

DATE: May 15, 2020

FOR IMMEDIATE RELEASE:

Office for the Aging Strongly Urges Older Adults to Continue Practicing Social Distancing

As St. Lawrence County enters into Phase 1 of reopening, the Office for the Aging strongly urges older adults to continue practicing social distancing; as this practice remains an executive order from the Governor's office. While certain areas of businesses are able to reopen under Phase 1, everyone should still stay home as much as possible and socialize with household members only. Non-essential gatherings of any size are still not allowed such as picnics, birthday parties, weddings, dinners, etc. Please continue to wear face masks in public, wash hands frequently and continue to practice social distancing. If any older adults is in need of food or other services, please call the office at (315) 386-4730.

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About St. Lawrence County Office for the Aging:

The Office for the Aging provides service and advocacy for county residents 60 years and older. Programs and services includes: Nutrition Centers and Home Delivered Meals; Home Care Services; Family Caregiver Support; Medical Transportation; Legal Services; Health Insurance Information Counseling and Assistance. The Office's mission is to develop a service system specifically designed to best meet the social and human needs of the elderly.

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