### FOR IMMEDIATE RELEASE:

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# Office for the Aging Offering Free Medicare 101 Presentations

The St. Lawrence County Office for the Aging is offering **4 Free Public Medicare 101 Informational Presentations in the Community** to help answer questions and concerns regarding Medicare plan options. The department only has 1 Medicare Counselor and it can be challenging to schedule a one-on-one meeting during Open Enrollment with over 25,000 older adults in our County. Please take advantage of this opportunity to learn more about Medicare and how to make informed choices about your health insurance options. For more information, please call (315) 686-4730.

## **Medicare 101 Informational Presentations:**

### Tuesday, September 27th:

Massena Community Center - 10 am

Dobisky Center, Ogdensburg - 2 pm

### Wednesday, September 28th:

Gouverneur Community Center - 10 am

### **Thursday, September 29th:**

Potsdam Library's Community Room - 10 am

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### About St. Lawrence County Office for the Aging:

The Office for the Aging provides service and advocacy for county residents 60 years and older. Programs and services includes: Nutrition Centers and Home Delivered Meals; Home Care Services; Family Caregiver Support; Senior Community Service Employment Program; Medical Transportation; Legal Services; Health Insurance Information Counseling and Assistance. The Office's mission is to develop a service system specifically designed to best meet the social and human needs of the elderly.

#### Contact:

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