



St. Lawrence County Public Health Department

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Press Release

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FOR IMMEDIATE RELEASE

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St. Lawrence County COVID-19 Isolation and Quarantine Reminders

Canton, NY — The St. Lawrence County Public Health Department (SLCPHD) ended its COVID-19 case investigation program on June 30th, 2022. The SLCPHD no longer contacts individuals who test positive for COVID-19. Those who test positive for COVID-19 with a lab-confirmed test will still be **notified** of their result by the place where they were tested, but they **no longer** receive a phone call from a State or County case investigator or contact tracer.

Please continue to report all positive home tests to the SLCPHD, using the online form found on our website <https://stlawco.org/Departments/PublicHealth>. If you are unable to access the online form, please call the department **during business hours**, Monday – Friday, 8am – 4pm, and we will assist you.

If you test positive for COVID-19 and are symptomatic, **please contact your healthcare provider to discuss your symptoms** and next steps. Treatment may be available for older adults and those who are at high risk of getting very sick from COVID-19.

Those who **test positive** for COVID-19, regardless of vaccination status, are still expected to follow New York State's isolation guidelines:

- Isolate for at least 5 days, with Day 0 being the date your symptoms started or the date you were tested if you do not have symptoms.
- Monitor your symptoms. Call your healthcare provider if symptoms worsen or if you have questions regarding your symptoms.
- Avoid close contact with others in your household.
- **Isolation ends** after 5 full days IF you are fever-free for 24 hours without the use of fever-reducing medication and your other symptoms have improved.
- **After you leave isolation, you must continue to wear a mask around others for 5 additional days. This decreases the risk small risk of transmission to others.**
- If you need isolation orders for work or school, obtain an [AFFIRMATION OF ISOLATION](#) from NYSDOH. This can also be found on the St. Lawrence County Public Health [website](#).



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Those who have been **exposed** to someone with COVID-19 should follow New York State's quarantine guidelines:

- You **DO NOT** need to quarantine if you:
 - Are 5 years or older and have received all recommended vaccine doses, including boosters when eligible.
 - Had confirmed COVID-19 within the last 90 days.

- You **SHOULD** quarantine if you:
 - Are 5 years or older and completed the primary series of vaccines but have not received a booster when eligible. *THIS DOES NOT APPLY TO ATTENDING SCHOOL OR CHILDCARE.*
 - You are not vaccinated or have not completed a primary vaccine series.

- If you need quarantine orders for work or school, obtain an [AFFIRMATION OF QUARANTINE](#) from NYSDOH. This can also be found on the St. Lawrence County Public Health [Website](#).

For questions regarding COVID-19, isolation or quarantine, please call the St. Lawrence County Public Health Department at 315-386-2325.

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