



2019 Walk with a Doc Schedule

Walks will be held the last Saturday of every month:

Date	Time	Location
January, 26 th	10 – 11am	Canton, Banford Elementary School
February, 23 rd	10 – 11am	Waddington, Madrid Waddington School
March, 30 th	10 – 11am	Gouverneur, Fair Grounds
April, 27 th	10 – 11am	Massena, John Story Trail
May, 25 th	10 – 11am	Ogdensburg, Abbe Picquet Trail
June, 29 th	10 – 11am	Potsdam, The Munter Trail at Clarkson

- ✧ All walks are free to attend.
- ✧ Walks will take place indoors during the winter months.
- ✧ All walks will be accessible for all abilities.
- ✧ Light refreshments will be available.