



— *St. Lawrence County* —

**PARTNERS FOR OVERDOSE  
PREVENTION**

**MENTAL HEALTH  
& SUBSTANCE USE**

*2022 Resource Guide*

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## **24/7 Crisis Support Hotlines**

<b>Agency</b>	<b>Contact Number</b>
Reachout of St. Lawrence County	(315) 265-2422
Renewal House	(315) 379-9845
Citizen Advocates	(518) 483-3261
Citizen Advocates Behavioral Health Urgent Care	(315) 713-9090
988 Crisis Hotline	988

*If you ever have a medical emergency, please dial 911.*



## Detox Services

Agency	Population	Location	Contact	What do you need when you call?
St. Lawrence Health	Adults Only	Gouverneur Massena	(315) 261-5969 (315) 842-3076	Name of referral, date of birth, last use of substance (amount & type), phone number, medical health info <b><i>Please Indicate If pregnant</i></b>
Crouse Hospital	Adults (with limited services for children)	Syracuse	(315) 470-8304	Nothing (will assist with whatever you need)
Citizen Advocates	Youth & Adults	Ogdensburg Malone	(315) 713-9090 (518) 483-3261	Name, date of birth, address, phone number, social security number <b><i>*Only offers ancillary withdrawal management</i></b>

## Addiction/SUD Inpatient Rehabilitation

Agency	Population	Location	Contact	What do you need when you call?
Crouse Hospital	Adults (with limited services for children)	Syracuse	(315) 470-8304	Nothing (will assist with whatever you need)
SLC Addiction Treatment Center	Adults	Ogdensburg	(315) 393-1180	Name, social security number, address, phone number, insurance ID#, medical health info, current medications
St. Lawrence Health	Adults	Potsdam	(315) 261-5654	Name of referral, date of birth, last use of substance (amount & type), phone number, insurance ID number
St. Joseph's Rose Hill	Children & Youth Only	Massena	(315) 764-9700	Need referral first from any outpatient services, primary care doctor, or court mandate before receiving services

## Addiction/SUD Inpatient Rehabilitation

Agency	Population	Location	Contact	What do you need when you call?
St. Joseph's	Adults Only	Saranac Lake	(518) 891-4135	Need referral first from any outpatient services, primary care doctor, or court mandate before receiving services
St. Joseph's	Veterans Only	Saranac Lake	(844) 891-8387	
Partridge House	Native Americans Only	Akwesasne	(518) 358-2223	Referral may come from hospital, will need to be registered with the Tribe and know date of birth



## Addiction/SUD Outpatient Treatment

Agency	Population	Location	Contact	What do you need when you call?
Crouse Hospital	Adults (with limited services for children)	Syracuse	(315) 470-8304	Nothing  (will assist with whatever you need)
St. Lawrence Health	Youth, Adults, people impacted by substance use disorder	Potsdam	(315) 353-2572	Name of referral, date of birth, last use of substance (amount & type), phone number  <b><i>Please Indicate if pregnant</i></b>
St. Lawrence Health	Youth, Adults, people impacted by substance use disorder	Gouverneur	(315) 261-6333	Name of referral, date of birth, last use of substance (amount & type), phone number  <b><i>Please Indicate if pregnant</i></b>
St. Joseph's In Community Services Program	Youth & Adults	Massena	(315) 705-6564	Name, date of birth, address, phone number, insurance information

## Addiction/SUD Outpatient Treatment

Agency	Population	Location	Contact	What do you need when you call?
Citizen Advocates	Youth & Adults	Massena Malone Saranac Lake Ogdensburg	(315) 764-0876 (518) 483-3261 (518) 891-5535 (315) 713-9090	Name, date of birth, address, phone number, social security number
St. Regis Mohawk A/CDP	Native Americans Only	Akwesasne	(518) 358-3141	Need to be registered with the Tribe and know date of birth
SLC Addiction Services	Children & Adults	Canton Gouverneur Massena Ogdensburg	(315) 386-2189	Name, address, date of birth, phone number

## Addiction/SUD Intensive Outpatient Services

Agency	Population	Location	Contact	What do you need when you call?
St. Lawrence Health	Adults	Potsdam	(315) 353-2572	Name, date of birth, address, phone number, last use of substance (amount and type) <b><i>Please Indicate if pregnant</i></b>
SLC Addiction Services	Children & Adults	Canton Gouverneur Massena Ogdensburg <i>All locations offer IOP with the use of Telehealth</i>	(315) 386-2189	Name, address, date of birth, phone number

## Opioid Treatment Program

Agency	Population	Location	Contact	What do you need when you call?
SLC Addiction Services	Individuals with Severe Opioid Use Disorder	Canton	(315) 386-2189	The OTP dispenses methadone in addition to Suboxone and Subutex

## Mental Health Outpatient Services

Agency	Population	Location	Contact	What do you need when you call?
St. Lawrence Health	Children & Adults	Potsdam (2 clinics)	(315) 261-5420 (315) 261-5405	Name, date of birth, address, phone number
St. Lawrence Health	Children & Adults	Gouverneur	(315) 261-5407	Name, date of birth, address, phone number
SLC Addiction Services	Children & Adults	Canton	(315) 386-2167 (315) 386-2048	Name, date of birth, address, phone number
St. Lawrence Psychiatric Center	Children & Youth	Ogdensburg	(315) 541-2001	Name, date of birth, address, phone number

## Mental Health Outpatient Services

Agency	Population	Location	Contact	What do you need when you call?
United Helpers Behavioral Health Clinic	Children & Adults <i>*Canton clinic specializes in children</i>	Ogdensburg Canton	(315) 541-3042 (315) 386-0264	Name, date of birth, address, phone number
Community Health Center of the North Country	Children & Adults	Canton Ogdensburg Gouverneur Malone	(315) 379-8130 <i>*All Locations</i>	Name, date of birth, address, phone number
Massena Wellness Center	Children & Adults	Massena	(315) 769-8441	Name, date of birth, address, phone number
Gouverneur Wellness Center	Children & Adults	Gouverneur	(315) 287-2811	Name, date of birth, address, phone number

## Mental Health Outpatient Services

Agency	Population	Location	Contact	What do you need when you call?
Ogdensburg Wellness Center	Adults	Ogdensburg	(315) 394-0101	Name, date of birth, address, phone number
Citizen Advocates	Youth & Adults	Ogdensburg Massena Malone Saranac Lake	(315) 713-9090 (315) 764-0876 (518) 483-3261 (518) 891-5535	Name, date of birth, phone number, address, social security number <i>*Behavioral Health services that encompass Mental Health &amp; Substance Use Disorders</i>
Claxton Hepburn Medical Center	Children & Adults	Ogdensburg	(315) 713-5720	Name, date of birth, address, phone number, insurance information
Mental Health Counseling Services	Children & Adults	Potsdam	(315) 268-0264	Insurance info, date of birth, address, reason for seeking services

## Mental Health Outpatient Services

Agency	Population	Location	Contact	What do you need when you call?
Potsdam VA Clinic	Veterans	Potsdam	(315) 425-6510	Name, date of birth, address, phone number



## Mental Health Inpatient Services

Agency	Population	Location	Contact	What do you need when you call?
Claxton Hepburn Medical Center	Adults Children Adolescents	Ogdensburg	(315) 393-3600	Accepts voluntary, involuntary and emergency adult admissions

## Peer Services

Agency	Population	Location	Contact	Services Provided and/or Connected With
Northern Regional Center for Independent Living (NRCIL)	Children & Adults	Ogdensburg (county wide)	(315) 785-8703 ext. 236	<ul style="list-style-type: none"><li>• Behavioral &amp; Mental Health Support</li><li>• Housing Information</li><li>• Benefits Assistance</li><li>• Individual Advocacy<ul style="list-style-type: none"><li>• Self Help Groups</li><li>• Family Support</li><li>• Parent Training</li><li>• Employment Advisement</li></ul></li><li>• Education Advisement<ul style="list-style-type: none"><li>• Peer Support</li></ul></li><li>• Information &amp; Referral</li><li>• Help transitioning back into the community</li></ul>

## Peer Services

Agency	Population	Location	Contact	Services Provided and/or Connected With
Community Health Center of the North Country	Children & Adults	St. Lawrence County	(315) 535-1300	<ul style="list-style-type: none"> <li>• Mental Health</li> <li>• Road to Recovery Program               <ul style="list-style-type: none"> <li>• Rehabilitation</li> </ul> </li> <li>• Chemical Dependency</li> <li>• Employment Assistance</li> <li>• Primary &amp; Dental Care               <ul style="list-style-type: none"> <li>• Eye Care</li> <li>• Food Assistance</li> <li>• WIC Program</li> </ul> </li> <li>• Health Insurance Assistance</li> </ul>
The Valley Recovery Center	Adults	Ogdensburg	(315) 713-4861	<ul style="list-style-type: none"> <li>• Connects recovery support services to individuals, families and the community</li> </ul>
Seaway Valley Prevention Council	Adults	Ogdensburg	(315) 713-4861	<ul style="list-style-type: none"> <li>• Recovery Coaches to assist those seeking or currently in recovery               <ul style="list-style-type: none"> <li>• Family Support Navigation</li> </ul> </li> </ul>

## Peer Services

Agency	Population	Location	Contact	Services Provided and/or Connected With
39 Serenity Place	Adults	Massena	(315) 250-7410	<ul style="list-style-type: none"><li>• Recovery or sober Clubhouse open to all</li><li>• Hosts 12 Step meetings, AA, NA and Al-anon meetings</li></ul>
SLC Addiction Services	Adults Adolescents	County Wide	(315) 386-2189	Peers provide education and connect individuals and families affected by substance use disorder to resources such as substance use treatment and recovery.

## Peer Services

Agency	Population	Location	Contact	Services Provided and/or Connected With
ACR Health	Youth & Adults	Canton	(315) 386-4493	<ul style="list-style-type: none"><li>• Backpack Peer (offers safe syringe exchange)<ul style="list-style-type: none"><li>• Insurance Navigators<ul style="list-style-type: none"><li>• STI Testing</li></ul></li></ul></li><li>• Housing &amp; Family Support</li><li>• Behavioral Health Services<ul style="list-style-type: none"><li>• Medical Transportation</li><li>• Employment Assistance</li></ul></li></ul>
NEXTDistro	Anyone	St. Lawrence County	(646) 389-0752 nextdistro@pm.me	Online mail-based program providing harm reduction supplies (narcans, syringes, fentanyl test strips and more) for free to anyone who needs supplies. Provides risk reduction education and video, phone, email chat support.

## Peer Services

Agency	Population	Location	Contact	Services Provided and/or Connected With
Citizen Advocates	Youth Adults Family	Ogdensburg Massena Malone	(315) 713-9090 (315) 764-0876 (518) 483-3261	<ul style="list-style-type: none"><li>• Behavioral &amp; Mental Health Support</li><li>• Recovery Support Services<ul style="list-style-type: none"><li>• Individual Advocacy</li><li>• Self Help Groups</li><li>• Family Support</li></ul></li><li>• Parenting Support<ul style="list-style-type: none"><li>• Peer Support</li></ul></li><li>• Help transitioning back into the community</li></ul>

## Case Management

Agency	Population	Location	Contact	Services Provided and/or Connected With
Maximized Independent Living Choices (MILC)	Adults	Ogdensburg Massena (county wide)	(315) 764-9442	<ul style="list-style-type: none"> <li>• Independent Living Skills Training</li> <li>• Peer Mentoring</li> <li>• Benefits Assistance</li> <li>• Home Health Care               <ul style="list-style-type: none"> <li>• Housing</li> </ul> </li> <li>• Health Insurance Assistance</li> <li>• WIC Assistance</li> <li>• SNAP Assistance</li> </ul>
Transitional Living Services of Northern New York	Children & Adults	Ogdensburg	(315) 782-1777	<ul style="list-style-type: none"> <li>• Children Case Management</li> <li>• Respite Care for Children</li> </ul>

## Case Management

Agency	Population	Location	Contact	Services Provided and/or Connected With
Step By Step, Inc.	Adults	Ogdensburg	(315) 394-0597	<ul style="list-style-type: none"><li>• Case Management<ul style="list-style-type: none"><li>• Housing</li><li>• Respite Care</li><li>• Drop-In Center</li></ul></li></ul>
Catholic Charities	Children Adult Support	Ogdensburg (county wide)	(315) 393-2660	<ul style="list-style-type: none"><li>• Counseling &amp; Case Work</li><li>• Case Management</li><li>• Parent Education</li><li>• Crisis Pregnancy Prevention<ul style="list-style-type: none"><li>• Financial Assistance</li></ul></li></ul>



## Case Management

Agency	Population	Location	Contact	Services Provided and/or Connected With
SLC Community Services Single Point of Access (SPOA) Program	Children & Adults	County Wide	(315) 229-3871	Provides access to intensive community based Health Home Care Management, Assertive Community Treatment (ACT), Peer Support and/or Housing services for adults and children with severe mental illness
Citizen Advocates	Youth Adults Family	Ogdensburg Massena Malone Saranac Lake  Malone (Crisis & Recovery Center)	(315) 713-9090 (315) 764-0876 (518) 483-3261 (518) 891-5535  (518) 481-8160	<ul style="list-style-type: none"> <li>• Housing Information</li> <li>• Benefits Assistance</li> <li>• Information &amp; Referral</li> <li>• Employment Advisement</li> <li>• Education Advisement</li> <li>• Help transitioning back into the community</li> <li>• Access to resources in the community</li> </ul>

## Housing Assistance

Agency	Population	Location	Contact	What do you need when you call?
North Country Freedom Homes	Adult Males	Canton	(315) 379-0139	Assists with housing services - need to be referred by inpatient services, detox or other agencies and engaged in outpatient services
Grace House	Women	Canton	(315) 386-3904	Assists with housing services - need to be referred by inpatient services, detox or other agencies and engaged in outpatient services
Transitional Living Services of Northern New York	Adults	Ogdensburg	(315) 393-4610	Assists with homeless housing services - requires referral with recent psychiatric evaluation



## Additional Resources

Agency	Population	Location	Contact	What do you need when you call?
211CNY	Anyone	Multi-County Wide	Dial 211 or 1-844-245-1922 211cny.com	Search engine for finding multiple services throughout Central and Northern New York
Upstate Emergency Opioid Bridge Clinic	Patients utilizing Upstate Medical Emergency Department	Syracuse	(315) 464-3745	Any care provider can refer patients to the clinic, and patients can self-refer. Provides short-term treatment to manage opioid use disorder until a person gets into a rehab program or finds a community provider for longer-term treatment.
Salvation Army	Children & Adults	Massena	(315) 769-5154	Provides care management, such as food, clothing, and utility assistance





**(315) 386-2600**

**info@slcnypublictransit.com**

**6 Commerce Lane • Canton, NY 13617**

**St. Lawrence County Public Transit provides daily transportation throughout St. Lawrence County and only costs \$2.00 for a one-way ride.**

- Obtain passes from any bus driver or at the Operations Center
  - Drivers cannot issue change. Exact fare is needed
  - Lost passes are NOT refundable, so keep them safe
    - Children under 3 ride for free

View the Transit Schedule at  
**[www.slcnypublictransit.com](http://www.slcnypublictransit.com)**

# First Mile Last Mile

Need a way to get to a Public Transit bus? Get in touch with the folks at the “First Mile Last Mile” program. It’s free and easy!

**Call (315) 386-2600** and someone will help make all the arrangements. Don’t let the program’s name fool you, this service picks up and drops off people who live over a mile from the Public Transit stop!





**Volunteer  
Transportation  
Center, Inc.**

**(315) 714-2034**

**info@volunteertransportation.org**

**3 Commerce Lane • Canton, NY 13617**

**The Volunteer Transportation Center provides essential rides to health, social, and other destinations for residents of Northern New York who have no other transportation alternatives.**

**For more information, please visit:**

**[www.volunteertransportationcenter.org](http://www.volunteertransportationcenter.org)**







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