



Office for
the Aging



NEW YORK STATE

LGBTQ+ RESOURCE GUIDE

FOR OLDER ADULTS & AGING NETWORKS





New York State LGBTQ+ Resource Guide

For Older Adults and Aging Services Networks

www.aging.ny.gov

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A Message From the Director

Dear New Yorkers:

Nearly three million LGBTQ+ people are age 50 and older in the U.S. This population will grow to nearly seven million by 2030. Of the estimated 800,000 LGBTQ+ adults in New York State, nearly one-third – or 28 percent – are over the age of 50.

The New York State Office for the Aging (NYSOFA) is committed to fostering inclusive, person-centered programs and services for LGBTQ+ adults as they age. This resource guide continues our efforts on that front. It provides important information for providers about the unique service needs of LGBTQ+ older adults, best practices for addressing those needs, and a directory of organizations who specialize in serving LGBTQ+ older adults so that you can connect with trusted organizations for additional assistance.



NYSOFA thanks our Advisory Council of Older LGBTQ+ New Yorkers and the over 200 service providers who answered our survey to gauge the progress of New York’s aging services system in comprehensively meeting the needs of LGBTQ+ New Yorkers.

Please read this guide to learn more about ways you can continue this progress and find help.

Sincerely,

A handwritten signature in black ink, appearing to read "Greg Olsen". The signature is fluid and cursive, with a long horizontal stroke at the end.

Greg Olsen
Acting Director
New York State Office for the Aging (NYSOFA)

Further Information About This Guide

This guide builds upon NYSOFA's work with our stakeholder Advisory Council of Older LGBTQ+ New Yorkers. The Council includes representatives of AARP New York, the Association on Aging in NYS, and key stakeholders representing the LGBTQ+ community who have worked with NYSOFA to identify and overcome service gaps or barriers. Members of the Advisory Council have assisted NYSOFA and our partners across the state to improve LGBTQ+ cultural competency in the aging services system. These efforts have increased the participation of LGBTQ+ individuals on local aging advisory councils and led to the development of training and outreach strategies to improve service access.

Unique Needs of LGBTQ+ Older Adults

Over 5 percent of all New Yorkers, 3.8 percent of adults aged 55-64, and 2.3 percent of adults over the age of 65 openly identify as LGBTQ+. These numbers only represent those who self-identify and do not account for people who are questioning, or who may not feel comfortable publicly disclosing their sexual orientation and gender identity. As our overall population continues to age – and as more people are feeling comfortable publicly disclosing their identities – we can expect the population of LGBTQ+ older adults to increase over time.

Studies have shown in recent years that despite various efforts made for civil rights and inclusion, LGBTQ+ older adults are still experiencing discrimination when seeking aging-related services. For some, this fear and social stigma have disrupted their lives, their connections with their families of origin, their lifetime earnings, and their opportunities to save for retirement. Many are also apprehensive of health care providers for some of these same reasons.

LGBTQ+ older adults are less likely than heterosexual elders to access many services for the aging, including senior centers, meal programs, and other assistance programs because they fear discrimination or harassment if their sexual orientations or gender identities become known. Some LGBTQ+ older adults who access aging service agencies may also choose to remain closeted or private about their sexual orientation or gender identity, referring to partners, significant others, or loved ones as a “friend,” “roommate,” or “sibling.” Other LGBTQ+ older adults may resist accessing aging services and agencies altogether and may only seek assistance for emergency care, going without preventive supports that could help address needs or conditions before they escalate to crisis levels.

LGBTQ+ Health and Social Disparities in Focus

In January 2021, AARP, SAGE and other advocates for LGBTQ+ older adults issued a report revealing that:

- 23 percent of LGBTQ+ New Yorkers of all ages cite inadequate insurance coverage as the most significant barrier to health care.
- One-third of LGBTQ+ adults aged 50 and over live at or below 200 percent of the federal poverty level, compared to a quarter of non-LGBTQ+ people.

- 21 percent of LGBTQ+ adults aged 50 and over have provided care to friends – three-and-a-half times the 6 percent of non-LGBTQ+ peers.
- Poverty rates are even higher for LGBTQ+ older people of color, those aged 80 and older, bisexual older people, and transgender older people.

Of the 800,000 people in New York who are LGBTQ+, nearly one-third are over the age of 50. Yet the AARP/SAGE report found that this population remains largely invisible to traditional aging network or human service providers. This finding is also well documented by organizations serving LGBTQ+ older adults who are facing disparities rooted in years of discrimination, lack of legal and social recognition, reduced access to inclusive services, and more. After decades of admirable resilience, LGBTQ+ older people are still facing negative health, economic, and social implications that demand action. These challenges have been magnified during the COVID-19 pandemic.

NYSOFA’s Strategic Plan for LGBTQ+ Older Adults

NYSOFA has developed a strategic work plan to enhance services for LGBTQ+ older adults in New York State. This plan was drafted in coordination with the Association on Aging in NYS, AARP, and SAGE. It includes:

- Establishing a NYSOFA standing committee on LGBTQ+ Aging to identify challenges and barriers to service access and ways to mitigate them.
- Sharing of best practices and developing expert recommendations on an ongoing basis to improve the quality of life for LGBTQ+ adults age 50 and over.
- Work to increase the involvement of racially diverse LGBTQ+ populations representing stakeholder groups on the advisory councils and long-term care councils that local Area Agencies on Aging (AAAs) are required to organize.
- The inclusion of efforts being undertaken to assist LGBTQ+ older adults into NYSOFA's four-year plan and AAA local planning and conducting quarterly stakeholder meetings to identify issues and best practices.
- Encouraging regular assessments of older LGBTQ+ adults’ needs that can be accomplished through surveys, focus groups, and collected as part of the mandatory community assessments which are required for the development of local four-year plans.
- Facilitating training of service providers on unique needs of LGBTQ+ older adults.

NYSOFA has already incorporated questions to identify the needs of LGBTQ+ older adults within NYSOFA’s Comprehensive Assessment for Aging Network Community (COMPASS), our primary screening instrument. This screening process assists in developing client-centered planning to provide any one of the seven supportive services, including case management, home health aides, adult day care services, and home-delivered meals.

Deliberations of NYSOFA’s Advisory Council for Older LGBTQ+ New Yorkers and the Governor’s cross-agency workgroup will build upon the tremendous accomplishments made in New York State to

increase access to community-based services and supports designed for LGBTQ+ older adults to help them age in place.

Key Findings on LGBTQ+ Competency and Resource Needs in the Aging Services Community

In the Spring of 2022, NYSOFA surveyed the Advisory Council of Older LGBTQ+ New Yorkers, AAAs, and other aging network providers to learn about the needs of service providers in delivering LGBTQ+ competent care, any issues or barriers they've confronted, and effective program models, outreach efforts or best practices. The following are some key findings:

- Approximately 34 percent of organizations serving LGBTQ+ New Yorkers had some involvement with the AAA Advisory Council in the county or counties they serve, with 19 percent serving as a member of the AAA Advisory Council in their community. Of those who were not involved in an Advisory Council, 26 percent indicated they were interested in involvement, presenting an opportunity area for AAAs to engage local LGBTQ+ service providers in more direct participation on local planning efforts.
- At least 56 percent of organizations had a contract with a AAA to serve older adults. Approximately 25 percent did not have a contract. (The remaining individuals answered “not applicable” or some other arrangement.)
- Most survey respondents expressed some degree of confidence in their abilities to serve the LGBTQ+ community. For instance, 63 percent of organizations “mostly agreed” or “agreed” that their organization provided excellent service to LGBTQ+ older adults.
- Organizations also shared information about existing service and resource gaps, with 7 percent saying there are not many resources in their area for lesbian, gay, and bisexual+ older adults, and nearly 9 percent saying there were not many resources in their area for transgender and gender non-conforming/non-binary older adults.
- Respondents were asked to describe any issues or challenges they encountered serving LGBTQ+ older adults. The most prominent issue was that clients or service recipients have expressed privacy concerns about discussing their gender/sexual orientation (37 percent cited this as a concern). Also, 33 percent said staff express concerns about their ability to approach the subject of gender/sexual orientation appropriately. These findings highlight the need for resources and training to help aging services providers initiate conversations on gender and sexual orientation. Indeed, nearly 82 percent of respondents said they would like additional training in LGBTQ+ cultural competency.

NYSOFA LGBTQ+ Resource Directory

The following resource directory provides aging service providers, LGBTQ+ older adults, and caregivers with a comprehensive list of current LGBTQ+ Centers, LGBTQ+ aging services, SAGECare Certified providers, and places where providers can access cultural competency training. This list includes organizations identified by NYSOFA as well as those who responded to our survey of the aging services network.

SageCare Certified Area Agencies on Aging

SAGECare is SAGE's training and consulting division that assists senior care agencies in creating fully LGBT-inclusive services. SAGECare training covers basics about what LGBT means, stories of real LGBT older adults, skills to work with LGBT older adults, and suggested improvements across multiple departments. If SAGECare has trained an agency staff, the agency is eligible to receive a SAGECare credential and display it on marketing materials and at their locations. NYSOFA and the Association on Aging in New York are working with counties to increase the number of SAGECare-certified Area Agencies on Aging.

AAAs with SAGE Certification:

- Cattaraugus County Department for the Aging (Bronze, 2021)
- Chemung County Department of Aging and Long Term Care (Bronze, 2017)
- Clinton County Office for the Aging (Bronze, 2020)
- Lewis County Office for the Aging (Bronze, 2021)
- Steuben County Office for the Aging (Bronze, 2016)
- Tioga Opportunities, Inc. (Bronze, 2018)
- Tompkins County Office for the Aging (Bronze, 2016)

SAGECare certifications include four levels. To earn each level of certification, an organization must meet the following minimum levels of training:

- **Platinum:** 80% of employees received 1 hour of LGBT Aging Training and 80% of Executive/Administrators received 4 hours of LGBT Aging Training
- **Gold:** 60% of employees received 1 hour of LGBT Aging Training and 60% of Executive/Administrators received 4 hours of LGBT Aging Training
- **Silver:** 40% of employees received 1 hour of LGBT Aging Training and 40% of Executive/Administrators received 4 hours of LGBT Aging Training
- **Bronze:** 25% of employees received 1 hour of LGBT Aging Training

Directory of Organizations Specializing in Services for LGBTQ+ New Yorkers: Metropolitan NYC Region

Region 1 – Metropolitan/NYC, Westchester, Nassau, and Suffolk Counties				
Counties	Service Provider	Phone Number	Address & E-mail	Description & Website
NYC 5 Boroughs – Bronx, Brooklyn, Manhattan, Queens, Staten Island				
NYC	Abba Human Service Foundation	845-253-6828	10 Schriever Lane Suite B New York, NY 10956 Contact-us@abbahumanservices.org	Advocates and provides health and human services including case management/service coordination, physical and mental health evaluations, and treatment for older adults. https://abbahumanservices.org/about-us
	ACRIA/GMHC	212-367-1000	307 West 38th Street New York, NY 10018-9502 info@gmhc.org	Working to end the AIDS epidemic and uplift the lives of all affected. https://www.gmhc.org/
	AffinialCARE	866-409-1276	135 W 58th Street New York, NY 10019	SAGECare Certified (Platinum, 2021) care management and caregiving services for individuals. http://www.affinialcare.com/
	Alliance Homecare	646-681-3635	252 W 37th Street Suite 600W New York, NY 10018 info@alliancehomecare.com	SAGECare Certified (Platinum, 2017) in-home nursing care for all ages. http://alliancehomecare.com/
	Alzheimer's Association Long Island Chapter	800-272-3900		SAGECare Certified (Platinum, 2016) Alzheimer's services and supports. http://www.alz.org/longisland/

NYC continued	ARC XVI Fort Washington	212-781-5700	4111 Broadway New York, NY 10033 120 W 140th Street New York, NY 10030 108 W 146th Street New York, NY 10039 info@arcseniors.org	Sponsors three senior centers in NYC that provide senior transportation and conducts research with academic partners on senior issues and needs. http://www.arcseniors.org/
	Aude Lorde Project	718-596-0342	85 South Oxford St. Brooklyn, NY 11217	Community organizing center for social justice. www.alp.org
	Bay Senior Center	718-769-1767	3643 Nostrand Ave Brooklyn, NY 11229	Senior Center for Adults 60+.
	Bayada Home Health Care – Adult Nursing	212-354-3557	115 West 30th Street Suite 700 New York, NY 10001	SAGECare Certified (Bronze, 2016) in-home health/help agency providing personal care, companionship, skilled nursing and more. http://www.bayada.com/
	BJCC/ Ampark NORC	718-652-5500	2930 Wallace Ave Bronx, NY 10467	Provides case management, healthcare management and other social and educational programs that are focused on keeping older adults in their residence as long as possible. https://nyconnects.ny.gov/services/bjcc-ampark-norc-bronx-sofanypp46
	Boriken Neighborhood Health Center	212-289-6650	2265 Third Ave New York, NY 10035 info@boriken.org	Senior Center that provides nutritional meals and wellness activities. https://www.boriken.org/en/services/senior-nutrition-program/
	Bronxworks	646-393-4000	60 E. Tremont Ave Bronx, NY 10453	Feed, shelter, teach and support neighbors to build a stronger Bronx community. https://bronxworks.org/

NYC continued	Brookdale Battery Park City	917-730-8794	455 North End Ave New York, NY 10282	SAGECare Certified (Platinum, 2021) senior services center which includes assisted living, skilled nursing, retirement communities, and home health care. http://brookdalebatteryParkcity.com/
	Brooklyn Chinese- American Association 6th Ave Senior Center	718-567-9311	60th Street Brooklyn, NY 11220	Provides services such as meals, educational classes and activities and case assistance, information, and referrals to older adults. https://www.bca.net/eng/sixth.html
	Brooklyn Community Pride Center	347-889-7719	1360 Fulton Street Ground Floor Brooklyn, NY 11216 1561 Bedford Ave Suite Ground A Brooklyn, NY 11225	LGBTQ+ community center that provides programs, events and information services. https://lgbtbrooklyn.org/
	Callen-Lorde Community Health Center	212-271-7200	356 West 18th Street New York, NY 10011	Health care and health-related services for LGBTQ+ people of all ages. www.callen-lorde.org
	Carter Burden Network	212-879-7400	415 East 73rd Street New York, NY 10021 contactus@carterburdenetwork.org	SAGECare Certified (Bronze, 2021) provider of programs and services for older New Yorkers through senior centers, social services, arts and culture, and advocacy. http://carterburdenetwork.org/
	CCNS Northside Senior Center	718-387-2316	179 North 6th Street Brooklyn, NY 11211	Senior Center that provides meals and activities to older adults. https://nyconnects.ny.gov/services/ccns-northside-neighborhood-senior-center-sofanypp989

NYC continued	Charles B. Wang Community Health Center	212-379-6988	268 Canal St New York, NY 10013	Federally qualified health center offering comprehensive primary care services to all. www.cbwchc.org
	Commonpoint Queens	718-268-5011	67-09 108th Street Forrest Hills, NY 11375	Provides four older adult centers, three naturally occurring retirement communities, exercise classes, dementia care programs and support groups all carefully designed for the needs of older adults. https://www.commonpointqueens.org/
		718-268-5057	77-17 Queens Blvd. Elmhurst, NY 11373	
		718-225-6750	58-20 Little Neck Pkwy Little Neck, NY 11362	
		718-423-6111	212-00 23rd Ave Bayside, NY 11360	
	Destination Tomorrow	646-723-3325	452 East 149th Street Bronx, NY 10455 destubatuib@thetascgroup.com	The Bronx LGBTQ Center is a grassroots agency providing services and supports for all ages. http://destinationtomorrow.org/
	Deva Physical Therapy	347-850-3382	322 W 52nd St. Suite 1496 New York, NY 10019 devaphysicaltherapy@gmail.com	SAGECare Certified (Platinum, 2021) in-home physical therapy services for all ages. http://devaphysiicaltherapy.com/
Dorchester Senior Citizens Center	718-941-6700	1419 Dorchester Road Brooklyn, NY 11226 dorchesterlife@optonline.net	Serves lunches, and provides educational, recreational, cultural and health-promotion activities for older adults. http://dorchesterseniors.blogspot.com/	
DOROT	212-769-2850	171 West 85th Street New York, NY 10024	SAGECare Certified (Platinum, 2022) provider of volunteer companions for otherwise socially isolated seniors through one-on-one visits and group programs. http://dorotusa.org/	

NYC continued	Florence E-Smith Senior Services	929-380-5491	102-19 34th Ave Corona, NY 11368 dbarbes@fesscenter.org	Senior Center and Meals on Wheels program. https://www.fesscenter.org/
	Fort Greene Council, Inc.	917-474-5456	966 Fulton Street Brooklyn NY, 11238	Provides quality programming and human service care that encourages and embraces seniors in a challenging, nurturing, and supportive environment. https://www.fortgreenecouncil.org/
	Frey Eldercare Inc.	646-864-4745	sfrey@freyeldercare.com	SAGECare Certified (Bronze 2017) provider for geriatric care management. http://www.freweldercare.com/
	Gay Men of African Descent (GMAD)		44 Court Street Brooklyn, NY 11201	Provides training and resources for LGBTQ+ male-identifying people of color. www.gmad.org
	Gay Men's Health Center	212-367-1000	307 West 38th Street New York, NY 10018 info@gmhc.org	Services, supports, and resources for long-term survivors of HIV/AIDS with specific, targeted services for individuals 50+. http://www.gmhc.org/communities/older-adults/
	God's Love We Deliver	212-294-8100	166 Avenue of the Americas New York, NY 10013 info@glwd.org	Provides food and nutrition services to individuals who, because of chronic disease and severe illness, are unable to shop or cook for themselves. https://www.glwd.org/
	Great Kills Older Adult Center	718-356-5050	11 Sampson Ave Staten Island, NY 10308	Provides socialization and nutrition programs to older adults. https://www.statenislandfriendshipclubs.com/

NYC continued	GRIOT Circle – a gathering of Elders	718-246-2775	P.O. Box 26451 Brooklyn, NY 11202 Reunion@griotcircle.org	GRIOT Circle is a community-based, multigenerational organization serving LGBTQ elders of color. https://griotcircle.org/
	Harlem Community Pride Center	347-846-0362	42 Macombs Place New York, NY 10039 info@harlempride.org	Pride Center hosts community forums, events, and social supports for all ages. http://harlempride.org/
	HealthSense	646-241-3463		SAGECare Certified (Bronze, 2017) provider for care management, home care, and memory care. http://www.health-sense.org/
	Hudson Guild Elliot Center	212-760-9800	441 W 26th Street New York, NY 10001	Empowers older adults to achieve their highest potential while maintaining a priority focus on those in economic need. http://hudsonguild.org/
	Inspired Memory Care	917-705-8260	130 Water Street 3B New York, NY 10005	SAGECare Certified (Platinum, 2021) provider of consulting and training services to support care teams for inspired memory care for people living with dementia. http://inspiredmemorycare.com/
	Jamaica Service Program for Older Adults, Inc. – Theodora G. Jackson Adult Center	718-657-6500	92-47 165th Street Jamaica, NY 11433	SAGECare Certified (Bronze, 2016) organization providing seniors residing in Queens County with service centers. http://jspoa.org/
	Karpoff Affiliates – Moving On NYC	212-358-8044	290 Third Ave Ste 26C New York, NY 10010 mkarpoff@karpoffaffiliates.com	SAGECare Certified (Bronze, 2016) senior move managers for counseling on home modification or assistance in what to do when individuals can no longer live at home. http://karpoffaffiliates.com/

NYC continued	Lantern Community Services	212-398-3073	494 8th Ave. 20th floor New York, NY 10001	SAGECare Certified (Platinum, 2016) provider for people of all ages who are threatened with or impacted by homelessness including affordable housing and programs to support independence. http://lanterncommunity.org/
	Lenox Hill Neighborhood House	212-744-5022	331 E 70th Street New York, NY 10021	Provides an extensive array of effective and integrated human services to older adults. https://www.lenoxhill.org/
	Maspeth Town Hall	718-335-6049	53-37 72nd Street Maspeth, NY 11378	Maspeth Town Hall is now a thriving multi-generational community center providing a variety of services www.maspethtownhall.org
	Methodist Home for Nursing and Rehabilitation	718-548-5100	4499 Manhattan College Parkway Riverdale, NY 10471	SAGECare Certified (Gold, 2022) provider for skilled nursing and rehabilitation. http://methodisthome.org/
	MJHS Hospice and Palliative Care	855-692-5058	6323 7th Ave Brooklyn, NY 11220	SAGECare Certified (Platinum, 2022) provider for hospice and palliative care across NYC. http://mjhs.org/
	Nachas Health and Family Network	718-436-7373	1310 48th Street Brooklyn, NY 11219	Provides social services and aides older adults through the process of tapping into government assistance. https://www.nachashealth.org/index.html
	Neighborhood SHOPP	347-862-5200	975 Kelly Street Suite 301 Bronx, NY 10473 info@nshopp.org	Offers programs that empower older persons through knowledge, support, stimulation, and motivation. https://nshopp.org/

NYC continued	New York Transgender Advocacy Group	848-272-1039	215 W 125th Street Suite 2 New York, NY 10027	Advocates for more inclusive gender-based policies that benefit transgender and gender non-conforming/non-binary individuals through building community leaders, educating practitioners, and influencing policymakers. https://www.nytag.org/
	NIA Community Services Network	718-236-5266	6614 11th Ave, Brooklyn, NY 11219	NIA provides older adults with support and assistance accessing social services, socialization events, healthy living information and activities, along with referral services. https://www.niabklyn.org
	Northeast Bronx Senior Citizens, Inc.	718-828-6090	2968 Bruckner Blvd. Bronx, NY 10465	Provides meals and activities to older adults. https://stbenedictchurchny.org/northeast-bronx-senior-center
	NY Connects Manhattan	212-962-2720	11 Park Place Suite 1110 New York, NY 10007	SAGECare Certified (Platinum, 2021) hub for local resources. http://www.nyconnects.ny.gov
	Project Find	212-501-8966	141 W 73rd Street #10 New York, NY 10023	Provides older adults with the services and supports they need to live enriched, independent lives on Manhattan's West side. https://www.projectfind.org/
	Prospect Hill Senior Services Center	718-499-9574	283 Prospect Ave. Brooklyn, NY 11215 info@phsonline.org	Offers a wide variety of programs for older adults. https://stjme.org/prospect-hill-senior-services-center/
	Queens Community House – Generation Q	718-892-5757 ext. 450	92-17 165th Street Queens, NY 11433 info@gchnyc.org	LGBTQ+ Center for all ages providing services, supports, and advocacy. http://www.gchnyc.org/

NYC continued	Queens LGBT Center (Q Center)	718-514-2155	35-11 35th Avenue, Astoria, NY 11106	A home and voice for LGBT people, their families, and support system in Long Island and Queens. https://lgbtnetwork.org/
	Queens Pride House	718-429-5309	76-11 37th Ave Ste 206 New York, NY 11372	LGBTQ+ Center providing services and supports for area residents including health referrals, advocacy, and raising awareness about public health issues. http://www.facebook.com/queenspridehouse/
	RAIN	718-892-5520	811 Morris Park Ave Bronx, NY 10462 info@raininc.org	Aims to enhance the well-being and quality of life for those in need by meeting the interim needs of people of all ages. https://www.raininc.org/
	Rainbow Heights Club	718-852-2584	25 Elm Place 6th Floor Brooklyn, NY 11201 info@rainbowheights.org	Support and advocacy program for lesbian, gay, bisexual, and transgender consumers of mental health services. https://www.rainbowheights.org/
	Renewal Memory Partners	877-544-8161	555 Madison Ave Floor 5 New York, NY 10022	SAGECare Certified (Platinum, 2021) provider of concierge, specialty home care services to clients living with neurocognitive health challenges. http://renewalmemory.org/
	Right at home of Lower Manhattan	646-480-4930	30 Broad Street 14th Floor, Suite 1439 New York, NY 10004	SAGECare Certified (Bronze, 2017) provider for in-home care and assistance for the elderly including companion care, personal care, and specialty care. http://www.rightathome.net/

NYC continued	RiseBoro Community Partnership	718-821-0254	555 Bushwick Ave Brooklyn, NY 11206 info@riseboro.org	RiseBoro is a multiservice community organization providing senior services, education, housing empowerment and health throughout NYC. https://riseboro.org/
	RiverSpring Health Hebrew Home at Riverdale	1-800-56-SENIOR	5901 Palisade Ave Riverdale, NY 10471	SAGECare Certified (Bronze, 2016) senior living offering managed home care, assisted living, independent living communities, skilled nursing and rehabilitation. http://www.riverspringhealth.org/
	SAGE USA	212-741-2247	305 7th Avenue 15th Floor New York, NY 10001	Provides advocacy services and support to older members of the LGBTQ+ community. www.sageusa.org
	Seaside Senior Center	718-722-6001	191 Joralemon Street Brooklyn, NY 11201 91-14 Merrick Blvd. 6th Floor Jamaica, NY 11432	Day program for older adults that provides lunch, health and wellness education, exercise, and games. https://www.ccbq.org/
	Shorefront	718-646-1444	3300 Coney Island Ave Brooklyn, NY 11235 info@shorefrontny.org	Provides integrated services to older adults residing in the designated area in the Brighton Beach community. https://www.shorefrontny.org/senior-living
	SilverBills	800-825-1924	300 West 57th Street 40th Floor New York, NY 10019	SAGECare Certified (Platinum, 2021) provider for concierge bill and accounts management. http://silverbills.com/
	Staten Island Center for Independent Living	718-720-9016	470 Castleton Ave Staten Island, NY 10301	Provides individuals with disabilities the information, life skills training, and facilitative assistance to have them be independent and integrated in their own community. https://www.siciliving.org/

NYC continued	Staten Island LGBT Community Center	718-808-1360	25 Victory Blvd., 3rd fl. Staten Island, NY 10301	SAGE-Staten Island works to encourage a greater understanding of the rights and needs of LGBTQ+ elders. PCSI's program in conjunction with SAGE, helps LGBTQ+ elders enjoy healthy, active aging in their community. We include inter-generational programming as well. https://www.pridecentersi.org/
	Stein Senior Center	646-395-6083	204 East 23rd Street 2nd Floor New York, NY 10010 reception@stein seiorcenter.org	Older Adult Center that provides programs, resources and other services to people ages 60+. https://www.steinseniorcenter.org/
	Stonewall Community Development Corporation	929-209 4070 ext. 104	276 First Ave, Suite 8G New York, NY 10009 info@stonewallcdc.org	Creates safe and affordable housing for NYC's LGBTQ+ seniors. https://www.stonewallcdc.org/
	Sylvia Rivera Law Project	212-337-8550	147 W 24th Street 5th Floor New York, NY 10011	Social Justice and legal advocacy organization aimed at collective action for the rights of people at the intersections of race, gender identity and expression, sexual orientation and more. www.srlp.org
	The Campaign Against Hunger	718-773-3551	2010 Fulton Street Brooklyn, NY 11233 info@tcahnyc.org	One of the largest emergency food distribution organizations within NYC. https://www.tcahnyc.org/
	The LGBT Community Center	212-620-7310	208 W 13th Street New York, NY 10011	Empowers the LGBTQ community in NYC to lead healthy successful lives. https://gaycenter.org/

NYC continued	The New Jewish Home	800-544-0304	120 West 106th St. New York, NY 10025	SAGECare Certified (Gold, 2021) provider of comprehensive health and rehabilitation care to meet the needs of people as they age. http://jewishhome.org/
	The Pride Center of Staten Island	718-808-1360	66 Willow Ave. Suite 202 SI, NY 10305	SAGE-Staten Island works to encourage a greater understanding of the rights and needs of LGBTQ+ elders. PCSI's program in conjunction with SAGE, helps LGBTQ+ elders enjoy healthy, active aging in their community. We include inter-generational programming as well. https://www.pridecentersi.org/
	Transgender Legal Defense and Education Fund	646-862-9396	520 8th Ave Suite 2204 New York, NY 10018 communications@transgenderlegal.org	Non-profit organization whose mission is to end discrimination and achieve equality for transgender people and particularly for people who are multiply marginalized. www.transgenderlegal.org
	United Senior Citizen of Sunset Park, Inc.	718-439-8646	475 53rd St #3, Brooklyn, NY 11220 aclarkson@fortgreenecouncil.org	Provides congregate meals, activities, transportation and recreation, information and referrals, and health screenings for residents 60 and older. https://www.nyconnects.ny.gov/services/united-neighborhood-senior-citizens-center-sofanyp2032
	University Settlement	Online Resource		Partners with New Yorkers and communities to pioneer highly effective programs that fight poverty and systemic inequality. https://www.universitysettlement.org/

NYC continued	VillageCare Rehabilitation and Nursing Center	877-822-7369	120 Broadway Suite 2840 New York, NY 10271	SAGECare Certified (Platinum, 2018) community-based provider for people with chronic care needs. http://villagecare.org/
	Weissman Wellness	212-920-5967	JYWeissman@Weissmanwellness.com	SAGECare Certified (Platinum, 2021) provider for comprehensive geriatric care management comprised of a team of master's-level social workers. http://www.weissmanwellness.com/
	West Side Federation	212-721-6032	2345 Broadway New York, NY 10024 info@wsfssh.org	Provides housing that meets the diverse needs of older people and persons living with special needs. https://www.wsfssh.org/
	Young Israel Senior Services of Midwood	718-253-7800	1694 Ocean Ave Brooklyn, NY 11230	Senior Center that serves meals and provides programming for older adults. https://www.nycservice.org/organizations/index.php?org_id=1706
Westchester	The Loft Community Center	914-948-2932	252 Bryant Ave White Plains, NY 10605	Provides education, advocacy, and celebration to further the cause of inclusion, diversity, and pride. https://www.loftgaycenter.org/
	City of Peekskill	914-737-3400	840 Main Street Peekskill, NY 10566	Offers onsite and homebound meal delivery services, socialization opportunities, community engagement experiences, and support services for older adults. https://www.cityofpeekskill.com/

Westchester continued	Yonkers NNORC	914-391-1323	435 Riverdale Ave Yonkers, NY 10705	Provides a wide range of activities and programs to help older adults age comfortably in their homes. https://www.yonkersny.gov/government/departments/office-for-the-aging/yonkers-neighborhood-naturally-occurring-retirement-community-nnorc
	Westchester Disabled on the Move	914-968-4717	984 North Broadway Suite 400 Yonkers, NY 10701	Dedicated to helping individuals with disabilities have equal rights. https://wdom.org/
	Broadview Senior Living at Purchase College	914-627-9011	6 International Drive Suite 120 Rye Brook, NY 10573	SAGECare Certified (Platinum, 2021) senior living community. http://www.broadviewseniorliving.org/
	The Hoarding Disorder Resource and Training Group		abpadanp@yahoo.com	SAGECare Certified (Bronze, 2016) provider for hoarding disorder treatment. http://hoardingdisordergroup.education/
	Mosaic of Westchester	914-328-7001	925 Westchester Ave Suite 200 White Plains, NY 10604	SAGECare Certified (Platinum, 2016) LGBTQ+ committee under Westchester Jewish Council providing faith-based services to the Jewish community. http://wjcouncil.org/
	The Lutheran Care Network	914-365-6365	700 White Plains Rd Suite 377 Scarsdale, NY 10583 infor@tlcn.org	SAGECare Certified (Platinum, 2016) provider of faith services in the home or residential care facilities. http://www.tlcn.org/
Nassau	Hispanic Brotherhood Inc	(516) 766-6610	59 Clinton Ave. Rockville Centre NY 11570 Hispanicrvc@aol.com	Provides a wide range of resettlement services, an after-school childcare and tutorial program, and the Hispanic brotherhood senior citizens club. https://www.hispanicbrotherhood.org/

Nassau Continued	Nassau Suffolk Law Services	516-292-8100	1 Helen Keller Way 5th Floor Hempstead, NY 11550	Provides legal assistance in civil matters to low income, disabled and disadvantaged persons. https://www.nslawservices.org/
	Long Island Center for Independent Living	516-796-0144	3601 Hempstead Tpke. Suite 208 & 500 Levittown, NY 11756 licil@aol.com	Promotes empowerment through education, information and rallying behind issues that directly impact the daily lives of persons with disabilities. https://licilinc.org/
	Nassau County Office for the Aging	516-227-8900	60 Charles Lindbergh Blvd. Uniondale, NY 11553 seniors@hhsnassaucountyny.us	Empowers older persons to live more independently communitywide. https://www.nassaucountyny.gov/1438/Aging
	The Hamlet Rehabilitation and Healthcare Center at Nesconset	631-361-8800	100 Southern Blvd. Nesconset, NY 11767	SAGECare Certified (Platinum, 2016) provider for in-patient subacute rehabilitation and skilled nursing services. https://hamletrehab.com/
	Surrogate Family Care	516-205-6133	1300 Jericho Tpke. Hyde Park, NY 11040 info@surrogatefamilycare.com	SAGECare Certified (Platinum, 2020) provider of personal care, therapeutic services, companion care, and homemaking services for seniors. http://www.surrogatefamilycare.com/
Suffolk	LGBT New York	Sag Harbor 631-899-4950 Bay Shore 516-323-0011 Hauppauge 631-665-2300	44 Union Street Sag Harbor, NY 11963 34 Park Ave. Bay Shore, NY 11706 125 Kennedy Drive Suite 100 Hauppauge, NY 11788	A home and voice for LGBT people, their families, and support system in Long Island and Queens https://lgbtnetwork.org/

Nassau Suffolk Law Services	631-232-2400 631-369-1112	175 Veterans Highway Suite 50 Islandia, NY 11749 400 West Main Street Suite 200 Riverhead, NY 11901	Provides legal assistance in civil matters to low-income, disabled and disadvantaged persons. https://www.nslawservices.org/
Suffolk County	631-853-8200	100 Veterans Memorial Highway Hauppauge, NY 11788	Assists persons 60 years of age and older in maintaining maximum independence and dignity, to remove barriers to economic and personal independence, and to provide a continuum of care for the vulnerable elderly. https://suffolkcountyny.gov/aging
RSVP Suffolk County NY	631-979-9490	811 West Jericho Turnpike Suite 103W Smithtown, NY 11787	RSVP provides programs to assist older adults in taking charge of the chronic conditions they may have and making informed health insurance choices. https://www.rsvpsuffolk.org/
Town of East Hampton	631-329-6939	128 Springs Fireplace Road East Hampton, NY 11937	Provides services to older adults in the town of East Hampton. https://www.ehamptonny.gov/254/Human-Services
Suffolk County Independent Living Organization	631-880-7929	3253 Route 112 Building 10 Medford, NY 11763 info@siloinc.org	Provides information, assistance, and services to older adults. https://www.siloinc.org/
Suffolk County JCC	631-462-9800	74 Hauppauge Road Commack, NY 11725 info@syjcc.org	Community Center that has programming for adults of all ages. https://syjcc.org/

	Rockland County Pride Center	845-353-6300	28 S. Franklin Street Nyack, NY 10960	Supports and celebrates the LGBTQ+ community, challenges stereotypes and practices that adversely impact LGBTQ+ people. https://rocklandpridecenter.org/
	People to People	845-623-4900	121 West Nyack Road Nanuet, NY 10954 info@peopletopeopleinc.org	Hunger relief organization that partners with nonprofit organizations to assure the most vulnerable populations get the assistance they need. https://www.peopletopeopleinc.org/about-us
Ulster	Hudson Valley LGBTQ Community Center	845-331-5300	300 Wall Street Kingston, NY 12401	Strengthen, support, and celebrate our diverse LGBTQ+ community in achieving its fullest potential and creating a more equitable world. www.lgbtqcenter.org
	Ulster County Office for the Aging	845-340-3456 877-914-3456	1003 Development Court Kingston, NY 12401	Assists and empowers older adults and their families to live as independently as possible, with dignity and purpose. https://ulstercountyny.gov/aging/

Directory of Organizations Specializing in Services for LGBTQ+ New Yorkers: Leatherstocking Region

Region 3 – Leatherstocking				
Counties	Service Provider	Phone Number	Address & E-mail	Description & Website
Columbia	Columbia County Office for the Aging	518-828-4258	325 Columbia Street Suite 231 Hudson, N 12534	Addresses the needs of older adults through advocacy, and services. https://sites.google.com/a/columbiacountyny.com/columbia-county-office-for-the-aging/home
	Out Hudson		858 Columbia St Hudson, NY 12534	Out Hudson is a volunteer-led non-profit organization, whose mission is to improve the quality of life and advance the visibility of LGBTQ people in Columbia County. Out Hudson was formed in 2016 and obtained official non-profit status from New York State in 2019. https://outhudsonny.wordpress.com/
	Hudson Pride Foundation	518-303-6122	603 Warren St Hudson, NY 12534 HUDSONPRIDEFOUNDATION@gmail.com	The Hudson Pride Foundation strives to provide education, resources and support to empower and serve LGBTQ persons and their allies across Columbia County. Through collaboration and outreach, HPF builds a community that celebrates diversity inclusive of sexual orientation, gender identity and gender expression. https://HUDSONPRIDE.ORG/

Delaware	SAGE Hudson Valley	877-360-LGBT (5428) 845-331-5300	300 Wall Street Kingston, NY 12402	SAGE Hudson Valley provides services, professional resources, and programs that support and unite the LGBTQ+ community across lines of age, race, gender, and economics. https://www.sageusa.org/
Fulton	Centro Civico of Amsterdam	(518) 842-3762 x 228	143 E Main Street Amsterdam NY 12010	HIV Focus Group (For HIV-Positive people only) in Fulton and Montgomery Counties
	Mental Health Association LGBT Resource Center	518-762.5332 ext. 111	307-309 Meadow Street Johnstown, NY 12095	The Resource Center is a safe and supportive environment for Lesbian, Gay, Bisexual, Transgender and Questioning individuals, their family and friends to obtain information, education and service referrals in Montgomery and Fulton Counties and the Capital District.
Greene	Greene County Office for the Aging	518-719-3555	411 Main Street Catskill, NY 12414 aging@discovergreene.com	Provides supportive services to help older adults stay independent for as long as possible. https://www.greenegovernment.com/departments/human-services-greene-gov/elderly
	Catskills Pride		contact@catskillspride.com	Catskills Pride began as an informal group of full and part-time residents to create a welcoming and safe environment for the LGBTQIA+ community. It has evolved into an organization that has an active voice in the broader Catskills and its neighboring New York communities. Catskills Pride focuses on improving visibility and social support in areas such as: education, business, arts and entertainment, and tourism. https://www.catskillspride.com

Montgomery	Mental Health Association LGBT Resource Center	518-762.5332 ext. 111.	307-309 Meadow Street Johnstown, NY 12095	The Resource Center is a safe and supportive environment for Lesbian, Gay, Bisexual, Transgender and Questioning individuals, their family and friends to obtain information, education and service referrals in Montgomery and Fulton Counties and the Capital District. There is a peer specialist available to provide assistance as needed. This dedicated safe space was developed within a Suicide Prevention Grant and is stocked with suicide prevention materials, community resource information, and education materials and information.
	Centro Civico of Amsterdam	(518) 842-3762 x 228	143 E Main Street Amsterdam NY 12010	HIV Focus Group (For HIV-Positive people only) in Fulton and Montgomery Counties
Otsego	Otsego Rural Housing Assistance	607-286-7244	140 County Hwy. 33W Cooperstown, NY 13326 ORHA@stny.rr.com	Administers grant-funded housing assistance to low-income households in Otsego County, with special reference to seniors and those with disabilities. https://otsegoruralhousing.org/
	Otsego County Office for the Aging	607-547-4232	140 County Highway 33W, Suite 5 Cooperstown, NY 13326	Assists older adults and caregivers by providing services and supports to help them live in their community independently. https://www.otsegocounty.com/departments/office_for_the_aging/index.php
Schoharie	Schoharie County Office for the Aging	518-295-2001	113 Park Place Suite 3 Schoharie, NY 12157	Assists and advocates for older adults and their caregivers through programs and services designed to promote health, safety, dignity and independence. https://www4.schohariecounty-ny.gov/departments/ofa/

Sullivan	Sullivan County Office for the Aging	845-794- 3000	100 North Street PO Box 5012 Monticello, NY 12701	Advocates for the older population in Sullivan County. Provides services and programs for older adults. https://sullivanny.us/Departments/Aging
	Action Toward Independence	845-794- 4228	309 E. Broadway Suite A Monticello, NY 12701 ati@atitoday.org	Promotes independence, inclusion, participation and personal choice of individuals with disabilities. https://www.atitoday.org/

Directory of Organizations Specializing in Services for LGBTQ+ New Yorkers: North Country

Region 4 – North Country				
Counties	Service Provider	Phone Number	Address & E-mail	Description & Website
Clinton	Clinton County Office for the Aging	518-565-4620	135 Margaret Street Suite 105	(SAGECare Certification Bronze, 2021) Provides health and wellness, housing, nutrition, transportation, and other services to older adults. https://www.clintoncountygov.com/Departments/Aging/OFA-Home.html
	Senior Citizens Council of Clinton County Inc.	518-563-6180	5139 North Catherine Street Plattsburgh, NY 12901	Provides quality programing, affordable housing, and nutrition to older adults. https://www.seniorsinclintoncounty.com/
Essex	Adirondack North Country Gender Alliance	(518) 637-7253	PO BOX 1113 SARANAC LAKE, NY 12983-7113	A safe space and environment for LGBTQI-Lesbian, Gay, Bisexual, Transgender, Gender Queer/Non-Conforming, Intersex youth, adults, family members and allies. ancga@outlook.com
Franklin	Brushton-Moira Senior Citizens	518-529-7314	1328 Washington Street Brushton, NY 12916	Provides information and assistance on various issues that affect older adults. https://nyconnects.ny.gov/providers/brushton-moira-senior-citizens-sofa-ag-375453
	Franklin County Office for the aging	518-481-1526 518-481-1660	355 West Main Street 3rd Floor Malone, NY 12953 frankofa@franklincony.org	Promotes independence and dignity for all people 60+ by providing information and assistance and a variety of related support services. https://www.franklincountyny.gov/departments/human_services/office_for_the_aging/index.php

Hamilton	Adirondack Health Institute	518-480-0111	100 Glen Street, Suite 1A Glens Falls, NY 12801	A non-profit organization supporting community-based organizations and health care providers in supporting older adults and others in our region to transform health care and improve population health. https://ahihealth.org/resources-for-supporting-lgbtq/
St. Lawrence	North Country Prism		PO Box 634 Canton, NY 13617	Confidential social and support groups for all ages. https://www.prismny.com/
Warren	Glens falls association or the blind	518-792-3421	144 Ridge Street Glens Falls, NY 12801	Provides instruction and equipment to individuals who have experienced or are expecting loss of vision. http://blindline.org/home.asp
Washington	Washington County Office for the Aging	518-746-2420	383 Broadway Building B Fort Edward, NY 12828 Officefortheaging@Washingtoncountyny.gov	Point of entry for information and access to a comprehensive system of consumer-based services for older adults and their families. https://www.washingtoncountyny.gov/148/Office-for-Aging

Directory of Organizations Specializing in Services for LGBTQ+ New Yorkers: Central New York

Counties	Service Provider	Phone Number	Address & E-mail	Description & Website
Cayuga	Cayuga County Office for the Aging	315-253-1226	160 Genesee Street Basement Auburn, NY 13021 CCOFA@cayugacounty.us	Provides information, services and supports for successful aging in an individual's living environment choice. https://www.cayugacounty.us/507/Office-for-the-Aging
Cortland	The Cortland LGBTQ Center	607-756-8970 ext. 253	165 Main Street Suite A Cortland, NY 13045 rcuddeback@familycs.org	LGBTQ+ center that provides support/social groups, education and training, and resources. https://cortlandlgbtqcenter.org/
	Cortland County Area Agency on Aging	607-753-5060	60 Central Ave Cortland, NY 13045 ccaaa@cortland-co.org	Advocates, develops and provides a coordinated system of services on behalf of all aging adults to live with maximum independence and dignity. https://www.cortland-co.org/434/Area-Agency-on-Aging
Herkimer	Little Falls Community Outreach		PO Box 819, Little Falls, New York 13365, United States lfcommunityoutreach@gmail.com	Providing support to the community of Little Falls through various programs for disadvantaged children, seniors, LGBTQ+ teens and families. http://www.lfcommunityoutreach.com/
Jefferson	Volunteer Transportation Center	315-788-0422	24685 Route 37 Watertown, NY 13601 infor@volunteertransportation.org	Provides nonemergent transportation to those in rural areas who have no access to critical healthcare and food options. https://volunteertransportationcenter.org/

	Jefferson County Office for the Aging	315-785-3191	175 Arsenal Street Watertown, NY 13061	Provides advocacy, services, and programs to older adults to help them remain as independent for as possible for as long as possible. https://co.jefferson.ny.us/departments/OfficefortheAging
Lewis	Lewis County Office for the Aging (SAGECare Certification Bronze, 2021)	315-377-2000	7660 North State Street Lowville, NY 13367	Community meals, policy and programming through SAGE NY, social and support groups, historical documentation of the LGBTQ+ community, and other programs. https://www.lewiscounty.org/office-for-the-aging
Madison	SAGE Upstate		431 E Fayette St. No. 050 Syracuse, NY 13202	Promotes the health and well-being of lesbian, gay, bisexual, transgender, and questioning people in Central New York as they age. www.sageupstate.org
	Cazenovia Pride	315-478-1923	cazenoviapride@gmail.com	Hosts pride festival and other LGBTQ safe events www.facebook.com/CazenoviaPride
Oneida	LIFE at RCIL	315-797-4642	131 Genesee Street P.O. Box 210 Utica, NY 13503-0210 ialexander@rcil.com	Ensures a fully accessible, integrated society that enables full participation by people with disabilities. https://www.rcil.com/
Onondaga	SAGE Upstate	315-478-1923	431 E Fayette St. #050 Syracuse, NY 13202	Promotes the health and wellbeing of lesbian, gay, bisexual, transgender, and questioning people in Central New York as they age. www.sageupstate.org

	Volunteer Lawyers Project of CNY Inc.	315-471-3409	221 S. Warren Street Suite 200 Syracuse, NY 13202 info@vlpcny.org	Provides free legal information, assistance, and representation in civil legal matters to low-income people in Central New York. https://vlpcny.org/
	Meals on Wheels of the Jamestown Area	315-478-5948	300 Burt Street Syracuse, NY 13202 community@meals.org	Provides home-delivered meals to older adults. https://www.meals.org/
Oswego	Oswego County Office for the aging	315-349-3484	70 Bunner Street Entrance A Oswego, NY 13126 ofa@oswegocounty.com	Provides services and assists older adults and persons with long term care needs to live independently in their homes and communities with quality of life and dignity. https://www.oswegocounty.com/departments/human_services/office_for_the_aging/index.php

Directory of Organizations Specializing in Services for LGBTQ+ New Yorkers: Southern Tier

Counties	Service Provider	Phone Number	Address & E-mail	Description & Website
Broome	Lesbian and Gay Family Building Project	607-777-3717	<p>Lesbian and Gay Family Building Project Binghamton University LN-2408 PO Box 6000 Binghamton, NY 13902-6000</p> <p>prideandjoyfamilies@gmail.com</p>	<p>Dedicated to helping lesbian, gay, bisexual, transgender, and queer (LGBTQ) people in Upstate NY achieve their goals of building and sustaining healthy families.</p> <p>The Project offers provider trainings, educational programs, information and referral services, a Directory of LGBTQ-Inclusive Services, and support for LGBTQ families and prospective parents. Our network of Pride and Joy Families provides social and educational opportunities, and a sense of community to LGBTQ parents and their children.</p> <p>https://www.binghamton.edu/prideandjoyfamilies/about/index.html</p>
	idYouth	607-651-9120	<p>206 State Street Binghamton, NY 13901</p> <p>info@idyouth.org</p>	<p>Offers educational and social programming, support systems, and creative outlets for teens and young adults who are part of the LGBTQ+ community.</p> <p>https://www.idyouth.org/home</p>
Chenango	Chenango County Office for the Aging	607-337-1770	<p>5 Court Street Norwich, NY 13815</p> <p>chenaaoa@co.chenango.ny.us</p>	<p>Provides services and education to empower and educate individuals 60+.</p> <p>https://www.co.chenango.ny.us/aoa/</p>
Chemung	Chemung County Department of Aging and Long-Term Care	607-737-5520	<p>425 Pennsylvania Ave Human Resource Center Room 122 Elmira, NY 14902</p>	<p>(SAGECare Certification Bronze, 2017) Helps Chemung County residents age together with independence, opportunity, and dignity through coordinated and cost-effective policies and services that support and empower older adults.</p> <p>https://www.chemungcountyny.gov/160/Aging-Long-Term-Care</p>

	Meals on Wheels of Chemung County	607-734-9535	409 William Street Elmira, NY 14901 info@mealsonwheelschemung.org	Provides home-delivered meals to older adults. https://www.mealsonwheelschemung.org/
Tioga	Tioga Opportunities Inc.	607-687-4222	9 Sheldon Guile Blvd. Owego, NY 13827 aging@tiogaopp.org	(SAGECare Certification Bronze, 2018) Hub for aging-related services. http://www.tiogaopp.org/
Tompkins	Out for Health	607-216-0021 ext. 134	111 E Seneca Street Ithaca, NY 14850	Trans-affirming health care for all ages. www.outforhealth.org
	Tompkins County Office for the Aging	607-274-5482	214 West Martin Luther King Jr/State Street. Ithaca, New York 14850	(SAGECare Certification Bronze, 2016) Provides objective and unbiased information regarding the array of services available for older adults and their caregivers https://www.tompkinscountyny.gov/cofa
	Lifelong	607-273-1511	119 W. Court Street Ithaca, NY 14850 lifelong@tclifelong.org	Community Center that provides a large range of services for adults 50+. https://tclifelong.org/

Directory of Organizations Specializing in Services for LGBTQ+ New Yorkers: Finger Lakes

Region 7 – Finger Lakes				
Counties	Service Provider	Phone Number	Address & E-mail	Description & Website
Ontario	The LGBTQ Center of the Finger Lakes	315-789-2613 ext. 2126	671 South Exchange St. Geneva, NY 14456	Community resource for LGBTQ+ people of all ages. https://www.lgbtcenters.org/
Schuyler	SAGE Upstate	315-478-1923	431 E Fayette St. No. 050 Syracuse, NY 13202	Promotes the health and well-being of lesbian, gay, bisexual, transgender, and questioning people in Central New York as they age. www.sageupstate.org
	Schuyler County Office for the Aging	607-535-7108	323 Owego St. Unit 7 Montour Falls, NY 14865 ofa@co.schuyler.ny.us	Offers a variety of services to individuals of any age with a disability or anyone over 60+. http://schuylercounty.us/
Seneca	The LGBTQ Center of the Finger Lakes	315-789-2613 ext. 2126	671 South Exchange St Geneva, NY 14456	Community resource for LGBTQ+ people of all ages. https://www.lgbtcenters.org/
	Seneca County Office for the Aging	315-539-1766	3465 Bonadent Drive Suite 4 Waterloo, NY 13165	Provides services and programs that help older adults maintain independence and dignity in a safe environment of their choosing. https://www.co.seneca.ny.us/gov/community/office-aging/

Steuben	Steuben County NY Connects Office for the Aging	607-664-2295	3 East Pulteney Square Bath, NY 14810	(SAGECare Certification Bronze, 2016) Provides resources and information for older adults in Steuben County. www.steubencountyny.gov
	Pro Action of Steuben & Yates	607-776-2125 800-618-7882	117 E Steuben Street Bath, NY 14810	Works to build a community of resilient individuals and families who can meet their basic needs, overcome adversity, and prosper. https://proactioninc.org/
Yates	Pro Action of Steuben & Yates	607-776-2125 800-618-7882	117 E Steuben Street Bath, NY 14810	Works to build a community of resilient individuals and families who can meet their basic needs, overcome adversity, and prosper. https://proactioninc.org/
Wayne				

Directory of Organizations Specializing in Services for LGBTQ+ New Yorkers: Western New York

Region 8 – Western NY				
Counties	Service Provider	Phone Number	Address & E-mail	Description & Website
Allegany	Pride Center of WNY	716-852-7743	278 Delaware Avenue, Buffalo, NY 14202	<p>The mission of the Pride Center of Western New York is to work with the community to make Western New York a safe, healthy, and satisfying place for lesbian, gay, bisexual, transgender, and queer people of all ages to live, work, and establish their families.</p> <p>http://www.pridecenterwny.org/WhoWeAre</p>
Cattaraugus	Cattaraugus County Department for the Aging	716-373-8032	1 Leo Moss Drive Suite 7610 Olean, New York 14760	<p>(SAGECare Certification Bronze, 2021) Coordinate, plan, develop and administer programs to promote new and better services for all individuals age 60 and older.</p> <p>https://www.cattco.org/aging</p>
Chautauqua	Mental Health Association in Chautauqua County	716-661-9044	<p>31 Water Street Jamestown, NY 14701</p> <p>601 Eagle Street Dunkirk, NY 14048</p> <p>info@mhachautauqua.org</p>	<p>Accepts, empowers, and advocates for community members who struggle with mental health and substance abuse.</p> <p>http://www.mhachautauqua.org/</p>
	Meals on Wheels of the Jamestown Area	716-488-9119	2020 Allen Street Falconer, NY 14733	<p>Provides home-delivered meals to older adults in central and southern Chautauqua County.</p> <p>https://jmstmow.com/contact-us/</p>

Erie	Alzheimer's Association Western New York Chapter			(SAGECare Certification Bronze, 2016) Provider for Alzheimer's support, research, and resources http://www.alz.org/wny/
	Evergreen Health	716-847-2441	7 Community Drive Cheektowaga NY 14225	Health service center for LGBTQ+ individuals with various chronic health conditions such as HIV/AIDS and more. Locations in Buffalo and Jamestown, NY. https://www.evergreenhs.org/
	Pride Center Western NY	716-852-7743	278 Delaware Ave Buffalo, NY 14202	The LGBTQ+ Pride Center offers social/support groups, LGBTQ+ Seniors Coffee Hour, The Silver Pride Project, Seniors Healthy Lunch Program, counseling, and recommendation letters for people of all ages, and cultural competency trainings. http://www.pridecenterwny.org/WhatWereHereFor/Aging
	Supportive Services Corporation	716-881-6350	245 Elmwood Ave Buffalo, NY 14222	Offers free employment training services to individuals age 55 https://supportiveservices.org/
	Harmonia Collaborative Care	716-947-5025 716-648-0650	6722 Erie Road (Route 5) Derby, NY 14047 97 S. Buffalo Street Hamburg, NY 14075	Provides case management, along with Health Home and Mental Health Outpatient counseling. https://harmonia-care.org/
	The Center for Psychosexual Health (CPH)	716-322-6394		Gender and sexuality counseling for children, adolescents, adults and families. https://www.cphpsych.com/contact-us-1

Genesee	Pride Center Western NY	716-852-7743	278 Delaware Ave Buffalo, NY 14202	<p>The LGBTQ+ Pride Center offers social/support groups, LGBTQ+ Seniors Coffee Hour, The Silver Pride Project, Seniors Healthy Lunch Program, counseling, and recommendation letters for people of all ages, and cultural competency trainings.</p> <p>http://www.pridecenterwny.org/WhatWereHereFor/Aging</p>
Livingston	Pride Center Western NY	716-852-7743	Delaware Ave Buffalo, NY 14202	<p>The LGBTQ+ Pride Center offers social/support groups, LGBTQ+ Seniors Coffee Hour, The Silver Pride Project, Seniors Healthy Lunch Program, counseling, and recommendation letters for people of all ages, and cultural competency trainings.</p> <p>http://www.pridecenterwny.org/WhatWereHereFor/Aging</p>
Monroe	Alzheimer's Association Rochester and the Finger Lakes Region Chapter	(800) 272- 3900	200 Meridian Centre Blvd Suite 110, Rochester, NY 14	<p>(SAGECare Certified, Bronze, 2018) Provider of Alzheimer's research, support, and services.</p> <p>http://www.alz.org/rochesterny/</p>
	Jewish Senior Life Rochester	585-427-7760	2021 Winton Road South Rochester, NY 14618	<p>(SAGECare Certified, Platinum, 2021) Provider of health care, senior living, and community-based services.</p> <p>https://jewishseniorlife.org/</p>
	Out Alliance	585-244-9640	100 College Ave No. 120 Rochester, NY 14607	<p>Provides resources and programs for the benefit of the LGBTQ+ community.</p> <p>https://outalliance.org/</p>

	Lifespan of Greater Rochester	585-244-8400 866-454-5110	1900 S Clinton Ave Rochester, NY 14618 info@lifespanrochester.org	Helps older adults and caregivers take on the challenges and opportunities of longer life. https://www.lifespan-roch.org/
	Trillium Health	585-545-7200	259 Monroe Ave Rochester, NY 14607	Medical and Social Service Professionals who create a supportive and affirming environment and treat physical, emotional, and social health of patients. https://www.trilliumhealth.org/
Niagara	Niagara County Office for the Aging	716-438-4020	11 Main Street, Suite 101 Lockport, NY 14094	The Niagara County Office for the Aging brings together programs and supportive services which help older adults maintain independence whenever possible. https://www.niagaracounty.com/aging/
	Niagara County Pride – a satellite program of the Pride Center of Western	716-298-7656	138 East Ave Suite 798 Lockport, NY 14095	Niagara Pride, Inc. (NP) envisions an LGBTQ+ community in which individuals of all ages and families feel safe, secure, and affirmed where they live, work, worship, and play. http://niagarapride.org/
Orleans	Orleans County Office for the Aging	585-589-3191	14016 Rote 31 Albion, NY 14411	Develops and provides community-based services to ensure that persons over age 60 have maximum opportunities to live with independence and dignity in their community. https://orleanscountyny.com/departments/office_for_the_aging/index.php
Wyoming	Wyoming County Office for the Aging	585-786-8833 800-836-0067	8 Perry Ave Warsaw, NY 14569 officeaging@wyomingco.net	Advocates on behalf of all older persons in the county. https://www.wyomingco.net/328/Office-for-the-Aging

Directory of Organizations Specializing in Services for LGBTQ+ New Yorkers: Capital Region

Region 9 – Capital Region				
Counties	Service Provider	Phone Number	Address & E-mail	Description & Website
Albany	Albany County	518-447-7198	100 Heritage Lane Albany, NY 12211	Connect adults age 60+ and their families/caregivers with community resources that promote independence, self-direction, dignity and improve quality of life. https://www.albanycounty.com/departments/aging
	Choices Counseling and Consultation	518-438-2222		Provides psychotherapy, trans health services, and support groups. https://choicesconsulting.com/
	In Our Own Voices Inc.	518-438-2222	245 Lark Street Albany, NY 12210	Counseling, support and social groups, HIV testing and safety kits, education, and further resources centering the experiences of BIPOC LGBTQ+ people. https://ioov.org/programs-services/
	Pride Center of the Capital Region	518-462-6138	332 Hudson Ave Albany, NY 12210	Counseling, support groups, education, and training, and hosts Vintage Pride, a social/support group for people over 55. https://www.capitalpridecenter.org
	Rainbow Access Initiative	518-801-2521	10 Colvin Ave #106 Albany, NY 12206 contact@raialbany.com	Counseling, LGBTQ+ local community resource guide, support. https://www.raialbany.com/

	Albany Damien Center	518-449-7119	728 Madison Ave Suite 100 Albany, NY 12208	Membership-only resource center for HIV/AIDS and other supports. http://www.albanydamiencenter.org/
	Jewish Family Services of Northeastern NY	518-482-8856	184 Washington Ave Extension Albany, NY 12203 info@jfsneny.org	Offers programs and services to help older adults age in their community with dignity while recognizing the importance of self-determination and autonomy in the decision-making process. https://jfsneny.org/
Rensselaer	Pride Center of the Capital Region	518-462-6138	332 Hudson Ave, Albany, NY 12210	The Pride Center of the Capital Region promotes the well-being of all lesbian, gay, bisexual, transgender and queer-identified people and those affected by discrimination based on gender identity and expression. https://www.capitalpridecenter.org/community-resources
Saratoga	Saratoga Pride			Saratoga Pride is a welcoming community of lesbian, gay, bisexual, transgender, queer people and our allies in the greater Saratoga Springs area. We invite you to join us for social and informational events and entertainment, and to look to us for LGBTQ resources, networking and advocacy. www.saratogapride.com
	Saratoga County Department of Youth and Aging	518-884-4100	152 West High Street Ballston Spa, NY 12020	Provides services and programs to older adults to meet their needs. https://www.saratogacountyny.gov/departments/departments-of-aging-and-youth/

Schenectady	Choice Connections New York	518-894-2443	198 Donald Ave Schenectady, NY 12304 Choiceconnectionsny@gmail.com	(SAGECare Certified, Silver, 2021) Consulting firm for aging services providers. http://www.choiceconnectionsny.com/
	Self-Advocacy Association of New York State – (sanys)	518-382-1454	500 Balltown Road Building 12 Schenectady, NY 12304	Promotes the awareness and recognition of the civil rights and responsibilities which include the opportunities and choices of equal citizenship. https://sanys.org/
	Schenectady County Department of Senior and Long Term Care Services	518-382-8481 Ext 9-313	107 Nott Terrace Suite 202 Shaffer Heights Schenectady, NY 12308	Promotes the long term health and wellness of Schenectady County residents to assure they receive the necessary community-based services that they need to remain safely in their community. https://aging.ny.gov/location/schenectady-county-department-senior-long-term-care-services



Office for the Aging

**Two Empire State Plaza
Albany, NY 12223-1251**

Kathy Hochul, Governor
Greg Olsen, Acting Director

www.aging.ny.gov