



## St. Lawrence County Public Health Department

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### Press Release

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FOR IMMEDIATE RELEASE

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### St. Lawrence County Public Health Shifts How to Make COVID-19 Vaccination Appointment

**Canton, NY** — Beginning on February 2nd, 2023 St. Lawrence County Public Health (SLCPH) is making slight changes in the process of making an appointment for a COVID-19 vaccine. **Appointments are no longer made available online.** To make an appointment simply call 315-229-3452 or walk-in with no appointment needed.

This is a reminder that SLCPH holds COVID-19 vaccination clinics every Tuesday and Thursday from 8:30AM-3:30PM.

Only 43.4% of people 65 years and older have received an updated bivalent booster in St. Lawrence County, even less in younger age groups. Older adults are more likely to get very sick from COVID-19. Getting very sick means that older adults might need hospitalization, intensive care, or a ventilator to help them breathe, or they might even die. If you, or someone you know is over the age of 65 and has not yet received an updated booster, encourage them to get boosted. Immunity from previous COVID-19 vaccines wanes over time. Bivalent booster doses provide extra protection against the circulating Omicron variants and reduce the chance of becoming very sick with COVID-19.

The Centers for Disease Control and Protection (CDC) continues to recommend bivalent boosters for everyone ages 6 months and older. To find out when you can get your booster, visit [www.cdc.gov/covid-19](http://www.cdc.gov/covid-19).

#### Four Reasons to Get Boosted:

- You are probably eligible! (at least 2 months since your last dose)
- Vaccines are widely available! ([www.vaccines.gov](http://www.vaccines.gov))
- Protection from your last vaccination is waning!
- It's quick! (Walk-in at Public Health and be out in as little as 20 minutes)

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