DATE: April 8, 2020

FOR IMMEDIATE RELEASE:

St. Lawrence County Office for the Aging Implements Free Telephone Reassurance Program for Older Adults

The St. Lawrence County Office for the Aging has started a Free Telephone Reassurance Program for older adults to help address isolation and depression concerns due to the COVID-19 pandemic. In addition to checking on the physical well-being of the client, the program also reduces loneliness and provides an opportunity to be in regular phone contact with another person. Weekly calls from friendly volunteers ensure their health and well-being; as well as help identify problems before they escalate into more serious hardships. For more information or to sign up for the program, please call (315) 386-4730.

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About St. Lawrence County Office for the Aging:

The Office for the Aging provides service and advocacy for county residents 60 years and older. Programs and services includes: Nutrition Centers and Home Delivered Meals; Home Care Services; Family Caregiver Support; Medical Transportation; Legal Services; Health Insurance Information Counseling and Assistance. The Office's mission is to develop a service system specifically designed to best meet the social and human needs of the elderly.

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