



St. Lawrence County Public Health Department

Jolene Munger, MPH, MA ■ Public Health Director
80 State Highway 310, Suite 2 ■ Canton, New York 13617-1476
Phone: (315) 386-2325 ■ Fax: (315) 386-2203

Press Release

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FOR IMMEDIATE RELEASE

Contact: Angela Firicano
315-386-2325

Monkeypox: Prevention and Vaccination

Canton NY—Monkeypox continues to spread throughout the state of New York. While New Yorkers should not be alarmed, everyone should stay informed about monkeypox. This means understanding symptoms, how it spreads, and what to do if you are exposed.

How you can protect yourself:

Take the following steps to prevent getting monkeypox,

1. Avoid close, skin-to-skin contact with people who have a rash that looks like monkeypox.
 - Do not touch the rash or scabs of a person with monkeypox
 - Do not kiss, hug, cuddle or have sex with someone with monkeypox
2. Avoid contact with objects and materials that a person with monkeypox has used
 - Do not share eating utensils or cups with a person with monkeypox
 - Do not handle or touch the bedding, towels, or clothing of a person with monkeypox
3. Wash your hand often
 - Wash your hands with soap and water, especially before eating or touching your face and after you use the bathroom
4. Safer Sex
 - Talk to your partner about any monkeypox symptoms and be aware of any new or unexplained rash or lesions on either of your bodies
 - If you or your partner think you may have monkeypox, avoid sex of any kind, kissing, or touching other bodies
 - Taking a temporary break from some activities that increase exposure to monkeypox, or limiting the number of sexual partners

Vaccination:

On September 28, 2022 the Centers for Disease Control and Protection (CDC) expands eligibility of the JYNNEOS (monkeypox) vaccine. Vaccination is an important tool in preventing the spread of illness.

Who can get vaccinated?

You may want to get vaccinated if:

- You might have already been exposed to monkeypox
- You might be exposed to monkeypox in the future
- More than one sex partner
- You are a person who in the last 6 months had
 - Sex at a sex club or bathhouse
 - Sex at an event, venue, area where monkeypox transmission is occurring
- You are a person whose sexual partner identifies with any of the above scenarios
- You are a person who anticipates experiencing any of the above scenarios

For a complete list of who is eligible

<https://www.cdc.gov/poxvirus/monkeypox/vaccines/vaccine-basics.html>

Where Can I Get Vaccinated?

St. Lawrence County Public Health is hosting multiple monkeypox vaccination clinics throughout the county. To view a complete list of our clinics visit our website: <https://stlawco.org/Departments/PublicHealth> or call 315-386-2325 for assistance or for more information.

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