two sets of six pooled samples), 10.7±1.6; 10.1±1.5 Belgium: Controls (seven pooled samples), 24.7±3.7 (99% CI, 20–29) Cases (Set I, five pooled samples; Set II, six pooled samples), 18.1±2.7; 27.1±4.0
	Study Population NTAL Serum dioxin-like compounds and aromatase activity in endometriotic tissue from 47 patients in Belgium 88 matched triads (264 total); patients with deep endometriotic nodules, pelvic endometriosis, controls matched for age, gynecologic practice in Belgium; routes of exposure to dioxin-like chemicals examined 138 Infertility patients in Japan; laproscopically confirmed case- control status, serum dioxin, PCB TEQ; P450 genetic polymorphism ed in Update 2006 Endometriosis in Belgian women with overnight fasting serum levels of PCDD, PCDF, PCB Case-control study of Italian women with endometriosis, measured serum PCBs in Update 2004 Pilot study of Italian, Belgian women of reproductive age; compared concentrations of TCDD, total TEQ in pooled blood samples from women who had diagnosis endometriosis with controls

	TABLE 8-1	Selected	Epidemio	logic St	udies—E	ndometrios	is
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Fierens et al.,	Belgian women with	Mean concentration of TEQ (ppt of lipid)
2003	environmental exposure to PCDDs, PCDFs, dioxins; compared analyte concentrations ^{<i>a</i>} in cases vs controls	Cases (n = 10), 26.2 (95% CI, 18.2–37.7) Controls (n = 132), 25.6 (95% CI 24.3–28.9) No significant difference
Eskenazi et al., 2002	Residents of Seveso Zones A and B up to 30 years old in 1976; compared incidence of endometriosis across serum TCDD concentrations	Serum TCDD 20.1–100 ppt, eight exposed cases: OR, 1.2 (90% CI, 0.3–4.5) Serum TCDD over 100 ppt, nine exposed cases: OR, 2.1 (90% CI, 0.5–8.0)
Studies Review	ed in <i>Update 2002</i>	
Pauwels et al., 2001	Patients undergoing infertility treatment in Belgium; compared number of women with, without endometriosis who had serum dioxin levels up to 100 pg TEQ/g of serum lipid	Six exposed cases: OR, 4.6 (95% CI, 0.5–43.6)
Mayani et al., 1997	Residents of Jerusalem being evaluated for infertility; compared number of women with high TCDD who had $(n = 44)$, did not have $(n = 35)$ diagnosis of endometriosis	Eight exposed cases: OR, 7.6 (95% CI, 0.9–169.7)

^a Dioxin TEQs calculated with WHO (1998) toxic equivalency factor method

ABBREVIATIONS: BMI, body-mass index; CI, confidence interval; OR, odds ratio; PCB, polychlorinated biphenyl; PCDD, polychlorinated dibenzodioxin; PCDF, polychlorinated dibenzofuran; TEQ, toxicity equivalent quotient.

Update of the Epidemiologic Literature

No new Vietnam-veteran or occupational studies addressing endometriosis have been published since *Update 2006*.

Environmental Studies

Three new studies concerning exposure to the compounds of interest and endometriosis have been conducted since the last update. The first two were conducted by the same research group that reported an increased risk of endometriosis with serum concentrations of dioxin-like chemicals (DLCs)(Heilier et al., 2005). In the new studies, they sought to expand their findings by focusing on a possible biologic pathway (aromatase activity) and routes of exposure (such as diet and residential proximity to waste incinerators). However, neither study showed significant associations of endometriosis with the factors studied. The third new study (Tsuchiya et al., 2007), which looked at specific genes in addition to dioxin exposure, did not find an association between dioxin exposure and early stage-endometriosis regardless of genotype. In contrast with some earlier studies, it found dioxin exposure to be associated with a lower risk of advanced endometriosis. This lower risk was particularly strong in women who had a specific genotype.

In the study of Heilier et al. (2006), 47 women admitted to a university hospital in Belgium

for the treatment of endometriosis agreed to participate in a study aimed at determining whether aromatase activity was associated with the concentration of DLCs in the endometriotic tissue. Aromatase is an enzyme important in the synthesis of estrogen, and drugs that block the synthesis of estrogen lead to a reduction in endometriotic tissue. The authors thought that DLCs might increase the aromatase which would increase estrogen and lead to increased growth of endometrial tissue. Endometriotic tissue was surgically removed from the women, and DLCs and aromatase activity were measured in the laboratory. They found that the concentration of DLCs was not associated with higher aromatase activity in endometriotic tissue.

Heilier et al. (2007) studied a total of 264 women in the same gynecologic practice, divided equally into three groups matched on age; cases of pelvic endometriosis, cases of deep endometriotic nodules, and controls. Serum TEQ concentrations were available for 58 of these women who had participated in a previous study by the authors (Heilier et al, 2005), which found a risk of endometriosis associated with exposure to DLCs. Interviews conducted with patients and controls collected information on diet, occupation, and residential proximity to automobile traffic, waste incinerators, or other pollution sources. In the subset of women whose serum DLCs were measured, they found that those with higher concentrations were more likely to have consumed specific high-fat foods: pig meat, marine fish, and fresh cream. However, neither dietary fat consumption, body-mass index (BMI), residential proximity to automobile traffic or waste incinerators, nor specific occupation was associated with pelvic endometriosis or with deep endometriotic nodules. The study used indirect measures of dioxin exposure that are expected to be less precise than measures of serum dioxin, so the results do not necessarily contradict those of their earlier study. The investigators were unable to identify any likely source of dioxin exposure that differed between cases and controls.

The third new study was conducted by Tsuchiya et al. (2007) in Japan to examine a possible association between genetic susceptibility to exposure to DLCs and endometriosis. They studied a total of 138 women who sought treatment for infertility and had undergone laparoscopy. ON the basis of laparoscopy, the women were classified as having early-stage endometriosis (stages I-II), advanced endometriosis (stages III-IV), or no evidence of endometriosis (controls). They measured serum dioxin and DLCs (TEQ per gram of lipids) and extracted DNA from serum to determine polymorphisms (different genetic versions) of two genes (cytochromes P450 [CYP] 1A1 and 1B1), which regulate the synthesis and metabolism of endogenous and exogenous estrogens. They hypothesized that differences in genetic makeup might confer differences in susceptibility to effects of DLCs and might explain why studies of endometriosis and dioxins show inconsistent results. Overall, serum dioxin concentrations did not differ significantly between cases with early or advanced endometriosis and controls (adjusted for age). Women who had advanced endometriosis were less likely to have high serum dioxins than controls (OR, 0.46; 95% CI, 0.20–1.06), but the difference was of borderline statistical significance; the result was virtually unchanged by considering the total concentration of PCBs and dioxins. When genotype was considered, the authors found no significant interaction between genotype and serum dioxin in women who had early endometriosis. However, there was some evidence of interaction between CYP genes and dioxin exposure with respect to the risk of advanced endometriosis. There was a reduced risk of advanced endometriosis after high dioxin exposure in women who had the less common allele for CYP1A1, but the number of women in this group was very small. In summary, the study found some evidence of a gene-environment interaction related to the occurrence of endometriosis, but women who had higher concentrations of dioxin were found to be at *lower* risk for advanced endometriosis.

Biologic Plausibility

Laboratory studies that used animal models and examined gene-expression changes associated with human endometriosis and TCDD exposure provide evidence to support the biologic plausibility of a link between TCDD exposure and endometriosis. The first suggestion that TCDD exposure may be linked to endometriosis came as a secondary finding from a study that exposed female rhesus monkeys (*Macaca mulatta*) chronically to low concentrations of dietary TCDD for 4 years (Rier et al., 1993). Ten years after the exposure ended, the investigators documented an increased incidence of endometriosis in the monkeys that correlated with the dioxin exposure concentration. The small sample prevented a definitive conclusion that TCDD was a causal agent in the development of the endometriosis, but it led to numerous studies of the ability of TCDD to promote the growth of pre-existing endometriotic lesions.

When fragments of uterine tissue were implanted in the peritoneal cavity to mimic eutopic endometrial lesions, TCDD exposure was shown to promote the survival and growth of the lesions in monkeys and in rodents (Cummings et al., 1996; Johnson et al., 1997; Yang et al., 2000). In mice, direct treatment of endometrial tissue with TCDD before placement into the peritoneal cavity resulted in increased size and number of endometrial lesions (Bruner-Tran et al., 1999).

A number of proposed mechanisms by which TCDD may promote endometrial lesions provide additional biologic plausibility of the link between TCDD and endometriosis. Human endometrial tissue expresses the aryl hydrocarbon receptor (AHR) and its dimerization partner, the aryl hydrocarbon nuclear translocator (ARNT) (Khorram et al., 2002), and three AHR target genes: CYP1A1, 1A2, and 1B1 (Bulun et al., 2000). That suggests that endometrial tissue is responsive to TCDD. Furthermore, TCDD significantly decreases the ratio of progesterone receptor B to progesterone receptor A in normal human endometrial stromal cells and blocks the ability of progesterone to suppress matrix metalloproteinase (MMP) expression; these actions may promote endometrial-tissue invasion. Both the reduced ratio and the resistance to progesterone-mediated MMP suppression are observed in endometrial tissue from women who have endometriosis (Igarashi et al., 2005). Progesterone prevents endometrial breakdown before menstruation by down-regulating expression of endometrial matrix metalloproteins during the secretory phase of the menstrual cycle. Bruner-Tran et al. (2008) have proposed that environmental toxicants, such as TCDD, that disrupt progesterone action may predispose the endometrium to an inflammatory microenvironment that would promote a process of tissue loss at menstruation. Their hypothesis is supported by their evidence that TCDD inhibits expression of progesterone receptor and transforming growth factor $\beta 2$ in the endometrium and possibly expression of other immune modulators regulated by progesterone.

TCDD induces changes in gene expression that mirror those observed in endometrial lesions. For example, TCDD can induce expression of histamine-releasing factor, which is increased in endometrial lesions and accelerates their growth (Oikawa et al., 2002, 2003). Similarly, TCDD stimulates expression of RANTES (regulated on activation, normal <u>T</u> cell–expressed, and secreted) in endometrial stromal cells, and RANTES concentration and bioactivity are increased in women who have endometriosis (Zhao et al., 2002). The two CC-motif chemokines (chemotactic cytokines) RANTES and macrophage-inflammatory protein (MIP)-1 α have been identified as potential contributors to the pathogenesis and progression of endometriosis. To

probe the effect of dioxin exposure and estrogen on expression of those chemokines in endometriosis-associated cells and to explore the pathogenesis of endometriosis, endometrial stromal cells were exposed to a combination of 17β -estradiol and TCDD. The combined treatment increased the secretion of RANTES and MIP-1 α , promoted the invasiveness of endometrial stromal cells and increased the expression of matrix metalloproteins MMP-2 and MMP-9 in endometrial stromal cells, indicating that combined TCDD and estradiol may facilitate the onset of endometriosis and contribute to its development by increasing the invasion of endometrial stromal cells mediated by CC-motif chemokines (Yu et al., 2008). Those data are consistent with the evidence of an interaction between the AHR and the estrogen receptor that induces estrogen-mediated proliferative effects in the mouse uterus (Ohtake et al., 2008). Differences between the mouse uterus and the human endometrial physiology. In summary, it may be expected that TCDD exposure would create an inflammatory endometrial microenvironment that could disrupt endometrial function and cause disease.

Although those studies do not establish the degree to which TCDD may cause or promote endometriosis, they do provide evidence that supports the biologic plausibility of a link between TCDD exposure and endometriosis.

Synthesis

The three new studies described above were designed to follow on previous studies showing an association between DLCs and endometriosis. Two of the studies (Heilier et al., 2006, 2007) were conducted by the same research group that had found a significant association between blood concentrations of DLCs and risk of endometriosis. They sought to shed light on possible biologic pathways and routes of exposure that might expand on the previous findings. However, neither the evaluation of an enzyme important in the synthesis of estrogen nor examination of routes of exposure to dioxin yielded evidence of association with endometriosis. The third new study (Tsuchiya et al., 2007) found a decreased risk of endometriosis in women with higher dioxin concentrations.

Overall, the studies linking dioxin exposure with endometriosis are few in number and inconsistent. The association in animal studies is biologically plausible, but it is possible that human exposures are too low to show an association consistently.

Conclusion

On the basis of the evidence reviewed here and in the original *VAO* report and previous updates, the committee concludes that there is inadequate or insufficient evidence to support an association between exposure to the chemicals of interest and human endometriosis.

FERTILITY

Male reproductive function is under the control of several components whose proper coordination is important for normal fertility. Several of the components and some health

outcomes related to male fertility, including reproductive hormones and sperm characteristics, can be studied as indicators of fertility. The reproductive neuroendocrine axis involves the central nervous system, the anterior pituitary gland, and the testis. The hypothalamus integrates neural inputs from the central and peripheral nervous systems and regulates the gonadotropins luteinizing hormone (LH) and follicle-stimulating hormone (FSH). Both are secreted into the circulation in episodic bursts by the anterior pituitary gland and are necessary for normal spermatogenesis. In the testis, LH interacts with receptors on Leydig cells, where it stimulates increased testosterone synthesis. FSH and the testosterone from the Leydig cells interact with the Sertoli cells in the seminiferous tubule epithelium to regulate spermatogenesis. More detailed reviews of the male reproductive hormones can be found elsewhere (Knobil et al., 1994; Yen and Jaffe, 1991). Several agents, such as lead and dibromochloropropane, affect the neuroendocrine system and spermatogenesis (for reviews, see Bonde and Giwercman, 1995; Tas et al., 1996).

Studies of the relationship between chemicals and fertility are less common in women than in men. Some chemicals may disrupt the female hormonal balance necessary for proper functioning. Normal menstrual-cycle functioning is also important in the risk of hormonally related diseases, such as osteopenia, breast cancer, and cardiovascular disease. Chemicals can have multiple effects on the female system, including modulation of hormone concentrations resulting in menstrual-cycle or ovarian-cycle irregularities, changes in menarche and menopause, and impairment of fertility (Bretveld et al., 2006a,b). In this section, we also discuss studies that have focused on menstrual-cycle characteristics and age at menarche or menopause. An affect on age at menarche would be of concern among the daughters of Vietnam veterans rather than among female veterans themselves, but the occurrence of this effect in other populations would demonstrate the ability of the chemicals in question to perturb functioning of the female reproductive system.

Conclusions from VAO and Updates

The committee responsible for the original VAO report (IOM, 1994) concluded that there was inadequate or insufficient evidence of an association between exposure to 2,4-D, 2,4,5-T, TCDD, picloram, or cacodylic acid and altered sperm characteristics or infertility. Overall, additional information available to the committees responsible for Update 1996, Update 1998, Update 2000, Update 2002, Update 2004, and Update 2006 did not change that finding. Reviews of the relevant studies are presented in the earlier reports. Tables 7-2 and 7-3 summarize the studies related to male and female fertility, respectively.

TABLE 7-2 S	elected Epidemiologic Studies-M	fale Fertility (Altered)	Hormone Concentrations,
Decreased Spen	rm Counts or Quality, Subfertility,	or Infertility)	
Defense	Ct. I. D	Γ	Manager (Dist

Reference	Study Population	Exposed	Measure of Kisk
		Cases ^a	$(95\% \text{ CI})^a$
VIETNAM VETERA	NS		
New Studies			
Gupta et al., 2006	AFHS (964 Ranch Hands, 1,259 comparison)		Coefficient (p value)
1 ,			for ln(Testosterone)
			vs ln(TCDD) in 1987
	Comparison TCDD quartile I (mean, 2.14 ppt)		* 0 (referent)
	Comparison TCDD quartile II (mean, 3.54 ppt)		* -0.063 (0.004)
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Reference	Study Population	Exposed Cases ^a	Measure of Risk $(95\% \text{ CI})^a$
	Ranch Hand TCDD quartile I (mean, 4.14 ppt)	*	0.002 (0.94)
	Comparison TCDD quartile III (mean, 4.74 ppt)	*	-0.048 (0.03)
	Comparison TCDD quartile IV (mean, 7.87 ppt)	*	-0.079 (<0.001)
	Ranch Hand TCDD quartile II (mean, 8.95 ppt)	*	-0.052 (0.03)
	Ranch Hand TCDD quartile III (mean, 18.40 ppt)	*	-0.029 (0.22)
	Ranch Hand TCDD quartile IV (mean, 76.16 ppt)	*	-0.056 (0.02)
Studies Reviewed in Upd	late 1996		
Henriksen et al., 1996	Effects on specific hormone concentrations or sperm		
	count in Ranch Hands		
	Low testosterone		
	High dioxin (1992)	18	1.6 (0.9–2.7)
	High dioxin (1987)	3	0.7 (0.2–2.3)
	Low dioxin (1992)	10	0.9 (0.5–1.8)
	Low dioxin (1987)	10	2.3 (1.1-49)
	Background (1992)	9	0.5 (0.3–1.1)
	High FSH		
	High dioxin (1992)	8	1.0 (0.5–2.1)
	Low dioxin (1992)	12	1.6 (0.8–3.0)
	Background (1992)	16	1.3 (0.7–2.4)
	High LH		
	High dioxin (1992)	5	0.8 (0.3–1.9)
	Low dioxin (1992)	5	0.8 (0.5–3.3)
	Background (1992)	8	0.8 (0.4–1.8)
	Low sperm count		
	High dioxin	49	0.9 (0.7–1.2)
	Low dioxin	43	0.8 (0.6–1.0)
	Background	66	0.9 (0.7–1.2)
Studies Reviewed in VA	0		
CDC, 1989	VES		
	Lower sperm concentration	42	2.3 (1.2–4.3)
	Proportion of abnormal sperm	51	1.6 (0.9–2.8)
	Reduced sperm motility	83	1.2 (0.8–1.8)
Stellman et al., 1988	American Legionnaires who served in SEA		
	Difficulty in having children	349	1.3 (p < .01)
OCCUPATIONAL			
Newly considered study			
Egeland et al., 1994	Male chemical workers exposed to dioxin vs		
6	neighborhood controls in New Jersey, Missouri		Risk of extreme
	measured in 1987		hormone
			concentration
	Testosterone (<10.4 nmol/L)		
	Referents (TCDD <20 ppt)	11	1.0
	Workers	25	2.1 (1.0-4.6)
	Quartile I (TCDD <20 ppt)	2	0.9 (0.2–4.5)
	Quartile II (TCDD 20–75 ppt)	7	3.9 (1.3–11.3)
	Quartile III (TCDD 76–240 ppt)	6	2.7 (0.9-8.2)
	Quartile IV (TCDD 241–3.400 ppt)	10	2.1 (0.8–5.8)
	FSH (>31 IU/L)	20	1.5 (0.7–3.3)
	LH (>28 IU/L)	23	1.6 (0.8–3.3)
Studies Reviewed in Upd	late 2006		· /

Reference	Study Population	Exposed Cases ^a	Measure of Risk $(95\% \text{ CI})^a$
Oh et al., 2005	Male fertility, dioxin exposure with air monitoring	31	1.4*
Studies Reviewed in Upa	late 2000	01	
Larsen et al., 1998	Danish farmers who used any potentially		
	spermatotoxic pesticides, including 2.4-D		
	Farmers using pesticides vs organic farmers	523	$1.0(0.8-1.4)^{b}$
	Used three or more pesticides		$0.9(0.7-1.2)^{b}$
	Used manual spraver for pesticides		$0.8(0.6-1.1)^{b}$
Studies Reviewed in Upd	late 1998		· · · · ·
Heacock et al., 1998	Workers at sawmills using chlorophenates		
,	Standardized fertility ratio	18,016	$0.7 (0.7 - 0.8)^{c}$
	ý	(births)	
	Mantel-Haenszel rate-ratio estimator	18,016	$0.9 (0.8-0.9)^c$
		(births)	
	Cumulative exposure (hours)	· · · ·	
	120–1,999	7,139	$0.8 (0.8-0.9)^{c}$
	2,000-3,999	4,582	$0.9(0.8-1.0)^{c}$
	4,000–9,999	4,145	$1.0(0.9-1.1)^{c}$
	≥10,000	1,300	$1.1(1.0-1.2)^{c}$
Lerda and Rizzi, 1991	Argentinean farmers exposed to 2,4-D	32	
	Sperm count (millions/mL)	exposed: 4	9.0 vs control: 101.6
	Motility (%)	exposed: 2	4.8 vs control: 70.4
	Sperm death (%)	exposed: 8	2.9 vs control: 37.1^d
	Anomalies (%)	exposed: 7	2.9 vs control: 33.4
		-	(p < 0.01 overall)
ENVIRONMENTAL			u ,
New Studies			
Cok et al, 2008	Case-control study of infertile men in Ankara,	22 fertile	9.4 TEQ pg/g of
	Turkey; adipose-tissue samples assayed for dioxins,	23 infertile	lipid
	furans, dioxin-like PCBs		12.5 TEQ pg/g of
			lipid
			(p = 0.065)
Mocarelli et al., 2008	Men exposed in Seveso, Zone A vs age-matched mer	1	
	residing outside the contamination zone, measured		
	semen characteristics, estradiol, FSH, testosterone,		(researchers'
	LH, inhibin B		evaluation;
	Age at 1976 exposure:		data not shown)
	Infant/prepuberty $(1-9 \text{ year})$, n = 71, 176		Sensitive
	Puberty $(10-17 \text{ year}), n = 44, 136$		Intermediate response
	Adult $(18-26 \text{ year}), n = 20, 60$		No associations
Polsky et al., 2007	Case–control study of erectile dysfunction in urology	1	Highest vs lowest
	patients in Ontario, Canada.		PCB groups
	PCB-118 (TEF = 0.0001)		1.0(0.5-2.1)
	PCB-156 (TEF = 0.0005)		0.9(0.5-1.6)
	PCB-1/0		0.6(0.3-1.2)
Toft at al 2007	PCB-180		0.7 (0.4–1.4)
1 oft et al., 2007	Men in general population of Poland, Greenland,		
	Ukraine, Sweden; AHK binding measured with		
	VALUA assay		No consistent
	wiedsurements of semen quality (concentration,		no consistent
	mounty, percentage normal)		associations

Reference	Study Population	Exposed Cases ^a		Measure of Risk $(95\% \text{ CI})^a$
Dhooge et al., 2006	Men in general population of Belgium;			
	Association with 2-fold increase in CALUX-TEQ		С	hange (p value)
	Sperm concentration			25.2% (p = 0.07)
	Semen volume			-16.0% (p = 0.03)
	Total testosterone			-7.1% (p = 0.04)
	Free testosterone			-6.8% (p = 0.04)
Studies Reviewed in U	pdate 2006			
Swan et al., 2003	Men in Missouri, US with or without low sperm quality			
	Increased urinary metabolite marker for 2,4-D		5	0.8 (0.2–3.0)
Studies Reviewed in U	pdate 2002			
Staessen et al., 2001	Adolescents in communities close to industrial			
	sources of heavy metals, PCBs, VOCs, and PAHs-			
	delays in sexual maturity			
	In Hoboken, Belgium		8	4.0 (*)
	In Wilrik, Belgium	-	15	1.7 (*)

^{*a*} Given when available; results other than estimated risk explained individually.

^bFor this study, relative risk has been replaced with fecundability ratio, for which value less than 1.0 indicates adverse effect.

^cFor this study, relative risk has been replaced with standardized fertility ratio, for which value less than 1.0 indicates adverse effect.

^dTable 1 in reference reverses these figures—control, 82.9%; exposed, 37.1%—but text ("The percentages of asthenospermia, mobility, necrosperma and teratospermia were greater in the exposed group than in controls. . .") suggests that this is a typographic error.

* Information not provided by study authors.

Abbreviations: AFHS, Air Force Health Study; AHR, aryl hydrocarbon receptor, CI, confidence interval; FSH, follicle-stimulating hormone; LH, luteinizing hormone; PAH, polycyclic aromatic hydrocarbon; PCB, polychlorinated biphenyl; SEA, Southeast Asia; VES, Vietnam Experience Study; VOC, volatile organic compounds.

TABLE 7-3 Sel	lected Epiden	niologic Studies-	-Female Fe	ertility (A	ltered Hor	mone
Concentrations	Subfertility	or Infertility)				

Reference	Study Population	Exposed	Estimated Relative
		Cases ^a	Risk (95% CI) ^a
OCCUPATIONAL			
Studies Reviewed in	u Update 2006		
Farr et al., 2006	Age of menopause women who self-reported pesticide exposure	8,038	0.9 (0.8–1.0)
Farr et al., 2004	Menstrual-cycle characteristics of premenopausal women in AHS 21–40 years old	1,754	
	Short menstrual cycle		0.8 (0.6–1.0)
	Long menstrual cycle		1.4 (0.9–2.1)
	Irregular		0.6 (0.4–0.8)
	Missed period		1.6 (1.3–2.0)
	Intermenstrual bleeding		1.1 (0.9–1.4)

ENVIRONMENTAL			
New Studies			
Chao et al., 2007	Pregnant women in Taiwan; measured placental dioxin TEQ, PCB TEQ	F	Regression adjusted for naternal age, BMI, parity
	Older of "regular menstrual cycle"		
	Dioxin TEO		p = 0.032
	PCB TEO		p = 0.077
	Longer "longest menstrual cycle."		r
	Dioxin TEO		p = 0.269
	PCB TEO		p = 0.006
Eskenazi et al 2007	Seveso Women's Health Study—fibroids among		P 0.000
Eshenazi et al., 2007	women from Zones A & B newborn to 40 vr in 1976		
	log ₁₀ TCDD (nnt)	A	Age-adjusted hazard ratio
	<20.0	1	1.0
	20.1-75.0		0.6(0.4-0.8)
	>75.0		0.6(0.4-0.9)
Warner et al 2007	SWHS—ovarian function in women in Zones A B		0.0 (0.+ 0.5)
wanter et al., 2007	newborn to 40 years old in 1976		
	Ovarian follicles in follicular phase (age-adjusted		
	OR)		10(04-22)
	Ovulation (age-adjusted OR)		1.0 (0.4 2.2)
	in luteal phase		1.0(0.5-1.9)
	in midluteal phase		1.0(0.3-1.9) 1 0 (0 4-2 7)
	Estradial (slone with log ₁₀ TCDD)		1.0 (0.4–2.7)
	in luteal phase		-1.8(-10.4 to 6.8)
	in midluteal phase		-3.1(-14.1 to 7.8)
	Progesterone (slone with log., TCDD)		-5.1 (-14.1 to 7.0)
	in luteal phase		-0.7(-2.4 to 1.0)
	in midluteal phase		-0.7 (-2.4 to 1.0) -0.8 (-3.7 to 2.0)
Studios Roviewed in U	in multical phase		-0.8 (-5.7 to 2.0)
Eskanazi et al 2005	Severa cohort serum diaxin concentrations are of	616	
Eskallazi et al., 2005	menopause	010	
	Premenopause	260	43.6 (0.2–0.9)
	Natural menopause	169	45.8 (0.3-1.0)
	Surgical menopause	83	43.4 (0.3–1.0)
	Impending menopause	13	43.8 (0.2–0.9)
	Perimenopause	33	36.5 (0.2-0.9)
	Other	58	39.6 (0.2–0.9)
Greenlee et al., 2003	Women in Wisconsin, US with or without infertility		
,	(maternal exposure)		
	Mixed or applied herbicides	21	2.3 (0.9-6.1)
	Used 2.4.5-T	9	9 cases (2.7%)
			11 controls (3.4%)
	Used 2.4-D	4	4 cases (1.2%)
	2		4 controls (1.2%)
Warner et al., 2004	SWHS—age of menarche	282	1.0 (0.8–1.1)
<i>`</i>	č		· /

^{*a*} Given when available; results other than estimated risk explained individually.

^bFor this study, relative risk has been replaced with the fecundability ratio, for which value less than 1.0 indicates adverse effect.

^cFor this study, relative risk has been replaced with standardized fertility ratio, for which value less than 1.0 indicates adverse effect.

^dTable 1 in reference reverses these figures—control 82.9%; exposed 37.1%—but text ("The percentages of

asthenospermia, mobility, necrosperma and teratospermia were greater in the exposed group than in controls . . .") suggests that this is a typographic error.

* Information not provided by study authors.

Abbreviations: AHS, Agricultural Health Study; BMI, body-mass index; CI, confidence interval; OR, odds ratio; PCB, polychlorinated biphenyl; SWHS, Seveso Women's Health Study; TEQ, toxicity equivalent quotient.

Update of the Epidemiologic Literature

Male Fertility

Vietnam-Veteran Studies. One new Vietnam-veteran study has been published since Update 2006. Gupta et al. (2006) compared serum testosterone concentrations measured in 1987 with TCDD concentrations measured at the same time in veterans in the Air Force Health Study. A total of 971 Ranch Hand veterans and 1,266 comparison veterans with serum TCDD and serum testosterone measurements were included in the analyses. After adjustment for age and BMI in 1987 and for a percentage change in BMI from the end of their Southeast Asia tour to 1987, higher serum TCDD was significantly associated with lower testosterone concentrations in both Ranch Hands (slope for ln[TCDD], -0.02; 95% CI, -0.04 to -0.002) and comparison veterans (slope for ln[TCDD], -0.05; 95% CI, -0.08 to -0.03). Because both TCDD and testosterone measurements were log transformed for analyses, it is difficult to convey the magnitude of the adjusted association. Although the comparison group had considerably lower TCDD levels than the Ranch Hand subjects, their inverse relationship with testosterone levels appeared at least as strong. The estimated slopes have overlapping confidence intervals, but given that testosterone levels appear more profoundly depressed in the comparison group, it would have been informative to determine the relationship with ln[TCDD] over the full range analyzing the data for both groups together. In the unadjusted quartile distributions, Ranch Hands with the highest exposure had average testosterone of 530 ng/dL, and the least exposed 583 ng/dL. Comparison veterans with the highest exposure had average testosterone of 491 ng/dL, and the least exposed, 606 ng/dL. The lead author (A. Gupta, personal communication) confirmed that the single specification of a unit for testosterone concentration-in Table 2 as ng/mL-was an error). The adjusted mean testosterone measurements were significantly lower in the most exposed veterans in both groups, but they were still well within the normal range of 300-1,000 ng/dL for adult men (http://www.nlm.nih.gov/MEDLINEPLUS/ency/article/003707.htm).

Environmental Studies. To investigate TCDD's effect on reproductive hormones and sperm quality, Mocarelli et al. (2008) compared 135 men exposed to TCDD by the 1976 Seveso accident with 184 healthy men neither exposed to TCDD nor living in the Seveso contamination zones. Each group was divided into three categories that reflected age at the time of the Seveso accident: infancy–prepuberty (1–9 years), puberty (10–17 years), and adulthood (18–26 years). The study found that TCDD exposure in infancy–prepuberty was associated with lower sperm concentration and motility in adulthood, lower estradiol and higher FSH. Exposure during puberty was associated with increased sperm concentration and motility but lower estradiol and higher FSH. The higher FSH triggered by low estradiol may be responsible for the increased sperm concentration. Exposure during adulthood was not associated with any differences in

semen characteristics or hormone level concentrations but the data were not shown. The small number of men exposed in adulthood (20) limited the power to detect effects of exposure that took place in in adulthood.

Dhooge et al. (2006) studied Belgian men several months after a 1999 contamination of the food chain with PCBs and dioxins. Men were randomly selected from population registries, and 30% agreed to participate. Semen samples and serum for determination of dioxin-like activity (CALUX assay) and reproductive-hormone concentrations were collected from 101 men. Information on age, BMI, abstinence time and other potential confounders were collected and adjusted as appropriate. No association was found between serum dioxin-like activity and total sperm count, sperm morphology, or serum gonadotropins (FSH and LH). However, increasing serum dioxin activity was associated with decreased semen volume (p = 0.02) and increased sperm concentration (p = 0.02). Increasing serum dioxin was also associated with decreasing testosterone. That association was of borderline statistical significance (p = 0.07) but became stronger (p = 0.04) when men with dioxin below 16 pg/L were excluded (n = 11). The dioxin concentration of 16 pg/L was around the limit of detection of the assay, and concentrations below it contain a larger amount of error. The results were adjusted for age, BMI, and sampling date.

Polsky et al. (2007) conducted a case–control study of patients seen in urology practices in Ontario, Canada. Eligible participants were 50–80 years old, had normal prostate-specific antigen concentrations, were not taking hormonal medication, and had not received a diagnosis of prostate cancer. Of 335 eligible participants, 101 had a diagnosis of erectile dysfunction. The remaining 234 men served as controls. Controls had a variety of diagnoses of benign urologic conditions, including prostatic hyperplasia and urinary tract infections. Participants completed a questionnaire and had blood drawn for determination of concentrations of specific PCB congeners. Cases and controls did not differ in concentrations of total PCBs or of any of the 14 congeners examined (regardless of adjustment for lipids and potential confounders).

Toft et al. (2007) obtained semen and blood samples from 319 men in Poland, Ukraine, Greenland, and Sweden. Participants were recruited differently in different locations. Dioxinlike activity was measured with the CALUX assay. No consistent association was found between dioxin-like activity and semen characteristics. In Poland, dioxin-like activity was associated with increased sperm concentration but not sperm motility or sperm count.

Cok et al. (2008) collected adipose tissue samples from men who were undergoing abdominal surgical procedures (such as appendectomy) and compared the samples from infertile azoospermic men of normal karyotype with samples obtained from fertile men. They compared the concentrations of 29 congeners of dioxins, furans, and dioxin-like PCBs. The concentrations of two furans, 2,3,7,8-TCDF and 1,2,3,4,6,7,8,9-OCDF, were significantly higher in the infertile men than in the fertile men. However, the overall TEQ was significantly *lower* in the infertile men than in the fertile men (9.4 vs 12.5 pg/g);. this difference remained statistically significant after controlling for age, BMI, smoking, and alcohol consumption.

Female Fertility

No new Vietnam-veteran or occupational studies addressing female fertility have been published since *Update 2006*.

Environmental Studies. Eskenazi et al. (2007) and Warner et al. (2007) studied women in the Seveso Women's Health Study. The study identified women who were up to 40 years old at the time of the dioxin explosion in 1976. Women who lived in the most contaminated zones (A and B) and had adequate stored serum were enrolled during 1996–1998. For the Eskanazi et al. study of fibroids, women who had a diagnosis of fibroids before 1976 were excluded; this left a total of 956 women for analyses. Fibroids were ascertained by self-report, medical records, and ultrasonographic examinations (634 women). The age-adjusted risk of fibroids was significantly *lower* in the high-exposure group (hazard ratio [HR], 0.62; 95%, CI 0.44–0.89) and in the middle-exposure group (HR, 0.58; 95% CI, 0.41–0.81) than in the low-exposure group. The lower risk with higher exposure was not confounded by parity, family history of fibroids, age at menarche, current BMI, smoking, alcohol consumption, or education.

In the Warner et al. study of menstrual function, women who were 20–40 years old and not taking oral contraceptives were evaluated with ultrasonography (96 women), according to serum hormone concentrations (87), and according to the occurrence of ovulation (203). After adjustment for age and quality of the ultrasound, TCDD was not associated with the number or size of ovarian follicles, the occurrence of ovulation, or serum estradiol or progesterone.

Chao et al. (2007) determined the concentrations of dioxins, furans, and PCBs in the placentas of 119 Taiwanese women. Dioxin TEQ, but not PCB TEQ, was associated with greater age at attaining "regular menstrual cycle" whereas PCB TEQ, but not dioxin TEQ, was associated with greater "length of longest menstrual cycle". Those measures do not coincide exactly with the more common variables "age at first menstrual cycle" and "length of menstrual cycle", which were examined and found not to be associated with dioxin exposure. The analyses and data presentation in the publication were unclear.

Biologic Plausibility

There is little evidence that 2,4-D or 2,4,5-T has substantial effects on reproductive organs or fertility. In contrast, many diverse laboratory studies have provided evidence that TCDD can affect reproductive-organ function and reduce fertility in both males and females.

The administration of TCDD to male animals elicits reproductive toxicity by affecting testicular and seminal vesicle weight and function and by decreasing the rate of sperm production. The mechanisms of those effects are not known, but a primary hypothesis is that they are mediated through dysregulation of testicular steroidogenesis. Exposure to TCDD is associated with increased estradiol secretion and decreased testosterone secretion; both hormones regulate sperm production. Both the AHR and the ARNT are expressed in rat and human testes, and studies suggest that TCDD causes tissue damage by inducing oxidative stress. Prostate cells are also responsive to TCDD's induction of various genes, including those involved in drug metabolism. Studies published since *Update 2006* have reinforced those findings. Single intraperitoneal injections of TCDD induced marked histological changes in the testis, impaired spermatogenesis, increased serum estradiol, and decreased testosterone in male rats (Choi JS et al., 2008; Park JS et al., 2008). The effects of TCDD on the reproductive system of the male rat are critically dependent on the developmental time of exposure; for example, when fetal male rats were exposed to a single dose on gestational day 15, no decrease in sperm counts was observed although other developmental effects were found (Bell et al., 2007b).

Many studies have examined the effects of TCDD on the female reproductive system. Two primary mechanisms that probably contribute to abnormal follicle development and decreased numbers of ova after TCDD exposure are cross-talk of the AHR with the estrogen receptor and dysregulation of the hypothalamic-pituitary-gonadal axis. Interaction of the activated AHR leads to inhibition of estradiol-induced gene expression and to enhancement of estrogen-receptor protein degradation; both activities may contribute to TCDD's antiestrogenic effects. TCDD also dysregulates the secretion pattern of preovulatory gonadotropin hormones, and this leads to abnormal and reduced follicle development. In addition, oocytes are directly responsive to TCDD. Thus, TCDD's effects on hormone concentrations, hormone-receptor signaling, and ovarian responsiveness to hormones all probably contribute to TCDD-induced female reproductive toxicity. Wang et al. (2006) showed that dioxins and dibenzofurans significantly correlate with dysregulation of estrogen metabolism in pregnant women.

The reproductive organs of female experimental animals are targets for the action of TCDD (IOM, 2007). The ovary expresses both the AHR and the ARNT and is responsive to TCDD-inducible CYP1A1 and 1B1 expression, which depends on the phase of the estrous cycle (IOM, 2005). TCDD alters ovarian steroidogenesis, reducing ovarian expression of LH and FSH receptors, reducing circulating progesterone and estradiol, and decreasing fertility. TCDD decreases uterine weight, alters endometrial structure, and blocks estrogen-mediated endometrial proliferation and hypertrophy via an AHR-dependent mechanism in rodents and increases the incidence of endometriosis in rhesus monkeys.

Since *Update 2006*, additional work addressing TCDD's effects on female reproduction in animal models has been published. The data of Heiden et al. (2008) on zebrafish suggest that TCDD inhibits follicle maturation via attenuated gonadotropin responsiveness or depression of estradiol biosynthesis and that interference of estrogen-regulated signal transduction may also contribute to TCDD's effects on follicular development, possibly by disrupting signaling pathways, such as glucose and lipid metabolism, and disrupting regulation of transcription.

FSH could be an indirect TCDD target, which has led to increased expression of secreted inhibin A in human granulose cells, and thus reduction in FSH-stimulatable estrogen secretion (Ho et al., 2006). The AHR has been found to be required for normal ovulation and gonadotropin responses in the mouse ovary, as shown in AHR-null mice, which have lower concentrations of LH-receptor and FSH-receptor expression than their wild-type counterparts. AHR-null mice produce fewer eggs than wild-type mice in response to human chorionic gonadotropin; this, suggests that their follicles have a lower capacity to ovulate that do follicles of wild-type mice because of reduced responsiveness to gonadotropins (Barnett et al., 2007a). Barnett et al. (2007b) had previously shown that the follicles of AHR-null mice grew more slowly than follicles of wild-type mice but that administration of estradiol restored the normal growth rate, perhaps because of the AHR affected follicular growth via mechanisms that involve estradiol regulation and responsiveness. In concordance with this conclusion, Ye et al. (2008) showed that TCDD down-regulated expression of the CYP19 gene, which codes for the aromatase enzyme responsible for the conversion of androstenedione to estrone and of testosterone to estradiol, indicating that exposure to TCDD was directly antiestrogenic by decreasing estrogen. Ovarian endocrine disruption appears to be the predominant functional change induced by chronic exposure to low doses of TCDD; it induces premature reproductive senescence in female rats without depletion of ovarian follicular reserves (Shi et al., 2007).

TCDD exhibits antiestrogenic properties, including antiuterotrophic effects (such as inhibition of estrogen-induced uterine growth and proliferation), possibly by inhibiting estrogen-

mediated gene expression through ER/AHR cross-talk. The effects of TCDD on changes in the expression of uterine genes mediated by ethynyl estradiol (EE) were investigated by using cDNA microarrays and physiologic and histologic determinations. EE-TCDD cotreatment inhibited EE-induced uterine wet weight also reduced EE-mediated stromal edema, hypertrophy, and hyperplasia; and induced marked luminal epithelial-cell apoptosis. Of the 2,753 EE-mediated differentially expressed genes, only 133 were significantly modulated by TCDD cotreatment; this mucht be because of a gene-specific inhibitory response. The EE-mediated induction of several genes, including trefoil factor 1 and keratin 14, was inhibited by more than 90% by TCDD. Functional annotation of inhibited responses was associated with cell proliferation, water and ion transport, and maintenance of cellular structure and integrity, which correlated with the observed histological alterations and might contribute to the antiuterotrophic effects of TCDD (Boverhof et al., 2008).

Although it would not constitute an adverse health outcome in an individual veteran, there is fairly strong evidence (see Table 7–4) that paternal exposure to dioxin may result in a lower sex ratio (that is, a smaller than expected proportion of male infants at birth). Pronounced reductions in sex ratio have been observed in the offspring of men exposed to dioxin following the Seveso accident, especially those under the age of 19 at the time of the dioxin release (Mocarelli et al., 2000); this phenomenon was not observed among the offspring of young women exposed by the Seveso accident (Baccarelli et al., 2008). Similar results of a depression in the sex ratio concentrated among fathers who were under 20 years of age at the time of the incident were following the Yucheng poisoning with oil contaminated with PCBs, PCDFs, and PCDDs (del Rio Gomez et al., 2002). Reductions in the expected number of male offspring have also been reported in several cohorts of men occupationally exposed to dioxin (Moshammer and Neuberger, 2000; Ryan et al., 2002), while other such male cohorts did not manifest this relationship (Heacock et al., 1998; Savitz et al., 1997; Schnorr et al., 2001). In the single report of this outcome among Vietnam veterans, however, the sex ratio was elevated for the Ranch Hand group with the highest serum dioxin levels (Michalek et al., 1998b).

Reference	Study Population	Sex Ratio of Offspring (boys/total) ^a	Comments
VIETNAM VETERAN	IS		
Studies Reviewed in Up	odate 2002		
Michalek et al., 1998b	Births from service through 1993 in AFHS		
	Comparison group	0.504	
	Dioxin level of Ranch Hand personnel		Not formally
	Background	0.502	analyzed
	Low	0.487	
	High	0.535	
OCCUPATIONAL	-		

TABLE 7-4 Selected Epidemiologic Studies—Sex Ratio

Studies Reviewed in Update 2004

Reference	Study Population	Sex Ratio of Offspring	Comments
		(boys/total) ^a	
Ryan et al., 2002	Russian workers manufacturing 2,4,5,-	0.401	p < 0.001, either
	trichlorophenol (1961–1988) or 2,4,5-T (1964–196	7) (91 boys: 136 girls)	parent exposed;
		0.378	p < 0.001, only
		(71 boys:	father exposed;
		117 girls)	
		0.513	NS, only mother
		(20 boys:	exposed
Studies Reviewed in <i>U</i>	ndate 2002	19 giris)	
Schnorr et al 2001	Workers producing trichlorophenol and derivatives		no difference on
Semiori et al., 2001	including 2.4.5-T	2	basis of age at first
	Serum TCDD level of fathers		exposure;
	Neighborhood controls (<20 ppt)	0.544	Referent
	Worker fathers		
	<20 ppt	0.507	None significantly
	20–255 ppt	0.567	decreased (or
	255–<1,120 ppt	0.568	increased)
	≥1,120 ppt	0.550	
Moshammer and	Austrian chloracne cohort		
Neuberger, 2000	Children born after start TCDD exposure in 19	710.464	Fewer sons,
		(26 boys:	especially if father
		30 girls	was < 20 yr when
	Children born before 19/1	0.613	exposed: 0.20
		(19 boys: 12 girls)	(1 boy: 4 girls)
Savitz et al., 1997	Ontario Farm Family Health Study: fathers' exposu	ire	
	during 3 mo before conception:	0.500	
	No chemical activity	0.503	referent
	Crop herbicides (some phenoxy herbicides)	0.500	NS
	No protoctive equipment used	0.510	NS NS
Studies Reviewed in U	Indate 1008	0.430	IN 5
Heacock et al 1998	Sawmill workers in British Columbia		
filedebek et al., 1996	Chlorophenate-exposed workers	0.515	
	Unexposed workers	0.519	
	Province overall	0.512	
ENVIRONMENTAL		0.012	
New Studies			
Baccarelli et al. 2008	Births 1994–2005 among women aged 0 to 28 at the	me	
,	of Seveso accident		
	Zone A	0.571	
	Zone B	0.508	
	Zone R	0.495	

Reference	Study Population	Sex Ratio of	Comments
		Offspring	
		(bovs/total) ^a	
Hertz-Picciotto et al	San Francisco Bay Area – serum levels in pregnant		Sex ratios all <0.5
2008	women during 1960s	OR for male	Sen ratios an 10.5
2008	00 th perceptile vs 10 th perceptile	hirth (not SD)	
	90 percentile vs 10 percentile	Dirth (not SK)	0.00 7
	Total PCBs	0.4 (0.3–0.8)	p = 0.007
	Dioxin-like PCBs		
	PCB 105	0.6 (0.4–0.9)	p = 0.02
	PCB 118	0.7(0.5-1.2)	p = 0.17
	PCB 170	0.6(0.4-0.9)	n = 0.02
	DCB 190	$0.0(0.4\ 0.9)$	p = 0.02 n = 0.32
Character 1, 2007	The second secon	0.8 (0.3-1.2)	p = 0.52
Chao et al., 2007	PCBs	[*	No association
del Rio Gomez et al., 200	2Births among individuals exposed to PCBs, PCDFs,		vs unexposed with
	and PCDDs in 1979 Yucheng incident		same demographics
	Eather exposed (whether or not mother exposed)	0 4 9 0	n = 0.037
	Eather <20 yrs in 1070	0.458	p = 0.020
	Father ≥ 20 yrs in 1979	0.430	p = 0.020
	Father ≥ 20 yrs in 1979	0.541	p = 0.60
	Mother exposed (whether or not father exposed)	0.504	p = 0.45
	Mother <20 yrs in 1979	0.501	p = 0.16
	Mother ≥ 20 yrs in 1979	0.500	p = 0.40
Studies Reviewed in Upd	late 2002		
Karmaus et al., 2002	Births after 1963 to Michigan fish-eaters with serum		
	PCBs levels for both parents		
	Deternal blood level $DCB_5 > 8.1 \text{ ug/I}$	0.571	n < 0.05
	raterilar blobu lever rCbs ~0.1 µg/L	0.371	p < 0.05
			(but for <u>more</u> sons)
	Maternal blood level PCBs >8.1 µg/L	0.494	NS
Yoshimura et al., 2001	Parents (one or both) exposed to PCBs and PCDFs in		
	Yusho, Japan		
	All Japan in 1967	0.513	referent
	Births 1967 (before poisoning incident)	0.516	NS
	Births 1968-1971 (after)	0 574	NS
Revich et al 2001	Residents near chemical plant in operation 1967_	0.571	110
Revien et al., 2001	1097 in Changevelt, Duggie		
	1987 III Chapaevsk, Kussia	0.507	NT 1 //
	1983–1997	0.507	No clear pattern
	Minimum (1989)	0.401	
	Maxima (1987 and 1995)	0.564 & 0.559	
Studies Reviewed in Upd	date 2000		
Mocarelli et al., 2000	Births 1977–1996 among individuals from Zones A.		
,	B or R aged 3 to 45 at time of 1976 Seveso accident	0 514	referent
	Naither parent avposed	0.608	NC
	Eather arranged (whether are structure 1)	0.000	TND m = 0.02
	Fainer exposed (whether or not mother exposed)	0.440	p = 0.03
	Father <19 yrs in 1976	0.382	p = 0.002
	Father ≥ 19 yrs in 1976	0.469	NS
	Only mother exposed	0.545	NS
Studies Reviewed in Upo	late 1998		

Reference	rence Study Population Sex Offs (boy		Comments
Mocarelli et al., 1996	Parent (either sex) from Seveso Zone A Births 1977–1984	0.351 (26 boys: 48 girls)	p < 0.001, related to parental TCDD serum levels
	Births 1985–1994	0.484 (60 boys: 64 girls)	NS

^{*a*} Given when available; results other than estimated risk explained individually.

^b VAO-series reports prior to Veterans and Agent Orange: Update 1998 did not address the association between perturbations in the sex ratio of offspring and exposure to the chemicals of interest.

* Information not provided by study authors.

— When information was denoted by a dash in the original study.

ABBREVIATIONS: NS, not significant; PCB, polychlorinated biphenyl; PCDD, polychlorinated dibenzodioxin; PCDF, polychlorinated dibenzofurans; TCDD, tetrachlorodibenzo-*p*-dioxin.

There were three articles in this update cycle contributing additional information to the question of whether TCDD exposure alters the sex ratio at birth. Chao et al. (2007) mention that they did not find an association between sex ratio of the offspring and the TEQ levels of dioxins, furans, or PCBs in the placentas from 119 Taiwanese women. Crude sex ratios for all births in 1994-2005 to women who were less than 18 years of age at the time of the Seveso accident are reported in Baccarelli et al. (2008), and the proportion of male births exceeds that of female births in Zones A and B. The only new evidence supporting an impact on the sex ratio came from Hertz-Picciotto et al. (2008), who reported on serum levels of nine PCB congeners (four dioxin-like: PCB 105, 118, 170, and 180) in blood gathered during the 1960s from 399 pregnant women in the San Francisco Bay Area. The adjusted odds of a male birth was significantly decreased when the 90th percentile of the total concentration of all nine PCBs was compared to the 10th percentile (OR = 0.45, 95% CI 0.26–0.80). The risk was significantly depressed for two of the dioxin-like PCBs analyzed separately, while the depression in the frequency of male babies was not significant for any of the five non-dioxin-like PCBs.

A population-level finding of a paternally mediated effect would be a strong indicator that dioxin exposure can interfere with the male reproductive process. To date, however, the results for a reduced number of sons for exposed father are mixed. James (2006) has interpreted perturbation of sex ratios by dioxins and other agents as being an indicator of parental endocrine disruption. If James' hypothesis were demonstrated to hold, it would be concordant with observing a reduction in testosterone levels among exposed men. Another pathway to an altered sex ratio might involve male embryos experiencing more lethality with induction of mutations due to their unmatched X chromosome. A genotoxic mechanism has not been expected to apply to TCDD, but gender-specific adverse consequences of modified imprinting of gametes might be a possible mechanism leading to observation of altered sex ratios at birth.

There has been no work with experimental animals that specifically examines the effects of TCDD on sex ratios of offspring, nor have any alterations in sex ratio been reported in animal studies that examined developmental effects of TCDD on offspring.

Synthesis

Reproduction is a sensitive toxic endpoint of TCDD and dioxin-like compounds (DLCs) in rodents. It is clear that the fetal rodent is more sensitive to adverse effects of TCDD than the adult rodent. The sensitivity of these endpoints in humans is less apparent. There is little evidence that exposure to dioxin is associated with a reduction in sperm quality or a reduction in fertility. However, the committee notes that the evidence that TCDD exposure reduces serum testosterone in men is consistent across several epidemiologic studies with appropriate consideration of confounders, including one of Vietnam veterans, shows a dose-response relationship and is biologically plausible based on concomitant increases observed in gonadotropins and biologic plausibility from animal studies. Human populations showing evidence of reduced testosterone with exposure to dioxin-like chemicals include a general population sample (Dhooge et al., 2006), occupationally exposed individuals (Egeland et al., 1994), and Vietnam veterans studies in the AFHS (Gupta et al., 2006). The evidence that dioxin-like chemicals may modify the sex ratio lends credence to hypothesis that these chemicals do have an impact on male reproductive functioning.

Despite the relative consistency of the findings of a reduction in testosterone level, the testosterone levels observed even in the highest exposed groups studied are well within the normal range. The small reduction in testosterone is not expected to have adverse clinical consequences. There is evidence of compensatory physiological mechanisms coming into play. The occupational study of Egeland et al. (1994) found elevated gonadotropins in addition to reduced testosterone. The gonadotropins stimulate the production of testosterone in men.

Conclusions

On the basis of its evaluation of the evidence reviewed here and in previous Veterans and Agent Orange (VAO) reports, the committee concludes that there is inadequate or insufficient evidence of an association between exposure to the compounds of interest and decreased sperm counts or sperm quality, subfertility, or infertility.

SPONTANEOUS ABORTION

Spontaneous abortion is the expulsion of a nonviable fetus, generally before 20 weeks of gestation, that is not induced by physical or pharmacologic means. The background risk of recognized spontaneous abortion is generally 7–15% (Hertz-Picciotto and Samuels, 1988), but it is established that many more pregnancies terminate before women become aware of them (Wilcox et al., 1988)—these terminations are known as subclinical pregnancy losses and generally are not included in studies of spontaneous abortion. Estimates of the risk of recognized spontaneous abortion vary with the design and method of analysis. Study designs include cohorts of women asked retrospectively about pregnancy history, cohorts of pregnant women (usually those receiving prenatal care), and cohorts of women who are monitored for future pregnancies. Retrospective reports can be limited by memory loss, particularly of spontaneous abortions that took place a long time before. Studies that enroll women who appear for prenatal care require the use of life tables

and specialized statistical techniques to account for differences in the times at which women seek medical care during pregnancy. Enrollment of women before pregnancy provides the theoretically most valid estimate of risk, but it can attract non-representative study groups because protocols are demanding.

Conclusions from VAO and Updates

The committee responsible for *VAO* concluded that there was inadequate or insufficient evidence of an association between exposure to 2,4-D, 2,4,5-T, TCDD, picloram, or cacodylic acid and spontaneous abortion. Additional information available to the committees responsible for *Update 1996*, *Update 1998*, and *Update 2000* did not change that conclusion.

The committee responsible for *Update 2002*, however, did conclude that there was enough evidence available concerning paternal exposure to TCDD specifically to conclude that there was suggestive evidence that paternal exposure to TCDD is *not* associated with the risk of spontaneous abortion. This conviction was based primarily on the NIOSH study (Schnorr et al., 2001), which investigated a large number of pregnancies fathered by workers whose serum TCDD levels were extrapolated back to the time of conception; no association was observed up to the highest exposure group (\geq 1,120 ppt). Indications of positive association were seen in studies of Vietnam veterans (CDC, 1989; Field and Kerr, 1988; Stellman et al., 1988), but the committee for *Update 2002* asserted that they might be due to exposure to phenoxy herbicides rather than to TCDD and concluded that there was insufficient information to determine whether an association exists between maternal exposure to TCDD and the risk of spontaneous abortion.

The additional information (none of which concerned paternal exposures) reviewed by the committees responsible for *Update 2004* and *Update 2006* did not change this conclusion. The relevant studies are reviewed in the earlier reports. Table 7-5 summarizes their findings.

		Risk (95% CI)"
VIETNIA M VIETED ANG		
VIETINAIVI VETEKAINS Studiog Deviewed in Undete 2002		
Studies Reviewed in <i>Opaate 2002</i>		1.0 (0.02, 1.21)
Kang et al., 2000 Female Vietnam-era veterans (ma	ternal exposure)	1.0 (0.82–1.21)
Vietnam veterans (1,665 pregna	ancies) 278	(*)
Vietnam-era veterans who did r	not serve in Vietnam 317	(*)
(1,912 pregnancies)		
Studies Reviewed in Update 2000		
Schwartz, 1998 Female Vietnam veterans (matern	al exposure)	
Women who served in Vietnam	113	(*)
Women who did not Serve in th	ne war zone 124	(*)
Civilian women	86	(*)
Studies Reviewed in Update 1996		
Wolfe et al., 1995 Air Force Ranch Hand veterans	157	
Background	57	1.1 (0.8–1.5)
Low level exposure	56	1.3(1.0-1.7)
High level exposure	44	1.0(0.7-1.3)

 TABLE 7-5
 Selected Epidemiologic Studies—Spontaneous Abortion

³⁹⁷

Reference	Study Population	Exposed Cases ^a	Estimated Relative Risk $(95\% \text{ CI})^a$
Studies Reviewed in VA)		
Aschengrau and Monson,	Wives of Vietnam veterans presenting at Boston		
1989	Hospital for Women		
	27 weeks gestation	10	0.9 (0.4–1.9)
	13 weeks gestation	*	1.2 (0.6–2.8)
CDC, 1989	Vietnam Experience Study		
	Overall	1,566	1.3 (1.2–1.4)
	Self-reported low exposure	489	1.2 (1.0–1.4)
	Self-reported medium exposure	406	1.4 (1.2–1.6)
	Self-reported high exposure	113	1.7 (1.3–2.1)
Field and Kerr, 1988	Follow-up of Australian Vietnam veterans	199	1.6 (1.3–2.0)
Stellman et al., 1988	American Legionnaires with service 1961–1975		
	Vietnam veterans vs. Vietnam-era veterans		
	All Vietnam veterans	231	1.4 (1.1–1.6)
	Low exposure	72	1.3 (1.0–1.7)
	Medium exposure	53	1.5(1.1-2.1)
	High exposure	58	1.7 (1.2–2.4)
	Herbicide handlers vs. Vietnam-era veterans	9	1.6(0.7-3.3)
	Vietnam veterans		
	Low exposure	72	1.0
	Medium exposure	53	1.2 (0.8–1.7)
	High exposure	58	1.4 (0.9–1.9)
OCCUPATIONAL			
Studies Reviewed in Una	late 2002		
Schnorr et al 2001	Wives and partners of men in the NIOSH cohort		
5 0 111011 00 0 1., 2 001	Estimated paternal TCDD serum level at the time		
	of conception		
	<20 ppt	29	0.8(0.5-1.2)
	20 to < 255 ppt	11	0.8(0.4-1.6)
	255 to <1120	11	0.7(0.3-1.6)
	> 1120 ppt	8	10(04-22)
Studies Reviewed in Una	<u>-</u> 1120 ppc	0	1.0 (0.1 2.2)
Driscoll 1998	Women employed by the US Forest Service—		
	miscarriages (maternal exposure)	141	20(11-35)
Studies Reviewed in VA)	111	2.0 (1.1 5.5)
Moses et al 1984	Follow-up of 2.4.5-T production workers	14	0.9(0.4-1.8)
Suskind and Hertzberg	Follow-up of 2,4,5-T production workers		0.9 (0.1 1.0)
1984	Tonow up of 2,4,5 T production workers	69	0.9(0.6-1.2)
Smith et al 1982	Follow-up of 2.4.5-T sprayers vs. non-sprayers	43	0.9(0.6-1.2)
Townsend et al. 1982	Wives of men employed involved in chlorophenol	85	10(0.8-1.4)
10 wilsond et al., 1902	processing at Dow Chemical Co.	05	1.0 (0.0 1.1)
Carmelli et al 1981	Wives of men occupationally exposed to 2.4-D		
	All reported work exposure to herbicides (high and	d 63	08(06-11)**
	medium)		0.0 (0.0 1.1)
	Farm exposure	32	0.7(0.4-1.5)
	Forest and commercial exposure	31	0.9 (0.6–1.4)
	Exposure during conception period	51	(
	Farm exposure	15	1.0(0.5-1.8)
	Forest and commercial exposure	16	1.6 (0.9–1.8)
	All exposures, father aged 18–25 years	10	2.0 (0.2 2.0)

Reference	Study Population	Exposed Cases ^a	Estimated Relative Risk $(95\% \text{ CI})^a$
	Forest and commercial exposure	8	3.1 (1.2–7.8)
	Exposure during conception period		
	Father aged 31–35 years, farm exposure	10	2.9 (0.8–10.9)
ENVIRONMENTAL New Studies			
Chao et al., 2007	Pregnant Taiwanese women, placental TEQ levels of dioxins and PCBs (maternal exposure)		Lack of association with spontaneous abortion (no data shown)
Tsukimori et al., 2008	Spontaneous abortions among pregnancies (excluding induced abortions) of women in 1968 Yusho incident (maternal exposure)	5	
	10 years after vs. 10 years before 10-fold increase in maternal blood level (drawn 2001–2005)	*	2.1 (0.8–5.2)
	PentaCDF (congener not specified)	*	1.6 (1.1–2.3)
	PCB-126 (TEF = 0.1)	*	2.5 (0.9-6.9)
	PCB-169 (TEF = 0.01)	*	2.3 (1.1-4.8)
Studies Reviewed in U	vdate 2006		
Eskenazi et al., 2003	Seveso (Italy) Women's Health Study participants		
	living in exposure Zones A and B in 1976 (maternal exposure)		
	Pregnancies 1976–1998	97	0.8 (0.6–1.2)
	Pregnancies 1976–1984	44	1.0 (0.6–1.6)
Studies Reviewed in U	vdate 2002		
Arbuckle et al., 2001	Ontario farm families (maternal and paternal		
	exposure)		
	Phenoxyacetic acid herbicide exposure in the preconception period & spontaneous abortion risk	48	1.5 (1.1–2.1)
Revich et al., 2001	Residents of the Samara Region, Russia (maternal and paternal exposure)		
	Chanaevsk		$24.4\%(20.0-29.5\%)^{b}$
	Samara	*	$15.2\% (14.3-16.1\%)^{b}$
	Toliatti	*	$10.6\% (9.8-11.5\%)^{b}$
	Svzran	*	$15.6\% (13.4 - 18.1\%)^{b}$
	Novokujbyshevsk	*	$16.9\% (14.0-20.3\%)^{b}$
	Other small towns	*	$11.3\% (9.4-13.8\%)^{b}$
Tuvet and Johansson.	Vietnamese women who were or whose husbands	*	(*) [anecdotal reports
2001	were exposed to herbicides sprayed during the Vietnam war		of miscarriage in pilot
Studies Reviewed in <i>U</i>	ndate 2000		studyj
Axmon et al 2000	Wives of Swedish fishermen		
7 million et ul., 2000	Before gestation week 12		0.5(0.3-1.0)
	East coast residents	12	0.0 (0.0 1.0)
	West coast residents	54	
Petrelli et al 2000	Wives of pesticide appliers	26	38(12-120)
		20	5.0 (1.2 12.0)

Unless otherwise indicated, studies show paternal exposure.

^{*a*} Given when available; results other than estimated risk explained individually.

^b Spontaneous abortion rate per 100 full-term pregnancies for the years 1991–1997.

* Information not provided by study authors.

**90% Confidence Interval

ABBREVIATIONS: CDC, Centers for Disease Control and Prevention; CI, confidence interval; NIOSH, National Institute for Occupational Safety and Health.

Update of the Epidemiologic Literature

There have been no additional occupational or veterans studies on spontaneous abortion in relation to the chemicals of interest since *Update 2006*.

Environmental Studies

Tsukimori et al. (2008) gathered the reproductive history back to 1958 of 214 women involved in the 1968 Yusho incident of ingestion of rice oil contaminated with PCBs and other dioxin-related compounds. Information was gathered on 512 pregnancies: 204 occurring in 1958–1967 served as the referent group; 122 occurring in the 10 years following the incident (1968–1977) were of primary interest; 88 occurring in 1978–1987 and 98 occurring in 1988– 2003 served to demonstrate the degree to which adverse reproductive effects had abated. Blood samples were drawn from 97 of these women in 2001-2005; analyses focused on three dioxinlike compounds: PentaCDF (congener not specified), PCB-126 (TEF = 0.1), and PCB-169 (TEF = 0.01). The risk of spontaneous abortions among all pregnancies (excluding induced abortions) in the 10 years after the incident was elevated compared to the pre-incident period (OR = 2.09, 95% CI 0.84–5.18), but fell to more neutral levels for pregnancies from 1978–1987 (OR = 1.00, 95% CI 0.32–3.09) and from 1988–2003 (OR = 1.22, 95% CI 0.41–3.63). When the pregnancies of the women with serum measurements for the dioxin-like compounds were analyzed, elevated risks of spontaneous abortion with 10-fold increases in serum levels were found for all three: PentaCDF (OR = 1.60, 95% CI 1.10-2.33), PCB-126 (OR = 2.52, 95% CI 0.92-6.87), and PCB-169 (OR = 2.28, 95% CI 1.09-4.75).

In studying pregnant Taiwanese women, Chao et al. (2007) mention that they did not find an association between placental dioxin levels, PCBs TEQ, or indicator PCBs and spontaneous abortion, but the data were not presented.

Biologic Plausibility

Laboratory animal studies demonstrate that TCDD exposure during pregnancy can alter circulating steroid hormone concentrations and disrupt placental development and function and thus contribute to a reduction in survival of implanted embryos and to fetal death. However, the reproductive significance of those effects and the risk of recognized pregnancy loss before 20 weeks of gestation in humans are not clear. There is no evidence of a relationship between paternal or maternal exposure to TCDD and spontaneous abortion. Exposure to 2,4-D or 2,4,5-T causes fetal toxicity and death after maternal exposure in experimental animals. However, that effect occurs only at high doses and in the presence of maternal toxicity. No fetal toxicity or death has been reported to occur after paternal exposure to 2,4-D.

Synthesis

The two new environmental studies with information concerning dioxin-like chemicals and spontaneous abortion had conflicting results and do not constitute motivation to changing the assessment of the prior committees. Given the age of the Vietnam-veteran cohort, publication of additional information on this outcome in the target population of the VAO series is unlikely.

Conclusions

The present committee concurs with the overall conclusion of the previous committees that paternal exposure to TCDD is *not* associated with risk of spontaneous abortion and that insufficient information is available to determine whether an association exists between the risk of spontaneous abortion and maternal exposure to TCDD or either maternal or paternal exposure to 2,4-D, 2,4,5-T, picloram, or cacodylic acid.

STILLBIRTH, NEONATAL DEATH, AND INFANT DEATH

Stillbirth or *late fetal death* typically refers to the delivery at or after 20 weeks of gestation of a fetus that shows no signs of life, including fetuses that weigh more than 500 g regardless of gestational age (Kline et al., 1989). *Neonatal death* refers to the death of a liveborn infant within 28 days of birth, while *infant death* includes deaths occurring before the first birthday.

Because the causes of stillbirth and early neonatal death overlap considerably, they are commonly analyzed together in a category referred to as *perinatal mortality* (Kallen, 1988). Stillbirths make up less than 1% of all births (CDC, 2000). The most common causes of perinatal mortality (Kallen, 1988) among low-birth weight (500-g to 2,500-g) liveborn and stillborn infants are placental and delivery complications—abruptio placenta, placenta previa, malpresentation, and umbilical-cord complications. Among infants weighing more than 2,500 g at birth, the most common causes of perinatal death are complications of the cord, placenta, and membranes and congenital malformations (Kallen, 1988).

Conclusions from VAO and Updates

The committee responsible for VAO concluded that there was inadequate or insufficient evidence of an association between exposure to 2,4-D, 2,4,5-T, TCDD, picloram, or cacodylic acid and stillbirth, neonatal death, or infant death. Additional information available to the committees responsible for *Update 1996*, *Update 1998*, *Update 2000*, *Update 2002*, *Update 2004*, and *Update 2006* did not change that conclusion. Reviews of the relevant studies are presented in the earlier reports.

Update of the Epidemiologic Literature

There have been no additional occupational or veterans studies on perinatal death in relation to the chemicals of interest since *Update 2006*.

Environmental Studies

In the study of pregnancy results among women involved in the Yusho poisoning incident, Tsukimori et al. (2008) reported on the intensity of pregnancy loss, defined as the risk of stillbirths, neonatal deaths, or spontaneous abortions among all pregnancies after induced abortions had been excluded. The risk of pregnancy loss in the 10 years after the incident was elevated compared to the pre-incident period (OR = 2.11, 95% CI 0.92–4.87), but fell to more neutral levels for pregnancies from 1978–1987 (OR = 1.02, 95% CI 0.37–2.84) and from 1988–2003 (OR = 1.01, 95% CI 0.37–2.78). For the women whose serum levels of the three dioxin-like compounds had been measured, elevated risks of pregnancy loss with 10-fold increases in serum levels were found for each of them: PentaCDF (OR = 1.70, 95% CI 1.18–2.46), PCB–126 (OR = 2.99, 95% CI 1.16–7.73), and PCB–169 (OR = 2.68, 95% CI 1.32–5.48). The inclusion of stillbirths and neonatal deaths intensified the finding for spontaneous abortions alone (see above), but spontaneous abortions do appear to dominate the analyses.

Biologic Plausibility

Laboratory studies of maternal TCDD exposure during pregnancy have demonstrated the induction of fetal death; neonatal death, however, is only rarely observed and is usually the result of cleft palate leading to an inability to nurse. Studies addressing the potential for perinatal death as a result of paternal exposure to TCDD or herbicides are too limited to support conclusions. One new study (Kransler et al., 2008) evaluated fetal and neonatal viability in rats exposed to various TCDD doses. Mortality in exposed rats was very high at gestation day (GD) 20 and postnatal day (PND) 7, but the causes of death were not determined in any of the cases.

Synthesis

The Yusho study reviewed for this update did find significant associations between maternal serum levels of three dioxin-like compounds and rates of "pregnancy loss", a variable that included stillbirth and neonatal death but was largely dominated by spontaneous abortion. The committee, however, considers studies of exposures to dioxin-like PCBs and furans in support of studies of dioxin, rather than primary evidence. Given the age of the Vietnam-veteran cohort, publication of additional information on this outcome in the target population of the VAO series is highly unlikely.

Conclusions

On the basis of its evaluation of the evidence reviewed here and in previous VAO reports, the committee concludes that there is inadequate or insufficient evidence of an association between exposure to the compounds of interest and stillbirth, neonatal death, or infant death.

BIRTH WEIGHT AND PRETERM DELIVERY

Birth weight and the length of the gestation period can have significant effects on neonatal morbidity and mortality. Defined by the World Health Organization as birth weights <2,500 grams (Alberman, 1984), low birth weight is a health outcome resulting from one of two distinct causes. Intrauterine growth retardation (IUGR) occurs when fetal growth is diminished and a fetus or baby fails to attain a normal weight or is small for gestational age. The concept of IUGR represents birth weight adjusted for gestational age, resulting in a lower weight than average when compared to local or national fetal growth graphs (Peltier, 2003; Roma et al., 2009). Low birth weight can also occur secondary to preterm delivery (PTD), which is delivery at less than 259 days, or 37 completed weeks, of gestation, calculated on the basis of the date of the first day of the last menstrual period (Bryce, 1991). Low birth weight resulting from either of these causes occurs in approximately 7% of live births. When no distinction is made between the causes of low birth weight (IUGR or PTD), the factors most strongly associated with it are maternal tobacco use during pregnancy, multiple births, and race or ethnicity. Other potential risk factors are socioeconomic status (SES), malnutrition, maternal weight, birth order, maternal complications during pregnancy (such as severe pre-eclampsia or intrauterine infections) and obstetric history, job stress, and cocaine or caffeine use during pregnancy (Alexander et al., 2003; Ergaz et al., 2005; Kallen, 1988; Peltier, 2003). Established risk factors for PTD include race (black), marital status (single), low SES, previous low birth weight or PTD, multiple gestations, tobacco use, and cervical, uterine, or placental abnormalities (Berkowitz and Papiernik, 1993).

Conclusions from VAO and Updates

The committee responsible for VAO concluded that there was inadequate or insufficient evidence of an association between exposure to the compounds of interest and low birth weight or preterm delivery. Additional information available to the committees responsible for *Update 1996*, *Update 1998*, *Update 2000*, *Update 2002*, *Update 2004*, and *Update 2006* did not change that conclusion. Reviews of the relevant studies are presented in the earlier reports.

Update of the Epidemiologic Literature

No new occupational or Vietnam-veteran studies concerning exposure to the compounds of interest and birth weight or preterm delivery were published since *Update 2006*.

Environmental Studies

In reporting on neonatal thyroid function among the births from 1994-2005 of women who had been less than 28 years old at the time of the Seveso accident, Baccarelli et al. (2008) reported that birth weight was similar across the three exposure zones. The data were not formally analyzed, but tabled data indicated that the proportions of low birth weight infants (<2,500 g) were not excessive: Zone A (1.8%, based on only 32 births), Zone B (5.2%), and Zone R (5.9%).

In the study of pregnancy results among women involved in the Yusho poisoning incident, Tsukimori et al. (2008) reported on the frequency of preterm deliveries among all deliveries. The risk of preterm delivery in the 10 years after the incident was significantly elevated compared to the pre-incident period (OR = 5.70, 95% CI 1.17-27.79), but was less pronounced for pregnancies from 1978–1987 (OR = 1.46, 95% CI 0.20-10.49) and from 1988–2003 (OR = 2.09, 95% CI 0.33-13.20). For the women whose serum levels of the three dioxin-like compounds had been measured, elevated risks of preterm delivery in association with 10-fold increases in serum levels were found for each: PentaCDF (OR = 1.98, 95% CI 1.03-3.80), PCB–126 (OR = 4.90, 95% CI 0.93-25.75), and PCB–169 (OR = 4.12, 95% CI 1.19-14.30).

Sagiv et al. (2007) measured PCB congeners in the cord blood of 788 infants born in 1993– 1998 to mothers at least 18 years old and residing around the PCB-contaminated harbor in New Bedford, Massachusetts. After adjustment for infant gestational age, sex, and year of birth and for maternal age, race, parity, BMI, smoking, and fish consumption, tests for trends in birth weight, crown-to-heel length, and head circumference with cord serum levels of dioxin-like PCB 118 (TEF = 0.0001) or with the sum of mono-ortho TEFs were all non-significant,

Similarly, Nishijo et al. (2008) studied 42 mother-infant pairs born at Toyama University Hospital, Japan, with at least 30 weeks gestation. They did not find significant correlations between TEQ-total, TEQ-PCDD, or TEQ-PCDF in maternal breast milk and the infant's birth weight. There were also no patterns of correlation for these measures of dioxin-like activity and infant length, chest circumference, or head circumference at birth.

Biologic Plausibility

In animal studies, the limited available experimental evidence indicates that TCDD exposure during pregnancy can reduce body weight at birth, but only at high doses.

Laboratory studies of the potential male-mediated developmental toxicity of TCDD and herbicides as a result of exposure of adult male animals are too limited to permit conclusions. TCDD and herbicides are known to cross the placenta leading to direct exposure of the fetus. Data from studies in experimental animals also suggest that the pre-implantation embryo and developing fetus are sensitive to the toxic effects of 2,4-D and TCDD after maternal exposure. However, the significance of those animal effects for humans is not clear.

Synthesis

The four environmental studies reviewed here did not provide compelling evidence of an

association between exposure to the compounds of interest and the risk of low birth weight or prematurity. The increased risk of preterm delivery in the five years after the Yusho incident and specifically in relation to measures of dioxin-like activity (Tsukimori et al., 2008) is of interest, but as the authors note their sample included less than half of the eligible women and the pregnancy information was gathered by from the subjects long after the events occurred. Otherwise, the results overall suggest a lack of an association with various measures of in utero development. Given the age of the Vietnam-veteran cohort, publication of additional information on this outcome in the target population of the VAO series is highly unlikely.

Conclusions

On the basis of its evaluation of the evidence reviewed here and in previous VAO reports, the committee concludes that there is inadequate or insufficient evidence of an association between exposure to the compounds of interest and low birth weight or preterm delivery.

BIRTH DEFECTS

The March of Dimes defines a birth defect as "an abnormality of structure, function or metabolism, whether genetically determined or as the result of an environmental influence during embryonic or fetal life" (Bloom, 1981). Other terms, often used interchangeably, are congenital anomaly and congenital malformation. Major birth defects, which occur in 2-3% of live births, are abnormalities that are present at birth and are severe enough to interfere with viability or physical well-being. Birth defects are detected in another 5% of babies through the first year of life. The causes of most birth defects are unknown. Genetic factors, exposure to some medications, exposure to environmental contaminants, occupational exposures, and lifestyle factors have been implicated in the etiology of birth defects (Kalter and Warkany, 1983). Most etiologic research has focused on the effects of maternal and fetal exposures, but some work has addressed paternal exposures. Paternally mediated exposures might occur by several routes and exert effects in various ways. One way is through direct genetic damage to the male germ cell transmitted to the offspring and dominantly expressed as a birth defect. A hypothesized route is the transfer of toxic compounds through a man's body into his seminal fluid, resulting in intermittent fetal exposures throughout gestation (Chia and Shi, 2002). Another, even more indirect route of paternally mediated exposure could be contact of family members with contamination brought into the home from the workplace, but this would not be applicable to offspring of Vietnam veterans conceived during the post-deployment period.

Conclusions from VAO and Updates

The committee responsible for VAO determined that there was inadequate or insufficient evidence of an association between exposure to 2,4-D, 2,4,5-T or its contaminant TCDD, picloram, or cacodylic acid and birth defects among offspring. Additional information available to the committee responsible for *Update 1996* led it to conclude that there was limited or suggestive evidence of an association between at least one of the compounds of interest and

spina bifida in the children of veterans; there was no change in the conclusions regarding other birth defects. The committee for *Update 2002*, which reviewed the study of female Vietnam veterans (Kang et al., 2000) reporting significant increases in the occurrence of birth defects among their offspring, did not find those results adequate to modify prior conclusions. Later VAO committees have not encountered additional data to merit changing the conclusion that the evidence is inadequate to support an association between exposure to the chemicals of interest and birth defects (aside from spina bifida) among the offspring of either male or female veterans.

Summaries of the results from studies of birth defects and specifically neural-tube defects that were reviewed here and in earlier reports can be found in the Tables 7-6 and 7-7, respectively.

Reference	Study Population	Exposed Cases ^a	Estimated Relative Risl $(95\% \text{ CI})^a$
VIETNAM VETERAN	NS		
Studies Reviewed in U	ndate 2002		
Kang et al., 2000	Female Vietnam-era veterans—deployed vs non-		
<i>c</i> ,	deployed (maternal exposure)		
	"Likely" birth defects	*	1.7 (1.2-2.2)
	"Moderate-to-severe" birth defects	*	1.5(1.1-2.0)
Studies Reviewed in U	pdate 2000		
AIHW, 1999	Australian Vietnam veterans—Validation Study		Cases expected (95% CI)
,	Down syndrome	67	92 expected (73–111)
	Tracheo-oesophageal fistula	10	23 expected $(14-32)$
	Anencephaly	13	16 expected $(8-24)$
	Cleft lip or palate	94	64 expected (48-80)
	Absent external body part	22	34 expected (23-45)
	Extra body part	74	74 expected (*)
Michalek et al., 1998a	Air Force Ranch Hand veterans		
	Before service in Southeast Asia	*	0.7 (*)
	After service in Southeast Asia	*	1.5 (*)
Studies Reviewed in U	pdate 1996		
Wolfe et al., 1995	High exposure Ranch Hands relative to comparisons		
,	All anomalies	57	1.0(0.8-1.3)
	Nervous system	3	(*)
	Eve	3	1.6 (0.4–6.0)
	Ear, face, and neck	5	1.7 (0.6–4.7)
	Circulatory system and heart	4	0.9(0.3-2.7)
	Respiratory system	2	(*)
	Digestive system	5	0.8(0.3-2.0)
	Genital system	6	1.2 (0.5-3.0)
	Urinary system	7	2.1 (0.8–5.4)
	Musculoskeletal	31	0.9(0.6-1.2)
	Skin	3	0.5(0.2-1.7)
	Chromosomal anomalies	1	(*)
Studies Reviewed in V	40		
AFHS, 1992	Air Force Operation Ranch Hand veterans—		
-	birth defects in conceptions following service in		
	Southeast Asia		
	Congenital anomalies	229	1.3 (1.1–1.6)
	č		× /

TABLE 7-6 Selected Epidemiologic Studies—Birth Defects in the Offspring of Subjects

Reference	Study Population	Exposed	Estimated Relative Risk
		Cases ^a	(95% CI) ^a
	Nervous system	5	1.9 (0.5–7.2)
	Respiratory system	5	2.6 (0.6–10.7)
	Circulatory system or heart	19	1.4 (0.7–2.6)
	Urinary system	21	2.5 (1.3-5.0)
	Chromosomal	6	1.8 (0.6–6.1)
	Other	5	2.6 (0.6–10.7)
Aschengrau and Monson,	Vietnam veterans whose children were born at		× ,
1990	Boston Hospital for Women		
	All congenital anomalies (crude OR)		
	vs men without known military service	55	1.3 (0.9–1.9)
	vs. non-Vietnam veterans	55	1.2(0.8-1.9)
	One or more major malformations (crude OR)		
	vs men without known military service	18	18(10-31)
	vs non-Vietnam veterans	18	13(07-24)
CDC 1989	Vietnam Experience Study—interview data	10	1.5 (0.7 2.1)
еве, 1969	Total anomalies	826	13(12-14)
	Nervous system defects	33	23(12-1.5)
	For face neck defects	35	1.6(0.0, 2.8)
	Lai, lace, lieck delects	57 /1	1.0(0.9-2.8) 2.2(1.2,4.0)
	Museuloskalatal dafaata	41	2.2(1.2-4.0) 1.2(1.1.1.5)
	Musculoskeletal delects	420	1.2(1.1-1.3)
	Ening hifida	11	5.1(1.1-25.1)
	Spina offica	9	1.7(0.0-5.0)
	Hypospadias	10	3.1(0.9-11.3)
	Multiple defects	/1	1.6(1.1-2.5)
CD C 1000	Children of veterans reporting high exposure	46	1.7 (1.2–2.4)
CDC, 1989	General Birth Defects Study—hospital records	120	10(0010)
	Birth defects	130	1.0 (0.8–1.3)
	Major birth defects	51	1.2 (0.8–1.9)
	Digestive system defects	18	2.0 (0.9–4.6)
	Birth defects—black Vietnam veterans only	21	3.4 (1.5–7.6)
Donovan et al., 1984	Australian Vietnam veterans		
	Vietnam veterans vs all other men	127	1.02 (0.8–1.3)
	National Service veterans—Vietnam service vs no	69	1.3 (0.9–2.0)
	Vietnam service		
Erikson et al., 1984a	Vietnam veterans identified through the CDC		
	Metropolitan Atlanta Congenital Defects Program		
	Any major birth defects	428	1.0 (0.8–1.1)
	Multiple birth defects with reported exposure	25	1.1 (0.7–1.7)
	EOI-5: spina bifida	1	2.7 (1.2–6.2)
	EOI-5: cleft lip with or without cleft palate	5	2.2 (1.0-4.9)
OCCUPATIONAL New Studies			
Weselak et al 2008	Pregnancies with one or more birth defects in the		
Weselak et al., 2000	Ontario Farm Family Health Study	108	
	Use on the farm during 3 months pre-conception	100	
	of.		
	Herbicides	24	0.7(0.4-1.1)
	Male offenring	24 10	0.7(0.7-1.1) 0.9(0.5-1.6)
	Direct paternal use	19	0.5(0.3-1.0) 0.5(0.3-1.0)
	Phenoxy herbicides	19	0.5(0.3-1.0) 0.6(0.3-1.1)
	i nenoxy neroientes	12	0.0 (0.3–1.1)

Reference	Study Population	Exposed	Estimated Relative Risk
	Mala affermina	Cases	$(95\% CI)^{-1}$
	Male offspring	9	0.8(0.4-1.7)
	Direct paternal use	8	0.4(0.2-0.9)
	2,4–D	10	1.1(0.6-2.1)
	Male offspring	1	1.3(0.6-2.8)
	Direct paternal use	6	0.6 (0.3–1.5)
	Dicamba	8	1.7 (0.8–3.5)
	Male offspring	7	2.4 (1.1–5.5)
	Use on the farm during 3 months post-conception of:		
	Herbicides	7[sic]	0.5 (0.2–1.2)
	Phenoxy herbicides	9	0.8 (0.4–1.5)
	2,4–D	7	1.0(0.4-2.3)
Studies Reviewed in U	pdate 2006		
Lawson et al., 2004	Wives of workers with serum TCDD levels in NIOSH cohort	14	* (*)
Studies Reviewed in U	pdate 1998		
Kristensen et al., 1997 Dimich-Ward et al.,	Norwegian farmers (maternal & paternal exposure) Sawmill workers	4,189	$1.0 (1.0 - 1.1)^{b}$
1996	Cataracts	11^{c}	5.7 (1.4-22.6)
	Genital organs	105^{c}	1.3(0.9-1.5)
Garry et al., 1996	Private pesticide appliers		
	All births with anomalies	125	14(12-17)
	Circulatory_respiratory	17	1.7(1.0-2.8)
	Gastrointestinal	6	1.7(0.8-3.8)
	Uragenital	20	1.7(0.8-5.8) 1.7(1.1,2.6)
	Museuleskeletel integrated	20	1.7 (1.1–2.0)
	Maternal and 20	50	0.0(0.5, 1.7)
	Maternal age < 30	11	0.9(0.5-1.7)
	Maternal age > 30	19	2.5 (1.6–4.0)
	Chromosomal	8	1.1 (0.5–2.1)
	Other	48	
	Maternal age < 35	36	1.1 (0.8–1.6)
	Maternal age > 35	12	3.0 (1.6–5.3)
Studies Reviewed in V	40		
Moses et al., 1984	Follow-up of 2,4,5-T male production workers	11	1.3 (0.5–3.4)
Suskind and Hertzberg, 1984	Follow-up of 2,4,5-T male production workers	18	1.1 (0.5–2.2)
Smith et al., 1982	Follow-up of 2,4,5-T sprayers—sprayers vs. non-	13	$1.2 (0.6-2.5)^d$
Townsend et al., 1982	Follow-up of Dow Chemical plant workers	30	0.9 (0.5–1.4)
ENVIRONMENTAL New Studies			
Mever et al 2006	Case_control study in eastern Arkansas of		
Weyer et al., 2000	hypogradias as function of mother's residence		
	within 500 m of agricultural posticide use during		
	within 500 m of agricultural pesticide use during		
	Discusso (ha)		
	Dicamba (IDS)	ماد	1.0
	0	*	1.0
	>0-<0.04	*	0.5(0.3-1.0)
	≥0.04	*	0.9 (0.4–2.1)
Studies Reviewed in U	pdate 2006		

Reference	Study Population	Exposed Cases ^a	Estimated Relative Risk $(95\% \text{ CI})^a$
Cordier et al., 2004	Residents of the Rhône-Alpes region of France		
,	living near municipal solid waste incinerators		
	(maternal and paternal exposure)		
	Minor anomalies	518	0.9 (0.8–1.1)
	Chromosomal anomalies	204	1.0(0.9-1.2)
	Monogenic anomalies	83	1.1 (0.8-1.4)
	Unknown or multifactoral etiology	964	1.1(1.0-1.2)
Schreinemachers, 2003	Rural or farm residents of Minnesota, Montana.		
,	North and South Dakota (maternal and paternal		
	exposure)		
	Any birth anomaly	213	1.1 (0.9–1.3)
	Central nervous system anomalies	12	0.8(0.5-1.4)
	Circulatory or respiratory anomalies	39	1.7(1.1-2.6)
	Digestive system anomalies	24	0.9(0.6-1.5)
	Urogenital anomalies	44	10(0.7-1.5)
	Musculoskeletal or integumental anomalies	70	1.5(1.1-2.1)
	Chromosomal anomalies	17	0.9(0.6-1.6)
Tango 2004	Investigated multiple pregnancy outcomes in	17	0.9 (0.0 1.0)
1 ango, 2004	Japan infant deaths from congenital defects	12	(*) NS
Studios Doviowod in U	Japan-infant deaths from congenital defects	42	()115
L offredo et al 2001	Mothers in the Baltimore Washington Infant Study	Q	28(1260)
Lonical et al., 2001	exposed to herbigides during the first trimester	0	2.8 (1.2-0.9)
	(meternal exposure)		
Derrich et al. 2001	(inaternal exposure) Desidents of Changewelt, Dussia	*	(*) NC
Kevicii et al., 2001	Residents of Chapaevsk, Russia—	•	(·) NS
4	congenital mailormations		
ten Tusscher et al.,	Infants born in Zeeburg, Amsterdam clinics 1963–		
2000	1965 with orofacial cleft (maternal exposure)	-	
	Births in 1963	5	(*) <u>\$</u> \$
	Births in 1964	1	(*) SS
Studies Reviewed in Up	pdate 2000		
García et al., 1998	Residents of agricultural areas in Spain—	14	3.1(0.6–16.9)
	≥median score on chlorophenoxy herbicides		
	exposure duration (months) index		
Studies Reviewed in VA	10		
Fitzgerald et al., 1989	Persons exposed to an electrical transformer fire—	1	2.1 (0.05–11.85)
	total birth defects (maternal or paternal exposure)		
Mastroiacovo et al.,	Seveso residents (maternal, paternal, and in utero		
1988	exposure)		
	Zones A, B, R—total defects	137	$1.0(0.8-1.1)^{e}$
	Zones A and B—total defects	27	$1.2 (0.9 - 1.6)^{e}$
	Zones A and B—mild defects	14	$1.4(0.9-2.2)^{e}$
Stockbauer et al., 1988	Persons in Missouri with documented TCDD soil		
	contamination near residence (maternal; paternal;		
	in utero exposure)		
	Total birth defects	17	0.8 (0.4–1.5)
	Major defects	15	0.8 (0.4–1.7)
	Midline defects	4	0.7 (0.2–2.3)
Hanify et al., 1981	Residents of areas of Northland New Zealand		
	subject to aerial 2,4,5-T spraying ^d		
	All birth malformations	164	$1.7(1.4-2.1)^{e}$
	All heart malformations	20	$3.9(2.1-7.4)^{e}$

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Reference	Study Population	Exposed Cases ^a	Estimated Relative Risk $(95\% \text{ CI})^a$
	Hypospadias, epispadias	18	$5.6(2.7-11.7)^{e}$
	Talipes	52	$1.7(1.2-2.3)^{e}$
	Cleft lip	6	$0.6 (0.3 - 1.3)^{e}$
	Isolated cleft palate	7	$1.4(0.6-3.2)^{e}$

Unless otherwise indicated, studies show paternal exposure.

^{*a*} Given when available; results other than estimated risk explained individually.

 b 95% confidence intervals contained one for all outcomes. An encephaly and spina bifida included in this calculation.

^c Number of workers with maximal index of exposure (upper three quartiles) for any job held up to three months prior to conception.

^{*d*} 90% confidence interval

^e Excludes stillbirths, neonatal death, or dislocated or dislocatable hip.

* Information not provided by study authors.

ABBREVIATIONS: AFHS, Air Force Health Study; AIHW, Australian Institute of Health and Welfare; CDC, Centers for Disease Control and Prevention; CI, confidence interval; EOI, exposure opportunity index; NS, not significant; SIR, standardized incidence ratio; SS, statistically significant.

Study Population Exposed Estimated Relative Reference Cases^a Risk (95% CI)^a VIETNAM VETERANS Studies Reviewed in Update 2000 AIHW, 1999 Australian Vietnam veterans-Validation Study Cases expected (95% CI) 33 expected (22-44) Spina bifida—maxima 50 Anencephaly 13 16 expected (8–24) Studies Reviewed in Update 1996 Wolfe et al., 1995 Air Force Operation Ranch Hand personnel-neural (*) tube defects^e Studies Reviewed in VAO Vietnam Experience Study CDC, 1989 Spina bifida 9 Vietnam veterans' children 1.7(0.6-5.0)Non-Vietnam veterans' children 5 (*) Anencephaly Vietnam Veterans' children 3 (*) Non-Vietnam veterans' children 0 (*) Birth Defects Study - Vietnam veterans Erickson et al., 1984a,b Spina Bifida 19 1.1(0.6-1.7)Anencephaly 12 0.9(0.5-1.7) 20^{b} EOI-5: spina bifida 2.7 (1.2-6.2) 7^b 0.7 (0.2-2.8) EOI-5: anencephaly ADVA, 1983 Australian Vietnam veterans—neural tube defects 16 0.9

TABLE 7-7 Selected Epidemiologic Studies—Neural Tube Defects in the Offspring of Subjects

OCCUPATIONAL

Studies Reviewed in Update 1998

Blatter et al., 1997

Dutch farmers Spina Bifida—Moderate/Heavy Exposure

Reference	Study Population	Exposed	Estimated Relative
		Cases ^a	Risk (95% CI) ^{<i>a</i>}
	Pesticide use	8	1.7 (0.7-4.0)
	Herbicide use	7	$1.6 (0.6-4.0)^c$
Kristensen et al., 1997	Norwegian farmers—spina bifida (maternal and		
	paternal exposure)		
	Tractor spraying equipment	28	1.6 (0.9–2.7)
	Tractor spraying equipment and orchards or		
	greenhouses ^h	5	2.8 (1.1–7.1)
Dimich-Ward et al., 1996	Sawmill workers		
	Spina bifida or anencephaly	22^d	2.4 (1.1–5.3)
	Spina bifida only	18^{d}	1.8 (0.8-4.1)
Garry et al., 1996	Private pesticide appliers—central nervous system	6	1.1 (0.5–2.4)
	defects		
ENVIRONMENTAL ^c			
Studies Reviewed in Update 2006			
Cordier et al., 2004	Residents of the Rhône-Alpes region of France	49	0.9 (0.6–1.2)
Stad'an Daadaan 1 ta 174	(maternal and paternal exposure)		
Studies Reviewed in VAC		2	2.0 (0.2, 25.0)
Stockbauer et al., 1988	Persons in Missouri with documented ICDD soil	3	3.0 (0.3–35.9)
	contamination—central nervous system defects		
TT 10 × 1 1001	(maternal; paternal; in utero exposure)		
Hanify et al., 1981	Spraying of 2,4,5-T in New Zealand (all exposures)		
	Anencephaly	10	$1.4 (0.7 - 2.9)^{a}$
	Spina bifida	13	$1.1 (0.6-2.1)^a$

Unless otherwise indicated, studies show paternal exposure.

^{*a*} Given when available; results other than estimated risk explained individually.

^b Number of Vietnam veterans fathering a child with a neural tube defect given any exposure opportunity index.

^c Calculated from data presented in the paper

^d Number of workers with maximal index of exposure (upper three quartiles) for any job held up to 3 months prior to conception.

^{*e*} Of the four neural tube defects reported among Ranch Hand offspring there were two spina bifida (high dioxin level), one spina bifida (low dioxin), and one anencephaly (low dioxin). No neural tube defects were reported in the comparison cohort. 454 post-service births were studied in Ranch Hand veterans; 570 in comparison cohort. ^{*f*} 90% confidence interval

^g Either or both parents potentially exposed.

^h Greenhouse workers would not have been exposed to the chemicals of interest

* Information not provided by study authors.

ABBREVIATIONS: 2,4,5-T, 2,4,5-trichlorophenoxyacetic acid; AIHW, Australian Institute of Health and Welfare; CDC, Centers for Disease Control and Prevention; EOI, exposure opportunity index; NR, not reported.

Update of the Epidemiologic Literature

Vietnam-Veteran Studies

No new Vietnam-veteran studies concerning exposure to the compounds of interest and birth defects were published since *Update 2006*.

Occupational Studies

One study published since *Update 2006* examined occupational exposures and birth defects. Weselak et al. (2008) reported results from the Ontario Farm Family Health Study. Spouses completed questionnaires that requested the history of pesticide use on the farm. Pregnancies resulting in birth defects were reported by the female study participants. All birth defects were combined for study analyses and exposure was examined by pesticide class, family, and active ingredient for two 3-month periods; pre- and post-conception. Adjusting for infant sex, maternal age at conception, parity, and fever during pregnancy, no association was observed for phenoxy herbicide use and any birth defect during either time period. Slightly elevated ORs were observed for pre-conception use of 2,4-D (OR = 1.07, 95% CI 0.55–2.08) and dicamba (OR = 1.67, 95% CI 0.79–3.53). When the outcome was limited to birth defects in male offspring, the associations increased for both 2,4-D (OR = 1.25, 95% CI 0.56–2.81) and dicamba (OR = 2.42, 95% CI 1.06–5.53). No association with birth defects was observed in analyses addressing direct use of phenoxy herbicides or 2,4–D specifically by fathers in the 3 months prior to conception.

Two additional articles describing the evaluation of occupational pesticide exposures and birth defects were published since *Update 2006*. Lacasana et al. (2006) examined anencephaly and maternal and paternal agricultural work during pregnancy in a case control study. However, given the exposure definition was limited to general job characteristics (e.g., agricultural work) rather than specific pesticides, the study did not meet the level of exposure classification required for full review by the committee. Similarly, Carbone et al. (2007) was limited by an exposure definition that considered the probability of exposure to pesticides (all types combined) and therefore unable to examine the associations for the specific compounds of interest for VAO.

Environmental Studies

Meyer et al. (2006) examined maternal residential proximity to agricultural pesticide applications and hypospadias. This population-based study identified cases and controls born in eastern Arkansas between 1998 and 2002. A geographic information system (GIS) approach was used as a surrogate of pesticide exposure, defined as applications within 500 m of each mother's residence during gestational weeks 6 through 16. Land-cover data, providing crop locations and type, and state-wide annual data on crop-specific pesticide use were used to classify maternal exposure history during pregnancy. Of the 116 pesticides used during the study period, the authors focused on 38 pesticides with existing toxicologic evidence of reproductive, developmental, or endocrine-disrupting properties. Of the chemicals of interest in the VAO series, 2,4–D was considered as a possible endocrine disruptor influencing luteinizing hormone and dicamba was tracked as a possible developmental toxicant. Dicamba, but not 2,4-D, was among the 16 pesticides used in proximity to maternal residences. No association with hypospadias was observed for all pesticides combined or for categories based on mode of action and target hormone. Dicamba was among four pesticides for which the cases had significantly lower average exposure than the controls (p < 0.05). Similarly, with the exception of diclofopmethyl (not a pesticide included on the VAO list), no dose-response relationships were found in analyses of specific pesticides adjusted for maternal age, race, smoking, and weight gain; timing of first prenatal visit; gestational age; and paternal education; 2,4-D was not examined separately.

Two additional articles published since *Update 2006* examined environmental exposure to pesticides and birth defects (Clementi et al., 2007; Felix et al., 2008). However, Felix et al. (2008) defined exposure as herbicide and insecticide use combined, while Clementi et al. (2007) used an ecologic exposure definition (living in a high pesticide application area). These broad exposure definitions did not meet the level of exposure specificity required for full review by the committee.

Biologic Plausibility

Little information is available on the reproductive and developmental effects of exposure to the herbicides discussed in this report. Studies indicate that 2,4-D does not affect male or female fertility and does not produce fetal abnormalities. Offspring of pregnant rodents exposed to 4-(2,4-dichlorophenoxy)butyric acid (2,4-DB) exhibit a reduced growth rate and increased mortality (Charles et al., 1999), but only after very high doses. Exposure to 2,4-D also alters the concentration and function of reproductive hormones and prostaglandins. One study reported an increased incidence of malformed offspring of male mice exposed to a mixture of 2,4-D and picloram in drinking water; however, paternal toxicity was observed in the high-dose group, and there was no clear dose-response relationship (Blakley et al., 1989). Picloram alone produced fetal abnormalities in rabbits at doses that are also toxic to the pregnant animals (John-Greene et al., 1985), but that effect has not been seen in many studies. 2,4,5-T was toxic to fetuses when administered to pregnant rats, mice, and hamsters, although in early studies TCDD contamination confounded attribution of the observed toxicity specifically to the herbicide; its ability to interfere with calcium homeostasis in vitro has been documented and linked to its teratogenic effects on the early development of sea urchin eggs. Cacodylic acid is toxic to rat, mouse, and hamster fetuses at high doses that are also toxic to the pregnant mother.

TCDD is a potent teratogen in all laboratory species that have been studied, although the pattern of induced birth defects is often species-specific. As demonstrated by ongoing research, fish, mice, and avian embryos exhibit substantial alterations in craniofacial development— shortened jaw in piscine species (Yamauchi et al., 2006), cleft palate in mice (Fujiwara et al., 2008; Jang et al., 2007, 2008; Keller et al., 2007b, 2008; Yamada et al., 2007), and beak malformations in birds. The developing cardiovascular system is also a common target for TCDD-induced teratogenicity (Lahvis et al., 2000; Mehta et al., 2007a,b,c, 2008; Nishimura et al., 2008) and on dental or bone development (Bursian et al., 2006; Gao et al., 2004, 2007; Ilvesaro et al., 2005; Lind et al., 1999, 2000a,b; Miettinen et al., 2005, 2006; Yasuda et al., 2005) have also been frequently noted following TCDD exposure.

The mechanisms by which TCDD induces various birth defects have not been exhaustively determined, but they appear to involve considerable species- and organ-specificity. Nonetheless, studies have consistently demonstrated that TCDD-induced developmental toxicity required the AHR. That has been definitively established in mice that lack AHR expression. When pregnant AHR-null mice are exposed to TCDD, the fetuses fail to exhibit any of the typical developmental malformations associated with TCDD exposure. The activated AHR mediates changes in gene transcription, so the inappropriate and sustained activation of AHR by TCDD during development appears to be a key first step in mediating TCDD's developmental toxicity. Although structural differences in the AHR have been identified among species, it functions similarly in animals and
humans. Therefore, a common mechanism mediated by the AHR in which tissue growth and differentiation processes are affected probably underlies the reproductive and developmental toxicity of TCDD in humans and animals.

It has been shown that cardiac myocytes and the endothelial lining of the heart and blood vessels are primary target sites of TCDD's effects on the developing cardiovascular system. Cytochrome P450 1A1 induction or alterations in pathways controlled by vascular endothelial growth factor might mediate the early lesions that result in TCDD-related vascular derangements. That antioxidant treatment provides protection against TCDD-induced embryotoxicity in some systems suggests that reactive oxygen species might be involved in the teratogenic effects of exposure to TCDD

Most are studies in which effects of TCDD on the developing embryo or fetus were investigated after maternal exposure to TCDD; they include an array of animal models and a variety of experimental endpoints. Such laboratory studies have established that maternal exposure to TCDD during pregnancy is associated with a wide variety of birth defects, which depend on the timing of exposure and the species being studied. For instance, Hutt et al. (2008) identified the compaction stage of pre-implantation rat embryogenesis as critically sensitive to the effects of TCDD, while survival to the blastocyst stage is not compromised.

Laboratory studies of potential male-mediated developmental toxicity (and birth defects specifically) attributable to exposure to TCDD and herbicides, however, are still limited. Feeding of simulated Agent Orange mixtures to male mice produced no adverse effects in offspring; a statistically significant excess of fused sternebrae in the offspring of the two most highly exposed groups was attributed to an anomalously low rate of this defect in the controls (Lamb et al., 1981). It is notable, however, that both AHR and ARNT are expressed in the human testis and sperm (Khorram et al., 2004; Shultz et al., 2003), and studies in rodents have shown that TCDD exposure results in significant changes in gene expression in spermatocytes and Sertoli cells; hence, cells of the testis are responsive to TCDD exposure (Kuroda et al., 2005; Yamano et al., 2005). Thus, there is biologic potential for paternal exposure to contribute to TCDD-induced developmental toxicity.

Synthesis

Embryonic/fetal development is a sensitive toxic endpoint of TCDD and dioxin-like compounds (DLCs) in rodents. It is clear that the fetal rodent is more sensitive to adverse effects of TCDD than the adult rodent; human data are generally lacking, however, and the sensitivity of this endpoint in humans is less apparent.

Overall, neither of the studies (Meyer et al., 2006; Weselak et al., 2008) considered by the committee provided evidence of an association between the compounds of interest and birth defects. While an association with dicamba exposure and birth defects among male offspring was observed in the study by Weselak et al. (2008), the interpretation of this finding is limited by the inability to attribute this association to specific birth defects.

Given the age of the Vietnam-veteran cohort, publication of additional information on this outcome in the target population of the VAO series is highly unlikely.

Conclusions

There were no new relevant studies evaluating the association between parental exposure to 2,4-D, 2,4,5-T, TCDD, cacodylic acid, or picloram and spina bifida in offspring. The committee concludes that the evidence is still limited or suggestive of an association between exposure to the compounds of interest and spina bifida. The evidence of an association between exposure to the compounds of interest and other birth defects is inadequate or insufficient.

CHILDHOOD CANCER

The American Cancer Society estimated that 10,730 children under the age of 15 years would have a diagnosis of cancer in the United States in 2008 (ACS, 2008). Treatment and supportive care of children with cancer have improved greatly, and mortality has declined by 49% over the last 30 years. Despite those advances, cancer remains the leading cause of death from disease in children under the age of 15 years, and 1,490 deaths were projected for 2008 (ACS, 2008).

Leukemia is the most common cancer in children. It accounts for about one-third of all childhood cancer cases; leukemia is expected to be diagnosed in nearly 3,540 children in 2008 (ACS, 2008). Of those, nearly 2,000 will have acute lymphocytic leukemia (ALL); most of the rest will have acute myelogenous leukemia (AML). Acute myelogenous leukemia (*International Classification of Diseases*, Ninth Edition [ICD-9] 205) is commonly referred to as acute myeloid leukemia and acute nonlymphocytic leukemia. For consistency, this report uses *acute myelogenous leukemia*, or simply *AML*, regardless of usage in the source materials. ALL is most common in early childhood, peaking between the ages of 2 and 3 years, and AML is most common during the first 2 years of life. ALL incidence is consistently higher in boys than in girls; AML incidence is similar in boys and girls (NCI, 2001). Through early adulthood, ALL rates are about twice as high in whites as in blacks; AML exhibits no consistent pattern in this respect. Chapter 6 contains additional information on leukemia as part of the discussion of adult cancer.

The second-most common group of cancers in children are those of the central nervous system—the brain and the spinal cord. Other cancers in children include lymphomas, bone cancers, soft-tissue sarcomas, kidney cancers, eye cancers, and adrenal gland cancers. Compared with adult cancers, relatively little is known about the etiology of most childhood cancers, especially about potential environmental risk factors and the effect of parental exposures.

Conclusions from *VAO* and Updates

The committee responsible for VAO concluded that there was inadequate or insufficient evidence of an association between exposure to 2,4-D, 2,4,5-T, TCDD, picloram, or cacodylic acid and childhood cancers. Additional information available to the committees responsible for *Update 1996* and *Update 1998* did not change that conclusion. The committee responsible for *Update 2000* reviewed the material in earlier VAO reports and newly available published literature and determined there was limited or suggestive evidence of an association between exposure to at least one of the compounds of interest and AML. After the release of *Update*

2000, investigators involved in one study discovered an error in their published data. The committee reconvened to evaluate the previously reviewed and new literature regarding AML, and *Acute Myelogenous Leukemia* (IOM, 2002) was produced. It reclassified AML from "limited/suggestive evidence of an association" to "inadequate evidence to determine whether an association exists." Table 7-8 summarizes the results of the relevant studies. The committees responsible for *Update 2000, Update 2002, Update 2004*, and *Update 2006* reviewed the material in earlier VAO reports and in newly available published literature and agreed that there remained inadequate or insufficient evidence of an association between exposure and childhood cancers.

Reference	Study Population	Exposed	Estimated Relative Risk $(95\% \text{ CL})^a$	
		Cases	KISK (9570 CI)	
VIETNAM VETERA	NS			
Studies Reviewed in <i>H</i>	In the Children of AML	f Veterans		
AIHW. 2001	Australian Vietnam veterans' children—Revised	,		
	Validation Study—AML	12^{b}	1.3(0.8-4.0)	
Studies Reviewed in L	Vodate 2000		()	
AIHW, 2000	Australian Vietnam veterans' children—Validation			
··· ,	Study–AML			
	<i>This study, which incorrectly calculated the</i>			
	expected number of AML cases, is superseded by			
	AIHW, 2001 above.			
Wen et al., 2000	Case-control study of children's leukemia			
	AML and ALL			
	Father ever served in Vietnam or Cambodia	117	1.2 (0.9–1.6)	
	<1 year in Vietnam or Cambodia	61	1.4 (0.9–2.0)	
	>1 year in Vietnam or Cambodia	49	1.2 (0.8–1.7)	
	AML only			
	Father ever served in Vietnam or Cambodia	40	1.7 (1.0–2.9)	
	<1 year in Vietnam or Cambodia	13	2.4 (1.1–5.4)	
	>1 year in Vietnam or Cambodia	16	1.5 (0.7–3.2)	
Studies Reviewed in V	'A0			
CDC, 1989	Vietnam Experience Study—outcomes in the			
	offspring of veterans			
	Cancer	25	1.5 (0.7–2.8)	
	Leukemia	12	1.6 (0.6–4.0)	
Field and Kerr, 1988	Cancer in children of Australian Vietnam veterans	4	(*)	
Erikson et al., 1984b	CDC Birth Defects Study—children of Vietnam			
	veterans			
	"Other" neoplasms	87	1.8 (1.0–3.3)	
OCCUPATIONAL				
New Studies				
Monge et al., 2007	Parental occupational exposure to pesticide and			
	childhood leukemia in Costa Rica			
	Paternal exposure in year before conception to:			
	Herbicides	53	1.2 (0.8–1.7)	
	Phenoxyacetic acids	28	1.0 (0.6–1.6)	
	Picloram (all ALL)	11	1.6 (0.7–3.4)	
	High vs low	8	6.3 (1.0–38.6)	

TABLE 7-8 Selected Epidemiologic Studies—Childhood Cancers

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Reference	Study Population	Exposed Cases ^a	Estimated Relative Risk (95% CI) ^a	
	Maternal exposure to: Herbicides		, , , , , , , , , , , , , , , , , , ,	
	In year before conception	9	2.0 (0.8-5.0)	
	In 1 st trimester	8	5.3 (1.4-20.0)	
	In 2 nd trimester	8	5.3 (1.4-20.0)	
	In 3 rd trimester	7	2.3 (0.8–6.8)	
	Phenoxyacetic acids in year before			
	conception	4	1.3(0.4-4.8)	
Studies Reviewed in Up	odate 2006			
Chen et al 2005	Parental occupational exposure to pesticide and			
	childhood GCTs			
	Maternal	32	11(07-16)	
	Paternal	39	0.9(0.6-1.3)	
Reynolds et al. 2005h	Maternal exposure to agricultural pesticide in class	57	0.7 (0.0-1.5)	
Reynolds et al., 20050	of "probable human carcinogens" (including			
	canodylic acid) during 9 months prior to delivery			
	All sites	222	10(0012)	
	All siles	170	1.0(0.9-1.2)	
	Leukemias	1/9	1.2(0.9-1.5)	
	Central nervous system tumors	31	0.9 (0.5–1.4)	
Studies Reviewed in Up	date 2004			
Flower et al., 2004	Offspring of male pesticide applicators in Iowa from AHS			
	Maternal exposure to chlorophenoxy herbicides	7	0.7 (0.3–1.5)	
	Paternal exposure to chlorophenoxy herbicides	28	1.3 (0.6–2.6)	
	Maternal exposure to 2,4-D	7	0.7 (0.3–1.6)	
	Paternal exposure to 2.4-D	26	1.29(0.7-2.4)	
Studies Reviewed in Un	odate 2000	-	(
Heacock et al 2000	Offspring of sawmill workers exposed to fungicides			
11 0000011 000 11, 2 000	contaminated with PCDDs and PCDFs			
	Leukemia			
	All workers offspring_incidence	11	1.0(0.5-1.8)	
	Offenring of workers with high chlorophenate	5	$0.8 (0.2 - 3.6)^c$	
	exposure	5	0.8 (0.2-5.0)	
	Drain concer			
	All suggiore offerening in siden as	0	12(0(25))	
	All workers of medians with high chloren herets	9	1.5(0.0-2.5) $1.5(0.4(0)^{c}$	
	Olispring of workers with high chlorophenate	3	1.5 (0.4–0.9)	
D 11 / 1 1000	exposure			
Buckley et al., 1989	Children's Cancer Study Group—exposure to			
	pesticides and weed killers—AML			
	Any paternal exposure	27	2.3 (p = 0.5)	
	Paternal exposure >1,000 days	17	2.7 (1.0–7.0)	
	Maternal exposure >1,000 days	7	undefined	
ENVIRONMENTAL				
New Studies				
Cooney et al., 2007	Case–control study of Wilm's tumor in US and			
	Canada			
	Maternal report of household use of herbicides			
	any time from conception through diagnosis	112	1.0 (0.7–1.4)	
Rudant et al., 2007	Case-control study of childhood hematopoietic			
	malignancies in France			

Reference	Study Population	Exposed Cases ^a	Estimated Relative Risk $(95\% \text{ CI})^a$	
	Maternal household herbicide use during			
	pregnancy			
	Acute leukemia	53	1.5 (1.0-2.2)	
	Without paternal exposure	4	5.0 (1.3-19.0)	
	All ALL	*	1.7 (1.2–2.5)	
	Common B-cell ALL	*	1.9 (1.3-2.9)	
	Mature B-cell ALL	*	1.5 (0.3-6.4)	
	T-cell ALL	*	0.5 (0.1–2.0)	
	AML	*	1.2 (0.5-2.8)	
	Hodgkin's disease	9	1.1 (0.5-2.4)	
	Without paternal exposure	0	_ `	
	Nodular sclerosis	*	1.3 (0.5-3.1)	
	Mixed cell	*	0.8 (0.1-6.6)	
	Non-Hodgkin's lymphoma	14	1.5 (0.8–2.7)	
	Without paternal exposure	0	_ ` `	
	Burkitt's lymphoma	*	1.7 (0.7-4.0)	
	B-cell lymphoblastic	*	0.7(0.2-3.0)	
	T-cell lymphoblastic	*	2.6 (0.7–9.0)	
	Anaplastic large cell	*	1.4(0.3-2.8)	
Studies Reviewed in Un	pdate 2006			
Chen et al., 2006	Childhood GCTs and residential exposure to			
	herbicides 6 months before conception during			
	gestation or through breastfeeding period			
	Maternal exposure	47	1 3 (0 9–1 7)	
	Daughters	36	14(10-20)	
	Sons	11	1.0(0.5-1.8)	
	Paternal exposure	90	10(0.7-1.3)	
	Daughters	32	12(0.7-2.0)	
	Sons	58	10(07-14)	
Studies Reviewed in Ur	ndate 2002	•••		
Daniels et al 2001	Neuroblastoma risk in children (case–control study)			
2 uniterio et uni, 2001	(as reported by both parents)			
	Pesticides in the home (used ever)	*	16(10-23)	
	Herbicides in the garden	*	1.0(1.02.3) 1.9(1.1-32)	
	Pesticides in the garden	*	2.2(1.3-3.6)	
Buckley et al 2000	NHL diagnosed at the age of < 20 years in children	*	$(*)^d$	
Buomey et un, 2000	with potential prenatal exposure to herbicides		()	
Kerr et al 2000	Neuroblastoma risk in children			
11011 of al., 2000	Maternal occupational exposure to insecticides	40	2.3(1.4-3.7)	
	Paternal exposure to dioxin	.0	69(13-684)	
Studies Reviewed in He	erbicide/Dioxin Exposure and AML in the Children or	f Veterans	0.9 (1.5 00.1)	
Kristensen et al 1996	Children of agricultural workers in Norway	, , etc. uns		
Tenstensen et un, 1996	Children with AML whose parents purchased	12	14(06-29)	
	nesticides	12	1.1 (0.0 2.9)	
Studies Reviewed in <i>Ut</i>	positiones			
Meinert et al 2000	Childhood cancer—population-based case-control			
Weinert et un, 2000	study			
	Leukemia			
	Paternal exposure: year before pregnancy	62	15(11-22)	
	Paternal exposure: during pregnancy	57	1.5(1.1-2.2) 1.6(1.1-2.3)	
	Maternal exposure, war before pregnancy	10	21(11-2.3)	
	material exposure, year before pregnancy	17	2.1 (1.1-7.2)	

Reference	Study Population	Exposed	Estimated Relative
		Cases ^a	Risk (95% CI) ^a
	Maternal exposure, during pregnancy	15	3.6 (1.5-8.8)
	Lymphomas		
	Paternal exposure, year before pregnancy	11	1.5 (0.7–3.1)
	Paternal exposure, during pregnancy		1.6 (0.7–3.6)
	Maternal exposure, year before pregnancy	3	2.9 (0.7–13)
	Maternal exposure, during pregnancy	4	11.8 (2.2-64)
Pearce and Parker, 2000	Kidney cancer in subjects (1-15 yrs) with paternal		
	occupation in agriculture	21	0.9 (0.2–3.8)
Infante-Rivard et al.,	Childhood ALL in households using herbicides—		
1999	population-based case-control study		
	Exposure during pregnancy	118	1.8 (1.3-2.6)
	Exposure during childhood	178	1.4 (1.1–1.9)
Studies Reviewed in Update 1996			
Pesatori et al., 1993	Seveso residents aged 0-19 years-10-year follow-		
	up, morbidity, all exposure zones		
	All cancers	17	1.2 (0.7–2.1)
	Ovary and uterine adnexa	2	-(0 cases expected)
	Brain	3	1.1 (0.3–4.1)
	Thyroid	2	4.6 (0.6-32.7)
	Hodgkin's lymphoma	3	2.0 (0.5-7.6)
	Lymphatic leukemia	2	1.3 (0.3-6.2)
	Myeloid leukemia	3	2.7 (0.7–11.4)
Bertazzi et al., 1992	Seveso residents aged 0-19 years-10-year follow-		
	up, mortality, all exposure zones		
	All cancers	10	7.9 (3.8–13.6)
	Leukemias	5	3.9 (1.2–1.8)
	Lymphatic leukemia	2	1.6 (0.1-4.5)
	Myeloid leukemia	1	0.8 (0.0-3.1)
	Leukemia, others	2	1.6 (0.1-4.6)
	Central nervous system tumors	2	1.6 (0.1-4.6)

Unless otherwise indicated, studies show paternal exposure.

^{*a*} Given when available; results other than estimated risk explained individually.

^b Of the 12, 9 were observed and 3 additional cases were estimated to have occurred in the portion of the cohort whose data were not validated.

^c OR estimated using low exposure subjects as the comparison cohort.

^d No information on herbicides as a class, distinct from insecticides or other pesticides, was available; exposures before conception were not singled out, and no distinction between maternal and paternal exposure was made.

* Information not provided by study authors.

ABBREVIATIONS: AFHS, Air Force Health Study; AHS, Agricultural Health Study, AIHW, Australian Institute of Health and Welfare; ALL, acute lymphocytic leukemia; AML, acute myeloid leukemia; CDC, Centers for Disease Control and Prevention; CI, confidence interval; EOI, exposure opportunity index; GCT, germ-cell tumor; NS, not significant; SS, statistically significant.

Update of Epidemiologic Literature

Vietnam-Veteran Studies

No new Vietnam-veteran studies concerning exposure to the compounds of interest and

childhood cancer were published since Update 2006.

Occupational Studies

One paper (Monge et al., 2007) addressed occupational exposure to pesticides and the risk of childhood leukemia in Costa Rica. All cases of leukemia in infants and children (up to 14 years of age at diagnosis) occurring in Costa Rica from 1995-2000 were identified at the Cancer Registry and Children's Hospital of Cost Rica. Population-based controls were identified from the National Birth Registry using computerized randomization and were frequency-matched by year of birth. Data were collected via interviews with both parents of the 300 case and 579 control children. Parents who worked in agriculture or livestock production completed an additional interview. Pesticide use and agricultural tasks were ascertained from 12 months prior to conception until the diagnosis of cancer for the cases and the interview date for the controls. Exposures to any herbicides were assessed during all time points of interest to the researchers (the year prior to conception, the three trimesters of pregnancy and first year of life), but only paternal exposures prior to conception and maternal exposure prior to and during gestation could be of any possible relevance to the circumstances under which Vietnam veterans were exposed. Paternal exposure to herbicides during the year before conception was slightly associated with all types of leukemia (OR = 1.2, 95% CI 0.8-1.7). Picloram was one of only five pesticides to which the parents of more than 3 cases had recorded exposure, and all 11 cases of leukemia involving paternal exposure to picloram were specifically acute lymphocytic leukemia (ALL); the association for any paternal exposure to picloram during the year before conception was elevated (OR = 1.6, 95% CI 0.7-3.4). The magnitude of the association increased, but was of borderline significance, when high and low exposures were compared (OR = 6.3, 95% CI 1.0– 38.6). Paternal exposure to phenoxyacetic acids was not associated with total leukemia (OR = 1.0, 95% CI 0.6-1.6).

Overall, the ORs were higher, but less precise, for maternal exposure to all herbicides combined during the defined time periods. The OR for maternal exposure to herbicides prior to conception and total leukemia was 2.0 (95% CI 0.8–5.0). An elevated, but imprecise, risk was observed for maternal exposure to herbicides during the first two trimesters of pregnancy (OR = 5.3, 95% CI 1.4–20.0). Maternal exposure to phenoxyacetic acids, with 4 exposed cases, was weakly associated with total leukemia (OR = 1.3, 95% CI 0.4–4.8).

An additional study published since *Update 2006* examined paternal occupational exposure to "pesticides or herbicides" and childhood cancer (Pearce et al., 2006). However, the exposure definition for analysis was limited to job titles that were likely to include exposure to pesticides and therefore did not meet the level of exposure specificity required for full review by the committee.

Environmental Studies

Cooney et al. (2007) examined household pesticide use and Wilm's tumor in a populationbased case-control study. Cases, all registered with the National Wilm's Tumor Study, were patients under 16 years of age with Wilm's tumor newly diagnosed in the US or Canada from 1999–2002. After the exclusion of 512 cases lacking physician or hospital approval, 653 eligible

cases remained, with 523 case mothers completing interviews. Random-digit dialing (RDD) was used to identify 682 eligible controls frequency matched by age at diagnosis and geographic residence. Of the control mothers, 517 completed interviews. Structured computer-assisted telephone interviews were used to gather information from mothers of cases and controls, including information on use of household pesticides from the month prior to pregnancy up until the date of diagnosis (or referent date) for the child any time during the child's gestation or childhood. No association with this broader definition of herbicide exposure was observed in this study (OR = 1.0, 95% CI 0.7-1.4).

Rudant et al. (2007) also examined household pesticide use as related to the risk of childhood hematopoietic cancers in the ESCALE study, a French National population-based case-control study designed to examine infectious, environmental, and genetic factors in childhood cancers (leukemia, lymphoma, neuroblastoma, and brain tumor). Cases less than 15 years of age newly diagnosed during the 2003-2004 study period were identified from each of the pediatric oncology departments with support of the French National Registry of Childhood Blood Malignancies. The population-based controls were randomly selected and frequency matched on age and sex. Structured telephone interviews were used to obtain data from biological mothers of cases and controls and included questions about household pesticide use by the mother during pregnancy. Pesticides were classified by functional groups (e.g., herbicides). Maternal exposure to herbicides (all types combined) during pregnancy was associated with acute leukemia (AL) (OR = 1.5, 95% CI 1.0–2.2) and non-Hodgkin's lymphoma (NHL) (OR = 1.5, 95% CI 0.8–2.7); no association was observed with Hodgkin's disease (HD) (OR = 1.1, 95% CI 0.5–2.4). This study's assessment of post-conception paternal exposure, which was considerably more common than maternal exposure, is not relevant for this VAO review. However, the pattern of associations for paternal exposure was similar to that observed for maternal exposure: AL (OR = 1.2, 95% CI 1.0–1.4), NHL (OR = 1.5, 95% CI 1.0–2.2), and HD (OR = 1.3, 95% CI 0.8–2.2). When the definition of exposure was limited to maternal exposure only (i.e., excluding paternal exposure), the number of exposed AL cases decreased to four, but the observed association for AL increased (OR = 5.0, 95% CI 1.3-19.0). Of the NHL or HD cases, none were considered to have had only maternal exposure. When examining malignancy subtypes, maternal household use of herbicides was associated with all types of acute lymphocytic leukemia (ALL) (OR = 1.7, 95% CI 1.2–2.5) and with the common B-cell subtype of ALL (OR = 1.9, 95% CI 1.3–2.9).

The Centers for Disease Control and Prevention (CDC) investigated environmental factors that might influence childhood leukemia in Churchill County, Nevada, where a higher than expected number of cases were diagnosed between 1997–2002 (Rubin et al., 2007). This cross-sectional case-comparison study enrolled 14 of the 15 eligible families of children with leukemia. RDD was used to identify the 55 participating comparison families (child and caretaking adults living in the home), which were matched on the case child's sex and year of birth. Biologic and environmental samples were collected from each of the families, and family members were interviewed. None of the 31 non-persistent pesticides were associated with leukemia, although geometric mean urine levels of 2,4-D and 2,4,5–T for the entire study sample were above the reference (NHANES) geometric mean. For the 11 persistent pesticides measured in sera, no association with cases status was observed.

Two additional studies examined environmental exposure to pesticides and childhood cancer. Carozza et al. (2008) and Walker et al. (2007) were limited by exposures defined as residence in counties of greater agricultural activity and did not meet level of exposure specificity required for full review by the committee.

Biologic Plausibility

Paternal or maternal exposure to xenobiotics potentially could increase the susceptibility of offspring to developing cancer through multiple mechanisms. Susceptibility could be increased by inheriting a genetic predisposition, which by itself could increase the development of cancer or the likelihood of developing cancer after future exposure to a carcinogen; the mother or father would transmit either an acquired genetic defect or an epigenetic alteration that predisposed the child to cancer. Alternatively, a maternally-mediated increased susceptibility to childhood cancer could result from direct exposure of a child in utero or via lactation to a xenobiotic that induces epigenetic alterations that increase cancer susceptibility or is itself carcinogen.

It has been shown that prenatal TCDD exposure of rats is associated with altered mammary gland differentiation and an increase in the number of mammary adenocarcinomas (Brown et al., 1998). A recent study's demonstration that early postnatal TCDD exposure does not increase mammary-cancer risk (Desaulniers et al., 2004) is consistent with findings that TCDD-induced changes in utero mediate the increase in cancer susceptibility (Fenton et al., 2000, 2002). Developmental epigenetic alterations may be involved in those prenatal effects. TCDD has been shown to suppress the expression of two tumor-suppressor genes, p16^{Ink4a} and p53, via an epigenetic mechanism that appears to involve DNA methylation (Ray and Swanson, 2004). Similarly, it was reported that prenatal TCDD exposure increases methylation of two growth-related imprinted genes, H19 and Igf2, in the developing fetus (Wu et al., 2004).

Although there is no direct evidence from animal models that TCDD increases the risk of childhood cancers, such as acute leukemia or GCTs, emerging research suggests that prenatal TCDD exposure can disrupt epigenetic imprinting patterns and alter organ differentiation, and this could contribute to an increased susceptibility to cancer later in life. A recent study has shown that chromosomal rearrangements associated with childhood ALL are evident in the neonatal blood spots; this suggests that childhood leukemias begin before birth and that maternal and perinatal exposures to xenobiotics may contribute to genetic mutations (Smith et al., 2005).

Synthesis

Two of the four studies reviewed by the committee report elevated odds ratios with respect to herbicide exposure and childhood cancer. Paternal exposure to picloram was associated with ALL in Monge et al. (2007), but these findings were limited by the small number of exposed cases, resulting in imprecise estimates of risk; no association was observed for paternal exposure to phenoxyacetic acids and leukemia. Maternal exposures in this same study also showed an elevation in risk for total leukemia, however, the maternal exposure definition was limited to all herbicides combined. Analyses by pesticide subtypes found no association for maternal exposure to phenoxyacetic acids. Similarly, Rudant et al. (2007) reported an elevated OR for maternal exposure to herbicides during pregnancy and AL. The interpretation of these findings for the purposes of this review is limited by the non-specific nature of the exposure definition to include all herbicides.

Conclusions

On the basis of its evaluation of the evidence reviewed here and in previous VAO reports, the committee concludes that there is inadequate or insufficient evidence of an association between exposure to the compounds of interest and childhood cancers.

EFFECTS OCCURRING LATER IN OFFSPRING'S LIFE OR IN LATER GENERATIONS

In response to a special request from the VA, continuing inquiries from the veterans themselves and their families, and somewhat more attention in research efforts, this update addresses whether it is now necessary and feasible to assess associations between exposure to the herbicides sprayed in Vietnam and health effects to the children and grandchildren of Vietnam Veterans that have not been formally reviewed in the VAO series. These additional outcomes may include effects (other than cancer) among the children that become apparent after the first year of life and that may be related to maternal or paternal exposures (e.g., cognitive and behavioral outcomes, impacts on sexual development). In addition, the committee explored the possibility of transgenerational effects resulting from exposure-related epigenetic changes, either in the parents or fetuses, that would result in adverse health effects in the subsequent generations (e.g., grandchildren).

Problems Detected in Children after First Year of Life

There is growing evidence from laboratory animal and human studies that exposures during fetal development can lead to adverse effects later in life that are not immediately apparent as structural malformations or functional deficits. Several reports of studies in animals and exposed humans suggest that prenatal exposure to TCDD or to dioxin-like compounds can impair **brain development and induce neurobehavioral deficits**. Outcomes can be subtle, ranging from altered learning and memory to modified sex-related behavior. The mechanisms of those effects are unclear. **Animal studies** have shown that perinatal TCDD exposure can decrease neuron number (Hojo et al., 2006), modify gene expression in various parts of the brain (Chang SF et al., 2005; Fujita et al., 2006; Mitsui et al., 2006; Nayyar et al., 2003), and reduce or reverse sexual dimorphic brain development (Chang SF et al., 2005; Ikeda et al., 2005b). These changes can be associated with altered behavior and learning in rodents (Ikeda et al., 2005b; Mitsui et al., 2006) and primates (Negishi et al., 2006).

Human studies have found_correlations between maternal, placental, and breast milk levels of dioxins and PCBs and the children's behavior have been observed among several hundred Dutch mother-infant pairs since 1990 (Koopman-Essenboom et al., 1994; Vreugdenhil et al., 2002, 2004). A study of human exposure to background concentrations of dioxins, furans, and PCBs during prenatal development (Nakajima et al., 2006) suggests a greater association between exposure and reduced motor development in 6-month-old infants than with their mental development; however, the few significant correlations among the dozens of comparisons made by this study applied to specific congeners with low relative potency (TEFs).

Animal studies have repeatedly shown adverse effects from prenatal TCDD exposure on various reproductive characteristics of the offspring. Studies in rodents show that a single maternal dose of TCDD produces malformations of the external genitalia and functional reproductive alterations in female progeny, including decreased fertility rate, reduced fecundity, cystic endometrial hyperplasia, and disrupted estrous cycles. Those effects depend on the timing of exposure. In agreement with previous findings (Gray et al., 1997b; Dienhart et al., 2000), recent research (Kakeyama et al, 2008) found that prenatal exposure to a low dose of TCDD affected the onset of puberty in the female offspring of rats. Several reports (Gray et al., 1997a; Mably et al., 1992; Ohsako et al., 2002) have indicated that development of the male reproductive system is exceptionally sensitive to in utero and lactational TCDD exposure. Maternal exposure to TCDD impairs prostate growth and seminal vesicle weight and branching and decreases sperm production and caudal epididymal sperm number in offspring. Work on the differentiation of mammary tissue in rats (Brown et al., 1998; Fenton et al., 2000, 2002) has demonstrated that TCDD produces changes in utero increasing susceptibility to cancer in adulthood.

Similar impacts on the reproductive characteristics of the offspring have been reported in **humans**. Reviewers (Damgaard et al., 2002; Landrigan et al., 2003; Teilmann et al., 2002; Wikiera et al., 2007) have hypothesized that the world-wide reports of precocious puberty, reduced semen quality, and other forms of reproductive dysfunction are likely related to exposure from before birth to environmental levels of endocrine disruptors, including dioxins. Demonstration of precocious puberty in the daughters of women accidentally exposed to polybrominated biphenyls (PBBs) (Blanck et al., 2000) suggests the plausibility of dioxin-like chemicals having such activity.

Human Effects in Subsequent Generations

As the cohort of Vietnam veterans ages, their children are now well into their reproductive years and concerns have been expressed as to whether herbicide exposures experienced in Vietnam might be having adverse effects on another generation. Growing awareness of the possibility of epigenetic changes (that is, heritable changes in genome function that occur without a change in primary DNA sequences) arising from exposure to our COIs now increases the plausibility of such transgenerational findings (Cordier, 2008), whereas in previous review cycles VAO committees had been quite confident that dioxin (the primary suspect) would not directly produce heritable genetic damage. Epidemiologic investigation of this possibility will be even more challenging to conduct than research on adverse effects on the first generation, but recently recognized epigenetic mechanisms that are the focus of intensive research could provide means by which such outcomes might occur.

Lasting gene expression changes responsible for the phenotypic changes associated with a disease state are the result of alterations of the genetic material by stable genetic or epigenetic mechanisms. Several factors, such as chemotherapy, mutagenic agents, endocrine disruptors, and environmental toxins alter DNA by one or the other mechanism (Anway et al., 2005; Barber et al., 2002). In mammalian development, long-lasting changes of gene expression result from alterations in DNA methylation patterns, the most common form of epigenetic change modification of the genome (Morgan et al., 2005). DNA methylation is associated with permanent changes in the genome (Baylin and Chen, 2005) and is thought to be a strong

mechanism for modifying gene expression, with an important role in normal development and in maintenance of genome stability (Jaenisch and Bird, 2003). Several diseases result from epigenetic imprinting malformations (Jiang YH et al., 2004), including some forms of cancer associated with DNA methylation aberrations (Roundtree et al., 2001). Current understanding indicates that epigenetic mechanisms are responsible for phenotypic changes induced by various chemicals and agents that act primarily through DNA damage, such as heavy metals, certain base analogs, ionizing radiation, reactive oxygen species, and smoke components. These agents, as well as other stress-inducing factors such as pesticides and some hormones (for example, estradiol), may alter DNA methylation states and/or histone acetylation states. A growing body of evidence suggests that epigenetic factors play a critical role in the development of cancer (Nagasaka et al., 2008).

The best-understood epigenetic alteration is DNA methylation, occurring in cytosine residues forming part of CpG islands, so called for their higher content in CpG dinucleotides. CpG dinucleotides occur in gene promoter regions at frequencies greater than expected on the basis of random distribution. Addition of a methyl group to the 5'-carbon of the cytosine in a CpG dinucleotide, if it occurs at multiple cytosines within a particular CpG island, is often associated with silencing of the gene by recruitment of methyl-binding proteins that create a chromatin conformation leading to gene repression. During cancer development, epigenetic silencing by promoter hypermethylation is one of the mechanisms that inactivate tumor suppressor genes. Unlike promoters of tumor suppressor genes, other DNA sequences of the genome are normally methylated, and their methylation is an important part of normal development, cellular differentiation, and X-chromosome inactivation, to the extreme that changes in their methylation status may lead to specific human disease states (Ehrlich, 2003). Although methylation status is genetically determined, recent work in animal model systems suggests that environmental exposures, particularly during fetal development and early life, also induce epigenetic changes in somatic tissues (Cutfield et al., 2007) that can be passed through multiple generations, although they do not cause DNA mutations (Anway et al., 2008).

The period of embryonic development is the time when the organism is most sensitive to injury by chemicals and environmental toxins (Yamazaki et al., 2003). During this time, lineageand germ line-specific DNA methylation patterns are established (Reik and Walter, 2001). The lineage-specific pattern establishes the DNA methylation pattern for the various somatic cells following fertilization. The germ line-specific DNA methylation pattern is established during gonadal sex determination (Reik et al., 2001) and is critical for gene imprinting (Lucifero et al., 2004). Unlike lineage-specific DNA methylation programming, changes in germ line-specific programming can alter heritable DNA methylation profiles, which could result in a transgenerational phenotype. Alterations in this lineage-specific DNA methylation potentially lead to developmental defects and, in the worst case situation, embryonic lethality (Reik et al., 2001).

Because of its status as a persistence environmental contaminant of great concern and its known estrogenic activity, dioxin is often mentioned as a chemical that might be expected to produce adverse effects by epigenetic mechanisms (Edwards and Myers, 2007). Research into dioxin's potential as an epigenetic agent is in its early stages, but there have been several reports that dioxin has such properties. For instance, Wu et al. (2004) have demonstrated that TCDD exposure of mouse embryos before implantation in unexposed females resulted in reduced fetal weight in association with reduced expression and increased methylation of imprinted genes. Another mode of epigenetic change is modification of the spatial arrangement of chromosomes,

which is correlated with gene expression and how cells differentiate, and Oikawa et al. (2008) have found that TCDD through AHR modifies the position of chromosomes in the interphase nuclei of human pre-adipocytes.

Failure to comprehend how something might happen is not a scientifically legitimate reason for not inquiring into whether it has occurred. Nonetheless, despite the profound concern of veterans and their families that that herbicide exposures in Vietnam were having adverse effects on the health of their children and now grandchildren, the longstanding biologic conviction that there was no plausible mechanism by which non-genotoxic agents like the chemicals of concern in these VAO reports could produce paternally-mediated transgenerational effects could only discourage undertaking the arduous work of conducting epidemiologic studies on such health problems in older offspring and the second generation. The developing understanding of epigenetic mechanisms leads this committee to conclude that it is considerably more plausible than previously believed that exposure to the herbicides sprayed in Vietnam might have caused transgenerational effects. Such potential would most likely be attributable to the TCDD contaminant in Agent Orange. Consequently, this committee recommends that toxicologic research be conducted to address and characterize TCDD's potential for inducing epigenetic modifications and is more convinced that additional epidemiologic study would be a worthwhile investment of resources.

Efficient conduct of epidemiologic investigations into whether such effects are being manifested among the grandchildren of Vietnam veterans will probably require the development of some innovative techniques and protocols. The design of such studies poses additional challenges over the traditional case-cohort or cohort studies in that large numbers subjects need to be tracked in multiple generations, exposures need to be reconstructed as specifically as possible for critical periods in each individual's life, and the effects to be appraised could be quite diverse. Although there could be problems of selection bias, starting with previously defined cohorts of deployed and non-deployed Vietnam-era veterans would probably be the most efficient way to address the question of whether there is an elevated incidence of health problems appearing in the mature children and grandchildren of Vietnam veterans. Only a single temporal pattern of exposure-preconception exposure of fathers (almost exclusively)-would need to be contrasted with a quite cleanly defined absence of such preconception exposure, so the hypothesis could actually be tested more precisely than in instances where paternal or maternal exposure could be happening before conception, during gestation, and after birth. It can be anticipated that, these many decades after potential exposure to herbicides in Vietnam, it is not going possible to determine original exposures with any accuracy, so working from study populations with existing measures of TCDD serum concentrations would be advantageous.

SUMMARY

Synthesis

The studies reviewed for this update did not find any significant associations between the relevant exposures and reproductive outcomes. The scientific evidence supports the biologic plausibility of a connection between exposure to the chemicals of interest and reproductive effects, but the epidemiologic studies of occupational cohorts, exposed communities, and Vietnam veterans have not provided conclusive evidence of any additional associations between exposures and an array of reproductive outcomes and conditions among the offspring of exposed

parents. The mechanisms by which the chemicals exert their biologic effects are still subjects of scientific investigation. With the aging of the Vietnam-veteran population, additional studies on fertility, spontaneous abortion, and sex ratio cannot be expected, although there may be additional studies of reproductive outcomes in other populations with exposure to the chemicals of interest. The possibility of structural or functional abnormalities becoming manifest in the maturing offspring of exposed people will continue to be of interest. In addition, the committee strongly recommends that careful consideration be given to systematically evaluating whether recently recognized mechanism of epigenetic modification may mean there could be long-term consequences of herbicide exposure for the health of the offspring of Vietnam veterans into subsequent generations.

Conclusions

There is inadequate or insufficient evidence of an association between exposure to 2,4-D, 2,4,5-T, TCDD, picloram, or cacodylic acid and endometriosis; semen quality; infertility; spontaneous abortion; late fetal, neonatal, or infant death; low birth weight or preterm delivery; birth defects other than spina bifida; and childhood cancers.

There is limited or suggestive evidence of an association between exposure to the compounds of interest and spina bifida. There is some evidence of altered hormone concentrations, but the degree to which testosterone levels may be modified is not extreme enough for clinical consequences to be anticipated.

There is limited or suggestive evidence that the specific combination of paternal exposure to TCDD is *not* associated with risk of spontaneous abortion.

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¹ Throughout the report the same alphabetic indicator following year of publication is used consistently for the same article when there were multiple citations by the same first author in a given year. The convention of assigning the alphabetic indicator in order of citation in a given chapter is not followed.

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8

Neurologic Disorders

The nervous system is a complex organ that allows human beings to interact with both the internal and external environment. For convenience, we divide the nervous system into the central nervous system (CNS) and the peripheral nervous system (PNS). The CNS is comprised of the brain and spinal cord, while the PNS consists of sensory and motor nerves that enter or leave the spinal cord and are responsible for our ability to sense the outside world and to move within it. In addition, the PNS also includes autonomic nerve fibers, which sense internal events such as changes in blood pressure or temperature, and which act to control these and other aspects of our internal environment. Neurological disorders due to toxicant exposure may result in either immediate or delayed dysfunction of any component of the nervous system; immediate effects of toxicants may affect all aspects of the nervous system, while delayed toxicity is more likely to produce more focal problems.

Within the CNS, diffuse damage may cause alterations in thinking, consciousness or attention, often combined with abnormalities in movement. Focal dysfunction can cause a myriad of syndromes, depending on the area of the CNS that is damaged. Although neurological disorders can cause problems with thinking and emotional dysregulation, it is important to distinguish them from psychiatric conditions such as post traumatic stress disorder, depression, and anxiety, as well as from systemic conditions with uncertain cause, such as chronic fatigue syndrome. In this section, we will consider possible diffuse CNS effects of toxic exposure as well as specific clinical conditions that result from dysfunction of focal brain areas. Examples of diseases that result from degeneration of specific brain areas include Parkinson's disease (PD), Alzheimer's disease (AD), spinocerebellar degeneration, or amyotrophic lateral sclerosis (ALS). All of these diseases occur in the absence of any toxicant exposure; however, all may be triggered by different aspects of the environment, including toxicant exposure.

Disorders of the PNS are generally referred to as neuropathies. Neuropathies may be purely motor and affect only movement, or purely sensory; most often, however, both motor and sensory fibers are affected. Usually neuropathies are symmetric and start with symptoms related to dysfunction of fibers that travel the greatest distance to their target organ. For this reason, symptoms of neuropathy generally start in the digits and travel toward the torso. Most neuropathies also affect autonomic fibers as well, which can result in changes in blood pressure and heart rate, as well as symptoms related to the control of digestion.

Neurologic disorders related to toxicant exposure may be acute or delayed, and may produce temporary or long lasting problems. Timing is important in assessing the effects of chemical exposure on neurologic function and must be considered in the design and critique of epidemiologic studies. In the original *Veterans and Agent Orange* report, hereafter referred to as *VAO* (IOM, 1994), attention was deliberately focused on persistent neurobehavioral disorders. This focus has been maintained in subsequent updates, *Veterans and Agent Orange: Update 1996*, or

Update 1996 (IOM, 1996); Veterans and Agent Orange: Update 1998, or Update 1998 (IOM, 1999); Veterans and Agent Orange: Update 2000, or Update 2000 (IOM, 2001); and Veterans and Agent Orange: Update 2002, or Update 2002 (IOM, 2003). A slight change in emphasis toward chronic neurodegenerative disorders was reflected in "Neurologic Disorders" becoming the name of this chapter in Veterans and Agent Orange: Update 2004, or Update 2004 (IOM, 2005); which was carried forward in Veterans and Agent Orange: Update 2006, or Update 2006 (IOM, 2007). This report too will review data pertinent to persistent neurologic disorders of all types.

Case identification in neurologic disorders is often difficult because there are few disorders for which there are specific diagnostic tests. Many disorders involve cellular or molecular biochemical effects, so even the most advanced imaging techniques can miss an abnormality. Because the nervous system is not readily accessible for biopsy, pathologic confirmation usually is not feasible. However, identifiable neurological disorders always result in objective abnormalities, reflected either in anatomic or functional tests, or discovered by clinical examination.

Many studies have addressed the possible contribution of various chemical exposures to neurologic disorders, but the committee's focus is on the health effects of a particular set of chemicals: four herbicides (2,4-dichlorophenoxyacetic acid [2,4-D], 2,4,5-trichlorophenoxyacetic acid [2,4,5-T], 4-amino-3,5,6-trichloropicolinic acid [picloram], and cacodylic acid [dimethyl arsinic acid or DMA]) and a contaminant of 2,4,5-T, 2,3,7,8-tetrachlorodibenzo-*p*-dioxin (TCDD). Thus, the specificity of exposure assessment is an important consideration in weighing evidence relevant to the committee's charge, as described earlier (Chapters 2 and 3).

This chapter reviews the association between exposure to the compounds of interest and neurobehavioral disorders, neurodegenerative disorders, and peripheral neuropathy. The scientific evidence supporting biologic plausibility is also reviewed here. More complete discussions of the categories of association and of this committee's approach to categorizing health outcomes are presented in Chapters 1 and 2. For citations new to this update that revisit previously studied populations, design information can be found in Chapter 5.

NEUROBEHAVIORAL (COGNITIVE OR NEUROPSYCHIATRIC) DISORDERS

This section summarizes the findings of *VAO* and previous updates on neurobehavioral disorders and incorporates information published in the last two years into the evidentiary database.

Conclusions from VAO and Updates

On the basis of the data available at the time, it was concluded in VAO, Update 1996, Update 1998, Update 2000, Update 2002, Update 2004, and Update 2006 that there was inadequate or insufficient evidence to determine the existence of an association between exposure to the compounds of interest and neurobehavioral disorders. Many of the data that informed that conclusion came from the Air Force Health Study (AFHS, 1991, 1995, 2000; Barrett et al., 2001, 2003). VAO and the updates offer more complete discussions of the results. The AFHS studies (AFHS, 1991, 1995) reviewed in VAO revealed no association between serum TCDD concentration and reported sleep disturbance or variables on the Symptom Checklist-90-Revised.

In contrast, serum TCDD was significantly associated with responses on some scales of the Millon Clinical Multiaxial Inventory. Observations on 55 highly exposed Czech 2,4,5-T production workers (Pazaderova-Vejlupkova et al., 1981) were found to suffer from methodologic problems.

Update 1996 reviewed two not particularly informative studies of Vietnam veterans (Decoufle et al., 1992; Visintainer et al., 1995) and a study of highly exposed German workers (Zober et al., 1994), which found a relationship of "mental disorders" with severity of chloracne, but not with TCDD blood levels. *Update 1998* considered a report on mental health problems among Australian Vietnam veterans, but not in the context of herbicide exposure (O'Toole et al., 1996).

In *Update 2000*, results from the AFHS (AFHS, 2000) indicated that although the frequency of several self-reported neuropsychiatric symptoms differed between exposure groups, the associations were not significant after adjustment for covariates. In addition, a repeat psychologic assessment with the symptom checklist in conjunction with self-reported psychologic disorders verified through medical-record review showed that among five diagnostic categories (psychosis, alcohol dependence, drug dependence, anxiety, and other neurosis), a dose–response pattern with serum TCDD concentration was found only for "other neuroses" in the enlisted ground crew. When the entire cohort was evaluated, there were no significant associations between serum TCDD and various psychologic diagnoses.

Update 2002 reviewed three studies. Neuropsychologic tests of cognitive functioning indicated significant group differences on some scales on the AFHS cohort during the 1982 examination, but the findings did not support a dose–response relationship with serum TCDD: poorer performance was seen in groups with background or low exposure, and the lower performance on only one memory test for one subgroup of subjects suggested a chance finding (Barrett et al., 2001). Gauthier et al. (2001) did not find a relationship between AD and exposure to herbicides and insecticides. The results of Pelclova et al. (2001) on a Czech 2,4,5-T production cohort were not given much credence.

Update 2004 reviewed five new studies. Among them was a report on the AFHS cohort (Barrett et al., 2003) in which the authors conclude that there were "few consistent differences in psychological functioning" between groups categorized by serum dioxin concentrations. Kim et al. (2003) described increased prevalence of PTSD among Korean military who served in Vietnam, but there was no association with estimated exposure to Agent Orange. The remaining three studies (Baldi et al., 2003a; Dahlgren et al., 2003; Pelclova et al., 2002) were found to be uninformative because of methodologic limitations.

Update 2006 considered two new studies of limited relevance. Park et al. (2005) analyzed cause of death as a function of subject's "usual occupation" on 2.8 million death certificates, but the significantly increased odds ratio for presenile dementia and "pest control" was not sufficiently specific for the toxicants of interest. The elevation in mortality from "mental disorders" reported among Australian Vietnam veterans (ADVA, 2005c) was based on such a broad diagnostic category that it was impossible to conclude whether subjects investigated had neurological symptoms or signs.

Prior committees have maintained the conclusion that there has been inadequate or insufficient evidence of an association between exposure to the compounds of interest and neurobehavioral disorders (cognitive or neuropsychiatric).

Update of the Epidemiologic Literature

No new Vietnam-veteran or environmental studies concerning exposure to the compounds of interest and neurobehavioral conditions have been published since *Update 2006*.

Occupational Studies

Since *Update 2006*, few studies relevant to neurobehavior have been published. Kamel et al. (2007a) evaluated subjects participating in the Agricultural Health Study, and evaluated questionnaire responses from more than 18,000 subjects who listed a variety of neurological symptoms including memory and concentration. There was clear evidence of a dose-dependent relationship between pesticide use and neurological symptoms, but no increase in symptoms from herbicide exposure. Symptoms were considered as a group, so there was no evaluation of behavioral symptoms separated from the other neurological complaints.

Solomon et al. (2007) identified subjects by postal codes in Great Britain, and 9,844 men filled out a questionnaire dealing with pesticide exposure and a variety of neurological symptoms including neuropsychiatric ones. There was an increased incidence of symptoms reported by those with the highest frequency exposure to a variety of pesticides; neuropsychiatric symptoms clustered with other neurological symptoms, and were also highly correlated with a tendency towards somatization as assessed by a separate instrument. The authors concluded that there was a relationship between pesticide use and symptoms, but considered psychological factors to be a likely cause as compared to a toxic effect. In any case, there was no separate evaluation of herbicide use or the compounds of interest in this volume.

In contrast to the large cohort studies described above, Urban et al. (2007, #1375) studied 15 remaining subjects who had became acutely ill after chronic exposure to TCDD between 1965 and 1968 at the Czech chemical plant, considered previously in methodologically limited studies (Pazderova-Vejlupkova et al., 1981; Pelclova et al., 2001, 2002). When examined in 2004, the mean TCDD plasma concentration was 128 ppt. The majority had abnormalities on neuropsychological testing and/or single-photon emission computerized tomography (SPECT) imaging. This study supports the idea that exposure to large amounts of TCDD over a period of years can produce neurological abnormalities shortly after or during exposure that can continue for more than 30 years. However, it is not clear how the 15 subjects in this report were contacted and the extent to which this small sample was biased toward increased symptoms, and there was no comparison group. SPECT scans are nonspecific studies, and many other environmental or age-related factors could have affected the results here.

Biologic Plausibility

Some animal studies have suggested possible involvement of chemicals of interest in the occurrence of neurobehavioral effects For example, Mitsui et al. (2006) reported that hippocampus-dependent learning could be impaired in male rats exposed in utero to TCDD producing effects on fear conditioning. Lensu et al. (2006) examined areas in the hypothalamus for possible involvement in TCDD effects on food consumption, potentially related to wasting syndrome caused by TCDD, and suggest that their results are not consistent with a primary role

CHAPTER 8: NEUROLOGIC DISORDERS

for the hypothalamus. Studies in rodents have also detected molecular effects in cerebellar granule cells or neuroblasts, which are involved in cognitive and motor processes (Kim and Yang, 2005; Williamson et al., 2005). Sturtz et al. (2008) found that 2,4-D affected rat maternal behavior. The specific relevance of these studies and those cited in earlier updates to neurobehavioral effects is unclear. A general summary of the biologic plausibility of neurologic effects of exposure to the herbicides used in Vietnam is presented at the end of this chapter

Synthesis

There is not consistent epidemiologic evidence of an association between neurobehavioral disorders (cognitive or neuropsychiatric) and Agent Orange exposure

Conclusion

On the basis of its evaluation of the evidence reviewed here and in previous VAO reports, the committee concludes that there is still inadequate or insufficient evidence to determine the existence of an association between exposure to the compounds of interest and neurobehavioral disorders (cognitive or neuropsychiatric).

NEURODEGENERATIVE DISEASES

This section summarizes the findings of previous *VAO* reports on neurodegenerative diseases including AD, PD, and ALS, and incorporates information published in the last two years into the evidentiary database.

Parkinson's Disease and Parkinsonism

PD is a progressive neurodegenerative disorder that affects millions of people worldwide. Its primary clinical manifestations are bradykinesia, resting tremor, cogwheel rigidity, and gait instability. Those signs were first described in 1817 as a single entity by James Parkinson. In recent years, many non-motor manifestations of PD have been described, which in some cases can be the presenting symptoms of the disease. These include cognitive dysfunction often progressing to frank dementia, sleep disturbances, hallucinations, psychosis, mood disorders, fatigue, and autonomic dysfunction (Langston, 2006).

In the nearly two centuries since the initial description, much has been learned regarding genetic predisposition and the pathophysiology of the disease. However, the etiology of PD in most patients is unknown, and specific environmental risk factors remain largely unproven. The diagnosis of PD is primarily made on the basis of clinical examination; in recent years, however, MRI and functional brain imaging have been found to be increasingly useful. PD must be distinguished from a variety of parkinsonian syndromes, including drug-induced parkinsoniam and neurodegenerative diseases such as multiple systems atrophy which have parkinsonian features combined with other abnormalities. Ultimately, a diagnosis of PD can be confirmed with postmortem pathologic examination of brain tissue for the characteristic loss of neurons from the

substantia nigra and telltale Lewy body intracellular inclusions. Pathologic findings in other causes of parkinsonism show different patterns of brain injury.

Estimates of population-based incidence of PD range from 2 to 22 per 100,000 person-years, and estimates of prevalence range from 18 to 182 per 100,000 person-years. It affects approximately 1% of all persons over 60, and up to five million people worldwide. That makes PD the second-most common neurodegenerative disease (after AD). Age is definitely a risk factor for PD, with peak incidence and prevalence consistently found in the seventh and eighth decades of life. A consensus statement from a 2007 meeting of PD experts (Bronstein et al., 2009) concluded that, in addition to firm evidence that the toxicant 1-methyl-4-phenyl-1,2,4,6-tetrahydropyridine (MPTP) can induce PD, there is substantial evidence that men are at greater risk and that smoking and coffee consumption are associated with reduced risk.

Heredity has long been suspected as an important risk factor for PD; as many as 25% of all PD patients have at least one first degree relative with PD. At least 13 different gene mutations have been identified in autosomal dominant PD, including mutations in parkin and α -synuclein (Klein et al., 2007). Mutations associated with an autosomal recessive inheritance pattern have also been described. Complex genetics may be found to account for an increasing number of PD cases in coming years, but environmental risk factors are also clearly important.

Conclusions from VAO and Updates

On the basis of growing concerns about a possible link between PD and pesticide exposures, the original *VAO* committee suggested that attention be paid to the pattern of new cases among Vietnam veterans as they enter the decades when PD is most prevalent to determine whether there is evidence of an association between PD and exposure to the compounds of interest. That recommendation has been echoed in each update; unfortunately, there is as yet no study that has systematically evaluated current or changing prevalence in the Vietnam veteran population. Thus, all previous *Updates* have reviewed epidemiological studies from other populations potentially exposed to the compounds of interest. Previously reviewed studies were felt to be inconclusive as levels of exposure were not systematically evaluated, and sufficiently specific exposures were not defined. Many studies evaluated the risk of pesticides in general; while a relationship to risk of PD was often found, dose-dependency was either not investigated or not present if investigated.

For this *Update*, we selectively re-reviewed all past epidemiological studies that specifically assessed herbicide exposures (none had evaluated exposures to the specific herbicides of interest in the VAO series) and reviewed in detail those studies published since *Update 2006*. The results are presented in Table 8.1. To gain a better insight into what specific exposures may underlie the many reports of association with pesticide exposure in general that have dominated the epidemiology results for PD, estimated risks for other classes of pesticide have been presented for comparison to those for herbicides. To provide perspective on the new results for phenoxy herbicides, findings for other specific herbicides have also been presented, particularly for paraquat which has been a target of study because of the similarity of its chemical structure to a drug contaminant found to induce a parkinsonian syndrome (see the discussion of MPTP below in the biologic plausibility section).

TABLE 8-1 Epidemiologic Studies of Herbicide Exposure and Parkinson's Disease

	Casas in Stades						Diagnosis of
Reference and Country	Group	Comparison Group	Exposure Assessment	Exposure(s):	n (OR (95 % CI)	Dysfunction
Brighina et al., 2008; US (Mayo Clinic)	833 PD sequential	472 unaffected	Self–report down to specific	For youngest quartile	at diagr	osis:	PD diagnosed by
	cases from clinic;	siblings &	herbicides;	Pesticides (ever):	87	1.8 (1.1–2.9)	movement disorder
	median age = 67.7	361 unrelated controls	2,4-D said to most prevalent in cases but published analysis not that detailed	Herbicides (ever):		2.5 (1.3-4.5)	specialist
	yr, 208 cases \leq			Phenoxy herbic	ides	1.5 (1.0-2.2)	
	39.8 yl			Insecticides (ever)	:	1.0 (0.6–1.7)	
				Fungicides (ever):		1.0 (0.3–3.2)	
Hancock et al., 2008;	319 cases	296 unaffected relatives & others	All comparisons referent to those who never applied any pesticide	Pesticide application:	200	1.6 (1.1–2.3)	
US (Duke)				Insecticides:		1.8 (1.2–2.8)	
				Botanical	7	5.9 (0.6–56)	
				Organophospha	ate 53	1.9 (1.1–3.6)	
				Herbicides:		1.6 (1.0-2.5)	
				Chlorophenoxy	/ 15	2.1 (0.7-6.2)	
				Phosophonogl	ycine 57	1.5 (0.9–2.5)	
				Triazine	5	1.1 (0.3–3.6)	
Kamel et al., 2007b;	 83 prevalent cases at enrollment; 78 incident cases during follow-up among private applicators & spouses 	79,557 without PD at	Self-report of individual herbicides	For incident cases:			Self-reported PD
US (Agricultural Health Study)		enrollment; 55,931without PD	(2,4-D; 2,4,5-T; 2,4,5-TP)on detailed	2,4-D :	49	1.0 (0.5–2.1)	
Study)			self-administered questionnaires at	2,4,5-T:	24	1.8 (1.0-3.3)	
[supersedes Kamel et al. 2005]		followed up	follow-up	2,4,5-TP:	7	0.9 (0.4–1.8)	
			ionow-up	Dicamba:	32	1.5 (0.8–2.8)	
				Paraquat:	11	1.0 (0.5–1.9)	
				Trifuralin:	32	1.7 (1.0–3.2)	
				Cyanazine:	26	1.0 (0.5–1.8)	
				For prevalent cases:			
				2,4-D:	47	0.9 (0.5–1.8)	
				2,4,5-T:	16	0.9 (0.5–1.7)	
				2,4,5-TP:	4	0.8 (0.3–1.9)	
				Dicamba:	26	0.9 (0.5–1.6)	
				Paraquat:	14	1.8 (1.0–3.4)	
				Trifuralin:	31	0.9 (0.5–1.6)	
				Cyanazine:	30	2.6 (1.4-4.9)	

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Reference and Country	Cases in Study Group	Comparison Group	Exposure Assessment	Exposure(s):	n	OR (95 % CI)	Diagnosis of Neurologic Dysfunction
		<u> </u>	1	1 ()		, ,	
Firestone et al., 2005;	250 (156 men) newly	388 (241 men)	Interview determining occupational	Occupational, men only	у		Controlled for age,
Washington, USA	diagnosed 1992-		& home-based pesticide exposure	Pesticides	19	1.0 (0.5–1.9)	sex, smoking
	2002 at Group Health		characterized by chemical name or	Insecticides	15	0.9 (0.4–1.8)	
	Cooperative		brand, duration, α frequency	Fungicides	2	0.4 (0.1–3.9)	
				Herbicides	9	1.4 (0.5–3.9)	
				Paraquat	2	1.7 (0.2–12.8)	
				Home use, all subjects			
				Pesticides	178	1.0 (0.7-1.4)	
				Insecticides	141	0.8 (0.6–1.1)	
				Fungicides	14	0.6 (0.3-1.1)	
				Herbicides	116	1.1 (0.8–1.5)	
Behari et al., 2001;	377	377 matched for age	Structured interview	McNemar chi-square:			
India	(301 men, 76 women)	$(\pm 3yr)$, but not sex		Herbicides		p=0.010	
				(protective effect – <u>not confirmed</u>			
				by multivariate	anal	$y_{S1S}) = 0.160$	
				Rodenticide		p=0.109 p=0.662	
Engel et al 2001.	238	72	Self-administered questionnaire for	[prevalen	ce ra	tios]	Neurologic exam by
US [cross-sectional,	200	/ _	occupational exposure	Any pesticide:		0.8 (0.5–1.2)	trained nurse
but otherwise fairly				Herbicides:		0.9 (0.6–1.3)	
high-quality design]				Insecticides:		0.9 (0.6–1.5)	
1/ 1/1000	100	046 (1)	.	Fungicides:	20	0.8 (0.6–1.3)	NT 1 '
Kuopio et al., 1999;	123 (onset of PD before	246 matched on sex, $age(\pm 2yr)$ &	Interview—pesticides or herbicides	Pesticide use:	39	1.0 (0.6–1.7)	Neurologic exam
1 mana	1984·	$age (\pm 2yI), \alpha$	regularly of occasionally used	Occasional use:	26	1.2 (0.7–2.0)	
	63 men, 60 women)	uroun/rurur		Regular use:	13	0.7 (0.3–1.3)	
	, , ,			Herbicide use:	33	1.4 (0.8–2.5)	
				Occasional use:	20	1.7 (0.9–3.2)	
				Regular use:	13	0.8 (0.4–1.7)	
Taylor et al., 1999; Boston Medical Center	140	147 controls referred by cases	Interview—exposure recorded as total days for lifetime	Logistic analysis adjus family history, educatio source, head injury, dep	ted fo on, sn pressi	or age, sex, noking, water ion.	Neurologic exam

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Reference and Country	Cases in Study Group	Comparison Group	Exposure Assessment	Exposure(s): n	OR (95 % CI)	Diagnosis of Neurologic Dysfunction
i				Pesticides: Herbicides	1.0 (0.9–1.2) 1.1 (0.7–1.7)	
Gorell et al., 1998; US	144 (age > 50 years)	464	Interview— herbicide and insecticide use while working on a farm or gardening	All occupations contributing Herbicides: Insecticides: Fungicides:	g exposure to: 4.1 (1.4–12.2) 3.6 (1.8–7.2) 1.6 (0.5–5.5)	Standard criteria of PD by history
Liou et al., 1997; Taiwan	120	240 hospital controls matched for age (± 2yr) and sex	Interview—Occupational exposures to herbicides or pesticides	Pesticides vs. no pesticides: But no paraquat use: Paraquat use: Paraquat use vs. no paraqua	2.9 (2.3–3.7) 2.2 (0.9–5.6) 4.7 (2.0–12)) at: 3.2 (2.4–4.3)	Neurologic exam
Seidler et al., 1996; Germany	380 (age <66 years with PD after 1987)	755 (379 neighborhood, 376 regional; Dick suggests neighborhood controls over- matched)	Interview—dose-years = years of application weighted by use	Pesticides: (find in text?) Herbicides – high dose Dose trend vs. neighbor cont vs. regional contr Insecticides – high dose Dose trend vs. neighbor cont vs. regional contr	2.1 (1.6–2.6) 2.4 (1.0–6.0) rols p=0.06 rols p<0.001 2.1 (0.9–4.8) rols p=0.12 rols p=0.01	Neurologic exam
Hertzman et al., 1994; Canada	127 (71 men & 56 women)	245 (121 with cardiac disease; 124 voters)	Interview—occupation with probable pesticide exposure	e vs. voters – among men Pesticides: Herbicides: Chlorophenoxys Paraquat Insecticides: Fungicides:	2.3 (1.1–4.9) 1.2 (0.6–2.5) 1.2 (0.6–2.4) 1.3 (0.3–4.6) 0.3 (0.1–0.9) 0.5 (0.2–1.1)	Neurologic exam
Butterfield et al., 1993; US	63 young onset cases (age <50 years)	68	Questionnaire—pesticide or insecticide use 10 times in any year	Herbicides: Insecticides: Dwelling fumigated:	3.2 p=0.033 5.8 p<0.001 5.3 p=0.45	Standard criteria of PD by history
Semchuk et al., 1992; Calgary, Alberta, Canada	130 living cases from register of Calgary residents (population-based)	260 community controls matched for age (±2.5 yr) & sex, identified by RDD	Interview— self-report of exposure for each job held >1 month	Pesticides: 32 Herbicides: 17 Exposed during age in 16–25 yr	2.3 (1.3–4.0) 3.1 (1.3–7.0) nterval: 1.4 (0.5–4.3)	Neurologic exam confirming idiopathic PD without dementia (average 7.8 yr from

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	Cases in Study						Diagnosis of Neurologic
Reference and Country	Group	Comparison Group	Exposure Assessment	Exposure(s):	n	OR (95 % CI)	Dysfunction
				26–35 yr		4.8 (1.5–15.)	diagnosis)
				36–45 yr		3.8 (1.2–13.)	
				46–55 yr		4.9 (1.3–19.)	
				Insecticides:	17	2.1 (1.0-4.1)	
				Fungicides:	16	1.6 (0.8–3.3)	
Stern et al., 1991; NJ & PA, US	69 – all young onset cases identified (age <40 years); 80 – random selection of old onset cases (age >59 years)	149 nominated by each case or picked from hospital; matched by age (±6 yr), sex, & race	Interview—self-report of insecticide and pesticide use by self or others in home or garden	Insecticides: Onset <40 years: Onset >59 years: Herbicides: Onset <40 years: Onset >59 years: Adjusted for smoking, residence: Insecticides:	head	0.7 (0.3–1.4) 0.6 (0.2–1.7) 0.8 (0.3–2.1) 1.1 (0.7–1.7) 0.9 (0.5–1.7) 1.3 (0.7–2.4) injury, rural 0.5 (0.2–1.1)	Review of medical records, responsive to PD medication (under treatment average of 8.2 yr), without major cognitive impairment
Hertzman et al., 1990; British Columbia, Canada	57 prevalent PD patients IDed by approaching physicians	122 aged 50-79 who responded from electoral rolls	Questionnaire—ever worked in an orchard	Herbicides: Work in orchards: Paraquat:	4/57	0.9 (0.6–1.5) 3.7 (1.3–10.3) 7 (p = 0.01)	Neurologic exam confirmed diagnostic criteria in 55 (?) of 69 recruited cases

Stern et al. (1991) performed a case-control study of 69 cases who developed symptoms prior to age 40 (young onset), and 80 cases whose symptoms began after age 60 (old onset). Herbicide exposure (classified as "any" or "none") was not more prevalent in either young or old onset cases. However, this study is limited in that the design specifically eliminated cases in the age ranges for which PD is most often diagnosed. In contrast, Semchuk et al. (1992) used a conditional logistic regression model to assess risk in 130 subjects with PD in Canada; a statistically significant crude odds ratio of 3.06 (95% confidence interval [CI] 1.34-7.00) was found for herbicide exposure; seven of the 17 cases reporting herbicide use were able to specify the particular product-one reported paraquat use, while the rest report exclusive use of chlorophenoxy and thiocarbamate compounds. Butterfield et al. (1993), in another case-control study, also found a significant association between herbicide exposure and PD (OR = 3.22, p =0.033). In a larger population-based case-control study, Gorell et al. (1998) found a significant association between PD and herbicide exposure, which increased after controlling for other confounding factors (OR = 4.10, p < 0.012). PD and control subjects were equally likely to report residential herbicide exposure, which presumably occurs at a lower level than occupational exposure, while risk of PD was increased for subjects reporting 10 or more years of occupational herbicide exposure (OR = 5.81, CI 1.99-16.97). In contrast, Taylor et al. (1999) performed a case-control study of 140 cases at Boston City Hospital that showed no association between herbicide use and PD (OR = 1.1, 95% CI 0.7–1.7); however, this was likely a primarily urban sample and there is no mention of how many cases or controls actually reported herbicide use. In addition, controls were identified by PD subjects and contacted by the subjects themselves, an unconventional way of accruing control subjects that may be subject to unknown bias.

Taken as a group, these studies suggest that there is a relationship between herbicide exposure and risk of PD. Evidence with this level of specificity, however, does not meet the committee's requirements for contributing fully relevant evidence toward a finding of association. All studies utilized case-control methodology, and thus depend on the rigor of matching between cases and controls. Most of the studies reviewed above did not record specific herbicide use; there was some reporting for paraquat, but for the compounds of interest it is generally unclear how many subjects were exposed.

Update of the Epidemiologic Literature

Since *Update 2006*, several relevant studies have been reported. Unfortunately, there are still no data on Vietnam veterans and PD. However, in addition to the several population-based studies suggesting a relationship between herbicide exposure and PD, a number of studies now have identified specific compounds of interest as potential risk factors.

Kamel et al. (2007b) studied the large cohort collected by the prospective Agricultural Health Study (AHS); this cohort was established from 1993-1997 and included 84,738 individuals; of these, 57,259 were reached again 5 years later. During the enrollment telephone contact, in addition to extensive demographic information, a detailed pesticide exposure history (including information about use of protective techniques) was collected. Those subjects who reported a doctor's diagnosis of PD at enrollment were classified as prevalent cases, while those that reported a diagnosis of PD that occurred in the 5 years preceding the second contact were classified as incident cases. Among prevalent cases, there was not a positive relationship

between reported use of any pesticide and PD (OR = 0.5, 95% CI 0.2–1.1). Among incident cases, there was a trend toward increased risk of PD in subjects exposed to pesticides (OR = 1.3, 95% CI (0.5–3.3); although the overall relationship did not reach statistical significance, there was a dose effect over the quartiles (p = 0.009), with subjects with the highest number of days of pesticide use showing the greatest risk (OR = 2.3, 95% CI 1.2–4.5).

Importantly, this study did obtain information about specific compounds of exposure and reported on 47 individual pesticides. Although risks were not presented for overall use of the 18 reported herbicides, individual results were given for three phenoxy herbicides (2,4-D, 2,4,5,-T, and 2,4,5-TP) and the structurally similar benzoic herbicide, dicamba. Along with the statistics for those four chemicals of interest, findings for paraquat and the only two other pesticides with significant findings, trifluralin and cyanazine (which also happen to be herbicides), have been transcribed into Table 8–1 for comparison. For prevalent cases, the risk of PD was significantly elevated for exposure to cyanazine and just significantly increased for paraquat. For incident cases, modest just-significant risks were found for exposure to 2,4,5-T (OR = 1.8, 95% CI 1.0–3.3) and triflualin (OR = 1.7, 95% CI 1.0–3.2) and dicamba had a nonsignificantly increased risk estimate (OR = 1.5, 95% CI 0.8–2.8).

This study is provocative, but also raises questions. The findings for prevalent and incident cases do not reinforce each other, but in this prospective design, prevalent cases represent considerably less reliable data than do incident cases for several reasons. Selection bias could have been operational for the PD cases already diagnosed at the time of enrollment; those already having PD may have self-selected themselves out of agricultural occupations, and hence disproportionately made themselves ineligible for enrollment in the AHS. Prevalent cases would also have been susceptible to recall bias when they provided their exposure profiles at enrollment; this would be consistent with the prevalent cases having an elevated risk for paraquat (whose structural relationship to a chemical known to cause PD had been discussed in the public media at the time of enrollment), while its risk estimate was neutral for the incident PD cases.

Another study relating new genetic insights and pesticide exposure is that of Brighina et al. (2008). Mutations in the alpha-synuclein gene have been reported in families with familial PD. This finding has led to the hypothesis that aggregation and formation of alpha-synuclein fibrils may lead to PD in sporadic disease. Brighina et al. tested the hypothesis that pesticide exposure might increase the aggregation and fibrillization of alpha-synuclein and thus lead to PD. A large case–control study was conducted, with 833 pairs; the SNCA REP1 genotype was overrepresented in PD cases (OR =1.18; 95% CI 1.02–1.37; p = 0.03). In this study, pesticide use overall was not associated with increased risk of PD (OR = 1.11; 95% CI 0.89–1.38; p = 0.37), but there was a trend toward increased risk in younger subjects. When herbicide, insecticide and fungicide use was segregated, only herbicide use in younger subjects was associated with increased risk (OR = 1.52; 95% CI 1.04–2.22; p = 0.004); 2,4-D was most commonly reported within this group. There was no clear interaction between SNCA haplotype and exposure risk.

Although the lack of interaction between specific haplotype and exposure risk may raise questions about the mechanism by which herbicides might increase risk of PD, the relationship between PD risk and chlorophenoxy herbicide exposure in younger subjects is an important finding. Environmental modifiers of neurodegenerative diseases often alter the onset of symptoms; the increased risk in younger subjects may be a clue in this regard.

Finally, Hancock et al. (2008) also evaluated specific pesticide exposure and risk of PD using a family-based case-control series of 319 PD patients and 296 controls. In this series, pesticide use overall was significantly associated with PD (OR = 1.61; 95% CI 1.13-2.29). Organochlorine and organophosphorus compounds were associated with the greatest statistically significant risks. Exposure to chlorophenoxy acid/esters, including compounds of interest in this review, were associated with increased odds ratios but the relationship was not statistically significant (OR = 2.07; 95% CI 0.69-6.23).

Biologic Plausibility

Several reviews of literature have addressed the issue of the possible involvement of environmental chemicals in the etiology of PD. The very clear PD-like toxicity resulting from MPTP exposure in people has indicated that select compounds can result in the same type of damage to dopaminergic neurons as PD does, and MPTP has become an important toxicant in studies using animal and *in vitro* models. It is notable that MPTP's bioactive metabolite, MPP+, is similar in chemical structure to paraguat (a commonly used herbicide, although not one used in Vietnam), but it is different from the compounds of interest in this report. Pesticides that have been shown to produce PD-like toxicity in animal models include paraguat, rotenone, maneb, and dieldrin, and substantial research has gone into understanding the molecular mechanisms responsible for the toxicity, especially with paraquat and rotenone, as reviewed recently by Drechsel and Patel (2008); Hatcher et al. (2008); and Nunomura et al. (2007); and by others in the past including DiMonte et al. (2002) and Sherer et al. (2002a). The damage done to dopaminergic neurons in PD is likely from oxidative stress arising from damage to mitochondria in the target cells (Liang et al., 2007; Sarnico et al., 2008). The chemicals of interest for this committee are known to be distributed to the CNS, but they still have not been investigated in similar experimental systems, so there is no evidence that they could cause inflammation or oxidative stress similar to the compounds, such as paraguat, that have been investigated.

Research on the neurotoxicity of 2,4-D has been on-going for a number of years, but most of this research focused on its effects on the developing rodent nervous system. These studies have frequently used high doses of 2,4-D that have resulted in adverse changes, both neurochemical (e.g., D2 receptors, tyrosine hydroxylase and dopamine beta-hydroxylase) and behavioral, to the developing nervous system, for example, Duffard et al. (1996), Evangelista et al. (1990), Rosso et al. (2000a,b), Bortolozzi et al. (1999, 2002, 2003, 2004), and Garcia et al. (2004, 2006). Injection of 2,4-D directly into the rat brain yielded toxicity to the basal ganglia (Bortolozzi et al., 2001), but this route of administration is highly artificial. Recent studies showed that postpartum dietary exposure of females to 2.4-D resulted in adverse alterations in maternal behavior, and changes in neurochemistry including increases in dopamine and its metabolites DOPAC and HVA (Sturtz et al., 2008). Such an increase in dopamine is the reverse of what is seen in PD where degradation of the dopaminergic system occurs. In addition, a study in mice with 2,4-D yielded no neurochemical evidence of damage to the dopaminergic system (Thiffault et al., 2001). While there was a study indicating that 2,4-D, among a variety of other pesticides and metals, caused fibrillation of alpha-synuclein in vitro, the study used purified protein and did not report data for 2,4-D, but only reported a generalized result (Uversky et al. 2002), so little confidence can be placed in this study. Since the majority of these studies were on the developing nervous system, not the mature nervous system, and since there are some studies

which are evidence against a role of 2,4-D in the development of PD, the existing studies are of limited use in addressing the question of the etiology of PD.

A summary of biologic plausibility related to general mechanisms pertinent to neurologic effects, including PD, arising from exposure to the herbicides used in Vietnam is presented at the end of this chapter.

Synthesis

Many studies have found associations of PD with pesticides, but most of these studies have not specifically determined what entities are responsible for generating a signal. Increasingly, association between herbicide exposure and risk of PD has been reported, and several studies since 2006 now suggest a specific relationship between exposure to compounds of interest and PD. However, the newer studies are not completely consistent with each other; Kamel et al. (2007b) found an increased risk in incidence cases of farm workers exposed to 2,4,5-T but not 2,4-D, while Brighina et al. (2008) found that that subjects exposed to phenoxyacetate esters most often reported exposure to 2,4-D. The study of Hancock et al. (2008) reported elevated risks to exposure to multiple pesticides and herbicides, and the risk elevation of exposure to chlorophenoxy acid/esters was not statistically significant.

Given the rather broad spectrum of environmental exposures that epidemiologic studies have found to be associated with PD, it has been hypothesized that interactions may play a prominent role in this disease's etiology. This would be compatible with PD arising from other exposures experienced during service in Vietnam (insecticides for instance) interacting with the herbicides. The charge of this committee, however, is limited to the herbicides sprayed in Vietnam; an extension to consideration and evaluation of the limitless universe of interactions is not feasible for a single health outcome, much less the full spectrum of adverse outcomes for which the committee is responsible.

Data strengthening the concept of inflammation, oxidative stress and the involvement of mitochondria in the etiology of PD have been generated recently, but such data have not been generated on the specific chemicals of interest with respect to the herbicides sprayed by the military in Vietnam. Research with 2,4-D in rats, while relatively extensive, has been on either the developing nervous system or on maternal behavior and neurochemistry and do not support a definitive role of 2,4-D in the etiology of PD.

In studies reported prior to 2006, there is a preponderance of data suggesting that exposure to herbicides in general may be related to increased risk of PD. The studies reported since *Update 2006* both support and extend those earlier observations. The lack of preclinical data describing a specific mechanism by which herbicides in general or specific compounds of interest may produce PD does not argue against such a relationship, but instead should be a stimulus for further research. Similarly, the lack of data on Vietnam War veterans themselves does not suggest that the relationship does not exist, but only that appropriate studies have not as yet been performed.

The lack of data relating PD incidence to exposure in the Vietnam veteran population is of concern to the committee, and we recommend strongly that such studies be performed. We are also concerned that a biological mechanism by which compounds of interest may cause PD has not been demonstrated. However, the preponderance of epidemiological evidence now supports an association between herbicide exposure and PD, with the compounds of interest being specifically implicated.

Conclusions

On the basis of its evaluation of the evidence reviewed here and in previous VAO reports, the committee concluded that there is limited or suggestive evidence of an association between exposure to the compounds of interest and PD.

Amyotrophic Lateral Sclerosis

ALS is a progressive, adult-onset, motor neuron disease that presents with muscle atrophy, weakness, and fasciculations, as well as signs implicating involvement of motor pathways in the CNS. The cause of most ALS is unknown, although approximately 10% of cases report an autosomal dominant pattern of inheritance. One-fifth of familial-ALS patients have mutations in the gene that encodes superoxide dismutase-1 (Rosen et al., 1993). The incidence of sporadic ALS is 1–2 per 100,000 person-years, and the incidence of ALS peaks between the ages of 55 and 75 years (Brooks, 1996). The diagnosis of ALS is made through clinical examination and electrodiagnostic testing, and has a very high degree of accuracy when made by experienced neurologists (Rowland, 1998; Rowland and Shneider, 2001).

Summary of Previous Updates

ALS was first considered by the committee for *Update 2002*. Although multiple potential etiologic factors have been investigated (Breland and Currier, 1967; Deapen et al., 1986; Gallagher and Sander, 1987; Hanisch et al., 1976; Kurtzke and Beebe, 1980; McGuire et al., 1997; Roelofs-Iverson et al., 1984; Savettieri et al. 1991), associations have not been consistently identified.

Pesticide or herbicide exposure has been associated with increased risk of ALS, including a doubling of the risk from long-term occupational exposure to pesticides (Deapen et al., 1986) and a tripling of the risk from exposure to agricultural chemical products (Savettieri et al., 1991) and from exposure to herbicides (McGuire et al., 1997), although none of those risk estimates was statistically significant. A population-based case–control study demonstrated associations between exposure to agricultural chemical products and ALS in men, with a statistically significant 2.4-fold increased risk and a statistically significant trend with duration of exposure (McGuire et al., 1997). A mortality study of Dow Chemical Company employees exposed to 2,4-D included three deaths from ALS, with a significant positive association (RR = 3.45, 95% CI 1.10-11.11) (Burns et al., 2001).

In *Update 2006*, three additional studies were reviewed. Morahan and Pamphlett (2006) published a case–control study from Australia in which the cases were self reported and the controls chosen in non-random fashion. Though the authors found an increased risk of ALS with exposure to pesticides or herbicides, the lack of appropriate case and control ascertainment, as well as the fact that specific chemicals of interest were not queried, makes this study difficult to interpret. Weisskopf et al. (2005) followed vital status of subjects in the American Cancer Society's cohort for the Cancer Prevention Study II, and demonstrated an increased risk of ALS

in those who served in any of the armed services during times of conflict. They adjusted for a variety of confounding variables in their model including exposure to herbicides, and found that none of these significantly altered their conclusions. Thus, in an indirect way, this large study suggests the lack of a strong effect of herbicide exposure on ALS. Finally, a case-control study on Vietnam veterans from Australia reported an association between deployment in Vietnam and ALS (ADVA, 2005c), but did not specifically study exposure to pesticides or herbicides.

Table 8-2 summarizes the results of the relevant studies.

Reference; Country	Study Group	Comparison Group	Exposure Assessment	Significant Association with Pesticides ^a	OR (95% CI)	Neurologic Dysfunction
Morahan and Pamphlett, 2006	179	179	Questionnaire – exposure to environmental toxicants		Herbicide or pesticide exposure 1.6 (1.0–2.4); Industrial exposure 5.6 (2.1–15.1)	Self-reported
ADVA, 2005c			Deployment to Vietnam		4.7 (1.0–22.8)	
Weisskopf et al., 2005			Self-administered questionnaire		1.5 (1.1–2.1) p = 0.007	Self-reported military services and death certificates
Burns et al., 2001; US	1,567	40,600	Industrial hygienist ranked job exposure. cumulative exposure, years, or each job times weighted exposure 2,4-D	+	3.45 (1.1–11.1)	Death certificates
McGuire et al., 1997; US	174	348	Self-reported lifetime job history and workplace exposures reviewed by panel of four industrial hygienists	+	Herbicide exposure - 2.4 (1.2-4.8); significant trend analysis for dose- effect relationship with agricultural chemicals - p = 0.03	Newly diagnosed with ALS 1990– 1994 in western Washington state
Chancellor et al., 1993; Scotland	103	103	Required regular occupational exposure to pesticides for 12 months or more		1.4 (0.6–3.1)	Scottish Motor Neuron Register
Savettieri et al., 1991; Italy	46	92	Continual exposure to agricultural chemicals		3.0 (0.4–20.3)	Cases reviewed by neurologists

Table 8-2. Epidemiologic Studies of Pesticide^a Exposure and Amyotrophic Lateral Sclerosis

Deapen et al.,	518	518	Ever worked in	2.0 (0.8-5.4)	ALS Society of
1986; US			presence of pesticides		America

^a For the objective of this Veterans and Agent Orange review series, only associations with herbicides are of possible relevance; only the phenoxy herbicides, cacodylic acid, and picloram are of specific interest.

Update of the Epidemiologic Literature

No new studies concerning exposure to the compounds of interest and ALS had been published since *Update 2006*.

Biologic Plausibility

No new studies concerning the compounds of interest specifically relevant to ALS have been published since *Update 2006*. A summary of biologic plausibility of neurologic effects arising from exposure to the compounds of interest is presented at the end of this chapter.

Synthesis

Epidemiologic studies of ALS have pursued a variety of occupational exposures as potential risk factors; pesticide and herbicide exposures are among those receiving the most attention. Although it has rarely been possible to isolate the effects of selected compounds of interest, a study of a cohort of 2,4-D production workers did identify significantly increased risk (Burns et al., 2001); however, this result is considered unstable, given the low number of cases and the wide confidence interval. Case–control studies of occupational exposures to pesticides and herbicides have identified significantly increased risks (McGuire et al., 1997; Morahan and Pamphlett, 2006), but they did not weigh heavily, because of imprecise exposure assessments and other design limitations. Although recent prospective (Weisskopf et al., 2005) and retrospective (ADVA, 2005b) studies have identified increased risk in veterans who served in Vietnam, they tend to implicate military service itself rather than exposure to the specific compounds of interest.

Conclusions

On the basis of its evaluation of the evidence reviewed here and in previous *VAO* reports, the committee concludes that the evidence of an association between exposure to the compounds of interest and ALS remains inadequate or insufficient.

PERIPHERAL NEUROPATHY

Peripheral neuropathies comprise a spectrum of disorders caused either by damage to nerve fibers (axonal neuropathies) or to the myelin sheath that surrounds many fibers (demyelinating neuropathies). Manifestations of neuropathy can include a combination of sensory changes, motor weakness, and autonomic instability. Clinically, various forms of peripheral neuropathy can be characterized by the distribution of nerve abnormalities and their patterns of progression.

Peripheral neuropathy resulting from toxic exposure usually affects nerve fibers in a symmetric pattern, beginning distally in the longest fibers (in the toes) and moving proximally

(toward the spine). This kind of neuropathy is called a symmetric, axonal sensorimotor polyneuropathy. Sensory deficits begin at the toes, progress above the ankles, and affect the hands only later. Motor symptoms show the same general pattern. Physiologically, various forms of peripheral neuropathy can be characterized by results of electrodiagnostic testing to indicate which neural structures are affected. Most toxicant-induced neuropathies involve injury to the nerve cell bodies (neurons) or nerve fibers (axons) that produces changes in the amplitude of a nerve's response to an electric stimulus.

The clinical appearances of most symmetric axonal neuropathies are quite similar, except for variation in rates of progression and in whether or not pain is a prominent symptom. There is no specific signature that distinguishes a toxicant-related neuropathy from one induced by other causes. As many as 30% of neuropathies are "idiopathic"; that is, no etiology is determined despite exhaustive clinical evaluation.

The most common toxicant-induced neuropathy occurs as a result of chronic alcohol exposure. Peripheral neuropathy also occurs commonly as a complication of diabetes: its reported prevalence in people with chronic diabetes is up to 50%. It is important to include assessment of alcohol use and diabetes as covariates in epidemiologic studies because the neuropathies that are related to these conditions are clinically and physiologically indistinguishable from other toxicant-induced neuropathies.

Clinically, in cases of toxicant-induced peripheral neuropathy, stabilization or improvement is the rule after exposure ends. Recovery may not be complete, however, and the degree of recovery can depend on the severity of the initial deficits and the particular exposure. Furthermore, there is a possibility of "subclinical" effects, and a person might be unaware of symptoms although evidence of nerve dysfunction can be found in a detailed neurologic examination or through electrodiagnostic testing.

In *VAO*, peripheral neuropathy was considered a single category of disease. Before revising the conclusion regarding neuropathies, the committee for *Update 1996* divided them into "acute and subacute" and "chronic" classifications (on the basis of when an outcome occurs relative to exposure). In this section of this report, however, the terms "acute" (brief) and "chronic" (prolonged or protracted) describe the time course of toxicant exposure. "Early" and "delayed onset" are used to describe the time course of the neuropathy. The distinction between "transient" and "persistent" is not always clear, because recovery may be protracted and incomplete. The committee considers a neuropathy to be of early onset and transient if abnormalities appear and resolve within 2 years after cessation of external exposure.

Conclusions from VAO and Updates

VAO and subsequent updates noted that the literature on peripheral neuropathy had been difficult to integrate because it is characterized by variable methods that lack uniform operational definitions. The techniques used to identify affected persons, to define comparison populations, and to assess exposures differ considerably among studies. Also, many of the studies are limited by nonrandom selection, which raises a concern about bias, and by the relatively small number of participants, which decreases confidence in risk estimates and limits the power to detect a true association. There have been variable results, with some studies demonstrating abnormalities of peripheral nerve function and others not.

In the first update, the committee for *Update 1996* partitioned the new information and that which had been addressed in *VAO* between "chronic persistent peripheral neuropath" and "acute and subacute transient peripheral neuropathy." With this information, that committee reached a conclusion of limited or suggestive evidence of association with exposure to the chemicals of interest and the "acute or subchronic" form. (To be more precise, the committee for *Update 2004* applied the designation "early-onset transient peripheral neuropathy to this outcome, which will be used henceforth in this discussion.)

The information on early-onset transient peripheral neuropathy considered As reported in *VAO*, many occupational studies give an indication of early-onset transient peripheral neuropathy in conjunction with herbicide production. In a study of workers from Nitro, West Virginia, that did have a comparison group, Moses et al. (1984) demonstrated this among the workers with chloracne. This outcome was also established shortly after the Seveso accident (Boeri at al., 1978; Gilioli et al., 1979; Filippini et al., 1981), but the effect abated with time (Asennato et al., 1989; Barbieri et al., 1988). Findings were less clear among residents around contamination sites in Missouri (Hoffman et al., 1986; Stehr et al., 1986; Webb et al., 1987).

In addition, the committee responsible for *Update 1996* reviewed case reports that described peripheral neuropathy after exposures to the compounds of interest (Berkley and Magee, 1963; Goldstein et al., 1959; Todd, 1962). In each instance, the peripheral neuropathy improved gradually but had not resolved completely even after several months or years. The possibility cannot be entirely excluded that the five cases reported in those publications were unrelated to herbicide exposure and were examples of other disorders, such as idiopathic Guillain-Barré syndrome. The committee also considered several supportive animal models (Grahmann et al., 1993; Grehl et al., 1993; see "Biologic Plausibility" below). The committee concluded that there was limited or suggestive evidence of an association between exposure to the compounds of interest and early-onset transient peripheral neuropathy. In subsequent updates, there has not been substantively more information found on this type of peripheral neuropathy and the committees have maintained the conclusion of limited evidence of an association for this outcome. New cases of this condition would not be expected among veterans who received their exposure during the Vietnam era.

In addition to the short-term assessment done by Moses et al. (1984), the committee for *VAO* reviewed results of three other occupational-cohort studies of workers who had been exposed to the compounds of interest (Singer et al., 1982; Suskind and Hertzberg; 1984; Sweeney et al., 1993). Singer et al. (1982) reported decreased NCVs in 2,4-D and 2,4,5-T production workers who were examined 2 months after exposures were reduced. In former 2,4,5-T production workers with a history of chloracne (10 years after last exposure), Moses et al. (1984) found diminished pin-prick sensation, but Suskind and Hertzbert (1984) did not find differences in NCVs. Similarly, Sweeney et al. (1993) reported decreased pin-prick sensation but no differences in NCVs in former herbicide production workers (evaluated 15 years or more after their last exposure).

VAO also reviewed epidemiologic studies of populations potentially exposed to TCDD in the environment. A series of studies in Italy evaluated peripheral neuropathy in the Seveso population after the industrial accident on July 10, 1976 (Assennato et al., 1989; Barbieri et al., 1988; Boeri et al., 1978; Filippini et al., 1981; Gilioli et al., 1979). Boeri et al. (1978) reported more frequent symptoms and signs of neuropathy in a cohort of residents living in the contaminated area than in a comparison group who were last examined 7–10 months after the explosion. There was no statistical difference in conduction velocity between groups. Gilioli et al.

al. (1979) noted electrodiagnostic abnormalities in laboratory technicians potentially exposed to TCDD from analytic samples; however, the technicians were also exposed to solvents used in the analytic process. Fillipini et al. (1981) reported an increased prevalence of peripheral neuropathy in Seveso residents with evidence of high exposure to TCDD (chloracne or liver enzyme abnormalities) who were last examined 21 months after the accident. Barbieri et al. (1988) reported a higher rate of abnormalities on neurologic examination and electrodiagnostic testing in subjects with a history of chloracne who were examined 6 years after the accident, but there was no significant increase in peripheral neuropathy as defined by World Health Organization (WHO) criteria. Assennato et al. (1989) described electrodiagnostic evaluation of that group 9 years after the accident; no differences were observed in NCV or neuropathy as defined by WHO criteria. Other environmental studies reviewed in VAO were of Missouri residents potentially exposed to TCDD in the early 1970s when waste oil was sprayed to control dust (Hoffman et al., 1986; Stehr et al., 1986; Webb et al., 1987). Although more frequent sensory abnormalities were reported in potentially exposed subjects, the differences were not statistically significant, and the semi-ecologic study design was not suited to causal inference. Some of the data from epidemiologic studies of environmental exposures have suggested an increased risk of peripheral nerve abnormalities, but evidence of an association between exposure to the compounds of interest and peripheral neuropathy is inconsistent.

Studies of Vietnam veterans were also reviewed in *VAO* (AFHS, 1984, 1987, 1991; CDC, 1988). A study by the Centers for Disease Control and Prevention (CDC, 1988) focused on service in Vietnam, not on exposure to the compounds of interest, and therefore provided no evidence of the possible effects of specific exposures. There was no indication of increased risk of peripheral neuropathy in the first reports on Ranch Hand (RH) veterans (AFHS, 1984, 1987, 1991). Studies reviewed in *VAO* did not indicate an association between exposure and peripheral neuropathy in Vietnam veterans.

Update 1996 reviewed two new epidemiologic studies. Using an administrative database, Zober et al. (1994) found no evidence of increased use of medical services for diagnosis of peripheral neuropathy in workers previously exposed to TCDD at a BASF plant. Decoufle et al. (1992) reported no association between self-reported exposure to herbicides in Vietnam and peripheral neuropathy. The limitations of those studies were such that they did not confirm or refute a possible relationship between exposure and neuropathy.

Update 1998 reviewed no new studies. The context for the issue of peripheral neuropathy, its relationship with toxic exposures, and the occurrence of diabetes mellitus was discussed. In particular, it was noted that neuropathy is a common consequence of diabetes. That was particularly relevant because the committee issued a special report a year later that concluded that there was limited or suggestive evidence of an association between diabetes and exposure to Agent Orange.

Update 2000 reviewed what was then the most recent report on RH veterans (AFHS, 2000), which combined signs of peripheral neuropathy to produce increasingly specific, graded indexes of neuropathy—a common approach in epidemiologic studies. RH veterans were significantly more likely than were comparison subjects to have abnormalities in the indexes, and the prevalence of abnormalities increased with dioxin concentration. Although the clinical relevance of epidemiologic indexes of neuropathy is never certain, the strong associations described between the indexes and the conditions known to produce peripheral neuropathy, such as diabetes and alcohol use, supported their validity in this study. The AFHS investigators included those conditions as potential confounders in the statistical analysis. However, the effect of

diabetes could not be eliminated in the most specific neuropathy index, because there were not enough non-diabetic subjects. It therefore was impossible, lacking any effect of diabetes, to estimate the association between dioxin exposure and neuropathy.

Update 2002 considered one peer-reviewed article that described the peripheral-neuropathy data on the AFHS cohort (Michalek et al., 2001). In a primary analysis, the investigators had included diabetes as a potential confounder in the statistical model. In a secondary analysis, subjects with conditions that were known to be associated with neuropathy were excluded, and subjects with diabetes were enumerated. In both analyses, there were strong and significant associations between possible and probable neuropathy and dioxin concentration, and significant trends were found with increasing concentrations of dioxin. However, there were too few non-diabetic subjects to produce meaningful estimates of risk in the absence of the contribution of diabetes. Thus, questions remained about the specific association between exposure to the compounds of interest and peripheral neuropathy in the absence of any effect of diabetes.

Update 2004 also considered one peer-reviewed article (Kim et al., 2003), which reported an association between Korean veterans' service in Vietnam and peripheral neuropathy. Methodologic limitations, such as a concern about recall bias and residual confounding due to diabetes, and issues related to the TCDD dose estimation prevented a strong inference.

Update 2006 (IOM, 2005) uncovered no reports dealing with peripheral neuropathy as a diagnosis. Kamel et al. (2005) queried the large agricultural health cohort for a battery of neurologic symptoms, some of which could arise from peripheral neuropathy. As mentioned in the section on PD, it is not clear how to interpret studies that simply rely on nonspecific clinical findings.

Update of the Scientific Literature

Since *Update 2006*, there has been a single study (Urban et al., 2007) that evaluated the neurologic status of 15 subjects surviving since experiencing significant exposure to 2,3,7,8-TCDD between 1965 and 1968. These subjects on average still had grossly elevated toxicant levels in blood and body fat, suggesting continuous exposure during this extended period. Clinical examination suggested neuropathy in nine subjects; however, nerve conduction studies were abnormal in only three. Alcohol exposure was significant in these subjects, and the presence or absence of diabetes was not mentioned, so any etiologic relationship between neuropathy and TCDD exposure must be regarded as speculative.

Biologic Plausibility

No new studies directly pertinent to peripheral neuropathy were identified in this update. However, it is worth reiterating findings from earlier updates. Neuronal cell cultures treated with 2,4-D showed decreased neurite extension associated with intracellular changes, including a decrease in microtubules, inhibition of the polymerization of tubulin, disorganization of the Golgi apparatus, and inhibition of ganglioside synthesis (Rosso et al., 2000a,b). Those mechanisms are important for maintaining synaptic connections between nerve cells and supporting the mechanisms involved in axon regeneration during recovery from peripheral neuropathy. Grahmann et al. (1993) and Grehl et al. (1993) reported on abnormalities in electrophysiology and pathology, respectively, observed in the peripheral nerves of rats treated

with TCDD. When the animals were sacrificed 8 months after exposure, there was pathologic evidence of persistent axonal nerve damage and histologic findings typical of toxicant-induced injury. Those results constitute evidence of the biologic plausibility of an association between peripheral neuropathy and exposure to the compounds of interest. A summary of biological plausibility of neurologic effects arising from exposure to the compounds of interest is presented at the end of this chapter.

Synthesis

Over the last 50 years, a body of literature has accumulated that suggests an association between the compounds of interest and peripheral neuropathy. Past committees have concluded that there is evidence of an association between "acute and subacute transient" peripheral neuropathy and exposure to at least one compound of interest (*Update 1996*). However, there remained questions about whether evidence supported an association with persistent neuropathy.

Human case reports have documented peripheral neuropathy after acute exposure to large amounts of 2,4-D as shown by neurologic examination and electrodiagnostic testing. Reports have indicated eventual symptom stabilization and improvement, but sensory and motor deficits have persisted in some people for months or years after exposure ended.

Several epidemiologic studies have reported increased risk of peripheral neuropathy in populations exposed to the compounds of interest in a variety of occupational and environmental settings. However, the literature is inconsistent and suffers from methodologic limitations. The most dramatic exposures have involved industrial accidents that caused environmental contamination, such as the one in Seveso, Italy, in 1976. Studies of residents in that region have shown early-onset neuropathy, and subclinical abnormalities in some subjects have been demonstrated with electrodiagnostic testing.

Epidemiologic studies that used appropriate comparison groups and standard techniques for diagnosis and assessment of exposure have not demonstrated consistent associations between exposure to the compounds of interest and the development of peripheral neuropathy. Several reports have shown no significant association, and in the reports that did indicate an association, chance, bias, or confounding could not be ruled out with confidence. In particular, diabetes might confound the results, inasmuch as many of the subjects with neuropathy also had diabetes, which is a known cause of neuropathy. Controlling for the effects of diabetes is a technical challenge because there is evidence of an association between diabetes and exposure to at least one of the compounds of interest (IOM, 2003); in many cases, diabetes could be in the causal pathway that links exposure and peripheral neuropathy.

Conclusions

On the basis of its evaluation of the evidence reviewed here and in previous VAO reports, the committee concludes that there is limited or suggestive evidence of an association between exposure to the compounds of interest and early-onset transient peripheral neuropathy.

On the basis of its evaluation of the evidence reviewed here and previous *VAO* reports, the committee concludes that there is inadequate or insufficient evidence of an association between exposure to the compounds of interest and delayed or persistent peripheral neuropathy.

SUMMARY

Biologic Plausibility

Experimental data continue to accrue regarding the biologic plausibility of a connection between exposure to the compounds of interest and various neurologic disorders. This section summarizes in a more general way some of this information reviewed in the current update, as well as information from prior updates, for a more complete summary.

Several studies have dealt with mechanisms of neurotoxicity that might be ascribed to the chemicals of concern, notably 2,4-D and TCDD. Molecular effects of the chemicals of concern are described in detail in Chapter 4. Some of those effects suggest possible pathways by which there could be effects on the neural systems. A number of the studies suggest that there are neurological effects, both neurochemical and behavioral, of chemicals of interest, primarily 2,4-D, in animal models when exposure is during development or with cultured nerve cells (Rosso et al., 2000a. 2000b; Sturtz et al., 2008; Konjuh et al., 2008) ; older references described behavioral effects from developmental exposure of rodents to a 2,4-D/2,4,5-T mixture (Mohammad and St. Omer, 1986; St. Omer and Mohammad, 1987). TCDD has caused deficits in learning behavior in the rat following exposure during development (Hojo et al., 2008). However, caution is urged against overinterpreting the significance of these studies, because the developing nervous system is different from the mature nervous system and may not be an appropriate model for the possible consequences of exposure to the compounds of interest in the adult.

There also are some studies that further support suggestions that the level of reactive oxygen species could alter the functions of specific signaling cascades and may be involved in neurodegeneration (Drechsel and Patel, 2008), although not specifically concerning the chemicals of interest. However, such studies are potentially relevant to the chemicals of concern, as TCDD and herbicides have been reported to elicit oxidative stress (Celik et al., 2006; Shen et al., 2005; Byers, 2006). In addition, TCDD has been shown to affect phosphokinase C biochemistry in nerve cells and therefore could affect the integrity and physiology of nerve cells (Kim et al., 2007; Lee et al., 2007). Cytochrome P450 1A1, the aryl hydrocarbon receptor, and the aryl hydrocarbon receptor nuclear transporter occur in the brain, indicating that TCDD would be likely to exert effects in the brain (Huang et al., 2000). Also, while in hepatocytes and not cells of the nervous system, earlier studies have indicated that 2,4-D affected aspects of mitochondrial energetics and mitochondrial calcium flux (Palmeira et al, 1994a, 1994b, 1995a, 1995b); if this effect can also occur with nervous system cell mitochondria, which is feasible, then the energy balance and pathways of cells within the nervous system could be affected, with subsequent damage to normal nervous system function. These mechanistic studies, while not convincing evidence of specific effects of the chemicals of concern in the neurological endpoints of interest, suggest possible avenues to pursue to determine linkages between the chemicals of concern and the neurological outcomes that could result in adult humans.

Basic scientific studies have emphasized the importance of alterations in neurotransmitter systems as potential mechanisms that underlie TCDD-induced neurobehavioral disorders. Neuronal cultures treated with 2,4-D exhibited decreased neurite extension associated with intracellular changes, including a decrease in microtubules, inhibition of the polymerization of tubulin, disorganization of the Golgi apparatus, and inhibition of ganglioside synthesis. Those

mechanisms are important for maintaining the connections between nerve cells that are necessary for neuronal function and that are involved in axon regeneration and recovery from peripheral neuropathy. Animal experiments have demonstrated that TCDD treatments affect the fundamental molecular events that underlie neurotransmission initiated by calcium uptake. Mechanistic studies have demonstrated that 2,4,5-T can alter cellular metabolism and cholinergic transmission necessary for neuromuscular transmission.

TCDD treatment of rats at doses that do not cause general systemic illness or wasting disease produces electrodiagnostic changes in peripheral nerve function and pathologic findings that are characteristic of toxicant-induced axonal peripheral neuropathy.

As discussed in Chapter 4, extrapolation of observations of cells in culture or animal models to humans is complicated by differences in sensitivity and susceptibility among animals, strains, and species; by the lack of strong evidence of organ-specific effects across species; and by differences in route, dose, duration, and timing of chemical exposures. Thus, although the observations in themselves cannot support a conclusion that the chemicals of concern produced neurotoxic effects in humans, the studies provide suggestions of the biologic plausibility of an association and describe potential mechanisms that might have come into play.

Conclusions

On the basis of its evaluation of the evidence reviewed here and in previous VAO reports, the committee concludes that there is inadequate or insufficient evidence of an association between exposure to the compounds of interest (2,4-D, 2,4,5-T, TCDD, picloram, and cacodylic acid) and neurobehavioral disorders (cognitive or neuropsychiatric) or ALS.

With respect to PD, previous VAO reports have concluded that there was inadequate or insufficient evidence of an association between exposure to the compounds of interest and PD. In this report, we review both new data published after *Update 2006* and older studies investigating the relationship between herbicide exposure and PD risk. Although a compelling biologic mechanism has not been identified, the bulk of evidence suggests a risk of herbicide exposure in general with regard to PD. This impression is strengthened by recent studies that report a specific risk of compounds of interest. Thus, the committee now concludes that there is limited or suggestive evidence of an association between exposure to compounds of interest and the development of PD.

In *Update 1996*, the committee concluded that there was limited or suggestive evidence of an association between exposure to at least one of the compounds of interest and "acute and subacute transient" peripheral neuropathy. The evidence was drawn from occupational and other studies in which subjects were exposed to a variety of herbicides and herbicide components. Information available to the committees responsible for *Update 1998*, *Update 2000*, and *Update 2002* supported that conclusion. The committee for *Update 2004* exhaustively reviewed the data on peripheral neuropathy and concluded that there was limited or suggestive evidence of an association between exposure and "early onset, transient" peripheral neuropathy, but that the evidence was inadequate or insufficient to support an association between exposure to the compounds of interest and "delayed or persistent" peripheral neuropathy. The committees for *Update 2006* and for the current update concur with this conclusion.

In summary, the present committee, based on review of new data and a reevaluation of older studies, has left the conclusions of previous committees concerning neurologic outcomes unchanged.

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¹ Throughout the report the same alphabetic indicator following year of publication is used consistently for the same article when there were multiple citations by the same first author in a given year. The convention of assigning the alphabetic indicator in order of citation in a given chapter is not followed.

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9

Other Health Effects

This chapter discusses data on the possible association between exposure to the herbicides used in Vietnam—2,4-dichlorophenoxyacetic acid (2,4-D), 2,4,5-trichlorophenoxyacetic acid (2,4,5-T), picloram, and cacodylic acid)—and 2,3,7,8-tetrachlorodibenzo-*p*-dioxin (TCDD), a contaminant of 2,4,5-T, and the following non-cancer health outcomes: chloracne, porphyria cutanea tarda (PCT), respiratory disorders, immune-system disorders, diabetes, lipid and lipoprotein disorders, gastrointestinal and digestive disease (including liver toxicity), circulatory disorders, and adverse effects on thyroid homeostasis.

For each type of health outcome, background information on the outcome is followed by a brief summary of the findings described in earlier reports by the Institute of Medicine (IOM) Committee to Review the Health Effects in Vietnam Veterans of Exposure to Herbicides. In the discussion of the most recent scientific literature, studies are grouped by exposure type (Vietnam veteran, occupational, or environmental). For articles that report on only a single health outcome and that are not revisiting a previously studied population, design information is summarized with the results; design information on other studies can be found in Chapter 5. A synopsis of toxicological and clinical information related to the biologic plausibility of the chemicals of interest influencing the occurrence of the health effect is presented next, followed by a synthesis of all the material reviewed. Each health outcome section ends with the present committee's conclusions regarding the strength of the evidence for support of an association with the chemicals of interest. The categories of association and the committee's approach to categorizing the health outcomes are discussed in Chapters 1 and 2.

CHLORACNE

Chloracne is a skin disease that is characteristic of exposure to TCDD and other diaromatic organochlorine compounds. It shares some pathologic processes (such as the occlusion of the orifice of the sebaceous follicle) with more common forms of acne (such as acne vulgaris), but it can be differentiated by the presence of epidermoid inclusion cysts, which are caused by proliferation and hyperkeratinization (horn-like cornification) of the epidermis and sebaceous gland epithelium. Although chloracne is typically distributed over the eyes, ears, and neck, among chemical-industry workers exposed to TCDD it can also occur on the trunk, genitalia, and buttocks (Neuberger et al., 1998).

Chloracne has been exploited as a marker of exposure in epidemiologic studies of populations exposed to TCDD and related chemicals. It is one of the few findings in humans that are consistently associated with such exposure, and it is a well-validated indicator of high-dose

exposure to TCDD and related compounds (Sweeney et al., 1997/98). If chloracne occurs, it appears shortly after the chemical exposure, not after a long latent period; therefore, new cases of chloracne among Vietnam veterans would not be the result of exposure during the Vietnam War. Although it is resistant to acne treatments, it usually regresses over time. It should be noted that absence of chloracne does not necessarily indicate absence of substantial exposure to TCDD, as is apparent from studies of people with documented exposure to TCDD after the Seveso accident (Baccarelli et al., 2005a). Neither is there necessarily a correlation between serum TCDD concentrations and the occurrence or severity of chloracne.

Conclusions from VAO and Updates

The committee responsible for *Veterans and Agent Orange: Health Effects of Herbicides Used in Vietnam,* hereafter referred to as *VAO* (IOM, 1994), determined that there was sufficient evidence of an association between exposure to at least one compound of interest (TCDD) and chloracne. Additional information available to the committees responsible for *Veterans and Agent Orange: Update 1996* (IOM, 1996), *Update 1998* (IOM, 1999), *Update 2000* (IOM, 2001), *Update 2002* (IOM, 2003), *Update 2004* (IOM, 2005), and *Update 2006* (IOM, 2007) has not modified that conclusion.

Even in the absence of full understanding of the cellular and molecular mechanisms leading to the disease, several notable reviews (Panteleyev and Bickers, 2006; Sweeney and Mocarelli, 2000) have deemed the clinical and epidemiological evidence of dioxin-induced chloracne to be strong. The occupational epidemiological literature has many examples of chloracne in workers after reported industrial exposures (Beck et al., 1989; Bond et al., 1987, 1989a,b; Cook et al., 1980; Goldman, 1972; May, 1973, 1982; Oliver, 1975; Pazderova-Vejlupkova et al., (1981); Poland et al., 1971; Suskind et al., 1953; Suskind and Hertzberg, 1984; Zober et al., 1990). With relative risk estimates as high as 5.5 for exposed workers compared to referent nonexposed workers, Bond et al. (1989a) identified a dose-response relationship between probable exposure to TCDD and chloracne. Not all individuals exposed to relatively high doses develop chloracne, whereas others with similar or lower exposure may demonstrate the condition (Beck et al., 1989).

Almost 200 cases of chloracne were recorded among those residing in the vicinity of the accidental industrial release of dioxin at Seveso, Italy; most cases were children, lived in the highest exposure zone, and had resolved within 7 years (Assennato et al., 1989a,b; Caramaschi et al., 1981; Mocarelli et al., 1991). No cases of chloracne were identified in conjunction with the less extreme instance of environmental dioxin contamination at Times Beach, Missouri (Webb et al., 1987).

The exposure levels among Vietnam veterans were substantially lower than those observed in occupational studies and in environmental disasters such as Seveso. The long period of time elapsed from the time of the putative exposure has imposed methodological limitations on studies of Vietnam cohorts for this outcome. Nonetheless, the Vietnam Experience Study (CDC, 1988) did find chloracne was self-reported more often by Vietnam veterans than by Vietnam-era veterans (OR = 3.9). Excess risk was also found for Vietnam versus era veterans among those subjects who were physically examined (OR = 7.3). In comparison to a nonexposed group, Air Force Ranch Hand personnel potentially exposed to Agent Orange reported significant excess in

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acne (OR = 1.6) (Wolfe et al., 1999), but no cases of chloracne or postinflammatory scars were found on physical examination 20 years after the potential herbicide exposure (AFHS, 1991b).

Biologic Plausibility

Previous updates have reported that chloracne-like skin lesions have been observed in several animal species in response to exposure to TCDD, but not to purified phenoxy herbicides. Data accruing over the last several decades demonstrated that TCDD alters differentiation of human keratinocytes, and more recent studies have illuminated how. Geusau et al. (2005) found that TCDD accelerates the events associated with early differentiation, but also obstructs completion of differentiation. Panteleyev and Bickers (2006) proposed that the major mechanism underlying TCDD-induced chloracne is activation of the stem cells in the basal layer of the skin to differentiate and inhibition of their ability to commit fully to a differentiated status. Recent work using a constitutively activated form of the aryl hydrocarbon receptor (AHR) implicates additional inflammation-related mechanisms by which TCDD exposure may lead to chloracne (Tauchi et al., 2005). The data provide a biologically plausible mechanism for the induction of chloracne by TCDD.

Synthesis

There have been no new epidemiological data in the last decade refuting the conclusion of prior VAO committees that the evidence of an association between exposure to dioxin and chloracne is sufficient. The formation of chloracne lesions after administration of TCDD is observed in some species of laboratory animals.

Conclusion

In summary, based on numerous epidemiological studies of occupationally and environmentally exposed populations and supportive toxicological information, previous VAO committees have consistently concluded that there is sufficient evidence of an association between exposure to at least one compound of interest and chloracne. Because TCDD-associated chloracne becomes evident shortly after exposure, there is no risk of new cases occurring long after service in Vietnam. Given this established relationship of an association between TCDD and chloracne and the long period of time that has elapsed since service in Vietnam, this committee concludes that additional biological and epidemiological evidence meriting review and deliberation by this or subsequent VAO committees is unlikely.

PORPHYRIA CUTANEA TARDA

Porphyrias are uncommon disorders caused by deficiencies of enzymes involved in the pathway of biosynthesis of heme, the iron-containing, nonprotein portion of the hemoglobin molecule. PCT is a heterogeneous group of disorders caused by a deficiency of a specific enzyme, uroporphyrinogen decarboxylase. Porphyria cutanea tarda (PCT), the most common of the porphyrias, can be inherited but usually is acquired. Type I PCT, which accounts for 80–90% of all cases, is an acquired disease that typically becomes evident in adulthood. Type I PCT can occur spontaneously but usually occurs in conjunction with environmental factors, such as alcohol consumption, exposure to estrogens, or use of some medications.

The most important clinical finding is cutaneous photosensitivity. Sensitivity to sunlight is thought to result from the excitation of excess porphyrins in the skin by long-wave ultraviolet radiation, which leads to cell damage. Fluid-filled vesicles and bullae develop on sun-exposed areas of the face and on the dorsa of the hands, feet, forearms, and legs. Other features include hypertrichosis (excess hair) and hyperpigmentation (increased pigment), especially on the face. People with PCT have increased porphyrins in the liver, plasma, urine, and stools. Iron, estrogens, alcohol, viral hepatitis, and chlorinated hydrocarbons can aggravate the disorder. Iron overload is almost always present in people who have PCT.

Conclusions from VAO and Updates

On the basis of strong animal studies and case reports demonstrating induction of PCT with exposure and resolution following removal of exposure, the committee responsible for *VAO* determined that there was sufficient evidence of an association between exposure to TCDD and PCT in genetically susceptible people.

Epidemiological studies of occupational populations have indicated inconsistent association between the chemicals of interest and the appearance of increased urinary uroporphrin excretion. Bleiberg et al. (1964) reported the appearance of increased urinary uroporphyrin in 11 or 29 workers in a chemical factory manufacturing 2,4-D and 2,4,5-T with 3 of these workers manifesting some clinical evidence of PCT. In a follow-up study of the same manufacturing facility six years later, no abnormalities in urinary porphyrin excretion were observed (Poland et al., 1971). Calvert et al. (1992) reported no difference in porphyrinuria or the occurrence of PCT between 281 workers in the National Institute of Occupational Safety and Health (NIOSH) cohort who were involved in the production of TCP and exposed to TCDD and 260 unexposed workers. Serum TCDD levels were not associated with uroporphyrin or coproporphyrin levels.

Among individuals exposed to TCDD as a result of the 1976 chemical plant explosion in Seveso, Italy, clinical PCT was observer only in a brother and sister with a mutant enzyme that confers susceptibility in the heterozygous state. In 1977, 60 Seveso residents were tested for elevated porphyrins and 13 exhibited secondary coproporphyrinuria. Elevated levels persisted in only 3 cases felt to be due to liver damage and alcohol consumption (Doss et al., 1984). In the Quail Run mobile home park in Missouri, residents exposed to dioxin as a result of the spraying of waste oil contaminated with TCDD were found to have elevated levels of urinary uroporphyrins when compared to controls, but no cases of clinical PCT were diagnosed (Hoffman et al., 1986; Stehr-Green et al., 1987).

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The baseline study of the US Air Force Ranch Hands (AFHS, 1984) showed no difference in uroporphyrin or coproporphyrin levels in the urine between Ranch Hands and controls. There were no indications of the clinical appearance of PCT in Ranch Hands. Follow-up studies of the Ranch Hand cohort revealed that mean uroporphyrin levels were greater in the comparison group than the Ranch Hands whereas mean coproporphyrin levels were higher for Ranch Hands. The clinical significance of the small changes between the Ranch Hands and the comparison groups had uncertain clinical significance.

The committee for Update 1996 considered three additional non-positive citations on populations with substantial exposures to TCDD. Jung et al. (1994) presented porphyrin data on former workers in a German pesticide plant that had manufactured 2,4-D and 2,4,5-T. Among 170 men tested, 27 had present or past chloracne. The study found no difference in porphyrin levels between subjects with and without chloracne. There was also no relationship of abnormal liver function tests and porphyrin levels with the presence or absence of chloracne, and no relationship between porphyrin levels in urine, RBCs, or plasma, and TCDD levels in adipose tissue. Three cases of chronic hepatic porphyria (none with overt PCT and none with chloracne) were identified, a number which did not exceed the expected prevalence in this population. Von Benner et al. (1994) found no indication of clinical porphyria in self-referred workers at six other German chemical plants. Another report on the NIOSH cohort (Calvert et al., 1994) was also negative. On the basis of the cumulative findings, the committee responsible for *Update 1996* concluded that there was only limited or suggestive evidence of an association. *Update 1998*, *Update 2000, Update 2002, Update 2004*, and *Update 2006* did not further change the revised conclusion.

Because PCT is manifested shortly after exposure to TCDD, new cases of PCT attributable to exposure during the Vietnam War are not expected to occur.

Biologic Plausibility

PCT has not been replicated in animal studies with TCDD, although other porphyrin abnormalities have been reported. However, administration of TCDD to mice results in an accumulation of uroporphyrin that occurs in manner that requires the AhR, CYP1A1, and CYP1A2 (Robinson et al., 2002; Smith et al., 2001; Uno et al., 2004).

Synthesis

There have been no new epidemiological data in the last decade refuting the conclusion of VAO committees for *Update 1996* and forward that there is limited or suggestive evidence of an association between exposure to dioxin and PCT.

Conclusion

On the basis of its evaluation of the evidence reviewed here and in previous VAO reports, the committee concludes that there is limited or suggestive evidence of an association between exposure to at least one compound of interest and PCT. The occurrence of PCT is rare and may

be influenced by genetic predisposition of individuals demonstrating low enzyme levels of protoporphyrinogen decarboxylase. Because TCDD-associated changes in porphyrin excretion become evident shortly after exposure, there is no risk of new cases occurring long after service in Vietnam. Given the recognized association between TCDD and porphyrin excretion and the long period of time that has elapsed since service in Vietnam, this committee concludes that additional biological and epidemiological evidence meriting review and deliberation by this or subsequent VAO committees is unlikely.

RESPIRATORY DISORDERS

For the purposes of this report, nonmalignant respiratory disorders comprise acute and chronic lung diseases other than cancer. Acute nonmalignant respiratory disorders include pneumonia and other respiratory infections; they can be increased in frequency and severity when the normal defense mechanisms of the lower respiratory tract are compromised. Chronic nonmalignant respiratory disorders generally take one of two forms: airways disease or parenchymal disease. Airways disease encompasses disorders characterized by obstruction of the flow of air out of the lungs, among them asthma and chronic obstructive pulmonary disease (COPD); COPD is also known as chronic obstructive airways disease, generally includes disorders that cause inflammation and scarring of the deep lung tissue, including the air sacs and supporting structures; parenchymal disease is less common than airways disease, and its disorders are characterized by reductions in lung capacity, although they can include a component of airway obstruction. Some severe chronic lung disorders, such as cystic fibrosis, are hereditary. Because Vietnam veterans received health screenings before entering military service, few severe hereditary chronic lung disorders are expected in that population.

The most important risk factor for many nonmalignant respiratory disorders is inhalation of cigarette smoke. Although exposure to cigarette smoke is not associated with all diseases of the lungs, it is the major cause of many airways disorders, especially COPD; it contributes to some interstitial disease; and it compromises host defenses in such a way that people who smoke are generally more susceptible to some types of pneumonia. Cigarette-smoking also makes almost every respiratory disorder more severe and symptomatic than it would be in its absence. The frequency of habitual cigarette-smoking varies with occupation, socioeconomic status, and generation. For those reasons, cigarette-smoking can be a major confounding factor in interpreting the literature on risk factors for respiratory disease. Vietnam veterans are reported to smoke more heavily than are non-Vietnam veterans (McKinney et al., 1997).

It is well known that causes of death from respiratory diseases, especially chronic ones, are highly misclassified on death certificates. Grouping various respiratory diseases for analysis, unless they all are associated with a given exposure, will lead to attenuations of the estimates of relative risk as well as a diminution of statistical power. Moreover, deaths from respiratory and cardiovascular diseases are often confused. In particular, when persons have both conditions concurrently and both contributed to death, there may be some uncertainty about which cause should be selected as the primary underlying cause. In other instances, errors may arise in selecting one underlying cause in a complex chain of health events (for example, if COPD leads to congestive heart failure and then to respiratory failure). Many study populations were rather

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small, so investigators grouped deaths from all nonmalignant respiratory diseases into one category, combining pneumonia, influenza, and other diseases with COPD and asthma.

Conclusions from VAO and Updates

The committee responsible for *VAO* concluded that there was inadequate or insufficient information to determine an association between exposure to the compounds of interest and the respiratory disorders specified above. Additional information available to the committees responsible for *Update 1996* and *Update 1998* did not change that finding.

Update 2000 drew attention to findings from the Seveso cohort that suggested a higher mortality from nonmalignant respiratory disorders among study subjects, particularly males, who were more heavily exposed to TCDD. Those findings were not replicated in several other relevant studies, although one showed an increase (which did not attain statistical significance). The committee for *Update 2000* concluded that although new evidence suggested an increased risk of nonmalignant respiratory disorders, particularly COPD, among people exposed to TCDD, the observation was tentative and the information insufficient to determine an association between the exposures of interest and respiratory disorders. Additional information available to the committee responsible for *Update 2002* did not change that finding.

Update 2004 included a new cross-sectional study among residents near a wood-treatment plant (Dahlgren et al., 2003). Soil and sediment samples from a ditch in the neighborhood contained dioxins and furans. Although exposed residents reported greater frequency of chronic bronchitis by history (17.8% vs 5.7%, p < 0.0001) and asthma by history (40.5% vs 11.0%, p < 0.0001) compared with a "non-exposed" control group, the committee concluded that selection bias and recall bias limited the utility of the results and that there was a possibility of confounding because history of tobacco use was not accounted for adequately.

In *Update 2006*, a number of studies of veterans of the Vietnam conflict were reviewed. Mortality from respiratory diseases was not found to be higher than expected in the Centers for Disease Control and Prevention (CDC) Vietnam Experience Study (VES) (Boehmer et al., 2004), in the AFHS (Ketchum and Michalek, 2005), and in two Australian studies of Vietnam veterans (ADVA, 2005b,c). On the other hand, in the US Army Chemical Corps cohort of Vietnam veterans, Kang et al. (2006) found that the prevalence of self-reported nonmalignant respiratory problems diagnosed by a doctor was significantly increased by about 40–60%, although no differences in the prevalence of respiratory problems was found among the subset of veterans whose serum TCDD was above 2.5 ppt.

In addition, *Update 2006* addressed new studies of potentially exposed occupational cohorts. No associations with respiratory mortality were found in a small subcohort of New Zealand phenoxy herbicides sprayers included in the International Agency for Research on Cancer (IARC) cohort ('t Mannetje et al., 2005). In the Agricultural Health Study (AHS), no associations were found for mortality from COPD among private applicators or their spouses (Blair et al., 2005). A cross-sectional analysis of the AHS using data collected at enrollment among commercial pesticide applicators showed an association with the prevalence of wheeze and "current" exposure to 2,4-D. The committee was concerned with interpreting this finding because self-reported health conditions may not be reported accurately and there may be overreporting if people believe that their exposures were hazardous. As a result, the committee responsible for *Update 2006* did not change the original classification.

Table 9-1 summarizes the results of the relevant studies.

Reference	Study Population	Exposed	Estimated Relative	
	Study i opulation	Cases ^a	Risk $(95\% \text{ CI})^a$	
VIETNAM VETERAN	S			
Studies Reviewed in <i>Up</i>	date 2006			
Boehmer et al., 2004	Vietnam Experience Cohort			
	Non-malignant respiratory mortality (ICD-9 460-519)	20	0.8 (0.5–1.5)	
Ketchum and Michalek,	US Air Force Health Study			
2005	Non-malignant respiratory mortality (ICD-9 460-519)	8	1.2 (0.6–2.5)	
Kang et al., 2006	US Army Chemical Corps personnel			
-	Self-reported, non-malignant respiratory problems			
	diagnosed by a doctor			
	Deployed vs non-deployed	129	1.4 (1.1–1.8)	
	Sprayed herbicides in Vietnam versus never	*	1.6 (1.3–2.1)	
ADVA, 2005b	Third Australian Vietnam Veterans Mortality Study.			
	Deployed veterans vs. Australian population			
	All branches			
	Respiratory system diseases	239	0.8 (0.7–0.9)	
	COPD	128	0.8 (0.7–1.0)	
	Navy	- 0		
	Respiratory system diseases	50	0.8 (0.6–1.0)	
	COPD	28	0.9 (0.6–1.3)	
	Army	1.0		
	Respiratory system diseases	162	0.8 (0.7–0.9)	
	COPD	81	0.8 (0.7–1.0)	
	AirForce	20	O((0, 1, 0, 0))	
	Respiratory system diseases	28	0.6(0.4-0.9)	
ADVA 2005-	COPD Accestration National Compiler Without Weterson	18	0.8 (0.4–1.2)	
ADVA, 2005c	Australian National Service Vietnam Veterans:			
	Notional Servicemen (SMD)			
	Respiratory diseases	20	0.5(0.2,0.6)	
		50 18	0.3(0.3-0.0) 0.9(0.5-1.4)	
	National Serviceman, deployed (SMR)	10	0.9 (0.3-1.4)	
	Respiratory diseases	18	0.5(0.3-0.8)	
	COPD	8	0.9(0.4-1.8)	
	National Serviceman, non-deployed (SMR)	0	0.9 (0.4 1.0)	
	Respiratory diseases	20	0.4(0.2-0.6)	
	COPD	10	$0.1(0.2 \ 0.0)$ 0.9(0.4-1.7)	
Boehmer et al 2004	Vietnam Experience Cohort	10	0.9 (0.1 1.7)	
Doominer et un, 2001	Non-malignant respiratory mortality (ICD-9 460–519)	20	0.8 (0.5–1.5)	
Studios Doviewed in U.	data 1009			
Suules Kevleweu III Up Bullman & Kang 1006	uure 1770 Dost service study among male Vietnam veterang who			
Dunnan & Kang, 1990	were wounded in combat			
	Non malignant respiratory mortality (ICD0 460, 510)	12	0.9(0.7, 1.2)	
	compared to the US population	43	0.9(0.7-1.2)	

CHAPTER 9: OTHER HEALTH EFFECTS

Reference	Study Population	Exposed Cases ^a	Estimated Relative Risk $(95\% \text{ CI})^a$
O'Toole et al., 1996	Australian Army Vietnam veterans self-reported health status (1989–1990) compared to a random sample from the general Australian population. Prevalence ratios, adjusted for differences in response. Acute conditions that required recent medical		
	Intervention		1 4 (0 (2 1))
	Astrima Dranakitia amakusama		1.4(0.6-2.1)
	Bronchitis, emphysema		2.1(0.2-4.0)
	Chronia conditions		2.1 (1.0-2.8)
	A sthma		0.9(0.5-1.4)
	Asuilla Bronchitis emphysema		41(28-55)
	Other		4.1(2.8-5.5) 4.0(2.2-5.9)
Watanabe et al., 1996; Watanabe et al., 1991 (regulta from 1006 paper)	Mortality of US Vietnam veterans who died during 1965–1988, PMR analysis of non-malignant		4.0 (2.2-3.7)
(results from 1990 paper)	A rmy	619	0.91 (p < 0.05)
	Allity Marine Corns	048	0.81 (p < 0.05)
C_{range} at al. 1007a	Mortality of male Australian Vietnam veterans	111	0.08 (p < 0.03)
Claire et al., 1997a	compared to the general Australian victuality (ICD-9 460–519)		
	1964–1979	3	0.1 (0.0-0.3)
	1980–1994	92	0.9 (0.7–1.1)
	Chronic obstructive airways disease (ICD-9		
	490–496)		
	1980–1994	47	0.9 (0.7–1.2)
Crane et al., 1997b	Mortality (1982-1994) of deployed Australian National Servicemen vs those who did not served in Vietnam		
	1965–1982	2	2.6 (0.2-30.0)
	1982–1994	6	0.9 (0.3–2.7)
AFHS, 1996	Cause-specific mortality among Rand Hand personnel		
	compared to Air Force veterans	2	0.5 (0.1–1.6)
Studies Reviewed in VA	0		
Anderson et al., 1986	Mortality study comparing Wisconsin Vietnam veterans with Wisconsin Vietnam-era veterans. SMR analysis of non-malignant respiratory mortality (ICD-8 460–519)		
	Vietnam veterans compared to Wisconsin	32	0.3 (0.2–0.5)
CDC, 1988	Vietnam veterans compared to other veterans Cross-sectional study, with medical examinations, of US Army veterans who served in Vietnam compared to US Army veterans who had not served Odds ratios from pulmonary function tests (case definition: <80% predicted value)	32	0.5 (0.4–0.7)
	FEV_1	254	0.9 (0.7–1.1)
	FVC	177	1.0 (0.8–1.3)
	FEV ₁ /FVC	152	1.0 (0.8–1.3)

Reference	Study Population	Exposed Cases ^a	Estimated Relative Risk (95% CI) ^{<i>a</i>}
Eisen et al., 1991	Incidence in deployed vs non-deployed monozygotic twins who served in US military during Vietnam era Respiratory conditions		,/
	Present at time of survey		1.4 (0.8–2.4)
	At any time since service		1.4 (0.9–2.0)
	Required hospitalization		1.8 (0.7–4.2)
OCCUPATIONAL New Studies			
Hoppin et al., 2008	US Agriculture Health Study— prevalence at enrollment among farm women of: Atopic asthma having exposure to:		
	2,4-D	52	1.5 (1.1-2.1)
	Dicamba	11	1.1 (0.6–2.1)
	Nonatopic asthma having exposure to:		
	2,4-D	66	1.1 (0.8–1.4)
	Dicamba	13	0.7 (0.4–1.3)
Hoppin et al., 2007a	US Agriculture Health Study—prevalence at enrollment of self-reported farmer's lung (hypersensitivity pneumonitis)		
	Private applicators exposed to phenoxy herbicides	s 392	1.2 (0.8–1.7)
	Spouses exposed to phenoxy herbicides	16	1.4 (0.7–2.7)
Hoppin et al., 2007b	US Agriculture Health Study— prevalence at enrollment of chronic bronchitis among private applicators exposed to:		
	2.4-D	78	1.1 (0.9–1.4)
	2,4,5-T	28	1.5 (1.3–1.8)
	None	74	1.0
	1–14 lifetime days	16	1.4 (1.1–1.8)
	15–55	6	1.3 (0.9–1.8)
	>55	4	1.0 (0.6-1.5)
	2,4,5-TP	9	1.7 (1.3–1.3)
	None	92	1.0
	1–14 lifetime days	3	1.1 (0.7–1.8)
	15-55	3	1.6 (1.0-2.8)
	>55	2	1.4 (0.8–2.5)
	Dicamba	48	1.0 (0.8–1.2)
Valcin et al., 2007	US Agriculture Health Study—prevalence at		
	enrollment of chronic bronchitis among nonsmoking	4	0.0 (0.7.1.1)
	tarm women exposed to:	* 1.(0.9(0.7-1.1)
	2,4-D 2,4.5 T	10	1.2(0.9-1.0) 1.0(0.4, 2.5)
	2,4,5-1 Dicamba	1	1.0(0.4-2.3) 1.1(0.6, 2.0)
Honnin et al. 2006b	US Agriculture Health Study_prevalence at	5	1.1 (0.0-2.0)
Hoppin et al., 20000	enrollment of wheeze (added adjustment for exposure to herbicide chlorimuron-ethyl)		
	Private applicators with current use of:		
	2,4-D	*	1.0 (0.9–1.1)
	Dicamba	*	1.1 (0.9–1.2)
[supercedes Hoppin et	Commercial applicators with current use of:		
al., 2006a]	2,4-D	*	1.0 (0.7–1.3)
	Dicamba	*	0.8 (0.6–1.1)

CHAPTER 9: OTHER HEALTH EFFECTS

Reference	Study Population	Exposed Cases ^a	Estimated Relative Risk (95% CI) ^{<i>a</i>}
Studies Reviewed in Upd	late 2006		, <i>t</i>
Hoppin et al., 2006a	US Agriculture Health Study—cross-sectional study		
	of wheeze among commercial applicators with		
	current use of:		
	2,4–D	225	1.3 (1.0–1.7)
	Dicamba	167	1.1 (0.9–1.4)
't Mannetje et al., 2005	New Zealand phenoxy herbicide workers, non-		
	malignant respiratory mortality (ICD-9 480-519)		
	Producers	9	0.9 (0.4–1.8)
	Sprayers	6	0.7 (0.2–1.2)
Blair et al., 2005	US Agriculture Health Study—COPD mortality		
	Private applicators	50	0.2 (0.2–0.3)
	Spouses	15	0.3 (0.2–0.7)
Studies Reviewed in Upd	late 2002		
Burns et al., 2001	Males employees of the Dow Chemical Company—		
	manufacture exposed to 2,4-D between 1945–1994,		
	non-malignant respiratory mortality (ICD-8 460-519)		
	All non-malignant respiratory	8	0.4 (0.2–0.7)
	Pneumonia	4	0.6 (0.2–1.4)
Studios Doviewed in Une	1.44 2000		
Steenland et al. 1000	MIOSH mortality study of a homical workers at 12		
Steemand et al., 1999	niosh moltanty study of chemical workers at 12		
	non malianant respiratory martality (ICD 0.460, 510)	86	0.0(0.7, 1, 1)
Swaapay at al $1007/08$	NIOSH follow up study of production workers of	80	0.9(0.7-1.1)
Sweeney et al., 1997/98	sodium trichloronhanol and of 2.4.5 T ester		
[superseues Curvert et ut.,	aontaminated with TCDD		
1991]	containinated with TCDD, abronia bronchitis and COPD	2	
	chronic bronchius and COPD	2	
Studies Reviewed in Upd	late 1998		
Becher et al., 1996	Four German production facilities of phenoxy		
	herbicides and chlorophenols,		
	non-malignant respiratory mortality (ICD-9 460-519)		
	Boehringer Ingelheim	10	0.52(0.3-1.0)
	Bayer Uerdingen	2	0.9 (0.1–3.1)
	Bayer Dormagen	0	0.00
	BASF Ludwigshafen	4	0.6 (0.2–1.6)
Svensson et al., 1995	Swedish fisherman exposed to TCDD, mortality from bronchitis or emphysema (ICD-7 490–493)		
	East coast	4	0.5 (0.2–1.2)
	West coast	43	0.8 (0.6–1.1)
Ott and Zober. 1996	German workers exposed to trichlorophenol	-	
[supersedes Zober et al	contaminated with TCDD from an accident at a		
1994]	BASF plant, 1953–1993,		
	non-malignant respiratory mortality	1	0.1 (0.0-0.8)

Reference	Study Population	Exposed Cases ^a	Estimated Relative Risk (95% CI) ^{<i>a</i>}
Ramlow et al., 1996	Mortality of workers at a Dow Chemical plant, Michigan, producing pentachlorophenol contaminated with polychlorophenol dibenzodioxins (PCDD), 1940–1989		
	Non-malignant respiratory mortality (ICD-8		
	460–519)	14	0.9 (0.5–1.5)
	Cumulative PCP exposure	2	$0 \left(\left(0, 2, 1, 0 \right) \right)$
	<i td="" unit<=""><td>3 11</td><td>0.6(0.2-1.9) 1.4(0.8, 2.5)</td></i>	3 11	0.6(0.2-1.9) 1.4(0.8, 2.5)
	\geq 1 UIII Pneumonia (ICD 8 480, 486)	11	1.4(0.6-2.5) 1.1(0.4, 2.4)
	Fmphysema (ICD-8 400–460)	0 4	1.1(0.4-2.4) 1 3 (0 4-3 3)
Kogevinas et al., 1997	Mortality of male and female international workers producing or applying phenoxy herbicides, non- malignant respiratory mortality (ICD-9 460–519), 1939–1992	т	1.5 (0.4-5.5)
	Men	252	0.8 (0.7-0.9)
	Women	7	1.1 (0.4–2.2)
Studies Reviewed in Upd	date 1996		
Senthilselvan et al., 1992	Cross-sectional study of self-reported prevalence of asthma among male farmers in Saskatchewan (1982–1983)		
Zober et al., 1994	Chlorinated hydrocarbons German workers exposed to trichlorophenol contaminated with TCDD from an accident at a BASF plant, 1953–1989. 175 of 247 cohort members compared to unexposed workers for prevalence of non-malignant respiratory conditions. Illness episodes per 100 person-years (cohort/reference):	31	0.8 (0.5–1.3)
	All non-malignant respiratory diseases (ICD-9 460–51)		33.7/31.0 (p = 0.22)
	Upper respiratory tract infections (ICD-9 460–478)		12.0/9.0 (p = 0.00)
	Pneumonia or influenza (ICD-9 480–487) COPD (ICD-9 490–496)		17.4/18.8 (p = 0.08) 8.0/7.5 (p = 0.31)
Studies Reviewed in VA	0		
Coggon et al., 1991	Production of phenoxy herbicides and chlorophenols in four British plants, mortality from non-malignant respiratory diseases 1963–1985	8	0.7 (0.3–1.3)
Coggon et al., 1986	British plant manufacturing MCPA, mortality from non-malignant respiratory diseases (ICD-9 460–519), 1947–1983	93	0.6 (0.5–0.8)
Alavanja et al., 1989	PMR study of USDA soil and forest conservationists, mortality from non-malignant respiratory diseases (ICD-9 460–519), 1970–1979	80	0.8 (0.6–1.0)
Calvert et al., 1991	NIOSH Cross-sectional study of production workers of sodium trichlorophenol and of 2,4,5-T ester contaminated with TCDD comparing exposed to unexposed workers		
	Odds ratios for an increase in 1 ppt of serum TCDD		05(01.20)
	Coronic bronchitis COPD		$\begin{array}{c} 0.5 \ (0.1-2.6) \\ 1.2 \ (0.5-2.8) \end{array}$

CHAPTER 9: OTHER HEALTH EFFECTS

Reference	Study Population	Exposed Cases ^a	Estimated Relative Risk $(95\% \text{ CI})^a$
Suskind and Hertzberg, 1984	Cross-sectional study of the Nitro, West Virginia, plant that manufactured 2,4,5-T, comparing exposed to unexposed workers, 1979.		
	Odds ratios comparing exposed to unexposed for the		
	outcome of "abnormal" pulmonary functions tests:		
	FEV_1	203	2.82 (p = 0.0159)
	FVC	203	2.25 (p = 0.319)
	FEV ₁ /FVC	203	2.97 (p = 0.0099)
	FEF ₂₅₋₇₅	203	1.86 (p = 0.0517)
Blair et al., 1983	Licensed pesticide applicators, Florida, non-		
	malignant respiratory diseases, (ICD-8 460–519) Analyses by length of licensure	20	0.9
	<10 years	8	0.6
	$\overline{10-19}$ years	8	1.5
	≥20 years	4	1.7
ENVIRONMENTAL New Studies			
Consonni et al., 2008	25-vr follow-up on Seveso residents-mortality from		
	respiratory disease (ICD-9 460–519)		
	Zone A	9	1.4(0.7-2.7)
	Zone B	48	10(0.8-1.4)
	Zone R	341	1.0(0.9-1.1)
	Mortality from COPD (ICD-9 490–493)	0.11	
	Zone A	7	25(12-53)
	Zone B	26	13(09-19)
	Zone B	175	1.2(1.0-1.4)
Studies Reviewed in Un	date 2004	175	1.2 (1.0 1.1)
Dahlgren et al 2003	Cross-sectional study among residents living near a		
Dunigion et un, 2005	wood treatment plant (creosote and		
	nentachlorophenol) Mississippi who were plaintiffs		
	in a lawsuit against the plant compared to subjects		
	living in another comparable area with no known		
	chemical exposures		
	Adjusted scores comparing exposed to unexposed		
	(<0) means exposed subjects had more symptoms):		
	(the means exposed subjects had more symptoms).		
			-2.5 (n < 0.05)
	Children		-3.8 (p < 0.05)
Studies Reviewed in Un	data 2000		-3.8 (p<0.05)
Rertazzi et al 2001	20-yr follow-up on Seveso residents_mortality from		
Dei 111221 et 111., 2001	respiratory disease (ICD-9.460-519)	<i>AA</i>	10(08-14)
	$7 \text{ one } \Delta$	44	1.0(0.0-1.4) 1.9(1.0-2.6)
	Zone B	25	1.7(1.0-3.0) 1 3 (0.9-2.0)
	COPD (ICD-9 490-493)	20	1.5(0.9-2.0) 1.5(1.1-2.2)
	$\frac{1}{2} \frac{1}{2} \frac{1}$	27 7	33(1.1-2.2)
	Zone B	22	1.3(1.0-0.9)
		<u> </u>	1.5 (0.9-2.0)
Reference	Study Population	Exposed Cases ^a	Estimated Relative Risk (95% CI) ^a
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Bertazzi et al., 1998;	15-yr follow-up on Seveso residents-mortality from		
Pesatori et al., 1998	respiratory disease (ICD-9 460-519)		
(results from Bertazzi)	Zone A		
	Men	5	2.4 (1.0-5.7)
	Women	2	1.3 (0.3–5.3)
	Zone B		
	Men	13	0.7 (0.4–1.2)
	Women	10	1.0 (0.5–1.9)
	Zone R		
	Men	133	1.1 (0.9–1.3)
	Women	84	1.0(0.8-1.2)
	COPD (ICD-9 490–493)		· · · ·
	Zone A		
	Men	4	3.7 (1.4–9.8)
	Women	1	2.1 (0.3–14.9)
	Zone B		
	Men	9	1.0(0.5-1.9)
	Women	8	2.5 (1.2–5.0)
	Zone R		
	Men	74	1.2 (0.9–1.5)
	Women	37	1.3 (0.9–1.9)
Studies Reviewed in VA	0		
Bertazzi et al, 1989a;	10-yr follow-up on Seveso residents-mortality from		
Bertazzi et al, 1989b	respiratory disease (ICD-9 460-519)		
(results from Bertazzi et	Men	55	1.0(0.7-1.3)
al, 1989a)	Women	24	1.0 (0.7–1.6)
. ,	Pneumonia (ICD-9 480–486)		· · · ·
	Men	14	0.9(0.5-1.5)
	Women	9	0.8 (0.4–1.6)
	COPD (ICD-9 490–493)		× /
	Men	31	1.1 (0.8–1.7)
	Women	8	1.0(0.5-2.2)

VETERANS AND AGENT ORANGE: UPDATE 2008

^{*a*} Given when available.

^b Self-reported medical history. Answer to question: "Since your first day of service in Vietnam, have you been told by a doctor that you have leukemia?"

* Information not provided by study authors.

—When information was denoted by a dash in the original study.

ABBREVIATIONS: 2,4,5-T, 2,4,5-trichlorophenoxyacetic acid, 2,4-D, 2,4-dichlorophenoxyacetic acid; AFHS, Air Force Health Study; AIHW, Australian Institute of Health and Welfare; CDVA, Commonwealth Department of Veterans' Affairs; CI, confidence interval; COPD, chronic obstructive pulmonary disease; FEV₁, forced expiratory volume in one second; FVC, forced vital capacity; FEF₂₅₋₇₅, forced mid-expiratory flow; USDA, US Department of Agriculture.

Update of the Epidemiologic Literature

Vietnam-Veteran Studies

Since *Update 2006*, there have been no additional publications concerning non-malignant respiratory outcomes among Vietnam veterans.

Occupational Studies

The on-going AHS has generated several new publications concerning respiratory health problems. A common methodology was used in these studies: at time of enrollment, questionnaires regarding use of pesticides and health outcomes were administered, and subjects who returned both of these (~40%) were included in the analyses. Subjects were then classified as having different health outcomes: wheeze, chronic bronchitis, farmer's lung, and asthma. Wheeze was defined as a positive response to the question, "How many episodes of wheezing or whistling in your chest have you had in the past 12 months?" Farmer's lung and chronic bronchitis were defined if the subject reported having a doctor's diagnosis. Exposures to 40 specific chemicals used in the year before enrollment was assessed from these questionnaires. The analyses were cross-sectional studies of disease prevalence at the time of enrollment, comparing the frequency of reported exposures among those having the health outcome of interest versus the remainder of the cohort or a subset of the cohort, which is not an analysis equivalent to conducting a case–control study.

There are now two reports of wheeze from the AHS: one that was reported in *Update 2006* (Hoppin et al., 2006a) and a new one reported here (Hoppin et al., 2006b). Wheeze is a cardinal sign of asthma. In the previous report (Hoppin et al., 2006a), the authors reported an odds ratio of 1.3 (95% CI 1.0–1.7) among commercial applicators for exposure to 2,4-D in the past year, adjusted for age, smoking status, asthma/atopy status, and body-mass index (BMI). In the latter report (Hoppin et al., 2006b,), the association with 2,4-D was attenuated (OR = 1.0, 95% CI 0.7–1.3), but the covariables included in the model were different (age, smoking status, asthma/atopy status, BMI, plus previous use of pesticides, and exposure to chlorimuron-ethyl); the authors noted that adjustment for use of the herbicide chlorimuron-ethyl attenuated the risk of wheeze reported to be significant among commercial applicators for seven pesticides in Hoppin et al. (2006a). No associations were found in the private applicators to either 2,4-D or dicamba.

In another publication from AHS, Hoppin et al. (2008) conducted an analysis of the 702 women among the 25,814 farm women who reported at enrollment that they had been diagnosed with asthma after the age of 19 years. Of these, 282 had atopic asthma (i.e., asthma with eczema or hay fever) and 420 had nonatopic asthma. A significantly increased risk of atopic asthma was observed with exposure to 2,4-D (OR = 1.4, 95% CI 1.1–1.8), but not with exposure to dicamba (OR = 1.1, 95% CI 0.9–1.3). For nonatopic asthma, the risk for exposure to 2,4-D was increased slightly (OR=1.1, 95% CI 0.9–1.3), and no association was found for exposure to dicamba.

In a study of the prevalence of farmer's lung (hypersensitivity pneumonitis) at enrollment in the AHS population, Hoppin et al. (2007a) did not find significantly increased risks of ever having been exposed to phenoxy herbicides among the private pesticide applicators (OR = 1.2, 95% CI 0.8–1.7) or their spouses (OR = 1.4, 95% CI 0.7–2.7). Adjustment was made for age, state, smoking, and all other exposures.

Chronic bronchitis was the endpoint of interest in two publications from the AHS. Among the 20,908 private pesticide applicators (who were mostly male farmers), Hoppin et al. (2007b) found significant increases in the prevalence of self-reported chronic bronchitis diagnosed by a physician after age 19 years among those exposed to 2,4,5-T (OR = 1.5, 95% CI 1.3–1.8) or to 2-(2,4,5-trichlorophenoxy) propionic acid (2,4,5-TP) (OR = 1.7, 95% CI 1.3–2.3). Statistically significant associations were not observed for exposures to 2,4-D and dicamba. Analyses according to the number of days 2,4,5-T or 2,4,5-TP were sprayed did not reveal monotonic increases in the odds of prevalence, but there were few exposed cases in each category of usage,

so that the statistical power to detect monotonic trends was limited. Similar analyses of 21,541 nonsmoking women in the AHS by Valcin et al. (2007) did not find elevated risks of chronic bronchitis for those exposed to 2,4-D, to 2,4,5-T, or to dicamba.

Environmental Studies

In the 25-year follow-up on the mortality of the Seveso population through 2001, Consonni et al. (2008) estimated associations using Poisson regression for three exposure zones ("A", "B", and "R") by comparing rates among residents of non-exposed areas in 11 surrounding municipalities. They found that mortality rates from all types of respiratory disease (ICD-9 460–493) was not increased, although there was an increase in the most highly exposed, but relatively small group from Zone A (RR = 1.4, 95% CI 0.7–2.7). For the more specific diagnosis of COPD (ICD–9 490–493), however, there was a marked increase in Zone A (RR = 2.5, 95% CI 1.2–5.3) and increased rates were found in the intermediate exposure Zone B (RR = 1.3, 95% CI 0.9–1.9) and in least exposed group from Zone R (RR = 1.2, 95% CI 1.0–1.4).

Biologic Plausibility

Acute nonmalignant respiratory disorders, including pneumonia and other respiratory infections, can be increased in frequency and severity when the normal defense mechanisms of the lower respiratory tract are compromised. Thus exposure to chemicals that affect these defenses could exacerbate respiratory disorders. There is no evidence that the herbicides used in Vietnam alter such defense mechanisms. On the other hand, since TCDD has been shown to suppress immune function in a variety of animal models, exposure to TCDD could be expected to increase the incidence and/or severity of respiratory infections. Several laboratory studies have shown that treatment of mice with TCDD increased their mortality following infection with influenza virus (Burleson et al., 1996, Lawrence et al., 2003). Treatment with TCDD also suppressed the ability of the animals to generate an immune response to the virus (Lawrence et al., 2003). However, the mechanism underlying increased flu mortality was not related to the suppression of the immune response to influenza by TCDD, but appeared to involve an increase in the inflammatory response associated with an enhanced influx of neutrophils into the lung (Lawrence et al., 2003). Since neutrophils produce several toxic products (intended for killing pathogens), it is possible that excess numbers of neutrophils in the lung produce excess collateral damage and pathological changes resulting in increased mortality. Subsequent studies to test this hypothesis showed that prevention of the neutrophilia (using an anti-neutrophil antibody) provided partial protection of TCDD-treated mice from influenza-induced mortality (Teske et al., 2005). Furthermore, the enhanced mortality and increased neutrophilia was AHR-dependent and not observed in TCDD-treated AHR-knockout mice (Teske et al., 2005). However, TCDD exposure did not alter the levels of common lung neutrophil chemoattractants, the expression of adhesion molecules, or the normal neutrophil apoptotic process. Likewise, levels of reactive oxygen species (ROS) and myeloperoxidase activity were normal in neutrophils from TCDDtreated mice (Teske et al., 2005).

In the absence of evidence for TCDD effects at the level of neutrophil recruitment or function, several indicators of lung damage were assessed (Bohn et al., 2005). However, TCDD

exposure did not alter the levels of lactate dehydrogenase (a marker of lung cell damage) nor enhance edema (measured by protein levels in bronchioalveolar lavage fluid and wet to dry weight ratios).

Although AHR expression was shown to be required for TCDD to increase neutrophils the lung, the cells expressing AHR were not the neutrophils themselves, nor other immune cells, suggesting that lung parenchyma was being directly affected by TCDD (Teske et al., 2008). However, the level of Clara cell secretory protein (CSSP), an inflammatory mediator produced by lung-associated Clara cells, was not altered by TCDD. Thus, the mechanisms underlying the enhanced mortality following influenza infection remain to be determined. Despite the lack of functional changes in the lung, TCDD induced CYP1A1 expression in the Clara cells of the lung as well as in lung endothelial cells and Type II pneumocytes, indicating the ability of TCDD to directly affect the lung via AHR activation (Bohn et al., 2005). CYP1A1 and CYP1B1 were also induced in the lungs of rats given a single dose (5µg/kg) of TCDD 4 hrs prior to termination (Harrigan et al., 2006). On the basis of these findings, it is biologically plausible that exposure to TCDD could result in exacerbation of acute lung disease associated with reduced immune responses or chronic lung diseases, including COPD, associated with increased inflammatory responses. It is also plausible that the induction of CYP1A1 and CYP1B1 enzymes in the lung by TCDD could result in the metabolism of several chemicals found in tobacco smoke to more toxic intermediates. Exposure to TCDD would thus enhance the toxic effects of tobacco smoke and increase respiratory disease.

Synthesis

Results of the studies of mortality from nonmalignant respiratory diseases reported in *Update 2006* and previous VAO reports (ADVA, 2005b,c; Anderson et al., 1986; Becher et al., (1996); Blair et al., 1983, 2005; Bullman and Kang, 1996; Burns et al., 2001; Coggon et al., 1986, 1991; Crane et al., 1997a; Ketchum and Michalek, 2005; Kogevinas et al., 1997; Ott and Zober, 1996; Ramlow et al., 1996; Steenland et al., 1999; Svensson et al., 1995; 't Mannetje et al., 2005; Zober et al., 1994) do not support the hypothesis that herbicides are associated with respiratory mortality. The recent results of the Seveso accident showed a positive association (Consonni et al., 2008), based on nine deaths in the high-exposure area (Zone A). This finding could have been due to chance or misclassification of causes of death. More importantly, although the committee recognizes that mortality studies are limited by small numbers of events and misclassification of causes of death (especially respiratory conditions), the committee does not believe that scientific conclusions can be based on health outcomes that are defined vaguely, for example, by combining a wide array of disparate respiratory health outcomes into one large category.

In *Update 2006*, Kang et al. (2006) found in a study of US Army Chemical Corps personnel an association between exposure and the prevalence of self-reported physician-confirmed respiratory problems (OR = 1.41, 95% CI 1.13-1.76). The nonspecificity of the types of respiratory conditions reported in Kang et al. (2006) make it exceedingly difficult to draw any conclusions regarding specific respiratory conditions, and the lack of observed association with serum TCDD concentrations also argues against the existence of an association. As with the mortality studies cited in the preceding paragraph, the issue of nonspecificity is key to interpreting this study.

The committee for *Update 2008* found an additional five new papers on the prevalence of various respiratory conditions, all from the AHS. These respiratory outcomes now include wheeze, asthma, COPD, and farmer's lung (hypersensitivity pneumonitis). The following summarizes the evidence for each of these outcomes.

COPD: The findings from the Seveso accident showed increased risks of death from COPD (Consonni et al., 2008), with higher relative risks found in the zone (A) closest to the accident and slightly lower relative risks for the outlying zones. No associations with mortality from COPD were found in the recent Australian studies (Crane et al., 1997a; ADVA, 2005b, 2005c). In terms of prevalence, a four-fold excess prevalence in chronic bronchitis and emphysema was found in an Australian health status study of Australian army Vietnam veterans (O'Toole et al., 1996). In the AHS, Hoppin et al. (2007b) found in private applicators associations between prevalence of physician diagnosed COPD with 2,4,5-T and 2,4,5-TP and Valcin et al. (2007) found that in non-smoking farm women that the prevalence of physician diagnosed COPD was 20% higher among those persons exposed to 2,4-D. Other cross-sectional prevalence studies considered in previous updates that bear on this matter include the study of an accident at a BASF plant (Zober et al., 1994) that showed no association of exposure with episodes of COPD and the NIOSH cross-sectional study of production workers exposed to 2,4,5-T ester contaminated with TCDD (Calvert et al., 1991) that also did not show an increase in COPD associated with concentration in serum of TCDD. In addition, the study of residents exposed environmentally to emissions from a plant that produced creosote and pentachlorophenol (Dahlgren et al., 2003) showed positive associations with chronic bronchitis, but this latter study was judged in Update 2004 to have been biased.

Wheeze and asthma: These related health outcomes were the subject of two reports from the AHS (Hoppin et al., 2006a,b). The study new to this update (Hoppin et al., 2006b) stated that the first study's associations between the prevalence of self-reported wheeze and "current" exposure to 2,4–D (adjusted OR = 1.3) and to several other pesticides did not persist (OR = 1.0) after adjustment for exposure to chlorimuron-ethyl. In previous updates, a cross-sectional study in Saskatchewan (Senthilselvan et al., 1992) showed no association between exposure to chlorinated hydrocarbons and the prevalence of self-reported asthma. The study by Hoppin et al. (2006b) is unclear about what wheeze represents: the definition of *wheeze* was very broad and included any episode in the year before administration of the questionnaire, and the authors reported that only 28% of subjects with wheeze reported having asthma or atopic conditions.

Farmer's lung: There was only one study on this outcome (Hoppin et al., 2007a) and no conclusions can be drawn.

Conclusion

On the basis of its evaluation of the evidence reviewed here and in previous VAO reports, the committee concludes that there is inadequate or insufficient evidence of an association between exposure to the compounds of interest and mortality from all nonmalignant respiratory diseases or the prevalence of wheeze or asthma, COPD, and farmer's lung.

IMMUNE-SYSTEM DISORDERS

The immune system defends the body against infection by viruses, bacteria, and other disease-producing microorganisms, known as pathogens. The immune system also plays a role in cancer surveillance, destroying mutated cells that might otherwise develop into tumors. To recognize the wide array of pathogens in the environment, the immune system relies on many cell types that operate together to generate immune responses. Those cells arise from stem cells in the bone marrow, they are found throughout the body's lymphoid tissues, and they circulate in the blood as white blood cells (WBCs). The main types of WBCs are granulocytes, monocytes, and lymphocytes.

Immune Suppression

Suppression of immune responses can result in reduced resistance to infectious disease and increased risk of cancer. Infection with human immunodeficiency virus (HIV) is a wellrecognized example of an acquired immune deficiency in which a specific type of lymphocyte (CD4+ T cells) is the target of the virus. The decline in the number of CD4+ T cells after HIV infection correlates with an increased incidence of infectious diseases, including fatal opportunistic infections, and with an increased incidence of several types of cancer. Treatment of cancer patients with toxic chemotherapeutic drugs also suppresses the immune system by inhibiting the generation of new WBCs from the bone marrow and by blocking proliferation of lymphocytes during an immune response. Immune suppression can result from exposure to chemicals in the workplace or in the environment, including dioxin (see Chapter 4, Toxicology). However, unless the immune suppression is severe, it is often difficult to obtain clinical evidence that directly links chemical-induced changes in immune function to increased infectious disease or cancer, because many confounding factors can influence a person's ability to combat infection. Such confounders include age, vaccination status, the virulence of the pathogen, the presence of other diseases (such as diabetes), stress, smoking, and the use of drugs or alcohol.

Allergy

Sometimes the immune system responds to a foreign substance that is not pathogenic. Such immunogenic substances are called allergens. The response to some allergens, like pollen or bee venom, results in the production of immunoglobulin E (IgE) antibodies. Once produced, IgE antibodies bind to specialized cells—mast cells—that occur in tissues throughout the body, including lung airways, the gut wall, and blood-vessel walls. When a person is exposed again to the allergen, the allergen binds to the antibodies on the mast cells, causing them to release histamine and leukotrienes, which cause the symptoms associated with an allergic response. Other allergens, such as poison ivy and nickel, activate allergenspecific lymphocytes at the site of contact (usually the skin) that release substances that cause inflammation and tissue damage. Although inflammation is advantageous in fighting infectious diseases, when inflammation is inappropriately enhanced or prolonged, tissue

damage can result. Inflammation is known to contribute to coronary artery disease and appears to play a role in promoting the growth of cancer.

Autoimmune Disease

Autoimmune disease is another example of the immune system's causing rather than preventing disease. The immune system attacks the body's own cells and tissues as though they are foreign leading to the generation of inflammatory substances that cause damage to the tissues. For example, the autoimmune reaction in multiple sclerosis is directed against the myelin sheath of the nervous system; in Crohn's disease, the gut is the target of attack; in type 1 diabetes mellitus, the insulin-producing cells of the pancreas are destroyed by the immune response. Rheumatoid arthritis (RA) is an autoimmune disease that arises from immune attack on the joints. Genetic predisposition and such environmental factors as infectious diseases and stress are thought to facilitate the development of autoimmune diseases.

Systemic lupus erythematosus (SLE) is an autoimmune disease that has no specific target organ of immune attack. Instead, patients have a variety of symptoms that often occur in other diseases, making diagnosis difficult. A characteristic rash across the cheeks and nose and sensitivity to sunlight are common symptoms; oral ulcers, arthritis, pleurisy, proteinuria, and neurologic disorders may be present. Almost all people with SLE test positive for antinuclear antibodies in the absence of drugs known to induce them. The causes of SLE are unknown, but environmental and genetic factors have been implicated. Some of the environmental factors that may trigger it are infections, antibiotics (especially those in the sulfa and penicillin groups) and some other drugs, ultraviolet radiation, extreme stress, and hormones. Occupational exposures to such chemicals as crystalline silica, solvents, and pesticides have also been associated with risk of SLE (Cooper and Parks, 2004; Parks and Cooper, 2005).

Conclusions from VAO and Updates

The committees responsible for VAO, Update 1996, Update 1998, Update 2000, Update 2002, Update 2004, and Update 2006 concluded that there was inadequate or insufficient information to determine whether an association exists between exposure to the chemicals of concern and immune-system disorders. Reviews of the studies that underlie that conclusion are presented in the previous reports (IOM, 1994, 1996, 1999, 2001, 2003, 2005, 2007). The committee for Update 2006 reviewed a report by Boehmer et al. (2004), which found no excess in post-service mortality in male US Army Vietnam veterans related to endocrine, nutritional, and metabolic diseases, or immunity disorders and concurred with the conclusion of the previous review committees.

Update of the Epidemiologic Literature

There have been no additional Vietnam-veteran or occupational studies related to effects on the immune system published since *Update 2006*.

Environmental Studies

One study of potential effects in the immune system of adults has been published since the last review. In addition, two studies of perinatal and childhood exposures are described.

Lee et al. (2007a) investigated the levels of persistent organic pollutants stored in adipose tissue of 1,721 adults in the 1999–2002 National Health and Nutrition Examination Survey (NHANES), their impact on the immune system, and the possibility of an association with selfreported arthritis, either RA or osteoarthritis. The study focused on the pollutants found in at least 60 percent of study subjects, which included 3 polychlorinated dibenzo-p-dioxin (PCDDs) and 4 dioxin-like polychlorinated biphenyls (PCBs; PCB-74, -118, -126, and -169). Women had higher serum concentration of all classes of the organic pollutants than men including the PCDDs and their dioxin-like congeners. PCDDs were not associated with arthritis in either sex. However, women who had higher concentrations of dioxin-like PCBs showed a higher risk of prevalence of arthritis. After adjusting for possible confounders, ORs for all types of arthritis were 1.0, 2.1, 3.5, and 2.9 across quartiles of dioxin-like PCBs (quartiles 2-4 each significantly elevated versus quartile 1; p for trend = 0.02). The adjusted ORs for RA specifically were 1.0, 7.6, 6.1, and 8.5 for dioxin-like PCBs (quartiles 2-4 each significantly elevated versus quartile 1; p for trend = 0.05). For the nondioxin-like PCBs, however, the individual quartile risks of RA were not as high, but the pattern was monotonic: 1.0, 2.2, 4.4, and 5.4 for (not significantly elevated for quartile 2; p for trend < 0.01). No associations between dioxin-like PCBs or other substances were observed in men.

Smith et al. (2008) reported on the consequences of exposure of 13 members of two Spanish families poisoned by cooking oil greatly contaminated with highly chlorinated dioxins (PCDD) contamination. Originally all persons displayed chloracne as an early symptom. Analyses of the pattern of lymphocyte subpopulations were performed on whole blood. In family members with the highest body burdens of hexa- to octachlorinated PCDDs, no changes in immunological markers were noted in comparison to a reference population. Four of the children did exhibit significantly increased numbers of total blood lymphocytes.

Biologic Plausibility

Exposure of laboratory animals to phenoxy herbicides or cacodylic acid has not been associated with significant immunotoxicity. In contrast, the immune system has been recognized as a sensitive target for the toxicity of TCDD in laboratory animals for many years. Many cell types make up the immune system, and most of the cells have been shown to express the AHR, which is required for initiating the toxicity of TCDD (see Chapter 4). Identifying the specific cells of the immune system that are altered by TCDD and how they contribute to TCDD-induced alterations in immune function is of great interest to the research community. Understanding how TCDD affects the immune system in rodents increases the ability to extrapolate experimental results to assessment of human risks.

TCDD is a potent known immunosuppressive chemical in laboratory animals, and exposure to TCDD has been shown to increase the incidence and severity of various infectious diseases and to increase the development of cancer. Also consistent with its immunosuppressive effects,

TCDD exposure suppresses the allergic immune response of rodents, resulting in decreased allergen-associated lung pathology, and has recently been shown to suppress the development of experimental autoimmune disease (Quintana et al., 2008). Thus, depending on the particular disease, TCDD exposure could result in exacerbation or amelioration of symptoms. The demonstration by recent studies that AHR activation by TCDD leads to the development of regulatory T cells helps to explain the diversity of effects seen following exposure to TCDD (Funatake et al., 2008; Marshall et al., 2008; Quintana et al., 2008).

On the other hand, under certain conditions, exposure of laboratory animals to TCDD has been associated with increased inflammatory responses and enhanced production of inflammatory mediators. This could potentially enhance the severity of autoimmune disease as well as promote the growth of cancer cells. The AHR appears to regulate the expression of several genes associated with inflammation that could explain the influence of TCDD on inflammatory diseases.

Taken together, experimental laboratory studies indicate that TCDD exposure can produce diverse effects on the immune response, some that result in detrimental health effects and others that appear to reduce adverse health effects depending on the disease conditions.

Synthesis

TCDD is a well-known immunosuppressive agent in laboratory animals. Therefore, one would expect that exposure of humans to substantial doses of TCDD would result in immune suppression. However, several studies of various measures of human immune function failed to reveal consistent correlations with TCDD exposure, probably because the levels of exposure were inadequate to produce immune suppression. No detectable pattern of increased infectious disease has been documented in veterans exposed to TCDD or the herbicides used in Vietnam. Although suppression of the immune response by TCDD could increase the risk of some cancers in Vietnam veterans, there is no evidence to support that connection.

Epidemiologic studies have been inconsistent with regard to TCDD's influence on IgE production in humans. No animal or human studies have specifically addressed the influence of the TCDD on autoimmune disease. In studying post-service mortality, Boehmer et al. (2004) found no increase in deaths of Vietnam veterans that could be attributed to immune-system disorders. This review included a study finding a significant association between levels of dioxin-like PCBs and the prevalence of arthritis (thought to be an auto-immune disorder) in women, but not in men (Lee et al., 2007a). There is no experimental evidence to support this finding, and thus future studies are needed to determine a potential mechanism for TCDD-induced rheumatoid arthritis.

Few effects of phenoxy herbicide or cacodylic acid exposure on the immune system have been reported in animals or humans, and no clear association between these exposures and autoimmune or allergic disease has been found.

Conclusion

On the basis of its evaluation of the evidence reviewed here and in previous VAO reports, the committee concludes that there is inadequate or insufficient evidence to determine whether there

is an association between exposure to the compounds of interest and immune suppression, allergy, or autoimmune disease.

TYPE 2 DIABETES

Diabetes mellitus is a group of heterogeneous metabolic disorders characterized by hyperglycemia and quantitative or qualitative deficiency of insulin action (Orchard et al., 1992). Although all forms share hyperglycemia, the pathogenic processes involved in its development differ. Most cases of diabetes mellitus are in one of two categories: type 1 diabetes is characterized by a lack of insulin caused by the destruction of insulin-producing cells in the pancreas (β cells), and type 2 diabetes is characterized by a combination of resistance to the actions of insulin and inadequate secretion of insulin-dependent diabetes mellitus or juvenile-onset diabetes mellitus, and type 2 diabetes was called non-insulin-dependent diabetes mellitus or adult-onset diabetes mellitus. The modern classification system recognizes that type 2 diabetes can occur in children and also can require insulin treatments. Long-term complications of both types can include cardiovascular disease, nephropathy, retinopathy, neuropathy, and increased vulnerability to infections. Maintaining blood sugar concentrations within the normal range is crucial for preventing complications.

About 90 percent of all cases of diabetes mellitus are of type 2. Onset can occur before the age of 30 years, and incidence increases steadily with age thereafter. The main risk factors are age, obesity, central fat deposition, a history of gestational diabetes (in women), physical inactivity, ethnicity (prevalence is greater in blacks and Hispanics than in whites), and—perhaps most important—family history. The relative contributions of those features are not known. Prevalence and mortality statistics in the US population for 2004 are presented in Table 9-2.

The etiology of type 2 diabetes is unknown, but three major components have been identified: peripheral insulin resistance (thought by many to be primary) in target tissues (muscle, adipose tissue, and liver), a defect in β -cell secretion of insulin, and overproduction of glucose by the liver. In states of insulin resistance, insulin secretion is initially higher for each concentration of glucose than in people without diabetes. That hyperinsulinemic state is a compensation for peripheral resistance and often can maintain normal glucose concentrations for years. Eventually, β -cell compensation becomes inadequate, and there is progression to overt diabetes with concomitant hyperglycemia. Why the β cells cease to produce sufficient insulin is not known.

Type 1 diabetes occurs as a result of immunologically mediated destruction of β cells in the pancreas, which often occurs during childhood but can occur at any age. As in many autoimmune diseases, genetic and environmental factors influence pathogenesis. Some viral infections are believed to be important environmental factors that can trigger the autoimmunity associated with type 1 diabetes.

		Preve	alence	Mor	tality
		$(0/ \text{ of } \Lambda)$	mericans	(number	of deaths
		20 years of a	and older)		or ucalls,
ICD-9	Diacona of the Circulatory Sustan	20 years of a	Warman	Man	waman
Kange	Diseases of the Circulatory System	Men	women	Men	women
250	Diabetes	_	_	36,500	38.600
	Physician diagnosed	74^{a}	80^{a}	-	-
	Undiagnosed	38^{a}	2.1^{a}	-	-
	Prediabetes	31.7^{a}	199^{a}	_	-
	Trouluottob	51.7	17.7		
	Lipid disorders				
	Total cholesterol $\geq 200 \text{ mg/dL}$	42.6	47.1.	-	-
	Total cholesterol \geq 240 mg/dL	13.8	17.3	-	-
	LDL cholesterol \geq 130 mg/dL	33.8	31.7	-	-
	HDL cholesterol $< 40 \text{ mg/dL}$	24.9	6.7	-	-
	-				
390-459	All circulatory disorders	37.6	34.9	409,900	454,600
390–398	Rheumatic fever and rheumatic heart	-	-	1,022	2,226
	disease				
401–404 ^b	Hypertensive disease			24,000	33,300
401	Essential hypertension	_	_	_	_
402	Hypertensive heart disease	_	_	_	_
403	Hypertensive renal disease	_	_	_	_
404	Hypertensive heart and renal disease	_	_	_	_
410-414, 429.2	Ischemic or coronary heart disease	8.6	6.8	232,100	213,600
410, 412	Acute or old myocardial infarction	4.7	2.7	80,100	70,900
411	Other acute and subacute forms of	_	_	_	_
	ischemic heart disease				
413	Angina pectoris	4.3	4.5	_	_
414	Other forms of chronic ischemic	_	_	_	_
	heart disease				
429.2	Cardiovascular disease, unspecified	8.6	6.8	232,100	213,600
415–417 ^{<i>b</i>}	Diseases of pulmonary circulation	_	_	_	_
420-429	Other forms of heart disease (e.g.,	_	_	_	_
	pericarditis, endocarditis,				
	myocarditis.cardiomyopathy)				
426-427	Arrhythmias	_	_	_	_
428	Heart failure	3.2	2.0	126.200	166.100
430–438 ^b	Cerebrovascular disease (e.g.,	2.6	3.2	56,600	87.000
	hemorrhage, occlusion, transient				
	cerebral ischemia: includesmention of				
	hypertension in 401)				
440–448 ^b	Diseases of arteries arterioles and	_	_	_	_
	capillaries				
451-459	Diseases of veins and lymphatics and	_	_	_	_
	other diseases of circulatory system				
	sale aboutes of enoundery system				

TABLE 9-2 Prevalence and Mortality in US for 2006 from Diabetes, Lipid Disorders, and **Circulatory Disorders**

SOURCE: AHA, 2009 (p. e175-e176). - Specific information not available.

^{*a*} For ages 18 years and above. ^{*b*} Gap in ICD-9 sequence follows.

Pathogenetic diversity and diagnostic uncertainty are among the important problems associated with epidemiologic study of diabetes mellitus. Given the multiple likely pathogenetic mechanisms that lead to diabetes mellitus—which include diverse genetic susceptibilities (as varied as autoimmunity and obesity) and the all sorts of potential environmental and behavioral factors (such as viruses, nutrition, and activity)—many agents or behaviors can contribute to risk, especially in genetically susceptible people. The multiple mechanisms also can lead to heterogeneous responses to various exposures. Because up to half the cases of diabetes are undiagnosed, the potential for ascertainment bias in population-based surveys is high (more intensively followed groups or those with more frequent health-care contact are more likely to get the diagnosis); this emphasizes the need for formal standardized testing (to detect undiagnosed cases) in epidemiologic studies.

Conclusions from VAO and Updates

The committee responsible for *VAO* concluded that there was inadequate or insufficient information to determine whether an association between exposure to the compounds of interest and diabetes mellitus exists. Additional information available to the committees responsible for *Update 1996* and *Update 1998* did not change that conclusion.

In 1999, in response to a request from the Department of Veterans Affairs, IOM called together a committee to conduct an interim review of the scientific evidence regarding type 2 diabetes. That review focused on information published after the deliberations of the *Update 1998* committee and resulted in the report *Veterans and Agent Orange: Herbicide/Dioxin Exposure and Type 2 Diabetes*, hereafter referred to as *Type 2 Diabetes* (IOM, 2000). The committee responsible for that report determined that there was limited or suggestive evidence of an association between type 2 diabetes and exposure to at least one compound of interest. The committees responsible for *Update 2000*, *Update 2002*, *Update 2004*, and *Update 2006* upheld that finding. Reviews of the pertinent studies are found in the earlier reports; Table 9-3 presents a summary.

Reference	Study Population	Exposed	Estimated Relative
		Cases ^a	Risk (95% CI) ^a
VIETNAM VET	ERANS		
New Studies			
Michalek and Pav	ruk, 2008 Air Force Heath Study—Follow-up through 2004		
	Ranch Hand veterans vs SEA comparison group		
	Calendar period in Vietnam		
	During or before 1969	130	1.7 (p = 0.005)
	Background (serum TCDD ≤ 10 ppt)	39	1.3 (0.8–2.0)
	Low (10–91 ppt)	40	1.9 (1.2-2.9)
	High (>91 ppt)	51	2.0 (1.3-3.1)
	After 1969	50	0.9 (p = 0.45)
	Spraying during tour		
	<u>≥</u> 90 days	170	1.3 (p = 0.04)
	Background (serum TCDD ≤ 10 ppt)	42	1.0 (0.7–1.4)
	Low (10–91 ppt)	60	1.5 (1.0-2.0)
	High (>91 ppt)	68	1.6 (1.1–2.2)
	<90 days	10	0.6 (p = 0.12)

TABLE 9-3 Selected Epidemiologic Studies—Diabetes and health outcomes related to diabetes

Reference	Study Population	Exposed Cases ^a	Estimated Relative Risk (95% CI) ^{<i>a</i>}
Studies Reviewed in Upd	late 2006		
Kang et al., 2006	US Army Chemical Corps personnel		
	Deployed vs non-deployed	226	1.2 (0.9–1.5)
	Sprayed herbicides in Vietnam vs never	123	1.5 (1.1–2.0)
AFHS, 2005	Air Force Health Study—2002 exam cycle		
	Ranch Hand veterans—relative risk with 2-fold		
	increase in 1987 TCDD level		1.3 (1.1–1.5)
Kern et al., 2004	Air Force Health Study—Ranch Hand–Comparison		
	subject pairs—within-pair differences: lower Ranch		
	Hand insulin sensitivity with greater TCDD levels		(0.01)
	1997 exam (29 pairs)		(p = 0.01)
	2002 exam (71 pairs)		(p = 0.02)
ADVA, 2005b	Australian Vietnam veterans vs Australian	5.5	0.5(0.4, 0.7)
	population—mortality	55	0.5(0.4-0.7)
	Navy	12	0.5(0.3-0.9)
	Army Air Earac	5/	0.5(0.4-0.7)
ADVA 2005a	All Force Australian man conscripted into Army National	0	0.5 (0.2–1.0)
ADVA, 2005C	Service deployed vs non deployed mortality	6	0.3(0.1,0.7)
Boehmer et al 2004	Follow-up of CDC Vietnam Experience Cohort	*	0.3 (0.1–0.7) *
CDC 1988b	Vietnam Experience Studydeployed vs non-		
CDC, 17000	deployed		
	Interviewed_self-reported diabetes	155	1.2 (n > 0.05)
	Subset with physical exam	155	1.2 (p > 0.05)
	—self-reported diabetes	42	1.1 (p > 0.05)
	—fasting serum glucose (geometric mean)		93.4 vs 92.4 mg/dL
			(p < 0.05)
Studies Reviewed in Upd	late 2004		u /
JS Kim et al., 2003	Korean veterans of Vietnam—Vietnam Veterans	154	2.7 (1.1-6.7)
Michalek et al., 2003	Air Force Ranch Hand Veterans $(n = 343)$	92	NS
Studies Reviewed in Upd	late 2000		
AFHS, 2000 ^b	Air Force Heath Study—1997 exam cycle	(Numerous a	nalyses discussed in
	Ranch Hand veterans and comparisons	the text of <i>H</i>	erbicide/Dioxin
		Exposure and	d Type 2 Diabetes)
Longnecker and	Air Force Heath Study—Comparison veterans only,		
Michalek, 2000 ^v	OR by quartiles of serum dioxin concentration		
	Quartile 1: <2.8 ng/kg	26	1.00—referent
	Quartile 2: 2.8–<4.0 ng/kg	25	$0.9 (0.5 - 1.7)^{a}$
	Quartile 3: 4.0–<5.2 ng/kg	57	$1.8(1.0-3.0)^d$
CDILL 1000 h	Quartile 4: \geq 5.2 ng/kg	61	$1.6 (0.9-2.7)^{\circ}$
CDVA, 1998a°	Australian Vietnam veterans—male	2,391	1,780 expected
		reported	(1,558–2,003)
		(6% 01	
		respon-	
$CDVA 1009b^b$	Australian Victure voterang formale	$\frac{dents}{5}$	10 aumostad
CDVA, 19980	Australian vietnam veterans—lemale	5 reported	(0, 11)
		(270 01 respon	(9-11)
		dente)	
Studies Reviewed in Un	date 1998	uents)	
Henriksen et al 1007 ^b	Air Force Health Study_through 1992 evan evel		
110111 INSON CI UI., 1777	Ranch Hand veterans—high-exposure group		
	Glucose abnormalities	60	1 4 (1 1–1 8)
	Diabetes prevalence	57	1.5(1.2-2.0)
	······································	27	

Reference	Study Population	Exposed Cases ^a	Estimated Relative Risk (95% CI) ^{<i>a</i>}
	Use of oral medications for diabetes	19	2.3 (1.3–3.9)
	Serum insulin abnormalities	18	3.4 (1.9–6.1)
O'Toole et al., 1996	Australian Vietnam veterans	12	$1.6(0.4-2.7)^{e}$
Studies Reviewed in VA	0		
AFHS, 1991	Air Force Heath Study—1987 exam cycle	85	p = 0.001,
	Ranch Hand veterans and comparisons		p = 0.028
AFHS, 1984	Air Force Heath Study—1982 exam cycle	158	p = 0.234
	Ranch Hand veterans and comparisons		1
OCCUPATIONAL			
New Studies	US A grigulture Health Study calf reported		
Saldana et al., 2007	US Agriculture Health Study—sen-reported	Da	
	gestational diabetes in wives of licensed applicators	Ke	suits presented only
	Documented exposure during 1 trimester	10	graphic form
	2,4-D	10	$\sim 1.0 (ns)$
	2,4,5-1	3	$\sim 5 (p < 0.05)$
	2,4,5–1P Discourbs	2	$\sim / (p < 0.05)$
Manta and an 1, 2009	Diacamba	/	$\sim 3 (p \sim 0.06)$
Montgomery et al., 2008	diabetes (1999–2003) in licensed applicators		
	2,4-D	73	0.9 (0.8–1.1)
	2,4,5-1	28	1.0 (0.9–1.2)
Studies Reviewed in	Update 2006		
Blair et al., 2005a	US Agriculture Health Study—mortality		
	Private applicators (male and female)	26	0.3 (0.2–0.5)
	Spouses of private applicators (>99% female)	18	0.6 (0.4–1.0)
Studies Reviewed in Upd	nate 2002		
Steenland et al., 2001	Kanch Hand Veterans and workers exposed to		
	ICDD-contaminated products compared to		
	unexposed comparison conorts	1.47	1 2 (0 0 1 5)
	Kanch Hands	14/	1.2 (0.9–1.5)
V: (1 2000	Workers	28	1.2(0.7-2.3)
Kitamura et al., 2000	Workers exposed to PCDD at a municipal waste	8	*(NS)
	incinerator		
Studies Reviewed in Upd	Nate 2000	20	15(0,0,0,0)
Calvert et al., 1999	Serum TCDD pg/g of lipid	26	1.5 (0.8–2.9)
	<20	7	2.1 (0.8–5.8)
	20-75	6	1.5 (0.5–4.3)
	75–238	3	0.7 (0.2–2.6)
	238–3,400	10	2.0 (0.8-4.9)
Steenland et al., 1999 ^b	Highly exposed industrial cohorts ($n = 5,132$)		
	Diabetes as underlying cause	26	1.2 (0.8–1.7)
	Diabetes among multiple causes	89	1.1 (0.9–1.3)
	Chloracne subcohort ($n = 608$)	4	1.1 (0.3–2.7)
Vena et al., 1998 ^b	Production workers and sprayers in 12 countries ^b	33	2.3 (0.5–9.5)
Steenland et al., 1992 ^{b,c}	Dioxin-exposed workers-mortality rates		
	Diabetes as underlying cause	16	1.1 (0.6–1.8)
	Diabetes among multiple causes	58	1.1 (0.8–1.4)
Studies Reviewed in Upd	late 1998		· /
Sweeney et al., 1997/1998	8 Dioxin-exposed workers from 2 chemical plants		1.1, p < 0.003
Ramlow et al., 1996	Pentachlorophenol production workers—mortality	4	1.2 (0.3-3.0)

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Reference	Study Population	Exposed Cases ^a	Estimated Relative Risk (95% CI) ^{<i>a</i>}
Studies Reviewed in Upa	late 1996		
Ott et al., 1994	Trichlorophenol production workers		p = 0.06
Von Benner et al., 1994	West German chemical production workers	NA	NA
Zober et al., 1994	BASF production workers	10	0.5 (0.2–1.0)
Studies Reviewed in VA	0		
Sweeney et al., 1992	NIOSH production workers	26	1.6 (0.9-3.0)
Henneberger et al., 1989	Paper and pulp workers	9	1.4 (0.7–2.7)
Cook et al., 1987	Production workers-mortality	4	0.7(0.2-1.9)
Moses et al., 1984	2,4,5-T and TCP production workers with chloracne	22	2.3 (1.1-4.8)
May, 1982	TCP production workers	2	*
Pazderova-Vejlupkova et al., 1981	2,4,5-T and TCP production workers	11	*
ENVIRONMENTAL New Studies Consonni et al., 2008	Seveso residents—25-year mortality follow-up—mer	1	
	and women		
	Zone A	3	1.0 (0.3–3.1)
	Zone B	26	1.3 (0.9–1.9)
	Zone R	192	1.3 (1.1–1.5)
Everett et al., 2007	NHANES 1999–2002 participants Total diabetes (self-report or HbA1c > 6.1%) HxCDD (TEF = 0.1)		
	>42.0–99.1 pg/g		1.8 (1.1–2.8)
	>99.1 pg/g		2.0 (0.9-4.4)
	PCB 126 (TEF = 0.1)		
	>31.3-83.8 pg/g		1.7 (1.02.7)
	>83.8 pg/g		3.7 (2.1–6.5)
Lee et al., 2006	NHANES 1999–2002 participants		
	HpCDD $>90^{\text{th}}$ percentile vs non-detectable	46	2.7 (1.3-5.5)
	OCDD >90 th percentile vs non-detectable	31	2.1 (0.9-5.2)
Uemura et al., 2008a	Survey of Japanese Adults		
	Total dioxins (pg TEQ/g lipid)		
	≥20.00–31.00	17	2.1 (0.9–5.4)
	\geq 31.00	39	3.8 (1.6 – 10.1)
Studies Reviewed in Upd	late 2006		
Chen HL et al., 2006	Residents around 12 municipal waste incinerators in		
	Taiwan—Prevalence of physician diagnosed diabetes	5	
	Serum TCDD/TCDF (international TEQs) in logistic		
	model adjusted for age, sex, smoking, BMI	29	2.4 (0.2–31.9)
Baccarelli et al., 2005	Children residing in Seveso at time of accident—		
	Development of diabetes		
	101 with chloracne	1	*
	211 without chloracne	2	*
Studies Reviewed in Upa	late 2004		
Fierens et al., 2003	Belgium residents (142 women; 115 men) exposed to)	
	dioxins and PCBs		
	Subjects in the top decile for dioxins		5.1 (1.2–21.7)
Studies Reviewed in Upd	late 2002		
Masley et al., 2000	Population-based survey in Saskatchewan	28	*

Reference	Study Population	Exposed	Estimated Relative
		Cases	Risk (95% CI) [*]
Studies Reviewed in Upd	date 2000		
Bertazzi et al., 2001	Seveso residents—20-year follow-up		
	Zone A and B—males	6	0.8 (0.3–1.7)
	—females	20	1.7 (0.1–2.7)
Cranmer et al., 2000^{b}	Vertac/Hercules Superfund site residents $(n = 62)$ —		· · · ·
	OR for High Insulin among non-diabetic subjects at		
	varying times and levels for TCDD >15 ppt		
	compared to persons with TCDD < 15 ppt		
	Fasting (insulin level, >4.5 µIU/ml)	3	8.5 (1.5-49.4)
	30-min (insulin level, >177 μ IU/ml)	3	7 (1.3–39.0)
	60-min (insulin level, >228 µIU/ml)	4	12 (2.2–70.1)
	120-min (insulin level, >97.7 μIU/ml)	6	56 (5.7–556)
Bertazzi et al., 1998 ^b	Seveso residents—15-year follow-up		· · · ·
	Zone A—females	2	1.8 (0.4–7.0)
	Zone B—males	6	1.2 (0.5-2.7)
	—females	13	1.8 (1.0–3.0)
Pesatori et al., 1998 ^b	Zone R—males	37	1.1 (0.8–1.6)
	—females	74	1.2 (1.0–1.6)

^{*a*} Given when available.

^b Study is discussed in greater detail in *Veterans and Agent Orange: Herbicide/Dioxin Exposure and Type 2 Diabetes* (IOM, 2000).

^c May include some of the same subjects covered in the NIOSH cohorts addressed in the other references cited in the Occupational cohorts category.

^d Adjusted for age, race, body mass index, waist size, family history of diabetes, body mass index at the time dioxin was measured, serum triglycerides, and military occupation.

^e Self-reported medical history; answer to question, Since your first day of service in Vietnam, have you been told by a doctor that you have diabetes?

* = Information not provided by study authors.

ABBREVIATIONS: 2,4,5-T, 2,4,5-trichlorophenoxyacetic acid; ADVA, Australian Department of Veterans Affairs AFHS, Air Force Health Study; AIHW, Australian Institute of Health and Welfare; BMI, ; CDC, Centers for Disease Control and Prevention; CI, confidence interval; EOI, exposure opportunity index; HDL, high-density lipoprotein; HxCDD, 1,2,3,6,7,9–hexachlorodibenzo–*p*–dioxin; µIU, ; na not applicable; ns, not significant; TCDD, ;TCP, trichlorophenol: TEF; TEQ.

Update of the Epidemiologic Literature

Vietnam-Veteran Studies

Michalek and Pavuk (2008) published an updated analysis of the AFHS relating participation in Operation Ranch Hand and the onset of diabetes incorporating additional follow-up time (through December 31, 2004) and refining the stratification of exposure categories over those used in the previous report (Henriksen et al., 1997). The study population included military personnel who were part of Operation Ranch Hand, did not have a diagnosis of diabetes prior to their end of service in Vietnam and participated in at least one of five in-person examinations in conducted from 1982 through 1997. In addition, data were included from a comparison cohort of other Air Force veterans who served in Southeast Asia (SEA) from 1962–1971 and were not involved in spraying herbicides. TCDD exposure was estimated by extrapolating TCDD levels measured in 1987 to time of the end of tour of duty assuming a half-life of 7.6 years. Relative exposure effects were also assessed by date of service (1969 or before and after 1969) and

number of days of spraying that occurred while stationed in Vietnam (fewer than 90 days and 90 days or more). The authors hypothesized Agent Orange was more heavily contaminated earlier in the war, but their choice of differing cutpoints for analogous analyses in this paper suggests they were selected in a fashion that influenced the results. (In contrast to what was done for diabetes, for cancer, 1968 or before was the cutpoint for the date of service variable, while days of spraying were counted through 1967 and the distribution was partitioned at 30 days.) Measured TCDD levels were significantly lower (p < 0.001) in AHFS participants who served after 1969 or were exposed to fewer than 90 days of spraying.

Overall, the relative risk of diabetes was 21 percent higher in AHFS participants compared to the SEA comparison cohort (RR = 1.21, p = 0.16) after adjusting for body mass index at followup and at tour, family history of diabetes, smoking history in 1982, year of birth, last year of service in the Ranch Hand Unit or SEA, ratio of number of days spent in Vietnam to the number spent in SEA, and military occupation. Among those serving before 1970, AFHS participants were at 65% increased risk of diabetes compared to the SEA comparison group (RR = 1.65, p = 0.005). No association was seen for those serving after 1970 (RR = 0.85, p = 0.45). Similarly, AFHS participants with at least 90 days of spraying were at a 32 percent increased risk of diabetes (RR = 1.32, p = 0.04). Proportional hazards model of time-to-diabetes performed on the individual log(TCDD) values of all the Ranch Hand and SEA subjects generated significant slope for diabetes incidence with serum dioxin level (hazard ratio [HR] = 1.29, p < 0.001). The results were very similar in the strata expected to have greater potential for high exposure, and strongest when limited to subjects in the "high" group for both of calendar time and spraying days (HR = 1.39, 95% CI 1.21–1.58).

Occupational Studies

Saldana and colleagues reported (2007) on the cross-sectional relationship between between pesticide and herbicide exposure and a history of gestational diabetes in the Agricultural Health Study, a study of licensed pesticide applicators and their spouses residing in Iowa and North Carolina. Women (n = 11,273) were asked about their pregnancy closest to enrollment and 506 (4.5 percent) reported gestational diabetes. Exposure to 2,4,5-T and 2,4-D was assessed by questionnaire. Data for women exposed to 2,4-D and 2,4,5-T are shown only for 337 women with documented exposure during the first trimester of pregnancy and then only in graphical form. The provided figure indicates that self-reported 2,4-D exposure was not associated with gestational diabetes, but that 2,4,5-T exposure was associated after adjustment for BMI, mother's age, parity, race, state and commonly used pesticides.

Also from the Agricultural Health Study, Montgomery et al. (2008), reported on the relationship between self-reported incident diabetes and pesticide and herbicide exposure among 31,787 licensed pesticide applicators and their spouses. Physician diagnosed incident diabetes (n = 1,176) was assessed during a follow-up also by questionnaire. With adjustment for age, BMI, and state, the use of neither 2,4,5-T nor 2,4-D was associated with the 5-year risk of diabetes (OR = 1.02, 95% CI 0.88–1.19, and OR = 0.92, 95% CI 0.79–1.06, respectively).

Environmental Studies

Consonni and colleagues (2008) reported the 25-year mortality follow-up persons exposed to dioxin accidently in Seveso, Italy. Mortality experience was assessed according to the intensity of exposure at the time of residence at the time of exposure. Over the 25-years of follow-up only 3 residents of the highest exposed location died of diabetes mellitus (ICD-9 250). In comparison to non-exposed residents from surrounding localities, the rate ratio for diabetes mortality adjusted for gender, age, and period (5-year intervals for time of death) was significantly elevated only for the most populated, but least exposed zone (RR = 1.01, 95% CI 0.33-3.14; RR = 1.32, 95% CI 0.89-1.94); and RR = 1.26, 95% CI: 1.08-1.47, respectively, for the zones ranked from highest to lowest exposure).

Several surveys of diabetes and diabetes-related metabolic changes in relationship to PCBs with dioxin-like activity were published in the two years since the last update. Four studies analyzed of NHANES data from 1999-2002. The NHANES data are based on a series of probability samples of the non-institutionalized US population. In the 1999-2002 survey, dioxins, furans, and coplanar PCBs were measured in a random one-third sample of people at least 20 years old (n = 2,016). Lee et al. (2006) studied the association between blood levels of six persistent organic pollutants including two dioxin-related compounds (1,2,3,4,6,8heptacholorodibenzo-p-dioxin [HpCDD], 1,2,3,4,6,7,8,9-octachodrodibenzo-p-dioxin [OCDD]) selected from 49 assessed. These six chemicals were selected because at least 80 percent of the study subjects had concentrations more than the limit of detection of the analytic method. Though no data were shown, the authors reported that there was no association between TCDD and diabetes (n = 217). However, TCDD was only detectable in 7% of the population. The prevalence of diabetes was high among those in the with HpCDD levels at or above the 90th percentile (26%) compared to those without detectable levels (4.6%). The adjusted prevalence odds ratio was 2.7 (95% CI 1.3–5.5) and the test of trend for a dose-response was significant (p =0.007). A similar finding was reported for OCDD though the test for trend was not statistically significant (p = 0.094). However, the association between diabetes was not specific for dioxinrelated compounds as the other four organic pollutants assessed (PCB-153, oxychlrodane, p,p'dichlorodiphenyltricholorethane [DDE], trans-nonachlor) were all more strongly related to the prevalence of diabetes than either OCDD or HpCDD. Everett et al. (2007) reported on the association between HxCDD, PCB-126, and p,p'-DDT. PCB-126 has dioxin-like activity, but DDT does not. Serum levels were related to diagnosed and undiagnosed diabetes (based on a HbA1c > 6.1%). Lipid-adjusted levels of all three chemicals were associated with diagnosed diabetes, and PCB-126 and DDT were associated with undiagnosed diabetes. In a multivariate analysis in which all three substances were included to predict total diabetes, PCB-126 and DDT remained significantly associated.

Lee et al. (2007b,c) analyzed the NHANES data further to relate circulating levels of persistent organic pollutants to two metabolic indications indicative of elevated diabetes risk, insulin resistance, and the metabolic syndrome. Insulin resistance was assessed in 749 nondiabetic participants using a homeostasis model assessment of insulin resistance (HOMA-IR) based on fasting glucose and insulin measurements (Lee et al., 2007b). The pollutant analysis was restricted to 19 substances for which at least 60% of the sample had levels above the assay limit of detection. Individual pollutants were combined together based on chemical class: three polychlorinated dibenzo-*p*-dioxins (PCDDs), three polychlorinated dibenzofurans (PCDFs), four dioxin-like PCBs, five nondioxin-like PCBs and four OC pesticides. After adjusting for age, sex,

race, and economic status, there was an association between HOMA-IR and PCDDs (p = 0.05) and OC pesticides (p < 0.01), but not the other three classes of compounds. Further adjustment for body composition, smoking, exercise and alcohol consumption reduced the association between HOMA-IR and PCDDs substantially (p = 0.25). Further analysis in which HOMA-IR was dichotomized into high and low showed that very high levels all the chemical classes (except for OC pesticides) were associated with having a very high HOMA-IR value; none of these associations were statistically significant.

The metabolic syndrome is a collection of metabolic changes including elevated waist circumference, blood pressure, serum triglyceride levels, fasting glucose and reduced serum HDL cholesterol levels. Individuals with 3 or more of these abnormalities are said to have the metabolic syndrome which is associated with the risk of diabetes and cardiovascular disease. Lee et al. (2007c) found that dioxin-like PCBs, non-dioxin-like PCBs, and OC pesticides were associated with metabolic syndrome, but PCDDs and PCDFs were not.

Dioxins and furans were among the soil contaminants at a Superfund site in Pensacola, Florida, resulting from operations at a wood treating company in operation from 1942 until 1982. In 2000, Karouna-Renier et al. (2007) gathered health and exposure histories and measured serum concentrations of 17 PCDD/F congeners for 47 potentially exposed individuals. The study sample was selected in a non-systematic fashion from among former workers, their family, and residents. Logistic analysis of the prevalence of several health problems in terms of TEQs with adjustment for age, race, sex, BMI, tobacco and alcohol use, and worker status permitted investigation of dose-response relationships. No significant association was found with the occurrence of diabetes (statistics not provided), defined by self-report, use of prescribed mediation or serum glucose levels greater than 126 mg/dl.

Uemura et al. (2008a) assessed the association of between persistent organic pollutants and the prevalence of diabetes in a survey of 1,274 Japanese adults aged 15–73 years. Participants were required to have lived in their area for at least 10 years and not have a known occupational exposure to dioxins. Participants were volunteers recruited through a media campaign in the sample areas. The authors used the measurements of 29 pollutants with dioxin-activity to calculate a dioxin toxicity equivalent (TEQ) that weights the concentration of the substance by the relative strength of its dioxin-like activity. There was a strong association between total dioxin TEQs and prevalent diabetes (OR = 3.81, 95% CI 1.56–10.1) after adjusting for age, gender, the log of BMI, region, residential area, and survey year. The association was stronger for dioxin-like PCBs (OR = 6.82, 95% CI 2.59–20.1) than for PCDDs and PCDFs (OR = 2.21, 95% CI 1.02–5.04) despite the fact that the population was exposed to a higher dioxin TEQ from PCDDs and PCDFs than from PCBs. Total dioxin TEQs was also correlated with HbA1c (r = 0.103, p < 0.001).

Chen et al. (2008) assessed the relationship between insulin sensitivity and levels of 29 PCDDs, PCDFs, and PCBs in 40 pregnant women. In this small sample, neither PCDD TEQs nor PCDF TEQs were correlated with measures of insulin sensitivity. PCB TEQs were inversely correlated with insulin sensitivity (r = -0.42, p = 0.009). Of the 12 PCBs examined, only PCB-123, PCB-126, and PCB-169 were associated with both measures of insulin sensitivity (HOMA-IR and the quantitative insulin sensitivity check index).

Other Reviewed Studies

Codru et al. (2007) report on the cross-sectional association between hexachlorobenzene, PCB–153, PCB–74, and DDE in a survey conducted in 352 adult Native-Americans. All four were associated with the prevalence of diabetes, but none have dioxin-like activities.

Wang et al. (2008) reported on the 24-year follow-up of the Yucheng cohort from Taiwan. This cohort was exposed to high levels of PCBs and PCDFs (some congeners of both have dioxin-like activity) through contaminated rice oil. Cohort members were matched to a non-exposed referent population matched on age, gender, and neighborhood. In men, there was no association between being in the Yucheng cohort and diabetes risk. Women in the Yucheng cohort had over twice the odds of developing diabetes. This study also contrasted the lifetime prevalence of several medical conditions on the basis of whether the Yucheng cohort member had a history of chloracne. The risk of diabetes was elevated in men (OR = 1.7, 95% CI 0.7-4.6) and in women (OR = 5.5, 95% CI 2.3-13.4) who had chloracne in comparison to cohort members who had not developed chloracne; the risks for those with chloracne versus the referent population would be still more extreme. The results of this study were not reported in terms of dioxin-like activity, so they do not directly contribute directly to the evidence considered for Vietnam veterans; however, in light of the well-know association between chloracne and AHR activation and dioxin-like activity, they are consistent with exposure to the chemicals of interest being associated with the development of diabetes.

Biologic Plausibility

The toxicity of TCDD in laboratory animals has been historically linked with body-weight loss through inhibition of gluconeogenesis and enhanced lipid metabolism. Despite alterations in these key metabolic processes, diabetes (defined as significant and prolonged elevation of blood glucose levels) has not been reported in TCDD-exposed rodents.

There are several biologic mechanisms that have been studied in cell culture and animals models that may explain the potential diabetogenic effects of TCDD in humans. TCDD is known to alter glucose and lipid metabolism in animal models (Dalton et al., 2001), to modify expression of genes related to insulin transport and signaling pathways in human adipose tissue (Fujiyoshi et al., 2008), and to produce oxidative stress at high concentrations (Kern et al., 2002; Matsumura, 2003). In the present literature review, several new studies had been performed that add additional mechanistic biologic plausibility. Sato et al. (2008) found that dioxin exposure of mice resulted in significant changes in genes expressed in the liver coding for cholesterol biosynthesis, lipogenesis, and glucose metabolism. Dabir et al. (2008) found that glucose stimulates AHR signaling pathways associated with the expression of thrombospondon-1, a factor associated with atherosclerosis. Arsenescu et al. (2008) found that the dioxin-like PCB-77 increased body weight in C57BL/6 ApoE mice, altered serum lipid profiles, and increased atherosclerosis. In vitro, these investigators found that PCB-77 stimulated the release of inflammatory cytokines and adipokines and increased the maturation of 3T3-L1 adipocytes. Thus, there are numerous mechanisms associated with insulin signaling, glucose, and lipid metabolism that may be under the influence of the AHR and can be modulated by TCDD. Many of these mechanisms are also risk factors for hypertension and ischemic heart disease.

Synthesis

There were a large number of relevant studies published since the last update. The study by Michalek and Pavuk (2008) updates a series of reports published from the AFHS. This study is important because of its direct relevance to Vietnam veterans, its longitudinal design, and the dose-response analyses included. The primary dose-response analysis is based on categories of putative exposure based on serum TCDD levels measured in 1987. In this analysis, Ranch Hand veterans with higher circulating levels clearly are at higher risk. Approximately 19% of potentially eligible Ranch Hand veterans were not included in the study, including approximately 10% who were not included because of non-participation in the follow-up exams. Hypothetically, if Ranch Hand veterans who had diabetes and high levels of exposure were more likely to participate in the follow-up exams than those in the SEA veteran comparison group then the association between Agent Orange exposure and TCDD would be over estimated. Such a bias could also generate spurious evidence for a dose-response. This concern is mitigated by the inclusion of alternative analyses comparing the diabetes risk of Ranch Hand veterans based on calendar year of service and days of spraying. In such an internal comparison, it is less likely that there would be differential selection effects. From the article, it can be calculated that the risk of diabetes was 19.8% (130 of 657 for Ranch Hand veterans serving in 1969 or before compared to 13.8% (50 of 163) serving after 1969. Similarly, the risk of diabetes for those exposed 90 or more days of spraying was 18.7% (170 of 909) while the risk for those exposed less than 90 days was 9.0% (10 of 111). The adjusted relative risks were not calculated by the authors, but both unadjusted relative risks are statistically significant (1.4 and 2.1, respectively, p < 0.05).

Consonni et al. (2008) updated previous analyses of findings from Seveso, Italy. The data provide some evidence for an excess of diabetes deaths among Seveso residents, but the residents in the most intensely exposed zone were not at higher risk of mortality compared to the reference population, but diabetes is a relatively unusual cause of death and few such deaths reported in small population from the high exposure zone.

The manuscript of Saldana et al. (2007) showed evidence of an increase in the risk of gestational diabetes in women with exposure to 2,4,5-T during the first trimester of pregnancy, but this finding is based on only 3 exposed cases. Neither 2,4,5-T nor 2,4-D were associated with incident diabetes in a 5-year follow-up of the entire AHS cohort (Montgomery et al., 2008). The confidence intervals are narrow which indicates good precision to rule out all but the most modest elevations in risk. However, exposure estimates are based on questionnaire results, and so exposure misclassification could lead to estimates biased towards no effect.

There were a number of surveys of blood levels of various persistent organic pollutants with dioxin-like activity and the prevalence of diabetes or related metabolic derangements (e.g., insulin resistance, the metabolic syndrome). The series of papers from the NHANES survey (Everett et al., 2007; Lee et al., 2006, 2007b,c) show that prevalent diabetes is associated with at least some substances with dioxin-like activity. However, the effect is non-specific in that several pollutants with and without dioxin-like activity are associated with diabetes. This suggests that there is something about the diabetic phenotype that is associated with either greater accumulation of fat-soluble organic pollutants or slower elimination. BMI, a measure of adiposity, is associated with a longer PCDD elimination half-life and is also a strong risk factor for diabetes. Since these studies are cross-sectional, the temporal relationship between the pollutant levels and diabetes cannot be determined. However, TCDDs were not related to either

insulin resistance or metabolic syndrome as would be expected if dioxin caused diabetes (Lee 2007b,c). The statistical analyses of the NHANES analyses did not weight exposures according to the extent of their dioxin like activity (TEQ). If this had been done, and if the associations with diabetes had been stronger, this would have helped to address the specificity issue.

The Japanese survey (Ueruma et al., 2008a,b) used TEQs to analyze their data and found a strong overall association with diabetes prevalence. The data are not entirely consistent with the hypothesis that dioxin increases diabetes risk because the association was seen strongly for TEQs from PCBs, but not TEQs from PCDDs even though the population was exposed to more TEQs from PCDD. The strong and preferential cross-sectional association between PCBs with dioxin activity and diabetes or insulin resistance was seen in several other studies (Chen et al., 2008; Everett et al., 2007; Lee et al., 2007b) suggesting a basis for this association other than though a dioxin-mediated mechanism.

In aggregate, the newly added studies do not counter previous findings with respect to the association between exposure and diabetes risk. The new data suggest that the herbicides 2,4,5-T and 2,4-D are probably not important contributors to diabetes risk. The new data are broadly consistent with the view that PCDDs may increase diabetes risk. The new longitudinal data reviewed are updates of previously considered studies and therefore cannot be considered to be completely new replications of the association. Thus, the new studies are not sufficient to merit a stronger conclusion with respect to the association.

Conclusion

On the basis of its evaluation of the evidence reviewed here and in previous VAO reports, the committee concludes that there is limited or suggestive evidence of an association between exposure to at least one compound of interest and diabetes.

LIPID AND LIPOPROTEIN DISORDERS

Plasma lipid (notably cholesterol) concentrations have been shown to predict cardiovascular disease and are considered fundamental to the underlying atherosclerotic process (Roberts, 2000). Cholesterol and triglycerides, the two major types of lipids, are carried in the blood attached to proteins to form lipoproteins, which are classified by density. Very-low-density lipoprotein (VLDL, the major "triglyceride" particle) is produced in the liver and is progressively catabolized (hydrolyzed), mainly by an insulin-stimulated enzyme (lipoprotein lipase), to form intermediate-density lipoprotein (IDL), or VLDL remnants. Most of the VLDL remnants are rapidly cleared by low-density lipoprotein (LDL) receptors (types B and E) in the liver, and the rest form LDL, the major "bad cholesterol". LDL is cleared by LDL receptors in the liver and other tissues. High-density lipoprotein (HDL), the "good cholesterol", is produced in the small intestine and liver. It also results from the catabolism of VLDL. LDL is involved in the delivery of cholesterol to the tissues, and HDL is involved in "reverse" transport and facilitates the return of cholesterol to the liver for biliary excretion (Verges, 2005).

Disorders of lipoprotein metabolism usually result from overproduction or decreased clearance of lipoproteins or both. Common examples are hypercholesterolemia, which can be familial (because of an LDL-receptor genetic defect) or polygenic (because of multiple minor

genetic susceptibilities); familial hypertriglyceridemia (sometimes linked to susceptibility to diabetes); and mixed hyperlipidemias, in which both cholesterol and triglycerides are elevated. The mixed hyperlipidemias include familial combined hyperlipidemia, which could result from hepatic overproduction of VLDL and apoprotein B, and type III dyslipidemia, which involves defective clearance of IDL and VLDL remnants and a buildup of these atherogenic particles. Although the bulk of blood lipid concentration is genetically determined, diet, activity, and other factors (such as concurrent illness, use of drugs, age, sex, and hormones) have major effects. In particular, the saturated-fat content of the diet might raise LDL concentrations through decreased LDL-receptor activity; obesity and a high-carbohydrate diet can increase VLDL and possibly are linked to insulin resistance and reduced lipoprotein lipase activity. Diabetes mellitus and metabolic syndrome are associated with increased triglycerides and decreased HDL. Other diseases (thyroid and renal disorders) often result in hypercholesterolemia. It is evident that multiple host and environmental factors influence lipid and lipoprotein concentrations and that those influences must be considered before the effect of a new factor can be assessed (Verges, 2005). Any analysis should control for obesity as a primary determinant of triglyceride and TCDD concentrations. Finally, the ability of chronic diseases to raise triglycerides, glucose, and LDL and/or to lower HDL must be recognized.

Table 9-2 (page 8-38) presents statistics on the prevalence in the US population for 2004 of readings in the ranges defining various lipid disorders.

Conclusions from VAO and Updates

The committee responsible for VAO concluded that there was inadequate or insufficient information to determine whether there is an association between exposure to the compounds of concern and lipid and lipoprotein disorders. Additional information available to the committees responsible for Update 1996, Update 1998, Update 2000, Update 2002, Update 2004, and Update 2006 did not change that conclusion. Table 9-4 provides a summary of relevant studies that have been reviewed.

Reference	Study Population	Exposed	Results of Analysis ^{<i>a</i>}
		Cases ^{<i>a</i>}	-
VIETNAM VETE	CRANS		
Studies Reviewed	in Update 2006		
AFHS, 2005	Air Force Ranch Hand veterans (2002 exam data)	762	
,	Model 3 Low + High TCDD Exp vs comparisons		
	Cholesterol		reduced, $p = 0.039$
	Model 1 Ranch Hand vs comparisons		
	Triglycerides		increased for enlisted groundcrew, $p = 0.034$
	Model 3 Low + High TCDD exp vs comparisons		8 1
	Triglycerides		increased, $p = 0.001$
	Model 4 ORH 1987 Serum TCDD Levels		
	Triglycerides		increased, $p = 0.02$
Studies Reviewed	in Update 2000		-
AFHS, 2000	Air Force Ranch Hand veterans	858	
	Cholesterol		[no significant effect]
	Triglycerides		[no significant effect]

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Reference	Study Population	Exposed Cases ^a	Results of Analysis ^a
Studies Reviewed in U	pdate 1998		
AFHS, 1996	Air Force Ranch Hand veterans (1992 exam data)	884	
	Cholesterol	884	[no significant effect] ^a
			(cholesterol:HDL ratio)
	Triglycerides		$[no significant effect]^d$
	HDL cholesterol		[no significant effect] ^a
Ω^{2} Table at al. 1000	Anatalian Vistam natarana some and mith the	20	(cholesterol:HDL ratio)
0 100le et al., 1996	Australian vietnam veterans, compared with the	20	
	Chalasteral		20(1247)
Studios Doviowod in L			5.0 (1.3-4.7)
AFHS 1001	Au Air Force Ranch Hand veterans—Serum diovin	283_	
AP115, 1991	analysis (1987 exam data)	203– 304 [†]	
	Cholesterol	504	$n = 0.175^{e}$
	Triglycerides		$p < 0.01^{e,g}$
	HDL cholesterol		$p < 0.001^{e}$
AFHS 1000 ^h	Air Force Banch Hand veterans — Original exposure	$8 - 142^{\dagger}$	p < 0.001
AF115, 1990	aroup analysis (1087 aroum data)	0-142	
	Model 1 Banch Hand vs comparisons		
	Chalasterol		12(00, 15)
	Trighteeridee		1.2(0.9-1.3) 1.2(0.0, 1.8)
	Ingrycendes IDL shelesterel		1.5(0.9-1.6) 1.0(0.4, 2.4)
A FILE 1004.	HDL cholesterol	1.027	1.0 (0.4–2.4)
AFHS, 1984; Walfa at al. 1000	Air Force Ranch Hand veterans exposed to herbicide	1,027	
wolfe et al., 1990	spraying (1982 data)		[
	Unolesterol		[no significant effect] ^h
	Ingrycendes		[no significant effect] $[no significant effect]^h$
	HDL cholesterol		[no significant effect]
OCCUPATIONAL			
Studies Reviewed in L	pdate 2004		
Hu et al., 2003	Workers exposed to PCDDs/PCDFs in Taipei City		
	Comparison between high and low exposure	67 high;	
	groups using the low exposures group as controls	66 low	
	Total cholesterol		2.8 (1.0-7.9)
	Triglycerides		1.5 (0.5-4.3)
Pelclová et al., 2002	Workers exposed to 2,3,7,8-TCDD in Spolana, Czech	h 12	× ,
,	Republic		
	Correlation between the year (1968 to 2001) in		
	which the highest level of the parameter was		
	measured and serum 2,3,7,8-TCDD level in 1966		
	Cholesterol		r = 0.78; p = 0.01
	Triglycerides		r = 0.66; p = 0.02
Studies Reviewed in L	pdate 2002		
Kitamura et al., 2000	Workers exposed to PCDDs—hyperlipidemia	8	6.1, p = 0.02
Studies Reviewed in U	ndate 1998	-	, _F
Calvert et al 1996	Workers exposed to 2.4.5-T derivatives vs matched		
Curvent et un, 1996	referents OR		
	Abnormal total cholesterol		
	Overall	95	11(08-16)
	High TCDD	18	10(0.5-1.0)
	Abnormal HDL cholesterol	10	(0.0 1.1)
	Overall	46	1 2 (0 7-2 1)
	High TCDD	16	2.2(11-47)
		10	2.2 (I.I T./)

Reference	Study Population	Exposed Cases ^a	Results of Analysis ^{<i>a</i>}
	Abnormal mean total/HDL cholesterol ratio	04000	
	Overall	131	1.1 (0.8–1.6)
	High TCDD	36	1.5(0.8-2.7)
	Abnormal mean triglyceride		
	Overall	20	10(05-20)
	High TCDD		1.7 (0.6-4.6)
Ott and Zober, 1996	Production workers exposed to 2.3.7.8-TCDD	42	
o w with 2000th, 1990	Cholesterol		[no significant effect] ^b
	Triglycerides		[no significant effect] ^{b}
	HDL cholesterol		Increased: $p = 0.05^{b}$
Studies Reviewed in VA	0		,r
Martin, 1984	Production workers exposed to TCDD		
	No chloracne	53	
	Cholesterol		Increased: $p < 0.005^{b}$
	Triglycerides		Increased: $p < 0.005^b$
	HDL cholesterol		[no significant effect] ^{b}
	With chloracne	39	
	Cholesterol		Increased; $p < 0.05^{b}$
	Triglycerides		Increased; $p < 0.01^{b}$
	HDL cholesterol		[no significant effect] ^b
Moses et al., 1984	TCP and 2,4,5-T production workers	118	
,	Cholesterol		[no significant effect] ^c
	Triglycerides		[no significant effect] ^c
Suskind and Hertzberg,	TCP production workers	204	
1984	Cholesterol		[no significant effect] ^b
	Triglycerides		[no significant effect] ^b
	HDL cholesterol		[no significant effect] ^b
May, 1982	TCP production workers	94	
	Cholesterol		[no significant effect] ^b
	Triglycerides		[no significant effect] ^b
Pazderova-Vejlupkova et al., 1981	TCP and 2,4,5-T production workers	55	
	Cholesterol		[no significant effect] ^b
	Triglycerides		Increased VLDL; $p = .01^b$
ENVIRONMENTAL			
INEW Studies	Survey of Iononogo Adulta representation and Chainste		
Uemura et al., 2008b	Survey of Japanese Adults—regression coefficients		
	levels with log of total dioxins (pg TEQ)		
	IVICII Chalastaral		0.09(n-0.47)
	HDL Cholecterol		0.08 (p - 0.47) 0.04 (p - 0.68)
	Triglycarides		0.04 (p = 0.08) 0.09 (p = 0.04)
	Women		0.09 (p - 0.04)
	Cholestorel		0.20 (n < 0.01)
	HDL Cholecterol		0.33 (p < 0.01) 0.13 (p = 0.19)
	Triglycarides		-0.15 (p - 0.18) 0.05 (p - 0.22)
	Tigiycenues		-0.03 (p - 0.32)

Reference	Study Population	Exposed Cases ^a	Results of Analysis ^a
Lee et al., 2007b	NHANES cross-sectional survey of persistent		
	organic pollutants ($\geq 75^{\text{th}}$ percentile vs $< 25^{\text{th}}$		
	percentile)		
	HDL (<1.1 mmol/l in men or		
	<1.4 mmol/l in women)		
	PCDDs		0.8 (0.5–1.5)
	PCDFs		0.9 (0.5–1.5)
	Dioxin-like PCBs		1.1(0.6-2.1)
	Triglycerides ($\geq 1.7 \text{ mmol/l}$)		
	PCDDs		1.0 (0.6–1.8)
	PCDFs		0.7(0.4-1.2)
	Dioxin-like PCBs		2.0(1.1-3.9)
Studies Reviewed in V	40		
Assennato et al., 1989	Seveso Zone A adult subjects chloracne	193	
	Cholesterol		[no significant effect] ^b
	Triglycerides		[no significant effect] ^{b}
Mocarelli et al., 1986	Children exposed near Seveso	63	
	Cholesterol		[no significant effect] ^b
	Triglycerides		[no significant effect] ^b

Estimated Relative Risk (95% CI) presented when available.

^b*p*-values comparing means of subjects and controls in univariate analysis.

 ^{c}p -values comparing means in production workers with subsequent chloracne to those without. d Comparing change over time between exposed and comparison groups.

^e Comparing mean dioxin across lipid groups.

^fNumber of exposed Ranch Hand with "high" lipid values.

^gContinuous analysis.

^hComparing means.

ABBREVIATIONS: AFHS, Air Force Health Study; HDL, High-density lipoprotein; PCDD, polychlorinated dibenzodioxins; TCP, trichlorophenol; VLDL, very low density lipoprotein

Update of the Epidemiologic Literature

No new Vietnam-veteran or occupational studies concerning exposure to the compounds of interest and lipid and lipoprotein disorders were published since Update 2006.

Environmental Studies

Two environmental studies relevant to lipid and lipoprotein disorders were published since the previous update.

Uemura et al. (2008b) examined metabolic and dietary correlates of serum levels of persistent organic pollutants in a survey of 1,274 Japanese adults aged 15-73 years. The authors used the measurements of 29 pollutants with dioxin-activity to calculate a dioxin toxicity equivalent (TEQ) which weights the concentration of the substance by the relative strength of dioxin-like activity. Following adjustment for BMI, ALT, creatinine, meat and egg consumption, fish and shelfish consumption, green-yellow vegetable consumption, and cigarette smoking, plus parity and breast

feeding status for women, there was a weak association between dioxin TEQs and log-triglyceride levels among men and a moderately strong association with total cholesterol levels in women.

Using data from the NHANES, Lee et al. (2007b) studied the association between blood levels of 19 persistent organic pollutants (out of 49 assessed by the survey) and components of the metabolic syndrome including elevated triglyceride levels and low HDL-cholesterol levels. The 19 analytes were selected because at least 60% of the study subjects had concentrations greater than the limit of detection of the analytic method. After adjustment for age, sex race, income, cigarette smoking, serum cotinine, alcohol, and exercise, no associations were seen for HDL-C, while higher triglyceride levels were only observed in association with levels of dioxin-like PCBs, not PCDDs or PCDFs.

Biologic Plausibility

The induction of lipid mobilization and alterations in lipid metabolism are well-known effects of high-dose exposure to TCDD in laboratory animals that result in hyperlipidemia and loss of body fat. Increases in serum triglycerides were also seen in TCDD-exposed rhesus monkeys (Reir et al., 2001) and mice. For example, Boverhof et al. (2005) found that exposure of mice to a single high dose of TCDD ($30 \mu g/kg$ of body weight) increased serum triglycerides 1-7 days after exposure, and the increase was associated with changes in hepatic gene expression that were consistent with mobilization of peripheral fat. Similarly, Dalton et al.(2001) found that exposure of mice to a cumulative TCDD dose of 15 $\mu g/kg$ over 3 days increased serum triglycerides and LDL when measured 4 weeks after exposure. The mechanism underlying altered lipid metabolism has not been elucidated, but the high-dose studies in animal models provide some evidence of biologic plausibility that TCDD exposure can directly alter serum lipid and lipoprotein concentrations.

Synthesis

Previously reviewed literature showed inconsistent changes in serum lipids or lipoproteins after exposure to the compounds of interest, and in most cases the sample sizes were insufficient to support any conclusions. The recently reviewed relevant literature does not clarify the situation with respect to the effect of Agent Orange on lipid and lipoprotein levels.

Conclusion

On the basis of its evaluation of the evidence reviewed here and in previous VAO reports, the committee concludes that there is insufficient or inadequate evidence to determine whether there is an association between exposure to the compounds of interest and lipid or lipoprotein disorders.

GASTROINTESTINAL AND DIGESTIVE DISEASE, INCLUDING LIVER TOXICITY

This section discusses a variety of conditions encompassed by ICD-9 520–579: diseases of the esophagus, stomach, intestines, rectum, liver, and pancreas. Details on peptic ulcer and liver disease, the two conditions most often discussed in the literature reviewed, are provided below. The symptoms and signs of gastrointestinal disease and liver toxicity are highly varied and often vague.

The essential functions of the gastrointestinal tract are to absorb nutrients and eliminate waste. Those complex tasks involve numerous chemical and molecular interactions on the mucosal surface and complex local and distant neural and endocrine activity. One common condition of the gastrointestinal tract is motility disorder, which could be present in 15% of adults. The most convenient way to categorize diseases that affect the gastrointestinal system is according to the affected anatomic segment. Esophageal disorders predominantly affect swallowing; gastric disorders are related to acid secretion; and conditions that affect the small and large intestines are reflected in alterations in nutrition, mucosal integrity, and motility. Some systemic disorders (inflammatory, vascular, infectious, and neoplastic conditions) also affect the gastrointestinal system.

Peptic Ulcer Disease

Peptic ulcer disease refers to ulcerative disorders of the gastrointestinal tract that are caused by the action of acid and pepsin on the stomach or duodenal mucosa. Peptic ulcer disease is characterized as gastric or duodenal ulcer, depending on the site of origin. Peptic ulcer disease occurs when the corrosive action of gastric acid and pepsin overcomes the normal mucosal defense mechanisms that protect against ulceration. About 10% of the population has clinical evidence of duodenal ulcer at some period in life; a similar percentage is affected by gastric ulcer. The incidence of duodenal ulcer peaks in the fifth decade, and the incidence of gastric ulcer about 10 years later.

Evidence increasingly indicates that the bacterium *Helicobacter pylori* is linked to peptic ulcer disease (both duodenal and gastric). *H. pylori* colonizes the gastric mucosa in 95–100% of patients with duodenal ulcer and in 75–80% of patients with gastric ulcer. Healthy subjects in the United States under 30 years old have gastric colonization rates of about 10%. Over the age of 60 years, colonization rates exceed 60%. Colonization alone, however, is not sufficient for the development of ulcer disease; only 15–20% of subjects with *H. pylori* colonization will develop ulcers in their lifetimes. Other risk factors include genetic predisposition (for instance, certain blood and HLA types), cigarette smoking, and psychological factors (chronic anxiety and stress).

Liver Disease

Blood tests that reflect liver function are the mainstay of diagnosis of liver disease. Increases in serum bilirubin and in the serum concentrations of some hepatic enzymes—aspartate aminotransferase, alanine aminotransferase, alkaline phosphatase, and γ -glutamyltransferase (GGT)—are commonly noted in liver disorders. The relative sensitivity and specificity of those

enzymes for diagnosing liver disease vary, and several tests can be required for diagnosis. The only regularly reported abnormality in liver function associated with TCDD exposure in humans is an increase in GGT. Estimated serum activity of that enzyme constitutes a sensitive indicator of a variety of conditions, including alcohol and drug hepatotoxicity, infiltrative lesions of the liver, parenchymal liver disease, and biliary tract obstruction. Increases are noted after many chemical and drug exposures that are not followed by evidence of liver injury. The confounding effects of alcohol use (often associated with increased GGT) make interpretation of changes in GGT in exposed people difficult (Calvert et al., 1992). An increase in GGT can be considered a normal biologic adaptation to chemical, drug, or hormone exposure.

Cirrhosis is the most commonly reported liver disease in epidemiologic studies of herbicide or TCDD exposure. Cirrhosis is irreversible chronic injury of the liver with extensive scarring and resulting loss of liver function. Clinical symptoms and signs include jaundice, edema, abnormalities in blood clotting, and metabolic disturbances. Cirrhosis can lead to portal hypertension with associated gastroesophageal varices, enlarged spleen, abdominal swelling attributable to ascites, and ultimately hepatic encephalopathy that can progress to coma. It generally is impossible to distinguish the various causes of cirrhosis by using clinical signs and symptoms or pathologic characteristics. The most common cause of cirrhosis in North America and many parts of Western Europe and South America is excessive alcohol consumption. Other causes are chronic viral infection (hepatitis B or hepatitis C), a poorly understood condition called primary biliary cirrhosis, chronic right-sided heart failure, and a variety of less common metabolic and drug-related causes.

Conclusions from VAO and Updates

Studies that have been reviewed by previous committees have consisted of those focusing on liver enzymes and others that have reported specific liver diseases. Evaluation of the effect of herbicide and TCDD exposure on non-cancer gastrointestinal ailments is challenging in that clinical experience suggests that medical history and physical examination are undependable diagnostic tools for some ailments, so incidence data are sometimes problematic. The strong interdependence among the characteristics of a given person (such as weight and laboratory indexes of hepatic function and health) and TCDD body burden complicates the already difficult task of assessing association.

Most of the analyses of occupational or environmental cohorts have had insufficient numbers of cases to support confident conclusions. The IARC cohort of phenoxy herbicide and chlorophenol production workers and sprayers (Vena et al., 1998), which was the only study with a relatively large number of observations, found less digestive system disease and cirrhosis mortality among exposed workers than among unexposed controls. A study of Australian veterans (O'Toole et al., 1996) suggested a higher incidence of stomach and duodenal ulcers in men and women, but the information was self-reported and the analyses were not controlled for confounding influences.

A report on the Ranch Hand study (AFHS, 2000) found a significantly higher percentage of other liver disorders among veterans in the high-dioxin category than among comparisons. The excesses were primarily of transaminase and other nonspecific liver abnormalities. Data were consistent with an interpretation of a dose–response relationship, but other explanations were also plausible. Studies continue to report some abnormalities in liver enzymes of the Ranch Hand

cohort (AFHS, 2005) including occult stool and decreasing C4 complement as dioxin increased. Abnormal triglyceride levels increased as the 1987 dioxin concentration increased.

A study of Vietnam veterans reported in *Update 2006* found an elevated rate of hepatitis cases associated with Vietnam service, but not with a history of spraying herbicide (Kang et al., 2006). Likewise the Australian Vietnam-veterans study (ADVA, 2005b) did not find an elevation of liver disease among military personnel serving in Vietnam compared to cases of liver disease among the general population of Australia. Mortality studies of the Ranch Hand cohort have not found elevated rates of mortality related to gastrointestinal or liver disease (Ketchum and Michalek, 2005).

The reports to date have been inconsistent and interpretation of individual studies was difficult due to a lack of information on alcohol consumption and other risk factors. In the studies that showed the strongest association between potential exposure and gastrointestinal disease (specifically cirrhosis), there was strong evidence that excess alcohol consumption was the etiology of the cirrhosis.

The committee responsible for VAO concluded that there was inadequate or insufficient information to determine whether there is an association between exposure to the compounds of interest and gastrointestinal and digestive disease, including liver toxicity. Additional information available to the committees responsible for Update 1996, Update 1998, Update 2000, Update 2002, Update 2004, and Update 2006 did not change that conclusion.

Update of the Epidemiologic Literature

No new Vietnam-veteran or occupational studies addressing gastrointestinal disorders have been published since *Update 2006*.

Environmental Studies

Consonni et al. (2008) reported on the mortality of the cohort exposed to large amounts of environmental TCDD contamination in Seveso, Italy, starting in 1976 and followed up through 2001. The study cohort of 273,108 subjects resident at the time of the accident or immigrating/born in the 10 years thereafter were analyzed according to three zones with increasing levels of TCDD soil samples. In the overall sample, no statistically significant increases in deaths related to digestive diseases (ICD-9 520–579) was observed. In Zone A (highest levels of TCDD contamination), 5 digestive disease deaths were observed (RR = 0.72, 95% CI 0.30–1.74). The middle contamination zone had 45 digestive disease deaths (RR = 1.11, 95% CI 1.00–1.24). The analysis of the subset of deaths related to cirrhosis did not find any statistically significant associations.

Karouna-Renier et al. (2007) gathered health and exposure histories from 47 potentially exposed individuals at a dioxin- and furan-contaminated Superfund site in Pencacola, FL. Serum concentrations of 17 PCDD/F congeners were measured. Analysis of covariance was used to assess the relationship between TEQ and several measures of liver function (alanine amino

transferase, aspartate amino transferase, and γ -glutamyltransferase) with adjustment for age, sex, BMI, and alcohol use. No significant associations were found (statistics not provided).

Biologic Plausibility

The liver is a primary target for the toxicity of many chemicals. The liver is the first organ that encounters chemicals absorbed from the GI tract and is responsible for metabolizing those chemicals to water-soluble compounds that can be excreted in the urine. Since the liver has many detoxifying enzymes that efficiently metabolize many chemicals, liver toxicity is usually associated only with high-dose acute exposure or chronic exposure to lesser doses. The liver can also be damaged if metabolism of the chemical results in the production of a reactive intermediate that is more toxic than the parent compound. Changes in serum levels of liver enzymes are biomarkers for liver toxicity, and their degree of elevation is correlated with the degree of liver damage. Exposure of laboratory animals to high doses 2,4-D, 2,4,5-T, and TCDD is known to cause liver damage. The mechanisms by which the phenoxy herbicides damage the liver is based on inhibition mitochondrial function by blocking oxidative phosphorylation, leading to loss of generation of ATP and death of the cells resulting in hepatic necrosis and fibrosis (REF?). TCDD-induced hepatotoxicity is mediated by activation of the Ah receptor, which leads to changes gene transcription and associated changes in cell function. Gene expression changes are associated with several physiological processes as well as oxidative stress and apoptosis (Boverhof et al., 2005, 2006). Histopathology of the liver following high doses of TCDD shows the development of a fatty liver associated with mobilization of peripheral fat and increased uptake of fatty acids in the liver. Exposure of rats to lower doses of TCDD over a 2year period (NTP, 2004) also produced several changes in the liver. The changes included hepatocyte hypertrophy, multinucleated hepatocytes, inflammation, pigmentation, diffuse fatty change, necrosis, bile duct hyperplasia, bile duct cyst, nodular hyperplasia, portal fibrosis, and cholangiofibrosis.

Few effects of health relevance have been reported regarding the effects of phenoxy herbicides or TCDD on the GI tract, even following high levels of exposure. Thus, the animal data do not support a plausible link between GI toxicity due to herbicide exposure in the Vietnam veterans.

Synthesis

There is no evidence that Vietnam veterans are at greatly increased risk for serious liver disease, and reports of increased risk of abnormal liver-function tests have been mixed. Although increased rates of gastrointestinal disease have not been reported, the possibility of a relationship between dioxin exposure and subtle alterations in the liver and in lipid metabolism cannot be ruled out.

Conclusion

On the basis of its evaluation of the evidence reviewed here and in previous VAO reports, the committee concludes that there is inadequate or insufficient evidence to determine whether there is an association between exposure to the compounds of interest and gastrointestinal and digestive diseases.

CIRCULATORY DISORDERS

This section covers a variety of conditions encompassed by ICD-9 390–459, such as acute and chronic rheumatic fever (390–398), hypertension (401–404), ischemic heart disease (410–414), heart failure (428), cerebrovascular disease (430–438), and peripheral vascular disease (443). *Coronary heart disease* is a specific term related to atherosclerosis; *ischemic heart disease* is a broader term that typically includes atherosclerosis and its symptoms. The American Heart Association reports mortality related to coronary heart disease, not to its symptoms, which include angina and myocardial infarction. Table 9-2 (page 8–38) contains estimates of prevalence and associated mortality in the US population for 2004 for the individual disorders of the circulatory system.

The methods used in morbidity studies can involve the direct assessment of the circulatory system, including analysis of symptoms or history, physical examination of the heart and peripheral arteries, Doppler measurements of peripheral pulses, electrocardiography (ECG), and chest radiography. Doppler measurements and physical examination of pulses in the arms and legs are used to detect decreases in pulse strength, which can be caused by thickening and hardening of the arteries. ECG can be used to detect heart conditions and abnormalities, such as arrhythmias (abnormal heart rhythms), heart enlargement, and heart attacks. Chest radiography can be used to assess the consequences of ischemic heart disease and hypertension, such as the enlargement of the heart seen with heart failure. However, clinical testing is often nonspecific; similar test results can be observed as a consequence of various medical conditions. It is also sometimes difficult to determine the time of onset of clinical findings, and so the temporal relationship between disease occurrence and the exposure may not be known with certainty. Cardiovascular disease epidemiologists prefer to observe cohorts over time for the incidence of discrete clinical events, such as an acute myocardial infarction (ideally verified by the changes in ECG readings and enzyme levels) and coronary death. The onset of new angina symptoms or the performance of a revascularization procedure in a person without a prior disease history is also used as evidence of incident disease. In many occupational studies, only mortality information is available. Often the attribution of death to a vascular cause is based on the death certificate, the accuracy of which can be uncertain.

Conclusions from VAO and Updates

The committee responsible for VAO concluded that there was inadequate or insufficient information to determine whether there is an association between exposure to the compounds of interest and circulatory disorders. Additional information available to the committees responsible for *Update 1996*, *Update 1998*, *Update 2000*, *Update 2002*, and *Update 2004* did not change that conclusion. The committee responsible for *Update 2006* reviewed both new studies and

for known risk

factors

0.55

6

intensively revisited all studies related to ischemic heart disease and hypertension that had been discussed in previous updates and concluded that there is limited suggestive evidence to support an association between hypertension and exposure to the herbicides used in Vietnam. That committee was unable to reach consensus whether this was also the case for ischemic heart disease, however, so that endpoint remained in the category of inadequate evidence. Those previous studies and studies published since *Update 2006* are all summarized in Table 9-5.

Reference	Study Population	Exposed Cases	Estimated Relative Risk (95% CI)	Comments
Studies of Vietnam V	eterans			
	Studies on US Army Chemical Corps			
Kang et al., 2006 and supplemental data	Army Chemical Corps—Morbidity			
- of f	Vietnam Vets vs Non-Vietnam Vets			
	Hypertension requiring Rx	496	$1.06 (0.89 - 1.27)^{b}$	Diagnoses not
	Heart disease diagnosed by MD	243	1.09 (0.87–1.38) ^b	confirmed by medical record
	Spravers vs Non-spravers			review
	All (diabetics & non-diabetics)			
	Hypertension requiring Rx	247	$1.26(1.00-1.58)^{b}$	
	Heart disease diagnosed by MD	129	1.41 (1.06–1.89) ^b	
	All Veterans, contribution of spraying to logistic			
	regression model			
	All (diabetics & non-diabetics)			
	Hypertension requiring Rx		$1.32(1.08-1.61)^{6}$	
	Heart disease diagnosed by MD		1.52 (1.18–1.94) ^o	
	Non-diabetics only			
	Hypertension requiring Rx		$1.23 (0.99 - 1.52)^{b}$	
	Heart disease diagnosed by MD		$1.52 (1.14-2.01)^{b}$	
	Controlling for diabetic status			
	Hypertension requiring Rx		$1.27 (1.04 - 1.55)^{c}$	
	Heart disease diagnosed by MD		1.45 (1.13–1.86) ^c	
		1	1	ч Т
Thomas and Kang, 1990	US Army Chemical Corps vs US male nonulation—Mortality			Not adjusted

TABLE 9-5 Selected Epidemiologic Studies—Circulatory Disorders

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Circulatory diseases (390-458)

	Air Force Health Study of Ranch Hand V	eterans		
AFHS, 2005				
1,951 participants in	AFHS, 2002 Exam Cycle Report—Morbidity			
2002 exam				
Number in analysis	Model 1: RH Subjects vs SEA Comparisons			
	(also available separately for Officer, Enlisted			
	flyer Enlisted groundcrew)			
1 885	Essential hypertension	412 of 759	$0.92(0.53-1.13)^{a}$	82% overall
1 902	Heart disease (except essential hypertension)	644 of 767	$1.20(0.94-1.54)^{a}$	02/00/01411
308	Enlisted flyer	120 of 131	$2.46(1.19-5.11)^{a}$	
1 902	Myocardial infarction	77 of 767	$0.81(0.59-1.12)^{a}$	
1 902	Stroke or transient ischemic attack	29 of 767	$1 39 (0 82 - 2 34)^{a}$	
-,- •-		_, 01 / 0 /		
	Model 2: RH Subjects with extrapolated initial			
	<u>serum TCDD (>10 ppt in 1987)</u>			
406	Essential hypertension	244	$1.12 (0.91 - 1.37)^{a}$	Relative risk
411	Heart disease (except essential hypertension)	344	$1.08 (0.85 - 1.38)^{a}$	for a 2x
411	Myocardial infarction	42	$1.31 (0.97 - 1.77)^{a}$	increase in
411	Stroke or transient ischemic attack	17	$1.26 (0.78 - 2.03)^{a}$	serum TCDD
	Model 3: All Subjects with serum TCDD			
	readings (RH group vs Comp)			
1,344	Essential hypertension			
	Comparison	644	1.0	
	RH background (<10 ppt, 1987)	168	$0.88 (0.67 - 1.16)^{a}$	
	RH low (10–118 ppt, initial)	109	$0.74 (0.53 - 1.04)^{a}$	
	RH high (>118 ppt, initial)	135	$1.32 (0.94 - 1.87)^{a}$	
1,355	Heart disease (except essential hypertension)			
	Comparison	937	1.0	
	RH background (<10 ppt, 1987)	299	1.33 (0.94–1.89)"	
	RH low (10–118 ppt, initial)	171	$1.03(0.68-1.54)^{\circ}$	
1 255	RH high (>118 ppt, initial)	173	1.21 (0.81–1.82)"	
1,355	Myocardial infarction	122	1.0	
	Comparison	132	1.0	
	RH background (<10 ppt, 1987)	34	$0.81(0.53-1.25)^{*}$	
	RH low (10–118 ppt, initial)	18	$0.60(0.34-1.04)^{\circ}$	
1 255	Krinign (>118 ppt, initial) Stroke or transient ischemie attack	24	$1.04(0.03-1.74)^{\circ}$	
1,333	Subke of transfert ischemic attack	26	1.0	
	DU hookground (<10 ppt 1097)	30 12	1.0 1.21 (0.50, 2.45) ^a	
	DILlow (10, 119 ppt, 1987)	12	1.21(0.39-2.43) 1.10(0.47, 2.57) ^a	
	$\begin{array}{c} \text{KH IOW} & (10-118 \text{ ppl, Initial}) \\ \text{DII high} & (>118 \text{ ppt, initial}) \end{array}$	10	1.10(0.47-2.57)	
	кп шgn (>118 ppt, initial)	10	2.10 (0.98–4.77)	
	Model 4: RH Subjects with 1987 serum TCDD			
	readings			
748	Essential hypertension		1.11 (0.98–1.25) ^a	Relative risk
755	Heart disease (except essential hypertension)		$0.90(0.78-1.06)^{a}$	for a 2x
755	Myocardial infarction		$1.03(0.85-1.24)^{a}$	increase in
755	Stroke or transient ischemic attack		$1.04(0.76-1.44)^{a}$	serum TCDD

AFHS, 2000	Operation Ranch Hand —Results of 1997			
	exam			
[largely superseded by				
AFHS, 2005]	Hypertension-medical record review		1.27 (0.93–1.74) ^a	Relative risk
_	Model 3: RH high TCDD vs background		$1.18 (1.04 - 1.34)^{a}$	for a 2x
	Model 4: RH Vets 1987 serum TCDD			increase in
				serum TCDD
AFHS 1995	Operation Ranch Hand —Results of 1992			
	exam			
[largely superseded by	Unum			
AFHS 2005]	Hypertension_medical record review		$1.20(0.88-1.63)^{a}$	
AF115, 2005]	Model 2: BH high TCDD vs background		1.20(0.00-1.05) $1.14(1.02, 1.28)^{a}$	Dolotivo rick
	Model 5. KH llight ICDD vs background Model 4. DII Vota 1097 aaruu TCDD		1.14 (1.02–1.28)	for a 2m
	Model 4: KH Vets 1987 serum ICDD			lor a 2x
				increase in
				serum ICDD
Wolfe et al., 1992	Operation Ranch Hand —Results of 1987			
	exam-Morbidity			
[largely superseded;	Essential hypertension			
summary of results in	Model 3: RH high TCDD vs background	NR	Increase (p < 0.05)	
AFHS, 1991b]	Verified heart disease (w/o HT)			
	Model 4: RH high TCDD vs background	NR	Decrease (p < 0.05)	
AFHS 1990	Operation Ranch Hand —Results of 1987			
111110, 1990				
	exam			
[largely superseded by	exam Model 1: before analyses on serum TCDD levels			
[largely superseded by AFHS, 2005]	exam Model 1: before analyses on serum TCDD levels All verified by medical record review			
[largely superseded by AFHS, 2005]	exam Model 1: before analyses on serum TCDD levels All verified by medical record review Essential hypertension	297	1.07 (0.89–1.29) ^a	
[largely superseded by AFHS, 2005]	exam Model 1: before analyses on serum TCDD levels All verified by medical record review Essential hypertension Heart disease (w/o HT)	297 337	1.07 (0.89–1.29) ^a 1.06 (0.88–1.26) ^a	
[largely superseded by AFHS, 2005]	exam Model 1: before analyses on serum TCDD levels All verified by medical record review Essential hypertension Heart disease (w/o HT) Myocardial infarction	297 337 39	1.07 (0.89–1.29) ^a 1.06 (0.88–1.26) ^a 0.96 (0.63–1.47) ^a	
[largely superseded by AFHS, 2005]	exam Model 1: before analyses on serum TCDD levels All verified by medical record review Essential hypertension Heart disease (w/o HT) Myocardial infarction	297 337 39	1.07 (0.89–1.29) ^a 1.06 (0.88–1.26) ^a 0.96 (0.63–1.47) ^a	
[largely superseded by AFHS, 2005]	exam Model 1: before analyses on serum TCDD levels All verified by medical record review Essential hypertension Heart disease (w/o HT) Myocardial infarction	297 337 39	1.07 (0.89–1.29) ^a 1.06 (0.88–1.26) ^a 0.96 (0.63–1.47) ^a	
[largely superseded by AFHS, 2005] AFHS, 1987	exam Model 1: before analyses on serum TCDD levels All verified by medical record review Essential hypertension Heart disease (w/o HT) Myocardial infarction Operation Ranch Hand—Results of 1985 exam	297 337 39	1.07 (0.89–1.29) ^a 1.06 (0.88–1.26) ^a 0.96 (0.63–1.47) ^a	
[largely superseded by AFHS, 2005] AFHS, 1987	exam Model 1: before analyses on serum TCDD levels All verified by medical record review Essential hypertension Heart disease (w/o HT) Myocardial infarction Operation Ranch Hand—Results of 1985 exam Model 1: before analyses on serum TCDD levels	297 337 39	1.07 (0.89–1.29) ^a 1.06 (0.88–1.26) ^a 0.96 (0.63–1.47) ^a	
[largely superseded by AFHS, 2005] AFHS, 1987 [largely superseded by	exam Model 1: before analyses on serum TCDD levels All verified by medical record review Essential hypertension Heart disease (w/o HT) Myocardial infarction Operation Ranch Hand—Results of 1985 exam Model 1: before analyses on serum TCDD levels All verified by medical record review	297 337 39	1.07 (0.89–1.29) ^a 1.06 (0.88–1.26) ^a 0.96 (0.63–1.47) ^a	
[largely superseded by AFHS, 2005] AFHS, 1987 [largely superseded by AFHS, 2005]	exam Model 1: before analyses on serum TCDD levels All verified by medical record review Essential hypertension Heart disease (w/o HT) Myocardial infarction Operation Ranch Hand—Results of 1985 exam Model 1: before analyses on serum TCDD levels All verified by medical record review Essential hypertension	297 337 39	1.07 (0.89–1.29) ^a 1.06 (0.88–1.26) ^a 0.96 (0.63–1.47) ^a	
[largely superseded by AFHS, 2005] AFHS, 1987 [largely superseded by AFHS, 2005]	exam Model 1: before analyses on serum TCDD levels All verified by medical record review Essential hypertension Heart disease (w/o HT) Myocardial infarction Operation Ranch Hand—Results of 1985 exam Model 1: before analyses on serum TCDD levels All verified by medical record review Essential hypertension Heart disease (w/o HT)	297 337 39	1.07 (0.89–1.29) ^a 1.06 (0.88–1.26) ^a 0.96 (0.63–1.47) ^a	
[largely superseded by AFHS, 2005] AFHS, 1987 [largely superseded by AFHS, 2005]	exam Model 1: before analyses on serum TCDD levels All verified by medical record review Essential hypertension Heart disease (w/o HT) Myocardial infarction Operation Ranch Hand—Results of 1985 exam Model 1: before analyses on serum TCDD levels All verified by medical record review Essential hypertension Heart disease (w/o HT)	297 337 39	$1.07 (0.89-1.29)^{a}$ $1.06 (0.88-1.26)^{a}$ $0.96 (0.63-1.47)^{a}$ $1.03 (0.83-1.27)^{a}$ $1.22 (1.00-1.50)^{a}$ $0.96 (0.23-2.20)^{a}$	
[largely superseded by AFHS, 2005] AFHS, 1987 [largely superseded by AFHS, 2005]	exam Model 1: before analyses on serum TCDD levels All verified by medical record review Essential hypertension Heart disease (w/o HT) Myocardial infarction Operation Ranch Hand —Results of 1985 exam Model 1: before analyses on serum TCDD levels All verified by medical record review Essential hypertension Heart disease (w/o HT) Myocardial infarction	297 337 39 195 224 9	1.07 (0.89–1.29) ^a 1.06 (0.88–1.26) ^a 0.96 (0.63–1.47) ^a 1.03 (0.83–1.27) ^a 1.22 (1.00–1.50) ^a 0.88 (0.38–2.08) ^a	
[largely superseded by AFHS, 2005] AFHS, 1987 [largely superseded by AFHS, 2005]	exam Model 1: before analyses on serum TCDD levels All verified by medical record review Essential hypertension Heart disease (w/o HT) Myocardial infarction Operation Ranch Hand —Results of 1985 exam Model 1: before analyses on serum TCDD levels All verified by medical record review Essential hypertension Heart disease (w/o HT) Myocardial infarction	297 337 39 195 224 9	1.07 (0.89–1.29) ^a 1.06 (0.88–1.26) ^a 0.96 (0.63–1.47) ^a 1.03 (0.83–1.27) ^a 1.22 (1.00–1.50) ^a 0.88 (0.38–2.08) ^a	
[largely superseded by AFHS, 2005] AFHS, 1987 [largely superseded by AFHS, 2005]	exam Model 1: before analyses on serum TCDD levels All verified by medical record review Essential hypertension Heart disease (w/o HT) Myocardial infarction Operation Ranch Hand —Results of 1985 exam Model 1: before analyses on serum TCDD levels All verified by medical record review Essential hypertension Heart disease (w/o HT) Myocardial infarction Operation Ranch Hand —Results of 1982	297 337 39 195 224 9	1.07 (0.89–1.29) ^a 1.06 (0.88–1.26) ^a 0.96 (0.63–1.47) ^a 1.03 (0.83–1.27) ^a 1.22 (1.00–1.50) ^a 0.88 (0.38–2.08) ^a	
[largely superseded by AFHS, 2005] AFHS, 1987 [largely superseded by AFHS, 2005] AFHS, 1984	exam Model 1: before analyses on serum TCDD levels All verified by medical record review Essential hypertension Heart disease (w/o HT) Myocardial infarction Operation Ranch Hand—Results of 1985 exam Model 1: before analyses on serum TCDD levels All verified by medical record review Essential hypertension Heart disease (w/o HT) Myocardial infarction Operation Ranch Hand—Results of 1982 baseline exam	297 337 39 195 224 9	1.07 (0.89–1.29) ^a 1.06 (0.88–1.26) ^a 0.96 (0.63–1.47) ^a 1.03 (0.83–1.27) ^a 1.22 (1.00–1.50) ^a 0.88 (0.38–2.08) ^a	
[largely superseded by AFHS, 2005] AFHS, 1987 [largely superseded by AFHS, 2005] AFHS, 1984 [largely superseded by	exam Model 1: before analyses on serum TCDD levels All verified by medical record review Essential hypertension Heart disease (w/o HT) Myocardial infarction Operation Ranch Hand —Results of 1985 exam Model 1: before analyses on serum TCDD levels All verified by medical record review Essential hypertension Heart disease (w/o HT) Myocardial infarction Operation Ranch Hand —Results of 1982 baseline exam Model 1: before analyses on serum TCDD levels	297 337 39 195 224 9	1.07 (0.89–1.29) ^a 1.06 (0.88–1.26) ^a 0.96 (0.63–1.47) ^a 1.03 (0.83–1.27) ^a 1.22 (1.00–1.50) ^a 0.88 (0.38–2.08) ^a	
[largely superseded by AFHS, 2005] AFHS, 1987 [largely superseded by AFHS, 2005] AFHS, 1984 [largely superseded by AFHS, 2005]	exam Model 1: before analyses on serum TCDD levels All verified by medical record review Essential hypertension Heart disease (w/o HT) Myocardial infarction Operation Ranch Hand —Results of 1985 exam Model 1: before analyses on serum TCDD levels All verified by medical record review Essential hypertension Heart disease (w/o HT) Myocardial infarction Operation Ranch Hand —Results of 1982 baseline exam Model 1: before analyses on serum TCDD levels All verified by medical record review	297 337 39 195 224 9	1.07 (0.89–1.29) ^a 1.06 (0.88–1.26) ^a 0.96 (0.63–1.47) ^a 1.03 (0.83–1.27) ^a 1.22 (1.00–1.50) ^a 0.88 (0.38–2.08) ^a	
[largely superseded by AFHS, 2005] AFHS, 1987 [largely superseded by AFHS, 2005] AFHS, 1984 [largely superseded by AFHS, 2005]	exam Model 1: before analyses on serum TCDD levels All verified by medical record review Essential hypertension Heart disease (w/o HT) Myocardial infarction Operation Ranch Hand —Results of 1985 exam Model 1: before analyses on serum TCDD levels All verified by medical record review Essential hypertension Heart disease (w/o HT) Myocardial infarction Operation Ranch Hand —Results of 1982 baseline exam Model 1: before analyses on serum TCDD levels All verified by medical record review Heart disease	297 337 39 195 224 9	$1.07 (0.89-1.29)^{a}$ $1.06 (0.88-1.26)^{a}$ $0.96 (0.63-1.47)^{a}$ $1.03 (0.83-1.27)^{a}$ $1.22 (1.00-1.50)^{a}$ $0.88 (0.38-2.08)^{a}$ $p = 0.982$	
[largely superseded by AFHS, 2005] AFHS, 1987 [largely superseded by AFHS, 2005] AFHS, 1984 [largely superseded by AFHS, 2005]	exam Model 1: before analyses on serum TCDD levels All verified by medical record review Essential hypertension Heart disease (w/o HT) Myocardial infarction Operation Ranch Hand —Results of 1985 exam Model 1: before analyses on serum TCDD levels All verified by medical record review Essential hypertension Heart disease (w/o HT) Myocardial infarction Operation Ranch Hand —Results of 1982 baseline exam Model 1: before analyses on serum TCDD levels All verified by medical record review Heart disease Model 1: before analyses on serum TCDD levels All verified by medical record review Heart disease Myocardial infarction	297 337 39 195 224 9 147 7	$\begin{array}{c} 1.07 \ (0.89 - 1.29)^{a} \\ 1.06 \ (0.88 - 1.26)^{a} \\ 0.96 \ (0.63 - 1.47)^{a} \end{array}$	

Ketchum and AFHS—Circulatory disease—mortality Michalek. 2005 Ranch Hand Subjects vs all SEA veterans 66 1.3 (1.0–1.6) Not adjusted Pilots and navigators for known risk [Supersedes Michalek 18 1.1(0.7-1.8)et al., 1990, 1998] Administrative Officers 2 1.8(0.4-7.8)factors **Enlisted Flight Engineers** 6 0.5(0.2-1.1)Ground Crew 40 1.7 (1.2-2.4) Atherosclerosis 28 1.7 (1.1–2.5) Hypertensive disease 2 2.5 (0.6-10.8) 5 Stroke 2.3(0.9-6.0)AFHS Veterans with serum TCDD SEA comparison group 31 1.0 Background (0.6–10 ppt) $0.8 (0.4 - 1.8)^d$ 8 $1.8(0.9-3.5)^d$ Low (10-29.2 ppt) 12 High (18-617.8 ppt) 9 $1.5(0.7-3.3)^{d}$ Cypel and Kang, Female US Vietnam-era veterans-Mortality 2008 – new study (through 2004) Adjueted for [Supersedes Thomas et Circulatory system diseases duration of Vietnam vs non-SEA veterans al.,1991; Dalager et 0.8(0.6-1.0)129 service, year al., 1995] 102 0.8(0.6-1.0)of birth, race Nurses only Watanabe and Kang, **US Army and Marine Corps Vietnam-era** 1996 veterans—Mortality (PMR, 1965–1988) Served in Vietnam vs never deployed to SEA Not adjusted Circulatory diseases (390-458) for known risk Army 5,756 0.97 (p > 0.05) factors Marine Corps 1,048 0.92 (p < 0.05) Bullman and Kang, US wounded Vietnam veterans vs US men-1996 Mortality (through 1981, focus on suicide) 246 Circulatory disease 0.72 (0.55–0.91) CDC Vietnam Experience Study—Mortality Boehmer et al., 2004 Deployed vs non-deployed Circulatory disease 185 1.01(0.82 - 1.24)Year of death 1970-1984 NR $0.56 (0.28 - 1.15)^{e}$ 1985-2000 $1.06(0.85-1.32)^{e}$ NR Discharged before 1970 NR $0.83 (0.62 - 1.12)^{e}$ Partition at Discharged after 1970 $1.43(1.02-1.99)^{e}$ 1970 arbitrary NR Ischemic heart diseases 125 0-15 years since discharge 0.77(0.31 - 1.55)8 >15 years since discharge 117 1.14 (0.87–1.50) CDC, 1988 Vietnam Experience Study—Morbidity Deployed vs non-deployed Not adjusted

CHAPTER 9: OTHER HEALTH EFFECTS

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1.3 (p < 0.05)

1.2 (p < 0.05)

for known risk

factors

Hypertension postdischarge

Interviewed

Examined
Stellman et al., 1988	American Legionnaires serving during			
	Vietnam-era—Morbidity			
	Service in SEA vs not, with medically diagnosed			
	High blood pressure Heart disease	592 97	1.12 (p >0.05) 1 45 (p <0.05)	Not age adjusted
		,,	1.10 (p - 0.00)	Age adjusted
Anderson et al., 1986	Wisconsin Vietnam veterans—all diseases of			
	circulatory system—Mortanty			
	White male Vietnam veterans vs	100	0.60 (n < 0.05)	
	State population		0.69 (p < 0.05) 0.62 (p < 0.05)	
	Non-veterans		0.58 (p <0.05)	
	All veterans		0.86 (p >0.05)	
	Vietnam–era veterans		0.99 (0.80–1.20)	
Kogan and Clapp, 1985	Massachusetts Vietnam-era veterans (1958–			
	1973)—Mortality (1972–1983)			Not adjusted
	Deployed vs non-deployed			Vietnam
	Deaths 1972–1983			veterans
	Circulatory system (except cerebrovascular)	139	PMR = 0.88 (p > 0.05)	thought to be
	Cerebrovascular	28	PMR = 1.11 (p > 0.05)	younger
	Deaths 1978–1983			Expect less
	Circulatory system (except cerebrovascular)	85	PMR = 0.80 (p < 0.05)	"diluted"
	Cerebrovascular	19	PMR = 1.64 (p < 0.05)	effect for later
	Studies of Australian Vietnam Veterans			
Australian Dept	Australian Vietnam Veterans vs General			
Veterans Affairs, 2005b	Male Population—Mortality			
20000	Circulatory disease	1,767	0.88 (0.84-0.92)	
	1963–1979	186	0.69 (0.59–0.79)	
	1980–1990	546	0.88 (0.80-0.95)	
	1991–2001	1,035	0.93 (0.87–0.99)	Dissipation of
	Ischemic heart disease	1,297	0.94 (0.89–0.99)	nealthy worker
	1980–1990	421	0.70(0.38-0.82) 0.95(0.86-1.04)	encer pernaps
	1991–2001	753	0.99 (0.92–1.06)	
	Stroke	223	0.80 (0.70–0.91)	
	1963–1979	35	0.81 (0.54–1.07)	
	1980–1990	59	0.73 (0.54–0.92)	
	1991-2001	129	0.83 (0.09–0.97)	

				T
Australian Dept	Australian National Service Veterans			
veterans Affairs, 2005c	Deployed vs Non-deployed—Mortality			
	Circulate and linear	200	1.05 (0.97, 1.27)	
	Linculatory disease	208	1.05(0.87-1.27)	
	Strala	159	1.18(0.94-1.47)	
	Stroke	15	0.61 (0.30–1.15)	
Cran a st al 1007a	Austuslian Vietnam ustanana Mautalitu			
Crane et al., 1997a	(1080, 1004)			
[laugalu aun augadad hu	(1980–1994)			
ADVA 20051	Cinculatore diasas		0.0((0.88, 1.05)	Not a diveta d
ADVA, 2003b]	Liculatory disease		0.96(0.88-1.05)	for linear risk
	Corobrol homorrhogo		1.04(0.94-1.14)	footors
	Cerebral hemorrhage		0.80 (0.55–1.22)	lactors
Crane et al 1997b	Australian National Service Vietnam-era			
	veterans_Mortality (1982–1994)			
[largely superseded by	veteralis mortality (1962-1994)			
ADVA 2005cl	Deployed vs non-deployed			
112 / 11, 2000e]	Circulatory disease	77	0 95 (0 70-1 28)	Not adjusted
	Ischemic heart disease	57	0.97(0.68-1.39)	for known risk
	Cerebral hemorrhage	3	0.96(0.14-5.66)	factors
	Other	17	0.88(0.44-1.69)	luctors
		17	0.00 (0.11 1.05)	
O'Toole et al., 1996	Australian male Army Vietnam veterans			
,	(random sample)—Morbidity			
	Self-report in telephone interview		99% CIs	
	Hypertension	NR	2.08 (1.63-3.31)	Not adjusted
	Heart disease	NR	2.02 (0.96-4.77)	for known risk
	Other circulatory diseases (excluding above &	NR	2.07 (1.35–3.97)	factors
	hemorrhoids)			
	<u>Self-report in telephone interview</u> (adjusted for			
	non-response)		99% CIs	
	Hypertension	NR	2.17 (1.71–2.62)	Not adjusted
	Heart disease	NR	1.98 (0.91-3.05)	for known risk
	Other circulatory diseases (excluding above &	NR	2.39 (1.61–3.17)	factors
	hemorrhoids)			
Kim J-S et al., 2003	Korean veterans of Vietnam—Morbidity			Concerns of
				selection bias,
	Deployed vs Non-deployed (unadjusted)			quality of
	Valvular heart disease	8	p = 0.0019	diagnosis, low
	Congestive heart failure	5	p = 0.5018	participation,
	Ischemic heart disease	34	p = 0.0045	gross pooling
	Hypertension	383	p = 0.0143	of blood
	Adjusted for risk factors		2.29 (1.33–3.95) ^g	samples made
				TCDD levels
				useless
Occupational Studies				
Pelclova et al., 2007 –	2,4,5-T production workers at Spolana plant in			
new study	Czech Republic 1965-1968—vascular function	15	Reactivity lower in	Concerns
	measured by microvascular reactivity in response		workers compared to	about selection
	to either flow-mediated or thermal hyperemia		controls ($p < 0.05$)	bias and the

VETERANS AND AGENT ORANGE: UPDATE 2008

				role of comorbidity
McLean et al., 2006	IARC Cohort of Pulp and Paper Workers—			
	Circulatory disease—Mortality			Not adjusted
	<u>Never</u> exposed to nonvolatile organochlorines	2,727	0.92 (0.89–0.96)	for known risk
	Ever exposed to nonvolatile organochlorines	2,157	0.99 (0.95–1.04)	factors
Blair et al., 2005a	Agricultural Health Study—Mortality			
	Private applicators (farmers) and spouses			
	Circulatory disease (1994–2000)	619	$0.5 (0.5 - 0.6)^{\rm f}$	
't Mannetje et al., 2005	New Zealand phenoxy herbicide workers—			Not adjusted
	Mortality			for known risk
[IARC subcohort]				factors
	Producers (1969–2000)			
	Circulatory disease	51	1.0 (0.7–1.3)	All causes
	Hypertensive disease	0	0.0 (0.0–3.5)	SMR = 1.0
	Ischemic heart disease	38	1.0 (0.7–1.4)	(0.8–1.2)
	<u>Sprayers (1973–2000)</u>			
	Circulatory disease	33	0.5 (0.4–0.7)	All causes
	Hypertensive disease	1	0.8 (0.0-4.5)	SMR = 0.6
	Ischemic heart disease	22	0.5 (0.3–0.8)	(0.5–0.8)

Vena et al., 1998	IARC Cohort of Phenoxy Herbicide			
,	Workers-Mortality (1939–1992)			
[same dataset as	All male phenoxy herbicide workers			
Kogevinas et al. 1997	All circulatory disease (390–459)	1 738	0.91 (0.87–0.95)	Not adjusted
(emphasis on cancer)	Ischemic heart disease (410–414)	1,750	0.92(0.87-0.98)	for known risk
(emphasis on cancer)	Corobrovosoular disease (420, 428)	254	0.92(0.87-0.98)	factors
	$\begin{array}{c} \text{Celebiovascular disease (450-458)} \\ \text{Other diseases of the heart (415, 420)} \end{array}$	234	1.11(0.05, 1.20)	lactors
1998]	Other diseases of the heart (415–429)	100	1.11 (0.95–1.29)	
	All formals when are harbigide more hand			
	All temale phenoxy heroicide workers	10	1.00 (0.72, 1.20)	
	All circulatory disease (390–459)	48	1.00(0.73-1.32)	Not adjusted
	Ischemic heart disease (410–414)	24	1.07 (0.68–1.59)	for known risk
	Cerebrovascular disease (430–438)	9	0.73 (0.33–1.38)	factors
	Other diseases of the heart (415–429)	6	0.92 (0.34–2.00)	
	Workers with phenoxy herbicide exposure only			
	All circulatory disease (390–459)	588	0.86 (0.79–0.93)	Not adjusted
	Ischemic heart disease (410–414)	394	0.85 (0.77–0.94)	for known risk
	Cerebrovascular disease (430–438)	96	0.86 (0.70–1.05)	factors
	Other diseases of the heart (415–429)	32	0.80 (0.55–1.13)	
	TCDD-exposed workers			
	All circulatory disease (390–459)	1,170	0.94 (0.88–0.99)	Not adjusted
	Ischemic heart disease (410–414)	789	0.97 (0.90–1.04)	for known risk
	Cerebrovascular disease (430–438)	162	0.84 (0.71-0.98)	factors
	Other diseases of the heart (415–429)	138	1.20 (1.01–1.42)	
	Contribution of TCDD exposure to Poisson			
	regression analysis			
	All circulatory disease	1,151	1.51 (1.17–1.96)	Only adjusted
	Ischemic heart disease	775	1.67 (1.23–2.26)	for age and
	Cerebrovascular disease	161	1.54 (0.83–2.88)	timing of
				exposure
Hooiveld et al., 1998	Dutch herbicide factory workers (IARC			1
,	subcohort)—Mortality (1955–1991)			
	549 exposed vs 482 non-exposed male workers			
	All circulatory diseases (390–459)	45	1.4 (0.8–2.5)	Only adjusted
	>124 ng/kg TCDD	NR	1.5(0.8-2.9)	for age and
	Ischemic heart diseases (410–414)	33	1.8 (0.9–3.6)	timing of
	>124 ng/kg TCDD	NR	23(10-50)	exposure
	Cerebrovascular diseases (430–438)	9	14(04-51)	- Aposulo
	>124 ng/kg TCDD	NR	0.8(0.2-4.1)	
	Other heart disease (415, 420)		0.0(0.2-4.1) 0.7(0.1,4.2)	
	$\sim 124 \text{ mg/kg TCDD}$		0.7(0.1-4.5)	
	~124 lig/kg 1CDD	INK	0.4 (0.0-4.9)	

				-
Flesch-Janys,	Hamburg, Germany herbicide production			
1997/1998 (TEQ INIO);	workers vs national FRG population (IARC			Detential fea
Flesch-Janys et al.,	subconort)—Mortanty (1952–1992; estimated			Potential for
TCDD in German, also	of PCDD/F and TCDD blood levels from work			exposure
ICDD info)	history & measures on 190 of 1,189 men,			misclassificati
	aivided into 4 lowest quintiles & top 2 deciles)			on
	Estimated final PCDD/F TEOs (ng/kg)			
	Circulatory disease (390–459)	156	1.06 (0.90–1.24)	
	1.0–12.2		0.71 (0.44–1.17)	Not adjusted
	12.3–39.5		0.73 (0.46–1.16)	for known risk
	39.6–98.9		1.20 (0.82–1.76)	factors
	99.0-278.5		1.22 (0.84–1.78)	
	278.6-545.0		1.18 (0.73–1.92)	
	545.1-4361.9		1.70 (1.02–2.85)	
			p-trend = 0.04	
	Ischemic heart disease (410–414)	76	0.97 (0.77–1.22)	
	1.0–12.2		0.80 (0.42–1.56)	
	12.3–39.5		0.76 (0.40–1.45)	
	39.6–98.9		0.75 (0.40–1.42)	
	99.0-278.5		0.88 (0.50–1.58)	
	278.6-545.0		1.26 (0.67–2.39)	
	545.1-4361.9		2.17 (1.18-4.00)	
			p-trend = 0.03	
	Estimated final TCDD (ng/kg)			
	Circulatory disease (390–459)	156	1.06 (0.90–1.24)	
	0–2.8		0.94 (0.62–1.43)	Not adjusted
	2.81-14.4		0.69 (0.42–1.14)	for known risk
	14.5–49.2		1.13 (0.75–1.68)	factors
	49.3–156.7		1.29 (0.88–1.89)	
	156.8–344.6		1.10 (0.69–1.78)	
	344.7-3890.2		1.62 (0.95–2.77)	
			p-trend = 0.04	
	Ischemic heart disease (110-111)	76	0.07(0.77, 1.22)	
	0.28	70	0.97(0.77-1.22) 1.12(0.65, 1.05)	
	281 - 144		1.15(0.03-1.93) 0.63(0.21, 1.27)	
	2.01-14.4		0.05(0.51-1.27) 0.04(0.51, 1.72)	
	14.5-47.2		0.94 (0.51 - 1.75) 0.70 (0.26 1.26)	
	47.5-150.7		0.70(0.50-1.50) 1 17 (0.61 2 22)	
	344.0		1.17(0.01-2.23) 1.00(1.05, 2.75)	
	544.7-3670.2		1.99(1.03-3.73)	
			p-trend = 0.10	

Flesch-Janys et al., 1995	Hamburg, German herbicide production workers vs gas workers (IARC subcohort)— Mortality Estimated final PCDD/F TEQs (ng/kg) Circulatory disease (390–459) 1.0–12.2 12.3–39.5 39.6–98.9 99.0–278.5 278.6–545.0 545.1–4361.9 Ischemic heart disease (410–414) 1.0–12.2	156 76	0.93 (0.57–1.50) 0.92 (0.59–1.46) 1.48 (1.01–2.17) 1.55 (1.07–2.24) 1.63 (1.01–2.64) 2.06 (1.23–3.45) p-trend <0.01 1.02 (0.54–1.95)	Not adjusted for known risk factors
	12.3–39.5 39.6–98.9 99.0–278.5 278.6–545.0 545.1–4361.9 Estimated final TCDD (ng/kg)		0.96 (0.51–1.82) 0.97 (0.52–1.81) 1.13 (0.64–2.00) 1.73 (0.92–3.27) 2.72 (1.49–4.98) p-trend <0.01	
	Circulatory disease (390–459) 0–2.8 2.81–14.4 14.5–49.2 49.3–156.7 156.8–344.6 344.7–3890.2	156	$1.22 (0.81-1.83) \\ 0.88 (0.54-1.44) \\ 1.35 (0.91-2.01) \\ 1.64 (1.12-2.39) \\ 1.53 (0.95-2.44) \\ 1.96 (1.15-3.34) \\ p-trend = 0.01$	Not adjusted for known risk factors
	Ischemic heart disease (410–414) 0–2.8 2.81–14.4 14.5–49.2 49.3–156.7 156.8–344.6 344.7–3890.2	76	1.43 (0.83–2.44) 0.81 (0.41–1.61) 1.18 (0.65–2.16) 0.90 (0.47–1.75) 1.61 (0.85–3.04) 2.48 (1.32–4.66) p-trend < 0.01	
Becher et al., 1996 [mortality through 1992 for Hamburg plant reported above by Flesch-Janys]	Phenoxy herbicide workers at 4 German plants (4 IARC subcohorts, including Hamburg)— Mortality (through 1989)Circulatory diseases (390–458) Bayer Uerdingen Bayer Dormagen BASF Ludwigshafen	12 3 32	0.74 (0.38–1.30) 0.34 (0.07–0.99) 0.78 (0.53–1.10)	

Cassar et al. 1001	Duitich Chamical Manufasturians from A			
Coggon et al., 1991	British Chemical Manufacturers from 4 Plants (4 IABC subschorts) Montality			
	Flants (4 IARC subconoits)—Mortanty			
	Circulatory disease	74	1 16 (0.01 1.46)	
	$\frac{\text{Diant } \Lambda (1075, 1087)}{\text{Diant } \Lambda (1075, 1087)}$	24	1.10 (0.91–1.40)	
	1 fall A(1975-1987)	54	1.07 (adjusted = 1.39 n ≈ 0.05)	
	Plant B $(1969 - 1987)$	5	(adjusted 1.59, p ~ 0.05)	
	$\frac{11}{1000} = \frac{1}{1000} = $	12	0.95	
	$\frac{11}{1000} = \frac{1000}{1000} $	23	0.84	
	1 min D (1909 1907)	25	0.97	
Coggon et al 1986	British MCPA manufacturers (5 th of 7 UK			
	IARC cohorts)—Mortality			
	Hypertensive & ischemic heart disease			
	(401-414, 428-429)	337		
	vs national rates		0.81 (0.73-0.90)	
	With rural adjustment		0.86 (0.77–0.96)	
	US Cohorts in NIOSH Cohort (and also in IAR	C Cohort)		
Burns et al., 2001	Dow 2,4-D Production Workers—Mortality			
	(1945–1994)			
[part of IARC &				
NIOSH cohorts]	Circulatory disease			
	0 years latency	158	0.95 (0.80–1.11)	Not adjusted
	≥ 20 years latency	130	1.05 (0.87–1.24)	for known risk
				factors
Domlary at al. 1006	Dorn DCD markens (1020, 1090) (anh ash art)			
Kalliow et al., 1990	Dow FCF workers (1930-1980) (subconort)— Montality (1040, 1080)			
	Wortanty (1940–1989)			
	Circulatory diseases (390–458)	115	0 95 (0 79–1 14)	
	Arteriosclerotic heart disease (410–414)	86	1.02 (0.82–1.26)	
	Cerebrovascular disease (430–438)	15	1.02(0.52-1.20) 1.02(0.57-1.68)	
		10	(0.0 / 1100)	
Steenland et al., 1999	NIOSH Cohort (subcohorts of IARC cohort			
,	from 12 US plants)—Mortality (through 1993)			
	Total Cohort (5,132) vs US population			
	Cerebrovascular disease (430–438)		0.96 (0.74–1.21)	Not adjusted
	Ischemic heart disease (410–414)	69	1.09 (1.00–1.20)	for known risk
	Chloracne subcohort (608) vs US population	456	1.17 (0.94–1.44)	factors
	Exposure subcohort (3,538)	92		
	<19 cumulative TCDD		1.0	Adjusted for
	19–139	NR	1.23 (0.75–2.00)	age
	139–580	NR	1.34 (0.83–2.18)	(· · · · ·
	581-1,649	NK	1.30 (0.79–2.13)	(no units for
	1,650-5,/39	NK	1.39 (0.86–2.24)	JEM-derived
	5,/40-20,199 >20,200		1.5 / (0.96-2.56)	exposure)
	<i>_2</i> 0,200		1.73(1.07-2.87)	
		INK	p-ucilia cuili exp $0 = 0.05$	
			p-uenu log[cum expo]	
			<0.001	

	1	1	1	
Calvert et al., 1998	2 US Chemical Plants (part of NIOSH &			
	IARC cohorts)—Morbidity			
	Verified conditions			
	TCDD-exposed (281) vs unexposed (260)			
	Myocardial infarction	17	1.33 (0.62-2.84)	Not adjusted
	Current systolic hypertension	64	1.05(0.70-1.58)	for known risk
	Current diastolic hypertension	77	1.00(0.70 - 1.00) 1.23(0.83 - 1.82)	factors
	Current diastone hypertension	//	1.25 (0.05 1.02)	lucions
	TCDD effect vs unexposed in logistic model			
	Self reported and verified conditions combined			
	Muccordial information			
	Samue TCDD <229 ng/g linid	ND	$1 14 (0 20 4 40)^{i}$	
	Serum TCDD ≥ 228 mg/g lipid		1.14(0.29-4.49)	
	Serum ICDD ≥238 pg/g lipid	NK	1.09 (0.23-5.06)	
	Hypertension			
	Serum TCDD <238 pg/g lipid	NR	1.34 (0.89–2.02)	
	Serum TCDD ≥238 pg/g lipid	NR	$1.05(0.58-1.89)^{+}$	
	Verified conditions			
	Current systolic hypertension			
	Serum TCDD <238 pg/g lipid	NR	$1.09(0.65-1.83)^{1}$	
	Serum TCDD ≥238 pg/g lipid	NR	$1.20(0.61-2.34)^{1}$	
	Current diastolic hypertension			
	Serum TCDD <238 pg/g lipid	NR	$1.35(0.88-2.09)^{i}$	
	Serum TCDD ≥238 pg/g lipid	NR	$0.97 (0.51 - 1.87)^{i}$	
Suskind and Hertzberg,	Monsanto Workers at Nitro, WV—Morbidity			
1984				
	Workers exposed to 2.4.5-T production ($n =$			
	204) vs not exposed ($n = 163$) (self-report)			
	Hypertension	70	(p > 0.05)	Adjusted for
	Coronary artery disease	22	$(n \ge 0.05)$	age
			4)	
Zack and Gaffey 1983	Monsanto Workers at Nitro, WV (n = 884)-			
,,,	Mortality (1955–1977)			
	Circulatory diseases (390–458)	92	1.11 (n > 0.05)	Not adjusted
	Atherosclerosis and CHD (410–413)	79	1.33 (p < 0.05)	for known risk
	All other	13	0.56 (p < 0.05)	factors
	An other	15	0.50 (p < 0.05)	lactors
Zack and Suskind	Monsanto Workers at Nitro WV—Mortality			
	(1055, 1078)			
1980	(1933-1978)			
	Workers with chloroope $(n - 121)$			Not adjusted
	$\frac{\text{workers with chiorache (II - 121)}}{\text{Circulatory discoses (200, 459)}}$	17	0.68 (n > 0.05)	for Imourn risk
	Atheneselenesis and CUD (410, 412)	17	0.08 (p > 0.03)	for store
	Ameroscierosis and CHD (410–413)	15	0.75 (p >0.05)	lactors
Swaan et al. 2004	Dutch licensed herbigide applicators			
5 waen et al., 2004	Mortality (1080, 2000)			
[Supersodes Sugar +	17101 tally (1700-2000)			
$_{a1}$ 10021	Circulatory discass	70	0.68 (0.52, 0.86)	
ui., 1992]	Circulatory disease	/0	0.00 (0.35-0.80)	
				1

Ott and Zober, 1996	Clean-up workers at German TCP reactor			
10 1 7 1 v	(BASF)—Mortality (1953–1992)			
[Supersedes Zober et	Circulatory discasso	27	0.8(0.6, 1.2)	Delighility of
$al., 1994 \propto von Denner$	Circulatory diseases < 0.1 estimated TCDD ug/kg by	13	0.8(0.0-1.2)	estimated body
(translation from	~ 0.1 estimated TCDD µg/kg 0w 0.1_0.99	15	10(0.5-1.7)	burden?
German)]	>1.0	13	0.8(0.4-1.3)	burden
Germany	Ischemic heart disease	16	0.7(0.4-1.1)	
	<0.1 estimated TCDD µg/kg bw	7	0.9 (0.3–1.8)	
	0.1-0.99	4	0.7(0.2-1.7)	
	≥1.0	5	0.6 (0.2–1.3)	
	Other Occupational Studies			
Kitamura K et al. 2000	Municipal wasta incinerator workers			
Khamura K et al., 2000	Morbidity			
	Hypertension by PCDD/PCDF levels	14 of 94	No increases observed h	
Gambini et al., 1997	Italian rice growers—Mortality (1957–1992) (Phenoxy herbicide use common 1960–1980)			
	Myocardial infarction	67	0.72 (0.56_0.92)	
	Other ischemic heart diseases	72	0.72(0.30-0.92) 0.41(0.32-0.52)	
	Stroke	155	0.96(0.81-1.12)	
		100	(0.01 1.1_)	
Alavanja et al., 1989	US Forest and Soil Conservationists—			
	wortanty		DMDs	Not adjusted
	Ischemic heart disease (410–414)	543	10(09-11)	for known risk
	Cerebrovascular disease (430–438)	99	0.9(0.8-1.1)	factors
Blair et al., 1983	Florida, US Licensed Pesticide Applicators—			
	Mortality			Not adjusted
				for known risk
	Circulatory diseases (390–458)	159	0.88 (p >0.05)	factors

Environmental Studies				
Consonni et al., 2008 –	Seveso, Italy—Mortality-25 yr (1976-2001)			
new study				
	Zone A, sexes combined			
[Supersedes Betazzi et	All circulatory diseases (390–459)	45	1.1 (0.8–1.4)	Adjusted for
al., 2001; Pesatori et	Chronic rheumatic heart diseases (393–398)	3	5.7 (1.8–18.0)	gender, age,
al., 1998, Bertazzi et	Hypertension (400–405)	5	2.2 (0.9–5.3)	and period
al., 1989a,b, 1998]	Ischemic heart diseases (410–414)	13	0.8 (0.5–1.4)	
	Acute myocardial infarction (410)	6	0.6 (0.3–1.4)	
	Chronic ischemic heart diseases (412, 414)	/	1.1 (0.5–2.3)	
	Cerebrovascular diseases (430–438)	11	0.9 (0.5–1.6)	
	Zone B, sexes combined			
	All circulatory diseases (390–459)	289	1.0 (0.9–1.1)	
	Chronic rheumatic heart diseases (393–398)	1	0.3 (0.0–2.2)	
	Hypertension (400–405)	11	0.7 (0.4–1.3)	
	Ischemic heart diseases (410–414)	102	1.0 (0.8–1.2)	
	Acute myocardial infarction (410)	54	0.9 (0.7–1.1)	
	Chronic ischemic heart diseases (412, 414)	47	1.1 (0.8–1.4)	
	Cerebrovascular diseases (430–438)	101	1.2 (1.0–1.5)	
	Zone R, sexes combined			
	All circulatory diseases (390–459)	2,357	1.1 (1.0–1.1)	
	Chronic rheumatic heart diseases (393–398)	24	1.0 (0.6–1.5)	
	Hypertension (400–405)	144	1.2 (1.0–1.4)	
	Ischemic heart diseases (410–414)	842	1.1 (1.0–1.1)	
	Acute myocardial infarction (410)	447	1.0 (0.9–1.1)	
	Chronic ischemic heart diseases (412, 414)	390	1.2 (1.0–1.3)	
	Cerebrovascular diseases (430–438)	695	1.1 (1.0–1.2)	
Lee et al., 2007b –	NHANES, 1999–2002–Elevated Blood Pressure		>75 th percentile vs those	
new study	(>130/85 mmHg) n = 721 non-diabetics >20 vr		with non-detectable levels	
	with fasting blood samples and measured POPs			
		nr		
	PCDDs		1.7 (1.0–3.1)	Adjusted for
	HxCDD		1.2 (0.7–2.2)	age, race, sex,
	HpCDD		2.6 (1.3-5.0)	income,
	OCDD		1.1 (0.6–2.0)	cigarette
	PCDFs		1.9 (1.2–3.3)	smoking,
	PtCDF		1.3 (0.7–2.4)	serum
	HxCDF		2.3 (1.3–4.0)	cotinine,
	HpCDF		1.4 (0.8–2.3)	alcohol
	Dioxin-like PCBs		1.4 (0.8–2.7)	consumption
	PCB-74		1.2 (0.6–2.4)	and exercise
	PCB-118		1.8 (1.0–3.5)	
	PCB-126		2.1(1.2-3.7)	
	PCB-169		0.6 (0.3–1.1)	

Everett et al., 2008b –	NHANES, 1999–2004—Prevalent Hypertension			
new study	(sen-report that told by doctor, $\geq 140/90$ mmrg,		See tout for determination	
	of antihypertensive medications) n = 2.208, 2.712, denoted in a conserver		see text for determination	
	n = 3,398-3,712, depending on congener		of cutpoints	
supercedes Everett et	PCB-118 (ng/g lipid) (1EF = 0.0001)		1.0	A dimeted for
al., 2008a]	<u>≤12.5</u>		1.0	Adjusted for
	2.5-27.5		$\frac{1.4(1.1-1.8)}{2.0(1.2,2.0)}$	age, genuer,
	>27.5		2.0 (1.3–3.0)	status body
	PCB-126 (pg/g lipid) (TEF = 0.1)			status, bouy
	<u>≤26.1</u>		1.0	evercise total
	26.1–59.1		1.1 (0.9–1.4)	cholesterol and
	>59.1		1.8 1,2–2.6)	family history
	PCB–156 (ng/g lipid) (TEF = 0.0005)			of MI
	≤12.5		1.0	
	12.5–15.4		1.3 (0.9–1.9)	
	>15.4		1.2 (0.8–1.9)	
	PCB-169 (pg/g lipid) (TEF = 0.01)			
	≤27.0		1.0	
	27.0-46.4		1.1 (0.9–1.5)	
	>46.4		1.3 (0.9–1.9)	
Ha et al., 2007 –	NHANES, 1999–2002—Self-reported			Adjusted for
new study	cardiovascular disease (excluding hypertension)		\geq 75 th percentile vs	age, race,
-	$n = 889$ non-diabetics ≥ 40 yr		< 25 th percentile	income, body
	Men		•	mass index,
	HxCDD	18	2.5 (0.8–7.7)	cigarette
	HpCDD	18	2.4 (0.5–10.3)	smoking,
	OCDD	16	2.1 (0.6–7.7)	serum
	PCDFs	19	0.7 (0.3–1.7)	cotinine,
	Dioxin-Like PCBs	22	1.7 (0.6–5.5)	alcohol,
	Women			exercise HDL,
	HxCDD	21	2.8(0.9-8.6)	total
	HpCDD	14	19(0.3-10.8)	cholesterol,
	OCDD	17	0.7(0.2-2.8)	triglyerides
	PCDFs	15	$\frac{10(0.3-2.8)}{10(0.3-2.8)}$	hypertension
	Dioxin-Like PCBs	23	50(12-204)	and C-reactive
			5.0 (1.2 20.1)	protein
Karouna-Renier et al.	Superfund site caused by wood treatment			
(2007) - new study	facility in Pensacola, FL —47 workers and			
(2007) new study	residents—Prevalence			
	Hypertension defined by self-report, medication		1.1 (1.1–1.2)	adjusted for
	use or 2 readings of systolic blood pressure		[error likely because the	age race sex
	greater than 140 mm Hg or diastolic blood		published OR and lower	BMI tobacco
	pressure greater than 90 mm Hg		confidence limit were	and alcohol
	Serum PCDD/PCDF levels (international		identical to three decimal	use, and
	TEOs in logistic model)		places]	worker status
			F	

Chen HL et al., 2006	Residents around 12 municipal waste incinerators in Taiwan—Prevalence			
	Hypertension diagnosed by a physician Serum PCDD/PCDF levels (international TEQs in logistic model)	118	5.6 (1.6–19.6) 0.9 (0.2–3.7) ^j	

^a Adjusted for age, race, rank, smoking, alcohol history, cholesterol, HDL, cholesterol-HDL ratio, uric acid, diabetes, BMI or percent body fat, waist-to-hip ratio, and family history of heart disease.

^b Adjusted for age, race, rank, BMI, and smoking.

^c Adjusted for age, race, rank, BMI, smoking, and diabetes.

^dAdjusted for smoking and family history of heart disease.

^e Adjusted for age, race, and military occupation.

^fAdjusted for age, race, state, sex, and calendar year of death.

^gAdjusted for age, smoking, alcohol, BMI, education, and martial status.

^hAdjusted for age, BMI, and smoking.

ⁱAdjusted for age, sex, BMI, smoking, drinking, diabetes, triglycerides, total cholesterol, HDL. family history of heart disease, and which plant.

^jAdjusted for age, sex, BMI, and smoking.

NR-Not reported

ABBREVIATIONS: . AFHS, Air Force Health Study; BASF, ; CDC, Center for Disease Control; HpCDD, 1,2,3,4,6,7,8–heptachlorodibenzo-*p*-dixion; HpCDF, 1,2,3,4,6,7,8–heptachlorodibenzofuran; HxCDD, 1,2,3,6,7,8–hexachlorodibenzo-*p*-dixion; HxCDF, 1,2,3,4,7,8–hexachlorodibenzofuran; IARC, International Agency for Research on Cancer; NHANES, National Health and Nutrition Examination Survey; NIOSH, National Institute of Occupational Safety and Health; nr, not reported; OCDD, 1,2,3,4,6,7,8,9–octachlorodibenzo-*p*-dixin; PCB, polychlorinated biphenyl; PCDD, polychlorinated dibenzo-*p*-dixin; PCF, pentachlorodibenzofuran; RH, Ranch Hand; TCDD, 2,3,7,8-tetrachlorodibenzo-*p*-dixin; TEF, toxicity equivalency factor for individual congener; TEQ, toxicity equivalent quotient.

Update of the Epidemiologic Literature

The practice of evaluating the evidence for hypertension separately from that for other circulatory diseases, established in *Update 2006*, is continued in this update.

Hypertension

No new Vietnam-veteran or occupational studies addressing hypertension have been published since *Update 2006*.

Environmental Studies Consonni and colleagues (2008) reported the 25-year mortality follow-up on people exposed to dioxin accidently in Seveso, Italy. The area surrounding the point of release has been divided into Zones A, B, and R in descending order of soil contamination. For analysis, deaths were allocated to each individual's zone of residence at the time of the incident. The aggregate experience of these residents was compared to that of residents in surrounding localities. The rate ratios for mortality from hypertension were 2.2 (95%)

CI 0.9–5.2), 0.7 (95% CI 0.4–1.3), and 1.2 (95% CI 1.0–1.4) for the zones ranked from highest to lowest exposure and adjusted for gender, age, and period (5-year intervals for time of death).

Several papers reported on association between blood levels of organic pollutants and the prevalence of hypertension in the ongoing National Health and Nutrition Examination Survey (NHANES). The NHANES data are collected from probability samples of the non-institutionalized US population.

Lee et al. (2007b) studied the association between blood levels of dioxins, furans, and coplanar PCBs and aspects of metabolic syndrome in a random one-third sample of people at least 20 years old from the 1999-2002 NHANES survey. The five defining components of the metabolic syndrome included elevated blood pressure (blood pressure above 135/85 mmHg or use of antihypertensive medication). Of the 49 persistent organic pollutants measured in the survey, the 19 analytes studied in detail were selected because at least 60% of the study subjects had concentrations greater than the limit of detection of the analytic method; they included three PCDDs, four dioxin-like PCBs, five non-dioxin-like PCBs, three PCDFs, and four organochlorine pesticides. Those with combined levels of the three PCDDs at or above the 75th percentile had a 70% higher odds of having elevated blood pressure (OR = 1.7, 95% CI 1.0–3.1) compared to those with levels below the 25th percentile after adjusting for age, sex, race, income, cigarette smoking, serum cotinine, alcohol consumption, and exercise. Those with high levels of the three PCDFs also had a higher prevalence of elevated blood pressure (OR = 1.9, 95% CI 1.2-3.3), but those with high levels the four dioxin-like PCBs did not show a significant elevation (OR = 1.4, 95% CI 0.8-2.7). When the individual analytes were examined, only 1,2,3,4,6,7,8-HpCDD and 1,2,3,4,7,8-HxCDF were associated with elevated blood pressure (OR = 2.6, 95%CI 1.3–5.0; OR = 2.3, 95% CI 1.3–4.0; respectively), while other analytes of these classes with higher dioxin-like toxicity were not (i.e., 1,2,3,6,7,8-HxCDD and 2,3,4,7,8-HxCDF). Of the four PCBs with dioxin-like toxicity, only high levels of PC-118 and PCB-126 were associated with elevated blood pressure (OR = 1.8, 95% CI 1.0–3.5; OR = 2.1, 95% CI 1.2–3.7, respectively). There were no associations between blood pressure and any of the five non-dioxin-like PCBs or four other organochlorine pesticides assessed. The analytic approach makes these data difficult to interpret with respect to the effects of dioxin on blood pressure. The data were analyzed according to their distribution in the sample not on the basis of their actual measured concentration. This makes null associations difficult to interpret, because, for a given analyte, a reading in high range of the distribution may still be too low to cause the outcome of interest. This is particularly relevant for assessing dioxin-like activity question because the individual chemicals have estimates of dioxin-like activity (TEFs) that range over several orders of magnitude.

Everett et al. (2008a) also analyzed the data from individuals who were at least 20 years old from a one-third, stratified subsample of the 1999-2002 NHANES survey. They focused on 11 PCBs and their relationship with hypertension defined on the basis of a physician diagnosis, the use of antihypertensive medications, or a blood pressure above 140/90 mmHg. Of the 11 PCBs, four had dioxin-like toxicity (PCB–169, PCB–126, PCB–118, and PCB–156). The distribution of serum levels for each PCB was partitioned into three ranges, of which the lowest was used as the referent group for those with intermediate and high readings. The cutpoints for "high" levels of these substances were defined as those that provided 95% sensitivity for identifying prevalent hypertension cases. The explanation of how a cutpoint for "low" readings was determined is problematic, because it is said to have minimized *both* false positives and false negatives for hypertension, which cannot be done simultaneously. In addition, selection of cut-points that

depends on the outcome measure could lead to invalid statistical inference by over-stating the statistical significance. Estimation of odd ratios was adjusted for age, gender, race-ethnicity, smoking status, BMI, exercise, total cholesterol, and family history of heart attack.

For the 1999-2002 NHANES data analyzed in Everett et al. (2008a), both intermediate and high levels of all four dioxin-like PCBs were associated with prevalent hypertension incomparision to the low-level group, but the associations were only statistically significant for the high levels of PCB–126 and PCB–118 (OR = 2.4, 95% CI 1.5–4.0; OR = 2.3; 95% CI 1.3–4.1, respectively). It should be noted, however, that high levels of five of the seven PCBs without dioxin-like activity were also found to be significantly associated with hypertension. The lack of specificity of the association is suggests that there may be a non-specific PCB effect on hypertension, rather than one linked specifically to dioxin-like activity. A general PCB effect would not further our understanding of the health effects of Agent Orange because PCBs were not a known contaminant of Agent Orange.

Everett et al. (2008b) reported the results obtained when analyses using the methods described in Everett et al., (2008a) were repeated including an additional 2 years' worth of data. In the committee's evidentiary database, these more comprehensive results for the 6 years 1999–2004 (presented in Table 9-5) subsume those reported in Everett et al. (2008a), which are given in the text above for comparison. The new findings did not show any great perturbations from the findings for 1999–2004, but the ORs for the higher levels of each congener tended to decrease slightly. The two of the four dioxin-like PCBs that had shown significant association with hypertension remained so; for five of the seven non-dioxin-like congeners that had been significantly associated for the years 1999–2002, however, only one remained so when the additional data was included. This reduces somewhat the concern expressed above in conjunction with the findings for 1999–2002.

Karouna-Renier et al. (2007) gathered health and exposure histories and measured serum concentrations of 17 PCDD/F congeners for 47 potentially exposed individuals at a Superfund site in Pensacola, Florida, contaminated with dioxins and furans. The study sample was selected in a non-systematic fashion from among former workers, their family, and residents. Doseresponse was investigated by logistic analysis of the prevalence of several health problems in terms of TEQs, adjusted for age, race, sex, BMI, tobacco and alcohol use, and worker status. A significant association was reported between TEQ and the occurrence of hypertension (OR = 1.1, 95% CI 1.1–1.2 [an error is likely because the published OR and lower confidence limit were identical to three decimal places]), defined by self-report, use of prescribed mediation, or two readings of systolic blood pressure greater than 140 mm Hg or diastolic blood pressure greater than 90 mm Hg.

Other Reviewed Studies Wang et al. (2008) reported on the 24-year follow-up of the Yucheng cohort from Taiwan. This cohort was exposed to high levels of PCBs and PCDFs (some congeners of both have dioxin-like activity) through contaminated rice oil. Cohort members were matched to a non-exposed referent population matched on age, gender, and neighborhood. In both men and women, there was no association between being in the Yucheng cohort and the risk of hypertension. This study also contrasted the lifetime prevalence of several medical conditions on the basis of whether the Yucheng cohort member had a history of choracne. The risk of hypertension was not elevated in men (OR = 0.6, 95% CI 0.3-1.1) who had chloracne in comparison to cohort members who had not developed chloracne, whereas it was significantly increased for the women with chloracne (OR = 3.5, 95% CI 1.7-7.2); the risks for

those with chloracne versus the referent population would be still more extreme. The results of this study were not reported in terms of dioxin-like activity, so they do not contribute directly to the evidence considered for Vietnam veterans; however, in light of the well-know association between chloracne and AHR activation and dioxin-like activity, they are consistent with exposure to the chemicals of interest being associated with the development of hypertension in women.

Circulatory Disorders

Vietnam-Veteran Studies.....Cypel and Kang (2008) analyze mortality patterns among female Vietnam-era veterans. They linked service files with the master death file form the Social Services Administration and the Department of Veterans Affairs Beneficiary Identification and Records Locator subsystem to determine vital status as of December 31, 2004. Women veterans serving in Vietnam had lower rates of mortality from circulatory system diseases than women veterans who had not served in Vietnam after adjusting for duration of military service, age, and race (RR = 0.78, 95% CI 0.6-1.0). The authors considered the subset of veterans who were nurses based on the premise that this group was likely to have been closer to the conflict than women with other job classifications. The results were unchanged when only the morality experience of nurses was considered. These results say little about the potential relationship between dioxin and vascular disease. Circulatory system diseases as an underlying cause of death represent a heterogeneous collection of clinical entities with differing constellations of causes and clinical presentation. This heterogeneity may lead to the masking of important health effects if not all of the disease entities are related to the exposure of interest. Furthermore, the fact of service in Vietnam says very little about actual exposures to the chemicals of interest. Therefore, the findings cannot be considered to be either contradictory to or confirmatory of the hypothesis that Agent Orange exposure causes increases in the occurrence of a specific circulatory disease.

Occupational Studies.....Peclová and colleagues (2007) assessed vascular function in men who were occupationally exposed to very high levels of TCDD while working in the Spolana plant in Noeratovice, Czech Republic from 1965–1968. In 2004, the authors examined 15 of the exposed workers. Of the 15 workers, nine had hypertension and five had a history of heart attack. The 15 workers were compared to 14 healthy male health-care workers with no history of occupational exposure to TCDD. Compared to the controls, the exposed workers had lower skin microvascular reactivity in response to a flow-mediated or thermal stimulus. These data are difficult to interpret with respect to the health effects of TCDD. It is unclear how the case-series was selected and therefore it is unclear the degree which the participants are representative of all still-living workers especially with respect to their chronic disease burden. Since the exposed group had a large number of metabolic and comorbid conditions of which the control group was largely free the effects of disease could not be separated from the effects of TCDD. Finally, the relationship between microvascular reactivity and thermal reactivity and clinical cardiovascular events is unclear. While flow mediated reactivity of brachial artery can predict future clinical disease (Yeboah et al., 2007) the predictive value of the particular measures used in this study has not been demonstrated.

Environmental Studies.....Ha et al. (2007) reported on the cross-sectional association between prevalent cardiovascular disease (CVD) and blood levels of PCDDs, PCDFs, dioxin-like PCBs, nondioxin-like PCBs, and organochlorine pesticides in the 1999-2002 NHANES survey. The authors studied 21 substances for which at least 60% of the sample had levels above the analytic method's lower detection limit. Participants were classified as having CVD if they reported a physician's diagnosis of coronary heart disease, angina, heart attack, or stroke. Participants with diabetes were excluded from the analysis. There were 108 CVD cases among the 899 persons included in the analysis. Results were reported separately for men and women. Among men, there were no statistically significant associations between exposure to any of the five categories of pollutants and CVD, but for PCDDs, dioxin-like PCBs, and non-dioxin like PCBs, the odds ratios of prevalent CVD were elevated across all categories of exposure in comparison to the 25th percentile. In women, the adjusted odds ratios contrasting the prevalence of CVD for those with serum levels above the 75th percentile to those below the 25th percentile were: 5.0 (95% CI 1.2– 20.4), 3.8 (95% CI 1.1–2.8), and 4.0 (95% CI 1.0–17.1), for dioxin-like PCBs, nondioxin-like PCBs, and OC pesticides respectively, with significant trends over quartiles for each of these chemical categories (p < 0.01, p = 0.02, and p = 0.03, respectively). The elevation in CVD risk for the highest quartile of PCDD levels was not significant (OR = 2.0, 95% CI 0.7-6.4). The authors also presented data for the three specific TCDDs that were used to form the composite TCDD score (1,2,3,6,7,8-HxCDD, 1,2,3,4,6,7,8-HpCDD, and 1,2,3,4,6,7,8,9-OCDD). In both men and women, there was a dose-reponse between CVD prevalence and HxCDD (p = 0.04 for both genders), but not for HpCDD or OCDD. Individual PCBs were only examined in women. Three of five dioxin-like PCBs, three of six nondioxin-like PCBs, and three of four organochlorine pesticides showed dose-reponse associations with CVD prevalence. It is intriguing that the PCDD with the strongest dioxin activity was associated with CVD prevalence. However, as discussed above in reference to the articles by Lee et al. (2007b) and Everett et al. (2007), the lack of actual measured concentration and the lack of specific effect diminish the value of these data in clarifying the role of Agent Orange on CVD risk.

Consonni and colleagues (2008) reported several circulatory mortality outcomes in their analysis of the 25-year mortality of the Seveso cohort. In addition to hypertension deaths (see above), they examined chronic rheumatic heart disease, ischemic heart disease, and cerebrovascular disease deaths all of which fall under the ICD-9 rubric of circulatory disease. Compared to residents in surrounding localities, residents of the most highly exposed zone (Zone A) had an increased risk of mortality from chronic rheumatic heart disease (RR = 5.7, 95% CI 1.8–18.0), but not from ischemic heart disease (RR = 0.9, 95% CI 0.5-1.4) or cerebrovascular (primarily stroke) disease (RR = 0.9, 95% CI 0.5–1.6). Residents of the intermediate exposure zone (Zone B) only showed evidence of a borderline increase in the risk of cerebrovascular disease (RR = 1.2, 95% CI 1.0–1.5), and residents in the least exposed zone (Zone R) had an elevated risk of cerebrovascular disease (RR = 1.1, 95% CI 1.0–1.2), and a borderline elevation in the risk of ischemic heart disease (RR = 1.06, 95% CI 0.98–1.14). The authors examined the mortality patterns by 5-year intervals after the accidental dioxin release combining deaths from all circulatory diseases. The elevation in risk in zone A was restricted to the first 10 years of follow-up. For residents of zone B, there was no post-accident interval in which risk was significantly elevated. For residents in Zone R, all intervals showed an elevation in risk except for the 15–19 post accident interval but the associations were only significant in the 0–4 and 10–

14 post-accident intervals. However, the precision of the estimates are such that data are consistent with a small risk elevation across all study intervals.

Goncharov et al. (2008) investigated the relationships between PCBs and pesticides to serum lipids and self-reported cardiovascular disease in 335 adult Akwesasne Mohawks. The authors used factor analysis to create a latent variable representing PCB levels and found that this variable was related to CVD prevalence but that the association was confounded by age and either confounded by or mediated by serum lipid levels. The lists of congeners examined included PCBs both with and without dioxin-like activity, and all were associated to a similar extent with the created underlying latent variable. This detailed statistical modeling effort does not have direct utility for interpreting the health risks associated with Agent Orange exposure.

Other Reviewed Studies Wang et al. (2008) reported on the 24-year follow-up of the Yucheng cohort from Taiwan. This cohort was exposed to high levels of PCBs and PCDFs (some congeners of both have dioxin-like activity) through contaminated rice oil. Cohort members were matched to a non-exposed referent population matched on age, gender, and neighborhood. In both men and women, there was no association between being in the Yucheng cohort and the risk of cardiovascular disease. This study also contrasted the lifetime prevalence of several medical conditions on the basis of whether the Yucheng cohort member had a history of chloracne. The risk of cardiovascular disease was not elevated in men (OR = 0.9, 95% CI 0.4– 2.2) who had chloracne in comparison to cohort members who had not developed chloracne. It was, however, significantly increased for the women with chloracne (OR = 3.0, 95% CI 1.5–8.6); the risks for women with chloracne versus the referent population would be still more extreme. The results of this study were not reported in terms of dioxin-like activity, so they do not contribute directly to the evidence considered for Vietnam veterans; however, in light of the well-know association between chloracne and AHR activation and dioxin-like activity, they are consistent with exposure to the chemicals of interest being associated with the development of cardiovascular disease in women.

Biologic Plausibility

It is well established that the vasculature is a target of TCDD toxicity, which leads to significant increases in oxidative stress and induces major changes in gene expression regulating numerous signaling pathways (Puga et al., 2004). There is also growing evidence from a variety of experimental models that TCDD induces or promotes cardiovascular disease in adult animals. For example, chronic exposure of the ApoE knockout mouse to TCDD increased the incidence, severity, and progression of atherosclerotic plaques (Dalton et al., 2001), and rats chronically exposed to TCDD exhibited significant arterial remodeling characterized by endothelial cell hypertrophy, extensive smooth muscle cell proliferation, and inflammation (Jokinen et al., 2003). The rats in this study also showed a dose-related increase in cardiomyopathy. Other studies have shown that TCDD exposure increased myocardial fibrosis (Riecke et al., 2002) and led to cardiac hypertrophy and alteration in control of heart rhythm (Lin et al., 2001; Thackaberry et al., 2005). In one study, acute exposure of mice to a relatively high dose of TCDD significantly increased the release of vasoconstricting eicosanoids and induced hypertension (Dalton et al., 2001). Similarly, constitutive activation of the AHR results in disruption of cardiovascular homeostasis, as shown in transgenic mice expressing a constitutively active AHR that develop an age-

progressive cardiac hypertrophy (Brunnberg et al., 2006). Those data demonstrate that activation of the AHR, endogenously or by xenobiotics, induces cardiovascular injury and leads to cardiovascular disease in animal models.

Recently, the role of the AHR in normal cardiovascular function in adult animals has been established with studies of AHR-null mice. The animals develop hypertension, cardiac hypertrophy, and reduction in cardiac function with age; hence, the AHR has a role in cardiovascular function (Lund et al., 2003, 2005, 2006, 2008; Thackaberry et al., 2003; Vasquez et al., 2003). That both the sustained activation of the AHR by TCDD and the genetic deletion of the AHR result in cardiovascular disease suggests that the AHR acts to maintain the physiologic balance of the cardiovascular system and that either its excessive activation or its insufficient activation disrupts this homeostasis.

In the present literature review, an additional study was reported that supports the view that AHR activation may play a role in vascular disease, and presumably ischemic heart disease. The fact that the AHF receptor appears to modulate the blood pressure conditional on the partial pressure of oxygen (Lund et al, 2008) is evidence of the relevance of this system to the development of hypertension. Ichihara et al. (2007) found that AHR null mice had increased vascular endothelial growth factor (VEGF) activity and angiogenesis compared to wild type control C57BL/6 mice in a femoral artery occlusion model. The theory is that AHR binds to the AHR nuclear translocator (ARNT) protein leading to a decrease in the normal physiologic response to ischemia/hypoxia leading to the induction hypoxia inducible factor1-alpha (HIF1 α), binding to ARNT, and activation of VEGF. Thus, there seems to be a consistent effect of AHR and presumably TCDD on signaling pathways that are known risk factors for ischemic heart disease.

Direct evidence for a vascular effect of TCDD on liver endothelial cells and sinusoids was reported in primates 4 years after subcutaneous injection of TCDD (Korenaga et al., 2007). There was no mention of heart vascular effects in these studies.

The committee felt that the risk factors for ischemic heart disease make it difficult to separate the anti-angiogenic effects of TCDD from the glucose and lipid metabolism effects that lead to an increase in atherosclerosis, a known risk factor for ischemic heart disease. TCDD and a related PCB-77 were found to increase adipocyte differentiation and adipokine production in 3T3-L1 adipocytes (Arsenescu et al., 2008). These investigators also found that AHR null mice and ApoE null C57/BL/6 mice demonstrated an increase in body weight, serum dyslipidemia, and augmented atherosclerosis. In human vascular endothelial cells, Dabir et al. (2008) found that glucose activates an AHR-associated thrombospondin-1 signaling pathway that is known to have anti-angiogenic and proatherosclerotic activities. Finally, AHR null mice have been shown to have increased angiotensin II production leading to hypertension (Lund et al., 2003); in the present review of the literature, it was shown that this may be associated with alpha1D-adrenoreceptor expression (Villalobos-Molina et al., 2008). Thus, based upon animal models, there appear to be several overlapping and potentially contributing pathways that may interlink AHR activation, TCDD effects, and cardiovascular disease.

Synthesis

In this section, the committee synthesizes information on circulatory disorders from the new studies described above and reconsiders studies that were reviewed in prior updates. Because

circulatory diseases constitute a broad group of diverse conditions, hypertension and ischemic heart disease are discussed separately from other circulatory diseases so that the new studies can be adequately synthesized and integrated with the earlier studies.

Hypertension

Hypertension, typically defined as blood pressure above 140/90 mmHg, affects more than 70 million adult Americans and is a major risk factor for coronary heart disease, myocardial infarction, stroke, and heart and renal failure. The major quantifiable risk factors for hypertension are well established and include age, race, BMI or percentage body fat, and diabetes; the strongest conclusions regarding a potential increase in the incidence of hypertension come from studies that have controlled for these risk factors. The committee for *Update 2006* judged that there was limited or suggestive evidence that Agent Orange exposure is associated with hypertension. The new studies published since *Update 2006* are consistent with this conclusion.

The data from the NHANES survey are broadly consistent with the effect. NHANES is cross-sectional study, a design that is prone to selection biases that may distort the true association between exposure and disease. There is also a concern that reported associations are not limited only to compounds that have dioxin-like activity nor in strict correspondence with TEFs. For example, in the analyses of Everett et al. (2008a,b), the data for 1999–2002 gave the strongest association for the compound with the greatest dioxin-like activity (PCB-126, TEF = 0.1), also showed statistically significant associations with four non-dioxin-like PCBs; with the more extensive data for 1999-2004, however, the elevated risks for the four non-dioxin-like PCBs no longer were significant, but the theoretically less potent PCB-118 (TEF = 0.0001) now had the strongest association (while their 95% convidence intervals did remained effectively equivalent). The new data from Karouna-Renier et al (2007) is from a small survey in a problematic sample and so the association is difficult to interpret. The increased lifetime prevalence of hypertension in women in the Yucheng cohort who had developed chloracne provides support of the link between doxin-like compounds and hypertension, but this support is diminished by the failure to observe an association in men with chloracne. There is no clear explanation of the gender difference in the findings, but there may be a lower threshold for the development of hypertension in men. However, it is important that those with chloracne were compared to other (presumably) less exposed persons, not to an unexposed reference cohort. The cohort experienced a good deal of loss to follow-up, so selection bias cannot be ruled out as a potential explanation of the disparate results. The data from Consonni et al. (2008) again are generally supportive, although there was little ability to control for potentially important confounders. Furthermore, the association was between exposure zone and deaths from hypertension. In the United States, hypertension while a very prevalent condition is fairly rarely identified as an underlying cause of death. Most often death is ascribed to clinical conditions caused by hypertension (e.g., stroke). Given this, the degree of correspondence between death from hypertension and the occurrence of hypertension in the exposed populations is unclear.

Ischemic Heart Disease

Circulatory diseases constitute a group of diverse conditions—of which hypertension, coronary heart disease, and stroke are the most prevalent—that account for 75% of mortality from circulatory diseases in the United States. The major quantifiable risk factors for circulatory diseases are similar to those for hypertension and include age, race, smoking, serum cholesterol, BMI or percentage of body fat, and diabetes.

The committee responsible for *Update 2006* was divided on the relative weight to be given to the weaknesses of the heart disease studies and thus remained divided in their judgments as to whether the evidence related to ischemic heart disease (ICD-9 410–414) and exposure to the compounds of interest was adequately informative to advance this health outcome from the "inadequate or insufficient" category into the "limited or suggestive" category. The additional data since *Update 2006* are the report from Ha et al. (2007) on the NHANES data and from Consonni et al. (2008) on the update of the Seveso experience.

The interpretation of the NHANES study data is complicated by the same factors that compromise the interpretation of the data with respect to hypertension (e.g., the data are from a cross-sectional survey). There seems to be a somewhat more specific effect of dioxin-related compounds and CVD prevalence than the relationships seen for hypertension. Furthermore, the association persisted after statistical adjustment for a large number of potential confounding risk factors that are not generally available in other dioxin-exposed populations.

The data from Seveso do not show a dose-response pattern between residence and mortality from ischemic heart disease in that the residential zone with the lowest exposure was the only zone to show a statistically significant increase in the risk of mortality. However, the elevation was slight (10% excess), and there is a potential for unmeasured confounders to account for this relationship. Consonni et al. (2008) also reported an association with cerebrovascular disease mortality for the intermediate and low exposure zones. The imprecision of the effect estimate for the high exposure zone was such that the results from that zone do not rule out a small to moderate increase in mortality risk. Again, the overall mortality elevation is small (10–20%) and important confounders were not measured, so the Seveso data do no constitute a firm finding regarding dioxins role and stroke risk.

In light of the inability of the committee for Update 2006 to reach consensus, the current committee revisited entire body of evidence relating TCDD exposure to heart disease risk. More confidence was given to studies that been most rigorously conducted, focused specifically on the chemicals of concern, compared Vietnam veterans to non-deployed era veterans, compared Vietnam veterans to non-deployed era veterans, had individual and reliable measures of exposure that permit evaluation of dose-response, etc. Evidence of a dose-response is especially helpful in the interpretation of epidemiologic data. In the context of the TCDD literature, this is reflected in studies in which the disease experience of individuals whose exposure to TCDD or related compounds (documented in terms of serum levels) was compared to that of other individuals whose exposure was similarly documented to have been low. In situations where several alternative analyses were presented, the information from the analyses with the greatest specificity in the dose-response relationship was given more weight. Nine studies provided such information (AFHS, 2005; Calvert et al., 1998; Consonni et al., 2008; Flesch-Janys, 1997/1998; Ha et al., 2007; Hooiveld et al., 1998; Kang et al., 2006; Steenland et al., 1999; Vena et al., 1998). The IARC cohort (Vena et al., 1998) is composed of several occupational cohorts that have been studied individually, including three that are also considered individually here because

of their information on serum TCDD levels: the American NIOSH cohort (Steenland et al., 1999), a German cohort (Flesch-Janys, 1997/1998), and a Dutch cohort (Hooiveld et al., 1998). Six of these reports show strong and statistically significant associations with ischemic heart disease (odds ratios or relative risks ranging from 1.4 to 2.8). These studies include AO sprayers, occupationally exposed populations, and environmentally exposed populations, and were either prevalence surveys or mortality follow-up studies. Because of small numbers, the studies that did not report statistically significant associations did not rule out modest elevations in ischemic heart disease risk in those with the greatest evidence of exposure. The committee was impressed by the fact that those studies with the best dose information all showed evidence for risk elevations in the highest exposure categories.

Each of these studies has potential limitations. For example, the cross-sectional surveys typically have better measurements of potential confounders, but their design allows for important selection biases. The mortality studies are longitudinal, but fatal cases may not represent all incident cases resulting in potential bias in outcome ascertainment. In addition, the mortality studies have limited data on potential disease confounders. However, for a potential confounder to completely explain an observed association, the strength of the confounder's association with the outcome of interest must be stronger than that observed for the exposure under consideration (Rothman and Greenland, 1998). The strongest potential confounder is age, but this was controlled in most of the mortality studies. Body mass index is an important potential uncontrolled confounder, but its association with CVD mortality is not strong enough to explain away the high relative risks. Although serum levels of dioxin-like chemicals do tend to increase with age and BMI in the general population, one would anticipate that half-life decay of the extreme occupational exposures would exceed accumulation attributable to ongoing background exposure. Cigarette smoking is a risk factor for CVD, but for it to be a confounder there would have be a very strong correlation between smoking and dioxin exposure, which is extremely unlikely to have been the situation in every study. Empirical research also indicates that confounding by smoking could not explain relative risks above 1.4 (Siemiatycki et al., 1988).

Previous committees have found that there is limited or suggestive evidence for an association between Agent Orange and both diabetes and hypertension, conclusions with which the current committee concurred. The current committee considered that both conditions are strong risk factors for ischemic heart disease, and there are many epidemiologic studies that show a dose-response relationship between dioxin and ischemic heart disease.

Finally, toxicologic data support the biologic plausibility of an association between TCDD exposure and vascular disease.

Other Circulatory Disease

Data from Consonni et al. (2008) indicate a relationship between residence in a locality with high dioxin exposure and mortality from chronic rheumatic heart disease. The basis of this association is unclear and given that this is a single finding from a study of disease mortality rather than incidence and without the control for potentially important confounders, there is little basis for a conclusion regarding Agent Orange's effect on this outcome.

Conclusion

Following extensive deliberations regarding the strengths and weaknesses of the new evidence and evidence from studies reviewed in previous VAO reports, the present committee deemed that the strengths of the evidence related to hypertension out weighed the weaknesses and concluded that there is limited or suggestive evidence of an association between exposure to the compounds of interest and hypertension (ICD-9 401–405), but that issues of chance, bias, and confounding could not be ruled out entirely. After consideration of the relative strengths and weaknesses of the evidence regarding ischemic heart disease (ICD-9 410–414) and compounds of interest, which includes a number of studies showing a strong dose-response relationship and good toxicologic data demonstrating biologic plausibility, the committee judged that literature was adequately informative to advance this health outcome from the "inadequate or insufficient" category into the "limited or suggestive" category, again acknowledging that issues of bias and confounding could not be ruled out entirely. For all other types of circulatory disease, the committee found that the evidence is inadequate or insufficient to determine whether there is an association with exposure to the compounds of interest.

THYROID HOMEOSTASIS

Clinical disruptions of thyroid function include various disorders grouped in ICD-9 242.8 and 246.8. The thyroid gland secretes the hormones thyroxine (T4) and triiodothyronine (T3), which stimulate and help to regulate metabolism throughout the body. The thyroid also secretes calcitonin, a hormone that controls calcium concentration in the blood and storage of calcium in bones. Secretion of T4 and T3 is under the control of thyroid-stimulating hormone (TSH), which is secreted by the anterior pituitary gland. Iodine operates in thyroid physiology both as a constituent of thyroid hormones and as a regulator of glandular function. Control of circulating concentrations of those hormones is regulated primarily by a negative-feedback pathway that involves three organs: the thyroid, the pituitary, and the hypothalamus. In the hypothalamus–pituitary–thyroid feedback scheme, the hypothalamus releases thyrotropin-releasing hormone (TRH), which stimulates the pituitary to produce TSH, which triggers the thyroid to produce T4 and T3. Cells in the hypothalamus and pituitary respond to concentrations of circulating T4 and T3 are low, the pituitary is stimulated to deliver more TSH to the thyroid, which increases T4 and T3 output. When circulating T4 and T3 are high, they signal to reduce the output of TRH and TSH. This negative-feedback loop maintains hormone homeostasis.

Disruption of thyroid homeostasis can be stimulatory (hyperthyroidism) or suppressive (hypothyroidism). Both conditions are diagnosed by analysis of blood concentrations of thyroid hormones, TSH, and other proteins (anti-thyroid antibodies). The prevalence of thyroid dysfunction among adults in the general population ranges from 1 to 10%, depending on the group, the testing setting, sex, age, method of assessment, and the presence of conditions that might affect thyroid function. People with subclinical (biochemical) conditions may or may not show other evidence (signs or symptoms) of thyroid dysfunction.

In *hypothyroidism*, the body lacks sufficient thyroid hormone. Overt hypothyroidism is seen as a high serum concentration of TSH and a low serum concentration of free T4. Subclinical hypothyroidism is defined as a high serum concentration of TSH and a normal serum concentration of free T4. People with hypothyroidism typically have symptoms of low

metabolism. Studies consistently show that subclinical hypothyroidism is common and occurs more frequently in women than in men (Canaris et al., 2000; Hollowell et al., 2002; Sawin et al., 1985). In the Framingham study, for example, among 2,139 people 60 years old or older, 14% of women and 6% of men had subclinical hypothyroidism (Sawin et al., 1985). Subclinical hypothyroidism is a risk factor for overt hypothyroidism. Studies have reported an association of hypothyroidism with a wide variety of other conditions.

The term *hyperthyroidism* may involve any disease that results in overabundance of thyroid hormone. Clinical or overt hyperthyroidism is characterized as a low serum concentration of TSH and high serum concentration of free T4. Subclinical hyperthyroidism is defined as a low serum concentration of TSH and a normal serum concentration of free T4. The prevalence of subclinical hyperthyroidism was estimated at about 1% in men and 1.5% in women over 60 years old (Helfand and Redfern, 1998). Conditions associated with hyperthyroidism include Graves disease and diffuse toxic goiter. Like hypothyroidism, hyperthyroidism is more common in women than in men, and, although it occurs at all ages, it is most likely to occur in people more than 15 years old. A form of hyperthyroidism called neonatal Graves disease occurs in infants born of mothers who have Graves disease. Occult hyperthyroidism may occur in patients more than 65 years old and is characterized by a distinct lack of typical symptoms.

It is important to distinguish between potential effects on adults and effects that may occur during development. In adults, the thyroid gland is able, within reason, to compensate for mild or moderate disruption (such as that caused by hyperplasia or goiter). In contrast, the fetus is highly sensitive to alterations in thyroid hormones, and alterations in thyroid homeostasis can hamper the development of many organ systems, including the nervous and reproductive systems. Both adult and developmental outcomes are considered here.

Summary of Updates

The thyrotoxic potential of the compounds of interest was addressed first in *Update 2002* (IOM, 2003). Although several studies have found an association between dioxin-like congeners and markers of thyroid homeostasis, there have been no studies that document an elevated risk of thyroid disease among veterans of the Vietnam War. The committee responsible for *Update 2002* concluded that there was inadequate or insufficient information to determine whether there is an association between exposure to the compounds of interest and adverse effects on thyroid homeostasis in Vietnam veterans. The committee for *Update 2004* concurred.

The committee *for Update 2006* reviewed several environmental studies of the relationship between exposure to dioxin-like compounds and thyroid function. Bloom et al. (2006) found a significant inverse relationship between the sum of dioxin-like compounds and the concentration of free T4 in anglers in New York State, but no association between the sum of dioxin-like compounds and TSH. Significant associations were not found in patients with Yusho disease (Nagayama et al., 2001) or women undergoing amniocentesis (Foster et al., 2005). The committee for *Update 2006* noted that the functional importance of those changes remained unclear because adaptive capacity could be adequate to accommodate them and retained the previous committees' conclusion that there was inadequate or insufficient evidence of an association.

Update of the Scientific Literature

No new Vietnam-veteran or occupational studies concerning the compounds of interest and thyroid homeostasis had been published since *Update 2006*.

Environmental Studies

Four studies of environmental exposure to PCB congeners and thyroid function in adults have been published since the last update.

Abdelouahab et al. (2008) reported on a cross-sectional investigation of T3, T4, and thyroidstimulating hormone (TSH) in relation to several serum dioxin-like compounds in adult freshwater fish consumers in two Canadian communities. Fish consumption was measured by self-report. The relationships between fish consumption and serum compound concentrations were adjusted for age, gender, smoking, alcohol consumption, medications, and total lipid concentrations. Analyses were performed with levels of compounds adjusted and unadjusted for lipid concentration to take into account potential TH effects on blood lipid mobilization. Thyroid hormones were within the normal range, and biomarkers of exposure were low compared to other reports on fish consumers. Non-ortho-substituted (dioxin-like) PCBs (PCB 105, 118, 128, 138, and 170) were among the compounds analyzed. In women, a negative association was found between PCB 138 levels and T3, but no association was observed between all dioxin-like congeners combined and T3 or T4 levels. No relationships were observed between T4 and any of the chemicals including the dioxin-like compounds. For men, serum T4 was reported to be inversely related to PCB 138 and dioxin-like congeners (p < 0.05). A positive relationship was found between dioxin-like congeners and TSH (p < 0.001). In men, the serum TSH was highest among those in the highest 50th percentile for dioxin-like PCB congeners. No associations were observed for T3 in men. Serum concentration of the dioxin-like congeners ranged from a 25th percentile of 200 ng/g lipids to a maximum value of 2,810 ng/g lipids. Although these results are based on the sum of dioxin-like compounds, and not TCDD specifically, they augment information that dioxin-like chemicals are associated with changes in some measures of thyroid function, although not to an extent that result in clinically abnormal levels of these hormones.

A second study of adults without thyroid disease in the 1999–2002 NHANES examined the association between T4 and TSH with dioxin-like toxic equivalents (Turyk et al., 2007). PCB, PCDD, and PCDF congeners were examined separately in the serum of this nationally representative sample of the US population. Toxic equivalency factor (TEF) for each PCDD, PCDF, and coplanar PCD and mono-ortho PCB congener were multiplied by the congener's concentration and summed to calculate total TEQs. The total T4 was negatively associated with the serum dioxin-like TEQs in a dose-dependent fashion, with strong associations in women than men. In women, mean T4 was 8.2 μ g/dL and, compared with the lower two quintiles, T4 levels averaged 0.75 μ g/dL lower (95% CI 0.04–1.46) in women in the highest quintile of TEQ exposure. Effects were stronger in individuals greater than 60 years of age.

In this update, there were two reports concerning thyroid function in adults from the polluted district of Michalovce in East Slovakia compared to neighboring, non-polluted communities (Langer et al, 2007a,b). Adults were examined for serum levels of TSH, T4, T3,

antithyroperoxidase antibodies, and 15 PCBs that included five dioxin-like coplanar congeners. In neither report, however, were the analyses broken out for the dioxin-like congeners alone.

This update also includes a study of PCB exposures during pregnancy and thyroid function. Chevier et al. (2008) addressed maternal thyroid function during pregnancy. The dioxin-like congeners 118, 156, 157, 167, 180, and 189 were among 34 PCBs measured in samples collected from 334 pregnant women living in Salinas Valley, California. PCBs 118 and 156 were among the 19 congeners detected in more than 75% of the study participants. After adjustment for demographic covariates, there was no association between concentrations of these two dioxin-like PCB congeners and free thyroxine levels, total tyroxine, or TSH concentrations.

Biologic Plausibility

TCDD has been demonstrated to affect concentrations of T4, T3, and TSH in experimental animals, but the effects appear to be species-dependent, and they lack consistency in demonstrating either definite hyperthyroidism or hypothyroidism after exposure to TCDD. Nevertheless, long-term exposure of animals to TCDD usually results in suppressed T4 and T3 and stimulated TSH. The National Toxicology Program reported that female rats exposed chronically to TCDD showed a follicular-cell hyperplasia and hypertrophy of thyroid follicles.

TCDD influences the metabolism of thyroid hormones and TSH. Notably, the study by Nishimura et al. (2005) confirmed that induction of the glucuronyl transferase UGT1A6, thought to be involved in the reduction in serum thyroid hormone in mice, depends on the AHR. Thus, some dioxin-like PCB congeners (such as PCB-77) can be metabolized to hydroxy derivatives that more closely resemble the structure of T4 and displace it from thyroid-binding proteins, such as transthyretin—a mechanism not likely with TCDD. Not all mechanisms by which chemicals might affect thyroid homeostasis are understood, and dioxin may act on thyroid function via different mechanisms.

Synthesis

Numerous animal experiments and several epidemiologic studies have shown that TCDD and dioxin-like compounds appear to exert some influence on thyroid homeostasis. An occupational study (Johnson et al., 2001) showed an inverse relationship between TCDD concentrations and T3 and TSH concentrations. The association was strongest when historical, but not current, serum TCDD concentrations were considered. In a paper reviewed in *Update 1998*, Zober et al. (1994) examined workers exposed to TCDD in an industrial incident and reported that thyroid disease was increased (p < 0.05) in the exposed population. Other epidemiological studies have found inverse relationships between dioxin-like compounds and thyroid function in environmental exposures (Bloom et al, 2006). In the AFHS study considered in *Update 2004*, Pavuk et al. (2003) reported a trend toward an increasing concentration of TSH that was not accompanied by changes in circulating T4 or T3 in Vietnam veterans. There was no evidence of changes in clinical thyroid disease. While the overall assessment of the studies to date suggestion some variation in thyroid hormone levels in relationship to TCDD exposure, the functional importance of those changes remained unclear because adaptive capacity should be adequate to accommodate them.

Conclusions

There is inadequate or insufficient evidence of an association between exposure to the compounds of interest and clinical or overt adverse effects on thyroid homeostasis. Some effects have been observed in humans, but the functional importance of the changes reported in the studies reviewed remains unclear, because adaptive capacity could be adequate to accommodate them.

SUMMARY

On the basis of the occupational, environmental, and veterans studies reviewed and in light of information concerning biologic plausibility, the committee reached one of four conclusions about the strength of the evidence regarding an association between exposure to the compounds of interest and each of the health effects discussed in this chapter. In categorizing diseases according to the strength of the evidence, the committee applied the same criteria (discussed in Chapter 2) that were used in *VAO*, *Update 1996*, *Update 1998*, *Update 2000*, *Update 2002*, *Update 2004*, and *Update 2006*. To be consistent with the charge to the committee by the Secretary of Veterans Affairs in Public Law 102-4 and with accepted standards of scientific reviews, the distinctions between conclusions are based on statistical association.

Health Outcomes with Sufficient Evidence of an Association

For diseases in this category, a positive association between exposure and outcome must be observed in studies in which chance, bias, and confounding can be ruled out with reasonable confidence. The committee regarded evidence from several small studies that were free of bias and confounding and that showed an association that was consistent in magnitude and direction as sufficient to conclude that there is an association.

The committees responsible for VAO, Update 1996, Update 1998, Update 2000, Update 2002, Update 2004, and Update 2006 concluded that there was sufficient evidence of an association between exposure to at least one compound of interest and chloracne. The scientific literature continues to support the classification of chloracne in the category of sufficient evidence. On the basis of the literature, no additional health effects discussed in this chapter satisfy the criteria necessary for inclusion in this category.

Health Outcomes with Limited or Suggestive Evidence of an Association

For this category, the evidence must suggest an association between exposure and outcome, although it can be limited because chance, bias, or confounding could not be ruled out with confidence.

The committees responsible for *Update 1996, Update 1998, Update 2000, Update 2002, Update 2004*, and *Update 2006* concluded that there was limited or suggestive evidence of an association between exposure to at least one compound of interest and porphyria cutanea tarda.

The scientific literature continues to support the classification of this disorder in the category of limited or suggestive evidence.

On the basis of its evaluation of available scientific evidence, the committee responsible for *Type 2 Diabetes* concluded that there was limited or suggestive evidence of an association between exposure to at least one compound of interest and type 2 diabetes; the committees responsible for *Update 2000, Update 2002, Update 2004,* and *Update 2006* reached the same conclusion. Evidence reviewed in the present report continues to support that conclusion.

The committee for *Update 2006* added the cardiovascular condition hypertension to the list of health outcomes in the category of limited or suggestive evidence. The present committee reached consensus that another cardiovascular endpoint, ischemic heart disease, belonged in this category.

Health Outcomes with Inadequate or Insufficient Evidence to Determine Whether There Is an Association

The scientific data on many of the health effects reviewed by the present committee were inadequate or insufficient to determine whether there is an association between exposure to the compounds of interest and the health outcomes. For the health effects in this category, the available studies are of insufficient quality, consistency, or statistical power to permit a conclusion regarding the presence or absence of an association. Some studies failed to control for confounding or used inadequate exposure assessment. This category includes nonmalignant respiratory disorders, such as asthma in isolation, pleurisy, pneumonia, and tuberculosis; immune-system disorders (immune suppression and autoimmunity); lipid and lipoprotein disorders; gastrointestinal diseases; digestive diseases; liver toxicity; circulatory disorders (except as qualified above); endometriosis; and disorders of thyroid homeostasis.

Health Outcomes with Limited or Suggestive Evidence of No Association

To classify outcomes in this category, several adequate studies covering the full range of known human exposure must be consistent in not showing a positive association between exposure and outcome at any magnitude of exposure. The studies also must have relatively narrow confidence intervals. A conclusion of "no association" is inevitably limited to the conditions, magnitudes of exposure, and periods of observation covered by the available studies. The possibility of a very small increase in risk at the exposure studied can never be excluded.

The committees responsible for VAO, Update 1996, Update 1998, Update 2000, Update 2002, and Update 2004 concluded that none of the health outcomes discussed in this chapter had limited or suggestive evidence of *no* association with the exposures to the compounds of interest. The most recent scientific evidence continues to support that conclusion.

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CONCLUSIONS AND RECOMMENDATIONS

SYNOPSIS OF COMMITTEE CONCLUSIONS

The present committee weighed the strengths and limitations of the epidemiologic evidence reviewed in this report and in previous *Veterans and Agent Orange* reports. Although the studies published since *Update 2006* are the subject of detailed evaluation in this report, the committee drew its conclusions in the context of the entire body of literature. The contribution of recent publications to the evidentiary database was substantial, but the committee did not weigh them more heavily merely because they were new. Epidemiologic methods and analytic capabilities have improved, but many of the recent studies were also particularly useful for this committee's purpose because they produced results in terms of serum TCDD concentrations or because their findings consisted of observations on the aging population of primary concern, Vietnam veterans. The committee also notes that experimental data related to biologic plausibility of health conditions statistically associated with exposure to the components of Agent Orange has gradually emerged since the beginning of this series of VAO reports. These findings now better inform decisions about how to categorize the degree of association for individual conditions; a footnote to this effect has been added to Table 10–1.

On the basis of its evaluation of veterans, occupational, and environmental studies, the committee assigned each health outcome to one of four categories of relative certainty of association with exposure to the herbicides that were used in Vietnam or to any of their components or contaminants (with no intention of specifying a particular chemical). Changes to the categorizations that were determined in *Update 2006*, which were presented in Table 1-1 of the introductory chapter to this update, are noted in bold in Table 10-1.

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TABLE 10–1 Summary from *Seventh Biennial Update* of Findings in Occupational, Environmental, and Veterans Studies Regarding the Association Between Specific Health Outcomes and Exposure to Herbicides^a

Sufficient Evidence of Association

Epidemiologic evidence is sufficient to conclude that there is a positive association. That is, a positive association has been observed between exposure to herbicides and the outcome in studies in which chance, bias, and confounding could be ruled out with reasonable confidence.^b For example, if several small studies that are free of bias and confounding show an association that is consistent in magnitude and direction, there could be sufficient evidence of an association. There is sufficient evidence of an association between exposure to the chemicals of interest and the following health outcomes:

Soft-tissue sarcoma (including heart) Non-Hodgkin's lymphoma Chronic lymphocytic leukemia (CLL) (including **hairy-cell leukemia and other chronic B-cell leukemias) (category clarification since** *Update 2006*) Hodgkin's disease Chloracne

Limited or Suggestive Evidence of Association

Epidemiologic evidence suggests an association between exposure to herbicides and the outcome, but a firm conclusion is limited because chance, bias, and confounding could not be ruled out with confidence.^b For example, a well-conducted study with strong findings in accord with less compelling results from studies of populations with similar exposures could constitute such evidence. There is limited or suggestive evidence of an association between exposure to the chemicals of interest and the following health outcomes:

Laryngeal cancer Cancer of the lung, bronchus, or trachea Prostate cancer Multiple myeloma AL amyloidosis Early-onset transient peripheral neuropathy Porphyria cutanea tarda **Parkinson's disease (category change from** *Update 2006*) Hypertension **Ischemic Heart Disease (category change from** *Update 2006*) Type 2 diabetes (mellitus) Spina bifida in offspring of exposed people

Inadequate or Insufficient Evidence to Determine Association

The available epidemiologic studies are of insufficient quality, consistency, or statistical power to permit a conclusion regarding the presence or absence of an association. For example, studies fail to control for confounding, have inadequate exposure assessment, or fail to address latency. There is inadequate or insufficient evidence to determine association between exposure to the chemicals of interest and the following health outcomes *that were explicitly reviewed*:

Cancers of the oral cavity (including lips and tongue), pharynx (including tonsils), or nasal cavity (including ears and sinuses)

Cancers of the pleura, mediastinum, and other unspecified sites within the respiratory system and intrathoracic organs Esophageal cancer Stomach cancer Colorectal cancer (including small intestine and anus) Hepatobiliary cancers (liver, gallbladder, and bile ducts) Pancreatic cancer Bone and joint cancer Melanoma Non-melanoma skin cancer (basal cell and squamous cell) Breast cancer Cancers of reproductive organs (cervix, uterus, ovary, testes, and penis; excluding prostate) Urinary bladder cancer

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Renal cancer (kidney and renal pelvis) Cancers of brain and nervous system (including eye) Endocrine cancers (thyroid, thymus, and other endocrine) Leukemia (other than all chronic B-cell leukemias, including CLL and hairy-cell leukemia) Cancers at other and unspecified sites Infertility Spontaneous abortion (other than for paternal exposure to TCDD, which appears *not* to be associated) b^{b} Neonatal or infant death and stillbirth in offspring of exposed people Low birth weight in offspring of exposed people Birth defects (other than spina bifida) in offspring of exposed people Childhood cancer (including acute myelogenous leukemia) in offspring of exposed people Neurobehavioral disorders (cognitive and neuropsychiatric) Neurodegenerative diseases, excluding Parkinson's disease Chronic peripheral nervous system disorders Respiratory disorders (wheeze or asthma, chronic obstructive pulmonary disease, and farmer's lung) Gastrointestinal, metabolic, and digestive disorders (changes in liver enzymes, lipid abnormalities, and ulcers) Immune system disorders (immune suppression, allergy, and autoimmunity) Circulatory disorders (other than hypertension and ischemic heart disease) Endometriosis Effects on thyroid homeostasis

This committee used a classification that spans the full array of cancers. However, reviews for nonmalignant conditions were conducted only if they were found to have been the subjects of epidemiologic investigation or at the request of the Department of Veterans Affairs. *By default, any health outcome on which no epidemiologic information has been found falls into this category.*

Limited or Suggestive Evidence of No Association

Several adequate studies, which cover the full range of human exposure, are consistent in not showing a positive association between any magnitude of exposure to the herbicides of interest and the outcome. A conclusion of "no association" is inevitably limited to the conditions, exposures, and length of observation covered by the available studies. *In addition, the possibility of a very small increase in risk at the exposure studied can never be excluded.* There is limited or suggestive evidence of *no* association between exposure to the herbicides of interest and the following health outcomes:

Spontaneous abortion and paternal exposure to TCDD

^{*a*} *Herbicides* indicates the following chemicals of interest: 2,4-dichlorophenoxyacetic acid (2,4-D), 2,4,5trichlorophenoxyacetic acid (2,4,5-T) and its contaminant 2,3,7,8-tetrachlorodibenzo-*p*-dioxin (TCDD, or dioxin), cacodylic acid, and picloram. The evidence regarding association was drawn from occupational, environmental, and veteran studies in which people were exposed to the herbicides used in Vietnam, to their components, or to their contaminants.

^b Evidence for an association can be strengthened by experimental data supporting biologic plausibility, but its absence would not detract from the epidemiologic evidence.

After considering information related to VA's question about "hairy-cell" leukemia, the committee concluded that not just hairy cell leukemia (like chronic lymphoid leukemia [CLL]), but all chronic B-cell leukemias belong in the category of "sufficient evidence of an association" with Hodgkin's and non-Hodgkin's lymphomas. Because the committee for *Update 2006* could not reach consensus, ischemic heart disease had remained in the category of "inadequate or insufficient evidence to determine an association," but accruing evidence convinced the current committee to move ischemic heart disease move from the category of "inadequate or insufficient evidence of an association" with hypertension. The committee for *Update 2006* had also been unable to reach consensus about whether the evidence for an association with herbicide exposure reach the level of "limited or

suggestive," but the current committee did not find new evidence to justify moving either melanoma or breast cancer out of the category of "inadequate or insufficient evidence." Several pieces of new information specifically about the chemicals of interest led the committee to decide there was now "limited or suggestive" evidence of association for Parkinson's disease.

As mandated by PL 102-4, the distinctions among categories are based on statistical association, not on strict causality. The committee was directed to review the scientific data, not to recommend VA policy; therefore, conclusions reported in Table 10-1 are not intended to imply or suggest policy decisions. The conclusions are related to associations between exposure and outcomes in human populations, not to the likelihood that any individual's health problem is associated with or caused by the herbicides in question.

COMMITTEE RECOMMENDATIONS

As part of its charge, the committee was asked to make recommendations concerning the need, if any, for additional scientific studies to resolve uncertainties concerning the health effects of the chemicals of interest sprayed in Vietnam: 2,4-dichlorophenoxyacetic acid (2,4-D), 2,4,5-trichlorophenoxyacetic acid (2,4,5-T) and its contaminant 2,3,7,8-tetrachlorodibenzo-*p*-dioxin (TCDD), picloram, and cacodylic acid. This chapter summarizes the committee's recommendations.

Although great strides have been made over the last several years in understanding the health effects of exposure to the chemicals of interest and in elucidating the mechanisms underlying them, gaps in our knowledge remain. The scope of potential research on the chemicals is wide, and what follows in this chapter is not an exhaustive listing of future research that might have value. There are many additional opportunities for progress in such subjects as toxicology, exposure assessment, the conduct of continuing or additional epidemiologic studies, and systematic and comprehensive integration of existing data that have not been explicitly noted here. It is the committee's conviction, however, that work needs to be undertaken promptly, particularly to address questions regarding several health outcomes, most urgently tonsil cancer, melanoma, paternally-mediated transgenerational effects, and Parkinson's disease.

• The current definition of *Vietnam service* is not supported by existing data.

The evidence that this committee has reviewed makes a definition of *Vietnam service* limited to those who set foot on Vietnamese soil seem inappropriate. The ongoing series of hearings and appeals in the US Court of Appeals for Veterans Claims (*Haas v. Nicholson*) reflect this controversy. As discussed in Chapter 3, there is little reason to believe that exposure of US military personnel to the herbicides sprayed in Vietnam was limited to those who actually set foot in the Republic of Vietnam. Having reviewed the Australian report (NRCET, 2002) on the fate of TCDD when sea water is distilled to produce drinking water, the committee is convinced that this would provide a feasible route of exposure for personnel in the Blue Water Navy, which might have been supplemented by drift from herbicide spraying.

The epidemiologic evidence itself supports a broader definition of "service in Vietnam" to serve as a surrogate for presumed exposure to Agent Orange or other herbicides sprayed in Vietnam. For instance, the Centers for Disease Control and Prevention (CDC, 1990) study of selected cancers among Vietnam veterans found that the risk of the "classic AO cancer" non-

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Hodgkin's lymphoma was highest and most significant among Blue Water Navy veterans. More recently, the AFHS has demonstrated that TCDD concentrations in Vietnam-era veterans deployed to Southeast Asia, not just the "Vietnam veteran" Ranch Hand subjects, are generally higher than US background concentrations (although notably lower than in Ranch Hand sprayers themselves).

The committee notes that all previous VAO committees evaluating the epidemiologic evidence concerning exposure to the herbicides sprayed in Vietnam and the full spectrum of health outcomes have always considered information from naval Vietnam veterans to pertain to possible Agent Orange exposure. This committee considers that exposure assignment to be appropriate. No new studies considered in this update contained Navy-specific information, but such information has been factored into the evolving conclusions of VAO committees.

Given the available evidence, the committee recommends that members of the Blue Water Navy should not be excluded from the set of Vietnam-era veterans with presumed herbicide exposure.

• VA should evaluate possibilities for studying health outcomes among Vietnam-era veterans by using the existing administrative and health-services databases.

The original *VAO* committee recommended that the Department of Defense (DoD) and VA identify Vietnam service in the computerized index of records. By linking that information with the VA electronic medical-record and associated administrative databases, such as discharge-diagnosis and pharmacy-use records, it should be possible to assemble epidemiologic information on common health conditions for evaluation of possible associations with military service in Vietnam.

Particular attention should be paid to the feasibility of conducting epidemiologic studies of conditions that have been noted to be of special interest but on which the current evidence is inadequate or insufficient to determine whether there is an association with herbicide exposure (such as tonsil and breast cancers, melanoma, amyotrophic lateral sclerosis, lupus, ischemic heart disease, and stroke). For very uncommon health outcomes, a case-control design would probably be most appropriate.

Although applications for compensation and appeals constitute a non-representative, selfselected sample that is influenced by which conditions are already judged to be service-related, an effort to use existing VA information should include a more systematic review of the distribution of health outcomes in the database.

To evaluate whether Vietnam veterans actually have experienced an increase in **tonsil cancer**, the next logical step would be for VA to identify the veterans with tonsil cancer (that are already in the system) and examine the biopsy results to better classify the form (origin) of tonsil cancer. Given the small incidence of this very rare condition, a typical epidemiology study in the general population would not be useful. Determining whether the lymphatic nature of the tonsil plays a role in a substantial proportion of these cancers would guide planning of the next steps for research.

The Neurotoxin Exposure Treatment Program (NETRP) has a portion related to the pathogenesis and etiology of several conditions including PD and has been funded since 1997. Originally, housed at the U.S. Army Military Operational Medicine Research Program (MOMRP), the program has recently moved to the Telemedicine and Advanced Technological Research Center (TATRC) under the U.S. Army Medical Research and Material Command.

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Perhaps coordination with this effort and making available the resources of VA's appeals and medical records would be a productive means of addressing whether an increase risk of **Parkinson's disease** is being manifested among Vietnam veterans.

• Available information should be gleaned from existing cohort studies.

This VAO committee joins the VAO committee for Update 2006 in concurring with the recommendations of the Committee on the Disposition of the Air Force Health Study (IOM, 2006). That committee made strong recommendations regarding the retention of all data from this study and suggested mechanisms by which the data be made available for researchers. We reiterate that committee's statement that "no other epidemiologic dataset on Vietnam veterans contains as detailed information over as long a time period, the data appear to be of high quality and the specimens well preserved, and analysis of the assets has contributed to the literature addressing the health of Vietnam veterans." Congress directed IOM's Medical Follow-up Agency (MFUA) to become custodian of the data and biological specimens in 2006 (Public Law 109-364; 120 Stat. 2290); the specimens are now in storage at the Wright-Patterson Air Force Base under MFUA's aegis. MFUA is currently pursuing the funding that Public Law 110-389, §803 directed the Department of Veterans Affairs to provide to the IOM to maintain and manage the materials and make them available as a resource for future research.. What is required is a strong commitment by the Federal Government to provide sufficient funds to develop the infrastructure necessary to meet the goals of further research using this invaluable database. Moreover, a dedicated funding is required so that focused analyses be carried out by independent investigators, especially as related to the research questions that concerns this committee. This investment is a small fraction of the \$143 million invested to date in the AFHS study. Such research could clarify the various issues and would reap significant benefits in terms of understanding health issues in Vietnam veterans exposed to herbicides. Comprehensive longitudinal analysis using the data collected in the various medical cycle examinations, data on medical interventions (such as hospitalizations and emergency-department visits), cancer incidence, mortality, and other data on exposure could be used profitably to investigate further some of or all the endpoints that may be associated with the exposures under consideration in the present report. The present VAO committee is particularly concerned that a complete analysis be performed on the melanoma findings, because an unambiguous interpretations is not possible based on the papers published to date (Akhtar et al., 2004; Pavuk et al., 2005).

Members of the **Army Chemical Corps** constitute the largest cohort of Vietnam veterans exposed directly to herbicides and TCDD. They were involved in the handling and distribution of the chemicals in Vietnam. Army Chemical Corps veterans who reported spraying herbicides as part of their duties have been demonstrated to have increased serum TCDD concentrations; that more highly exposed population (herbicide sprayers) has also been shown to be at increased risk for several diseases. The population should be the focus of additional study, with new resources devoted to it, because it represents our best opportunity to understand the health effects of exposure to TCDD and the herbicides used in Vietnam.

There are regrettably few data available on the **women who served in Vietnam**. The cohort of nurses studied in Kang et al. (2000) largely exhausted the source population. The mortality study on this population (Cypel and Kang, 2008) reviewed in this update was helpful, but additional follow-up the health status of this group and determining their TCDD levels be worthwhile.

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At the direction of Congress, the **National Vietnam Veterans Readjustment Study** (1986-1988) investigated primarily psychiatric sequellae in a representative cohort of about 1,600 men and women. In 2000, Congress mandated (Public Law 106-419) that the VA assess the current physical and mental wellbeing of the individuals in that cohort. In 2001, VA contracted for the work, named the National Vietnam Veterans Longitudinal Study, but unfortunately progress ceased within two years. The VA Office of Inspector General (2005) ruled that "the Study was not properly, planned, procured, or managed," but directed that the study be completed, making provisions to avoid the previous problems. Because baseline information is available on symptoms and chronic health problems in the original cohort, the committee thinks completion of this study could generate meaningful information for future updates and concurs that serious consideration should be given to restarting the National Vietnam Veterans Longitudinal Study.

Starting in 1978, the National Institute for Occupational Safety and Health (NIOSH) began to study US workers potentially exposed to TCDD. A total of 5,132 workers in 12 large manufacturing companies were included in the cohort. The **NIOSH cohort** has been an extremely valuable source of data in assessing the health effects associated with TCDD exposure. The studies have included high-quality exposure assessment, and evaluations of a wide array of health outcomes have been published. Given its value as an important source of epidemiologic data, the committee recommends that studies of the NIOSH cohort be extended.

Although the committee concluded that there is limited or suggestive evidence that the occurrence of Parkinson's disease is associated with the chemicals of interest, it would still be desirable to investigate whether the apparent inconsistencies in the results for incident and prevalent cases in the **Agricultural Health Study** (Kamel et al., 2007b) could be resolved. The committee recommends that the researchers conducting that ongoing study apply the analytic method described in Copas and Farewell (2008) to this dataset.

The committee also notes that future analyses of health outcomes in those and other important study populations should be as specific as possible because generic findings, such as for "all respiratory outcomes," are not useful in addressing this committee's charge of determining associations of herbicide exposures with specific health conditions.

• Exposure-reconstruction study should be put to use.

The Institute of Medicine's Committee on the Assessment of Wartime Exposure to Herbicides in Vietnam oversaw the development of a herbicide-exposure model for Vietnam veterans (the "Stellman model"), which was described in detail in recent publications (IOM, 2003a,b). The present committee endorses the finding in the recent report (IOM, 2008) of the Committee on Making Best Use of the Agent Orange Reconstruction Model that the model be incorporated into new epidemiologic studies where feasible.

• Studies of the Vietnamese population would be worthwhile.

As discussed in earlier updates, the Vietnamese are an understudied population. Although there are likely to be serious logistical challenges, the many Vietnamese people with substantial exposure constitute a potentially informative study sample. It will be important to include appropriate exposure measures, such as tissue TCDD concentrations, when studying Vietnamese residents. Because such research has the potential to close a number of gaps in understanding of the long-term health consequences of exposure to TCDD and herbicides used in Vietnam, the committee endorses action toward developing collaborative programs of research.

• Possible effects in offspring merit further investigation.

The assessment of any link between exposure of Vietnam veterans to the chemicals of interest and *birth defects or developmental disease* in their offspring presents distinct challenges. The Department of Veterans Affairs (VA) should review all the possible cognitive and developmental effects in offspring of veterans. Such a review should include the possibility of effects in grandchildren, which are of growing concern to veterans and their families. A recent review of the literature and meta-analysis by Ngo et al. (2006) noted a significant association for veterans, who served in Ranch Hand, pointing to the need to examine closely both the biologic plausibility of paternally mediated birth defects and existing epidemiologic evidence. In addition, reviews have focused on epidemiologic studies of data from birth-defect registries or parental reports of birth defects. Those studies often exclude alterations in function that could appear later in a child's life, such as in neurologic function, endocrine function, or reproductive capacity. The findings of the Air Force Health Study (AFHS) on birth defects in veterans' offspring have not yet been (and, if funding is not provided, may never be) formally and systematically integrated and analyzed in a longitudinal fashion.

Most etiologic research has focused on the effects of maternal and fetal exposures, but some work addressing paternal exposures has been discussed in previous reviews. With increasing concern about male reproductive function, increasing numbers of epidemiologic studies of the role of paternal exposures in the risk of birth defects among offspring are being published. This work is particularly relevant in assessing health outcomes in offspring among a largely male service population. The plausibility of birth defects arising from parental exposure, especially from *paternal exposure*, merits a careful review in light of newly hypothesized epigenetic mechanisms (such as heritable forms of gamete imprinting) that might make paternal transmission of a TCDD effect more plausible. The committee recommends that an ad hoc group be established to review current mechanistic studies that could further knowledge of a possible paternally mediated link between exposure to the chemicals of interest and health conditions (including birth defects) among offspring. Given the limited data concerning birth defects among the children of Vietnam veterans, the committee also recommends that the ad hoc group conduct meta-analyses of existing epidemiologic studies of male populations exposed to TCDD, 2,4–D, or 2,4,5–T and the risk of birth defects among offspring.

• Potential emergence of metabolic syndrome should be analyzed.

The committee recognized that, within the study populations reviewed in preparing *Update* 2006, the values of serum components and specific health outcomes may be interrelated, including hypertriglyceridemia, type 2 diabetes mellitus, hypertension, and ischemic heart disease. The first three of those outcomes are key criteria for the diagnosis of metabolic syndrome, and the fourth is a major consequence of it. Thus, the committee recommends that—in addition to analysis of the association of exposure to the chemicals of interest with individual health outcomes—the incidence of multiple health outcomes that define metabolic syndrome should be analyzed as a group.

• There is a need for new animal models to elucidate mechanisms of diseases and disease progression.

The committee believes that experimental research in the mechanisms that underlie human health outcomes (particularly cardiovascular disease and transgenerational effects) could provide

CHAPTER 10: CONCLUSIONS AND RECOMMENDATIONS

valuable information related to the risk of disease in Vietnam veterans. The central role of the aryl hydrocarbon receptor (AHR) in animal models is clear, and AHR gene differences in animals clearly affect susceptibility to the effects of TCDD. Although work to date on the AHR in humans has been sparse, variations in this specific genetic factor alone are likely to affect human susceptibility to the toxic effects of TCDD, other dioxin-like chemicals, and herbicide formulations containing these chemicals. In addition, recent research makes clear that variations in the genetic regulation of the expression or activity of other factors, including proteins that interact with the AHR and the gene products that are regulated by the AHR, are critical in determining susceptibility to the effects of TCDD and the types of toxic effects observed. Studies addressing the identification, distribution, and functional consequences of polymorphisms of the AHR and the other cofactors in human populations should be pursued. The committee anticipates that investigations of mitochondrial disease and epigenetic mechanisms may be found to have significant implications for health effects of concern in Vietnam veterans.

The committee notes that, despite the fact that its predecessors have made quite similar recommendations, there has been little or no action toward implementing several investigations that the committee regards as imperative. These projects need to be undertaken in order to address veterans concerns and to meet the scientific needs of future VAO update committees to resolve outstanding questions, particularly with regard to Parkinson's disease, tonsil cancer, and melanoma. VA and DoD are in the unique position of being able to study the very population that is of concern. Focused study of Vietnam veterans themselves would be especially appropriate for extremely rare conditions like tonsil cancer, which anecdotally appears to be occurring at an unusual rate among Vietnam veterans and for which the study of surrogate populations (even with a case-control design) might entirely exclude factors of importance for the military situation.

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¹ Throughout the report the same alphabetic indicator following year of publication is used consistently for the same article when there were multiple citations by the same first author in a given year. The convention of assigning the alphabetic indicator in order of citation in a given chapter is not followed.

APPENDIX A

Agendas of Public Meetings Held by the Committee to Review the Health Effects in Vietnam Veterans of Exposure to Herbicides (Seventh Biennial Update)

FIRST PUBLIC MEETING

Thursday, March 27, 2008 National Academies of Science, Room 150 2101 Constitution Avenue, NW Washington, DC 20418

Presentations

- Welcome; Goals and conduct of the public meeting; Introduction *Richard Fenske*, Committee Chair
- Charge to the Committee Mark Brown, PhD, US Department of Veterans Affairs
- IOM Veterans and Agent Orange Reports: A Brief History *David Butler, PhD*, Institute of Medicine
- Report of the Committee on Making Best Use of the Agent Orange Reconstruction Model Lois Joellenbeck, PhD, Institute of Medicine
- Possibility of epigenetic mechanisms for dioxin, particularly for transgenerational effects

Barbara R. Migeon, MD, Institute of Genetic Medicine, Johns Hopkins Hospital *Michael K. Skinner, PhD*, Washington State University (by phone)

• Activities involving the Vietnamese population Vaughan C. Turekian, PhD, Chief International Officer, AAAS and representative to US-Vietnam Dialogue Group on Agent Orange/Dioxin

SECOND PUBLIC MEETING

Thursday, June 19, 2008 Hyatt Regency San Antonio 123 Losoya Street San Antonio, TX 78205

Presentations

- Welcome; Goals and conduct of the public meeting; Introduction *Richard Fenske*, Committee Chair
- Toxicity of organic arsenic Samuel Cohen, University of Nebraska Medical Center Placido Salazar, State Veterans' Affairs Officer, American GI Forum Alberto Zambrano, Colonel USAF (retired)
- Possible association between Parkinson's Disease and the herbicides sprayed in Vietnam
 Steve Fiscus, President, US Military Veterans with Parkinson's (USMVP)
 Alan Oates, Director Special Projects, USMVP
 Lorenzo Gonzalez, VP, USMVP
 Christopher Reid, MD, PhD, Charles Drew University of Medicine and Science
- Genetic implications Isaac D. Brown, III, PhD, AMVETS & DAV
- **Delayed onset of symptoms** *Don Wilson*, Military Order of the Purple Heart
- **Conditions not covered** *Alexander Hill*, Vietnam Veterans of America
- Blue Water Navy issue John Wells, Esq., Commander USN (retired)
- Air Force Health Study Joel E. Michalek, PhD, University of Texas Health Center at San Antonio
- Written statements received Jon Anderson, Concerning PD and use of dieldrin in Vietnam Ronald Denbow, Concerning possible role of compromised immune system increasing sensitivity to dioxin toxicity Jerry Dittmer, Concerning renal cell carcinoma Michael J. Harris, Concerning child with fascioscapular humeral dystrophy

APPENDIX A: AGENDAS

THIRD PUBLIC MEETING

December 8, 2008 Beckman Center, 100 Academy Rd. Irvine, CA

Presentations

- Welcome; goals and conduct of the public meeting; introduction *Richard Fenske*, Committee Chair
- Effects of dioxin on mitochondria and what the implications might be for dioxin's carcinogenic potential and for inducing other chronic or transgenerational adverse health outcomes

Doug Wallace, University of California Irvine

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APPENDIX B

CLARIFICATION OF CANCER GROUPINGS USED IN REPORTING RESULTS, WITH CORRESPONDENCE TO NIOSH CAUSE-OF-DEATH CODES AND ICD CODES FOR CANCERS

In response to a request from the Department of Veterans Affairs (VA), the committee responsible for the last report in this series (*Update 2006*) prepared Table B-1 to demonstrate how conclusions provided for the full range of cancer types and to clarify into which groupings any specific cancer diagnosis falls.

The major portion of evidence compiled for review in the *Veterans and Agent Orange (VAO)* series comes from cohort studies, primarily of mortality but some of incidence. Other data have been generated by case-control studies, which follow the only design amenable to studying very infrequent or very specific health outcomes. How researchers are able to group, analyze, and report their findings is influenced by the distribution of cases that they observe, so the data that *VAO* committees have had available for review reflect mortality experience at a level of specificity concordant with statistical analysis.

The International Classification of Diseases (ICD) system is used by physicians and researchers around the world to group related diseases and procedures so that morbidity and mortality information can be classified for statistical purposes in a standard form amenable to data storage and retrieval. It is a comprehensive hierarchic system that permits great detail, but that can be collapsed into broad categories. Codes mentioned in *VAO* reports are stated in terms of ICD, Version 9 (ICD-9). ICD-7, ICD-8, and ICD-9 were in effect for deaths that occurred in 1960-1967, 1968-1978, and 1979-1998, respectively; the differences among them are fairly subtle. Although ICD-10, which went into effect for coding causes of deaths that occurred from 1999 on, appears radically different from the earlier versions, it corresponds in large part to basically the same disease entities (see Table B-2). To date, most published epidemiologic studies considered in the VAO series have been related to health outcomes that occurred and were encoded before ICD-10 went into effect.

Since 1983, the National Institute for Occupational Safety and Health (NIOSH) has maintained software for generating standardized expectations, as derived from US mortality data assembled by the National Center for Health Statistics, for ICD-encoded mortality datasets. An article by Robinson et al. (2006) discusses revisions to that standard software to incorporate deaths coded according to ICD-10 and includes conversions and equivalencies between ICD-7, -8, -9, and -10 for 119 exhaustive categories for cause of death. Codes for malignant neoplasms span the ICD-9 range 140.0-208.9, NIOSH's major categories 02-10, or NIOSH's more specific minor categories 004-040.

The NIOSH death codes for neoplasms provide comprehensive scaffolding for organizing the committee's reviews and conclusions by cancer type that is somewhat simpler than ICD classifications, but maps completely to the ICD system as it has evolved. Because the NIOSH system has been used to mediate analysis of many sets of cohort data, its groupings correspond quite closely with the published research findings available for *VAO* review. In general cohort studies, one is unlikely to encounter results on more specific groupings than NIOSH's minor categories.

As discussed in Chapter 2, this committee has not framed its conclusions strictly in terms of ICD codes, but the ICD system has been a valuable tool for the work of VAO committees. There can be

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coding errors on hospital records or death certificates, but when researchers present their results labeled with ICD codes, there can be little ambiguity about what they intended. When their most definitive indication is something like "respiratory cancers," however, there can be uncertainty about where the evidence should be considered. In such cases, the committee has done its best to follow the hierarchy laid out in Table B-1.

As indicated above, many of the studies reviewed by the committee use or were written at a time when ICD-9 was in place. Accordingly, ICD references in this report use that scheme. ICD-10 began to be implemented in the United States in 1999. It differs from ICD-9 in level of detail (about 8,000 categories versus about 5,000 in ICD-9) and nomenclature (alphanumeric versus the numeric codes of ICD-9); additions and modifications were also made with regard to some coding rules and the rules for selecting an underlying cause of death (Anderson et al., 2001). Table B-2 lists the ICD-9 and ICD-10 codes for the various forms of malignant neoplasm addressed in this report. In situ neoplasms, benign neoplasms, neoplasms of uncertain behavior, and neoplasms of unspecified behavior have separate codes in both schemes.

NIOSH		"VAO Characterization of				
Category for		NIOSH Groupings of Concer Sites	Grouping ^{" a}	ICD-9 codes		
Cause of Death		Subsites				
Major	Minor					
02		Buccal cavity and pharynx	"Oral nasal and nharvngeal"			
	004	Lin	or all musuit, and print yingour	140		
	005	Tongue		141		
	006	Other parts of buccal cavity				
		• • • • • • • • • • • • • • • • • • •	Salivary glands	142		
			Floor of mouth	144		
			Gum and other mouth	143. 145		
	007	Pharvnx		,		
			Oropharynx	146		
			Tonsil	146.0-146.2		
			Nasopharynx	147		
			Hypopharynx	148		
			Other buccal cavity and pharynx	149		
				(160 = nasal below)		
03		Digestive organs and peritoneum				
	008	Esophagus	"Esophagus"	150		
	009	Stomach	"Stomach"	151		
	010	Intestine except rectum	"Colorectal"			
			Small intestine	152		
			Colon (large intestine)	153		
	011	Rectum		154		
	012	Biliary passages, liver, and gall	"Hepatobiliary"			
		bladder				
			Liver and intrahepatic bile ducts	155		
			Gallbladder and extrahepatic bile	156		
			ducts			
	013	Pancreas		157		
	014	Retroperitoneum and other and		158–159		
		unspecified digestive organs				
04		Respiratory system	"Respiratory"			
	015	Larynx	"Larynx"	161		
		-	-			

Table B-1 Mapping of Groupings of Malignant Neoplasms That Are the Subjects of Conclusions in

 Veterans and Agent Orange Series with ICD-9 Codes

APPENDIX B: NIOSH AND ICD CODES

NIOSH	["VAO Characterization of	
Catego	ry for	NIOSH Groupings of Cancer Sites	Grouping" ^a	ICD-9 codes
Cause of	of Death		Subsites	
Major	Minor			
	016	Trachea, bronchus, and lung	"Lung"	162
			Trachea	162.0 (there is no ICD 162.1)
			Lung and bronchus	162.2–162.9
	017	Pleura		163
	018	Other respiratory	NT 1 1/2 1111 1	
			Nasal cavity, middle ear, and	(160, above with oral and
			accessory sinuses	pharyngeal)
			I nymus, neart, and mediastinum	164 (164.0, below with
				soft tissue sarcoma)
			Other respiratory unspecified	165
			other respiratory, unspectified	(discontinuity with ICD
				codes)
05	019	Breast (male and female)	"Breast"	174. 175
06		Female genital organs	"Female reproductive"	. ,
	020	Cervix uteri	I.	180
	021	Other unspecified parts of uterus		179, 181, 182
			Uterus, parts unspecified	179
			Placenta	181
			Body of uterus	182
	022	Ovary, fallopian tube, and broad ligament		183
		0	Ovary	183.0 (there is no ICD
			-	183.1)
			Fallopian tube and other uterine	183.2-183.9
			adnexa	
	023	Other female genital organs		184
07		Male genital system		185, 186
	024	Prostate	"Prostate"	185
	025	Testis	"Testicular"	186
		Penis and other male genital	[for NIOSH in minor group 036]	187
08		Urinary system		
00	026	Kidney (including renal pelvis	"Renal"	189.0-189.2
		and ureter)		
	027	Bladder and other urinary organs	"Urinary bladder"	188, 189.3–189.9
			Bladder	188
			Urethra, paraurethral glands, other	189.3–189.9
			and unspecified urinary	
				(discontinuity with ICD
				codes)
09		Other and unspecified sites		150
	028	Bone ("and articular cartilage" ir	"Bone and joint"	170
	000	ICD nomenclature)		170
	029	Melanoma	"Melanoma"	1/2
	030	Other malignant skin neoplasm	"Non-melanoma skin"	1/3
	031	Mesothelioma		No codes (new minor code,
				above with lung)
	032	Connective ("and other soft" in	"Soft-tissue sarcoma"	171
		connective (whice boild infi	- DAV VANNE DER VURRE	
		DEPUDI ICATION COL	W. LINCORRECTED DROOP	

NIOSH Category for Cause of Death		NIOSH Groupings of Cancer Sites	"VAO Characterization of Grouping" ^a Subsites	ICD-9 codes
Major	Minor			
0		ICD nomenclature) tissue		
		,	(heart)	(164.1)
	033	Brain and other parts of nervous system	"Brain"	191–192
		(ICD "soft tissue" includes		
		peripheral nerves and autonomic		
		nervous system)		
	034	Eye		190
	035	Thyroid		193
			(thymus)	164.0
	036	Other and unspecified sites	Other endocrine cancers	194
			Other and ill-defined sites	195
			Stated or assumed to be secondary of specified sites	196–198
			Site unspecified	199
10		Lymphatic and hematopoietic tissue	-	
		Lymphoma		
	037	Hodgkin's disease		201
	038	Non-Hodgkin's lymphoma		200, 202 (excluding 202.4), 273.3
	039	Multiple myeloma		203 (excluding 203.1)
	040	Leukemia and aleukemia	"Leukemia (other than chronic B-cell leukemias)"	204–208
		Lymphocytic		
		J F SS	Acute lymphocytic	204.0
			"Chronic lymphocytic (including	204.1
			hairv-cell leukemia)"	,
			Other lymphocytic	202.4; 204.2-204.9
		Myeloid (granulocytic)	5 1 5	,
		, , , , , , , , , , , , , , , , , , , ,	Acute myeloid	
			Acute	205.0
			Acute erythremia and erythroleukemia	207.0
			Megakaryocytic leukemia	207.2
			Chronic myeloid	205.1
			Other myeloid	205.2-205.3, 205.8-205.9
		Monocytic		
		-	Acute monocytic	206.0
			Chronic monocytic	206.1
			Other monocytic	206.2-206.9
		Other leukemia	-	
			Other acute	208.0
			Other chronic	207.1, 208.1
			Aleukemic, subleukemia and "not otherwise specified"	203.1, 207.2, 207.8, 208.2– 208.9
^a Boldfa	ace cance	er (sub)site: most comprehensive grou	ping for which a conclusion has been	en drawn.

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APPENDIX B: NIOSH AND ICD CODES

Groupings for ICD-9 and ICD-10				
Cancer Site	ICD-9 codes	ICD-10 codes		
Buccal cavity and pharynx				
Lip	140.0–140.9	C00.0–C00.9		
Tongue	141.0–141.9	C01, C02.1–C02.9		
Salivary glands	142.0–142.9	C07, C08.0–C08.9		
Floor of mouth	144.0–144.9	C04.0-C04.9		
Gum and other mouth	143.0–143.9, 145.0–145.6,	C03.0–C03.9, C05.0–C05.9,		
	145.8–145.9	C06.0–C06.9		
Nasopharynx	147.0–147.9	C11.1–C11.9		
Tonsil	146.0–146.2	C09.0–C09.9		
Oropharynx	146.3–146.9	C10.1–C10.9		
Hypopharynx	148.0–148.9	C12, C13.0–C13.9		
Other buccal cavity and pharynx	149.0–149.9	C14.0-C14.9		
Digestive system				
Esophagus	150.0-150.9	C15.0-C15.9		
Stomach	151.0-151.9	C16 0–C16 9		
Small intestine	152.0–152.9	C17.0–C17.9		
Colon excluding rectum	153.0–153.9. 159.0	C18.0–C18.9. C26.0		
Rectum and rectosigmoid junction	154.0–154.1	C19. C20		
Anus anal canal and anorectum	154 2-154 3 154 8	C21 0-C21 9		
Liver and intrahepatic bile duct	10	02110 02112		
Liver	155 0 155 2	C22 0 C22 2–C22 4 C22 7–C22 9		
Intrahepatic bile duct	155.1	C22 1		
Gallbladder	156.0	C23		
Other biliary	156 1–156 9	C24 0-C24 9		
Pancreas	157 0-157 9	$C_{25} 0 - C_{25} 9$		
Retroperitoneum	158.0	C48.0		
Peritoneum omentum and mesentery	158 8-158 9	C48 1–C48 2		
Other digestive organs	159 8-159 9	$C^{2}6 = 269 C^{4}8 8$		
Respiratory system	109.0 109.9	020.0 20.9, 010.0		
Nasal cavity middle ear and	160 0-160 9	C30.0 $C30.1$ $C31.0-C31.9$		
accessory sinuses	100.0 100.9	050.0, 050.1, 051.0 051.9		
I arvny	161 0-161 9	C320-C329		
Lung and bronchus	162 2_162 9	$C_{34} O_{-}C_{34} O_{-}$		
Pleura	162.2-102.9	C38 4		
Trachea mediastinum and other	163.0 - 165.9 162 0 164 2-165 9	C_{33} C_{38} 1_ C_{38} 3 C_{38} 8 C_{39}		
respiratory organs	102.0, 104.2-105.9	655, 656.1–656.5, 656.6, 657		
Rones and joints	170.0.170.0			
Soft tique (including heart)	170.0-170.9	$\begin{array}{c} \hline \begin{array}{c} \hline \begin{array}{c} \hline \hline \begin{array}{c} \hline \hline$		
Soft tissue (including heart)	1/1.0–1/1.9, 104.1	0.0, 0.47.0-0.47.9, 0.49.0-0.49.9		
Skin Malignant malan amag	172.0.172.0	C42.0. C42.0		
Malignant melanomas	172.0-172.0	C43.0 - C43.9		
Other malignant skin neoplasms	1/3.0-1/3.9	<u>C44.0–C44.9</u>		
Breast (male and female)	1/4.0–1/4.9, 1/5	C50.0–C50.9		
Female genital system				
Cervix	180.0–180.9	C53.0–C53.9		
Corpus	182.0–182.1, 182.8	C54.0–C54.9		
Uterus, not otherwise specified	179	C55		
Ovary	183.0	C56.0–C56.9		
Vagina	184.0	C52		
Vulva	184.1–184.4	C51.0–C51.9		
Other female genital organs	181, 183, 2–183, 9, 184, 8, 184, 9	C57.0–C57.9. C58		

Table B-2 Surveillance, Epidemiology, and End Results (SEER) Program Malignant Neoplasm Site

 Groupings for ICD-9 and ICD-10

Cancer Site	ICD-9 codes	ICD-10 codes
Male genital system		
Prostate	185	C61
Testis	186 0-186 9	$C_{62} 0_{-}C_{62} 9$
Penis	187 1_187 4	C60.0-C60.9
Other male genital organs	187 5_187 0	$C_{63} 0 - C_{63} 0$
Urinary system	107.5-107.5	05.0-005.7
Urinary bladder	188 0-188 9	C67 0_C67 9
Kidney and renal palvis	180.0 180.1	C64.0 $C64.0$ $C65.0$ $C65.0$
Lineter	107.0, 107.1	C660 $C660$
Other uniners ergens	109.2	$C_{00} = C_{00} = C$
	100.0.100.0	<u>C(0.0C(0.0.</u>
Eye and orbit	190.0–190.9	C69.0-C69.9
Brain and other nervous system		
Brain	191.0–191.9	C71.0–C71.9
Meninges	192.1	C70.0–C70.9
Other nervous system ¹	192.0, 192.2–192.9	С72.0-С72.9
Endocrine system		
Thyroid	193	C73
Other endocrine (including thymus)	164.0, 194.0–194.9	C37, C74.00–C74.92, C75.0–C75.9
Lymphomas		
Hodgkin's disease	201.0-201.9	C81.0-81.9
Non-Hodgkin's lymphomas	200.0-200.8, 202.0-202.2,	С82.0-С82.9, С83.0-С83.9,
	202.8-202.9	C84.0-C84.5, C85.0-C85.9, C96.3
Multiple myeloma	203.0, 238.6	C90.0, C90.2
Leukemias		
Lymphocytic		
Acute lymphocytic	204.0	C91.0
Chronic lymphocytic	204.1	C91.1
Other lymphocytic	202.4, 204.2-204.9	C91.2-C91.4, C91.7, C91.9
Myeloid (granulocytic)	,	, ,
Acute myeloid	205.0. 207.0. 207.2	C92.0, C92.4–C92.5, C94.0, C94.2
Chronic myeloid	205.1	C92.1
Other myeloid	205.2-205.3, 205.8-205.9	C92.2–C92.3. C92.7. C92.9
Monocytic	,	
Acute monocytic	206.0	C93.0
Chronic monocytic	206.1	C93 1
Other monocytic	206 2-206 9	C93 2 C93 7 C93 9
Other leukemia	20012 20019	
Other acute	208.0	C94 4 C94 5 C95 0
Other chronic	207.1 208.1	C94 1 C95 1
Aleukemic subleukemic and	207.1, 200.1	C90 1 C91 5 C94 3 C94 7 C95 2
"not otherwise specified"	205.1, 207.2, 207.0, 200.2–200.7	C95.7, C95.9
Miscellaneous malignant neoplasms	159.1, 195.0–195.8, 196.0–196.9, 199.0–199.1, 202.3, 202.5–202.6, 203.8	C26.1, C76.0–C76.8, C77.0–C77.9, C78.0–C78.8, C79.0–C79.8, C80, C88.0–C88.9, C96.0–C96.2, C96.7, C96.9, C97

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Adapted from Ries et al. (2003), Table A-4.

¹ Cancers of the peripheral nerves and the autonomic nervous system are classified as "soft tissue" in ICD.

APPENDIX B: NIOSH AND ICD CODES

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APPENDIX C

COMMITTEE TO REVIEW THE HEALTH EFFECTS IN VIETNAM VETERANS OF EXPOSURE TO HERBICIDES (SEVENTH BIENNIAL UPDATE)

Richard A. Fenske, Ph.D., M.P.H., (*Chair*), is a Professor and Associate Chair of Environmental and Occupational Health Sciences at the University of Washington School of Public Health and Community Medicine, and is the Director of the Pacific Northwest Agricultural Safety and Health Center at the University of Washington in Seattle. Dr. Fenske's work has focused on the evaluation of environmental health risks in special populations. Specialty areas include health risks of pesticide exposures, development of new exposure assessment methods, children's exposure to hazardous chemicals, and investigation of the role of dermal exposure for workers. Dr. Fenske serves on the Science Advisory Board of the US Environmental Protection Agency, and also serves as a member of EPA's Human Studies Review Board. He had previously served on the committees for *Veterans and Agent Orange: Update 2002, Update 2004, and Update 2006.*

Erin M. Bell, Ph.D., is Assistant Professor in the Departments of Epidemiology and Biostatistics and of Environmental Health Sciences at the State University of New York's School of Public Health in Albany. She received her undergraduate degree in biology with honors from Hartwick College and her M.S. and Ph.D. degrees in epidemiology from the University of Massachusetts, Amherst, and the University of North Carolina, Chapel Hill, respectively. Between her master's and doctoral studies, she was a Research Associate at IOM's Medical Follow-up Agency. Her epidemiology research focuses on environmental exposures, particularly to pesticides, especially as they are related to reproductive, immune, and cancer outcomes.

Scott W. Burchiel, Ph.D., holds the Nunzio and Sherolyn DeSantis Endowed Chair in Pharmacogenomics and is Associate Dean for Research at the University of New Mexico (UNM) College of Pharmacy in Albuquerque. He has served at UNM in numerous capacities, since receiving his Ph.D. in pharmacology in 1977 from the University of California at San Francisco School of Medicine. His continuing research interests include monoclonal antibody production and radiolabeled imaging, lymphocyte activation and signal transduction mechanisms, and development of biomarkers for immunotoxicity. He has previously served on NAS committees addressing Beryllium Alloy Exposures and Human Health Risks of Trichloroethylene and the subcommittee on Jet propulsion Fuel 8.

Janice Chambers, Ph.D. is a William L. Giles Distinguished Professor and Director, Center for Environmental Health Sciences, and Professor, Department of Basic Sciences at Mississippi State University. Dr. Chambers directs several research projects that deal with the effects of pesticides in mammalian systems to determine the potential human health effects of pesticide exposures. Specifically, she leads projects related to the metabolism of pesticides and their neurochemical and behavioral effects in developing organisms to yield predictions about potential effects of pesticides in infants and children. Her other projects are involved in developing mathematical predictions of the effects of mixtures of pesticides on the nervous system so that predictive models can be generated to potentially describe the

effects of future uncharacterized mixtures, and the development of more effective antidotes to nerve agent poisoning. Dr. Chambers has been the principal investigator for numerous federally funded competitive grants in the field of toxicology. Because of her expertise, she has been asked to serve on a number of advisory boards and prestigious committees. Dr. Chambers is board certified as a toxicologist by the American Board of Toxicology and the Academy of Toxicological Sciences. As Director of the Center for Environmental Health Sciences, she has developed an interdisciplinary research center specializing in pesticide toxicology and funded primarily by NIH. The center comprises the areas of neurotoxicology, biochemical toxicology, analytical chemistry, biostatistics, epidemiology, computational chemistry, computational simulation, biochemistry, and endocrinology. Dr. Chambers is a member of the EPA FIFRA Scientific Advisory Panel, the EPA Human Studies Review Board, and the NCEH/ATSDR Board of Scientific Counselors.

Naihua Duan, Ph.D., M.A., is a Professor of Biostatistics at Columbia University and Director of the Division of Biostatistics at the New York State Psychiatric Institute in New York City. He received a B.S. in mathematics from National Taiwan University, an M.A. in mathematical statistics from Columbia University, and a Ph.D. in statistics from Stanford University. His primary research interest is study design, particularly for investigations with multilevel data structures. He previously served on the NAS committees on Advances in Assessing Human Exposure to Airborne Pollutants, Organ Procurement and Transplantation Policy, Carbon Monoxide Episodes in Meteorological and Topographical Problem Areas, and Assessing the Medical Risks of Human Oocyte Donation for Stem Cell Research.

Peter H. Gann, M.D., Sc.D., is a Professor and Director of Pathology Research at the University of Illinois at Chicago. A physician-epidemiologist by training, his research work focuses on the causes of breast and prostate cancer, with particular emphasis on the development and application of novel biological markers. His interest in biological markers actually originates with his service as a Project Director at the National Academy of Sciences in the 1980s. Prior to his current position, Dr. Gann spent 13 years in the Department of Preventive Medicine at Northwestern University Medical School. He received a B.A. degree from Swarthmore College, MD and MS (epidemiology/biostatistics) degrees from the University of Pennsylvania, and his doctorate in epidemiology from Harvard University. Dr. Gann serves on a number of national and international advisory and peer review panels in the field of cancer prevention. He previously served on the committee for *Veterans and Agent Orange: Update 2006*.

Mark S. Goldberg, Ph.D., is a professor in the Department of Medicine, McGill University, Montreal, associate member in the Joint Departments of Epidemiology and Biostatistics and Occupational Health, the Department of Oncology, and Medical Scientist, Royal Victoria Hospital, McGill University Health Centre. Dr. Goldberg is an occupational and environmental epidemiologist and holds an Investigator Award from the Canadian Institute for Health Research. His current research interests include the investigation of occupational and environmental risk factors for breast cancer and the health effects associated with exposures to ambient air pollution. In addition to being a member of grant review panels, Dr. Goldberg is also a member of Health Canada's Science Advisory Board. He has served on the committee for *Disposition of the Air Force Health Study;* the Division of Earth and Life Sciences (DELS) committee for *Assessing the Human Health Risks of Trichloroethylene: Key Scientific Issues; and Veterans and Agent Orange Update 2006.*

Nancy I. Kerkvliet, Ph.D., is a Professor in the Department of Environmental and Molecular Toxicology at Oregon State University, Corvallis, Oregon. Dr. Kerkvliet's research is focused on using animal models to understand how chemicals of environmental concern alter immune function. Her primary interest is focused on understanding how activation of the Ah receptor by TCDD and other ligands suppresses immune responses. She previously served on the Committee on Toxicology, the Subcommittee of Jet Propulsion Fuel 8, and the committee for *Veterans and Agent Orange: Update 2004 and Update 2006*.

APPENDIX B: COMMITTEE AND STAFF BIOGRAPHIES

Stephen B. Kritchevsky, Ph.D., M.S.P.H., is Professor of Internal Medicine in the Section on Gerontology and Geriatric Medicine and Director of the J. Paul Sticht Center on Aging and Rehabilitation at Wake Forest University School of Medicine in Winston-Salem, NC. After receiving both his M.S.P.H. and Ph.D. in epidemiology from the University of North Carolina, Chapel Hill, he joined the Departments of Biostatistics and of Epidemiology at the University of Tennessee Health Science Center. Dr. Kritchevsky's research interests are related to conditions compromising the health of aging populations, particularly inflammation, obesity, metabolic syndrome, and cardiovascular disease.

Michele Marcus, Ph.D., is a Professor in the Departments of Epidemiology and Environmental and Occupational Health of Emory University in Atlanta. She is also Director of Graduate studies for the Department of Epidemiology and a Fellow with the Centers for Disease Control and Prevention. Previously, she was a faculty member in the Department of Environmental and Occupational Medicine at the Mount Sinai School of Medicine in New York City. She received her M.P.H., M.Phil., and Ph.D. degrees from Columbia University and her research interests include environmental and genetic contributions to reproduction and investigation of the human health effects of endocrine disruptors. She is also a member of the Southeast Pediatric Environmental Health Specialty Unit.

Linda A. McCauley, Ph.D., FAAN, R.N., is a Nightingale Professor of Nursing and Associate Dean for Nursing Research at the University of Pennsylvania, School of Nursing. Dr. McCauley received her doctoral degree in environmental health/epidemiology from the University of Cincinnati. Dr. McCauley has special expertise in the design of epidemiological investigations of occupational and environmental hazards and is nationally recognized for her expertise in occupational and environmental health nursing. Dr. McCauley's research interests are in the areas of chemical exposure among working populations and young children. She previously served on the committees for *Veterans and Agent Orange: Update 2006*.

Alvaro Puga, Ph.D., is a Professor of Molecular Biology and Environmental Health, Deputy Director of the NIEHS Center for Environmental Genetics, and Associate Director of the Superfund Basic Research Program at the University of Cincinnati Medical Center. Following studies of biology at Universidad de Madrid, Spain, and of molecular cytogenetics at the University of Lund, Sweden, he received a Ph.D. in molecular biology and biophysics from Purdue University. Before coming to the University of Cincinnati, Dr. Puga served for 15 years in several capacities at NIH in the Institute of Dental Research and the Institute of Child Health and Human Development. Study of the Ah receptor has been a major theme of his research. He recently served on the NRC committee that reviewed EPA's exposure and human health assessment of dioxin.

Jeremy Shefner, M.D., Ph.D., is a Professor and Chair of Neurology at Upstate Medical University, and Director of the Clinical Neurophysiology Laboratory and the MDA/ALS Research and Treatment Center at University Hospital, in Syracuse, New York. He is trained in neurology and clinical neurophysiology, and has devoted his clinical and research efforts to ALS. After receiving an MD with distinction from Northwestern University, he completed residency and fellowship training in Neurology and clinical neurophysiology at the Harvard-Longwood Neurological training program. After fellowship, he joined the faculty at Brigham and Women's Hospital and Harvard Medical School. While at the Brigham and Women's Hospital, Dr. Shefner directed the ALS Clinic and participated in multiple industry sponsored ALS clinical trials. He founded the Northeast ALS Clinical Trials Consortium in 1995, which has grown to become the largest ALS clinical trials group in North America. Since moving to Syracuse, he established the multidisciplinary ALS clinic there, and continues to hold leadership positions in both industry- and investigator-initiated clinical trials. Dr. Shefner is the recipient of numerous research grants from NIH and industry sponsors, as well as the author of over 100 original research articles and book chapters on neurophysiology. Dr. Shefner previously served the IOM Committee on the Review of Scientific Literature on Amyotrophic Lateral Sclerosis in Veterans.

Hollie I. Swanson, Ph.D., is an Associate Professor in the Department of Molecular and Biomedical Pharmacology and with a joint position with the Toxicology Department at the University of Kentucky College of Medicine. She received her M.S. from Oregon State University, Ph.D. from Purdue University and postdoctoral training from Michigan State University and Northwestern University. Her research focuses on the study of the aryl hydrocarbon pathway and its role in altering cell fate. She currently serves as Councilor of the Drug Metabolism Specialty Section of the National Chapter of the American Society for Pharmacology and Experimental Therapeutics, is a member of the National and Ohio Valley Chapters of the Society of Toxicology. She is an editorial board member of Toxicology and Applied Pharmacology. Dr. Swanson has published numerous articles pertaining to the molecular and cellular aspects of the Ah receptor and dioxin. She previously served on the committee for *Veterans and Agent Orange: Update 2006*.

Staff Biographies

Mary Burr Paxton, Ph.D., is a Senior Program Officer in the Institute of Medicine (IOM) Board on Population Health and Public Health Practice. Before joining IOM, she worked as a consultant on the regulation of toxic substances and managed the conduct and analysis of several epidemiology studies on veterans' health. She received a master's of science in biostatistics from the Johns Hopkins School of Hygiene and Public Health and a doctorate in genetics from the George Washington University. She is a diplomate of the American Board of Toxicology. Dr. Paxton has worked on several National Academies reports, including *Issues in Risk Assessment; Environmental Neurotoxicology; Gulf War and Health: Insecticides and Solvents; Gulf War and Health: Fuels, Combustion Products, and Propellants; Asbestos: Selected Cancers, Veterans and Agent Orange: Update 2004,* and *Veterans and Agent Orange: Update 2006.*

Jennifer A. Cohen is a Program Officer in the Institute of Medicine (IOM) Board on Population Health and Public Health Practice. In December 2007, she graduated with her masters in public health from the University of Maryland. She received her undergraduate degree in art history from the University of Maryland. She has been involved with the IOM committees that produced Organ Procurement and Transplantation, Clearing the Air: Asthma and Indoor Air Exposures; Veterans and Agent Orange: Herbicide/Dioxin Exposure and Type 2 Diabetes; Veterans and Agent Orange: Update 2000, Veterans and Agent Orange: Herbicide/Dioxin Exposure and Acute Myelogenous Leukemia in the Children of Vietnam Veterans, Veterans and Agent Orange: Update 2004, and Veterans and Agent Orange: Update 2006.

Rose Marie Martinez, Sc.D., is Director of the Institute of Medicine (IOM) Board on Health Promotion and Disease Prevention. Before joining IOM, she was Senior Health Researcher at Mathematica Policy Research, where she studied the effects of health-system change on the public-health infrastructure, access to care for vulnerable populations, managed care, and the health care workforce. Dr. Martinez is former Assistant Director for Health Financing and Policy with the US General Accounting Office, for which she directed evaluations and policy analysis on national and public-health issues. Dr. Martinez received her doctorate from the Johns Hopkins School of Hygiene and Public Health.

Tia S. Carter is a senior program assistant on the IOM Board on Population Health and Public Health Practices. In December 2008, she graduated with her masters in health-care administration from the University of Maryland University College. She received her undergraduate degree in community health from the University of Maryland, College Park. Before coming to IOM, she worked at the Greater Washington Urban League in the Division of Aging and Health Services as the health promotions

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coordinator, where she was responsible for health-promotion and disease-prevention education services and activities among the elderly. She has been involved with IOM committee on *Asbestos: Selected Cancers, Veterans and Agent Orange: Updates 2004,* and *Veterans and Agent Orange: Update 2006.*

Norman Grossblatt, ELS(D), is a senior editor at the National Academies. Before joining the National Research Council Division of Medical Sciences in 1963, he worked as an analyst in information storage and retrieval at Documentation Incorporated and as a technical editor at the Allis-Chalmers Manufacturing Co., Nuclear Power Department, in Washington, DC. He received a BA in English from Haverford College. Mr. Grossblatt is a diplomate editor in the life sciences and was the founding president of the Board of Editors in the Life Sciences. He is a fellow of the American Medical Writers Association and a recipient of its President's Award; a member of the Council of Science Editors and since 1997 the manuscript editor of its journal, *Science Editor;* and a member of the European Association of Science Editors. At the National Academies, he has edited over 300 reports.